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A Scoping Review of Food Safety at Transport stations in Africa

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31 Abstract

Background: The World Health Organisation (WHO) has declared food safety as a public health concern. Transport hubs such as taxi ranks, bus stations, and other transport exchange sites are major food trading/purchasing sites, particularly in Africa. Research evidence is needed to improve food safety policies and ensure consumption of safe food, owing to the increasing burden of foodborne diseases, particularly in the WHO Africa Region. Therefore, we systematically mapped and described research evidence on food safety at transport stations in Africa.

Methods: Guided by the Arksey and O'Malley framework, we searched for original research articles in PubMed, Web of Science, and EBSCOhost (Academic search complete, CINAHL with Full-text, and Health Source), SCOPUS, and Google Scholar from their inception to October 2020. We included studies that focused on food safety, involved transport stations, involved African countries, and were published in English. Two investigators independently screened the articles at the abstract and full-text stages in parallel, guided by the eligibility criteria, and then extracted all relevant data. Thematic analysis was used to organise the data into themes and sub-themes, and a narrative summary of the findings is presented.

Results: Of the total 23,852 articles obtained from the database searches, 18 studies published in six countries met the inclusion criteria. These 18 studies were published between 1997 and 2019, with the most (5) in 2014. Of the 18 studies, 50% (9) were conducted in South Africa, three studies in Ghana, two in Ethiopia, and one study each in Nigeria, Kenya, Lesotho, and Zambia. Most (44.4%) of the included studies focused on microbial safety of food; few studies (22.2%) focused on hygienic practices, and one study investigated the perspective of consumers or buyers. Most of the included studies reported that food sold at transport hubs failed to meet the minimum standard. The microbes detected in the foods were Salmonella spp, E. coli, Shigella spp, Bacillus sp, Staphylococcus Aureu, which resulted mainly from poor hygiene practices.

Conclusion: There is limited research that focused on food safety at transport stations in Africa, especially on aspects such as hygiene practices, food storage, occupational health and food safety, and nutritious aspects. Therefore, we recommend more research in these areas, using various primary study designs, to inform and improve food safety policies and practices for transport stations in African countries alongside improving access to clean water/hand washing facilities, and undertaking of structural changes to facilitate behaviours and monitoring for unintended consequences such as livelihoods of vulnerable populations.

3	64	Keywords: Food safety, Transport stations, Taxi ranks, Automobile station, Bus stops, Africa
4 5	65	
6	05	
7 8 9	66	Article summary
10 11 12	67	Strengths and limitations of this study
13 14	68	• To the best of our knowledge this is the first scoping review to systematically explore
15 16 17	69	literature and describe research evidence on food safety at transport stations as well as
18 19	70	identify research gaps for future studies in Africa.
20 21	71	• This scoping review evidence sources were searched using systematic approach, and
22 23 24	72	duplicate screening.
25 26	73	• This review is limited to Africa as well as English language publications.
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88 Background

The World Health Organisation (WHO) estimates that more than 600 million people fall sick (almost 1 in 10 people) with foodborne diseases annually, of which nearly 420 000 people die, and about 33 million years of healthy lives are lost every year worldwide [1, 2]. The burden of foodborne diseases is estimated to be highest in the WHO African and South-East Asia Regions, mainly occurring among vulnerable populations such as infants, young children, pregnant women, older people, poor people, and individuals with underlying illnesses [3]. Food contamination mostly results throughout the food supply chain (from the procedures used in processing the foods, inadequate storage temperatures, unhygienic practices by food handlers, poor sanitation at place of cooking/vending areas, poor waste management, and inadequate treatment of leftovers) [4].

Unsafe food has negative implications on health systems, and affects the development and national economies of countries, as well as trade [3]. Therefore, eating unsafe foods poses a significant public health threat. To avert the consequences of unsafe food on health systems, and to sustain national economies, development, trade, and tourism [5, 6], the WHO in 2006 declared food safety as a global public health concern [7, 8]. Food safety consists of food preparation, handling, storage, and hygienic practices aimed to prevent food contamination by microbial, chemical, and physical hazards in the food production chain [5]. To reduce the incidence of food-related diseases, particularly in high burden regions, the observations of food safety measures/precautions at all levels of the food processing chain, including the places where food is prepared and sold, are critical [9, 10].

Like other WHO Regions, especially in low-and-middle-income countries, food trading in the Africa Region takes place at several formal and informal places, such as in the markets, restaurants, streets, open spaces in academic institutions, and transport stations (taxi ranks, bus stations, lorry parks), and other transport exchange sites. Food vending at public spaces serves as a source of livelihood [6, 10, 11], and more than two billion people eat food sold at various vending locations. including transportations stations on daily basis globally [12, 13]. To this end, evidence is essential to inform in-country policies/guidelines, and further research, to ensure that food prepared and sold at transport stations promotes livelihoods, nutrition, food safety, and environmentally sustainable practices. This scoping review systematically mapped literature focused on food safety at transport stations in Africa, to provide research evidence and gaps.

Methods

The Arksey & O'Malley framework (research question identification; identifying relevant studies; selection of study; data charting, collating, and summarising and reporting the findings [14, 15]) was employed to scope and synthesise literature to answer the question - what evidence exists on food safety at transport stations in Africa? This review's study protocol was developed *a priori* [16]. This study included published peer-reviewed articles that reported findings from any African country/countries, focused on food safety, and involved transport stations. However, this study was limited to English publications (due to lack of expertise in other international languages), and primary study designs [16]. We followed the Preferred Reporting Items for Systematic and Meta-analysis (PRISMA) extension for Scoping Reviews checklist to report this study [17].

Identify relevant studies

We searched for primary research articles relating to food safety at transport stations in PubMed, Web of Science, and EBSCOhost (Academic search complete, CINAHL with Full-text, and Health Source), SCOPUS, and Google Scholar from their inception to October 2020. To enable the capturing of all relevant articles, a comprehensive search strategy (developed in consultation with an expert librarian) consisting of keywords, Boolean terms (AND/OR), and Medical Subject Heading terms, was used for the electronic database search (Supplementary file 1). Syntax was modified appropriately where needed. Filters such as date and study design were not applied during the literature search in the databases. DK and PG independently conducted the database search and title screening, and imported all potentially eligible articles onto an EndNote Library. The reference lists of all included articles were also screened for potentially relevant articles using the same approach.

Selection of articles and edibility criteria

Prior to the abstract screening, the 'find duplicates' function in EndNote was used to find all duplicate articles, and they were removed from the library. A screening form was developed in Google forms, using this study's eligibility criteria, for the abstract and full text screening phases. Two reviewers independently screened the abstracts as well as the full text articles. Discrepancies that arose during the abstract stage were resolved by discussion among the review team until a consensus was reached. At the full text screening phase, discrepancies were resolved by a third reviewer. All the additional articles identified from the reference list of the included articles equally underwent full text assessment. The PRISMA flow diagram was

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employed to account for all the articles involved [18]. 154

Charting the data 155

A data extraction form was designed consisting of the following: Author(s) and publication 156 details, country of study, study design, study setting, study population, sample size, sex, study 157 findings, and recommendations. To ensure consistency and reliability, two reviewers piloted 158 the data extraction sheet using a random sample of three included studies. The pilot testing of 159 the form also enabled the review team to discuss discrepancies, and to revise the data extraction 160 form prior to its final usage. Subsequently, two reviewers conducted the data extraction for the 161 remaining 15 included studies using both inductive and deductive approaches. The review team 162 resolved all discrepancies at this stage through discussion. 163

164

Collating, summarizing, and reporting the results 165

This study subsequently employed thematic analysis, and collated all the emerging themes and 166 167 sub-themes relating to food safety. A summary of the findings from the included studies is presented narratively. 168

169

Results 170

Of the 23,852 articles obtained from the database searches (see Figure 1 flow diagram), 146 171 172 articles met the eligibility criteria at the title screening stage. Using EndNote "Find Duplicates" function, 30 duplicates were found and removed before abstract screening was conducted. 173 Subsequently, 83 articles were removed at the abstract screening, and 18 at full text (16 of these 174 did not include transport stations/taxi ranks/bus stations, but did involve sale from market 175 centres, public places, chop bars, mini restaurants, major streets, and sidewalks, and were 176 excluded). Finally, 15 studies were included, and, from a manual search of their reference lists, 177 a further three articles were added, giving a total of 18 articles for further analysis. 178

179

Characteristics of the included studies 180

Table 1 presents a summary of the characteristics of the included studies. Of the 18 included 181 studies, nine (50%) were conducted in South Africa [19-26], three (16.7%) in Ghana [4, 27, 182 28], two (11.1%) in Ethiopia [29, 30], and one (5.6%) each in Nigeria [31], Kenya [32], Lesotho 183 [33], and Zambia [34]. Most of the studies were published in the last six years, however, no 184 59 published study was found in 2015 and 2020 (Figure 2). Seventeen (94.4%) of the included 185 60

studies were cross-sectional studies, and one (5.6%) was a mixed-method study. Of the 18 included studies, 44.4% reported on microbial safety of food [4, 19, 22, 23, 28-30, 34], and 22.2% reported hygiene practices of food handlers/vendors [6, 21, 31, 32]. One included study each reported on the following: food safety risk communication [25]; knowledge of hygiene practice [27]; knowledge of food safety measures [26]; occupational health and food safety risk [20]; hygiene practices of food handlers/vendors and microbial safety [35]; and knowledge of food safety measures and hygiene practice by food handlers/vendors [33].

194 Findings from the included studies

195 Microbial safety of food

Of the nine included studies that reported findings on microbial safety of food, 44.4% were conducted in South Africa [22, 23, 35, 36], 22.2% each in Ghana [4, 28] and Ethiopia [29, 30], and the last 11.1% in Zambia [34]. Seven of the eight studies reported unacceptable level of microbes in the food [4, 19, 22, 23, 28-30, 34]. Table 2 presents a summary of the key findings as well as the sample type, analytic approach, and the microbes reported.

30 201

32 202 Hygiene practices of food handlers/vendors

34 203 Food preparation

Of the 18 included studies, eight reported research finding relating to food preparation. Fifty percent of these eight studies were from South Africa [6, 21, 23, 35], and the remainder were from Ghana [27], Nigeria [31], Kenya[32], and Lesotho [33]. The studies in South Africa focused on the following: hygiene practices and implications for consumers [21]; food and nutrition knowledge as well as practices related to food preparation [6], the effect of hygiene practices and attitudes of meat vendors [35], and sources of food contamination [23]. The study from Ghana investigated how fast food operators washed their hands [27], whilst the studies from Nigeria, Kenya, and Lesotho evaluated food safety and sanitary practices [31]; food vendors and hygiene practices [32]; and food safety knowledge, attitudes and practices of food vendors and consumers' perceptions [33]. A summary of the key findings from these studies are presented below (Table 3).

216 Knowledge of hygiene practices/food safety precautions

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In South Africa, Qekwana et. al. [26] survey involving traditional goat slaughters revealed that traditional and ritual slaughter includes preslaughter activities aimed to mitigate risk of slaughtering animals that are not fit for human consumption, yet none of the study respondents was aware of the need for a health declaration for slaughter stock [26]. Few (21%) slaughter practitioners perform a prepurchase inspection of stock to ascertain their health status [26]. McArthur-Floyd et. al. [27] study in Ghana, revealed that the majority (94%) of fast food operators knew food safety precautions [27]. Letuka et. al. [33] study in Lesotho, indicated that 95% of food vendors had incorrect knowledge that washing utensils with detergent leave them free of contamination [33]. The mean knowledge (49%±11) of the food vendors included in the study was considered as poor [33]. About 6% of the consumers that participated in the study chose not to buy food sold at taxi ranks due to food safety issues and hygiene [33].

Food safety risk communication

Qekwana et.al. [25] study in South Africa, observed that communication technology such as cell phones with e-mails, web pages, and Facebook, as well as posters and electronic media (radio and television) can be employed to communicate risk associated with hygienic precautions and food safety at taxi ranks [25].

Occupational health and food safety risk

In South Africa, Qekwana et.al. [20] evaluated the occupational health and food safety risks associated with the traditional slaughter of goats, and the consumption of such meat [20]. Approximately 63% of the practitioners were not wearing protective clothing during slaughter, and about 78% of practitioners did not know their own health status [20]. Almost 83% of the practitioners hung up their carcass to facilitate bleeding, flaying, and evisceration [20]. The study further observed that none of the practitioners practiced meat inspection [20]. In Nigeria, Aluko et al. [31] study revealed that approximately 62% of the vendors had no formal training, and their medical status was also unknown [31].

Discussion

This scoping review mapped evidence on food safety at transport stations in Africa, and revealed a very low number of papers that are published in this area, given many African employees in both formal and informal sectors commute through these transport hubs [12, 13]. An average of one paper per year relating to food safety at transport hubs in Africa as revealed

by this review is simply not enough. Nonetheless, the few papers depict an imbalance of research, with most focused on microbial safety [4, 19, 22, 23, 28-30, 34], and few on socio-economic aspects such as hygiene practices [6, 21, 31, 32], food safety risk communication [25], and occupational health and food safety risk [20]. Even more worrying is that no study looked at the nutritious aspects of meals sold, despite an established prevalence of poor nutrition and ill-health [37-39]. Moreover, this review revealed no study evaluated the storage of food or how the food is transported to the vending site.

As evidence by this review, most of the food sold at transport hubs do not meet the minimum standards, and is not safe for consumption due to the presence of several microbes [4, 23, 28, 30, 34-36, 40]. There are several reasons for this such as poor practices relating to hygiene, storage, preparation, cooking, cleaning, and serving [4, 19, 22, 23, 28-30, 34]. However, these findings are similar to previous review findings involving markets [41], homes and restaurants [42]. A recent publication by Gizaw [41] indicated that several studies reported microbial contamination of foods sold in the market, with bacteria and fungi similar to those identified in our review [41]. Also, a review by the WHO reported that the main factors contributing to foodborne disease outbreaks in homes or restaurants were poor temperature control in preparing, cooking, and storing food [42]. Although very few papers were found by this review, the evidence is compelling that there should be policy interventions to address issues relating poor hygiene practices, including food storage, preparation, cooking, cleaning, and serving by food handlers at transport hubs, not only in South Africa, but across Africa.

Similar to a previous scoping review [43], most of the included papers were published within the last six years but, no published study was found in 2015 and 2020. Whilst the reason for the lack of published papers in 2015 might be difficult to determine, the COVID-19 pandemic which resulted in "covidisation" of research might be the reason for the lack of publication in this field of research in 2020. Although we cannot conclude that no primary research has been conducted in these countries focusing on the safety of food sold at transport stations, it suggests a research/publication gap. Food safety research is, perhaps, more relevant now than ever in Africa, since the burden of foodborne diseases is rising annually, resulting in the declaration of food safety as a public health concern by the WHO [7, 8]. Aside from this, most commuters tend to buy ready-to-eat (RTE) food from street food vendors, including those at transport hubs [44, 45]; hence, the sale of food at transport stations is rising [45, 46], particularly in Africa [6] partly due to an increase in demand for RTE, and the employment opportunities it offers to many individuals who otherwise would not have had any source of income [43, 47]. Even more

worrying is the fact that most of the articles included that focused on microbial safety, reported
high levels of food contamination with several microorganisms, especially *Salmonella* spp and *E. coli* [4, 23, 28, 30, 34-36, 40]. Therefore, more research is needed across African countries
to prevent potential negative consequences.

Our study findings have implications for practice and research. For instance, the likelihood of food poisoning with microbes such as Salmonella spp, E. coli., Shigella spp, Bacillus spp, S. aureu, and several others, revealed by most of the included studies that focused on microbial contamination of food, is alarming. This, if not checked, could further worsen the already high burden of foodborne diseases in a continent that has several of its countries already experiencing many health systems and economic challenges. Aside from this, the majority individuals who commute through transport hubs, possible will purchase a meal from a transport hub/exchanges sites, which may be the only meal of the day [12, 13], and yet the food safety standards are poor [4, 19, 22, 23, 28-30, 34]. Thus, if not checked, the excess cases of foodborne diseases from any outbreak will further impact negatively on the already challenged public health systems in Africa. Also, poor people who are exposed to these unsafe food get disease, may have to pay more for healthcare, which can further exacerbate their poverty situation. Moreover, people who are already living in extremely poverty who get exposed to foodborne disease may not even make it to the hospital for care, and can end up dying at home [48].

Good hygiene and sanitation practices, such as adequate hand washing, adequate washing and storage of pots and dishes, good waste management, observation of food preparation standards and serving etiquette, among others, have the potential to reduce the risk of food contamination from both biological and non-biological hazards, yet this study reveal fewer studies that focused on hygienic practices. We, therefore, recommend more research to further inform contextualised policy decisions aimed at improving hygiene and sanitation practices by food vendors at transport stations. Also, very relevant to ensuring food safety is the occupational health practices of the vendors. Regular food handling tests and food inspections, conducted by the appropriate local authorities, should be mandatory in all African countries. Food handler tests should seek to ensure that food vendors are fit healthwise to prepare and serve food meant for public consumption. However, our review found limited studies that evaluated occupational health and food safety. Considering that two studies conducted in South Africa and Nigeria found that 78% and 62% of food vendors at transport stations did not know their health status [20, 31], and the increasing number of informal food sellers at various transport exchange sites,

future studies are recommended to focus on occupational health and food safety in Africa. The means and manner of storing food, especially leftover RTE food, can either increase or reduce the risk of food contamination, but, again, this scoping review found no study that focused on food storage practices of the vendors at transport stations. Also essential, and yet we did not find any study focusing on it, is the quality of food (nutritious aspects) of the meals sold at transport stations. Eating a well nourishing diet or balanced meals is critical to ensure good health [49-51], hence, we encourage future primary studies to include the nutritious aspects. Such studies may help streamline guidelines or inform policies to improve the quality of the food sold at transport exchange sites or taxi ranks. Moreover, this review found that the majority (17 out of 18) of the respondents in the included studies were the vendors (mostly females) or food samples taken from the vendors. The perspectives of consumers (buyers) or commuters regarding food safety at transport stations are also very relevant, and we recommend future research to involve them. A comparative study to investigate food safety practices among males and females food vendors at transport stations might be relevant, since many males are now getting involved in the business [6, 52, 53].

To the best of our knowledge, this study is the first scoping review that systematically mapped literature relating to food safety at transport stations in Africa. A major strength of our study method is that it permits the inclusion of multiple study designs. Also, the choice of this study method permitted us to highlight literature gaps, and made recommendations for future research. Aside from this, we conducted a thorough search in six databases using a comprehensive search strategy which enabled us to capture the most relevant articles to answer the review question. Moreover, two independent reviewers were used to select the studies and perform data extraction processes which helped to prevent selection bias and ensured the reliability and trustworthiness of this study results. Despite this, our scoping review has many limitations. This study included only original study peer reviewed papers, which resulted in the exclusion of one review paper [43], and one Masters' dissertation [54]. We did not also consult the websites of WHO and the Food and Agriculture Organisation websites for possible relevant studies. Furthermore, this study cannot be generalised since the search was limited to African countries only. Although date limitation was removed, we limited the publication language to English only, which perhaps eliminated relevant articles published in other languages. Despite these limitations, this study has provided essential evidence relating to food safety at transport stations and has shown literature gaps to guide future research.

