

## SUPPLEMENTARY FILE

### Interview Guide —

#### Patient version 1.0

Date: 01 June 2020

1. Please can you describe how long you have been diagnosed with and/or taking treatment for your chronic condition(s): diabetes/hypertension/CVD/CKD/COPD?
2. What are the greatest challenges that you are facing due to the COVID19 outbreak and lockdown?
  - a. Please describe what changes/adjustments have you brought into your routine life due to the COVID19 outbreak?
    - i. How do you protect yourself from the COVID19?
  - b. How the COVID19 situation has impacted on managing your chronic condition, in terms of:
    - i. lifestyle behaviours/self-care goals: diet, exercise, stress/depression, tobacco/smoking, alcohol use (as applicable)
    - ii. taking prescribed medications (access, affordability)
    - iii. clinic visit
    - iv. lab tests
  - c. Next, we want to understand whether or not, COVID19 related lockdown influenced your livelihood/employment/income-either for you or your family members?
    - i. How the COVID-19 related lockdown in your city affected children's education?
    - ii. Please can you describe if you have experienced any sort of fear or stigma related to COVID-19?
3. Please can you suggest, how we can overcome some of these challenges: at individual-level, and society-level (if any)
4. List any two points that we can learn from this current situation: positive/negative for your family/society/state/country
5. What are two things that you will change in your life when the COVID-19 crisis is over?
6. Is there anything else that you want to discuss regarding COVID-19 impacts that we have not covered earlier?

**Codes for the survey—****Date: 25 September 2020**

- Description of participant's medical illness
  - Medical Condition/Diagnosis (how it was diagnosed?)
  - Co-morbidities
  - Duration of illness
  - Medications - Frequency
  - Problems with managing the disease
- Healthcare seeking behavior
  - Clinic visits - Frequency
  - Lab tests
  - Others (I think modalities of treatment of care can be combined with health seeking behaviors)
  - Different modalities of treatment/care used by patient for chronic conditions:
    - Allopathy
    - Homeopathy
    - Others- traditional medicine
- Views on quality of care at diverse healthcare facilities
  - Government health facilities
  - Private health facilities
- Perceived awareness/knowledge of risk factors (blood pressure, blood sugar control, diet, exercise)
- Changes in lifestyle during lockdown
  - Preventive measures taken (wearing mask, social distancing, handwashing, etc)
  - Precautions related to their underlying chronic condition
- COVID-19 diagnosis, self-quarantine/treatment, and effect on family, and societal stigma, behaviors
- Challenges faced during lockdown/COVID-19:
  - Health care: access, care goals/targets
  - Self-care behaviors (diet, exercise, stress, anxiety, depression)
  - Employment and income
  - Others:
    - Immediate Family
    - Children's education
    - Impact on socializing (meeting relatives)
    - Fear related to COVID-19 infection
    - Others (social responsibilities, social stigma)
    - Workplace
- Mitigators
  - Individual-level - Suggestions on preventive measures
    - Workplace,
  - Societal-level - Suggestions on preventive measures
  - Govt. schemes/policies to provide care for patients or for education (online classes, etc.)
- Learning points during lockdown
  - Changes in lifestyle post lockdown