

7. Did you miss any of the group sessions? Yes / No

If yes, why?

8. Overall, how much did you feel included and part of the group?

Not at all 1 2 3 4 Very much 5

9. How satisfied were you with the way the sessions were facilitated and delivered?

Not satisfied at all 1 2 3 4 Very satisfied 5

10. Did you discuss the programme with anyone who had access to the online materials only (i.e. they did not attend the group sessions)? Yes / No**11. Did you discuss the programme with anyone who attended the group sessions?** Yes / No**12. Do you have any suggestions about how the programme or materials could be improved?****13. Would you recommend this programme to other parent carers?**

Not at all 1 2 3 4 Very much 5

14. Do you have any other comments, reflections or suggestions?