

Online symptom check-in tool – 13 questions

1. Can you please confirm your date of birth?

- [Free text]

2. Can you please confirm your initials?

- [Free text]

3. Can you please tell us on what date you first started to feel unwell? (When was the first day of your symptoms)?

- [Free text]

4. Can you please tell us which of the following symptoms you have had since you began to feel unwell? Please tick all that apply.

- Fever
- Tiredness
- Dry Cough
- Productive cough (with phlegm)
- Chest pain/tightness
- Shortness of breath
- Pains and aches
- Nausea
- Vomiting
- Change in your sense of taste
- Change in your sense of smell
- Night-sweats
- Loss of appetite
- Other (please specify)
- Chills
- Dizziness
- Runny nose
- Headache
- Sore throat
- Nasal congestion
- Diarrhoea

5. Do you have any of the following risk factors or medical conditions? Please tick all that apply.

- I have already had to stay overnight in a hospital because of COVID-19
- I am a Smoker
- I am an Ex-Smoker
- I have High Blood Pressure
- I have COPD/Emphysema/Bronchitis
- I have Asthma
- I have Diabetes
- I have Heart Disease (Angina, previous heart attacks, stents, heart bypass surgery, heart failure etc)
- I have other Endocrine conditions apart from Diabetes
- I have Chronic Kidney Disease
- I have Chronic Liver Disease

- I have Immunosuppression (from medications like chemotherapy or biological agents, or from conditions like HIV)
- I have a Blood Disorder (such as Leukaemia, Haemophilia or Sickle Cell etc.)
- I have an active Cancer diagnosis
- I have a Neurological condition (such as Epilepsy or Stroke)
- I don't have any of the above risk factors or medical conditions

6. Have you got a thermometer? if so, has your temperature gone above 38.5 degrees Celsius in the last 24 hours?

- I don't have a thermometer
- Yes, my temperature has gone above 38.5 degrees in the past 24 hours
- No, my temperature has not gone above 38.5 degrees in the past 24 hours

7. Have you got a blood oxygen monitor/pulse oximeter? if so, has your blood oxygen level dropped below 94% in the past 24 hours?

(If you have worsening shortness of breath and your oxygen monitor reads less than 94%, you should contact us on xxx xxxxxx (between 9am & 6pm) or contact your local GP, Emergency Department or call 999)

- I don't have a blood oxygen monitor/pulse oximeter
- Yes, my blood oxygen levels have dropped below 94% in the past 24 hours
- No, my blood oxygen levels have not dropped below 94% in the past 24 hours

8. Are you so breathless that you are unable to speak more than a few words?

(If you have worsening shortness of breath and you have answered yes to the above question then you should contact us on xxx xxxxxx (between 9am & 6pm) or contact your local GP, Emergency Department or call 999)

- Yes
- No

9. Are you breathing harder or faster than usual when doing nothing at all?

(If you have worsening shortness of breath and you have answered yes to the above question then you should contact us on xxx xxxxxx (between 9am & 6pm) or contact your local GP, Emergency Department or call 999)

- Yes
- No

10. Are you so ill that you've stopped doing all of your usual daily activities?

- Yes
- No

11. Which symptoms have you got at the moment? Please tick all that apply or skip if you have no symptoms at the moment?

- Fever
- Tiredness
- Dry Cough
- Productive cough (with phlegm)

- Chest pain/tightness
- Shortness of breath
- Pains and aches
- Nausea
- Vomiting
- Change in your sense of taste
- Change in your sense of smell
- Night-sweats
- Loss of appetite
- Other (please specify)
- Chills
- Dizziness
- Runny nose
- Headache
- Sore throat
- Nasal congestion
- Diarrhoea

12. How are you feeling at the moment?

(If you feel much worse, then you should contact us on xxx xxxxxxx (between 9am & 6pm) or contact your local GP, Emergency Department or call 999)

- My symptoms have never been bad, and I feel well
- My symptoms have improved, and I feel better
- My symptoms have stayed the same and I feel the same
- My symptoms have worsened, and I feel a little worse
- My symptoms have worsened, and I feel much worse

13. Is there anything else that you feel the medical and nursing staff should be made aware of?

- [Free text]