

Supplementary file 2

Socio-demographic, COVID-19 related and clinical characteristics questionnaire (English version)

Date:

Instruction: Please answer all the questions below.

Part A (Socio-demographic data):

(1) Age: ----- years

(2) Gender:

Male

Female

(3) Marital status:

Married

Single/divorcee/widow/widower

(4) Average monthly expenses:

< RM 1000

RM 1000 – RM 3000

> RM 3000

Part B (Personal characteristics):

(1) The level of study you enrolled in the university:

Undergraduate course

Postgraduate course

(2) Course enrolled in the university:

- Medical science related (BSc/MSc/PhD)
- Medicine related (MBBS/MMed/subspeciality)

(3) Who did you live with when the movement control order was enforced in Malaysia?

- I live alone/I live with friends or coursemates
- I live with my family

Part C (Clinical characteristics):

(1) Any history of pre-existing medical/surgical illnesses diagnosed by doctors?

- Yes
- No

(2) Any history of pre-existing depressive and anxiety disorders diagnosed by doctors?

- Yes
- No

Part D (COVID-19 related stressors and religious coping):

(1) Did you feel frustrated because of loss of daily routine during the movement control order?

- Yes
- No

(a) If yes, what were the daily routines which you were unable to do during the movement control order which cause you the frustration?

(2) On average, how many hours did you attend online classes in a week during the movement control order?

hours

(3) Did you feel stressful because your study was disrupted during the movement control order?

Yes

No

(a) If yes, what made you stress up when your study was disrupted during movement control order?

(4) Were COVID-19-positive cases highly prevalent in your area of living during the movement control order?

Yes

No

(5) Did religion help you to cope with stress and frustration during the movement control order and COVID-19?

Yes

No

Thank you for answering all the questions. We appreciate your cooperation.

Soal selidik sosiodemografi, ciri-ciri berhubungkait dengan COVID-19 dan ciri-ciri klinikal (Malay version)**Tarikh:****Arahan: Sila jawab semua soalan dibawah.****Bahagian A (Data sosiodemografi):**

(1) Umur: _____ tahun

(2) Jantina:

 Lelaki Perempuan

(3) Status perkahwinan:

 Berkahwin Belum kahwin/duda/janda

(4) Purata perbelanjaan bulanan:

 < RM 1000 RM 1000 – RM 3000 > RM 3000**Bahagian B (Ciri-ciri peribadi):**

(1) Tahap kursus yang didaftar di universiti:

 Kursus sarjana muda Kursus pascasiswazah

(2) Kursus yang didaftar di universiti:

- Kursus berkaitan dengan sains perubatan (BSc/MSc/PhD)
- Kursus berkaitan dengan perubatan (MBBS/MMed/subspeciality)

(3) Anda tinggal dengan siapa semasa perintah kawalan pergerakan di Malaysia dilaksanakan?

- Saya tinggal bersendirian/Saya tinggal dengan kawan atau rakan sekursus
- Saya tinggal bersama dengan keluarga

Bahagian C (Ciri-ciri klinikal):

(1) Adakah anda mempunyai sejarah penyakit medikal/surgikal yang didiagnosis oleh doktor?

- Ya
- Tidak

(2) Adakah anda mempunyai sejarah penyakit kemurungan dan keresahan yang didiagnosis oleh doktor?

- Ya
- Tidak

Bahagian D (Stres berhubungkait dengan COVID-19 dan menangani stres secara keagamaan):

(1) Adakah anda berasa kecawa kerana kehilangan rutin harian semasa perintah kawalan pergerakan?

- Ya
- Tidak

(a) Jika ya, apakah rutin harian yang tidak dapat anda laksanakan semasa perintah kawalan pergerakan sehingga menyebabkan kekecewaan?

(2) Dalam purata, berapa jamkah anda menghadiri kelas atas talian dalam seminggu semasa perintah kawalan pergerakan?

jam

(3) Adakah anda berasa tertekan kerana pembelajaran anda tersekat semasa perintah kawalan pergerakan?

Ya

Tidak

(a) Jika ya, apakah yang menyebabkan anda tertekan apabila pembelajaran anda tersekat semasa perintah kawalan pergerakan?

(4) Adakah kes positif COVID-19 tinggi kekerapannya di Kawasan tempat tinggal anda semasa perintah kawalan pergerakan?

Ya

Tidak

(5) Adakah keagamaan membantu anda menangani stres dan kekecewaan semasa perintah kawalan pergerakan dan COVID-19?

Ya



Tidak

Terima kasih kerana menjawab kesemua soalan. Kami menghargai kerjasama anda.