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# BMJ Open

## Risk of active tuberculosis in migrants diagnosed with cancer in British Columbia, Canada

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## Risk of active tuberculosis in migrants diagnosed with cancer in British Columbia, Canada

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## ABSTRACT

**Objectives:** To describe the association between types of cancer and active TB risk in migrants. Additionally, in order to better inform Latent TB infection (LTBI) screening protocols, we assessed proportion of active TB cases potentially preventable through LTBI screening and treatment in migrants with cancer.

**Design:** Population based, retrospective cohort study

**Setting:** British Columbia (BC), Canada

**Participants:** 1,000,764 individuals who immigrated to Canada from 1985 to 2012 and established residency in BC at any point up to 2015.

**Primary and secondary outcome measures:** Using linked health administrative databases and disease registries, data on demographics, comorbidities, cancer type, TB exposure and active TB diagnosis were extracted. Primary outcomes included: time to first active TB diagnoses, and risks of active TB following cancer diagnoses which were estimated using Cox extended hazard regression models. Potentially preventable TB was defined as active TB diagnosed greater than 6 months post cancer diagnoses.

**Results:** Active TB risk was increased in migrants with cancer [(HR (95% CI))= 2.5 (2.0, 3.1)], after adjustment for age, sex, TB incidence in country of origin, immigration classification, contact status, and comorbidities. Highest risk was observed with lung cancer [HR=11.2 (7.4, 16.9)] and sarcoma [HR=8.1 (3.3, 19.5)], followed by leukemia [HR=5.6 (3.1, 10.2)], lymphoma [HR=4.9 (2.7, 8.7)], and gastrointestinal cancers [HR=2.7 (1.7, 4.4)]. The majority (65.9%) of active TB cases were diagnosed greater than 6 months post cancer diagnosis.

**Limitations:** We were unable to assess variables such as smoking, alcohol use, and chemotherapy.

**Conclusion:** Specific cancers increase active TB risk to varying degrees in the migrant population of BC, with approximately two-thirds of active TB cases identified as potentially preventable.

### **Strengths and Limitations of study:**

- Our study included a large cohort with >1 million people over 19 year period
- First study to assess risk of active TB amongst different malignancies in an immigrant population, and include other common malignancies such as prostate, breast, and gastrointestinal cancers.
- Risk of active TB amongst different malignancies were adjusted for other commonly recognized TB risk factors
- Unable to account for impact of smoking, alcohol use, and chemotherapy
- Unable to account for TB contact outside of British Columbia.

**Original study protocol:** Refer to Ronald et al. 2016 (1)

**External funding:** This work was supported by the Michael Smith Foundation for Health Research and the Canadian Institutes for Health Research [Grant: 377364].

**Keywords:** Tuberculosis, Cancer, Malignancy, Prevention, Immigrant

## INTRODUCTION

Tuberculosis (TB) remains the top single infectious disease cause of death worldwide, with an estimated 10 million cases and 1.3 million deaths in 2017 (2). Recognizing this, the World Health Organization (WHO) created the EndTB Strategy with a vision of global TB elimination (2,3). A core part of the EndTB strategy is identification and treatment of latent tuberculosis infection (LTBI) in regions with low TB incidence (3–6). In many low incidence regions, such as Canada, efforts to meet EndTB elimination goals have been hindered by high TB rates in specific populations (6–8). People that migrate to Canada, in particular, experience rates of TB over 20 times greater than the Canadian-born non-Indigenous population (3,9). There are also clear links between certain comorbidities and TB risk (10). New strategies to identify and treat people at highest risk for TB are required to accelerate TB elimination in Canada.

The association between cancer and TB risk is increasingly recognized in peer-reviewed literature and national TB guidelines. At present, Canadian and American guidelines recognize hematologic and head/neck malignancies as risk factors for TB (10,11), and a recent systematic review and meta-analysis conducted by Cheng *et al.* identified up to a nine-fold increased risk of TB amongst patients with hematologic, head and neck, and lung cancers (12). In migrant populations, the risk of active TB associated with different malignancies has not been well studied and may represent an additive risk. Furthermore, literature is sparse on TB risk in people with many common malignancies such as gastrointestinal, breast, prostate and gynecologic cancers.

In this study, we used linked health administrative data on migrants to the province of British Columbia (BC), Canada to describe the relationship between cancer and active TB. Specifically, we aimed to describe the association between different histologic subtypes of cancer and active TB risk, and to assess the proportion of immigrants with cancer in whom active TB was potentially preventable through LTBI screening and treatment.

## METHODOLOGY

### **Study Setting and Data Sources**

This study is part of a larger project (1) that describes TB epidemiology in people that migrate to BC, a Canadian province with a population of 5.0 million people and TB incidence of 4.7 per 100,000 persons (13,14). In 2016, approximately 22% of the population of BC, and 85% of people diagnosed with active TB, were born outside of Canada (15).

Descriptions of the databases and methods to identify the cohort have been described in detail in previous publications (1). Briefly, data were extracted from several linked health administrative databases, including a national immigration database, a provincial health insurance registry, hospitalization, physician billing, outpatient pharmacy, vital statistics, HIV, and End-Stage Renal Disease (ESRD) registries (16–28). Extracted data were provided as de-identifiable datasets linked using unique scrambled identification numbers. Full details on this linkage are described in a protocol publication (1).

TB diagnosis and treatment data were obtained from the BC Provincial TB Registry, housed at the BC Centre for Disease Control (BCCDC). The BCCDC is responsible for treatment of all people with active TB and LTBI in the province, and maintains a provincial TB registry that includes data on all people with a history of TB contact, LTBI and active TB diagnosis, and treatment (26). Data on cancer diagnosis were obtained from the BC Cancer Agency (BCCA) registry. The BCCA is a government organization that provides comprehensive cancer care to the people of BC in partnership with regional health authorities. The BCCA registry houses data on all primary cancers diagnosed in BC, with diagnoses confirmed based on pathology, cytology, lab results, cancer centre admissions, and death certificates (27).

### Study population and follow-up

Our source population included all foreign-born individuals that obtained permanent residency in Canada between January 1, 1985 and December 31, 2012 and established residency in BC at any point until December 31, 2015. BC residents were identified when they registered in the provincial Medical Services Plan (MSP), a universal health insurance program administered by the BC government. Depending on a household's income, MSP coverage may be free, or may require monthly premiums. Thus, we believe that MSP coverage may be a surrogate marker of residency status in BC (29,30). Individuals who did not acquire an MSP number (e.g. temporary visitors, students, short-term workers or undocumented residents of BC) were not included in the cohort.

We limited the cohort to 1996 onward when community pharmacy data became available. Furthermore, we limited the analysis cohort to individuals aged  $\geq 15$  years as there were few cancer cases at younger ages. Calculation of follow-up time began for all individuals at their index event, which was identified as occurring at 90 days before first MSP registration date or at an individual's first health service record in BC, whichever date was earliest. The 90 day window was selected to account for the mandatory 90-day waiting period required for starting MSP after arrival in BC. The follow-up period ended at first active TB diagnosis, end of MSP coverage, death or end of study period (December 31<sup>st</sup>, 2015), whichever date was earliest.

### Definitions of outcome and risk factor variables

The primary outcome measured was time to first active TB diagnosis. TB diagnosis was identified based on BCCDC TB Registry data, and included all TB sites (i.e., pulmonary and extra-pulmonary TB) that were either microbiologically or clinically confirmed. TB diagnosis was established in the BCCDC registry based on the Canadian TB Reporting System Guidelines (31).

The exposure of interest was incident cancer diagnosis occurring after study entry. Specific cancers were identified based on the site of primary malignancy, as reported in the BCCA Registry. Specific cancers identified for this analysis included: lung; breast; gastrointestinal (GI); hematologic cancers (lymphoma and leukemia); head and neck (HN); genitourinary (GU); gynecologic (GYN); prostate; sarcoma; skin (including melanoma and other skin cancers); neural; and other/unknown cancers.

TB incidence rate per 100,000 person-years (PYs) was calculated in people with and without a diagnosis of cancer. We identified the cancer risk start date as 90 days before the recorded cancer diagnosis date, and the cancer risk end date occurring 5 years after cancer diagnosis, at which time patients who were alive and without TB contributed time to the non-cancer group. If there were multiple overlapping cancer episodes of the same type, we tied these together and counted them as one episode only, with the first cancer diagnosis date identified as the start date of the episode. We also limited our analysis to incident cancers occurring after study entry (i.e. 2,014 people with prevalent cancers at the index date were excluded from analyses).

Other risk variables included sex, age at follow-up (10-year age categories), time since arrival in BC (0-5 years and  $>5$  years), immigration classification (refugee, family or economic), high-risk medical co-morbidities, and TB incidence in country of origin (8). For the TB incidence in country of origin, we used country-level WHO TB incidence data at year of arrival to Canada from 1990-2012 (32). For years prior to 1990, we applied 1990 TB incidence rates.

For medical co-morbidities, we established diagnosis dates of the following conditions: HIV, dialysis dependent end stage kidney disease (ESKD), diabetes, and medical immune-suppression (including use of TNF-alpha inhibitors, high-dose steroids, high-risk DMARDS, or receipt of solid organ or bone marrow transplantation). We also identified if an individual was a known contact of a person diagnosed with active TB in BC. Disease registries were used as the gold standard for disease diagnoses, supplemented with data

1  
2  
3 from health administrative databases using validated algorithms (1). Detailed definitions and exposure risk  
4 periods for each comorbidity have been described previously (1,33).  
5

### 6 **Statistical analysis**

7 Analyses were conducted in R (version 3.6.0; The R Project for Statistical Computing) and SAS/STAT  
8 (V.9.4, SAS Institute, Cary, USA). This study received ethical approval from the University of BC Clinical  
9 Ethics Review Board (H16 -00625).  
10

11 We produced descriptive statistics for our study cohort at the time of cohort entry, defined by index date.  
12 Rates of active TB and median years from cancer diagnosis to active TB were calculated for each cancer  
13 subtype. Cancer diagnoses may occur with or after a diagnosis of active TB, and therefore, to understand  
14 the potential impact of LTBI screening and prevention amongst people with cancer, we plotted the time of  
15 active TB diagnoses against the time of cancer diagnoses for each cancer type. The proportion of active TB  
16 cases that were potentially preventable was then calculated as those occurring more than 6 months after  
17 cancer diagnosis. This time point was set to capture preventable TB cases amenable to LTBI testing and  
18 treatment at cancer diagnosis.  
19

20  
21 We used extended Cox regression to model the risk of active TB. We ran separate models based on site of  
22 primary malignancy. For sex-predominant cancers, we restricted models by sex (i.e. breast and gynecologic  
23 cancer models were restricted to females; the prostate cancer model was restricted to males). We included  
24 all identified risk variables in multivariable models, determined *a priori* based on clinical relevance.  
25 Schoenfeld residuals were used to test extended Cox model parameters.  
26

27 Model assumptions were tested through sensitivity analyses, including testing different age at risk for  
28 cancer thresholds and the time window for the cancer at-risk period. As an additional sensitivity analysis,  
29 we assessed for impact of LTBI screening within our cohort. We also examined whether radiotherapy  
30 during cancer treatment increased the risk of active TB, as this has previously been suspected to be a risk  
31 factor for active TB (34,35). Results of sensitivity analyses are reported in the Appendix. Incomplete data  
32 was identified as “missing data” in results.  
33

### 34 **Patient and Public Involvement:**

35  
36 Patients or public were not involved in the methodology, conduct, analyses, or reporting of this research.  
37  
38

## 39 **RESULTS**

### 40 **Population characteristics:**

41 Our study population included 1,000,764 individuals aged  $\geq 15$  years, with a mean of 13.4 person-years of  
42 total follow-up time per individual. Population characteristics are outlined in Table 1. Median age was 32.3  
43 years, 48.5% were male, and 58.0% migrated from countries with TB incidence  $>100$  per 100,000 persons.  
44 A small proportion of individuals (0.6%) were contacts of people diagnosed with active TB at any time in  
45 BC.  
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**Table 1: Cohort characteristics at entry and co-morbidities over study follow-up (N=1,000,764)**

Cohort Characteristics	Without Cancer [n (%)]	Cancer ‡ [n (%)]	Total [n (%)]
<b>Age group (years)</b>			
15-24	311,087 (31.1%)	1,747 (0.2%)	312,834 (31.3%)
25-34	255,477 (25.5%)	4,431 (0.4%)	259,908 (26.0%)
35-44	214,955 (21.5%)	6,997 (0.7%)	221,952 (22.2%)
45-54	101,959 (10.2%)	5,402 (0.5%)	107,361 (10.7%)
55-64	50,987 (5.1%)	5,235 (0.5%)	56,222 (5.6%)
65-74	27,322 (2.7%)	4,148 (0.4%)	31,470 (3.1%)
75-84	8,051 (0.8%)	1,336 (0.1%)	9,387 (0.9%)
85-94	1,408 (0.1%)	148 (0.0%)	1,556 (0.2%)
≥95	70 (0.0%)	4 (0.0%)	74 (0.0%)
<b>Gender</b>			
Female	497,883 (49.8%)	17,418 (1.7%)	515,301 (51.5%)
Male	473,433 (47.3%)	12,030 (1.2%)	485,463 (48.5%)
<b>TB incidence by country of origin (per 100,000 population)</b>			
0-30	158,280 (15.8%)	5,425 (0.5%)	163,705 (16.4%)
31-100	250,830 (25.1%)	6,018 (0.6%)	256,848 (25.7%)
101-200	310,359 (31.0%)	10,474 (1.0%)	320,833 (32.1%)
>200	251,821 (25.2%)	7,531 (0.8%)	259,352 (25.9%)
<b>Immigration classification</b>			
Refugee	76,919 (7.7%)	2,039 (0.2%)	78,958 (7.9%)
Family	321,328 (32.1%)	14,759 (1.5%)	336,087 (33.6%)
Economic	573,069 (57.3%)	12,650 (1.3%)	585,719 (58.5%)
<b>Years in BC</b>			
0-5	800,518 (80.0%)	22,769 (2.3%)	823,287 (82.3%)
>5	170,798 (17.1%)	6,679 (0.7%)	177,477 (17.7%)
<b>Active TB contact</b>	5,676 (0.6%)	248 (0.0%)	5,924 (0.6%)
<b>Comorbidities†</b>			
HIV	1,460 (0.1%)	109 (0.0%)	1,569 (0.2%)
Dialysis dependent end-stage kidney disease	1,671 (0.2%)	255 (0.0%)	1,926 (0.2%)
Immune-suppression*	22,715 (2.3%)	2,914 (0.3%)	25,629 (2.6%)
Diabetes	98,519 (9.8%)	7,025 (0.7%)	105,544 (10.5%)
<b>Total</b>	971,316 (97.1%)	29,448 (2.9%)	1,000,764 (100.0%)

Missing data (country of origin, n=26)

\* Immune-suppression= Includes treatment with immune-suppressing drugs (TNF $\alpha$  inhibitors, DMARDs, or high-dose steroids or post-transplant)

† Includes incident and prevalent cases

† Includes incident cases only

In the study population, 29,448 people (2.9%) were diagnosed with cancer (Table 2). The most frequently noted malignancies were breast (n = 5,918), gastrointestinal (n = 5,688), gynecologic (n = 4,450), lung (n = 2,421), lymphoma (n = 1,252), and leukemia (n = 1,139) cancers. Table 2 provides details on cancer types. In the entire study cohort, 2,585 people developed active TB, with 91 people (0.3%) diagnosed with active TB within 5 years of a cancer diagnosis. Unadjusted active TB rates were as follows: lung cancer (525.1 per 100,000 person-years (PY)), sarcoma (174.4 per 100,000 PY), lymphoma (268.2 per 100,000 PY), leukemia (284.9 per 100,000 PY), gastrointestinal (107.9 per 100,000 PY), and head/neck cancer (31.3 per 100,000 PY) (Table 2). Figure 1 shows a scatter plot with timing of TB diagnosis against timing of cancer diagnosis for each cancer type.

