

## Data extraction instrument

### A. General Information

1. <b>Date form completed</b> (dd/mm/yyyy)	
2. <b>Name/ID of person extracting data</b>	
3. <b>Report title</b> (title of paper/ abstract/ report that data are extracted from)	
4. <b>Report ID</b> (if there are multiple reports of this study)	
5. <b>Reference details</b>	
6. <b>Report author contact details</b>	
7. <b>Publication type</b> (e.g. full report, abstract, letter)	
8. <b>Study funding source</b> (including role of funders)	
9. <b>Possible conflicts of interest</b> (for study authors)	
10. <b>Notes:</b>	

### B. Eligibility

<b>Study Characteristics</b>	<b>Review Inclusion Criteria</b> (Consider inclusion criteria for each characteristic as defined in the Protocol)	<b>Yes/ No / Unclear</b>	<b>Location in text</b> (pg/fig/table)
11. <b>Type of study</b>	Design (specify):	...	
12. <b>Participants</b>		...	
13. <b>Types of intervention</b>		...	

<b>Study Characteristics</b>	<b>Review Inclusion Criteria</b> <i>(Consider inclusion criteria for each characteristic as defined in the Protocol)</i>	<b>Yes/ No / Unclear</b>	<b>Location in text</b> <i>(pg/fig/table)</i>
14. <b>Types of outcome measures</b>		...	
15. <b>Decision:</b>	...		
16. <b>Reason for exclusion</b>			
17. <b>Notes:</b>			

**DO NOT PROCEED IF STUDY EXCLUDED FROM REVIEW**

## C. Population and setting

	<b>Description</b> <i>(Include comparative information for each group (i.e. intervention and controls) if applicable)</i>	<b>Location in text</b> <i>(pg/fig/table)</i>
<b>18. Population description</b> <i>(from which study participants are drawn)</i>		
<b>19. Setting</b> <i>(including location and social context)</i>		
<b>20. Inclusion criteria</b>		
<b>21. Exclusion criteria</b>		
<b>22. Method(s) of recruitment of participants</b>		
<b>23. Notes:</b>		

## D. Methods

	<b>Descriptions as stated in report/paper</b>	<b>Location in text</b> <i>(pg/fig/table)</i>
<b>24. Aim of study</b>		
<b>25. Design</b> <i>(e.g. RCT, non-RCT, etc.)</i>		
<b>26. Unit of allocation</b> <i>(by individuals, cluster/groups or body parts)</i>		
<b>27. Start date</b>		
<b>28. End date</b>		
<b>29. Duration of participation</b> <i>(from recruitment to last follow-up)</i>		

30. <b>Notes:</b>
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*E. Risk of Bias assessment*

Domain <sup>1</sup>	Risk of bias <i>Low/ High/Unclear</i>	Support for judgement	Location in text <i>(pg/fig/table)</i>
31.	...		
32.	...		
33.	...		
34.	...		
<i>(extend rows as needed)</i>	...		
35. <b>Notes:</b>			

*F. Participants*

	Description as stated in report/paper	Location in text <i>(pg/fig/table)</i>
36. <b>Total pop. at start of study</b>		
37. <b>Withdrawals and exclusions</b>		
38. <b>Total participants included in the study</b>		
<i>(For the following sections, from 39 to 43, consider only the participants included)</i>		
39. <b>Age</b>		

<sup>1</sup> For randomised studies, see Chapter 23.1.2 of the Cochrane Handbook:  
[https://training.cochrane.org/handbook/current/chapter-23#\\_Ref529610397](https://training.cochrane.org/handbook/current/chapter-23#_Ref529610397)

For non-randomised studies, see Chapter 24.5 of the Cochrane Handbook:  
<https://training.cochrane.org/handbook/current/chapter-24#section-24-5>

	Description as stated in report/paper	Location in text (pg/fig/table)
40. Sex		
41. Race/Ethnicity		
42. Other relevant sociodemographics		
43. Other relevant characteristics in relation to the study/intervention (e.g. knowledge of a disease)		
44. Notes:		

### G. Procedure

In case of multiple groups, copy and paste the table for each intervention and comparison group, and title tables as “intervention group 1”, “intervention group 2”, etc.

	Description as stated in report/paper	Location in text (pg/fig/table)
45. Group name (if applicable)		
46. No. randomised to group (if applicable)		
47. Description (include sufficient detail for replication, e.g. content, components, measures, delivery; if applicable, describe the pre-intervention)		
48. Duration		
49. Timing (if applicable) (e.g. duration of each stage)		
50. Providers (e.g. no., profession, training, ethnicity etc. if relevant)		

	Description as stated in report/paper	Location in text (pg/fig/table)
51. <b>Co-interventions (if applicable)</b>		
52. <b>Economic variables</b> <i>(i.e. intervention cost, changes in other costs as result of intervention)</i>		
53. <b>Resource requirements to replicate intervention</b> <i>(e.g. staff numbers, equipment...)</i>		
54. <b>Notes:</b>		

## H. Results

If applicable, duplicate the table to present results details for each outcome

	Description as stated in report/paper	Location in text (pg/fig/table)
55. Outcome		
56. Subgroup (if applicable)		
57. Time point (specify whether from start or end of intervention)		
58. Results (Note changes from baseline data and provide any statistical relevant details (e.g., means, standard deviations, confidence intervals, exact p-values); at least, refer to the appropriate in-text table or figure)		
59. Mediating variables		
60. Moderating variables (and intermediate results)		

	Description as stated in report/paper	Location in text (pg/fig/table)
61. <b>No. missing participants and reasons</b>		
62. <b>Unit of analysis</b> (e.g. by individuals, health professional, practice, hospital, community; was the unit of analysis independent from the provider?)		
63. <b>Statistical methods used and appropriateness of these methods</b> (e.g. adjustment for correlation)		
64. <b>Notes:</b>		

### I. Applicability

	Yes/No/Unclear	Notes:
65. <b>Have important populations been excluded from the study?</b> (consider disadvantaged populations, and possible differences in the intervention effect)	...	
66. <b>Is the intervention likely to be aimed at disadvantaged groups?</b> (e.g. lower socioeconomic groups)	...	
67. <b>Does the study directly address the review question?</b> (any issues of partial or indirect applicability)	...	
68. <b>Notes:</b>		



*J. Other information*

	Description as stated in report/paper	Location in text (pg/fig/table)
69. <b>Key conclusions of study authors</b>		
70. <b>References to other relevant studies</b>		
71. <b>Further study information requested</b> <i>(from whom, what and when)</i>		
72. <b>Correspondence received</b> <i>(from whom, what and when)</i>		
73. <b>Notes:</b>		