

APPENDIX 2: Variables Included in Data Extraction Form**Study characteristics**

First author

Year

Journal

Funding source

Country

Medical condition

Recruitment setting and method

Number of participants randomised

Percent female

Mean (standard deviation [SD]) age

Mean (SD) years with body image concerns

Notes

Intervention and control group details

Group name

Description of intervention

Number of participants randomised to group

Number of participants analyzed in group

Notes

Outcomes

Outcome type (appearance-related, general psychological, reported harms)

Outcome measure name

Timepoints collected

Measure of aggregation (e.g., mean, median) at baseline and subsequent post-test assessments

Measure of dispersion (e.g., SD) at baseline and subsequent post-test assessments

Number of participants analyzed at baseline and subsequent post-test assessments

Other relevant results at baseline and subsequent post-test assessments

Notes