**Table 2: Incidence of active TB in patients newly diagnosed with cancer**

Cancer type †	n (%)	Median age at cancer diagnosis, years (Q1,Q3)	Median time from cancer to TB diagnosis, years (Q1,Q3)*	# active TB diagnoses		# active TB cases per 100,000 person-years at-risk†
				Up to 5 years after cancer diagnosis	From 6 months to 5 years after cancer diagnosis (“potentially preventable TB”)	
Lung	2,421 (0.2)	68 (57, 77)	0.4 (0.3, 0.7)	25	9	525.1
Sarcoma	725 (0.1)	47 (36, 58)	1.6 (0.7, 1.9)	5	<5	174.4
Leukemia	1,139 (0.1)	62 (47, 74)	1.2 (0.8, 1.9)	11	8	284.9
Lymphoma	1,252 (0.1)	58 (45, 71)	0.5 (0.3, 1.6)	12	6	268.2
Breast	5,918 (0.6)	51 (44, 61)	4.7 (1.7, 5.8)	6	5	23.3
Head and Neck	840 (0.1)	55 (45, 67)	5.3 (2.5, 11.3)	<5	<5	31.3
Gastro-Intestinal	5,688 (0.6)	65 (54, 75)	1.8 (1.1, 5.1)	17	14	107.9
Skin / Melanoma	1,196 (0.1)	56 (45, 71)	3.1 (1.7, 6)	<5	<5	39.1
Prostate	3,012 (0.3)	68 (61, 75)	5.5 (2.1, 8.1)	10	8	78.6
Gynecologic	4,450 (0.4)	43 (35, 54)	6.2 (3.5, 13.8)	<5	<5	10.6
Gastro-Urinary	1,742 (0.2)	63 (49, 75)	0.9 (0.9, 0.9)	<5	<5	15.5
Neural	457 (0.1)	55 (45, 71)	2.1 (2.1, 2.1)	<5	<5	94.5
Other/Unknown	1,890 (0.2)	53 (41, 69)	1.3 (0.4, 7.0)	<5	<5	48.6
Any cancer	29,448 (2.9)	57 (45, 70)	1.6 (0.4, 4.9)	91	60	83.3

\* Among people diagnosed with active TB on or after their cancer diagnosis date, up to 5 years after the cancer diagnosis date

† person-years at-risk includes up to 5 years after cancer diagnosis

‡ Includes incident cases only

Potentially preventable TB cases were identified as those occurring >6 months after the diagnosis of cancer, as these cases could be potentially amenable to LTBI screening and therapy at the time of cancer diagnosis. Amongst 2,421 people with lung cancer, 25 people (1.0%) were diagnosed with active TB within 5 years. Of these, 9 (42.9%) had active TB diagnosed >6 months after cancer diagnosis. Similarly, 8 (72.7%) with leukemia, 6 (50%) with lymphoma, and 14 (82.4%) with gastrointestinal cancers were diagnosed with active TB >6 months post cancer diagnosis (Table 2). Overall, 60 out of 91 (65.9%) diagnosed active TB cases were classified as potentially preventable.

Figure 2 shows results from multivariable Cox regression analyses by cancer type. People with lung cancer and sarcoma had the highest risk of active TB, with adjusted hazard ratios (aHR) of 11.2 (95%CI: 7.4,16.9) for lung, and 8.1 (95%CI: 3.3,19.5) for sarcoma. This was followed by leukemia (aHR 5.6 (95%CI: 3.1,10.2)), lymphoma (aHR 4.9 (95% CI: 2.7, 8.7)), and gastrointestinal cancers (aHR 2.7 (95%CI: 1.7,4.4)). The full multivariable Cox model for lung cancer is shown in Table 3.

**Table 3: TB risk in people diagnosed with lung cancer, univariable and multivariable hazard ratios**

	# TB cases per 100,000 person-years	Univariate HR (95% CI)	Multivariable HR (95% CI)
<b>Cancer, lung</b>			
Yes	525.1	25.2 (17.0, 37.6)	11.2 (7.4, 16.9)
No	22.4	1.0	1.0
<b>Age group (years)</b>			
15-24	16.5	1.0	1.0
25-34	19.4	1.4 (1.2, 1.6)	1.1 (1.0, 1.3)
35-44	17.0	1.2 (1.1, 1.4)	1.1 (1.0, 1.3)
45-54	15.5	1.3 (1.1, 1.5)	1.2 (1.0, 1.4)
55-64	25.3	2.1 (1.8, 2.5)	1.7 (1.4, 2.0)
65-74	51.5	4.2 (3.5, 4.9)	3.0 (2.5, 3.6)
75-84	88.7	7.7 (6.5, 9.1)	5.6 (4.6, 6.8)
85-94	109.1	10.1 (8.0, 12.8)	8.4 (6.5, 10.9)
≥95	91.2	9.0 (4.4, 18.2)	8.4 (4.1, 17.2)
<b>Sex</b>			
Male	24.3	1.1 (1.1, 1.2)	1.2 (1.1, 1.2)
Female	21.1	1.0	1.0
<b>TB incidence in country of origin</b>			
0-30	2.4	1.0	1.0
31-100	9.9	4.2 (3.0, 5.8)	4.2 (3.0, 5.9)
101-200	21.0	9.2 (6.6, 12.6)	9.4 (6.8, 12.9)
>200/ 100,000 population	45.2	19.7 (14.3, 27.1)	18.6 (13.5, 25.6)
<b>Immigration type</b>			
Refugee	29.8	2.1 (1.9, 2.4)	2.0 (1.7, 2.3)

Family	33.5	2.4 (2.2, 2.6)	1.2 (1.1, 1.4)
Economic	14.4	1.0	1.0
Years in BC			
0-5	29.8	1.4 (1.3, 1.7)	1.6 (1.4, 1.9)
>5	19.8	1.0	1.0
Active TB contact			
Yes	298.5	12.8 (9.0, 18.4)	9.0 (6.2, 12.9)
No	22.4	1.0	1.0
HIV			
Yes	442.8	21.3 (16.1, 28.2)	20.3 (15.1, 27.2)
No	22.2	1.0	1.0
Dialysis dependent end stage kidney disease			
Yes	553.6	27.1 (20.0, 36.8)	8.2 (5.9, 11.5)
No	22.3	1.0	1.0
Immune-suppression*			
Yes	253.5	12.5 (10.3, 15.3)	7.0 (5.6, 8.6)
No	21.8	1.0	1.0
Diabetes			
Yes	48.0	2.7 (2.4, 3.0)	1.3 (1.2, 1.5)
No	20.5	1.0	1.0

\*Includes treatment with immune-suppressing drugs (TNF-alpha inhibitors, DMARDs, or high-dose steroids), or post-transplant

## DISCUSSION

Our province-wide, retrospective cohort study demonstrates that migrants with cancer are at higher risk for active TB than migrants without cancer, with TB risk varying by tumour type. The highest risk of TB was observed among migrants with lung cancer, followed by sarcoma, leukemia, lymphoma, and gastrointestinal malignancies. Head and neck, neural, skin, prostate, and breast cancers all had an elevated point estimate for TB risk, however, the increase was not significant in multivariable analysis. Notably, the majority of active TB cases were clustered immediately before or after cancer diagnosis, but an appreciable number of people developed TB more than 6 months post-cancer diagnosis. This represents a population of people with potentially preventable TB.

To our knowledge, our study is the first to provide risk estimates for TB due to various cancer types in a cohort of migrants within a low incidence region. As latent TB screening of all immigrants has previously been shown to be economically challenging, understanding the selective impact of various malignancies becomes crucial to help clinicians identify migrants at highest risk of active TB. Significant strengths of our study include large population cohort, risk estimates adjusted for other commonly recognized TB risk factors, stratification of TB risk by cancer type, and long follow up time. Given the wide capture of immigrant population over a 19 year follow up period, we believe that our results may be applicable at other low incidence areas including other Canadian provinces, and regions within United States.

The elevated TB risk observed in immigrants with lung and hematologic cancers are in concordance with those noted in the non-immigrant populace as reported by Cheng et. al 2016 and Simonsen et. al. 2017, with some variations which may reflect differences in study populations and cancer treatments amongst

1  
2  
3 different regions (12,35). The mechanism through which malignancies increases TB risk is speculated to  
4 be multifactorial, including immunosuppression by both local and systemic effects. For lung cancer, mass  
5 effect and inflammation may disrupt local barriers to infection, increasing TB risk (35). Furthermore,  
6 infiltration of dormant TB granulomas by local tumour peptides in lung cancer may further increase re-  
7 activation risk (36). Importantly, our observed TB risk amongst lung cancer may be influenced by shared  
8 lifestyle variables, including smoking and ethanol use, which were not accounted for in our study (37–39).  
9 For hematologic malignancies, immunosuppression may be due to multiple factors including bone marrow  
10 infiltration, impaired T cell mediated immunity, and superimposed chemotherapy (40–42). Although we  
11 were unable to account for chemotherapy regimens, we found no significant impact of radiotherapy on  
12 active TB risk (Appendix Table A2).  
13

14  
15 Importantly, in contrast to previously assessed TB risk estimates within the general population, we found  
16 that head/neck cancer within the immigrant population resulted in a non-statistically significant elevated  
17 TB risk. The low incidence of head and neck cancer within our cohort resulted in wide confidence intervals.  
18 We suspect that our observed lower TB risk amongst head/neck malignancies may reflect evolution in  
19 treatment and care of head/neck cancer which may secondarily lower TB risk by reducing systemic  
20 immunosuppression and malnutrition. This includes transition to directed beam therapy, improved  
21 nutritional supplementation, and closer surveillance (43). This is consistent with the systematic review  
22 conducted by Cheng et. al. 2016, which described a decrease in TB incidence amongst head and neck  
23 cancers after 1980 compared to pre 1980 period. In addition to changes in treatments, they speculated that  
24 decreased TB incidence may also reflect changes in the underlying etiology of head/neck cancers, from  
25 non-HPV associated Head and Neck cancer, which are typically related to heavy smoking and alcohol use,  
26 to HPV related Head and Neck malignancies (12,43).  
27

28  
29 Furthermore, to our knowledge, this study is the first to show increased adjusted TB risk in individuals with  
30 sarcomas. The link between sarcoma and TB has been described in rare case reports, and remains poorly  
31 understood (44,45). While our risk estimates account for concurrent immunosuppression in sarcoma  
32 patients, namely HIV and post-transplant state, we were unable to adjust for chemotherapy which may  
33 result in the observed elevated risk of active TB amongst individuals with sarcoma. Additionally, similar  
34 to head/neck cancers, the low incidence of sarcoma within our cohort accounts for the wide confidence  
35 intervals observed. Literature also remains sparse on the association of gastrointestinal malignancies and  
36 TB. While other authors have shown increased risk of TB with aerodigestive cancers(35,46), our study  
37 shows an elevated active TB risk amongst gastrointestinal malignancies independent from lung and  
38 head/neck cancers. It is speculated that concurrent comorbidities including significant weight loss and  
39 malnutrition may result in increased susceptibility to TB reactivation amongst GI cancers (44,47).  
40

41  
42 The clustering of active TB around time of cancer diagnoses as noted in Figure 1, may point to higher  
43 susceptibility to TB amongst cancer patients, either by primary acquisition or latent TB re-activation. As  
44 mentioned, early identification and treatment of LTBI in high risk cancer patients is crucial to prevent active  
45 TB and the possibility of ongoing transmission, most importantly in oncology clinics and inpatient services  
46 (48). We observed that amongst cancers noted to increase active TB risk, including sarcoma, leukemia,  
47 lymphoma, gastrointestinal malignancies, an appreciable proportion of migrants were diagnosed with active  
48 TB greater than six months post cancer diagnosis. These people represent potentially preventable TB as  
49 they could benefit from LTBI screening and treatment at the time of cancer diagnosis. In contrast to other  
50 malignancies, a lower proportion (approximately 1/3<sup>rd</sup>) of active TB in immigrants with lung cancer was  
51 diagnosed greater than six months post-cancer diagnosis. This phenomenon has been described by other  
52 authors and may be explained by the similar care pathways; TB can often produce masses or nodules which  
53 can imitate neoplasms in the lung, and therefore, similar imaging and diagnostic strategies involved for  
54 work-up of both entities may explain this close association of lung cancer with TB (44,49–51). At present,  
55 in BC, province-wide screening and treatment for LTBI in cancer patients is not routine. Our data provide  
56  
57  
58  
59  
60

strong support for LTBI testing amongst migrants with sarcoma, leukemia, lymphoma, lung, and gastrointestinal cancers.

### Limitations

Our study has several limitations. First, we did not have access to certain variables such as smoking history, alcohol use and specific chemotherapeutic regimens, all of which are associated with increased active TB risk (35,37–39). Second, we were unable to account for contact to TB outside of BC, however, we expect these numbers to be low, given the overall low TB incidence rate in Canada. Third, the high rate of active TB in cancer patients noted in our study may reflect the high level of care which cancer patients require. Importantly, we conducted sensitivity analysis to account for individuals screened for LTBI and this did not reveal any significant differences in our observed risk estimates (Appendix Table A1). Despite the stated limitations in understanding the causal role of malignancy in TB risk, we do note that people with certain malignancies have high rates of active TB, and may potentially benefit from LTBI screening and treatment, regardless of the underlying causal pathway.

### CONCLUSION

In people that migrate to BC, specific cancers increase active TB risk, with highest risk noted in lung, sarcoma, leukemia, lymphoma, and gastrointestinal malignancies. An appreciable number of active TB cases are diagnosed more than six months after cancer diagnoses and may be potentially preventable with vigilant LTBI screening and therapy. While current Canadian TB guidelines recommend LTBI screening in migrants with hematologic or head/neck cancer, our data provide evidence of the preventable burden of active TB in migrants with other malignancies who could be considered for LTBI screening and therapy.

**Notes:** The corresponding author (Dr. J. Johnston) has full access to all of the data in the study and takes responsibility for the integrity of the data and accuracy of analysis.

### Author contributions:

Study concept and design: JCJ, VJC, LR

Data acquisition, analysis, and interpretation: LR, CR, DSK, JCJ, HPS

Manuscript drafting: DSK, LR, JCJ

Critical revision of manuscript: DSK, LR, CR, KR, VCJ, JCJ, HPS

Statistical analysis: LR, CR, HPS

Funding acquisition: JCJ

Administrative and technical support: KR

Study supervision: VJC, JCJ

**Conflicts of Interest Disclosure:** None reported

**Disclaimer:** All inferences, opinions, and conclusions drawn in this study are those of the authors, and do not reflect the opinions or policies of the Data Steward(s)

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**Approval:** This study received ethical approval from the University of BC Clinical Ethics Review Board (H16 -00625).

**Previous presentation:** Preliminary findings from this study were presented as a podium presentation at the 49<sup>th</sup> Union World conference on Lung Health, October 24-27<sup>th</sup>, 2018 at The Hague, Netherlands.

**Data sharing:** Data were extracted as deidentified datasets from several linked health administrative databases, including a national immigration database (Population Data BC and IRCC), a provincial health insurance registry, hospitalization, physician billing, outpatient pharmacy, vital statistics, HIV, and End-Stage Renal Disease (ESRD) registries. Additional data was extracted from the BC Provincial TB and BC Cancer Agency registries. Data are not publicly available. Data may be obtained upon authorized request to the respective data stewards as detailed in the study protocol.

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#### FIGURE LEGENDS:

##### **Figure 1 Legend:**

**GI:** Gastro-Intestinal; **HN:** Head and Neck; **GYN:** Gynecological; **GU:** Genito-Urinary; **Oth/Unk:** other and unknown;  
 ◦ Active TB diagnosis

##### **Figure 2 Legend:**

**Hazard Ratios adjusted for\*:** age at follow up, sex, time since arrival in BC (0-5 yrs and >5 yrs), immigration classification type (refugee, family or economic), high risk medical comorbidities (HIV, Dialysis dependent end stage kidney disease, Immune Suppression, Diabetes), and TB incidence by country of origin.

