Appendix – 2
Interview Topic Guide

The interview should take no longer than 60 minutes and you are free to leave the study at any point. Do you have any questions before we start the interview?

1. Tell me about your experience of working during the COVID-19 pandemic?

2. How do you feel about it at the time? Could you describe the overall feelings while you were working with COVID-19 patients?

3. How prepared did you feel? What would have helped you to prepare better?

4. How has working during this period impacted on your physical health?

5. How has working during this period impacted on your emotional/ mental health?

6. How has the pandemic affected your friends and family? What impact has that had on your wellbeing?

7. How has the pandemic affected your relationships with work colleagues? What impact has that had on your wellbeing?

8. How have you coped with the challenges during this period?

9. What available support systems/ services are you aware of?

10. What support or resources have you accessed? This could be face-to-face, telephone, online etc.

11. How were you supported in your workplace? How was the support from your team? How was the support from the wider organisation?

12. What support, information, or resources did you find helpful?

13. What other information/ resources do you think would help you or you would find useful?

14. What have been the barriers to accessing help/ support?

15. What has/ would enable you to better access help or support?

16. What would help you prepare better if there is second surge?

17. Is there anything else that you would like to share about your experiences that I haven’t asked?

This is the end of the interview. I would like to thank you very much for taking part in this study. Do you have any questions you would like to ask?