

Supplementary file 4. Risk of bias of included articles. The risk of bias (i.e. low, moderate and high risk of bias) in six domains (i.e. study participation, study attrition, prognostic factor (i.e. exposure), outcome, study confounding and statistical analysis) is depicted, while also sum scores are shown.

First author, year of publication	Participation	Attrition	Prognostic factor	Outcome	Confounding	Analysis/reporting
1 Armed Forces Health Surveillance Center, 2011	Moderate	Moderate	Moderate	Low	High	High
2 Andersen, 2019	Moderate	Moderate	Moderate	Moderate	Low	Low
3 Anderson, 2019	Low	Moderate	Moderate	Moderate	Low	Low
4 Berninger, 2010	High	High	Low	Moderate	Low	Low
5 Brownlow, 2018	Moderate	Moderate	Moderate	Moderate	High	Low
6 Brundage, 2015	Low	Low	Low	Low	High	High
7 Cameron, 2019	Low	Low	Low	Low	Low	Low
8 Chi u, 2011	Low	Moderate	Moderate	Moderate	Low	Low
9 Ciarleglio, 2018	Low	Moderate	Moderate	Low	Low	Low
10 Cone, 2015	High	High	Moderate	Moderate	Low	Low
11 Connorton, 2011	Moderate	Moderate	High	High	Moderate	Low
12 Cukor, 2011	Low	Moderate	Moderate	Moderate	Low	Low
13 Fear, 2010	High	High	Low	Moderate	Low	Low
14 Ferrajao, 2016	High	High	Moderate	Moderate	High	Low
15 Fichera, 2015	High	High	Moderate	Moderate	Low	Low
16 Fink, 2016	High	High	Moderate	Moderate	High	Low
17 Goodwin, 2012	Low	Low	Moderate	Moderate	Low	Low
18 Green, 2016	Moderate	Moderate	Moderate	Low	High	Low
19 Hansen, 2017	High	Moderate	Moderate	Moderate	Low	Low
20 Harvey, 2012	High	Moderate	Low	Moderate	Low	Low
21 Horesh, 2011	Moderate	Moderate	Moderate	Moderate	High	Moderate
22 Hourani, 2012	Moderate	High	Moderate	Moderate	High	High
23 Ikeda, 2017	Moderate	Moderate	Moderate	Moderate	Low	Low
24 Joseph, 2014	Moderate	Moderate	Moderate	Moderate	Low	Low
25 Karstoft, 2013	Moderate	Low	Moderate	Moderate	High	Low
26 Karstoft, 2015	Moderate	Low	Moderate	Moderate	High	Low
27 Kim, 2014	Low	Low	Moderate	Low	Low	Low
28 Levin-Rector, 2018	Low	Low	Low	Low	Moderate	Low
29 MacGregor, 2015	Moderate	Moderate	Low	Low	Low	Low
30 MacGregor, 2012	Low	Low	Low	Low	Low	Low
31 Maguen, 2012	Moderate	Moderate	Moderate	Moderate	Low	Low
32 Maguen, 2010	Moderate	Moderate	Low	Low	High	Low
33 Martindale, 2018	High	Moderate	Moderate	Low	High	High
34 Nagamine, 2018	Moderate	Moderate	Moderate	Moderate	High	Low
35 Osorio, 2018	High	High	Moderate	Moderate	Low	Low
36 Pihl-Thingvad, 2019	Low	Low	Moderate	Moderate	Low	Low
37 Polusny, 2011	Moderate	Moderate	Moderate	Moderate	Low	Low
38 Reijnen, 2015	High	High	Moderate	Moderate	High	Low
39 Shea, 2013	Moderate	Moderate	Moderate	Low	Low	Low
40 Soo, 2011	Moderate	Moderate	Moderate	Moderate	Low	Low
41 Stevelink, 2018	High	High	Moderate	Moderate	Low	Low
42 Wittchen, 2012	Moderate	Moderate	Moderate	Low	High	Low