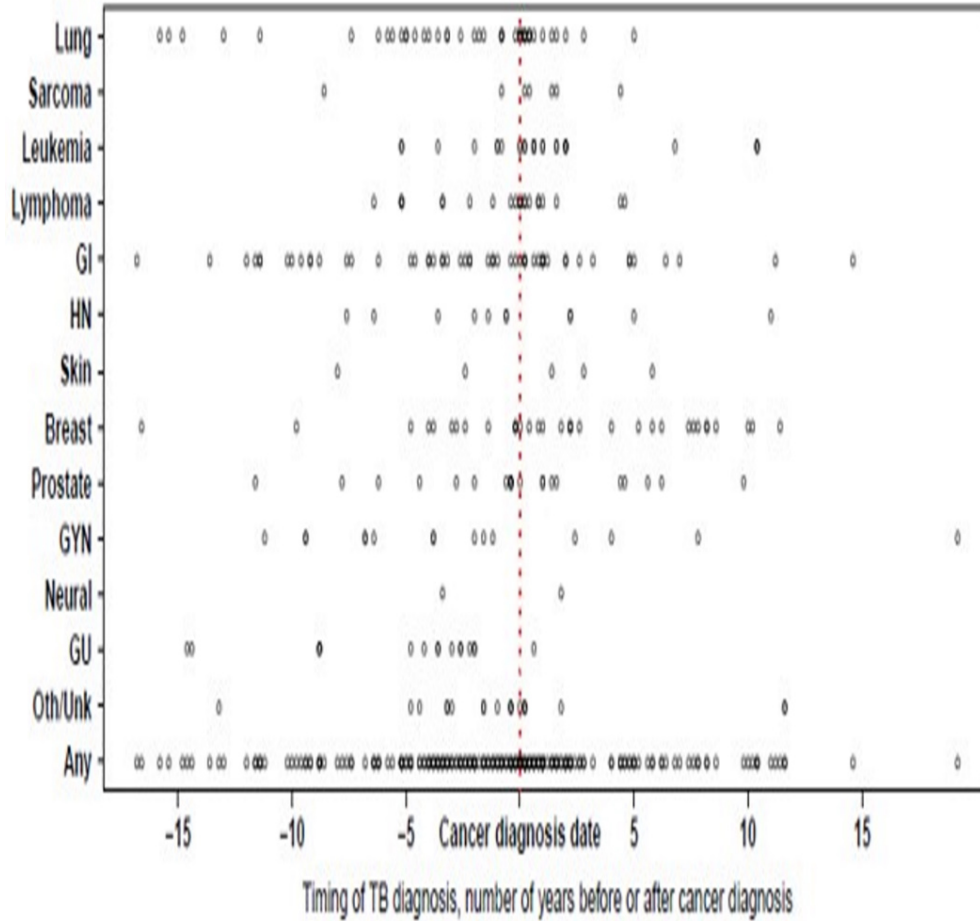


Figure 1: Timing of active TB diagnoses, number of years before and after cancer diagnoses

90x90mm (300 x 300 DPI)

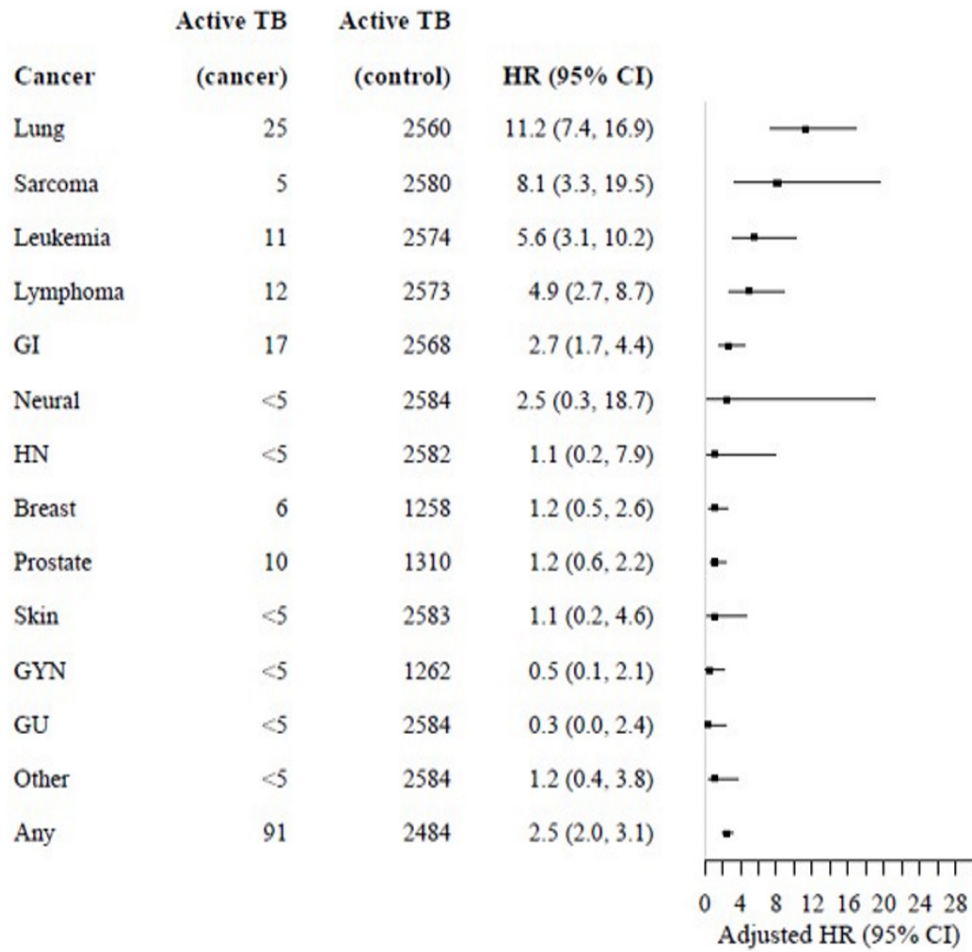


Figure 2: TB risk (multivariable hazard ratios\*) in immigrants diagnosed with different cancer types

90x90mm (300 x 300 DPI)

## APPENDIX

Table A1: Sensitivity analysis, testing models with different population inclusion criteria

Model #	Model description	# people deleted (w/ prevalent cancers)	# people included in analysis	# TB cases included in analysis	Adj HR, Lung cancer
1*	Age 15+	2,014	1,000,764	2,585	11.2 (7.4-16.9)
2	Age 30+	2,558	800,489	2,071	11.2 (7.4-16.9)
3	All ages	1,961	1,046,759	2,634	11.5 (7.6-17.4)
4	Age 15+, excluding LTBI	2,010	995,828	2,575	11.4 (7.5-17.1)

\*Base-case model

Table A2: Total BCCA Registry cancer episodes identified as having radiation (n=1078)\*†‡§

BCCA Cancer type	Total episodes	% with radiation therapy†
Breast	5630	1.0
GI	5375	1.3
GU/GYN	5928	3.6
Head and Neck	1834	31.5
Hematological	2578	1.4
Lung	2297	3.1
Prostate	2824	6.0
Other/Unknown	3577	1.8
Total	30043	3.6

\*Of all primary cancers reported to BC Cancer Registry between 1985-2012

†Radiation defined as occurring any time 1 year before cancer registry date or anytime after

‡ There were no cases of active TB diagnosed in people with cancer and radiation therapy

§ Codes used to identify inpatient radiation therapy:

System	Code	Code description
ICD9	V580	Encounter for radiotherapy
ICD10	Z510	Encounter for anti-neoplastic radiation therapy
CCP	06.21	Radioisotopic teleradiotherapy
	06.34	Implantation or insertion of radioactive elements
	06.35	Injection or installation of radioisotopes
	06.39	Other radiotherapeutic procedure
CCI	1.FU.59.CA-V1	Destruction, thyroid gland, using oral approach radioactive pharma agent
	1.FU.59.HA-V1	Destruction, thyroid gland, using percutaneous approach radioactive pharma agent
	1.FU.59.DA-AW	Destruction, liver, endoscopic approach using radiofrequency
	1.ZZ.35.HA-V1	Pharmacotherapy, total body, percutaneous approach, using radioactive pharma agent
	x.xx.26	Brachytherapy, on any section of body
	x.xx.27	Radiation, on any section of body

Sources: "Concept: Overview of the Manitoba Cancer Registry and Treatment Data"; CCI to CCP crosswalk; CCP manual; CCI manual

**STROBE 2007 (v4) checklist of items to be included in reports of observational studies in epidemiology\***  
**Checklist for cohort, case-control, and cross-sectional studies (combined)**

Section/Topic	Item #	Recommendation	Reported on page #
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract	1, 2
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	2
<b>Introduction</b>			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	3
Objectives	3	State specific objectives, including any pre-specified hypotheses	3
<b>Methods</b>			
Study design	4	Present key elements of study design early in the paper	3, 4
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	3, 4
Participants	6	<b>(a) Cohort study</b> —Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up <i>Case-control study</i> —Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls <i>Cross-sectional study</i> —Give the eligibility criteria, and the sources and methods of selection of participants	a) 4
		<b>(b) Cohort study</b> —For matched studies, give matching criteria and number of exposed and unexposed <i>Case-control study</i> —For matched studies, give matching criteria and the number of controls per case	4
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	4
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	3, Reference 1
Bias	9	Describe any efforts to address potential sources of bias	5
Study size	10	Explain how the study size was arrived at	4
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	5
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	5
		(b) Describe any methods used to examine subgroups and interactions	5
		(c) Explain how missing data were addressed	5
		(d) <i>Cohort study</i> —If applicable, explain how loss to follow-up was addressed <i>Case-control study</i> —If applicable, explain how matching of cases and controls was addressed	5

		<i>Cross-sectional study</i> —If applicable, describe analytical methods taking account of sampling strategy	
		(e) Describe any sensitivity analyses	5
<b>Results</b>			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	5, 6
		(b) Give reasons for non-participation at each stage	Not applicable
		(c) Consider use of a flow diagram	
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	5, 6
		(b) Indicate number of participants with missing data for each variable of interest	6
		(c) <i>Cohort study</i> —Summarise follow-up time (eg, average and total amount)	5
Outcome data	15*	<i>Cohort study</i> —Report numbers of outcome events or summary measures over time	7, 8
		<i>Case-control study</i> —Report numbers in each exposure category, or summary measures of exposure	Not applicable
		<i>Cross-sectional study</i> —Report numbers of outcome events or summary measures	Not applicable
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	7, 8
		(b) Report category boundaries when continuous variables were categorized	
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	8
<b>Discussion</b>			
Key results	18	Summarise key results with reference to study objectives	9, 10
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	11
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	9, 10
Generalisability	21	Discuss the generalisability (external validity) of the study results	9
<b>Other information</b>			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	11

\*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at [www.strobe-statement.org](http://www.strobe-statement.org).

# BMJ Open

## Risk of active tuberculosis in migrants diagnosed with cancer in British Columbia, Canada

Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2020-037827.R1
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<b>Primary Subject Heading</b>:	Respiratory medicine
Secondary Subject Heading:	Epidemiology, Global health, Infectious diseases, Public health, Health policy
Keywords:	Tuberculosis < INFECTIOUS DISEASES, Public health < INFECTIOUS DISEASES, Respiratory tract tumours < ONCOLOGY, PREVENTIVE MEDICINE, ONCOLOGY, EPIDEMIOLOGY

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## Risk of active tuberculosis in migrants diagnosed with cancer in British Columbia, Canada

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## ABSTRACT

**Objectives:** To describe the association between types of cancer and active TB risk in migrants. Additionally, in order to better inform Latent TB infection (LTBI) screening protocols, we assessed proportion of active TB cases potentially preventable through LTBI screening and treatment in migrants with cancer.

**Design:** Population based, retrospective cohort study

**Setting:** British Columbia (BC), Canada

**Participants:** 1,000,764 individuals who immigrated to Canada from 1985 to 2012 and established residency in BC at any point up to 2015.

**Primary and secondary outcome measures:** Using linked health administrative databases and disease registries, data on demographics, comorbidities, cancer type, TB exposure and active TB diagnosis were extracted. Primary outcomes included: time to first active TB diagnoses, and risks of active TB following cancer diagnoses which were estimated using Cox extended hazard regression models. Potentially preventable TB was defined as active TB diagnosed greater than 6 months post cancer diagnoses.

**Results:** Active TB risk was increased in migrants with cancer [(HR (95% CI))= 2.5 (2.0, 3.1)], after adjustment for age, sex, TB incidence in country of origin, immigration classification, contact status, and comorbidities. Highest risk was observed with lung cancer [HR=11.2 (7.4, 16.9)] and sarcoma [HR=8.1 (3.3, 19.5)], followed by leukemia [HR=5.6 (3.1, 10.2)], lymphoma [HR=4.9 (2.7, 8.7)], and gastrointestinal cancers [HR=2.7 (1.7, 4.4)]. The majority (65.9%) of active TB cases were diagnosed greater than 6 months post cancer diagnosis.

**Conclusion:** Specific cancers increase active TB risk to varying degrees in the migrant population of BC, with approximately two-thirds of active TB cases identified as potentially preventable.

### **Strengths and Limitations of study:**

- Our study included a large cohort with >1 million people over 19 year period
- First study to assess risk of active TB amongst different malignancies in an immigrant population, and include other common malignancies such as prostate, breast, and gastrointestinal cancers.
- Risk of active TB amongst different malignancies were adjusted for other commonly recognized TB risk factors
- Unable to account for impact of smoking, alcohol use, and chemotherapy
- Unable to account for TB contact outside of British Columbia.

**Original study protocol:** Refer to Ronald et al. 2016

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**Keywords:** Tuberculosis, Cancer, Malignancy, Prevention, Immigrant

## INTRODUCTION

Tuberculosis (TB) remains the top single infectious disease cause of death worldwide, with an estimated 10 million cases and 1.4 million deaths in 2018 (1). Recognizing this, the World Health Organization (WHO) created the EndTB Strategy with a vision of global TB elimination (2). A core part of the EndTB strategy is identification and treatment of latent tuberculosis infection (LTBI) in regions with low TB incidence (2–5). In many low incidence regions, such as Canada, efforts to meet EndTB elimination goals have been hindered by high TB rates in specific populations (5–7). People that migrate to Canada, in particular, experience rates of TB over 20 times greater than the Canadian-born non-Indigenous population (2,8). There are also clear links between certain comorbidities and TB risk (8). New strategies to identify and treat people at highest risk for TB are required to accelerate TB elimination in Canada.

The association between cancer and TB risk is increasingly recognized in peer-reviewed literature and national TB guidelines. At present, Canadian and American guidelines recognize hematologic and head/neck malignancies as risk factors for TB (8,9), and a recent systematic review and meta-analysis conducted by Cheng *et al.* identified up to a nine-fold increased risk of TB amongst patients with hematologic, head and neck, and lung cancers (10). In migrant populations, the risk of active TB associated with different malignancies has not been well studied and may represent an additive risk. Furthermore, literature is sparse on TB risk in people with many common malignancies such as gastrointestinal, breast, prostate and gynecologic cancers.

In this study, we used linked health administrative data on migrants to the province of British Columbia (BC), Canada to describe the association between different malignancies and active TB risk within foreign born individuals. Furthermore, we aimed to assess the proportion of immigrants with cancer in whom active TB was potentially preventable through LTBI screening and treatment.

## METHODOLOGY

### **Study Setting and Data Sources**

This study is part of a larger project (11) that describes TB epidemiology in people that migrate to BC, a Canadian province with a population of 5.0 million people and TB incidence of 4.7 per 100,000 persons (12,13). In 2016, approximately 22% of the population of BC, and 85% of people diagnosed with active TB, were born outside of Canada (14).

Descriptions of the databases and methods to identify the cohort have been described in detail in previous publications (11). Briefly, data were extracted from several linked health administrative databases, including a national immigration database, a provincial health insurance registry, hospitalization, physician billing, outpatient pharmacy, vital statistics, HIV, and End-Stage Renal Disease (ESRD) registries (15–27). Extracted data were provided as de-identifiable datasets linked using unique scrambled identification numbers. Full details on this linkage are described in a protocol publication (11).

TB diagnosis and treatment data were obtained from the BC Provincial TB Registry, housed at the BC Centre for Disease Control (BCCDC). The BCCDC is responsible for treatment of all people with active TB and LTBI in the province, and maintains a provincial TB registry that includes data on all people with a history of TB contact, LTBI and active TB diagnosis, and treatment (25). Data on cancer diagnosis were obtained from the BC Cancer Agency (BCCA) registry. The BCCA is a government organization that provides comprehensive cancer care to the people of BC in partnership with regional health authorities. The BCCA registry houses data on all primary cancers diagnosed in BC, with diagnoses confirmed based on pathology, cytology, lab results, cancer centre admissions, and death certificates (26).

### Study population and follow-up

Our source population included all foreign-born individuals that obtained permanent residency in Canada between January 1, 1985 and December 31, 2012 and established residency in BC at any point until December 31, 2015. BC residents were identified when they registered in the provincial Medical Services Plan (MSP), a universal health insurance program administered by the BC government. Depending on a household's income, MSP coverage may be free, or may require monthly premiums. Thus, we believe that MSP coverage may be a surrogate marker of residency status in BC (28,29). Individuals who did not acquire an MSP number (e.g. temporary visitors, students, short-term workers or undocumented residents of BC) were not included in the cohort.

We limited the cohort to 1996 onward when community pharmacy data became available. Furthermore, we limited the analysis cohort to individuals aged  $\geq 15$  years as there were few cancer cases at younger ages. Calculation of follow-up time began for all individuals at their index event, which was identified as occurring at 90 days before first MSP registration date or at an individual's first health service record in BC, whichever date was earliest. The 90 day window was selected to account for the mandatory 90-day waiting period required for starting MSP after arrival in BC. The follow-up period ended at first active TB diagnosis, end of MSP coverage, death or end of study period (December 31<sup>st</sup>, 2015), whichever date was earliest.

### Definitions of outcome and risk factor variables

The primary outcome measured was time to first active TB diagnosis. TB diagnosis was identified based on BCCDC TB Registry data, and included all TB sites (i.e., pulmonary and extra-pulmonary TB) that were either microbiologically or clinically confirmed. TB diagnosis was established in the BCCDC registry based on the Canadian TB Reporting System Guidelines (30).

