

TOPIC GUIDE

- Explain about the research, and what is expected from the interview (talking through the information sheet)
- Re-confirm consent to be interviewed
- Re-confirm consent to record the interview
- Ask if they have any other questions

General practice staff**1. Factors that enable/hinder the management of the physical health of patients with enduring mental illness (EMI) for GPs****Prompts/Questions**

In your experience how common are physical health problems in patients with EMI?

Have you encountered any challenges in managing the physical health of EMI patients?

Do you think patients with EMI recognise when they experience physical health problems?

Do you find that patients' carers report any physical health issues to you if the EMI patients do not recognise them?

In what way does the EMI patient play a role in making decisions in relation to their physical health?

Do you feel that your EMI patients are interested in their physical health as compared to their mental health?

How well do you feel that your patients have manage their physical health

What arrangements would you make for follow-up of physical health issues if necessary?

Do you do annual physical health checks as part of your management of a patient's enduring mental illness?

2. Collaboration with community mental health teams**Prompts/Questions**

How do you currently engage with members of the community mental health team in relation to your patient?

How do the CMHT (i.e. psychiatrists, mental health nurses, registrars) currently engage with you?

Does this work sufficiently well?

Do you receive information from community mental health teams in relation to any physical health issues of relevant patients?

Do you inform the patient's psychiatrist and or other relevant members of the community mental health team if there are any health issues for patients related to their medications or mental health?

How could the communication process and a sense of collaboration be improved?

Summing up

Would you like to add anything else to our discussion?

Do you have any questions?

Community Mental Health Team Participants

1. Facilitators/Barriers to supporting patients with enduring mental health illness to care for their physical health

Prompts/Questions

- In your experience how common are physical health problems in patients with enduring mental illness?
- What types of physical health problems do you typically see in patients with enduring mental illness?
- Do patients self-report physical health symptoms?
- Do you do annual physical health checks? For example, to prompt: Test for side-effects which may be a result of certain psychiatric medicines as part of your management of a patient's enduring mental illness?
- Do you inform the other relevant members of the community mental health team of any relevant results?
- Do you inform the patient's GP of results?
- How well do you feel that your patients have manage their physical health?
- How do you communicate with your patients about their physical health?
- What arrangements would you make for follow-up of physical health issues if necessary?

2. Collaboration with GPs – issues around integration with primary care

Prompts/Questions

- Do you currently engage with patients GPs relation to your patient's physical health?
- Do you receive information from GPs in relation to any health issues of relevant patients?
- Do you have a clear communication pathway with patients GPs?
- Do you share information with GPs in relation to any physical health issues of relevant patients?
- How do you find collaborating with GPs?
- In what ways do you think this collaboration can be improved in order to enhance the quality of the care of these patients?

Summing up

- Would you like to add anything else to our discussion?
- Do you have any questions?