349	Conclusion
350	Based on this scoping review's eligibility criteria, our study results suggest there is limited
351	research focusing on food safety at transport stations in Africa. Most of the existing published
352	studies are focused on microbial safety of food, and very few/none on other aspects such as
353	hygiene practices, food storage, occupational health and food safety, and nutrition. Hence, we
354	recommend more primary research involving community members and policy makers in these
355	areas going forward alongside improving access to clean water/hand washing facilities, and
356	undertaking of structural changes to facilitate behaviours and monitoring for unintended
357	consequences such as livelihoods of vulnerable populations.
358	
359	Abbreviations
360	PRISMA- Preferred Reporting Items for Systematic and Meta-analysis
361	RTE- Ready-to-eat
362	WHO- World Health Organization
363	
364	Ethics and dissemination
365	Not required. All sources of data have been adequately referenced.
366	
367	Patient and Public Involvement
368	No patient involved
369	
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374	
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377	designed the database search strategy and conducted the search. PG contributed to the
378	screening of the studies and data extraction. DK wrote the draft manuscript and BPN, SED,
379	GM, and RS critically review it and made revisions. All the authors approved the final version
380	of the manuscript.
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Table 1: Characteristic of the included sources of evidence 542

South			1				
South					No	vendors	
	Tshwane Metropole,	Mixed-	Taxi rank	Vendors selling	100 sar	Females	Microbial safety of
Africa	Gauteng Province	methods study		Ready-to-eat	of Ready-to-		food
				chicken	eat chicken		
South	Thohoyandou, Limpopo	Cross-	Taxi rank, bus	Food samples	28 samples	Not specified	Microbial safety of
Africa	Province	sectional study	station, shopping	from street	wnlo		food
		6	mall, and street	vendors	bade		
			stalls		d fro		
Ethiopia	Bahir Dar Town	Cross-	Main roads sites,	Ready-to-eat	40 sam <mark>p</mark> les	Not specified	Microbial safety of
		sectional study	bus station,	white lupin sample	(200 grams of		food
			groceries, taxi	from vendors	white lapin)		
			ranks		pen.t		
Ghana	Tamale, Northern Region	Cross-	Taxi rank, bus	Ready-to-eat salad	30 sala	Not specified	Microbial safety of
		sectional study	stops, transport	samples from food	samples		food
			yard, and timber	vendors	on /		
			market		April		
Nigeria	Ile Ife, southwestern	Cross-	Car parks	Food vendors	160 (1 क्रि	Males and	Hygiene practices
	Nigeria	sectional study			station by and	females	of food
					43 mole		handlers/vendors
					vendor		
Kenya		Cross-	Major bus stops,	Food vendors	130 <u> </u>	Males and	Hygiene practices
		sectional study	markets, shopping		otec	females	of food
			areas, construction		ted t		handlers/vendors
1		1	1	<u> </u>	y cc	1	1
			19		pyri		
	Africa Ethiopia Ghana Nigeria	AfricaProvinceEthiopiaBahir Dar TownGhanaTamale, Northern RegionNigeriaIle Ife, southwestern NigeriaKenya	AfricaProvincesectional studyEthiopiaBahir Dar TownCross- sectional studyGhanaTamale, Northern RegionCross- sectional studyNigeriaIle Ife, southwestern NigeriaCross- sectional studyKenyaCross- sectional study	AfricaProvincesectional studystation, shopping mall, and street stallsEthiopiaBahir Dar TownCross- sectional studyMain roads sites, bus station, groceries, taxi ranksGhanaTamale, Northern RegionCross- sectional studyTaxi rank, bus stops, transport yard, and timber marketNigeriaIle Ife, southwestern NigeriaCross- sectional studyCar parksKenyaCross- sectional studyCar parks sectional studyCar parks sectional studyKenyaCross- sectional studyMajor bus stops, market, sectional studyMajor bus stops, market, sectional studyKenyaCross- sectional studyMajor bus stops, market, shopping areas, construction	South AfricaThohoyandou, Limpopo ProvinceCross- sectional studyTaxi rank, bus station, shopping mall, and street stallsFood samples from street vendorsEthiopiaBahir Dar TownCross- sectional studyMain roads sites, bus station, groceries, taxi ranksReady-to-eat white lupin sample from vendorsGhanaTamale, Northern RegionCross- sectional studyTaxi rank, bus stops, transport yard, and timber marketReady-to-eat salad samples from food vendorsNigeriaIle Ife, southwestern NigeriaCross- sectional studyCar parksFood vendorsKenyaCross- sectional studyMajor bus stops, market, shopping areas, constructionFood vendors	South AfricaThohoyandou, Limpopo ProvinceCross- sectional studyTaxi rank, bus station, shopping mall, and street stallsFood samples from street28 samples of get and and get and get and groceries, taxi ranksFood samples from street28 samples get and get and get get and get and groceries, taxi ranksReady-to-eat white lupin sample get (200 grams of white lupin)40 samples get get (200 grams of white lupin)GhanaTamale, Northern Region NigeriaCross- sectional studyTaxi rank, bus stops, transport yard, and timber marketReady-to-eat samples from food yard, and timber market30 salad samples samples samples from foodNigeriaIle Ife, southwestern NigeriaCross- sectional studyCar parksFood vendors160 (1100) get station, white station, white station, white get arak, and timber marketFood vendors130Ta get getKenyaCross- sectional studyCross- sectional studyMajor bus stops, marketFood vendors130Ta get getKenyaCross- sectional studyCross- sectional studyMajor bus stops, marketFood vendors130Ta get get	South AfricaThohoyandou, Limpopo ProvinceCross- sectional studyTaxi rank, bus station, shopping mall, and street stallsFood samples from street28 samples mageNot specifiedEthiopiaBahir Dar TownCross- sectional studyMain roads sites, sectional studyReady-to-eat from vendors40 samples (200 grans of white lapin)Not specifiedEthiopiaBahir Dar TownCross- sectional studyMain roads sites, proceries, taxi ranksReady-to-eat from vendors40 samples (200 grans of white lapin)Not specifiedGhanaTamale, Northern Region NigeriaCross- sectional studyTaxi rank, bus stops, transport yard, and timber marketReady-to-eat salad samples30 salad samplesNot specifiedNigeriaIle Ife, southwestern NigeriaCross- sectional studyCar parksFood vendors160 (1197) to endorsMales and femalesKenyaCross- sectional studyMajor bus stops, rans, sectional studyFood vendors130 remalesMales and femalesKenyaCross- sectional studyMajor bus stops, rares, constructionFood vendors130 remalesMales and females

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				sites, and		3856		
				commercial areas		mjopen-2021-053856 on 25 November		
Kok et. al.,	South	Durban, KwaZulu-Natal	Cross-	Transport exchange	Food vendors	29 Z	Not specified	Hygiene practice
2014 [21]	Africa	Province	sectional study	site		over		of food
						mber		handlers/vendors
Letuka et.	Lesotho	Maseru	Cross-	Taxi ranks	Food vendors	141 (48 food	Male and	Knowledge of fo
al., 2019			sectional study			handleigand	female	safety measures
[33]		i Or				93 <u>M</u>		and hygiene
			6			93 Son		practice by food
						ed fro		handlers/vendors
Eromo et.	Ethiopia	Hawassa City	Cross-	Bus station	Food samples	72 samples	Not specified	Microbial safety
al., 2016			sectional study	4	from street food	from six food		food
[30]					vendors	items <u>b</u>		
McArthur-	Ghana	Madina (Accra), Greater	Cross-	Taxi rank, and	Food vendors	200	Males and	Knowledge of
Floyd et. al.,		Accra Region	sectional study	transport exchange		.bmj	females	hygiene practice
2016 [27]				sites	1	200 en braile		
Hill et. al.,	South	Cape Town	Cross-	Train, bus stations,	Food vendors		Males and	Hygiene practice
2019 [6]	Africa		sectional study	and taxi ranks,		831 on April 18,	females	of food
				community centers,		I 18,		handlers/vendors
				market		202		
Mazizi et.	South	Alice (Nkonkobe) and	Cross-	Taxi rank and bus	Street food	136 foget	Not specified	Microbial safety
al., 2017	Africa	King William's Town	sectional study	stations	vendors	sample sample		food
[23]		(Buffalo City), Eastern				cooked and		
		Cape province				raw. otec		

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Qekwana	South	Tshwane, Gauteng	Cross-	Taxi ranks and	Traditional goat	105 peografe	Males and	Knowledge of food
et.al, 2014 [26]	Africa	Province	sectional study	informal markets	slaughters	on 2	females	safety precautions
Qekwana et.al, 2014 [25]	South Africa	Tshwane, Gauteng Province	Cross- sectional study	Taxi ranks	Street food vendors	5 No No 105 people ber 2021.	Males and females	Hygiene precautions communication channel for food safety
Qekwana	South	Tshwane Metropolitan	Cross-	Taxi ranks and	Traditional goat	105 pegple	Males and	Occupational
et.al, 2017 [20]	Africa	Municipality, Gauteng Province	sectional study	Informal markets	slaughter	wnloaded	females	health and food safety risk
Flego et. al.,	Ghana	Kumasi, Ashanti Region	Cross-	Bus terminals	Food samples	60 food	Not specified	Microbial safety o
2012 [4]			sectional study	rev;	from vendors	samplest sa		food
Tshipamba	South	Johannesburg	Cross-	Taxi ranks and	Meat samples	115 megt	Not specified	Hygiene practices
et. al., 2018	Africa		sectional study	streets	from vendors	sample		of food
[35]						on		handlers/vendors,
						on April 18,		and microbial safety of food
Jermini et.	Zambia	Not specified	Cross-	bus park/station	Samples of raw,	Not specified	Not specified	Microbial safety of
al., 1997			sectional study	and large market	processed, and	4 by		food
[34]					cooked	gue		
					Foods from street	st. P		
					food vendors	rote		
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Table 2: Microbial safety of food at transport stations 544

Table 2: M	icrobial safety of food a	t transport stations		pen ^{mj} open-2021-053856 on	
Study	Type of sample	Analytical approach	Microbes reported	Key results	Key conclusion
Oguttu et. al [19]	. Ready-to-eat (RTE) chicken	3M [™] Petrifilm [™] plates	S. aureus	 High prevalence of <i>S. aureus</i> in the sample was (44%; 90% CI: 36.1%-52.2%), with mean <i>S. aureus</i> counts of 10^{3.6} (90%CI: 10^{3.3} 20^{3.9}). The likelihood of food poisoning with <i>S. aureus</i> from RTE chicken was estimated to be 1.3% (90% CI: 0% -2.7%) 	To reduce the levels of concentration of <i>S. aureus</i> on the RTE chicken and promote the sale of safer and affordable RTE chicken for the large urban poor population in South Africa, training of RTE chicken vendors on hygiene is still needed.
Mafune et al. [22]	Unfermented porridge, boiled cabbage and carrots, boiled peanuts, salad, potato chips, traditional mageu, and stewed beef and grilled chicken	Standard microbiological method	S. aureus	 S. aureus was <2.4771 log10 cfu/g infall samples and places. Except for fried potato chips, microbial contamination was observed in the remaining food samples using the total plate commt method. 	Most of the vended foods investigated met the microbiological standard of RTE foods
Mazizi et. al. [23]	Cooked and raw beef, pork, and mutton samples, surface contact plates, and water samples	Biochemical tests according to international standards methods	S. aureus, E. coli, and Salmonella spp.	 Mean score of raw beef, mutton, and pork were aerobic plate counts (4.8, 3.7 and 2.8 Log (cfu/g)), <i>S. aureus</i> (3.3, 3.7 and 2.8 Log cfu/g), and <i>E. coli</i> (1.0, 0.6 and 0.3 Log cfu/g) respectively. 	The levels of contamination in cooked meat were lower when compared to the standards set by Commission Regulation for determining the microbiological quality of RTE foods.

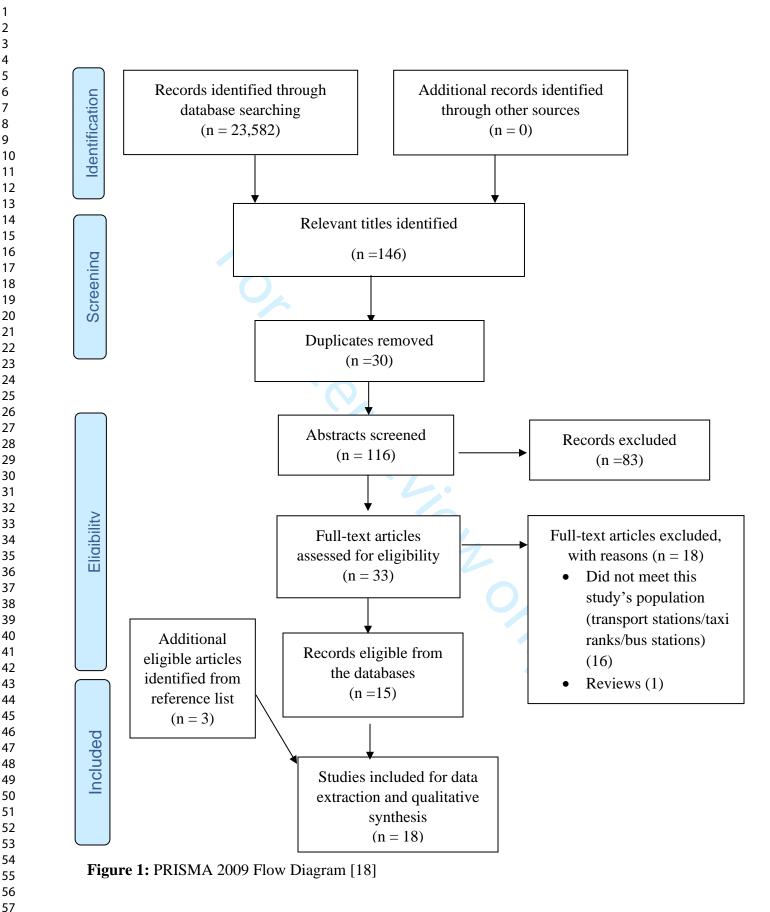
			BMJ C	 Overall mean total bacteria in the s 	1jopen-20	Page
					21-053	
Tshipamba	RTE meat	Standard	Bacillus	• Overall mean total bacteria in the s	argples ranged	Consumers RTE meat are at risk
et. al. [35]		biochemical and	thuringienis,	from 4.3-6.03 cfu/ml \times 102 and co	liferm counts	food borne diseases due to po-
		Molecular methods	Bacillus spp.,	ranged from $1.60-1.95 \times 102$ cfu/m		hygiene practices of the vendors.
			Bacillus subtilis,	• Of the 15 microbes identified, S. at	arogus occurred	
			Bacillus cereus,	in all the meat types and the percer	itage of	
			Citrobacter spp.,	occurrence was chicken meat (14%	b), Beef head	
			Enterococcus	(43%), beef intestine (50%), and w	oi∰(sausage)	
			faecium,	(20%)	ownl	
			Enterococcus		oade	
			faecalis,		ed fro	
			Kurthia spp.,		m	
			Lysinibacillus spp.		nttp://	
			Macrococcus	5.	/bmj	
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			S. equorum, and		, 202	
			S. vitulinus		vnloaded from http://bmjopen.bmj.com/ on April 18, 2024 by	
Kibret et.	White lupin	Standard	E. coli, Salmonella	• Prevalence of bacteria total colifor		Contamination of white lupin and a
al. [29]		bacteriological	spp, and Shigella	954.2±385 at the surface and 756.2	± 447.3 at the	potential health risk to consumers
		techniques, and	spp.	core of white lupin.	rote	revealed, and the bacteria isolated
		Kirby-Bauer disk			cted	showed high rates of multiple drug
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		diffusion method for antimicrobial susceptibility test		•	Pathogens isolated were as follows <i>Ebcoli</i> 29 (72.5%), <i>Salmonella</i> spp. 23 (57.5%) Pand <i>Shigella</i> spp. 8 (20%). Overall multiple antimicrobial resistances rate was 75%	
Eromo et. al. [30]	Local bread ('ambasha' and'kita'), raw fish, chilli ('awaze'), avocado, and cooked potato	Standard microbiological techniques	E. scoli, Salmonella spp., and S. aureus	• • •	The microbiological quality in nearly 31% of RTE food samples was beyond the acceptable limits. Total colony counts detected ranged from 1.7x105 to 6.7x106 cfu/g. <i>E.coli</i> (29.6%), <i>Salmonella</i> spp. (12.7%, and <i>S.</i> <i>aureus</i> (9.9%) were the most frequent isolates. All isolates were 100% sensitive to exprofloxac but 89% of <i>Salmonella</i> spp. was resistant to chloramphenicol, 14.3% of <i>S.aureus</i> was resistant to vancomycin	Considerable rate of contamination is the foods confirmed. The identified foodborne bacteria and antibiotic resistance isolates could pose a public health problem in the study location.
Abakari et. al. [28]	Pre-cut vegetable salads	Standard microbiological methods	E. coli, Bacillus cereus, Salmonella spp, and Shigella spp.	•	<i>E. coli</i> levels ranged from 0 to 7.56 log10 cfu/g <i>Bacillus cereus</i> levels ranged from 0 to 7.44 log10 cfu/g; <i>Salmonella</i> spp. ranged from 0 to 4.54 log10 cfu/g, and <i>Shigella</i> spp. ranged from 5.54 log10 cfu/g were detected in 96%, 93.3% 73.3%, and 76.7% of the salads samples, respectively.	unwholesome for human consumption and could be deleterious to the health of