The exposure of interest was incident cancer diagnosis occurring after study entry. Specific cancers were identified based on the site of primary malignancy, as reported in the BCCA Registry. Specific cancers identified for this analysis included: lung; breast; gastrointestinal (GI); hematologic cancers (lymphoma and leukemia); head and neck (HN); genitourinary (GU); gynecologic (GYN); prostate; sarcoma; skin (including melanoma and other skin cancers); neural; and other/unknown cancers.

TB incidence rate per 100,000 person-years (PYs) was calculated in people with and without a diagnosis of cancer. We identified the cancer risk start date as 90 days before the recorded cancer diagnosis date, and the cancer risk end date occurring 5 years after cancer diagnosis, at which time patients who were alive and without TB contributed time to the non-cancer group. If there were multiple overlapping cancer episodes of the same type, we tied these together and counted them as one episode only, with the first cancer diagnosis date identified as the start date of the episode. We also limited our analysis to incident cancers occurring after study entry (i.e. 2,014 people with prevalent cancers at the index date were excluded from analyses).

Other risk variables included sex, age (10-year age categories), time since arrival in BC (0-5 years and  $>5$  years), immigration classification (refugee, family or economic), high-risk medical co-morbidities, and TB incidence in country of origin (8). For the TB incidence in country of origin, we used country-level WHO TB incidence data at year of arrival to Canada from 1990-2012 (31). For years prior to 1990, we applied 1990 TB incidence rates.

For medical co-morbidities, we established diagnosis dates of the following conditions: HIV, dialysis dependent end stage kidney disease (ESKD), diabetes, and medical immune-suppression (including use of TNF-alpha inhibitors, high-dose steroids, high-risk DMARDS, or receipt of solid organ or bone marrow transplantation). We also identified if an individual was a known contact of a person diagnosed with active TB in BC. Disease registries were used as the gold standard for disease diagnoses, supplemented with data

1  
2  
3 from health administrative databases using validated algorithms (11). Detailed definitions and exposure  
4 risk periods for each comorbidity have been described previously (11,32).  
5

### 6 **Statistical analysis**

7 Analyses were conducted in R (version 3.6.0; The R Project for Statistical Computing) and SAS/STAT  
8 (V.9.4, SAS Institute, Cary, USA). This study received ethical approval from the University of BC Clinical  
9 Ethics Review Board (H16 -00625).  
10

11 We produced descriptive statistics for our study cohort at the time of cohort entry, defined by index date.  
12 Rates of active TB and median years from cancer diagnosis to active TB were calculated for each cancer  
13 subtype. Cancer diagnoses may occur with or after a diagnosis of active TB, and therefore, to understand  
14 the potential impact of LTBI screening and prevention amongst people with cancer, we plotted the time of  
15 active TB diagnoses against the time of cancer diagnoses for each cancer type. The proportion of active TB  
16 cases that were potentially preventable was then calculated as those occurring more than 6 months after  
17 cancer diagnosis. This time point was set to capture preventable TB cases amenable to LTBI testing and  
18 treatment at cancer diagnosis.  
19

20  
21 We used extended Cox regression to model the risk of active TB. We ran separate models based on site of  
22 primary malignancy. For sex-predominant cancers, we restricted models by sex (i.e. breast and gynecologic  
23 cancer models were restricted to females; the prostate cancer model was restricted to males). We included  
24 all identified risk variables in multivariable models, determined *a priori* based on clinical relevance.  
25 Schoenfeld residuals were used to test extended Cox model parameters.  
26

27 Model assumptions were tested through sensitivity analyses, including testing different age at risk for  
28 cancer thresholds and the time window for the cancer at-risk period. We examined whether radiotherapy  
29 during cancer treatment increased the risk of active TB, as this has previously been suspected to be a risk  
30 factor for active TB (33,34). As an additional sensitivity analysis, we assessed for impact of LTBI screening  
31 within our cohort. Furthermore, we conducted sensitivity analysis assessing active TB risk stratified by TB  
32 incidence of country of origin in foreign born individuals with cancer. Results of sensitivity analyses are  
33 reported in the Appendix. Incomplete data was identified as “missing data” in results.  
34  
35

### 36 **Patient and Public Involvement:**

37  
38 Patients or public were not involved in the methodology, conduct, analyses, or reporting of this research.  
39

## 40 **RESULTS**

### 41 **Population characteristics:**

42 Our study population included 1,000,764 individuals aged  $\geq 15$  years, with a mean of 13.4 person-years of  
43 total follow-up time per individual. Population characteristics are outlined in Table 1. Median age was 32.3  
44 years, 48.5% were male, and 58.0% migrated from countries with TB incidence  $>100$  per 100,000 persons.  
45 In terms of WHO regions, 54.8% of individuals migrated from Western Pacific, 14.5% from South East  
46 Asia, and 13.2% from Europe. A small proportion of individuals (0.6%) were contacts of people diagnosed  
47 with active TB at any time in BC.  
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**Table 1: Cohort characteristics at entry and co-morbidities over study follow-up (N=1,000,764)**

Cohort Characteristics	Without Cancer [n (%)]	Cancer ‡ [n (%)]	Total [n (%)]
<b>Age group at baseline (years)</b>			
15-24	311,087 (31.1%)	1,747 (0.2%)	312,834 (31.3%)
25-34	255,477 (25.5%)	4,431 (0.4%)	259,908 (26.0%)
35-44	214,955 (21.5%)	6,997 (0.7%)	221,952 (22.2%)
45-54	101,959 (10.2%)	5,402 (0.5%)	107,361 (10.7%)
55-64	50,987 (5.1%)	5,235 (0.5%)	56,222 (5.6%)
65-74	27,322 (2.7%)	4,148 (0.4%)	31,470 (3.1%)
75-84	8,051 (0.8%)	1,336 (0.1%)	9,387 (0.9%)
85-94	1,408 (0.1%)	148 (0.0%)	1,556 (0.2%)
≥95	70 (0.0%)	4 (0.0%)	74 (0.0%)
<b>Gender</b>			
Female	497,883 (49.8%)	17,418 (1.7%)	515,301 (51.5%)
Male	473,433 (47.3%)	12,030 (1.2%)	485,463 (48.5%)
<b>TB incidence by country of origin (per 100,000 population)</b>			
0-30	158,280 (15.8%)	5,425 (0.5%)	163,705 (16.4%)
31-100	250,830 (25.1%)	6,018 (0.6%)	256,848 (25.7%)
101-200	310,359 (31.0%)	10,474 (1.0%)	320,833 (32.1%)
>200	251,821 (25.2%)	7,531 (0.8%)	259,352 (25.9%)
<b>WHO Region</b>			
Western Pacific	532,415 (53.2%)	15,981 (1.6%)	548,396 (54.8%)
South-East Asia	141,507 (14.2%)	3,483 (0.4%)	144,990 (14.5%)
Europe	126,952 (12.7%)	5,054 (0.5%)	132,006 (13.2%)
Eastern Mediterranean	75,265 (7.5%)	1,674 (0.2%)	76,939 (7.7%)
Americas	67,583 (6.8%)	2,303 (0.2%)	69,886 (7.0%)
Africa	27,242 (2.7%)	935 (0.1%)	28,177 (2.8%)
<b>Immigration classification</b>			
Refugee	76,919 (7.7%)	2,039 (0.2%)	78,958 (7.9%)
Family	321,328 (32.1%)	14,759 (1.5%)	336,087 (33.6%)
Economic	573,069 (57.3%)	12,650 (1.3%)	585,719 (58.5%)
<b>Years in BC</b>			
0-5	800,518 (80.0%)	22,769 (2.3%)	823,287 (82.3%)
>5	170,798 (17.1%)	6,679 (0.7%)	177,477 (17.7%)
<b>Active TB contact</b>	5,676 (0.6%)	248 (0.0%)	5,924 (0.6%)
<b>Comorbidities†</b>			
HIV	1,460 (0.1%)	109 (0.0%)	1,569 (0.2%)

Dialysis dependent end-stage kidney disease	1,671 (0.2%)	255 (0.0%)	1,926 (0.2%)
Immune-suppression*	22,715 (2.3%)	2,914 (0.3%)	25,629 (2.6%)
Diabetes	98,519 (9.8%)	7,025 (0.7%)	105,544 (10.5%)
<b>Total</b>	<b>971,316 (97.1%)</b>	<b>29,448 (2.9%)</b>	<b>1,000,764 (100.0%)</b>

Missing data (country of origin, n=26, WHO region n = 370)

\* Immune-suppression= Includes treatment with immune-suppressing drugs (TNF $\alpha$  inhibitors, DMARDs, or high-dose steroids or post-transplant)

† Includes incident and prevalent cases

‡ Includes incident cases only

In the study population, 29,448 people (2.9%) were diagnosed with cancer (Table 2). The most frequently noted malignancies were breast (n = 5,918), gastrointestinal (n = 5,688), gynecologic (n = 4,450), lung (n = 2,421), lymphoma (n = 1,252), and leukemia (n = 1,139) cancers. Table 2 provides details on cancer types. In the entire study cohort, 2,585 people developed active TB, with 91 people (0.3%) diagnosed with active TB within 5 years of a cancer diagnosis. Unadjusted active TB rates were as follows: lung cancer (525.1 per 100,000 person-years (PY)), sarcoma (174.4 per 100,000 PY), lymphoma (268.2 per 100,000 PY), leukemia (284.9 per 100,000 PY), gastrointestinal (107.9 per 100,000 PY), and head/neck cancer (31.3 per 100,000 PY) (Table 2). Figure 1 shows a scatter plot with timing of TB diagnosis against timing of cancer diagnosis for each cancer type.

**Table 2: Incidence of active TB in patients newly diagnosed with cancer**

Cancer type ‡	n (%)	Median age at cancer diagnosis, years (Q1,Q3)	Median time from cancer to TB diagnosis, years (Q1,Q3)*	# active TB diagnoses		# active TB cases per 100,000 person-years at-risk†
				Up to 5 years after cancer diagnosis	From 6 months to 5 years after cancer diagnosis (“potentially preventable TB”)	
Lung	2,421 (0.2)	68 (57, 77)	0.4 (0.3, 0.7)	25	9	525.1
Sarcoma	725 (0.1)	47 (36, 58)	1.6 (0.7, 1.9)	5	<5	174.4
Leukemia	1,139 (0.1)	62 (47, 74)	1.2 (0.8, 1.9)	11	8	284.9
Lymphoma	1,252 (0.1)	58 (45, 71)	0.5 (0.3, 1.6)	12	6	268.2
Breast	5,918 (0.6)	51 (44, 61)	4.7 (1.7, 5.8)	6	5	23.3
Head and Neck	840 (0.1)	55 (45, 67)	5.3 (2.5, 11.3)	<5	<5	31.3
Gastro-Intestinal	5,688 (0.6)	65 (54, 75)	1.8 (1.1, 5.1)	17	14	107.9
Skin / Melanoma	1,196 (0.1)	56 (45, 71)	3.1 (1.7, 6)	<5	<5	39.1
Prostate	3,012 (0.3)	68 (61, 75)	5.5 (2.1, 8.1)	10	8	78.6



Gynecologic	4,450 (0.4)	43 (35, 54)	6.2 (3.5, 13.8)	<5	<5	10.6
Gastro-Urinary	1,742 (0.2)	63 (49, 75)	0.9 (0.9, 0.9)	<5	<5	15.5
Neural	457 (0.1)	55 (45, 71)	2.1 (2.1, 2.1)	<5	<5	94.5
Other/Unknown	1,890 (0.2)	53 (41, 69)	1.3 (0.4, 7.0)	<5	<5	48.6
Any cancer	29,448 (2.9)	57 (45, 70)	1.6 (0.4, 4.9)	91	60	83.3

\* Among people diagnosed with active TB on or after their cancer diagnosis date, up to 5 years after the cancer diagnosis date

† person-years at-risk includes up to 5 years after cancer diagnosis

‡ Includes incident cases only

Potentially preventable TB cases were identified as those occurring >6 months after the diagnosis of cancer, as these cases could be potentially amenable to LTBI screening and therapy at the time of cancer diagnosis. Amongst 2,421 people with lung cancer, 25 people (1.0%) were diagnosed with active TB within 5 years. Of these, 9 (42.9%) had active TB diagnosed >6 months after cancer diagnosis. Similarly, 8 (72.7%) with leukemia, 6 (50%) with lymphoma, and 14 (82.4%) with gastrointestinal cancers were diagnosed with active TB >6 months post cancer diagnosis (Table 2). Overall, 60 out of 91 (65.9%) diagnosed active TB cases were classified as potentially preventable.

Figure 2 shows results from multivariable Cox regression analyses by cancer type. People with lung cancer and sarcoma had the highest risk of active TB, with adjusted hazard ratios (aHR) of 11.2 (95%CI: 7.4,16.9) for lung, and 8.1 (95%CI: 3.3,19.5) for sarcoma. This was followed by leukemia (aHR 5.6 (95%CI: 3.1,10.2)), lymphoma (aHR 4.9 (95% CI: 2.7, 8.7)), and gastrointestinal cancers (aHR 2.7 (95%CI: 1.7,4.4)). The full multivariable Cox model for lung cancer is shown in Table 3.

**Table 3: TB risk in people diagnosed with lung cancer, univariable and multivariable hazard ratios**

	# TB cases per 100,000 person-years	Univariate HR (95% CI)	Multivariable HR (95% CI)
Cancer, lung			
Yes	525.1	25.2 (17.0, 37.6)	11.2 (7.4, 16.9)
No	22.4	1.0	1.0
Age group (years)			
15-24	16.5	1.0	1.0
25-34	19.4	1.4 (1.2, 1.6)	1.1 (1.0, 1.3)
35-44	17.0	1.2 (1.1, 1.4)	1.1 (1.0, 1.3)
45-54	15.5	1.3 (1.1, 1.5)	1.2 (1.0, 1.4)
55-64	25.3	2.1 (1.8, 2.5)	1.7 (1.4, 2.0)
65-74	51.5	4.2 (3.5, 4.9)	3.0 (2.5, 3.6)
75-84	88.7	7.7 (6.5, 9.1)	5.6 (4.6, 6.8)
85-94	109.1	10.1 (8.0, 12.8)	8.4 (6.5, 10.9)
≥95	91.2	9.0 (4.4, 18.2)	8.4 (4.1, 17.2)
Sex			

Male	24.3	1.1 (1.1, 1.2)	1.2 (1.1, 1.2)
Female	21.1	1.0	1.0
<b>TB incidence in country of origin</b>			
0-30	2.4	1.0	1.0
31-100	9.9	4.2 (3.0, 5.8)	4.2 (3.0, 5.9)
101-200	21.0	9.2 (6.6, 12.6)	9.4 (6.8, 12.9)
>200/ 100,000 population	45.2	19.7 (14.3, 27.1)	18.6 (13.5, 25.6)
<b>Immigration type</b>			
Refugee	29.8	2.1 (1.9, 2.4)	2.0 (1.7, 2.3)
Family	33.5	2.4 (2.2, 2.6)	1.2 (1.1, 1.4)
Economic	14.4	1.0	1.0
<b>Years in BC</b>			
0-5	29.8	1.4 (1.3, 1.7)	1.6 (1.4, 1.9)
>5	19.8	1.0	1.0
<b>Active TB contact</b>			
Yes	298.5	12.8 (9.0, 18.4)	9.0 (6.2, 12.9)
No	22.4	1.0	1.0
<b>HIV</b>			
Yes	442.8	21.3 (16.1, 28.2)	20.3 (15.1, 27.2)
No	22.2	1.0	1.0
<b>Dialysis dependent end stage kidney disease</b>			
Yes	553.6	27.1 (20.0, 36.8)	8.2 (5.9, 11.5)
No	22.3	1.0	1.0
<b>Immune-suppression*</b>			
Yes	253.5	12.5 (10.3, 15.3)	7.0 (5.6, 8.6)
No	21.8	1.0	1.0
<b>Diabetes</b>			
Yes	48.0	2.7 (2.4, 3.0)	1.3 (1.2, 1.5)
No	20.5	1.0	1.0

\*Includes treatment with immune-suppressing drugs (TNF-alpha inhibitors, DMARDs, or high-dose steroids), or post-transplant

## DISCUSSION

Our province-wide, retrospective cohort study demonstrates that migrants with cancer are at higher risk for active TB than migrants without cancer, with TB risk varying by tumour type. The highest risk of TB was observed among migrants with lung cancer, followed by sarcoma, leukemia, lymphoma, and gastrointestinal malignancies. Head and neck, neural, skin, prostate, and breast cancers all had an elevated point estimate for TB risk, however, the increase was not significant in multivariable analysis. Notably, the majority of active TB cases were clustered immediately before or after cancer diagnosis, but an appreciable number of people developed TB more than 6 months post-cancer diagnosis. This represents a population of people with potentially preventable TB.

