

Formal Feasibility Criteria	
Trial Recruitment	Description
Access Routes	Investigation of the open recruitment strategy
Study flow	Investigation of the gap between expression of interest and trial uptake; participation rate (at least 70% of all eligible patients can be recruited)
Baseline characteristics of participants	Clinically relevant psychological distress in participants
Acceptability	Description
Acceptability of internet interventions	Cognitively based attitude towards internet interventions (APOI)
Treatment satisfaction	Satisfaction with the internet intervention (CSQ-8)
Formative feedback	User-Feedback on intervention contents on minddistrict®
Negative effects	Negative effects attributed to ACTonDiabetes (INEP)
Protocol Adherence	Intervention adherence
Outcome data	Description
Potential effectiveness	Potential of the intervention to affect likely outcomes of a confirmatory trial (PAID, PHQ-9, GAD-7, AQoL-8D, DSMQ, AADQ, FoP-Q-SF).

Notes. APOI = Attitudes towards psychological online interventions questionnaire; INEP = Inventory for the assessment of negative effects of psychotherapy; CSQ-8=Client Satisfaction Questionnaire. PAID = Problem Areas In Diabetes Scale; PHQ-9 = Patient Health Questionnaire-9; GAD-7 = Generalized Anxiety Disorder 7-item Scale; DSMQ = Diabetes Self-Management Questionnaire; AADQ = Acceptance and Action Diabetes Questionnaire; AQoL-8D = Assessment of Quality of Life 8-item Questionnaire; FoP-Q-SF = Fear of Progression Questionnaire–Short Form.