			BMJ O	pen	njoper		Page 26 of
					mjopen-2021-053		
Flego et. al.	RTE foods (ice-	Standard	Staphylococci,	•	RTE foods were found to be contamine	ated with	Most RTE foods were contaminated
[4]	kenkey (15), cocoa	microbiological	Bacillus spp.,		enteric bacteria and other potential for	•	with enteric bacteria and other
נין	drink (15), fufu (5),	methods	Klebsiella		poisoning organisms with bacterial controls	unts higher	potential food poisoning organisms
	ready-to-eat red		pneumoniae,		than the acceptable levels ($<5.0 \log 1$)	CFU/ml).	with bacterial counts higher than the
	pepper for kenkey)		Aeromonas	•	टoagulate negative staphylococci (2호	7%),	acceptable levels.
	(5), salad (10), and		pneumophila, E.		Bacillus species (21.5%), K. pneumo	jae	
	macaroni (10))		cloacae, S. aureus,		(18.0%), Aeromonas pneumophila (1 3	, .7%), E.	
			<i>E. coli</i> , and <i>P</i> .		cloacae (6.7%), S. aureus (3.7%), E.	oli (2.2%)	
			aeruginosa		and <i>P. aeruginosa</i> (2.2%) were the name	in isolates	
			0		detected.	Ţ	
Jermini et.	Raw foods (ground		Salmonellae Spp.,	•	Raw foods such as ground meat, chick	en,	Time-temperature exposures during
al. [34]	meat, chicken, and		S. aureus,		chicken intestine; and processed food	such as	reheating had variable effects in
	chicken intestine); and		Clostridium		dried "minnows" and "kapenta" were		terms of killing the microorganisms
	processed foods (dried		peifringens		contaminated by salmonellae or conta	ined high	that germinated from surviving
	"minnows" and				populations of S. aureus in pasteurized	l milk.	spores or that reached the foods after
	"kapenta")			•	High populations (> 105) of S. aureug	were	cooking.
					detected from a sample of leftover clg	cken, more	
					than 107 were detected in leftover rie	, and 10	
					million C. peifringens per gram weres		
					leftover beef stew sample		
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	Study	Key findings reported
	Kok et. al. [21]	 Water being used for washing utensils was left unchanged, Piles of dirty pots and dishes was left near the serving areas and RTE foods, and garbage left uncovered with many flies at the site, RTE food was left uncovered,
	Hill et. al. [6]	 Most of the food handlers were not wearing gloves, hairnets, or aprons 85.5% of the vending stalls lacked soap or surface sanitizer, 71% lacked basin for washing, 75% did not have drying cloth, 76.6% of vendors handled food and money concurrently, About 57% left the food uncovered. 39% of the vendors were using their hands to pick up food items, with only 6% wearing gloves, and
	Mazizi et. al. [23]	 29% of vendors had a wet clean sponge/cloth obtainable at the site Major sources of food contamination identified were poor hygiene practices of the food vendor, holding area, and the utensils
	Tshipamba et. al. [35]	 Approximately 90% of RTE meat vendors at the taxi rank exposed their meats to dust and flies, 94% of them handled money whilst serving food, and
	McArthur-Floyd et. al [27]	 washed from their wrist to finger (the WHO recommends handwashing from elbow to fingers), and 62% of the vendors test their meal in the palm whilst 38% of them test it with a spoor
	Aluko et. al. [31]	 (the best way to test a meal) Approximately 17% of food vendors washed their hands always after using the toilet, 63% of them rarely kept their fingernails short, and Nearly 4% of them always kept their leftover cooked food in a refrigerator, despites having unstable power supply
	Odundo et. al. [32]	 Food vendors had poor hygiene practices however, men were observed to have better hygienic practices than women (P<0.05), Hygiene practice of the vendors was found to be significantly associated with training (those trained observe hygiene), and Wearing of jewellery, long and unclean nails, and lack of protective clothing were
	Letuka et. al. [33]	observed.
547		Observed that the food handlers operated under unhygienic environment
548		
549	Figure	
550	Figure 1: PRISMA 2	009 Flow Diagram
551	Figure 2: Trend of pu	blished studies relating to food safety at transport station in Africa
552		
553	Supplementary File	
554	Supplementary file 1	: PRISMA-P Checklist

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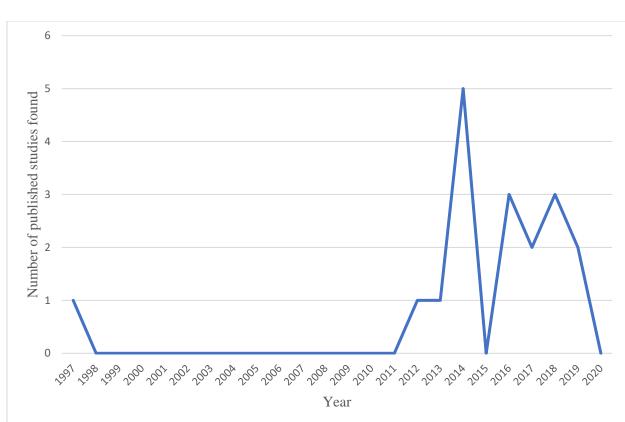


Figure 2: Trend of published studies relating to food safety at transport station in Africa



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Page 31	of 35
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Supplemen	tary file 1: Electror	nic databases search	36/bmiopen-2021-05385	
Search date	Database	Keywords	Search results	Numbe eligible
09/11/2019	EBSCOhost (Academic search complete, CINAHL with Full-text, and Health Source	SU food safety AND SU (food preparation or meal preparation or cooking) OR SU food handling OR SU food storage OR hygiene practices AND (food trading or food selling or food vending or street food) AND (transport station or taxi rank or bus station or transport exchange sites or car park or lorry park) AND africa	2,549	14
10/11/2019		("burkina"[All Fields] AND "faso"[All Fields]) OR "burkina faso"[All Fields]) OR ("burundi"[MeSH Terms] OR "burundi"[All Fields]) OR ("cameroon"[MeSH Terms] OR "cameroon"[All Fields]) OR ("cabo verde"[MeSH Terms] OR ("cabo"[All Fields] AND "verde"[All Fields]) OR "cabo verde"[All Fields] OR ("cape"[All Fields] AND "verde"[All Fields]) OR "cape verde"[All Fields]) OR ("central african republic"[MeSH Terms]	2,834	33

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		 "rwanda"[All Fields]) OR ("sao tome and principe"[MeSH Terms] OR ("sao"[All Fields] AND "tome"[All Fields] AND "principe"[All Fields]) OR "sao tome and principe"[All Fields]) OR ("senegal"[MeSH Terms] OR "senegal"[All Fields]) OR ("seychelles"[MeSH Terms] OR "seychelles"[All Fields]) OR ("sierra leone"[MeSH Terms] OR ("sierra"[All Fields] AND "leone"[All Fields]) OR "sierra leone"[All Fields]) OR ("somalia"[MeSH Terms] OR "somalia"[All Fields]) OR (("south africa"[MeSH Terms] OR ("south"[All Fields]) OR ("south"[All Fields]) OR (("south africa"[MeSH Terms] OR ("south"[All Fields]) OR ("south"[All Fields]) OR ("south africa"[All Fields]) OR ("south"[All Fields]) OR ("sudan"[MeSH Terms] OR "sudan"[All Fields]) OR ("sudan"[MeSH Terms] OR "sudan"[All Fields]) OR ("eswatini"[MeSH Terms] OR "eswatini"[All Fields]) OR ("tanzania"[All Fields]) OR ("tanzania"[MeSH Terms] OR "swaziland"[All Fields]) OR ("tanzania"[MeSH Terms] OR "tanzania"[All Fields]) OR ("tunisia"[MeSH Terms] OR "togo"[All Fields]) OR ("tunisia"[MeSH Terms] OR "togo"[All Fields]) OR ("tanzania"[All Fields]) OR ("tanzania"[All Fields]) OR ("tanzania"[All Fields]) OR ("tanzania"[MeSH Terms] OR "tanzania"[All Fields]) OR ("tanzania"[All Fields]) OR ("tanzania"[MeSH Terms] OR "tanzania"[All Fields]) OR ("tanzania"[All Fields]) OR ("tanzania"[MeSH Terms] OR "tanzania"[All Fields]) OR ("tanzania"[All Fields]) OR ("tanzania"[MeSH Terms] OR "tanzania"[All Fields]) OR ("tanzania"[MeSH Terms] OR "tanzania"[All Fields]) OR ("tanzania"[MeSH Terms] OR "tanzania"[MeSH Terms] OR		
11/11/2019	Web of Science	Randomized Controlled Trial, Humans, English, MEDLINE(food safety AND food preparation OR meal preparation OR cooking OR food handling OR food storage OR hygiene practices AND food trading OR food selling OR food vending or street food AND transport station OR taxi rank OR bus station OR transport exchange sites OR car park or 	n Antil 48 - 2024 -	36
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Supplementary file 1: Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews (PRISMA-ScR) Checklist

SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
TITLE			
Title	1	Identify the report as a scoping review.	
ABSTRACT	1		1
Structured summary	2	Provide a structured summary that includes (as applicable): background, objectives, eligibility criteria, sources of evidence, charting methods, results, and conclusions that relate to the review questions and objectives.	
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of what is already known. Explain why the review questions/objectives lend themselves to a scoping review approach.	
Objectives	4	Provide an explicit statement of the questions and objectives being addressed with reference to their key elements (e.g., population or participants, concepts, and context) or other relevant key elements used to conceptualize the review questions and/or objectives.	
METHODS			
Protocol and registration	5	Indicate whether a review protocol exists; state if and where it can be accessed (e.g., a Web address); and if available, provide registration information, including the registration number.	
Eligibility criteria	6	Specify characteristics of the sources of evidence used as eligibility criteria (e.g., years considered, language, and publication status), and provide a rationale.	
Information sources*	7	Describe all information sources in the search (e.g., databases with dates of coverage and contact with authors to identify additional sources), as well as the date the most recent search was executed.	
Search	8	Present the full electronic search strategy for at least 1 database, including any limits used, such that it could be repeated.	
Selection of sources of evidence†	9	State the process for selecting sources of evidence (i.e., screening and eligibility) included in the scoping review.	
Data charting process‡	10	Describe the methods of charting data from the included sources of evidence (e.g., calibrated forms or forms that have been tested by the team before their use, and whether data charting was done independently or in duplicate) and any processes for obtaining and confirming data from investigators.	
Data items	11	List and define all variables for which data were sought and any assumptions and simplifications made.	
Critical appraisal of individual sources of evidence§	12	If done, provide a rationale for conducting a critical appraisal of included sources of evidence; describe the methods used and how this information was used in any data synthesis (if appropriate).	
Synthesis of results	13	Describe the methods of handling and summarizing the data that were charted.	



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SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
RESULTS			
Selection of sources of evidence	14	Give numbers of sources of evidence screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally using a flow diagram.	
Characteristics of sources of evidence	15	For each source of evidence, present characteristics for which data were charted and provide the citations.	
Critical appraisal within sources of evidence	16	If done, present data on critical appraisal of included sources of evidence (see item 12).	
Results of individual sources of evidence	17	For each included source of evidence, present the relevant data that were charted that relate to the review questions and objectives.	
Synthesis of results	18	Summarize and/or present the charting results as they relate to the review questions and objectives.	
DISCUSSION			
Summary of evidence	19	Summarize the main results (including an overview of concepts, themes, and types of evidence available), link to the review questions and objectives, and consider the relevance to key groups.	
Limitations	20	Discuss the limitations of the scoping review process.	
Conclusions	21	Provide a general interpretation of the results with respect to the review questions and objectives, as well as potential implications and/or next steps.	
FUNDING			
Funding	22	Describe sources of funding for the included sources of evidence, as well as sources of funding for the scoping review. Describe the role of the funders of the scoping review.	

JBI = Joanna Briggs Institute; PRISMA-ScR = Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews.

* Where sources of evidence (see second footnote) are compiled from, such as bibliographic databases, social media platforms, and Web sites.

† A more inclusive/heterogeneous term used to account for the different types of evidence or data sources (e.g., quantitative and/or qualitative research, expert opinion, and policy documents) that may be eligible in a scoping review as opposed to only studies. This is not to be confused with *information sources* (see first footnote).

[‡] The frameworks by Arksey and O'Malley (6) and Levac and colleagues (7) and the JBI guidance (4, 5) refer to the process of data extraction in a scoping review as data charting.

§ The process of systematically examining research evidence to assess its validity, results, and relevance before using it to inform a decision. This term is used for items 12 and 19 instead of "risk of bias" (which is more applicable to systematic reviews of interventions) to include and acknowledge the various sources of evidence that may be used in a scoping review (e.g., quantitative and/or qualitative research, expert opinion, and policy document).

From: Tricco AC, Lillie E, Zarin W, O'Brien KK, Colquhoun H, Levac D, et al. PRISMA Extension for Scoping Reviews (PRISMA-ScR): Checklist and Explanation. Ann Intern Med. ;169:467–473. doi: 10.7326/M18-0850



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A Scoping Review of Food Safety at Transport stations in Africa

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Primary Subject Heading :	Public health
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Keywords:	Public health < INFECTIOUS DISEASES, PUBLIC HEALTH, Health & safety < HEALTH SERVICES ADMINISTRATION & MANAGEMENT





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3 4	1	A Scoping Review of Food Safety at Transport stations in Africa
5 6	2	Busisiwe P. Ncama ¹ , Desmond Kuupiel ^{1,2} , Sinegugu E. Duma ¹ , Gugu Mchunu ¹ , Phindile
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31 Abstract

Background: The World Health Organization (WHO) has declared food safety as a public
health concern. Transport hubs such as taxi ranks, bus stations, and other transport exchange
sites are major food trading/purchasing sites, particularly in Africa. Research evidence is
needed to improve food safety policies and ensure consumption of safe food, owing to the
increasing burden of foodborne diseases, particularly in the WHO Africa Region. Therefore,
we systematically mapped and described research evidence on food safety at transport stations
in Africa.

Methods: Guided by the Arksey and O'Malley framework, we searched for original research articles in PubMed, Web of Science, and EBSCOhost (Academic search complete, CINAHL with Full-text, and Health Source), SCOPUS, and Google Scholar from their inception to October 2020. We included studies that focused on food safety, involved transport stations, involved African countries, and were published in English. Two investigators independently screened the articles at the abstract and full-text stages in parallel, guided by the eligibility criteria, and then extracted all relevant data. Thematic analysis was used to organise the data into themes and sub-themes, and a narrative summary of the findings is presented.

Results: Of the total 23,852 articles obtained from the database searches, 16 studies published in six countries met the inclusion criteria. These 16 studies were published between 1997 and 2019, with the most (5) in 2014. Of the 16 studies, 43.8% (7) were conducted in South Africa, three studies in Ghana, two in Ethiopia, and one study each in Nigeria, Kenya, Lesotho, and Zambia. Most (44.4%) of the included studies focused on microbial safety of food; few studies (22.2%) focused on hygienic practices, and one study investigated the perspective of consumers or buyers. Microbes detected in the foods samples were Salmonella spp, E. coli, Shigella spp, Bacillus sp, Staphylococcus aureus, which resulted mainly from poor hygiene practices.

Discussion: There is limited research that focused on food safety at transport stations in Africa, especially on aspects such as hygiene practices, food storage, and occupational health and food safety. Therefore, we recommend more research in these areas, using various primary study designs, to inform and improve food safety policies and practices for transport stations in African countries alongside improving access to clean water/handwashing facilities, and undertaking structural changes to facilitate behaviours and monitoring for unintended consequences such as livelihoods of vulnerable populations.

1 2

3 4	63	Funding: Funding for this work was provided by the Sustainable and Healthy Food Systems
5	64	(SHEFS) Programme.
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9 10 11	66	Article summary
12 13 14	67	Strengths and limitations of this study
15 16	68	• To the best of our knowledge, this is the first scoping review to systematically explore
17 18 19	69	literature and describe research evidence on food safety at transport stations as well as
20 21	70	identify gaps for future research in Africa.
22 23 24	71	• This scoping review's evidence sources were searched using a systematic approach,
25 26	72	and duplicate screening.
27 28	73	• This review is limited to Africa as well as English language publications.
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87 Background

The World Health Organisation (WHO) estimates that more than 600 million people fall sick (almost 1 in 10 people) with foodborne diseases annually, of which nearly 420 000 people die, and about 33 million years of healthy lives are lost every year worldwide [1, 2]. The burden of foodborne diseases is estimated to be highest in the WHO African and South-East Asia Regions, mainly occurring among vulnerable populations such as infants, young children, pregnant women, older people, poor people, and individuals with underlying illnesses [3]. Food contamination mostly results throughout the food supply chain (from the procedures used in processing the foods, inadequate storage temperatures, unhygienic practices by food handlers, poor sanitation at cooking places/vending areas, poor waste management, and inadequate treatment of leftovers) [4].

Unsafe food has negative implications on health systems, and affects the development and national economies of countries, as well as trade [3]. Therefore, eating unsafe foods poses a significant public health threat. To avert the consequences of unsafe food on health systems, and to sustain national economies, development, trade, and tourism [5, 6], the WHO in 2006 declared food safety as a global public health concern [7, 8]. "Food safety refers to routines in the preparation, handling and storage of food meant to prevent foodborne illness and injury" [5]. To reduce the incidence of food-related diseases, particularly in high burden regions, the observations of food safety measures/precautions at all levels of the food processing chain, including the places where food is prepared and sold, are critical [9, 10].

Like other WHO Regions, especially in low-and-middle-income countries, food trading in the Africa Region takes place at several formal and informal places, such as in the markets, restaurants, streets, open spaces in academic institutions, and transport stations (taxi ranks, bus stations, lorry parks), and other transport exchange sites. Food vending at public spaces serves as a source of livelihood [6, 10, 11], and more than two billion people eat food sold at various vending locations. including transportations stations on daily basis globally [12, 13]. To this end, evidence is essential to inform in-country policies/guidelines, and further research, to ensure that food prepared and sold at transport stations promotes livelihoods, nutrition, food safety, and environmentally sustainable practices. This scoping review systematically mapped literature focused on food safety at transport stations in Africa, to summarise evidence and identify gaps.

119 Methods

120 Scope of the review

The Arksey & O'Malley framework (research question identification; identifying relevant studies; selection of study; data charting, collating, and summarising and reporting the findings [14, 15]) was employed to scope and synthesise literature to answer the question - what evidence exists on food safety at transport stations in Africa? This review's study protocol was developed a priori [16]. This study included published peer-reviewed articles that reported findings from any African country/countries, focused on food safety, and involved transport stations. However, this study was limited to English publications (due to lack of expertise in other international languages), and primary study designs [16]. A detailed description of this scoping review study eligibility criteria is captured in the published protocol [16]. We followed the Preferred Reporting Items for Systematic and Meta-analysis (PRISMA) extension for Scoping Reviews checklist to report this study [17].

27 132

133 Identify relevant studies 29

We searched for primary research articles relating to food safety at transport stations in PubMed, Web of Science, and EBSCOhost (Academic search complete, CINAHL with Full-text, and Health Source), SCOPUS, and Google Scholar from their inception to October 2020. To enable the capturing of all relevant articles, a comprehensive search strategy (developed in consultation with an expert librarian) consisting of keywords, Boolean terms (AND/OR), and Medical Subject Heading terms, was used for the electronic database search (Supplementary file 1). Syntax was modified appropriately where needed. Filters such as date and study design were not applied during the literature search in the databases. DK and PG independently conducted the database search and title screening, and imported all potentially eligible articles onto an EndNote Library. The reference lists of all included articles were also screened for potentially relevant articles using the same approach.

49 145

51 146 Selection of articles

Prior to the abstract screening, the 'find duplicates' function in EndNote was used to find all duplicate articles, and they were removed from the library. A screening form was developed in Google forms, using this study's eligibility criteria, for the abstract and full text screening phases. Two reviewers (co-authors) independently screened the abstracts as well as the full text articles. Discrepancies that arose during the abstract stage were resolved by discussion among

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the review team until a consensus was reached. At the full text screening phase, discrepancies
were resolved by a third reviewer. All the additional articles identified from the reference list
of the included articles equally underwent full text assessment. The PRISMA flow diagram
was employed to account for all the articles involved [18].