To our knowledge, our study is the first to provide risk estimates for TB due to various cancer types in a cohort of migrants within a low incidence region. As latent TB screening of all immigrants has previously been shown to be economically challenging, understanding the selective impact of various malignancies becomes crucial to help clinicians identify migrants at highest risk of active TB. Significant strengths of our study include large population cohort, risk estimates adjusted for other commonly recognized TB risk factors, stratification of TB risk by cancer type, and long follow up time. Given the wide capture of immigrant population over a 19 year follow up period, we believe that our results may be applicable at other low incidence areas including other Canadian provinces, and regions within United States.

The elevated TB risk observed in immigrants with lung and hematologic cancers are in concordance with those noted in the non-immigrant populace as reported by Cheng et. al 2016 and Simonsen et. al. 2017, with some variations which may reflect differences in study populations and cancer treatments amongst different regions (10,34). The mechanism through which malignancies increases TB risk is speculated to be multifactorial, including immunosuppression by both local and systemic effects. For lung cancer, mass effect and inflammation may disrupt local barriers to infection, increasing TB risk (34). Furthermore, infiltration of dormant TB granulomas by local tumour peptides in lung cancer may further increase re-activation risk (35). Importantly, our observed TB risk amongst lung cancer may be influenced by shared lifestyle variables, including smoking and alcohol use, which were not accounted for in our study (36–38). For hematologic malignancies, immunosuppression may be due to multiple factors including bone marrow infiltration, impaired T cell mediated immunity, and superimposed chemotherapy (39–41). Although we were unable to account for chemotherapy regimens, we found no significant impact of radiotherapy on active TB risk (Appendix Table A1).

Importantly, in contrast to previously assessed TB risk estimates within the general population, we found that head/neck cancer within the immigrant population resulted in a non-statistically significant elevated TB risk. The low incidence of head and neck cancer within our cohort resulted in wide confidence intervals. We suspect that our observed lower TB risk amongst head/neck malignancies may reflect evolution in treatment and care of head/neck cancer which may secondarily lower TB risk by reducing systemic immunosuppression and malnutrition. This includes transition to directed beam therapy, improved nutritional supplementation, and closer surveillance (42). This is consistent with the systematic review conducted by Cheng et. al. 2016, which described a decrease in TB incidence amongst head and neck cancers after 1980 compared to pre 1980 period. In addition to changes in treatments, they speculated that decreased TB incidence may also reflect changes in the underlying etiology of head/neck cancers, from non-HPV associated Head and Neck cancer, which are typically related to heavy smoking and alcohol use, to HPV related Head and Neck malignancies (10,42).

Furthermore, to our knowledge, this study is the first to show increased adjusted TB risk in individuals with sarcomas. The link between sarcoma and TB has been described in rare case reports, and remains poorly understood (43,44). While our risk estimates account for concurrent immunosuppression in sarcoma patients, namely HIV and post-transplant state, we were unable to adjust for chemotherapy which may

1  
2  
3 result in the observed elevated risk of active TB amongst individuals with sarcoma. Additionally, similar  
4 to head/neck cancers, the low incidence of sarcoma within our cohort accounts for the wide confidence  
5 intervals observed. Literature also remains sparse on the association of gastrointestinal malignancies and  
6 TB. While other authors have shown increased risk of TB with aerodigestive cancers(34,45), our study  
7 shows an elevated active TB risk amongst gastrointestinal malignancies independent from lung and  
8 head/neck cancers. It is speculated that concurrent comorbidities including significant weight loss and  
9 malnutrition may result in increased susceptibility to TB reactivation amongst GI cancers (43,46).

11 The clustering of active TB around time of cancer diagnoses as noted in Figure 1, may point to higher  
12 susceptibility to TB amongst cancer patients, either by primary acquisition or latent TB re-activation. As  
13 mentioned, early identification and treatment of LTBI in high risk cancer patients is crucial to prevent active  
14 TB and the possibility of ongoing transmission, most importantly in oncology clinics and inpatient services  
15 (47). We observed that amongst cancers noted to increase active TB risk, including sarcoma, leukemia,  
16 lymphoma, gastrointestinal malignancies, an appreciable proportion of migrants were diagnosed with active  
17 TB greater than six months post cancer diagnosis. These people represent potentially preventable TB as  
18 they could benefit from LTBI screening and treatment at the time of cancer diagnosis. In contrast to other  
19 malignancies, a lower proportion (approximately 1/3<sup>rd</sup>) of active TB in immigrants with lung cancer was  
20 diagnosed greater than six months post-cancer diagnosis. This phenomenon has been described by other  
21 authors and may be explained by the similar care pathways; TB can often produce masses or nodules which  
22 can imitate neoplasms in the lung, and therefore, similar imaging and diagnostic strategies involved for  
23 work-up of both entities may explain this close association of lung cancer with TB (43,48–50). At present,  
24 in BC, province-wide screening and treatment for LTBI in cancer patients is not routine. Our data provide  
25 strong support for LTBI testing amongst migrants with sarcoma, leukemia, lymphoma, lung, and  
26 gastrointestinal cancers.

### 27 28 29 30 **Limitations**

31 Our study has several limitations. First, we did not have access to smoking history, alcohol use and specific  
32 chemotherapeutic regimens, all of which increase active TB risk (34,36–38). Certainly, the lack of smoking  
33 history likely confounds the relationship between smoking-related malignancies (i.e. head/neck, lung  
34 cancer) and active TB risk. In a systematic review of smoking and TB risk, active smokers had a pooled  
35 risk estimate of 2.66 (95%CI: 2.15-3.28) for TB disease compared with non-smokers; this falls below the  
36 lower bounds of our 95%CI on multivariate analysis for lung cancer(51). Therefore, smoking alone is  
37 unlikely to be the sole driver of TB risk in people with lung cancer.

38  
39 Second, we were unable to account for contact to TB outside of BC, however, we expect these numbers to  
40 be low, given the overall low TB incidence rate in Canada. Third, the high rate of active TB in cancer  
41 patients noted in our study may reflect the high level of care which cancer patients require. While frequent  
42 follow ups for cancer patients may lead to earlier diagnosis of Tuberculosis by clinicians, the frequent  
43 visits to different health care by cancer patients may result in varied exposure to Tuberculosis based on  
44 specific hospitals and local city prevalence. However, we do believe that endemic spread is uncommon in  
45 BC, as shown by prior genomic epidemiology studies (52). Lastly, while our study population is large, the  
46 overall low number of active TB results in limited statistical power of our analyses.

47  
48 Importantly, we conducted sensitivity analysis to account for individuals screened for LTBI and this did  
49 not reveal any significant differences in our observed risk estimates (Appendix Table A2). Further  
50 sensitivity analysis examining for effect modification by TB incidence in country of birth was performed  
51 (Appendix Table A3). The relationship between cancer subtype and TB risk varied between low and high  
52 incidence regions, but the overlap in confidence intervals makes the data difficult to interpret further.  
53 Despite our stated limitations in understanding the causal role of malignancy in TB risk, we do note that  
54 people with certain malignancies have high rates of active TB, and may potentially benefit from LTBI  
55 screening and treatment, regardless of the underlying causal pathway.

## CONCLUSION

In people that migrate to BC, specific cancers increase active TB risk, with highest risk noted in lung, sarcoma, leukemia, lymphoma, and gastrointestinal malignancies. An appreciable number of active TB cases are diagnosed more than six months after cancer diagnoses and may be potentially preventable with vigilant LTBI screening and therapy. While current Canadian TB guidelines recommend LTBI screening in migrants with hematologic or head/neck cancer, our data provide evidence of the preventable burden of active TB in migrants with other malignancies who could be considered for LTBI screening and therapy.

**Notes:** The corresponding author (Dr. J. Johnston) has full access to all data in the study and takes responsibility for the integrity of the data and accuracy of analysis.

### Author contributions:

All authors contributed equally to study conception, manuscript drafting and critical review, data analyses, and provided final approval of the manuscript. JCJ and VJC were involved in study design, funding acquisition, statistical analysis, critical revision, and supervision of the project. DSK, LR, KR, HPS, CR participated in manuscript drafting, statistical analysis, critical revision, and data interpretation.

**Conflicts of Interest Disclosure:** None reported

**Disclaimer:** All inferences, opinions, and conclusions drawn in this study are those of the authors, and do not reflect the opinions or policies of the Data Steward(s)

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**Approval:** This study received ethical approval from the University of BC Clinical Ethics Review Board (H16 -00625).

**Previous presentation:** Preliminary findings from this study were presented as a podium presentation at the 49<sup>th</sup> Union World conference on Lung Health, October 24-27<sup>th</sup>, 2018 at The Hague, Netherlands.

**Data sharing:** Data were extracted as deidentified datasets from several linked health administrative databases, including a national immigration database (Population Data BC and IRCC), a provincial health insurance registry, hospitalization, physician billing, outpatient pharmacy, vital statistics, HIV, and End-Stage Renal Disease (ESRD) registries. Additional data was extracted from the BC Provincial TB and BC Cancer Agency registries. Data are not publicly available. Data may be obtained upon authorized request to the respective data stewards as detailed in the study protocol.

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#### FIGURE LEGENDS:

##### **Figure 1 Legend:**

**GI:** Gastro-Intestinal; **HN:** Head and Neck; **GYN:** Gynecological; **GU:** Genito-Urinary; **Oth/Unk:** other and unknown;  
 ◦ Active TB diagnosis

**Figure 2 Legend:**

**Hazard Ratios adjusted for\*:** age at follow up (age at which TB acquired), sex, time since arrival in BC (0-5 yrs and >5 yrs), immigration classification type (refugee, family or economic), high risk medical comorbidities (HIV, Dialysis dependent end stage kidney disease, Immune Suppression, Diabetes), and TB incidence by country of origin.

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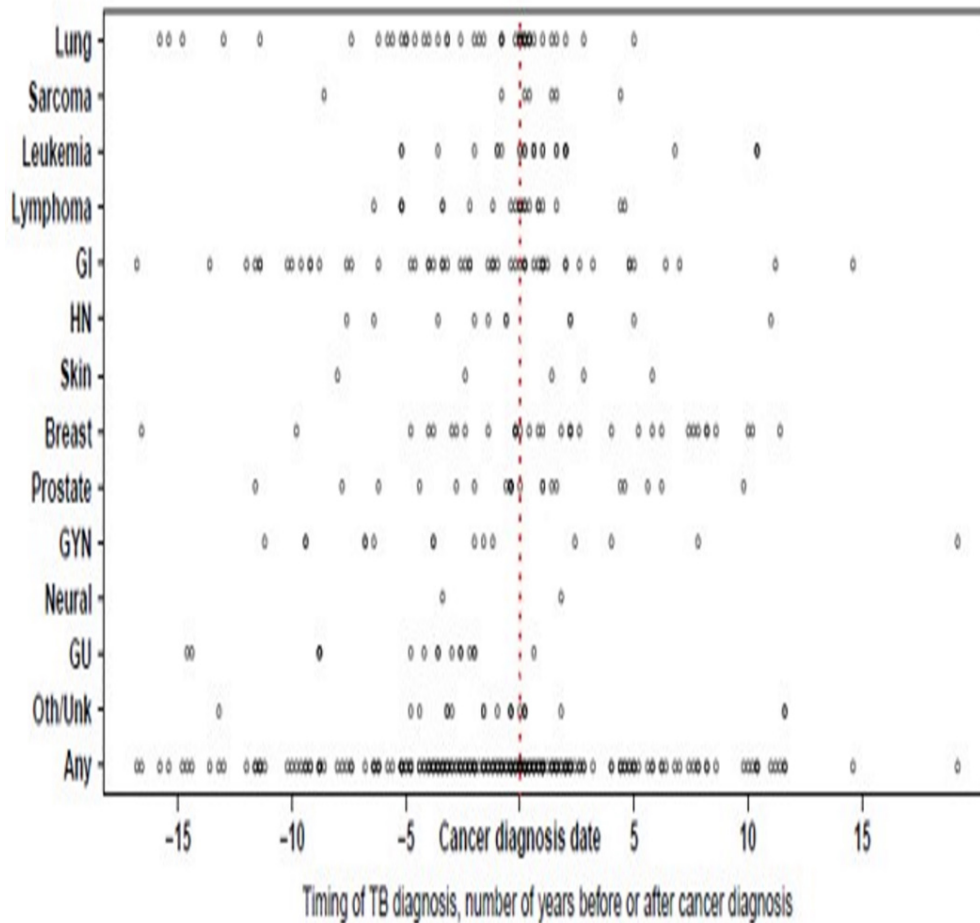
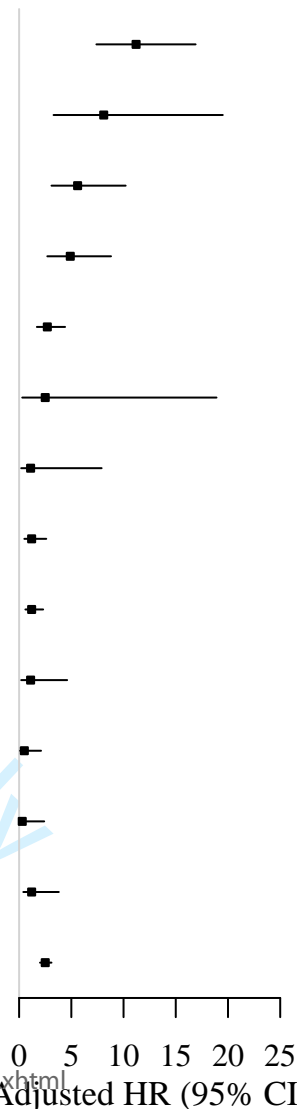


Figure 1: Timing of active TB diagnoses, number of years before and after cancer diagnoses

90x90mm (300 x 300 DPI)

BMJ Open  
**Active TB**                      **Active TB**

<b>Cancer</b>	<b>(cancer)</b>	<b>(without cancer)</b>	<b>HR (95% CI)</b>
1 Lung	25	2560	11.2 (7.4, 16.9)
2 Sarcoma	5	2580	8.1 (3.3, 19.5)
3 Leukemia	11	2574	5.6 (3.1, 10.2)
4 Lymphoma	12	2573	4.9 (2.7, 8.7)
5 GI	17	2568	2.7 (1.7, 4.4)
6 Neural	<5	2584	2.5 (0.3, 18.7)
7 HN	<5	2582	1.1 (0.2, 7.9)
8 Breast	6	1258	1.2 (0.5, 2.6)
9 Prostate	10	1310	1.2 (0.6, 2.2)
10 Skin	<5	2583	1.1 (0.2, 4.6)
11 GYN	<5	1262	0.5 (0.1, 2.1)
12 GU	<5	2584	0.3 (0.0, 2.4)
13 Other	<5	2584	1.2 (0.4, 3.8)
14 Any	91	2484	2.5 (2.0, 3.1)



## APPENDIX

Table A1: Total BCCA Registry cancer episodes identified as having radiation (n=1078)\*†‡§

BCCA Cancer type	Total episodes	% with radiation therapy†
Breast	5630	1.0
GI	5375	1.3
GU/GYN	5928	3.6
Head and Neck	1834	31.5
Hematological	2578	1.4
Lung	2297	3.1
Prostate	2824	6.0
Other/Unknown	3577	1.8
Total	30043	3.6

\*Of all primary cancers reported to BC Cancer Registry between 1985-2012

†Radiation defined as occurring any time 1 year before cancer registry date or anytime after

‡ There were no cases of active TB diagnosed in people with cancer and radiation therapy

§ Codes used to identify inpatient radiation therapy:

System	Code	Code description
ICD9	V580	Encounter for radiotherapy
ICD10	Z510	Encounter for anti-neoplastic radiation therapy
CCP	06.21	Radioisotopic teleradiotherapy
	06.34	Implantation or insertion of radioactive elements
	06.35	Injection or installation of radioisotopes
	06.39	Other radiotherapeutic procedure
CCI	1.FU.59.CA-V1	Destruction, thyroid gland, using oral approach radioactive pharma agent
	1.FU.59.HA-V1	Destruction, thyroid gland, using percutaneous approach radioactive pharma agent
	1.FU.59.DA-AW	Destruction, liver, endoscopic approach using radiofrequency
	1.ZZ.35.HA-V1	Pharmacotherapy, total body, percutaneous approach, using radioactive pharma agent
	x.xx.26	Brachytherapy, on any section of body
	x.xx.27	Radiation, on any section of body

