S3 Figure. Unadjusted odds ratios for MetS in quartiles of anthropometric indices in men and women. Odds ratio (ORs) adjusted for age, alcohol consumption, sedentary time and physical activity (extra added smoking status for women analysis). *Normal: 18.5 ≤ BMI < 24 kg/m²; overweight: 24 ≤ BMI < 27.9 kg/m²; obesity: BMI ≥ 28 kg/m². Those with a BMI < 18.5 kg/m² were excluded from these analyses (n=64), and using normal weight group as a reference group. For other anthropometric indices, the first quartile (Q1) was used as a reference group. Q2: second quartile; Q3: third quartile; Q4: fourth quartile.