¹¹₁₂ 156 **Charting the data**

A data extraction form was designed consisting of the following: Author(s) and publication details, country of study, study design, study setting, study population, sample size, sex, study findings, and recommendations. To ensure consistency and reliability, two reviewers piloted the data extraction sheet using a random sample of three included studies. The pilot testing of the form also enabled the review team to discuss discrepancies, and to revise the data extraction form prior to its final usage. Subsequently, two reviewers conducted the data extraction for the remaining 15 included studies using both inductive and deductive approaches. The review team resolved all discrepancies at this stage through discussion.

27 165

166 Collating, summarizing, and reporting the results

This study subsequently employed thematic analysis, and collated all the emerging themes and
sub-themes relating to food safety. A summary of the findings from the included studies is
presented narratively.

- 36 170
 - 171 Patient and Public Involvement
- ³⁹40 172 No patient involved
- 42 173
- ⁴³ 174 **Results**

Of the 23,852 articles obtained from the database searches (see Figure 1 flow diagram), 146 articles met the eligibility criteria at the title screening stage. Using EndNote "Find Duplicates" function, 30 duplicates were found and removed before abstract screening was conducted. Subsequently, 83 articles were removed at the abstract screening, and 20 at full text (17 of these did not include transport stations/taxi ranks/bus stations, but did involve sale from market centres, public places, chop bars, mini restaurants, major streets, and sidewalks, and were excluded). Finally, 13 studies were included, and, from a manual search of their reference lists, a further three articles were added, giving a total of 16 articles for further analysis.

Characteristics of the included studies

Table 1 presents a summary of the characteristics of the included studies. Of the 16 included studies, about fourty-four (43.8%) were conducted in South Africa [19-25], three (18.8%) in Ghana [4, 26, 27], two (12.5%) in Ethiopia [28, 29], and one (6.2%) each in Nigeria [30], Kenya [31], Lesotho [32], and Zambia [33]. Most of the studies were published in the last six years, however, no published study was found in 2015 and 2020 (Figure 2). Fifteen (93.8%) of the included studies were cross-sectional studies, and one (6.2%) was a mixed-method study. Of the 16 included studies, 50.0% reported on microbial safety of food [4, 20, 23, 27-29, 33, 34], and 25.0% reported hygiene practices of food handlers/vendors [6, 21, 30, 31]. One included study each reported on the following: occupational health and food safety risk [24]; knowledge of hygiene practice [26]; hygiene practices of food handlers/vendors and microbial safety [25]; and knowledge of food safety measures and hygiene practice by food handlers/vendors [32].

Findings from the included studies

Microbial safety of food

Of the nine included studies that reported findings on microbial safety of food, 44.4% were conducted in South Africa [19, 20, 23, 25], 22.2% each in Ghana [4, 27] and Ethiopia [28, 29], and the last 11.1% in Zambia [33]. Seven of the eight studies reported unacceptable levels of microbes in the food [4, 20, 23, 27-29, 33, 34]. Table 2 presents a summary of the key findings as well as the sample type, analytic approach, and the microbes reported.

Hygiene practices of food handlers/vendors

Food preparation

Of the 16 included studies, eight reported research findings relating to food preparation. Fifty percent of these eight studies were from South Africa [6, 21, 23, 25], and the remainder were from Ghana [26], Nigeria [30], Kenya[31], and Lesotho [32]. The studies in South Africa focused on the following: hygiene practices and implications for consumers [21]; food and nutrition knowledge as well as practices related to food preparation [6], the effect of hygiene practices and attitudes of meat vendors [25], and sources of food contamination [23]. The study from Ghana investigated how fast food operators washed their hands [26], whilst the studies from Nigeria, Kenya, and Lesotho evaluated food safety and sanitary practices [30]; food

vendors and hygiene practices [31]; and food safety knowledge, attitudes and practices of food vendors and consumers' perceptions [32]. A summary of the key findings from these studies is presented below (Table 3).

Knowledge of hygiene practices/food safety precautions

In Ghana, McArthur-Floyd et. al. study [26], revealed that the majority (94%) of fast food operators knew food safety precautions [26]. Letuka et. al. study [32] in Lesotho, indicated that 95% of food vendors did not know washing utensils with detergents helps reduce contamination [32]. The mean knowledge (49%±11) of the food vendors included in the study was considered poor [32]. About 6% of the consumers that participated in the study chose not to buy food sold at taxi ranks due to food safety issues and hygiene [32].

> Occupational health and food safety risk

In South Africa, Qekwana et.al. [24]evaluated the occupational health and food safety risks associated with the traditional slaughter of goats, and the consumption of such meat [24]. Approximately 63% of the practitioners were not wearing protective clothing during slaughter, and about 78% of practitioners did not know their health status [24]. Almost 83% of the practitioners hung up their carcass to facilitate bleeding, flaying, and evisceration [24]. The study further observed that none of the practitioners practiced meat inspection [24]. In Nigeria, Aluko et al. [30] study revealed that approximately 62% of the vendors had no formal training, and their medical status was also unknown [30].

Discussion

This scoping review mapped evidence on food safety at transport stations in Africa, and revealed a very low number of papers that are published in this area, given many African employees in both formal and informal sectors commute through these transport hubs [12, 13]. An average of one paper per year relating to food safety at transport hubs in Africa as revealed by this review is simply not enough. Nonetheless, the few papers depict an imbalance of research, with most focused on microbial safety [4, 20, 23, 27-29, 33, 34], and few on socio-economic aspects such as hygiene practices [6, 21, 30, 31], and occupational health and food safety risk [24]. Moreover, this review revealed no study evaluated the storage of food or how the food is transported to the vending site.

As evidence by this review, most of the food sold at transport hubs does not meet the minimum standards and is not safe for consumption due to the presence of several microbes [4, 19, 23, 25, 27, 29, 33, 35]. There are several reasons for this such as poor practices relating to hygiene, storage, preparation, cooking, cleaning, and serving [4, 20, 23, 27-29, 33, 34]. However, these findings are similar to previous review findings involving markets [36], homes and restaurants [37]. A recent publication by Gizaw [36] indicated that several studies reported microbial contamination of foods sold in the market, with bacteria and fungi similar to those identified in our review [36]. Also, a review by the WHO reported that the main factors contributing to foodborne disease outbreaks in homes or restaurants were poor temperature control in preparing, cooking, and storing food [37]. Although very few papers were found by this review, the evidence is compelling that there should be policy interventions to address issues relating poor hygiene practices, including food storage, preparation, cooking, cleaning, and serving by food handlers at transport hubs, not only in South Africa but across Africa.

Similar to a previous scoping review [38], most of the included papers were published within the last six years but, no published study was found in 2015 and 2020. Whilst the reason for the lack of published papers in 2015 might be difficult to determine, the COVID-19 pandemic which resulted in "covidisation" of research might be the reason for the lack of publication in this field of research in 2020. Although we cannot conclude that no primary research has been conducted in these countries focusing on the safety of food sold at transport stations, it suggests a research/publication gap. Food safety research is, perhaps, more relevant now than ever in Africa, since the burden of foodborne diseases is rising annually, resulting in the declaration of food safety as a public health concern by the WHO [7, 8]. Aside from this, most commuters tend to buy ready-to-eat (RTE) food from street food vendors, including those at transport hubs [39, 40]; hence, the sale of food at transport stations is rising [40, 41], particularly in Africa [6] partly due to an increase in demand for RTE, and the employment opportunities it offers to many individuals who otherwise would not have had any source of income [38, 42]. Even more worrying is the fact that most of the articles included that focused on microbial safety, reported high levels of food contamination with several microorganisms, especially Salmonella spp and E. coli [4, 19, 23, 25, 27, 29, 33, 35]. Therefore, more research is needed across African countries to prevent potential negative consequences.

Our study findings have implications for practice and research. For instance, the likelihood of food poisoning with microbes such as Salmonella spp, E. coli., Shigella spp, Bacillus spp, S. aureus, and several others, revealed by most of the included studies that focused on microbial

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contamination of food, is alarming. This, if not checked, could further worsen the already high burden of foodborne diseases in a continent that has several of its countries already experiencing many health systems and economic challenges. Aside from this, the majority of individuals who commute through transport hubs, possible will purchase a meal from a transport hub/exchanges site, which may be the only meal of the day [12, 13], and yet the food safety standards are poor [4, 20, 23, 27-29, 33, 34]. Thus, if not checked, the excess cases of foodborne diseases from any outbreak will further impact negatively on the already challenged public health systems in Africa. Also, poor people who are exposed to these unsafe foods get an infection, may have to pay more for healthcare, which can further exacerbate their poverty situation. Moreover, people who are already living in extreme poverty who get exposed to foodborne disease may not even make it to the hospital for care and can end up dying at home [43].

Good hygiene and sanitation practices, such as adequate hand washing, adequate washing and storage of pots and dishes, good waste management, observation of food preparation standards and serving etiquette, among others, have the potential to reduce the risk of food contamination from both biological and non-biological hazards, yet this study reveals fewer studies that focused on hygienic practices. We, therefore, recommend more research to further inform contextualised policy decisions aimed at improving hygiene and sanitation practices by food vendors at transport stations. Also, very relevant to ensuring food safety is the occupational health practices of the vendors. Regular food handling tests and food inspections, conducted by the appropriate local authorities, should be mandatory in all African countries. Food handler tests should seek to ensure that food vendors are fit healthwise to prepare and serve food meant for public consumption. However, our review found limited studies that evaluated occupational health and food safety. Considering that evidence from South Africa and Nigeria suggests about 78% and 62% of food vendors do not know their health status [30, 44], and the increasing number of informal food sellers at various transport exchange sites, future studies are recommended to focus on occupational health and food safety in Africa. The means and manner of storing food, especially leftover RTE food, can either increase or reduce the risk of food contamination, but, again, this scoping review found no study that focused on food storage practices of the vendors at transport stations. Also essential, and yet we did not find any study focusing on it, is the quality of food (nutritious aspects) of the meals sold at transport stations. Eating a well nourishing diet or balanced meals is critical to ensure good health [45-47], hence, we encourage future primary studies to include the nutritious aspects. Such studies may help

streamline guidelines or inform policies to improve the quality of the food sold at transport exchange sites or taxi ranks. Moreover, this review found that the majority (17 out of 18) of the respondents in the included studies were the vendors (mostly females) or food samples taken from the vendors. The perspectives of consumers (buyers) or commuters regarding food safety at transport stations are also very relevant, and we recommend future research to involve them. A comparative study to investigate food safety practices among males and females food vendors at transport stations might be relevant since many males are now getting involved in the business [6, 48, 49].

To the best of our knowledge, this study is the first scoping review that systematically mapped literature relating to food safety at transport stations in Africa. A major strength of our study method is that it permits the inclusion of multiple study designs. Also, the choice of this study method permitted us to highlight literature gaps, and made recommendations for future research. Aside from this, we conducted a thorough search in six databases using a comprehensive search strategy which enabled us to capture the most relevant articles to answer the review question. Moreover, two independent reviewers were used to select the studies and perform data extraction processes which helped to prevent selection bias and ensured the reliability and trustworthiness of this study results. Despite this, our scoping review has many limitations. This study included only original study peer reviewed papers, which resulted in the exclusion of one review paper [38], and one Masters' dissertation [50]. We did not also consult the websites of WHO and the Food and Agriculture Organisation websites for possible relevant studies. Furthermore, this study cannot be generalised since the search was limited to African countries only. Although date limitation was removed, we limited the publication language to English only, which perhaps eliminated relevant articles published in other languages. Despite these limitations, this study has provided essential evidence relating to food safety at transport stations and has shown literature gaps to guide future research.

47 339

49 340 Conclusion

Based on this scoping review's eligibility criteria, our study results suggest there is limited research focusing on food safety at transport stations in Africa. Most of the existing published studies are focused on microbial safety of food, and very few/none on other aspects such as hygiene practices, food storage, occupational health and food safety, and nutrition. Hence, we recommend more primary research involving community members and policy makers in these areas going forward alongside improving access to clean water/handwashing facilities, and

3 4	347	undertaking structural changes to facilitate behaviours and monitoring for unintended
5	348	consequences such as livelihoods of vulnerable populations.
6 7	349	
8 9 10	350	Abbreviations
	351	PRISMA- Preferred Reporting Items for Systematic and Meta-analysis
11 12	352	RTE- Ready-to-eat
13 14	353	WHO- World Health Organization
15 16	354	
17	355	Ethics and dissemination
18 19	356	Not required. This study did not include human participants.
20 21	357	
22 23	358	Data availability statement
24	359	Not applicable. All sources of data have been adequately referenced
25 26	360	
27 28	361	Patient and Public Involvement
29	362	No patient involved
30 31	363	
32 33	364	Statements
34 35	365	Acknowledgments
36	366	Support for this work was provided by the Sustainable and Healthy Food Systems (SHEFS)
37 38	367	Programme, supported through the Wellcome Trust's Our Planet, Our Health Programme
39 40	368	
41 42	369	Authors' contributions
43	370	BPN, DK, SED, SM, and RS conceptualized and designed the study. DK developed and
44 45	371	designed the database search strategy and conducted the search. PG contributed to the
46 47	372	screening of the studies and data extraction. DK wrote the draft manuscript and BPN, SED,
48	373	GM, and RS critically review it and made revisions. All the authors approved the final version
49 50	374	of the manuscript.
51 52	375	
53 54	376	Funding
55	377	Funding for this work was provided by the Sustainable and Healthy Food Systems (SHEFS)
56 57	378	Programme, supported through the Wellcome Trust's Our Planet, Our Health Programme
58 59	379	[grant number: 205200/Z/16/Z]. The funder played no role in the literature search and writing
60	380	of the manuscript.

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Table 1: Characteristic of the included sources of evidence 523

Fable 1: Ch	aracteristic	of the included sources of	evidence			mjopen-2021-053856 (
Author, year	Country	City/Town	Study design	Study setting	Study population	Sample size	Sex of vendors	Outcome reported
Oguttu et.	South	Tshwane Metropole,	Mixed-	Taxi rank	Vendors selling	100 sargples	Females	Microbial safety of
al., 2014	Africa	Gauteng Province	methods study		Ready-to-eat	of Ready-to-		food
[34]					chicken	eat chicken		
Mafune et.	South	Thohoyandou, Limpopo	Cross-	Taxi rank, bus	Food samples	28 samples	Not specified	Microbial safety of
al., 2016	Africa	Province	sectional study	station, shopping	from street	wnloaded fror		food
[20]			6	mall, and street	vendors	adec		
				stalls		d fror		
Kibret et.	Ethiopia	Bahir Dar Town	Cross-	Main roads sites,	Ready-to-eat	40 samples	Not specified	Microbial safety o
al., 2013			sectional study	bus station,	white lupin sample	(200 grams of		food
[28]				groceries, taxi	from vendors	white lapin)		
				ranks		ben.t		
Abakari et.	Ghana	Tamale, Northern Region	Cross-	Taxi rank, bus	Ready-to-eat salad	30 sala	Not specified	Microbial safety o
al., 2018			sectional study	stops, transport	samples from food	samples		food
[27]				yard, and timber	vendors	on April		
				Market				
Aluko et.al.,	Nigeria	Ile Ife, southwestern	Cross-	Car parks	Food vendors	160 (1 南	Males and	Hygiene practices
2014 [30]		Nigeria	sectional study			station by and	females	of food
						43 mole		handlers/vendors
						vendor		
Odundo et.	Kenya		Cross-	Major bus stops,	Food vendors	130 Protected by copyright.	Males and	Hygiene practices
al., 2018			sectional study	markets, shopping		otect	females	of food
[31]				areas, construction		ed		handlers/vendors

				BMJ Open		mjopen-2021-053856 on 25 November		
)21-053		
				sites, and		856		
				commercial areas		on 2		
Kok et. al.,	South	Durban, KwaZulu-Natal	Cross-	Transport exchange	Food vendors	29 Z	Not specified	Hygiene practices
2014 [21]	Africa	Province	sectional study	site		overr		of food
						nber		handlers/vendors
Letuka et.	Lesotho	Maseru	Cross-	Taxi ranks	Food vendors	141 (48 food	Male and	Knowledge of foo
al., 2019			sectional study			handleigand	female	safety measures
[32]		i Oh				93 <u>M</u>		and hygiene
			6			consunaers)		practice by food
			00			ed fr		handlers/vendors
Eromo et.	Ethiopia	Hawassa City	Cross-	Bus station	Food samples	72 samples	Not specified	Microbial safety
al., 2016			sectional study	6	from street food	from six food		food
[29]					vendors	items jo 200 en.bmj.com		
McArthur-	Ghana	Madina (Accra), Greater	Cross-	Taxi rank, and	Food vendors	200 g	Males and	Knowledge of
Floyd et. al.,		Accra Region	sectional study	transport exchange		.bmj	females	hygiene practice
2016 [26]				sites	1	.com		
Hill et. al.,	South	Cape Town	Cross-	Train, bus stations,	Food vendors	831 g	Males and	Hygiene practice
2019 [6]	Africa		sectional study	and taxi ranks,		Apr	females	of food
				community centers,		831 on April 18,		handlers/vendors
				market		202		
Mazizi et.	South	Alice (Nkonkobe) and	Cross-	Taxi rank and bus	Street food	136 foggel	Not specified	Microbial safety
al., 2017	Africa	King William's Town	sectional study	stations	vendors	sample -		food
[23]		(Buffalo City), Eastern				cooked and		
		Cape province				raw. Tote		
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Oguttu et. al.Ready-to-eat(RTE)3M TM Petrift[34]chickenplates		3M [™] Petrifilm plates	S. aureus	S. aureus		• High prevalence of <i>S. aureus</i> in the sample was (44%; 90% CI: 36.1%-52.2%), with mean <i>S. aureus</i> counts of 10 ^{3.6} (90%CI: 10 ^{3.3} –40 ^{3.9}).			To reduce the levels of concentratio of <i>S. aureus</i> on the RTE chicken and promote the sale of safer and	
Oguttu et al	Ready to	eat (DTE)	approach	TM S aurous		• High a	rovolonoo of C	us in the complete	To raduce	the levels of concentration
Study	Type of sa	ample	Analytical	Microbe	s reported	Key resu	lts	4 by gu	Key conc	lusion
Table 2: Mic	robial safe	ty of food a	t transport sta	tions				il 18, 2024		
							food vendors	n Ap		
							Foods from street	n.bmj.com/ on April 18,		
[33]							cooked	j mj.o		
al., 1997		1		sectional study	and large		processed, and	<u> </u>		food
Jermini et.	Zambia	Not specifi	ed	Cross-	bus park/	station	Samples of raw,	Not specified	Not specified	safety of food Microbial safety of
					6			samples from http://bm		and microbial
[25]								om t		handlers/vendors,
et. al., 2018	Africa			sectional study	streets		from vendors	samples		of food
Tshipamba	South	Johannesbu	irg	Cross-	Taxi rank	s and	Meat samples	<u>3</u> 115 me g t	Not specified	Hygiene practices
								2021. Dow		
2012 [4]				sectional study			from vendors	samples		food
Flego et. al.,	Ghana	Kumasi, As	shanti Region	Cross-	Bus term	inals	Food samples	60 food	Not specified	Microbial safety of
[24]		Province						1 25 No		safety risk
Qekwana et.al, 2017	South Africa	Tshwane M Municipalit		Cross- sectional study	Taxi rank Informal		Traditional goat slaughter	105 peogete S	Males and females	Occupational health and food

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					n-2021-053		
Mafune et. al. [20]	Unfermented porridge, boiled cabbage and carrots, boiled peanuts, salad, potato chips, traditional mageu, and stewed beef and	Standard microbiological method	S. aureus	•	The likelihood of food poisoning with <i>S. aureus</i> from RTE chicken was estimated to be 1.3% (90% CI: 0% -2.7%) <i>S. aureus</i> was <2.4771 log10 cfu/g infall samples and places. Except for fried potato chips, microbial contamination was observed in the remaining food samples using the total plate count method.	affordable RTE chicken for the large urban poor population in South Africa, training of RTE chicken vendors on hygiene is still needed. Most of the vended foods investigated met the microbiological standard of RTE foods	
NC	grilled chicken	Dischamical tests				The levels of contamination in	
Mazizi et. al. [23]	Cooked and raw beef, pork, and mutton samples, surface contact plates, and water samples	Biochemical tests according to international standards methods	S. aureus, E. coli, and Salmonella spp.	1	Mean score of raw beef, mutton, and pork were aerobic plate counts (4.8, 3.7 and 2.8 Log (cfu/g)), <i>S. aureus</i> (3.3, 3.7 and 2.8 Log cfu/g), and <i>E. coli</i> (1.0, 0.6 and 0.3 Log cfu/g) respectively.	Commission Regulation for determining the microbiological quality of RTE foods.	
Tshipamba et. al. [25]	RTE meat	Standard biochemical and Molecular methods	Bacillus thuringienis, Bacillus spp., Bacillus subtilis, Bacillus cereus, Citrobacter spp., Enterococcus faecium,	•	Overall mean total bacteria in the samples ranged from 4.3-6.03 cfu/ml × 102 and coliform counts ranged from 1.60-1.95 × 102 cfu/ml $\frac{4}{5}$ Of the 15 microbes identified, S. aureus occurred in all the meat types and the percentage of occurrence was chicken meat (14%), beef head	Consumers RTE meat are at risk of food borne diseases due to poor hygiene practices of the vendors.	