Sources: "Concept: Overview of the Manitoba Cancer Registry and Treatment Data"; CCI to CCP crosswalk; CCP manual; CCI manual

Table A2: Sensitivity analysis, testing models with different population inclusion criteria

Model #	Model description	# people deleted (w/ prevalent cancers)	# people included in analysis	# TB cases included in analysis	Adj HR, Lung cancer
1	Age 15+	2,014	1,000,764	2,585	11.2 (7.4-16.9)
2	Age 30+	2,558	800,489	2,071	11.2 (7.4-16.9)
3	All ages	1,961	1,046,759	2,634	11.5 (7.6-17.4)
4	Age 15+, excluding LTBI	2,010	995,828	2,575	11.4 (7.5-17.1)

Table A3: Active TB risk stratified by TB incidence of country of origin in foreign born individuals with cancer

Cancer Type	TB Incidence 0 -100 HR (95% CI)	TB Incidence > 100 HR (95% CI)	All Regions HR (95% CI)
Lung	3.1 (0.4, 23.2)	12.4 (8.1, 18.8)	11.2 (7.4, 16.9)
Gastrointestinal	3.8 (1.2, 12.4)	2.5 (1.5, 4.3)	2.7 (1.7, 4.4)
Leukemia	3.9 (0.5, 29.3)	5.9 (3.1, 11.0)	5.6 (3.1, 10.2)
Lymphoma	6.5 (1.5, 27.9)	4.7 (2.5, 8.8)	4.9 (2.7, 8.8)
Head and Neck	NA	1.2 (0.2, 8.8)	1.1 (0.2, 7.9)
GU	NA	0.4 (0.1, 2.8)	0.3 (0.0, 2.4)
Other	NA	1.3 (0.4, 4.1)	1.2 (0.4, 3.8)
Sarcoma	15.3 (2.1, 109.3)	7.2 (2.7, 19.3)	8.1 (3.3, 19.5)
Skin	NA	1.4 (0.3, 6.0)	1.1 (0.2, 4.6)
Neural	NA	2.9 (0.4, 22.1)	2.5 (0.3, 18.9)
Breast	NA	1.4 (0.6, 3.1)	1.2 (0.5, 2.6)
Gyn	4.2 (1.0, 17.1)	NA	0.5 (0.1, 2.1)
Prostate	2.9 (0.7, 11.7)	1.1 (0.5, 2.1)	1.2 (0.6, 2.3)
Any Cancer	2.7 (1.5, 4.9)	2.4 (1.9, 3.1)	2.5 (2.0, 3.1)

Other: other/unknown cancer type

NA: Not applicable as 0 ATB cases recorded.

**STROBE 2007 (v4) checklist of items to be included in reports of observational studies in epidemiology\***  
**Checklist for cohort, case-control, and cross-sectional studies (combined)**

Section/Topic	Item #	Recommendation	Reported on page #
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract	1, 2
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	2
<b>Introduction</b>			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	3
Objectives	3	State specific objectives, including any pre-specified hypotheses	3
<b>Methods</b>			
Study design	4	Present key elements of study design early in the paper	3, 4
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	3, 4
Participants	6	<b>(a) Cohort study</b> —Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up <i>Case-control study</i> —Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls <i>Cross-sectional study</i> —Give the eligibility criteria, and the sources and methods of selection of participants	a) 4
		<b>(b) Cohort study</b> —For matched studies, give matching criteria and number of exposed and unexposed <i>Case-control study</i> —For matched studies, give matching criteria and the number of controls per case	4
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	4
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	3, Reference 1
Bias	9	Describe any efforts to address potential sources of bias	5
Study size	10	Explain how the study size was arrived at	4
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	5
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	5
		(b) Describe any methods used to examine subgroups and interactions	5
		(c) Explain how missing data were addressed	5
		(d) <i>Cohort study</i> —If applicable, explain how loss to follow-up was addressed <i>Case-control study</i> —If applicable, explain how matching of cases and controls was addressed	5

		<i>Cross-sectional study</i> —If applicable, describe analytical methods taking account of sampling strategy	
		(e) Describe any sensitivity analyses	5
<b>Results</b>			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	5, 6
		(b) Give reasons for non-participation at each stage	Not applicable
		(c) Consider use of a flow diagram	
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	5, 6
		(b) Indicate number of participants with missing data for each variable of interest	6
		(c) <i>Cohort study</i> —Summarise follow-up time (eg, average and total amount)	5
Outcome data	15*	<i>Cohort study</i> —Report numbers of outcome events or summary measures over time	7, 8
		<i>Case-control study</i> —Report numbers in each exposure category, or summary measures of exposure	Not applicable
		<i>Cross-sectional study</i> —Report numbers of outcome events or summary measures	Not applicable
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	7, 8
		(b) Report category boundaries when continuous variables were categorized	
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	8
<b>Discussion</b>			
Key results	18	Summarise key results with reference to study objectives	9, 10
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	11
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	9, 10
Generalisability	21	Discuss the generalisability (external validity) of the study results	9
<b>Other information</b>			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	11

\*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at [www.strobe-statement.org](http://www.strobe-statement.org).



# BMJ Open

## Risk of active tuberculosis in migrants diagnosed with cancer: a retrospective cohort study in British Columbia, Canada

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## Risk of active tuberculosis in migrants diagnosed with cancer: a retrospective cohort study in British Columbia, Canada

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## ABSTRACT

**Objectives:** To describe the association between types of cancer and active TB risk in migrants. Additionally, in order to better inform Latent TB infection (LTBI) screening protocols, we assessed proportion of active TB cases potentially preventable through LTBI screening and treatment in migrants with cancer.

**Design:** Population based, retrospective cohort study

**Setting:** British Columbia (BC), Canada

**Participants:** 1,000,764 individuals who immigrated to Canada from 1985 to 2012 and established residency in BC at any point up to 2015.

**Primary and secondary outcome measures:** Using linked health administrative databases and disease registries, data on demographics, comorbidities, cancer type, TB exposure and active TB diagnosis were extracted. Primary outcomes included: time to first active TB diagnoses, and risks of active TB following cancer diagnoses which were estimated using Cox extended hazard regression models. Potentially preventable TB was defined as active TB diagnosed greater than 6 months post cancer diagnoses.

**Results:** Active TB risk was increased in migrants with cancer [(HR (95% CI))= 2.5 (2.0, 3.1)], after adjustment for age, sex, TB incidence in country of origin, immigration classification, contact status, and comorbidities. Highest risk was observed with lung cancer [HR=11.2 (7.4, 16.9)] and sarcoma [HR=8.1 (3.3, 19.5)], followed by leukemia [HR=5.6 (3.1, 10.2)], lymphoma [HR=4.9 (2.7, 8.7)], and gastrointestinal cancers [HR=2.7 (1.7, 4.4)]. The majority (65.9%) of active TB cases were diagnosed greater than 6 months post cancer diagnosis.

**Conclusion:** Specific cancers increase active TB risk to varying degrees in the migrant population of BC, with approximately two-thirds of active TB cases identified as potentially preventable.

### **Strengths and Limitations of study:**

- Our study included a large cohort with >1 million people over 19 year period
- First study to assess risk of active TB amongst different malignancies in an immigrant population, and include other common malignancies such as prostate, breast, and gastrointestinal cancers.
- Risk of active TB amongst different malignancies were adjusted for other commonly recognized TB risk factors
- Unable to account for impact of smoking, alcohol use, and chemotherapy
- Unable to account for TB contact outside of British Columbia.

**Original study protocol:** Refer to Ronald et al. 2016

**External funding:** This work was supported by the Michael Smith Foundation for Health Research and the Canadian Institutes for Health Research [Grant: 377364].

**Keywords:** Tuberculosis, Cancer, Malignancy, Prevention, Immigrant

## INTRODUCTION

Tuberculosis (TB) remains the top single infectious disease cause of death worldwide, with an estimated 10 million cases and 1.4 million deaths in 2018 (1). Recognizing this, the World Health Organization (WHO) created the EndTB Strategy with a vision of global TB elimination (2). A core part of the EndTB strategy is identification and treatment of latent tuberculosis infection (LTBI) in regions with low TB incidence (2–5). In many low incidence regions, such as Canada, efforts to meet EndTB elimination goals have been hindered by high TB rates in specific populations (5–7). People that migrate to Canada, in particular, experience rates of TB over 20 times greater than the Canadian-born non-Indigenous population (2,8). There are also clear links between certain comorbidities and TB risk (8). New strategies to identify and treat people at highest risk for TB are required to accelerate TB elimination in Canada.

The association between cancer and TB risk is increasingly recognized in peer-reviewed literature and national TB guidelines. At present, Canadian and American guidelines recognize hematologic and head/neck malignancies as risk factors for TB (8,9), and a recent systematic review and meta-analysis conducted by Cheng *et al.* identified up to a nine-fold increased risk of TB amongst patients with hematologic, head and neck, and lung cancers (10). In migrant populations, the risk of active TB associated with different malignancies has not been well studied and may represent an additive risk. Furthermore, literature is limited on TB risk in people with many common malignancies such as gastrointestinal, breast, prostate and gynecologic cancers.

In this study, we used linked health administrative data on migrants to the province of British Columbia (BC), Canada to describe the association between different malignancies and active TB risk within foreign born individuals. Furthermore, we aimed to assess the proportion of immigrants with cancer in whom active TB was potentially preventable through LTBI screening and treatment.

## METHODOLOGY

### **Study Setting and Data Sources**

This study is part of a larger project (11) that describes TB epidemiology in people that migrate to BC, a Canadian province with a population of 5.0 million people and TB incidence of 4.7 per 100,000 persons (12,13). In 2016, approximately 22% of the population of BC, and 85% of people diagnosed with active TB, were born outside of Canada (14).

Descriptions of the databases, linkages, and methods to identify the cohort have been described in detail in previous publication (11). Briefly, data were extracted from several linked health administrative databases, including a national immigration database, a provincial health insurance registry, hospitalization, physician billing, outpatient pharmacy, vital statistics, HIV, and End-Stage Renal Disease (ESRD) registries (15–27). Extracted data were provided as de-identifiable datasets linked using unique scrambled identification numbers. Full details on this linkage are described in a protocol publication (11).

TB diagnosis and treatment data were obtained from the BC Provincial TB Registry, housed at the BC Centre for Disease Control (BCCDC). The BCCDC is responsible for treatment of all people with active TB and LTBI in the province, and maintains a provincial TB registry that includes data on all people with a history of TB contact, LTBI and active TB diagnosis, and treatment (25). Data on cancer diagnosis were obtained from the BC Cancer Agency (BCCA) registry. The BCCA is a government organization that provides comprehensive cancer care to the people of BC in partnership with regional health authorities. The BCCA registry houses data on all primary cancers diagnosed in BC, with diagnoses confirmed based on pathology, cytology, lab results, cancer centre admissions, and death certificates (26).

### Study population and follow-up

Our source population included all foreign-born individuals that obtained permanent residency in Canada between January 1, 1985 and December 31, 2012 and established residency in BC at any point until December 31, 2015. BC residents were identified when they registered in the provincial Medical Services Plan (MSP), a universal health insurance program administered by the BC government. Depending on a household's income, MSP coverage may be free, or may require monthly premiums. Thus, we believe that MSP coverage may be a surrogate marker of residency status in BC (28,29). Individuals who did not acquire an MSP number (e.g. temporary visitors, students, short-term workers or undocumented residents of BC) were not included in the cohort.

We limited the cohort to 1996 onward when community pharmacy data became available. Furthermore, we limited the analysis cohort to individuals aged  $\geq 15$  years as there were few cancer cases at younger ages. Calculation of follow-up time began for all individuals at their index event, which was identified as occurring at 90 days before first MSP registration date or at an individual's first health service record in BC, whichever date was earliest. The 90 day window was selected to account for the mandatory 90-day waiting period required for starting MSP after arrival in BC. The follow-up period ended at first active TB diagnosis, end of MSP coverage, death or end of study period (December 31<sup>st</sup>, 2015), whichever date was earliest.

### Definitions of outcome and risk factor variables

The primary outcome measured was time to first active TB diagnosis. TB diagnosis was identified based on BCCDC TB Registry data, and included all TB sites (i.e., pulmonary and extra-pulmonary TB) that were either microbiologically or clinically confirmed. TB diagnosis was established in the BCCDC registry based on the Canadian TB Reporting System Guidelines (30).

The exposure of interest was incident cancer diagnosis occurring after study entry. Cancers were identified based on the site of primary malignancy, as reported in the BCCA Registry. This dataset encompassed cancer diagnoses between Jan 1<sup>st</sup>, 1985 to Dec 31<sup>st</sup>, 2014. Specific cancers identified for this analysis included: lung; breast; gastrointestinal (GI); hematologic cancers (lymphoma and leukemia); head and neck (HN); genitourinary (GU); gynecologic (GYN); prostate; sarcoma; skin (including melanoma and other skin cancers); neural; and other/unknown cancers. For HN cancers, thyroid malignancies were excluded due to significant differences in prognosis and management compared to other HN malignancies.

TB incidence rate per 100,000 person-years (PYs) was calculated in people with and without a diagnosis of cancer. We identified the cancer risk start date as 90 days before the recorded cancer diagnosis date, and the cancer risk end date occurring 5 years after cancer diagnosis, at which time patients who were alive and without TB contributed time to the non-cancer group. If there were multiple overlapping cancer episodes of the same type, we tied these together and counted them as one episode only, with the first cancer diagnosis date identified as the start date of the episode. We also limited our analysis to incident cancers occurring after study entry (i.e. 2,014 people with prevalent cancers at the index date were excluded from analyses).

Other risk variables included sex, age (10-year age categories), time since arrival in BC (0-5 years and >5 years), immigration classification (refugee, family or economic), high-risk medical co-morbidities, and TB incidence in country of origin (8). For the TB incidence in country of origin, we used country-level WHO TB incidence data at year of arrival to Canada from 1990-2012 (31). For years prior to 1990, we applied 1990 TB incidence rates.

For medical co-morbidities, we established diagnosis dates of the following conditions: HIV, dialysis dependent end stage kidney disease (ESKD), diabetes, and medical immune-suppression (including use of TNF-alpha inhibitors, high-dose steroids, high-risk DMARDS, or receipt of solid organ or bone marrow

transplantation). We also identified if an individual was a known contact of a person diagnosed with active TB in BC. Disease registries were used as the gold standard for disease diagnoses, supplemented with data from health administrative databases using validated algorithms (11). Detailed definitions and exposure risk periods for each comorbidity have been described previously (11,32).

### Statistical analysis

Analyses were conducted in R (version 3.6.0; The R Project for Statistical Computing) and SAS/STAT (V.9.4, SAS Institute, Cary, USA). This study received ethical approval from the University of BC Clinical Ethics Review Board (H16 -00625).

We produced descriptive statistics for our study cohort at the time of cohort entry, defined by index date. Rates of active TB and median years from cancer diagnosis to active TB were calculated for each cancer subtype. Cancer diagnoses may occur with or after a diagnosis of active TB, and therefore, to understand the potential impact of LTBI screening and prevention amongst people with cancer, we plotted the time of active TB diagnoses against the time of cancer diagnoses for each cancer type. The proportion of active TB cases that were potentially preventable was then calculated as those occurring more than 6 months after cancer diagnosis. This time point was set to capture preventable TB cases amenable to LTBI testing and treatment at cancer diagnosis.

We used extended Cox regression to model the risk of active TB. We ran separate models based on site of primary malignancy. For sex-predominant cancers, we restricted models by sex (i.e. breast and gynecologic cancer models were restricted to females; the prostate cancer model was restricted to males). We included all identified risk variables in multivariable models, determined *a priori* based on clinical relevance. Schoenfeld residuals were used to test extended Cox model parameters.

Model assumptions were tested through sensitivity analyses, including testing different age at risk for cancer thresholds and the time window for the cancer at-risk period. We examined whether radiotherapy during cancer treatment increased the risk of active TB, as this has previously been suspected to be a risk factor for active TB (33,34). As an additional sensitivity analysis, we assessed for impact of LTBI screening within our cohort. Furthermore, we conducted sensitivity analysis assessing active TB risk stratified by TB incidence of country of origin in foreign born individuals with cancer. Lastly, we provided breakdown of pulmonary/mix TB and extrapulmonary TB amongst immigrants diagnosed with cancer. Results of sensitivity analyses are reported in the Appendix. Incomplete data was identified as “missing data” in results.

### Patient and Public Involvement:

Patients or public were not involved in the methodology, conduct, analyses, or reporting of this research.

