

Table S1. Search strategy in PubMed database

Number	Search terms
#1	Health Qigong [Title/Abstract]
#2	Traditional Qigong exercise [Title/Abstract]
#3	Daoyinshu [Title/Abstract]
#4	Wuqinxi [Title/Abstract]
#5	Baduanjin [Title/Abstract]
#6	Yijin jing [Title/Abstract]
#7	Liuzijue [Title/Abstract]
#8	Shierduanjin [Title/Abstract]
#9	Mawangdui daoyin [Title/Abstract]
#10	Wuxing pinghengong[Title/Abstract]
#11	Qigong [Title/Abstract]
#12	Longmen Wuxingong[Title/Abstract]
#13	Eight Brocade exercise[Title/Abstract]
#14	#1 OR #2 OR #3 OR #4 O #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 #13
#15	Ankylosing spondylitis [MeSH]
#16	Spondyloarthritis Ankylopoietica [Title/Abstract]
#17	Ankylosing Spondylarthritis [Title/Abstract]
#18	Ankylosing Spondylarthritis [Title/Abstract]
#19	Spondylarthritis, Ankylosing [Title/Abstract]
#20	Spondylarthritis, Ankylosing [Title/Abstract]
#21	Ankylosing Spondylitis [Title/Abstract]
#22	Bechterew Disease [Title/Abstract]
#23	Marie Struempell Disease [Title/Abstract]
#24	Rheumatoid Spondylitis [Title/Abstract]
#25	Spondylitis Ankylopoietica [Title/Abstract]
#26	Ankylosing Spondyloarthritis [Title/Abstract]
#27	Ankylosing Spondyloarthritis [Title/Abstract]
#28	Spondyloarthritis, Ankylosing [Title/Abstract]
#29	Spondyloarthritis, Ankylosing [Title/Abstract]
#30	#15 OR #16 OR #17 OR #18 OR #19 OR #20#21 OR #22 OR #23 OR #24#25 OR #26 OR #27 OR #28#29
#31	#14 AND #30