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Kibret et. al. [28]	White lupin	Standard bacteriological techniques, and	Enterococcus faecalis, Kurthia spp., Lysinibacillus spp. Macrococcus caseolyticus, Planomicrobium glaciei, Planococcus antarcticus, S. aureus, S. equorum, and S. vitulinus E. coli, Salmonella spp, and Shigella spp.	 (43%), beef intestine (50%), and work (sausage) (20%) Prevalence of bacteria total coliform gounts wer 954.2±385 at the surface and 756.2±47.3 at the core of white lupin. 	e Contamination of white lupin and a potential health risk to consumers revealed, and the bacteria isolated
Examp of	Local bread	Kirby-Bauer disk diffusion method for antimicrobial susceptibility test	E. scoli, Salmonella	 Pathogens isolated were as follows <i>Eq coli</i> 29 (72.5%), <i>Salmonella</i> spp. 23 (57.5%) and <i>Shigella</i> spp. 8 (20%). Overall multiple antimicrobial resistances rate was 75% The microbiological quality in nearly 31% of 	showed high rates of multiple drug resistance.
Eromo et.	Local bread	Standard		S S S S S S S S S S S S S S S S S S S	Considerable rate of contamination
al. [29]	('ambasha' and'kita'),	microbiological techniques	spp., and S. aureus	RTE food samples was beyond the acceptable limits.	the foods confirmed. The identified foodborne bacteria and antibiotic resistance isolates could pose a

			BMJ O	pen	mjopen-2021-053	Page
Abakari et. al. [27]	raw fish, chilli ('awaze'), avocado, and cooked potato Pre-cut vegetable salads	Standard microbiological methods	E. coli, Bacillus cereus, Salmonella spp, and Shigella spp.	 Total colony counts detected range 1.7x105 to 6.7x106 cfu/g. <i>E.coli</i> (29.6%), <i>Salmonella</i> spp. (1 <i>aureus</i> (9.9%) were the most frequ All isolates were 100% sensitive to but 89% of <i>Salmonella</i> spp. was rechloramphenicol, 14.3% of <i>S.aureu</i> resistant to vancomycin <i>E. coli</i> levels ranged from 0 to 7.56 <i>Bacillus cereus</i> levels ranged from log10 cfu/g; <i>Salmonella</i> spp. range 4.54 log10 cfu/g, and <i>Shigella</i> spp 5.54 log10 cfu/g were detected in 973.3%, and 76.7% of the salads same from the same fro	$2.\frac{3}{2}$ %, and S. $2.\frac{3}{2}$ %, and S. $2.\frac{3}{2}$ %, and S. $3.\frac{3}{2}$ $3.\frac{3}{2}$ %, and S. $3.\frac{3}{2}$ %	public health problem in the study location. Salads were revealed to be unwholesome for human consumption and could be deleterious to the health of consumers.
Flego et. al. [4]	RTE foods (ice- kenkey (15), cocoa drink (15), fufu (5), ready-to-eat red pepper for kenkey) (5), salad (10), and macaroni (10))	Standard microbiological methods	Staphylococci, Bacillus spp., Klebsiella pneumoniae, Aeromonas pneumophila, E. cloacae, S. aureus, E. coli, and P. aeruginosa	 RTE foods were found to be conta enteric bacteria and other potential poisoning organisms with bacteria than the acceptable levels (<5.0 log Coagulate negative staphylococci Bacillus species (21.5%), <i>K. pneur</i> (18.0%), <i>Aeromonas pneumophila</i> cloacae (6.7%), <i>S. aureus</i> (3.7%), ¹ and <i>P. aeruginosa</i> (2.2%) were the detected. 	22% min ated with food l caunts higher g1 \oplus CFU/ml). (2 $\%$ 7%), moviae (1 $\%$.7%), E. E. ϕ oli (2.2%)	Most RTE foods were contaminated with enteric bacteria and other potential food poisoning organisms with bacterial counts higher than the acceptable levels.

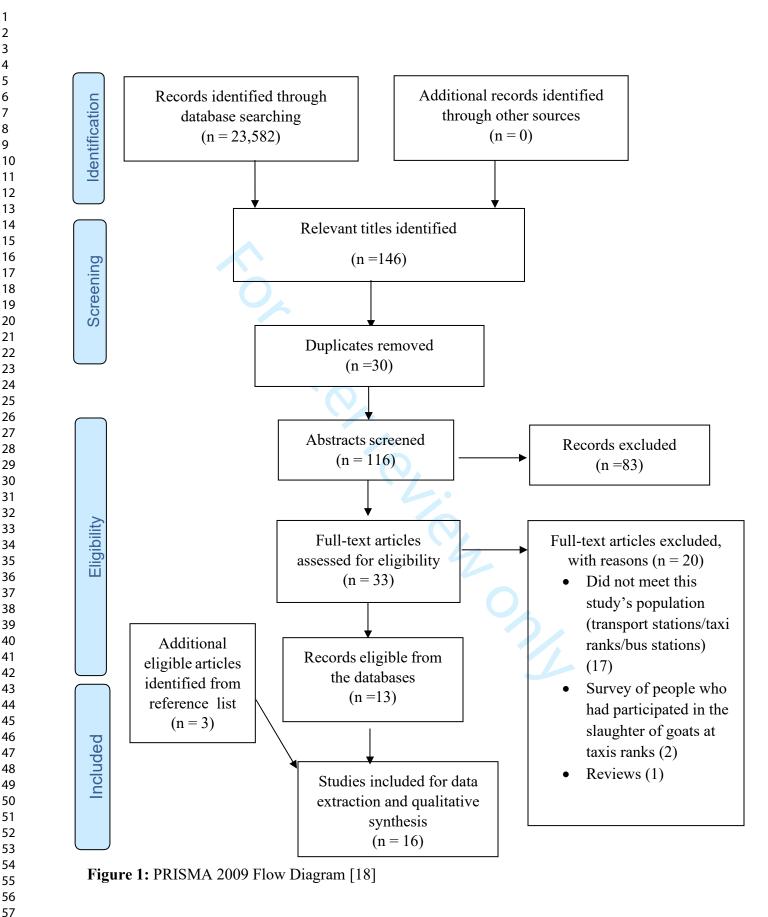
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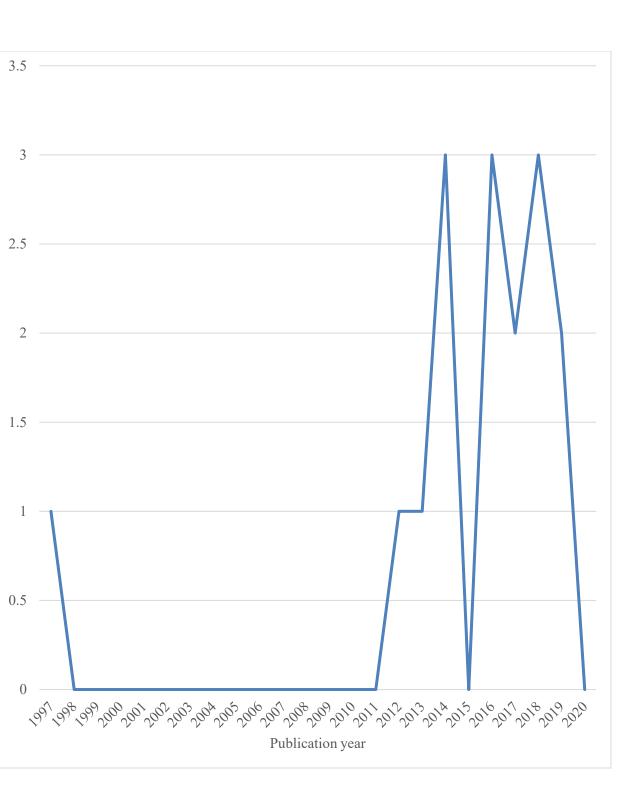
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Jermini et.	Raw foods (ground	Salmonellae Spp.,	•	Raw foods such as ground meat, ch	0	Time-temperature exposures during
al. [33]	meat, chicken, and	S. aureus,		chicken intestine; and processed for	N	reheating had variable effects in
	chicken intestine); and processed foods (dried	Clostridium		dried "minnows" and "kapenta" we	0	terms of killing the microorganisms that germinated from surviving
	"minnows" and	peifringens		contaminated by salmonellae or cor	3	spores or that reached the foods aft
	"kapenta")			populations of S. aureus in pasteurin		cooking.
	kapenta)		•	High populations (> 105) of S. aure		cooking.
				detected from a sample of leftover of	Q	
				than 107 were detected in leftover r	0	
				million <i>C. peifringens</i> per gram wer		
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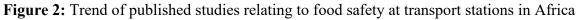
	Study	Key findings reported
	Kok et. al. [21]	 Water being used for washing utensils was left unchanged, Piles of dirty pots and dishes was left near the serving areas and RTE foods, and garbage left uncovered with many flies at the site, RTE food was left uncovered, Most of the food handlers were not wearing gloves, hairnets, or aprons
	Hill et. al. [6]	 85.5% of the vending stalls lacked soap or surface sanitizer, 71% lacked basin for washing, 75% did not have drying cloth, 76.6% of vendors handled food and money concurrently, About 57% left the food uncovered. 39% of the vendors were using their hands to pick up food items, with only 6% wearing
		 gloves, and 29% of vendors had a wet clean sponge/cloth obtainable at the site
	Mazizi et. al. [23]	 Major sources of food contamination identified were poor hygiene practices of the food vendor, holding area, and the utensils
	Tshipamba et. al. [25]	 Approximately 90% of RTE meat vendors at the taxi rank exposed their meats to dust and flies, 94% of them handled money whilst serving food, and Stagnant water found in about 22% of the vending locations at the taxi-rank
	McArthur-Floyd et. al. [26]	 64% of food vendors washed their hands from elbow to finger and the remainder (36%) washed from their wrist to finger (the WHO recommends handwashing from elbow to fingers), and 62% of the vendors test their meal in the palm whilst 38% of them test it with a spoon (the best way to test a meal)
	Aluko et. al. [30]	 Approximately 17% of food vendors washed their hands always after using the toilet, 63% of them rarely kept their fingernails short, and Nearly 4% of them always kept their leftover cooked food in a refrigerator, despites having unstable power supply
	Odundo et. al. [31]	 Food vendors had poor hygiene practices however, men were observed to have better hygienic practices than women (P<0.05), Hygiene practice of the vendors was found to be significantly associated with training (those trained observe hygiene), and Wearing of jewellery, long and unclean nails, and lack of protective clothing were observed.
	Letuka et. al. [32]	Observed that the food handlers operated under unhygienic environment
528 529		
530	Figure	
531	Figure 1: PRISMA 200	09 Flow Diagram
532 533	Figure 2: Trend of pub	lished studies relating to food safety at transport station in Africa
534	Supplementary File	
535	Supplementary file 1:	PRISMA-P Checklist
		25
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Table 3: Key reported findings on food preparation



Number of articles included





29 of 33		BMJ Open	36/hmio	
Supplemen	tary file 1: Electror	ic databases search	36/bmionen-2021-05385	
Search date	Database	Keywords	Search results	Number eligible
09/11/2019	EBSCOhost (Academic search complete, CINAHL with Full-text, and Health Source	SU food safety AND SU (food preparation or meal preparation or cooking) OR SU food handling OR SU food storage OR hygiene practices AND (food trading or food selling or food vending or street food) AND (transport station or taxi rank or bus station or transport exchange sites or car park or lorry park) AND africa	2,549	14
10/11/2019		"food safety"[MeSH Terms] OR ("food"[All Fields] AND "safety"[All Fields]) OR "food safety"[All Fields]) OR ("food supply"[MeSH Terms] OR ("food"[All Fields] AND "supply"[All Fields]) OR "food supply"[All Fields] OR ("food"[All Fields] AND "security"[All Fields]) OR "food security"[All Fields]) AND (("food"[MeSH Terms] OR "food"[All Fields]) AND vending[All Fields]) OR (("food"[MeSH Terms] OR "food"[All Fields]) AND trading[All Fields]) OR (("food"[MeSH Terms] OR "food"[All Fields]) AND trading[All Fields]) AND streets[All Fields] OR (("motor vehicles"[MeSH Terms] OR ("motor"[All Fields] AND "vehicles"[All Fields]) OR "motor vehicles"[All Fields] OR "lorry"[All Fields]) AND parks[All Fields]) OR (("motor vehicles"[MeSH Terms] OR ("motor"[All Fields]) OR "wethicles"[All Fields]) OR "motor vehicles"[All Fields] OR "lorry"[All Fields]) AND station[All Fields]) OR (taxi[All Fields] AND ranks[All Fields]) AND ("algeria"[MeSH Terms] OR "algeria"[All Fields]) OR ("angola"[MeSH Terms] OR "angola"[All Fields]) OR ("benin"[MeSH Terms] OR "benin"[All Fields]) OR ("botswana"[MeSH Terms] OR "botswana"[All Fields]) OR ("burkina faso"[MeSH Terms] OR "botswana"[All Fields]) OR ("burkina faso"[All Fields]) OR ("burkina"[All Fields]) OR ("burkina faso"[MeSH Terms] OR "botswana"[All Fields]) OR ("burkina faso"[MeSH Terms] OR "botswana"[All Fields]) OR ("cameroon"[All Fields]) OR ("cabo verde"[MeSH Terms] OR "cameroon"[All Fields]) OR ("cabo verde"[MeSH Terms] OR "cameroon"[All Fields]) OR ("cabo verde"[MeSH Terms] OR ("cabo"[All Fields]) OR ("cabo verde"[All Fields]) OR ("cabo"[All Fields]) OR ("cabo verde"[All Fields]) OR ("cabo"[All Fields]) OR ("cabo verde"[All Fields]) OR ("cabo"[All Fields]] OR "cabo verde"[All Fields]] OR ("cape"[All Fields]] OR "cabo verde"[All Fields]] OR ("cape"[All Fields]] OR "cabo verde"[All Fields]] OR ("cabo"[All Fields]]) OR "cabo verde"[All Fields]] OR ("cape"[All Fields]] OR "cabo verde"[All Fields]] OR ("cape"[All Fields]]) OR "cabo verde"[All Fields]] OR ("cape"[All Fields]]) OR "cabo verde"[Al	Profes	33
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		 "rwanda"[All Fields]) OR ("sao tome and principe"[MeSH Terms] OR ("sao"[All Fields] AND "tome"[All Fields] AND "principe"[All Fields]) OR "sao tome and principe"[All Fields]) OR ("senegal"[MeSH Terms] OR "senegal"[All Fields]) OR ("seychelles"[MeSH Terms] OR "seychelles"[All Fields]) OR ("sierra leone"[MeSH Terms] OR ("sierra"[All Fields] AND "leone"[All Fields]) OR "sierra leone"[All Fields]) OR ("somalia"[MeSH Terms] OR "somalia"[All Fields]) OR (("south africa"[MeSH Terms] OR ("south"[All Fields]) OR ("south"[All Fields]) OR (("south africa"[MeSH Terms] OR ("south"[All Fields]) OR ("south"[All Fields]) OR ("south africa"[All Fields]) OR ("south"[All Fields]) OR ("sudan"[MeSH Terms] OR "sudan"[All Fields]) OR ("sudan"[MeSH Terms] OR "sudan"[All Fields]) OR ("eswatini"[MeSH Terms] OR "eswatini"[All Fields]) OR ("tanzania"[All Fields]) OR "swaziland"[All Fields]) OR ("tanzania"[MeSH Terms] OR "tanzania"[All Fields]) OR ("togo"[MeSH Terms] OR "togo"[All Fields]) OR ("tunisia"[MeSH Terms] OR "tunisia"[All Fields]) OR ("uganda"[MeSH Terms] OR "zambia"[All Fields]) OR ("zimbabwe"[MeSH Terms] OR "zimbabwe"[All Fields]) OR ("zambia"[MeSH Terms] OR 	- 053856 m	
11/11/2019	Web of Science	Randomized Controlled Trial, Humans, English, MEDLINE(food safety AND food preparation OR meal preparation OR cooking OR food handling OR food storage OR hygiene practices AND food trading OR food selling OR food vending or street food AND transport station OR taxi rank OR bus station OR transport exchange sites OR car park or 	ni pont on Anril 48 - 2024 F	36
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Supplementary file 1: Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews (PRISMA-ScR) Checklist

SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
TITLE			
Title	1	Identify the report as a scoping review.	
ABSTRACT			
Structured summary	2	Provide a structured summary that includes (as applicable): background, objectives, eligibility criteria, sources of evidence, charting methods, results, and conclusions that relate to the review questions and objectives.	
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of what is already known. Explain why the review questions/objectives lend themselves to a scoping review approach.	
Objectives	4	Provide an explicit statement of the questions and objectives being addressed with reference to their key elements (e.g., population or participants, concepts, and context) or other relevant key elements used to conceptualize the review questions and/or objectives.	
METHODS			
Protocol and registration	5	Indicate whether a review protocol exists; state if and where it can be accessed (e.g., a Web address); and if available, provide registration information, including the registration number.	
Eligibility criteria	6	Specify characteristics of the sources of evidence used as eligibility criteria (e.g., years considered, language, and publication status), and provide a rationale.	
Information sources*	7	Describe all information sources in the search (e.g., databases with dates of coverage and contact with authors to identify additional sources), as well as the date the most recent search was executed.	
Search	8	Present the full electronic search strategy for at least 1 database, including any limits used, such that it could be repeated.	
Selection of sources of evidence†	9	State the process for selecting sources of evidence (i.e., screening and eligibility) included in the scoping review.	
Data charting process‡	10	Describe the methods of charting data from the included sources of evidence (e.g., calibrated forms or forms that have been tested by the team before their use, and whether data charting was done independently or in duplicate) and any processes for obtaining and confirming data from investigators.	
Data items	11	List and define all variables for which data were sought and any assumptions and simplifications made.	
Critical appraisal of individual sources of evidence§	12	If done, provide a rationale for conducting a critical appraisal of included sources of evidence; describe the methods used and how this information was used in any data synthesis (if appropriate).	
Synthesis of results	13	Describe the methods of handling and summarizing the data that were charted.	