## RESULTS

### Population characteristics:

Our study population included 1,000,764 individuals aged  $\geq 15$  years, with a mean of 13.4 person-years of total follow-up time per individual. Population characteristics are outlined in Table 1. Median age was 32.3 years, 48.5% were male, and 58.0% migrated from countries with TB incidence  $>100$  per 100,000 persons. In terms of WHO regions, 54.8% of individuals migrated from Western Pacific, 14.5% from South East Asia, and 13.2% from Europe. A small proportion of individuals (0.6%) were contacts of people diagnosed with active TB at any time in BC.

**Table 1: Cohort characteristics at entry and co-morbidities over study follow-up (N=1,000,764)**

<b>Cohort Characteristics</b>	<b>Without Cancer [N (%)]</b>	<b>Cancer ‡ [N (%)]</b>	<b>Total [N (%)]</b>
<b>Age group at baseline (years)</b>			
15-24	311,087 (32.0%)	1,747 (5.9%)	312,834 (31.3%)
25-34	255,477 (26.3%)	4,431 (15.0%)	259,908 (26.0%)
35-44	214,955 (22.1%)	6,997 (23.8%)	221,952 (22.2%)
45-54	101,959 (10.5%)	5,402 (18.3%)	107,361 (10.7%)
55-64	50,987 (5.2%)	5,235 (17.8%)	56,222 (5.6%)
65-74	27,322 (2.8%)	4,148 (14.1%)	31,470 (3.1%)
75-84	8,051 (0.8%)	1,336 (4.5%)	9,387 (0.9%)
85-94	1,408 (0.1%)	148 (0.5%)	1,556 (0.2%)
≥95	70 (0.0%)	4 (0.0%)	74 (0.0%)
<b>Gender</b>			
Female	497,883 (51.3%)	17,418 (59.1%)	515,301 (51.5%)
Male	473,433 (48.7%)	12,030 (40.9%)	485,463 (48.5%)
<b>TB incidence by country of origin (per 100,000 population)</b>			
0-30	158,280 (16.3%)	5,425 (18.4%)	163,705 (16.4%)
31-100	250,830 (25.8%)	6,018 (20.4%)	256,848 (25.7%)
101-200	310,359 (32.0%)	10,474 (35.6%)	320,833 (32.1%)
>200	251,821 (25.9%)	7,531 (25.6%)	259,352 (25.9%)
<b>WHO Region</b>			
Western Pacific	532,415 (54.8%)	15,981 (54.3%)	548,396 (54.8%)
South-East Asia	141,507 (14.6%)	3,483 (11.8%)	144,990 (14.5%)
Europe	126,952 (13.1%)	5,054 (17.2%)	132,006 (13.2%)
Eastern Mediterranean	75,265 (7.7%)	1,674 (5.7%)	76,939 (7.7%)
Americas	67,583 (7.0%)	2,303 (7.8%)	69,886 (7.0%)
Africa	27,242 (2.8%)	935 (3.2%)	28,177 (2.8%)
<b>Immigration classification</b>			
Refugee	76,919 (7.9%)	2,039 (6.9%)	78,958 (7.9%)
Family	321,328 (33.1%)	14,759 (50.1%)	336,087 (33.6%)
Economic	573,069 (59.0%)	12,650 (43.0%)	585,719 (58.5%)
<b>Years in BC</b>			
0-5	800,518 (82.4%)	22,769 (77.3%)	823,287 (82.3%)
>5	170,798 (17.6%)	6,679 (22.7%)	177,477 (17.7%)
<b>Active TB contact</b>	5,676 (0.6%)	248 (0.8%)	5,924 (0.6%)
<b>Comorbidities†</b>			



HIV	1,460 (0.2%)	109 (0.4%)	1,569 (0.2%)
Dialysis dependent end-stage kidney disease	1,671 (0.2%)	255 (0.9%)	1,926 (0.2%)
Immune-suppression*	22,715 (2.3%)	2,914 (9.9%)	25,629 (2.6%)
Diabetes	98,519 (10.1%)	7,025 (23.9%)	105,544 (10.5%)
<b>Total</b>	<b>971,316 (100.0%)</b>	<b>29,448 (100.0%)</b>	<b>1,000,764 (100.0%)</b>

Missing data (country of origin, n=26, WHO region n = 370)

\* Immune-suppression= Includes treatment with immune-suppressing drugs (TNF $\alpha$  inhibitors, DMARDs, or high-dose steroids or post-transplant)

†Includes incident and prevalent cases

‡ Includes incident cases only

In the study population, 29,448 people (2.9%) were diagnosed with cancer (Table 2). The most frequently noted malignancies were breast (n = 5,918), gastrointestinal (n = 5,688), gynecologic (n = 4,450), lung (n = 2,421), lymphoma (n = 1,252), and leukemia (n = 1,139) cancers. Table 2 provides details on cancer types. In the entire study cohort, 2,585 people developed active TB, with 91 people (3.5%) diagnosed with active TB within 5 years of a cancer diagnosis. Unadjusted active TB rates were as follows: lung cancer (525.1 per 100,000 person-years (PY)), sarcoma (174.4 per 100,000 PY), lymphoma (268.2 per 100,000 PY), leukemia (284.9 per 100,000 PY), gastrointestinal (107.9 per 100,000 PY), and head/neck cancer (31.3 per 100,000 PY) (Table 2). Figure 1 shows a scatter plot with timing of TB diagnosis against timing of cancer diagnosis for each cancer type.

**Table 2: Incidence of active TB in patients newly diagnosed with cancer**

Cancer type ‡	n (%)	Median age at cancer diagnosis, years (Q1,Q3)	Median time from cancer to TB diagnosis, years (Q1,Q3)*	# active TB diagnoses		# active TB cases per 100,000 person-years at-risk†
				Up to 5 years after cancer diagnosis	From 6 months to 5 years after cancer diagnosis (“potentially preventable TB”)	
Lung	2,421 (0.2)	68 (57, 77)	0.4 (0.3, 0.7)	25	9	525.1
Sarcoma	725 (0.1)	47 (36, 58)	1.6 (0.7, 1.9)	5	<5	174.4
Leukemia	1,139 (0.1)	62 (47, 74)	1.2 (0.8, 1.9)	11	8	284.9
Lymphoma	1,252 (0.1)	58 (45, 71)	0.5 (0.3, 1.6)	12	6	268.2
Breast	5,918 (0.6)	51 (44, 61)	4.7 (1.7, 5.8)	6	5	23.3
Head and Neck <sup>€</sup>	840 (0.1)	55 (45, 67)	5.3 (2.5, 11.3)	<5	<5	31.3
Gastro-Intestinal	5,688 (0.6)	65 (54, 75)	1.8 (1.1, 5.1)	17	14	107.9
Skin / Melanoma	1,196 (0.1)	56 (45, 71)	3.1 (1.7, 6)	<5	<5	39.1

Prostate	3,012 (0.3)	68 (61, 75)	5.5 (2.1, 8.1)	10	8	78.6
Gynecologic	4,450 (0.4)	43 (35, 54)	6.2 (3.5, 13.8)	<5	<5	10.6
Genito-Urinary	1,742 (0.2)	63 (49, 75)	0.9 (0.9, 0.9)	<5	<5	15.5
Neural	457 (0.1)	55 (45, 71)	2.1 (2.1, 2.1)	<5	<5	94.5
Other/Unknown	1,890 (0.2)	53 (41, 69)	1.3 (0.4, 7.0)	<5	<5	48.6
Any cancer	29,448 (2.9)	57 (45, 70)	1.6 (0.4, 4.9)	91	60	83.3

\* Among people diagnosed with active TB on or after their cancer diagnosis date, up to 5 years after the cancer diagnosis date

† person-years at-risk includes up to 5 years after cancer diagnosis

‡ Includes incident cases only

€ Excludes thyroid cancers

Potentially preventable TB cases were identified as those occurring >6 months after the diagnosis of cancer, as these cases could be potentially amenable to LTBI screening and therapy at the time of cancer diagnosis. Amongst 2,421 people with lung cancer, 25 people (1.0%) were diagnosed with active TB within 5 years. Of these, 9 (42.9%) had active TB diagnosed >6 months after cancer diagnosis. Similarly, 8 (72.7%) with leukemia, 6 (50%) with lymphoma, and 14 (82.4%) with gastrointestinal cancers were diagnosed with active TB >6 months post cancer diagnosis (Table 2). Overall, 60 out of 91 (65.9%) diagnosed active TB cases were classified as potentially preventable.

Figure 2 shows results from multivariable Cox regression analyses by cancer type. People with lung cancer and sarcoma had the highest risk of active TB, with adjusted hazard ratios (aHR) of 11.2 (95%CI: 7.4,16.9) for lung, and 8.1 (95%CI: 3.3,19.5) for sarcoma. This was followed by leukemia (aHR 5.6 (95%CI: 3.1,10.2)), lymphoma (aHR 4.9 (95% CI: 2.7, 8.7)), and gastrointestinal cancers (aHR 2.7 (95%CI: 1.7,4.4)). The full multivariable Cox model for lung cancer is shown in Table 3.

**Table 3: TB risk in people diagnosed with lung cancer, univariable and multivariable hazard ratios**

	# TB cases per 100,000 person-years	Univariate HR (95% CI)	Multivariable HR (95% CI)
<b>Cancer, lung</b>			
Yes	525.1	25.2 (17.0, 37.6)	11.2 (7.4, 16.9)
No	22.4	1.0	1.0
<b>Age group (years)</b>			
15-24	16.5	1.0	1.0
25-34	19.4	1.4 (1.2, 1.6)	1.1 (1.0, 1.3)
35-44	17.0	1.2 (1.1, 1.4)	1.1 (1.0, 1.3)
45-54	15.5	1.3 (1.1, 1.5)	1.2 (1.0, 1.4)
55-64	25.3	2.1 (1.8, 2.5)	1.7 (1.4, 2.0)
65-74	51.5	4.2 (3.5, 4.9)	3.0 (2.5, 3.6)
75-84	88.7	7.7 (6.5, 9.1)	5.6 (4.6, 6.8)

85-94	109.1	10.1 (8.0, 12.8)	8.4 (6.5, 10.9)
≥95	91.2	9.0 (4.4, 18.2)	8.4 (4.1, 17.2)
<b>Sex</b>			
Male	24.3	1.1 (1.1, 1.2)	1.2 (1.1, 1.2)
Female	21.1	1.0	1.0
<b>TB incidence in country of origin</b>			
0-30	2.4	1.0	1.0
31-100	9.9	4.2 (3.0, 5.8)	4.2 (3.0, 5.9)
101-200	21.0	9.2 (6.6, 12.6)	9.4 (6.8, 12.9)
>200/ 100,000 population	45.2	19.7 (14.3, 27.1)	18.6 (13.5, 25.6)
<b>Immigration type</b>			
Refugee	29.8	2.1 (1.9, 2.4)	2.0 (1.7, 2.3)
Family	33.5	2.4 (2.2, 2.6)	1.2 (1.1, 1.4)
Economic	14.4	1.0	1.0
<b>Years in BC</b>			
0-5	29.8	1.4 (1.3, 1.7)	1.6 (1.4, 1.9)
>5	19.8	1.0	1.0
<b>Active TB contact</b>			
Yes	298.5	12.8 (9.0, 18.4)	9.0 (6.2, 12.9)
No	22.4	1.0	1.0
<b>HIV</b>			
Yes	442.8	21.3 (16.1, 28.2)	20.3 (15.1, 27.2)
No	22.2	1.0	1.0
<b>Dialysis dependent end stage kidney disease</b>			
Yes	553.6	27.1 (20.0, 36.8)	8.2 (5.9, 11.5)
No	22.3	1.0	1.0
<b>Immune-suppression*</b>			
Yes	253.5	12.5 (10.3, 15.3)	7.0 (5.6, 8.6)
No	21.8	1.0	1.0
<b>Diabetes</b>			
Yes	48.0	2.7 (2.4, 3.0)	1.3 (1.2, 1.5)
No	20.5	1.0	1.0

\*Includes treatment with immune-suppressing drugs (TNF-alpha inhibitors, DMARDs, or high-dose steroids), or post-transplant

## DISCUSSION

Our province-wide, retrospective cohort study demonstrates that migrants with cancer are at higher risk for active TB than migrants without cancer, with TB risk varying by tumour type. The highest risk of TB was observed among migrants with lung cancer, followed by sarcoma, leukemia, lymphoma, and gastrointestinal malignancies. Head and neck, neural, skin, prostate, and breast cancers all had an elevated point estimate for TB risk, however, the increase was not significant in multivariable analysis. Notably, the majority of active TB cases were clustered immediately before or after cancer diagnosis, but an appreciable number of people developed TB more than 6 months post-cancer diagnosis. This represents a population of people with potentially preventable TB.

To our knowledge, our study is the first to provide risk estimates for TB due to various cancer types in a cohort of migrants within a low incidence region. As latent TB screening of all immigrants has previously been shown to be economically challenging, understanding the selective impact of various malignancies becomes crucial to help clinicians identify migrants at highest risk of active TB. Significant strengths of our study include large population cohort, risk estimates adjusted for other commonly recognized TB risk factors, stratification of TB risk by cancer type, and long follow up time. Given the wide capture of immigrant population over a 19 year follow up period, we believe that our results may be applicable at other low incidence areas including other Canadian provinces, and regions within United States.

The elevated TB risk observed in immigrants with lung and hematologic cancers are in concordance with those noted in the non-immigrant populace as reported by Cheng et al. 2016, Simonsen et al. 2017, and Shu et al. 2019, with some variations which may reflect differences in study populations and cancer treatments amongst different regions (10,34,35). The mechanism through which malignancies increases TB risk is speculated to be multifactorial, including immunosuppression by both local and systemic effects. For lung cancer, mass effect and inflammation may disrupt local barriers to infection, increasing TB risk (34). Furthermore, infiltration of dormant TB granulomas by local tumour peptides in lung cancer may further increase re-activation risk (36). Importantly, our observed TB risk amongst lung cancer may be influenced by shared lifestyle variables, including smoking and alcohol use, which were not accounted for in our study (37–39). For hematologic malignancies, immunosuppression may be due to multiple factors including bone marrow infiltration, impaired T cell mediated immunity, and superimposed chemotherapy (40–42). Although we were unable to account for chemotherapy regimens, sensitivity analyses examining effect of radiotherapy did not reveal any significant impact on active TB risk within our cohort.

Importantly, in contrast to previously assessed TB risk estimates within the general population, we found that head/neck cancer (excluding thyroid cancers) within the immigrant population resulted in a non-statistically significant elevated TB risk. The low incidence of head and neck cancer within our cohort resulted in wide confidence intervals. We suspect that our observed lower TB risk amongst head/neck malignancies may reflect evolution in treatment and care of head/neck cancer which may secondarily lower TB risk by reducing systemic immunosuppression and malnutrition. This includes transition to directed beam therapy, improved nutritional supplementation, and closer surveillance (43). This is consistent with the systematic review conducted by Cheng et. al. 2016, which described a decrease in TB incidence amongst head and neck cancers after 1980 compared to pre 1980 period. In addition to changes in treatments, they speculated that decreased TB incidence may also reflect changes in the underlying etiology of head/neck cancers, from non-HPV associated Head and Neck cancer, which are typically related to heavy smoking and alcohol use, to HPV related Head and Neck malignancies (10,43).

