

Supplemental Table.

Odds ratios (OR) for multimorbidity by age, sex, occupational status, psychological distress, and substance use (n=2099)

	Multimorbidity (unadjusted OR, 95% CI)*	Multimorbidity (adjusted OR, 95% CI)*
Male (vs. female)	0.86 (0.74 - 1.0)	0.92 (0.76 - 1.11)
Age years		
18-35	1	1
36-50	1.42 (1.09 - 1.85)	1.21 (0.89 - 1.63)
51-65	2.43 (1.91 - 3.09)	1.92 (1.43 - 2.58)
66-79	4.47 (3.53 - 5.67)	3.33 (2.15 - 5.15)
≥80	9.24 (6.61 - 12.91)	7.07 (4.0 - 12.48)
Occupational status		
Economically active	1	1
Retired	4.26 (3.56 - 5.11)	1.32 (0.89 - 1.97)
Economically non-active	2.38 (1.87 - 3.03)	1.42 (1.03 - 1.95)
Psychological distress (SCL-5)	1.22 (1.0 - 1.48)	1.12 (0.88 - 1.42)
Substance use		
Alcohol patterns		
Low-risk drinking (scores 1-3)	1	1
Abstinence (score 0)	1.79 (1.44 - 2.22)	1.53 (1.18 - 1.99)
Alcohol use in excess of low-risk guidelines (scores 4-6)	0.74 (0.61 - 0.91)	0.99 (0.79 - 1.26)
Hazardous drinking (scores 7-8)	0.70 (0.51 - 0.97)	1.13 (0.78 - 1.66)
Risky alcohol use and possible alcohol dependence (scores ≥ 9)	1.26 (0.91 - 1.75)	1.54 (1.05 - 2.28)
Psychoactive medicinal drugs	1.95 (1.63 - 2.33)	1.27 (1.01 - 1.58)
Illicit drugs	1.07 (0.76 - 1.51)	1.10 (0.71 - 1.69)

*All adjusted for the other listed variables in model