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SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED
RESULTS			
Selection of sources of 14 evidence		Give numbers of sources of evidence screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally using a flow diagram.	
Characteristics of sources of evidence	15	For each source of evidence, present characteristics for which data were charted and provide the citations.	
Critical appraisal within sources of evidence	16	If done, present data on critical appraisal of included sources of evidence (see item 12).	
Results of individual sources of evidence		For each included source of evidence, present the relevant data that were charted that relate to the review questions and objectives.	
Synthesis of results	18	Summarize and/or present the charting results as they relate to the review questions and objectives.	
DISCUSSION			
Summary of evidence	19	Summarize the main results (including an overview of concepts, themes, and types of evidence available), link to the review questions and objectives, and consider the relevance to key groups.	
Limitations	20	Discuss the limitations of the scoping review process.	
Conclusions	21	Provide a general interpretation of the results with respect to the review questions and objectives, as well as potential implications and/or next steps.	
FUNDING			
Funding	22	Describe sources of funding for the included sources of evidence, as well as sources of funding for the scoping review. Describe the role of the funders of the scoping review.	

JBI = Joanna Briggs Institute; PRISMA-ScR = Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews.

* Where sources of evidence (see second footnote) are compiled from, such as bibliographic databases, social media platforms, and Web sites.

† A more inclusive/heterogeneous term used to account for the different types of evidence or data sources (e.g., quantitative and/or qualitative research, expert opinion, and policy documents) that may be eligible in a scoping review as opposed to only studies. This is not to be confused with *information sources* (see first footnote).

[‡] The frameworks by Arksey and O'Malley (6) and Levac and colleagues (7) and the JBI guidance (4, 5) refer to the process of data extraction in a scoping review as data charting.

§ The process of systematically examining research evidence to assess its validity, results, and relevance before using it to inform a decision. This term is used for items 12 and 19 instead of "risk of bias" (which is more applicable to systematic reviews of interventions) to include and acknowledge the various sources of evidence that may be used in a scoping review (e.g., quantitative and/or qualitative research, expert opinion, and policy document).

From: Tricco AC, Lillie E, Zarin W, O'Brien KK, Colquhoun H, Levac D, et al. PRISMA Extension for Scoping Reviews (PRISMA-ScR): Checklist and Explanation. Ann Intern Med. ;169:467–473. doi: 10.7326/M18-0850



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A Scoping Review of Food Safety at Transport stations in Africa

Journal:	BMJ Open
Manuscript ID	bmjopen-2021-053856.R2
Article Type:	Original research
Date Submitted by the Author:	10-Oct-2021
Complete List of Authors:	Ncama, Busisiwe; University of KwaZulu-Natal College of Health Sciences Kuupiel , Desmond ; University of KwaZulu-Natal College of Health Sciences, Public Health Medicine; Research for Sustainable Development Consult, Duma, Sinegugu; University of KwaZulu-Natal College of Health Sciences Mchunu , Gugu ; University of KwaZulu-Natal College of Health Sciences Guga , Phindile ; University of KwaZulu-Natal College of Health Sciences Slotow, Rob; University of KwaZulu-Natal
Primary Subject Heading :	Public health
Secondary Subject Heading:	Public health
Keywords:	Public health < INFECTIOUS DISEASES, PUBLIC HEALTH, Health & safety < HEALTH SERVICES ADMINISTRATION & MANAGEMENT





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5 6	2	Busisiwe P. Ncama ¹ , Desmond Kuupiel ^{1,2} , Sinegugu E. Duma ¹ , Gugu Mchunu ¹ , Phindile
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Abstract 31 **Objective:** The World Health Organization (WHO) has declared food safety as a public health 32 concern. Transport hubs such as taxi ranks, bus stations, and other transport exchange sites are 33 major food trading/purchasing sites, particularly in Africa. Research evidence is needed to 34 improve food safety policies and ensure consumption of safe food, owing to the increasing 35 burden of foodborne diseases, particularly in the WHO Africa Region. We systematically 36 mapped and described research evidence on food safety at transport stations in Africa. 37 **Design:** A scoping review guided by the Arksey and O'Malley framework. 38 Data sources: We searched for original research articles in PubMed, Web of Science, and 39 40 EBSCOhost (Academic search complete, CINAHL with Full-text, and Health Source), SCOPUS, and Google Scholar from their inception to 25th October 2020. 41 Eligibility criteria for selecting studies: We included studies that focused on food safety, 42 involved transport stations, involved African countries, and were published in English. 43 Data extraction and synthesis: Data extraction was performed by two reviewers using a 44 45 piloted-tested form. Thematic analysis was used to organise the data into themes and subthemes, and a narrative summary of the findings is presented. 46 Results: Of the total 23,852 articles obtained from the database searches, 16 studies published 47

in six countries met the inclusion criteria. These 16 studies were published between 1997 and 48 2019, with the most (5) in 2014. Of the 16 studies, 43.8% (7) were conducted in South Africa, 49 three studies in Ghana, two in Ethiopia, and one study each in Nigeria, Kenya, Lesotho, and 50 Zambia. Most (44.4%) of the included studies focused on microbial safety of food; few studies 51 (22.2%) focused on hygienic practices, and one study investigated the perspective of 52 consumers or buyers. Microbes detected in the foods samples were Salmonella spp, E. coli, 53 Shigella spp, Bacillus sp, Staphylococcus aureus, which resulted mainly from poor hygiene 54 practices. 55

Conclusions: There is limited research that focused on food safety at transport stations in Africa, especially on aspects such as hygiene practices, food storage, and occupational health and food safety. Therefore, we recommend more research in these areas, using various primary study designs, to inform and improve food safety policies and practices for transport stations in African countries alongside improving access to clean water/handwashing facilities, and undertaking structural changes to facilitate behaviours and monitoring for unintended consequences such as livelihoods of vulnerable populations.

Article summary

Strengths and limitations of this study

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9 10	65	• To the best of our knowledge, this is the first scoping review to systematically explore
11 12	66	literature and describe research evidence on food safety at transport stations as well as
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14 15	67	identify gaps for future research in Africa.
16	68	• This scoping review's evidence sources were searched using a systematic approach,
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18 19	69	and duplicate screening.
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21	70	• This review is limited to Africa as well as English language publications.
22		 This review is limited to Africa as well as English language publications.
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87 Background

The World Health Organisation (WHO) estimates that more than 600 million people fall sick (almost 1 in 10 people) with foodborne diseases annually, of which nearly 420 000 people die, and about 33 million years of healthy lives are lost every year worldwide [1, 2]. The burden of foodborne diseases is estimated to be highest in the WHO African and South-East Asia Regions, mainly occurring among vulnerable populations such as infants, young children, pregnant women, older people, poor people, and individuals with underlying illnesses [3]. Food contamination mostly results throughout the food supply chain (from the procedures used in processing the foods, inadequate storage temperatures, unhygienic practices by food handlers, poor sanitation at cooking places/vending areas, poor waste management, and inadequate treatment of leftovers) [4].

Unsafe food has negative implications on health systems, and affects the development and national economies of countries, as well as trade [3]. Therefore, eating unsafe foods poses a significant public health threat. To avert the consequences of unsafe food on health systems, and to sustain national economies, development, trade, and tourism [5, 6], the WHO in 2006 declared food safety as a global public health concern [7, 8]. "Food safety refers to routines in the preparation, handling and storage of food meant to prevent foodborne illness and injury" [5]. To reduce the incidence of food-related diseases, particularly in high burden regions, the observations of food safety measures/precautions at all levels of the food processing chain, including the places where food is prepared and sold, are critical [9, 10].

Like other WHO Regions, especially in low-and-middle-income countries, food trading in the Africa Region takes place at several formal and informal places, such as in the markets, restaurants, streets, open spaces in academic institutions, and transport stations (taxi ranks, bus stations, lorry parks), and other transport exchange sites. Food vending at public spaces serves as a source of livelihood [6, 10, 11], and more than two billion people eat food sold at various vending locations. including transportations stations on daily basis globally [12, 13]. To this end, evidence is essential to inform in-country policies/guidelines, and further research, to ensure that food prepared and sold at transport stations promotes livelihoods, nutrition, food safety, and environmentally sustainable practices. This scoping review systematically mapped literature focused on food safety at transport stations in Africa, to summarise evidence and identify gaps.

119 Methods

120 Scope of the review

The Arksey & O'Malley framework (research question identification; identifying relevant studies; selection of study; data charting, collating, and summarising and reporting the findings [14, 15]) was employed to scope and synthesise literature to answer the question - what evidence exists on food safety at transport stations in Africa? This review's study protocol was developed a priori [16]. This study included published peer-reviewed articles that reported findings from any African country/countries, focused on food safety, and involved transport stations. However, this study was limited to English publications (due to lack of expertise in other international languages), and primary study designs [16]. A detailed description of this scoping review study eligibility criteria is captured in the published protocol [16]. We followed the Preferred Reporting Items for Systematic and Meta-analysis (PRISMA) extension for Scoping Reviews checklist to report this study [17].

27 132

133 Identify relevant studies 29

We searched for primary research articles relating to food safety at transport stations in PubMed, Web of Science, and EBSCOhost (Academic search complete, CINAHL with Full-text, and Health Source), SCOPUS, and Google Scholar from their inception to 25th October 2020. To enable the capturing of all relevant articles, a comprehensive search strategy (developed in consultation with an expert librarian) consisting of keywords, Boolean terms (AND/OR), and Medical Subject Heading terms, was used for the electronic database search (Supplementary file 1). Syntax was modified appropriately where needed. Filters such as date and study design were not applied during the literature search in the databases. DK and PG independently conducted the database search and title screening, and imported all potentially eligible articles onto an EndNote Library. The reference lists of all included articles were also screened for potentially relevant articles using the same approach.

49 145

51 146 Selection of articles

Prior to the abstract screening, the 'find duplicates' function in EndNote was used to find all duplicate articles, and they were removed from the library. A screening form was developed in Google forms, using this study's eligibility criteria, for the abstract and full text screening phases. Two reviewers (co-authors) independently screened the abstracts as well as the full text articles. Discrepancies that arose during the abstract stage were resolved by discussion among

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the review team until a consensus was reached. At the full text screening phase, discrepancies
were resolved by a third reviewer. All the additional articles identified from the reference list
of the included articles equally underwent full text assessment. The PRISMA flow diagram
was employed to account for all the articles involved [18].

¹¹₁₂ 156 **Charting the data**

A data extraction form was designed consisting of the following: Author(s) and publication details, country of study, study design, study setting, study population, sample size, sex, study findings, and recommendations. To ensure consistency and reliability, two reviewers piloted the data extraction sheet using a random sample of three included studies. The pilot testing of the form also enabled the review team to discuss discrepancies, and to revise the data extraction form prior to its final usage. Subsequently, two reviewers conducted the data extraction for the remaining 15 included studies using both inductive and deductive approaches. The review team resolved all discrepancies at this stage through discussion.

27 165

166 Collating, summarizing, and reporting the results

This study subsequently employed thematic analysis, and collated all the emerging themes and
sub-themes relating to food safety. A summary of the findings from the included studies is
presented narratively.

- 36 170
 - 171 Patient and Public Involvement
- ³⁹40 172 No patient involved
- 42 173
- ⁴³ 174 **Results**

Of the 23,852 articles obtained from the database searches (see Figure 1 flow diagram), 146 articles met the eligibility criteria at the title screening stage. Using EndNote "Find Duplicates" function, 30 duplicates were found and removed before abstract screening was conducted. Subsequently, 83 articles were removed at the abstract screening, and 20 at full text (17 of these did not include transport stations/taxi ranks/bus stations, but did involve sale from market centres, public places, chop bars, mini restaurants, major streets, and sidewalks, and were excluded). Finally, 13 studies were included, and, from a manual search of their reference lists, a further three articles were added, giving a total of 16 articles for further analysis.

Characteristics of the included studies

Table 1 A & B present a summary of the characteristics of the included studies. Of the 16 included studies, about fourty-four (43.8%) were conducted in South Africa [19-25], three (18.8%) in Ghana [4, 26, 27], two (12.5%) in Ethiopia [28, 29], and one (6.2%) each in Nigeria [30], Kenya [31], Lesotho [32], and Zambia [33]. Most of the studies were published in the last six years, however, no published study was found in 2015 and 2020 (Figure 2). Fifteen (93.8%) of the included studies were cross-sectional studies, and one (6.2%) was a mixed-method study. Of the 16 included studies, 50.0% reported on microbial safety of food [4, 20, 23, 27-29, 33, 34], and 25.0% reported hygiene practices of food handlers/vendors [6, 21, 30, 31]. One included study each reported on the following: occupational health and food safety risk [24]; knowledge of hygiene practice [26]; hygiene practices of food handlers/vendors and microbial safety [25]; and knowledge of food safety measures and hygiene practice by food handlers/vendors [32].

Findings from the included studies

Microbial safety of food

Of the nine included studies that reported findings on microbial safety of food, 44.4% were conducted in South Africa [19, 20, 23, 25], 22.2% each in Ghana [4, 27] and Ethiopia [28, 29], and the last 11.1% in Zambia [33]. Seven of the eight studies reported unacceptable levels of microbes in the food [4, 20, 23, 27-29, 33, 34]. Table 2 A, B & C present a summary of the key findings as well as the sample type, analytic approach, and the microbes reported.

Hygiene practices of food handlers/vendors

Food preparation

Of the 16 included studies, eight reported research findings relating to food preparation. Fifty percent of these eight studies were from South Africa [6, 21, 23, 25], and the remainder were from Ghana [26], Nigeria [30], Kenya[31], and Lesotho [32]. The studies in South Africa focused on the following: hygiene practices and implications for consumers [21]; food and nutrition knowledge as well as practices related to food preparation [6], the effect of hygiene practices and attitudes of meat vendors [25], and sources of food contamination [23]. The study from Ghana investigated how fast food operators washed their hands [26], whilst the studies from Nigeria, Kenya, and Lesotho evaluated food safety and sanitary practices [30]; food

vendors and hygiene practices [31]; and food safety knowledge, attitudes and practices of food vendors and consumers' perceptions [32]. A summary of the key findings from these studies is presented below (Table 3).

Knowledge of hygiene practices/food safety precautions

In Ghana, McArthur-Floyd et. al. study [26], revealed that the majority (94%) of fast food operators knew food safety precautions [26]. Letuka et. al. study [32] in Lesotho, indicated that 95% of food vendors did not know washing utensils with detergents helps reduce contamination [32]. The mean knowledge (49%±11) of the food vendors included in the study was considered poor [32]. About 6% of the consumers that participated in the study chose not to buy food sold at taxi ranks due to food safety issues and hygiene [32].

> Occupational health and food safety risk

In South Africa, Qekwana et.al. [24]evaluated the occupational health and food safety risks associated with the traditional slaughter of goats, and the consumption of such meat [24]. Approximately 63% of the practitioners were not wearing protective clothing during slaughter, and about 78% of practitioners did not know their health status [24]. Almost 83% of the practitioners hung up their carcass to facilitate bleeding, flaying, and evisceration [24]. The study further observed that none of the practitioners practiced meat inspection [24]. In Nigeria, Aluko et al. [30] study revealed that approximately 62% of the vendors had no formal training, and their medical status was also unknown [30].

Discussion

This scoping review mapped evidence on food safety at transport stations in Africa, and revealed a very low number of papers that are published in this area, given many African employees in both formal and informal sectors commute through these transport hubs [12, 13]. An average of one paper per year relating to food safety at transport hubs in Africa as revealed by this review is simply not enough. Nonetheless, the few papers depict an imbalance of research, with most focused on microbial safety [4, 20, 23, 27-29, 33, 34], and few on socio-economic aspects such as hygiene practices [6, 21, 30, 31], and occupational health and food safety risk [24]. Moreover, this review revealed no study evaluated the storage of food or how the food is transported to the vending site.

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As evidence by this review, most of the food sold at transport hubs does not meet the minimum standards and is not safe for consumption due to the presence of several microbes [4, 19, 23, 25, 27, 29, 33, 35]. There are several reasons for this such as poor practices relating to hygiene, storage, preparation, cooking, cleaning, and serving [4, 20, 23, 27-29, 33, 34]. However, these findings are similar to previous review findings involving markets [36], homes and restaurants [37]. A recent publication by Gizaw [36] indicated that several studies reported microbial contamination of foods sold in the market, with bacteria and fungi similar to those identified in our review [36]. Also, a review by the WHO reported that the main factors contributing to foodborne disease outbreaks in homes or restaurants were poor temperature control in preparing, cooking, and storing food [37]. Although very few papers were found by this review, the evidence is compelling that there should be policy interventions to address issues relating poor hygiene practices, including food storage, preparation, cooking, cleaning, and serving by food handlers at transport hubs, not only in South Africa but across Africa.

Similar to a previous scoping review [38], most of the included papers were published within the last six years but, no published study was found in 2015 and 2020. Whilst the reason for the lack of published papers in 2015 might be difficult to determine, the COVID-19 pandemic which resulted in "covidisation" of research might be the reason for the lack of publication in this field of research in 2020. Although we cannot conclude that no primary research has been conducted in these countries focusing on the safety of food sold at transport stations, it suggests a research/publication gap. Food safety research is, perhaps, more relevant now than ever in Africa, since the burden of foodborne diseases is rising annually, resulting in the declaration of food safety as a public health concern by the WHO [7, 8]. Aside from this, most commuters tend to buy ready-to-eat (RTE) food from street food vendors, including those at transport hubs [39, 40]; hence, the sale of food at transport stations is rising [40, 41], particularly in Africa [6] partly due to an increase in demand for RTE, and the employment opportunities it offers to many individuals who otherwise would not have had any source of income [38, 42]. Even more worrying is the fact that most of the articles included that focused on microbial safety, reported high levels of food contamination with several microorganisms, especially Salmonella spp and E. coli [4, 19, 23, 25, 27, 29, 33, 35]. Therefore, more research is needed across African countries to prevent potential negative consequences.