Furthermore, to our knowledge, this study is the first to show increased adjusted TB risk in individuals with sarcomas. The link between sarcoma and TB has been described in rare case reports, and remains poorly understood (44,45). While our risk estimates account for concurrent immunosuppression in sarcoma patients, namely HIV and post-transplant state, we were unable to adjust for chemotherapy which may

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3 result in the observed elevated risk of active TB amongst individuals with sarcoma. Additionally, similar  
4 to head/neck cancers, the low incidence of sarcoma within our cohort accounts for the wide confidence  
5 intervals observed. Literature also remains sparse on the association of gastrointestinal malignancies and  
6 TB. While other authors have shown increased risk of TB with aerodigestive cancers(34,46), our study  
7 shows an elevated active TB risk amongst gastrointestinal malignancies independent from lung and  
8 head/neck cancers. After further stratifying GI cancer subtypes into smoking associated (including  
9 esophageal and gastric) and non-smoking associated gastrointestinal cancers, we did not observe significant  
10 difference in active TB risk (Appendix Table A1). It is speculated that concurrent comorbidities including  
11 significant weight loss and malnutrition may result in increased susceptibility to TB reactivation amongst  
12 GI cancers (44,47).  
13

14  
15 The clustering of active TB around time of cancer diagnoses as noted in Figure 1, may point to higher  
16 susceptibility to TB amongst cancer patients, either by primary acquisition or latent TB re-activation. As  
17 mentioned, early identification and treatment of LTBI in high risk cancer patients is crucial to prevent active  
18 TB and the possibility of ongoing transmission, most importantly in oncology clinics and inpatient services  
19 (48). We observed that amongst cancers noted to increase active TB risk, including sarcoma, leukemia,  
20 lymphoma, gastrointestinal malignancies, an appreciable proportion of migrants were diagnosed with active  
21 TB greater than six months post cancer diagnosis. These people represent potentially preventable TB as  
22 they could benefit from LTBI screening and treatment at the time of cancer diagnosis. In contrast to other  
23 malignancies, a lower proportion (approximately 1/3<sup>rd</sup>) of active TB in immigrants with lung cancer was  
24 diagnosed greater than six months post-cancer diagnosis. This phenomenon has been described by other  
25 authors and may be explained by the similar care pathways; TB can often produce masses or nodules which  
26 can imitate neoplasms in the lung, and therefore, similar imaging and diagnostic strategies involved for  
27 work-up of both entities may explain this close association of lung cancer with TB (44,49–51). At present,  
28 in BC, province-wide screening and treatment for LTBI in cancer patients is not routine. Our data provide  
29 strong support for LTBI testing amongst migrants with sarcoma, leukemia, lymphoma, lung, and  
30 gastrointestinal cancers.  
31

### 32 33 **Limitations**

34 Our study has several limitations. First, we did not have access to smoking history, alcohol use and specific  
35 chemotherapeutic regimens, all of which increase active TB risk (34,37–39). Certainly, the lack of smoking  
36 history likely confounds the relationship between smoking-related malignancies (i.e. head/neck, lung  
37 cancer) and active TB risk. In a systematic review of smoking and TB risk, active smokers had a pooled  
38 risk estimate of 2.66 (95%CI: 2.15-3.28) for TB disease compared with non-smokers; this falls below the  
39 lower bounds of our 95%CI on multivariate analysis for lung cancer(52). Therefore, smoking alone is  
40 unlikely to be the sole driver of TB risk in people with lung cancer.  
41

42 Second, we were unable to account for contact to TB outside of BC, however, we expect these numbers to  
43 be low, given the overall low TB incidence rate in Canada. Third, the high rate of active TB in cancer  
44 patients noted in our study may reflect the high level of care which cancer patients require. While frequent  
45 follow ups for cancer patients may lead to earlier diagnosis of Tuberculosis by clinicians, the frequent  
46 visits to different health care by cancer patients may result in varied exposure to Tuberculosis based on  
47 specific hospitals and local city prevalence. However, we do believe that endemic spread is uncommon in  
48 BC, as shown by prior genomic epidemiology studies (53). Lastly, while our study population is large, the  
49 overall low number of active TB results in limited statistical power of our analyses.  
50

51 Importantly, we conducted sensitivity analysis to account for individuals screened for LTBI and this did  
52 not reveal any significant differences in our observed risk estimates (Appendix Table A2). Further  
53 sensitivity analysis examining for effect modification by TB incidence in country of birth was performed  
54 (Appendix Table A3). The relationship between cancer subtype and TB risk varied between low and high  
55 incidence regions, but the overlap in confidence intervals makes the data difficult to interpret further. Lastly,  
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amongst immigrants with different malignancies, varying presentations of active TB (pulmonary and extrapulmonary) were noted. While lung cancer and lymphoma exhibited higher pulmonary TB diagnoses, limited numbers of active TB amongst other malignancies make it challenging to further discern relationship between cancer and type of TB presentation (Appendix Table A4). Despite our stated limitations in understanding the causal role of malignancy in TB risk, we do note that people with certain malignancies have high rates of active TB, and may potentially benefit from LTBI screening and treatment, regardless of the underlying causal pathway.

### CONCLUSION

In people that migrate to BC, specific cancers increase active TB risk, with highest risk noted in lung, sarcoma, leukemia, lymphoma, and gastrointestinal malignancies. An appreciable number of active TB cases are diagnosed more than six months after cancer diagnoses and may be potentially preventable with vigilant LTBI screening and therapy. While current Canadian TB guidelines recommend LTBI screening in migrants with hematologic or head/neck cancer, our data provide evidence of the preventable burden of active TB in migrants with other malignancies who could be considered for LTBI screening and therapy.

**Notes:** The corresponding author (Dr. J. Johnston) has full access to all data in the study and takes responsibility for the integrity of the data and accuracy of analysis.

### **Author contributions:**

All authors contributed equally to study conception, manuscript drafting and critical review, data analyses, and provided final approval of the manuscript. JCJ and VJC were involved in study design, funding acquisition, statistical analysis, critical revision, and supervision of the project. DSK, LR, KR, HPS, CR participated in manuscript drafting, statistical analysis, critical revision, and data interpretation.

**Conflicts of Interest Disclosure:** None reported

**Disclaimer:** All inferences, opinions, and conclusions drawn in this study are those of the authors, and do not reflect the opinions or policies of the Data Steward(s)

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**Approval:** This study received ethical approval from the University of BC Clinical Ethics Review Board (H16 -00625).

**Previous presentation:** Preliminary findings from this study were presented as a podium presentation at the 49<sup>th</sup> Union World conference on Lung Health, October 24-27<sup>th</sup>, 2018 at The Hague, Netherlands.

**Data sharing:** Data were extracted as deidentified datasets from several linked health administrative databases, including a national immigration database (Population Data BC and IRCC), a provincial health insurance registry, hospitalization, physician billing, outpatient pharmacy, vital statistics, HIV, and End-Stage Renal Disease (ESRD) registries. Additional data was extracted from the BC Provincial TB and BC Cancer Agency registries. Data are not publicly available. Data may be obtained upon authorized request to the respective data stewards as detailed in the study protocol.

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#### FIGURE LEGENDS:

##### **Figure 1 Legend:**

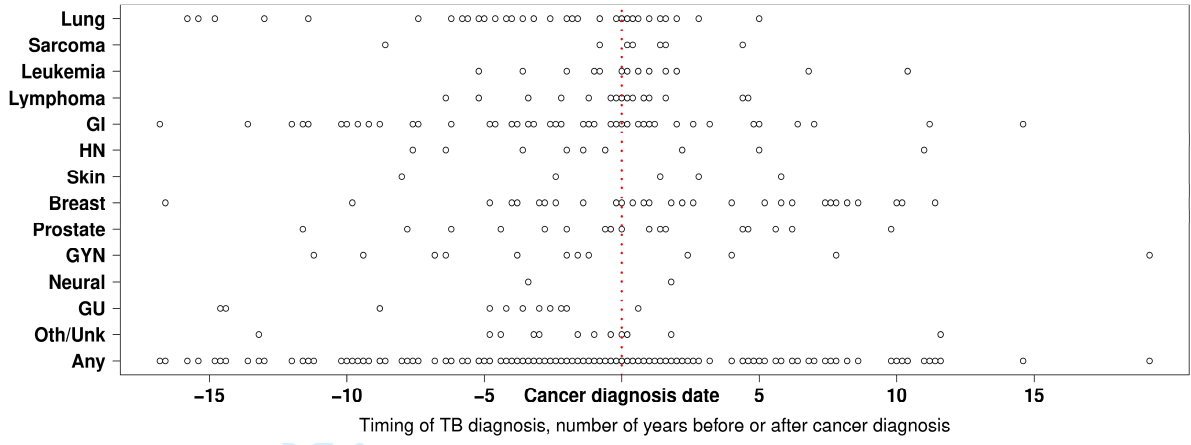
**GI:** Gastro-Intestinal; **HN:** Head and Neck; **GYN:** Gynecological; **GU:** Genito-Urinary; **Oth/Unk:** other and unknown;

○ Active TB diagnosis

**Figure 2 Legend:**

**Hazard Ratios adjusted for\*:** age at follow up (age at which TB acquired), sex, time since arrival in BC (0-5 yrs and >5 yrs), immigration classification type (refugee, family or economic), high risk medical comorbidities (HIV, Dialysis dependent end stage kidney disease, Immune Suppression, Diabetes), and TB incidence by country of origin.

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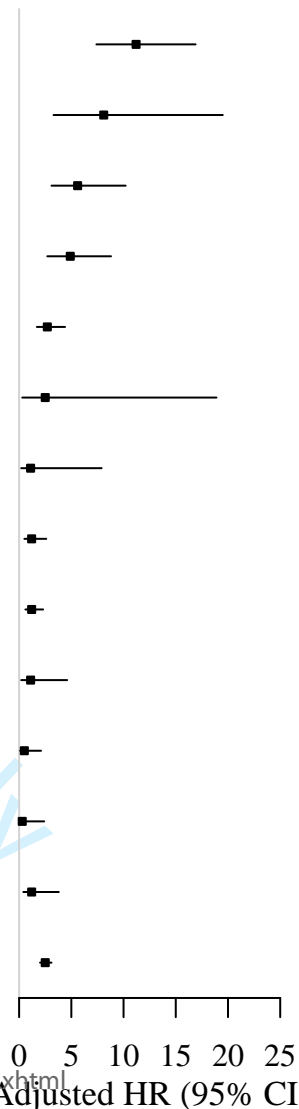


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BMJ Open  
**Active TB**                      **Active TB**

<b>Cancer</b>	<b>(cancer)</b>	<b>(without cancer)</b>	<b>HR (95% CI)</b>
Lung	25	2560	11.2 (7.4, 16.9)
Sarcoma	5	2580	8.1 (3.3, 19.5)
Leukemia	11	2574	5.6 (3.1, 10.2)
Lymphoma	12	2573	4.9 (2.7, 8.7)
GI	17	2568	2.7 (1.7, 4.4)
Neural	<5	2584	2.5 (0.3, 18.7)
HN	<5	2582	1.1 (0.2, 7.9)
Breast	6	1258	1.2 (0.5, 2.6)
Prostate	10	1310	1.2 (0.6, 2.2)
Skin	<5	2583	1.1 (0.2, 4.6)
GYN	<5	1262	0.5 (0.1, 2.1)
GU	<5	2584	0.3 (0.0, 2.4)
Other	<5	2584	1.2 (0.4, 3.8)
Any	91	2484	2.5 (2.0, 3.1)



## APPENDIX

Table A1: Active TB risk amongst patients with Genito-urinary and Gastrointestinal cancers

TUMOUR SUBGROUP	Number with Cancer	Number with Active TB	Adjusted HR (95% CI)
<b>Genito-Urinary</b>			
Bladder	855	0	NA
Prostate	3012	10	1.2 (0.6, 2.3)
Kidney	607	1	1.1 (0.2, 7.8)
<b>Gastrointestinal*</b>			
Esophagus and stomach	918	2	2 (0.5, 8.1)
Large intestine and rectum	3020	9	2.3 (1.2, 4.4)

\*Liver, Pancreas, Gallbladder, and small intestinal malignancies not shown.

Table A2: Sensitivity analysis, testing models with different population inclusion criteria

Model #	Model description	# people deleted (w/ prevalent cancers)	# people included in analysis	# TB cases included in analysis	Adj HR, Lung cancer
1	Age 15+	2,014	1,000,764	2,585	11.2 (7.4-16.9)
2	Age 30+	2,558	800,489	2,071	11.2 (7.4-16.9)
3	All ages	1,961	1,046,759	2,634	11.5 (7.6-17.4)
4	Age 15+, excluding LTBI	2,010	995,828	2,575	11.4 (7.5-17.1)

Table A3: Active TB risk stratified by TB incidence of country of origin in foreign born individuals with cancer

Cancer Type	TB Incidence 0 -100 HR (95% CI)	TB Incidence > 100 HR (95% CI)	All Regions HR (95% CI)
Lung	3.1 (0.4, 23.2)	12.4 (8.1, 18.8)	11.2 (7.4, 16.9)
Gastrointestinal	3.8 (1.2, 12.4)	2.5 (1.5, 4.3)	2.7 (1.7, 4.4)
Leukemia	3.9 (0.5, 29.3)	5.9 (3.1, 11.0)	5.6 (3.1, 10.2)
Lymphoma	6.5 (1.5, 27.9)	4.7 (2.5, 8.8)	4.9 (2.7, 8.8)
Head and Neck	NA	1.2 (0.2, 8.8)	1.1 (0.2, 7.9)
Genitourinary	NA	0.4 (0.1, 2.8)	0.3 (0.0, 2.4)
Other	NA	1.3 (0.4, 4.1)	1.2 (0.4, 3.8)
Sarcoma	15.3 (2.1, 109.3)	7.2 (2.7, 19.3)	8.1 (3.3, 19.5)
Skin	NA	1.4 (0.3, 6.0)	1.1 (0.2, 4.6)
Neural	NA	2.9 (0.4, 22.1)	2.5 (0.3, 18.9)
Breast	NA	1.4 (0.6, 3.1)	1.2 (0.5, 2.6)
Gynecologic	4.2 (1.0, 17.1)	NA	0.5 (0.1, 2.1)
Prostate	2.9 (0.7, 11.7)	1.1 (0.5, 2.1)	1.2 (0.6, 2.3)
Any Cancer	2.7 (1.5, 4.9)	2.4 (1.9, 3.1)	2.5 (2.0, 3.1)

Other: other/unknown cancer type

NA: Not applicable as 0 ATB cases recorded.

Table A4: Active TB (ATB) stratified by Pulmonary/Mix and Extrapulmonary TB amongst foreign born individuals with cancer

Cancer Type	Total ATB within 5 years	Pulmonary or Mix ATB	Extrapulmonary ATB
Lung	25	16 (64.0%)	9 (36.0%)
Sarcoma	5	<5 (20%)	<5 (80.0%)
Leukemia	11	5 (45.5%)	6 (54.5%)
Lymphoma	12	10 (83.3%)	<5 (16.7%)
Breast	6	<5 (50%)	<5 (50.0%)
Head and Neck	<5	<5 (0%)	<5 (100%)
Gastro-Intestinal	17	9 (52.9%)	8 (47.1%)
Skin / Melanoma	<5	<5 (50%)	<5 (50.0%)
Prostate	10	7 (70.0 %)	<5 (30.0%)
Gynecologic	<5	<5 (50.0 %)	<5 (50.0%)
Genito-Urinary	<5	<5 (100%)	<5 (0.0%)
Neural	<5	<5 (0.0%)	<5 (100%)
Other/Unknown	<5	<5 (0.0 %)	<5 (100%)
Any cancer	91	51 (56.0%)	40 (43.9%)

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**STROBE 2007 (v4) checklist of items to be included in reports of observational studies in epidemiology\***  
**Checklist for cohort, case-control, and cross-sectional studies (combined)**

Section/Topic	Item #	Recommendation	Reported on page #
Title and abstract	1	(a) Indicate the study’s design with a commonly used term in the title or the abstract	1, 2
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	2
<b>Introduction</b>			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	3
Objectives	3	State specific objectives, including any pre-specified hypotheses	3
<b>Methods</b>			
Study design	4	Present key elements of study design early in the paper	3, 4
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	3, 4
Participants	6	<b>(a) Cohort study</b> —Give the eligibility criteria, and the sources and methods of selection of participants and methods of follow-up <b>Case-control study</b> —Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls <b>Cross-sectional study</b> —Give the eligibility criteria, and the sources and methods of selection of participants	a) 4
		<b>(b) Cohort study</b> —For matched studies, give matching criteria and number of exposed and unexposed <b>Case-control study</b> —For matched studies, give matching criteria and the number of controls per case	4
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give prognostic criteria, if applicable	4
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	3, Reference 1
Bias	9	Describe any efforts to address potential sources of bias	5
Study size	10	Explain how the study size was arrived at	4
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	5
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	5
		(b) Describe any methods used to examine subgroups and interactions	5
		(c) Explain how missing data were addressed	5
		(d) <b>Cohort study</b> —If applicable, explain how loss to follow-up was addressed <b>Case-control study</b> —If applicable, explain how matching of cases and controls was addressed	5



		<i>Cross-sectional study</i> —If applicable, describe analytical methods taking account of sampling strategy	
		(e) Describe any sensitivity analyses	5
<b>Results</b>			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	5, 6
		(b) Give reasons for non-participation at each stage	Not applicable
		(c) Consider use of a flow diagram	
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	5, 6
		(b) Indicate number of participants with missing data for each variable of interest	6
		(c) <i>Cohort study</i> —Summarise follow-up time (eg, average and total amount)	5
Outcome data	15*	<i>Cohort study</i> —Report numbers of outcome events or summary measures over time	7, 8
		<i>Case-control study</i> —Report numbers in each exposure category, or summary measures of exposure	Not applicable
		<i>Cross-sectional study</i> —Report numbers of outcome events or summary measures	Not applicable
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	7, 8
		(b) Report category boundaries when continuous variables were categorized	
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	8
<b>Discussion</b>			
Key results	18	Summarise key results with reference to study objectives	9, 10
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	11
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	9, 10
Generalisability	21	Discuss the generalisability (external validity) of the study results	9
<b>Other information</b>			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	11

\*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at [www.strobe-statement.org](http://www.strobe-statement.org).