Outside of transition-related problems, what are the specificities of transgender people’s visits in primary care and their expectations regarding their GP?

Part 1: Trans people’s expectations regarding general practice

1. Do you have a referent general practitioner (GP), with a social security registration?
   - □ Yes
   - □ No
   - □ I don’t know
   - □ No answer (NA)

2. What is your GP’s practice location?
   - □ Urban
   - □ Semi-rural
   - □ Rural

3. Your GP’s office is located:
   - □ Less than 30 minutes from your place
   - □ Between 30 minutes and 1 hour from your place
   - □ More than 1 hour from your place

4. Was your GP recommended by someone else?
   - □ No
   - □ Yes, by relatives
   - □ Yes, by a trans support group
   - □ Yes, by friends
   - □ Yes, by an online forum/social media
   - □ Other: ____________________________

5. How long have you known your GP?
   - □ Less than a year
   - □ 1-5 years
   - □ More than 5 years
   - □ NA

6. Your GP’s gender:
   - □ Masculine
   - □ Feminine
   - □ NA

7. Your GP’s age (estimate):
   - □ < 40 years old
   - □ 40-50
   - □ 50-60
   - □ > 60
   - □ No idea

8. How many times a year do you consult a GP (your referent GP or another)?
   - □ More than 4 times a year
   - □ 3-4 times
   - □ 1-2 times
   - □ Less than 1 time a year
   - □ NA

9. When you need to see a/your GP, you go:
   - □ You go as soon as you need
   - □ You wait a little
   - □ You wait as long as possible
   - □ Sometimes, you give up

9bis. If you ever waited or gave up, what were the reasons? (fear of stigma, financial reasons, other…)

10. When did you last see your GP?
    - □ In the past month
    - □ In the past 6 months
    - □ In the past year
    - □ More than a year ago
    - □ NA

11. Last time you had to see your GP, did you postpone your visit?
    - □ Yes, for several days
    - □ Yes, for several weeks
    - □ No
    - □ NA
11bis. If you did postpone, what were your reasons?
- Fear of being misgendered
- Fear to undress before the GP
- Fear to face your GP's lack of knowledge regarding transidentity
- Price of the visit
- Other: ........................................

12. Did your GP misgender you?
- Yes □ No □ NA

12bis. If so, do you think they did it knowingly?
- Yes □ No □ I don’t know □ NA

13. Was the visit related to your transition? (hormone therapy, related administrative issue, other...)?
- Yes □ No □ NA

13bis. If not related to transition, what was the reason for your visit and/or the GP’s diagnosis?

14. What was(were) the outcome(s) of the visit?
- No prescription
- Prescription of one or more medication
- Prescription of exams (lab or radiology)
- Referral to the emergency department
- Other: ........................................

15. Were you satisfied with the visit?
- Very satisfied
- Rather satisfied
- Rather not satisfied
- Not satisfied at all
- NA

16. In the past year, did you visit a GP who was not your referent GP?
- Yes □ No □ NA

16bis. If so, why did you change?

17. If you receive specialized care for your transition, is your GP in correspondence with the specialists?
- Yes □ No □ I don’t know □ NA
**Part 2 - Respondents' profile**

18. Are you:
- □ Trans-masculine (binary or non-binary) eg. a trans man/ FtM/ FtX/ Ft*
- □ Trans-feminine (binary or non-binary), eg. a trans woman/ MtF/ MtX/ Mt*
- □ NA
- □ Other: ...........................................

19. How old are you?
- □ 18-25 years old □ 26-40 □ 41-60 □ > 60 □ NA

20. Your professional situation:
- □ Student
- □ Long-term employment
- □ Short-term employment
- □ Unemployment
- □ Unemployment for health reasons (Eg. disability)
- □ NA
- □ Other: ..........................

21. Your region of residence: ..........

22. How did you hear about this questionnaire?
- □ Trans organization
- □ Hospital care
- □ Primary care (eg your GP)
- □ Family planning
- □ Relatives
- □ NA
- □ Other: ..........................

23. Is your social security number in accordance with your gender?
- □ Yes □ No □ NA

24. What problems if any have you had to face when visiting a general practitioner? (from making your appointment to how the visit itself went)?

25. What would be your criteria of a “good” visit? What are your expectations regarding your general practitioners?