

Curbach, Grepmeier, Sommoggy 2020

Interview guide for health professionals in primary care on ECAP and health literacy
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Topics/questions:**Introduction**

1. How is **early childhood allergy prevention** relevant in your routine counselling?
 - a. When and with whom do you address this topic?
 - b. What is the most important message you want to convey to parents concerning allergy prevention? Do you make a difference between low- and high-risk groups?
 - c. Which topics do also matter in your counselling on early childhood allergy prevention (e.g. nutrition, living environment, early exposure to allergens)?

Information and evidence

1. What are your main sources **to keep yourself informed about health topics (especially allergy prevention)**?
2. Are you **satisfied** with the available information?
 - a. Do you feel well informed? Why? Why not?
 - b. Is there anything that would help you to keep up to date?
3. How do you handle **inconsistent and changing** information? (e.g. avoidance of allergens vs. early confrontation with allergens)
 - a. How did/do you feel about it when a key message of your consultation changes due to new research findings?

Knowledge translation and implementation

1. We have just talked about how you keep yourself up to date on health-related recommendations: **What are you doing with this knowledge** (in your head) to make it applicable/use it for your practice?
2. How do you incorporate this knowledge into your **daily work**?
 - a. Do you pass on specific scientific information to your patients (on ECAP)?
 - i. If yes, could you give an example **how** you pass on this information to your patients?
 - ii. What helps you to pass on your knowledge to parents?
3. When you think of scientific evidence and recommendations, etc.: Do you experience any barriers that make it difficult for you to share the information with parents in an understandable way? What exactly makes that difficult?
 - a. Can you describe a particularly difficult counselling situation?
4. Is there anything that could be **improved** to help you in counselling parents on health-related issues?

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Promotion of health literacy

A. Counselling of parents and health literacy

1. How do you deal with **different patients** (level of knowledge, education, migration background) in counselling and transfer of knowledge? Do you differentiate? Could you give an example?
2. **How do you assess** the level of knowledge and information demand of parents?
 - a. How do you notice that you have to explain a lot/in a way that is easy to understand?
 - b. Do you consciously use **strategies to assess** what kind of information and support needs parents have? If yes, which ones do you use?
3. Do you think parents are well **informed** regarding allergy prevention?
 - a. How do you **recognize** that?
4. What previous knowledge or **lay conceptions** do parents bring up in counselling?
5. What opportunities do you see to **support** parents with regard to accessing and appraising information?
 - a. Could you give some examples from your everyday practice?
6. Do you **provide** your patients with information sources so they can inform themselves about health topics (e.g. allergy prevention)?
 - a. Which sources do you consider (not) helpful?
7. Do you use certain **strategies** during counselling to make sure the parents understand everything? (e.g. plain language, drawing pictures)
 - a. If yes, what are your experiences with these strategies?
 - b. Do you encourage parents to **ask questions**? How?
8. How do you ensure that parents **apply** your health behavior recommendations?

B. Attitudes towards and experiences with health literacy/health literacy-sensitive care

9. How well do you feel **educated/trained** to counsel your patients according to their needs?
10. Do you personally see a **need of further information/training** on how to convey health knowledge to parents in a more understandable manner and/or on how you can take greater account of the **parent's health literacy** or even strengthen it?
11. How should **academic results/recommendations** be prepared and made available so that you can use them efficiently in consultations?

HL concept awareness

1. Have you heard of the term "**health literacy**" in the context of your work or in advanced training courses?