Our study findings have implications for practice and research. For instance, the likelihood of food poisoning with microbes such as Salmonella spp, E. coli., Shigella spp, Bacillus spp, S. aureus, and several others, revealed by most of the included studies that focused on microbial

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contamination of food, is alarming. This, if not checked, could further worsen the already high burden of foodborne diseases in a continent that has several of its countries already experiencing many health systems and economic challenges. Aside from this, the majority of individuals who commute through transport hubs, possible will purchase a meal from a transport hub/exchanges site, which may be the only meal of the day [12, 13], and yet the food safety standards are poor [4, 20, 23, 27-29, 33, 34]. Thus, if not checked, the excess cases of foodborne diseases from any outbreak will further impact negatively on the already challenged public health systems in Africa. Also, poor people who are exposed to these unsafe foods get an infection, may have to pay more for healthcare, which can further exacerbate their poverty situation. Moreover, people who are already living in extreme poverty who get exposed to foodborne disease may not even make it to the hospital for care and can end up dying at home [43].

Good hygiene and sanitation practices, such as adequate hand washing, adequate washing and storage of pots and dishes, good waste management, observation of food preparation standards and serving etiquette, among others, have the potential to reduce the risk of food contamination from both biological and non-biological hazards, yet this study reveals fewer studies that focused on hygienic practices. We, therefore, recommend more research to further inform contextualised policy decisions aimed at improving hygiene and sanitation practices by food vendors at transport stations. Also, very relevant to ensuring food safety is the occupational health practices of the vendors. Regular food handling tests and food inspections, conducted by the appropriate local authorities, should be mandatory in all African countries. Food handler tests should seek to ensure that food vendors are fit healthwise to prepare and serve food meant for public consumption. However, our review found limited studies that evaluated occupational health and food safety. Considering that evidence from South Africa and Nigeria suggests about 78% and 62% of food vendors do not know their health status [30, 44], and the increasing number of informal food sellers at various transport exchange sites, future studies are recommended to focus on occupational health and food safety in Africa. The means and manner of storing food, especially leftover RTE food, can either increase or reduce the risk of food contamination, but, again, this scoping review found no study that focused on food storage practices of the vendors at transport stations. Also essential, and yet we did not find any study focusing on it, is the quality of food (nutritious aspects) of the meals sold at transport stations. Eating a well nourishing diet or balanced meals is critical to ensure good health [45-47], hence, we encourage future primary studies to include the nutritious aspects. Such studies may help

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streamline guidelines or inform policies to improve the quality of the food sold at transport exchange sites or taxi ranks. Moreover, this review found that the majority (17 out of 18) of the respondents in the included studies were the vendors (mostly females) or food samples taken from the vendors. The perspectives of consumers (buyers) or commuters regarding food safety at transport stations are also very relevant, and we recommend future research to involve them. A comparative study to investigate food safety practices among males and females food vendors at transport stations might be relevant since many males are now getting involved in the business [6, 48, 49].

To the best of our knowledge, this study is the first scoping review that systematically mapped literature relating to food safety at transport stations in Africa. A major strength of our study method is that it permits the inclusion of multiple study designs. Also, the choice of this study method permitted us to highlight literature gaps, and made recommendations for future research. Aside from this, we conducted a thorough search in six databases using a comprehensive search strategy which enabled us to capture the most relevant articles to answer the review question. Moreover, two independent reviewers were used to select the studies and perform data extraction processes which helped to prevent selection bias and ensured the reliability and trustworthiness of this study results. Despite this, our scoping review has many limitations. This study included only original study peer reviewed papers, which resulted in the exclusion of one review paper [38], and one Masters' dissertation [50]. We did not also consult the websites of WHO and the Food and Agriculture Organisation websites for possible relevant studies. Furthermore, this study cannot be generalised since the search was limited to African countries only. Although date limitation was removed, we limited the publication language to English only, which perhaps eliminated relevant articles published in other languages. Despite these limitations, this study has provided essential evidence relating to food safety at transport stations and has shown literature gaps to guide future research.

47 339

49 340 Conclusion

Based on this scoping review's eligibility criteria, our study results suggest there is limited research focusing on food safety at transport stations in Africa. Most of the existing published studies are focused on microbial safety of food, and very few/none on other aspects such as hygiene practices, food storage, occupational health and food safety, and nutrition. Hence, we recommend more primary research involving community members and policy makers in these areas going forward alongside improving access to clean water/handwashing facilities, and

3 4	347	undertaking structural changes to facilitate behaviours and monitoring for unintended
5	348	consequences such as livelihoods of vulnerable populations.
6 7	349	
8 9 10 11	350	Abbreviations
	351	PRISMA- Preferred Reporting Items for Systematic and Meta-analysis
12	352	RTE- Ready-to-eat
13 14	353	WHO- World Health Organization
15 16	354	
17	355	Ethics and dissemination
18 19	356	Not required. This study did not include human participants.
20 21	357	
22 23	358	Data availability statement
24	359	Not applicable. All sources of data have been adequately referenced
25 26	360	
27 28	361	Patient and Public Involvement
29 30	362	No patient involved
31	363	
32 33	364	Statements
34 35	365	Acknowledgments
36	366	Support for this work was provided by the Sustainable and Healthy Food Systems (SHEFS)
37 38	367	Programme, supported through the Wellcome Trust's Our Planet, Our Health Programme
39 40	368	
41 42	369	Authors' contributions
43	370	BPN, DK, SED, SM, and RS conceptualized and designed the study. DK developed and
44 45	371	designed the database search strategy and conducted the search. PG contributed to the
46 47	372	screening of the studies and data extraction. DK wrote the draft manuscript and BPN, SED,
48	373	GM, and RS critically review it and made revisions. All the authors approved the final version
49 50	374	of the manuscript.
51 52	375	
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60	380	of the manuscript.
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2 3	381	
4 5		Compating interests
6	382	Competing interests
7 8	383	None declared
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Table 1 A: Characteristic of the included sources of evidence

Author, year	Country	City/Town	Study design	Study setting	Study population	Sample Size	Sex of vendors	Outcome reported
Oguttu et. al.,	South Africa	Tshwane Metropole, Gauteng	Mixed-methods	Taxi rank	Vendors selling	100 samples of	Females	Microbial safety of food
2014 [34]		Province	study		Ready-to-eat chicken	Ready-to eat		
						chicken		
Mafune et. al.,	South Africa	Thohoyandou, Limpopo	Cross-sectional	Taxi rank, bus station,	Food samples from	chicken B 28 sampB	Not specified	Microbial safety of food
2016 [20]		Province	study	shopping mall, and	street vendors	2021.		
				street stalls		21.		
Kibret et. al.,	Ethiopia	Bahir Dar Town	Cross-sectional	Main roads sites, bus	Ready-to-eat white	40 samples (200	Not specified	Microbial safety of food
2013 [28]			study	station, groceries, taxi	lupin sample from	grams of white		
			6	ranks	vendors	lupin) a		
Abakari et. al.,	Ghana	Tamale, Northern Region	Cross-sectional	Taxi rank, bus stops,	Ready-to-eat salad	30 salad samples	Not specified	Microbial safety of food
2018 [27]			study	transport yard, and	samples from food	om		
				timber	vendors	L A		
				Market		160 (1172 o		
Aluko et.al.,	Nigeria	Ile Ife, southwestern Nigeria	Cross-sectional	Car parks	Food vendors	160 (117 -	Males and females	Hygiene practices of
2014 [30]			study			stationery and 43		food handlers/vendors
						mobile vendors)		
Odundo et. al.,	Kenya	Not specified	Cross-sectional	Major bus stops,	Food vendors	130 0	Males and females	Hygiene practices of
2018 [31]			study	markets, shopping areas,) m		food handlers/vendors
				construction sites, and		on		
				commercial areas		130 com/ on Appi 29 18		
Kok et. al.,	South Africa	Durban, KwaZulu-Natal	Cross-sectional	Transport exchange site	Food vendors	29 1	Not specified	Hygiene practices of
2014 [21]		Province	study					food handlers/vendors
Letuka et. al.,	Lesotho	Maseru	Cross-sectional	Taxi ranks	Food vendors	141 (48 ft 20d	Male and female	Knowledge of food
2019 [32]			study			handlers and 93		safety measures and
						consume est		hygiene practice by
								food handlers/vendors
Eromo et. al.,	Ethiopia	Hawassa City	Cross-sectional	Bus station	Food samples from	72 samples from	Not specified	Microbial safety of food
2016 [29]			study		street food vendors	six food Rems		
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26 Table 1B: C	haracteristic of t	he included sources of evidence	ce	BMJ Open		mjopen-2021-053856		P
Author, year	Country	City/Town	Study design	Study setting	Study population	Sample size	Sex of vendors	Outcome reported
McArthur-Floyd et. al., 2016 [26]	Ghana	Madina (Accra), Greater Accra Region	Cross-sectional study	Taxi rank, and transport exchange sites	Food vendors	200 X	Males and females	Knowledge of hygiene practice
Hill et. al., 2019 [6]	South Africa	Cape Town	Cross-sectional study	Train, bus stations, and taxi ranks, community centers, market	Food vendors	200 05 November 2021	Males and females	Hygiene practices of food handlers/vendors
Mazizi et. al., 2017 [23]	South Africa	Alice (Nkonkobe) and King William's Town (Buffalo City), Eastern Cape province	Cross-sectional study	Taxi rank and bus stations	Street food vendors	136 food samples-sooked and raw.og	Not specified	Microbial safety of food
Qekwana et.al, 2017 [24]	South Africa	Tshwane Metropolitan Municipality, Gauteng Province	Cross-sectional study	Taxi ranks and Informal markets	Traditional goat slaughter	105 people from http	Males and females	Occupational health and food safety risk
Flego et. al., 2012 [4]	Ghana	Kumasi, Ashanti Region	Cross-sectional study	Bus terminals	Food samples from vendors	60 food Samples	Not specified	Microbial safety of food
Tshipamba et. al., 2018 [25]	South Africa	Johannesburg	Cross-sectional study	Taxi ranks and streets	Meat samples from vendors	115 mea@amples	Not specified	Hygiene practices of food handlers/vendors, and microbial safety of food
Jermini et. al., 1997 [33]	Zambia	Not specified	Cross-sectional study	bus park/station and large market	Samples of raw, processed, and cooked Foods from street food vendors	Not spec24 by guest. Pro	Not specified	Microbial safety of food
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Table 2 A: Microbial safety of food at transport stations 29

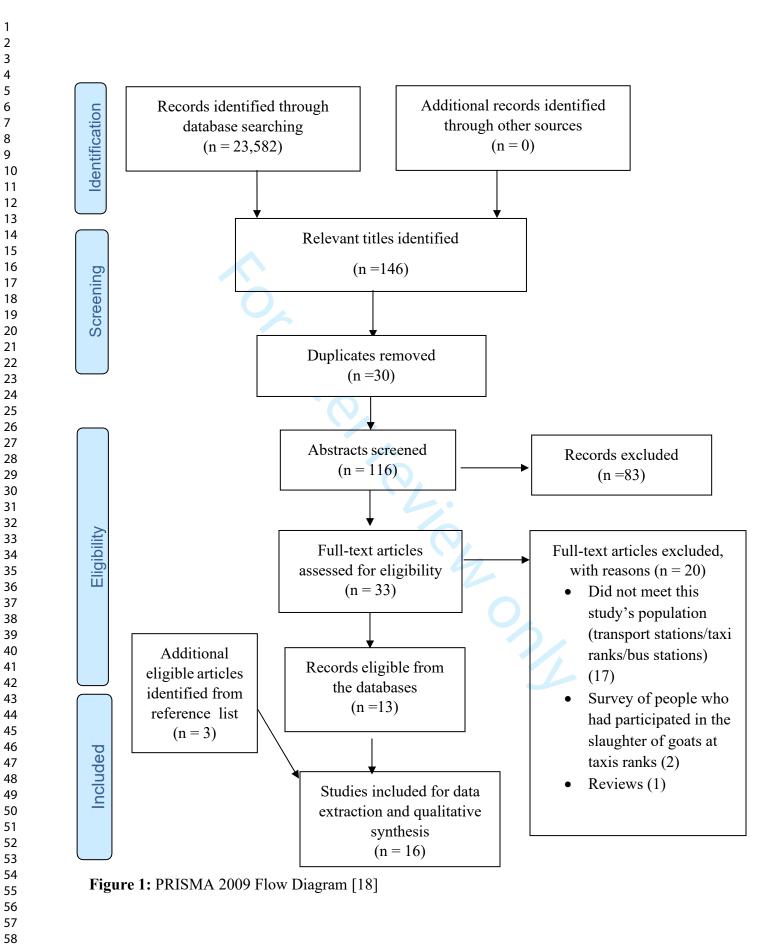
[34] Mafune et. al. Unfe [20] cabba pean tradit	dy-to-eat (RTE) chicken	approach 3M™ Petrifilm™ plates Standard microbiological	S. aureus S. aureus	•	High prevalence of <i>S. aureus</i> in the CI: 36.1%-52.2%), with mean <i>S. a</i> (90%CI: 10 ^{3.3} -10 ^{3.9}). The likelihood of food poisoning with the chicken was estimated to be 1.3%	th <i>S. aureus</i> from RTE	To reduce the levels of concentration of <i>S. aureus</i> on the RTE chicken and promote the sale of safer and affordable RTE chicken for the large urban poor population in South Africa, training of RTE chicken vendors on hygiene is still needed.
[34] Mafune et. al. Unfe [20] cabba pean tradit	fermented porridge, boiled bage and carrots, boiled nuts, salad, potato chips,	plates		•	CI: 36.1%-52.2%), with mean <i>S. a</i> (90%CI: 10 ^{3.3} -10 ^{3.9}). The likelihood of food poisoning v chicken was estimated to be 1.3%	th <i>S. aureus</i> from RTE	of <i>S. aureus</i> on the RTE chicken and promote the sale of safer and affordable RTE chicken for the large urban poor population in South Africa, training of RTE chicken
Mafune et. al. Unfe [20] cabba pean tradit	bage and carrots, boiled nuts, salad, potato chips,	Standard	S. aureus	•	(90%CI: 10 ^{3.3} -10 ^{3.9}). The likelihood of food poisoning w chicken was estimated to be 1.3%	Th S. aureus from RTE	promote the sale of safer and affordable RTE chicken for the larg urban poor population in South Africa, training of RTE chicken
[20] cabba peanu tradit	bage and carrots, boiled nuts, salad, potato chips,		S. aureus	•	The likelihood of food poisoning w chicken was estimated to be 1.3%	<u> </u>	affordable RTE chicken for the larg urban poor population in South Africa, training of RTE chicken
[20] cabba peanu tradit	bage and carrots, boiled nuts, salad, potato chips,		S. aureus	•	chicken was estimated to be 1.3%	<u> </u>	urban poor population in South Africa, training of RTE chicken
[20] cabba peanu tradit	bage and carrots, boiled nuts, salad, potato chips,		S. aureus	•		90% CI: 0% -2.7%)	Africa, training of RTE chicken
[20] cabba peanu tradit	bage and carrots, boiled nuts, salad, potato chips,		S. aureus	•			-
[20] cabba peanu tradit	bage and carrots, boiled nuts, salad, potato chips,		S. aureus	•			vendors on hygiene is still needed.
[20] cabba peanu tradit	bage and carrots, boiled nuts, salad, potato chips,		S. aureus	•			
peant	nuts, salad, potato chips,	microbiological			<i>S. aureus</i> was <2.4771 log10 cfu/g	n all samples and	Most of the vended foods investigat
tradit					places.	4 frr	met the microbiological standard of
		method		•	Except for fried potato chips, micro	bial contamination was	RTE foods
beef	litional mageu, and stewed				observed in the remaining food san	ples using the total	
	f and grilled chicken				plate count method.	·//hr	
Mazizi et. al. Cook	oked and raw beef, pork,	Biochemical tests	S. aureus, E. coli, and Salmonella spp.	•	Mean score of raw beef, mutton, a	d pork were aerobic	The levels of contamination in cook
[23] and r	mutton samples, surface	according to			plate counts (4.8, 3.7 and 2.8 Log	fu/g)), S. aureus (3.3,	meat were lower when compared to
conta	tact plates, and water	international			3.7 and 2.8 Log cfu/g), and E. coli	1.0, 0.6 and 0.3 Log	the standards set by Commission
samp	ples	standards methods			cfu/g) respectively.	3	Regulation for determining the
			l				microbiological quality of RTE food
Tshipamba et. RTE	E meat	Standard	Bacillus thuringienis, Bacillus spp., Bacillus	•	Overall mean total bacteria in the s	amples ranged from	Consumers RTE meat are at risk
al. [25]		biochemical and	subtilis, Bacillus cereus, Citrobacter spp.,		4.3-6.03 cfu/ml × 102 and coliform	counts ranged from	food borne diseases due to p
		Molecular	Enterococcus faecium, Enterococcus faecalis,		1.60-1.95 × 102 cfu/ml	200	hygiene practices of the vendors.
		methods	Kurthia spp., Lysinibacillus spp., Macrococcus	•	Of the 15 microbes identified, S. a		
			caseolyticus, Planomicrobium glaciei, Planococcus		meat types and the percentage of o	Seurrence was chicken	
			antarcticus, S. aureus, S. equorum, and S. vitulinus		meat (14%), beef head (43%), beef	intestine (50%), and	
					wors (sausage) (20%)		

