HEALTHY PARENT CARERS Feedback FORM

We would like to know what you think about the Healthy Parent Carers programme and the research study and would be grateful for your feedback. The feedback is anonymous and it will help us refine and improve the programme and our research in future.

1. Overall, how	satisfied are yo	u with taking pa	art in the He	althy Parent Carers prog	ramme?
Not satisfied at all 1	2		3	4	Very satisfied 5
2. How useful h	nas the program	me been in help	ing you imp	prove your health and we	ellbeing?
Not at all	2	s that halped va	3	4	Very much 5
was there anyt	hing in particula	tilat lieiped yo	ur		
3. Have you ma	nde any changes	as a result of ta	king part in	the programme?	No / Yes
If no, why?					
4. Approximate None	ely how many of		erials have y	you accessed? More than 50%	
If yes, reveal qu	nd group session uestions 6-10, the estion 11, then of you rate the lenge About right	en continue froi	m question :		
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7. Did you miss an	y of the group ses	ssions? Yes / No	Yes / No			
If yes, why?						
8. Overall, how m	uch did you feel ir	ncluded and part of the g	roup?			
Not at all				Very much		
1	2	3	4	5		
9. How satisfied w	vere you with the	way the sessions were fa	cilitated and delivere	d?		
Not satisfied at all				Very satisfied		
1	2	3	4	5		
did not attend the		Yes / No with anyone who attend	ed the group sessions	s? Yes / No		
12. Do you have a	ny suggestions ab	out how the programme	or materials could be	e improved?		
13. Would you rec	commend this pro	gramme to other parent	carers?			
Not at all	2	2	4	Very much 5		
1	۷	3	4	Э		
14. Do you have a	ny other commen	its, reflections or suggesti	ions?			