Anishing approach Standard E. coli, Salmonella spp, and Shigella spp. Prevalence of bacteria total colifore counts were Contamination of white lupin [28] bacteriological techniques, and Kirby-Bauer disk diffusion method for antimicrobial susceptibility test E. coli, Salmonella spp., and Shigella spp. Prevalence of bacteria total colifore counts were Ocntamination of white lupin [29] and "kita"), raw fish, chilli ("awaze"), avocado, and cooked potato Standard E. scoli, Salmonella spp., and S. aureus The microbiological quality in neage 31% of RTE food samples was beyond the acceptable transfer and sciences and the foods confirmed. The iden foodborne bacteria and antibi resistance Considerable rate of constanting the foods confirmed. The iden foodborne bacteria and antibi resistance (29) and "kita"), raw fish, chilli ("awaze"), avocado, and cooked potato Standard E. scoli, Salmonella spp., and S. aureus (9.9%) were the most frequent isolates. Ocnifit construction the foods confirmed. The iden foodborne bacteria and antibi resistance isolates could pose health problem in the study lo of Salmonella spp. (127%, and S. aureus (9.9%) were the most frequent isolates. Health problem in the study lo of Salmonella spp. (127%), and S. aureus (9.9%) were the most frequent isolates. Health problem in the study lo of Salmonella spp. Bacillus cereus, Salmonella spp., and E. coli levels ranged from 0 to 7.56 bog10 cfu/g, Bacillus Salads were revealed to be	Study	Type of comple	Analytical	Microbes reported	Voy populto	n-2021-053856 on	Key conclusion
Kibret et. al. White lupin Standard E. coli, Salmonella spp. and Shigella spp. Prevalence of bacteria total coliford counts were Contamination of white lupin [28] bacteriological techniques, and Kirby-Bauer disk diffusion method for antimicrobial susceptibility test E. coli, Salmonella spp., and Shigella spp. Prevalence of bacteria total coliford counts were Contamination of white lupin potential health risk to consu revealed, and the bacteria iso showed high rates of multiple resistance. Eromo et. al. Local bread ('ambasha' and'kita'), raw fish, chilli ('awaze'), avceado, and cooked potato Standard E. scoli, Salmonella spp., and S. aureus • The microbiological techniques • The microbiological quality in neady 31% of RTE food samples was beyond the acceptablefinits. Considerable rate of constantin the foods confirmed. The ider foodborne bacteria and antibi resistance isolates were 100%, Salmonella spp. (17%, and S. aureus (9.9%) were the most frequent isogres. • All isolates were 100% sensitive the spirorfloxacin, but 89% of Salmonella spp. was resistant togancomycin Abakari et. al. Pre-cut vegetable salads Standard E. coli, Bacillus cereus, Salmonella spp, and • E. coli levels ranged from 0 to 7.5 bog 10 cfuig; Bacillus Salads were revealed to be	Study	Type of sample	-	Microbes reported	Rey results	25 M	Key conclusion
Abakari et. al. Pre-cut vegetable salads Standard E. coli, Bacillus cereus, Salmonella spp, and • E. coli levels ranged from 0 to 7.56 log10 cfu/g; Bacillus Salads were revealed to be	[28] Eromo et. al.	Local bread ('ambasha'	bacteriological techniques, and Kirby-Bauer disk diffusion method for antimicrobial susceptibility test Standard	E. scoli, Salmonella spp., and S. aureus	 954.2±385 at the surface ar white lupin. Pathogens isolated were as <i>Salmonella</i> spp. 23 (57.5%) Overall multiple antimicrol The microbiological quality 	nd 756.25447.3 at the core of follows coli 29 (72.5%),) and Sligella spp. 8 (20%). bial resistances rate was 75% g	Considerable rate of contamination
	[29]	raw fish, chilli ('awaze'),		reer rev	of Salmonella spp. was resi	ed rangee from 1.7x105 to spp. (127%, and <i>S. aureus</i> ent isolates. sitive to ciprofloxacin, but 89% istant to horamphenicol,	the foods confirmed. The identified foodborne bacteria and antibiotic resistance isolates could pose a pub health problem in the study location
methods methods Salmonella spp. ranged from 0 to 44 log10 cfu/g, and and could be deleterious to the Shigella spp. ranged from 5.54 logt cfu/g were detected of consumers. in 96.7%, 93.3%, 73.3%, and 76.78 of the salads samples, respectively.		Pre-cut vegetable salads	microbiological		<i>cereus</i> levels ranged from 0 <i>Salmonella</i> spp. ranged from 5 <i>Shigella</i> spp. ranged from 5 in 96.7%, 93.3%, 73.3%, au) to 7.4 $\frac{2}{100}$ to 7.4 $\frac{2}{100}$ og 10 cfu/g; m 0 to $\frac{2}{100}$ 4 log10 cfu/g, and 5.54 log $\frac{2}{100}$ cfu/g were detected	unwholesome for human consumpti and could be deleterious to the healt

23 of 31			BMJ Open		njopen-2	
538 Table 2	2 C: Microbial safety of fo	od at transport sta	tions		mjopen-2021-053856	
Study	Type of sample	Analytical approach	Microbes reported	Key results	on 25	Key conclusion
Flego et. al. [4]	RTE foods (ice-kenkey (15), cocoa drink (15), fufu (5), ready-to-eat red pepper for kenkey) (5), salad (10), and macaroni (10))	Standard microbiological methods	Staphylococci, Bacillus spp., Klebsiella pneumoniae, Aeromonas pneumophila, E. cloacae, S. aureus, E. coli, and P. aeruginosa	 RTE foods were found to be contabacteria and other potential food placterial counts higher than the adlog10 CFU/ml). Coagulate negative staphylococci species (21.5%), <i>K. pneumoniae</i> (pneumophila (17.7%), E. cloacae 	23.7%), Bacillus (0%), Aeromonas	Most RTE foods were contaminated with enteric bacteria and other potential food poisoning organisms with bacterial counts higher than the acceptable levels.
Jermini et. al. [33]	Raw foods (ground meat, chicken, and chicken intestine); and processed foods (dried "minnows" and "kapenta")		Salmonellae Spp., S. aureus, Clostridium peifringens	 E. coli (2.2%) and <i>P. aeruginosa</i> isolates detected. Raw foods such as ground meat, or intestine; and processed foods such and "kapenta" were contaminated contained high populations of S. a milk. 	ncken, chicken	Time-temperature exposures during reheating had variable effects in term of killing the microorganisms that germinated from surviving spores or that reached the foods after cooking.
				 High populations (> 105) of S. au a sample of leftover chicken, mor in leftover rice, and 10 million C. were detected in leftover beef stev 	eghan 107 were detected peifringens per gram vample	
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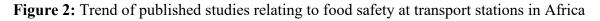
 Water being used for washing utensils was left unchanged, Piles of dirty pots and dishes was left near the serving areas and RTE foods, and garbage left uncovered with many flies at the site, RTE food was left uncovered, Most of the food handlers were not wearing gloves, hairnets, or aprons 85.5% of the vending stalls lacked soap or surface sanitizer, 71% lacked basin for washing, 75% did not have drying cloth, 76.6% of vendors handled food and money concurrently, About 57% left the food uncovered. 39% of the vendors were using their hands to pick up food items, with only 6% wearing gloves, and 29% of vendors had a wet clean sponge/cloth obtainable at the site Major sources of food contamination identified were poor hygiene practices of the food vendor, holding area, and the utensils Approximately 90% of RTE meat vendors at the taxi rank exposed their meats to dust and flies,
 85.5% of the vending stalls lacked soap or surface sanitizer, 71% lacked basin for washing, 75% did not have drying cloth, 76.6% of vendors handled food and money concurrently, About 57% left the food uncovered. 39% of the vendors were using their hands to pick up food items, with only 6% wearing gloves, and 29% of vendors had a wet clean sponge/cloth obtainable at the site Major sources of food contamination identified were poor hygiene practices of the food vendor, holding area, and the utensils Approximately 90% of RTE meat vendors at the taxi rank exposed their meats to dust and flies,
 71% lacked basin for washing, 75% did not have drying cloth, 76.6% of vendors handled food and money concurrently, About 57% left the food uncovered. 39% of the vendors were using their hands to pick up food items, with only 6% wearing gloves, and 29% of vendors had a wet clean sponge/cloth obtainable at the site Major sources of food contamination identified were poor hygiene practices of the food vendor, holding area, and the utensils Approximately 90% of RTE meat vendors at the taxi rank exposed their meats to dust and flies,
 75% did not have drying cloth, 76.6% of vendors handled food and money concurrently, About 57% left the food uncovered. 39% of the vendors were using their hands to pick up food items, with only 6% wearing gloves, and 29% of vendors had a wet clean sponge/cloth obtainable at the site Major sources of food contamination identified were poor hygiene practices of the food vendor, holding area, and the utensils Approximately 90% of RTE meat vendors at the taxi rank exposed their meats to dust and flies,
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 29% of vendors had a wet clean sponge/cloth obtainable at the site Major sources of food contamination identified were poor hygiene practices of the food vendor, holding area, and the utensils Approximately 90% of RTE meat vendors at the taxi rank exposed their meats to dust and flies,
 Major sources of food contamination identified were poor hygiene practices of the food vendor, holding area, and the utensils Approximately 90% of RTE meat vendors at the taxi rank exposed their meats to dust and flies,
 vendor, holding area, and the utensils Approximately 90% of RTE meat vendors at the taxi rank exposed their meats to dust and flies,
and flies,
• 94% of them handled money whilst serving food, and
 Stagnant water found in about 22% of the vending locations at the taxi-rank 64% of food vendors washed their hands from elbow to finger and the remainder (36%)
• 64% of food vendors washed their nands from elbow to finger and the remainder (56%) washed from their wrist to finger (the WHO recommends handwashing from elbow to fingers), and
• 62% of the vendors test their meal in the palm whilst 38% of them test it with a spoon
(the best way to test a meal)
 Approximately 17% of food vendors washed their hands always after using the toilet, 63% of them rarely kept their fingernails short, and
 Nearly 4% of them always kept their leftover cooked food in a refrigerator, despites having unstable power supply
 Food vendors had poor hygiene practices however, men were observed to have better hygienic practices than women (P<0.05),
• Hygiene practice of the vendors was found to be significantly associated with training (those trained observe hygiene), and
 Wearing of jewellery, long and unclean nails, and lack of protective clothing were observed.
Observed that the food handlers operated under unhygienic environment
9 Flow Diagram
ished studies relating to food safety at transport station in Africa
Electronic databases search
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1

Table 3: Key reported findings on food preparation



Number of articles included

3.5 2.5 1.5 0.5 $(b_{0,}'b_{0,}$ Publication year



Page 27 of 31			BMJ Open	36/hmio	
1 2 3 4	Supplementa	ary file 1: Electror	nic databases search	36/bmiopen-2021-05385	
5 6 7	Search date	Database	Keywords	Search results	Number eligible
, 8 9 10 11 12 13 14 15	05/10/2020	EBSCOhost (Academic search complete, CINAHL with Full-text, and Health Source	SU food safety AND SU (food preparation or meal preparation or cooking) OR SU food handling OR SU food storage OR hygiene practices AND (food trading or food selling or food vending or street food) AND (transport station or taxi rank or bus station or transport exchange sites or car park or lorry park) AND africa	2,549	14
16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41	07/10/2020	PubMed	Fields]) OR "food safety"[All Fields]) OR ("food supply"[MeSH Terms] OR ("food"[All Fields] AND "supply"[All Fields]) OR "food supply"[All Fields] OR ("food"[All Fields] AND "security"[All Fields]) OR "food security"[All Fields]) AND (("food"[MeSH Terms] OR "food"[All Fields]) AND vending[All Fields]) OR (("food"[MeSH Terms] OR "food"[All Fields]) AND trading[All Fields]) AND streets[All Fields] OR (("motor vehicles"[MeSH Terms] OR ("motor"[All Fields] AND "vehicles"[All Fields]) OR "motor vehicles"[All Fields] OR "lorry"[All Fields]) AND parks[All Fields]) OR (("motor vehicles"[MeSH Terms] OR ("motor"[All Fields]) OR "motor vehicles"[All Fields] OR "lorry"[All Fields]) AND parks[All Fields]) OR (("motor vehicles"[MeSH Terms] OR ("motor"[All Fields] AND "vehicles"[All Fields]) OR "motor vehicles"[All Fields] OR "lorry"[All Fields]) AND station[All Fields]) OR (taxi[All Fields] AND ranks[All Fields]) AND ("algeria"[MeSH Terms] OR "algeria"[All Fields]) OR ("angola"[MeSH Terms] OR "angola"[All Fields]) OR ("benin"[MeSH Terms] OR "benin"[All Fields]) OR ("botswana"[MeSH Terms] OR "botswana"[All Fields]) OR ("burkina faso"[MeSH Terms] OR "botswana"[All Fields]) OR ("burkina faso"[MeSH Terms] OR "botswana"[All Fields]) OR ("burkina faso"[MeSH Terms] OR "botswana"[All Fields]) OR ("cameroon"[All Fields]) OR ("cameroon"[MeSH Terms] OR "cameroon"[All Fields]) OR ("cameroon"[MeSH Terms] OR "cameroon"[All Fields]) OR ("cabo verde"[All Fields]) OR ("cabo"[All Fields]) OR ("cabo verde"[MeSH Terms] OR ("cabo"[All Fields] AND "verde"[All Fields]) OR "cabo verde"[All Fields] OR ("cape"[All Fields] AND "verde"[All Fields]) OR "cabo verde"[All Fields]] OR ("cape"[All Fields] AND "verde"[All Fields]) OR "cabo verde"[All Fields]] OR ("cape"[All Fields] AND "verde"[All Fields]) OR "cabo verde"[All Fields]] OR ("cape"[All Fields]] AND "verde"[All Fields]) OR "cape verde"[All Fields]] OR ("central african republic"[MeSH Terms]]	acted by	33
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BMJ Open OR ("central"[All Fields] AND "african"[All Fields] AND "republic"[All Fields]) OR "central african republic"[All Fields]) OR ("chad"[McSH Terms] OR "chad"[All Fields]) OR ("democratic republic of the congo"[All Fields]) OR ("democratic republic of the congo"[All Fields]) OR ("congo"[McSH Terms] OR "congo"[All Fields] OR ("republic"[All Fields]) OR "democratic republic of the congo"[All Fields]) OR ("congo"[McSH Terms] OR "congo"[All Fields] OR ("republic"[All Fields]) OR "equatorial guinea"[All Fields]) OR ("republic"[All Fields]) OR ("cuatorial"[All Fields]) OR ("equatorial guinea"[McSH Terms] OR "gypt"[All Fields]) OR ("eritrea"[McSH Terms] OR "equatorial [Tall Fields]) OR ("genea"[All Fields]) OR ("equatorial guinea"[All Fields]) OR ("genea"[All Fields]) OR ("gabon"[McSH Terms] OR "gabon"[All Fields]) OR ("gabon"[McSH Terms] OR "gabon"[All Fields]) OR ("guinea"[All Fields]) OR ("chiopia"[McSH Terms] OR "thiopia"[All Fields]) OR "guinea"[All Fields]) OR ("guinea"[McSH Terms] OR "guinea"[All Fields]) OR ("guinea" [McSH Terms] OR "guinea bissau"[All Fields]) OR ("guinea" [McSH Terms] OR "guinea bissau"[All Fields]) OR ("guinea" [McSH Terms] OR "guinea bissau"[All Fields]] OR ("guinea" [McSH Terms] OR "guinea bissau"[All Fields]] OR ("invire"[All Fields]) OR ("ote d'ivvire"[All Fields]) OR ("ivory"[All Fields]) OR ("cote d'ivvire"[McSH Terms] OR "guinea bissau"[All Fields]] OR ("ivory"[All Fields]) OR "ivory coast"[All Fields]] OR ("kenya"[All Fields]) OR ("ibya"[McSH Terms] OR "ibya"[All Fields]] OR ("ivory"[All Fields]] OR ("madawimes] Terms] OR "ibya"[All Fields]] OR ("ivory"[All Fields]] OR ("madawimes] Terms] OR "madwimasacar"[All Fields]] OR ("madawimes] Terms] OR "madwimes] OR "macorow"[All Fields]] OR ("mococom"[All Fields]] OR ("macutiania"[McSH Terms]] OR "maauritius"[All Fields]] OR ("macutiania"[McSH Terms]]	

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Supplementary file 1: Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews (PRISMA-ScR) Checklist

SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
TITLE			
Title	1	Identify the report as a scoping review.	
ABSTRACT	1		1
Structured summary	2	Provide a structured summary that includes (as applicable): background, objectives, eligibility criteria, sources of evidence, charting methods, results, and conclusions that relate to the review questions and objectives.	
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of what is already known. Explain why the review questions/objectives lend themselves to a scoping review approach.	
Objectives	4	Provide an explicit statement of the questions and objectives being addressed with reference to their key elements (e.g., population or participants, concepts, and context) or other relevant key elements used to conceptualize the review questions and/or objectives.	
METHODS			
Protocol and registration	5	Indicate whether a review protocol exists; state if and where it can be accessed (e.g., a Web address); and if available, provide registration information, including the registration number.	
Eligibility criteria	6	Specify characteristics of the sources of evidence used as eligibility criteria (e.g., years considered, language, and publication status), and provide a rationale.	
Information sources*	7	Describe all information sources in the search (e.g., databases with dates of coverage and contact with authors to identify additional sources), as well as the date the most recent search was executed.	
Search	8	Present the full electronic search strategy for at least 1 database, including any limits used, such that it could be repeated.	
Selection of sources of evidence†	9	State the process for selecting sources of evidence (i.e., screening and eligibility) included in the scoping review.	
Data charting process‡	10	Describe the methods of charting data from the included sources of evidence (e.g., calibrated forms or forms that have been tested by the team before their use, and whether data charting was done independently or in duplicate) and any processes for obtaining and confirming data from investigators.	
Data items	11	List and define all variables for which data were sought and any assumptions and simplifications made.	
Critical appraisal of individual sources of evidence§	12	If done, provide a rationale for conducting a critical appraisal of included sources of evidence; describe the methods used and how this information was used in any data synthesis (if appropriate).	
Synthesis of results	13	Describe the methods of handling and summarizing the data that were charted.	



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SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
RESULTS			
Selection of sources of evidence	14	Give numbers of sources of evidence screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally using a flow diagram.	
Characteristics of sources of evidence	15	For each source of evidence, present characteristics for which data were charted and provide the citations.	
Critical appraisal within sources of evidence	16	If done, present data on critical appraisal of included sources of evidence (see item 12).	
Results of individual sources of evidence	17	For each included source of evidence, present the relevant data that were charted that relate to the review questions and objectives.	
Synthesis of results	18	Summarize and/or present the charting results as they relate to the review questions and objectives.	
DISCUSSION			
Summary of evidence	19	Summarize the main results (including an overview of concepts, themes, and types of evidence available), link to the review questions and objectives, and consider the relevance to key groups.	
Limitations	20	Discuss the limitations of the scoping review process.	
Conclusions	21	Provide a general interpretation of the results with respect to the review questions and objectives, as well as potential implications and/or next steps.	
FUNDING			
Funding	22	Describe sources of funding for the included sources of evidence, as well as sources of funding for the scoping review. Describe the role of the funders of the scoping review.	

JBI = Joanna Briggs Institute; PRISMA-ScR = Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews.

* Where sources of evidence (see second footnote) are compiled from, such as bibliographic databases, social media platforms, and Web sites.

† A more inclusive/heterogeneous term used to account for the different types of evidence or data sources (e.g., quantitative and/or qualitative research, expert opinion, and policy documents) that may be eligible in a scoping review as opposed to only studies. This is not to be confused with *information sources* (see first footnote).

[‡] The frameworks by Arksey and O'Malley (6) and Levac and colleagues (7) and the JBI guidance (4, 5) refer to the process of data extraction in a scoping review as data charting.

§ The process of systematically examining research evidence to assess its validity, results, and relevance before using it to inform a decision. This term is used for items 12 and 19 instead of "risk of bias" (which is more applicable to systematic reviews of interventions) to include and acknowledge the various sources of evidence that may be used in a scoping review (e.g., quantitative and/or qualitative research, expert opinion, and policy document).

From: Tricco AC, Lillie E, Zarin W, O'Brien KK, Colquhoun H, Levac D, et al. PRISMA Extension for Scoping Reviews (PRISMA-ScR): Checklist and Explanation. Ann Intern Med. ;169:467–473. doi: 10.7326/M18-0850



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