

Database: Ovid MEDLINE(R) and Epub Ahead of Print, In-Process & Other Non-Indexed Citations and Daily <1946 to December 2019>
Search Strategy:

#	Searches	Results
1	exp Premenstrual Syndrome/	3995
2	premenstrual.tw.	4911
3	(Premenstrua\$ adj5 Syndrome\$.tw.	2518
4	premenstrual tension.tw.	476
5	(premenstrua\$ adj5 tension\$.tw.	495
6	(premenstrua\$ adj5 dysphor\$.tw.	965
7	(PMS or PMT).mp.	7497
8	(premenstrua\$ adj5 stress).mp.	86
9	premenstrual stress.tw.	10
10	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9	12117
11	exp Exercise/	187652
12	exp Exercise Therapy/	48688
13	exercis*.tw.	283524
14	physical activity.mp.	104833
15	physical activit*.tw.	105541
16	exp Physical Fitness/	28723
17	physical training.tw.	5620
18	(exercise adj1 intervention\$.tw.	5903
19	behavio?r* change intervention\$.tw.	1350
20	aerobic exercise.tw.	8792
21	yoga.tw.	4373
22	or/11-21	469524
23	Developing Countries.sh,kf.	84770
24	(Afghanistan or Albania or Algeria or Angola or Antigua or Barbuda or Argentina or Armenia or Armenian or Aruba or Azerbaijan or Bahrain or Bangladesh or Barbados or Benin or Byelarus or Byelorussian or Belarus or Belorussian or Belorussia or Belize or Bhutan or Bolivia or Bosnia or Herzegovina or Hercegovina or Botswana or Brasil or Brazil or Bulgaria or Burkina Faso or Burkina Fasso or Upper Volta or Burundi or Urundi or Cambodia or Khmer Republic or Kampuchea or Cameroon or Camerons or Cameron or Camerons or Cape Verde or Central African Republic or Chad or Chile or China or Colombia or Comoros or Comoro Islands or Comores or Mayotte or Congo or Zaire or Costa Rica or Cote d'Ivoire or Ivory Coast or Croatia or Cuba or Cyprus or Czechoslovakia or Czech Republic or Slovakia or Slovak Republic or Djibouti or French Somaliland or Dominica or Dominican Republic or East Timor or East Timur or Timor Leste or Ecuador or Egypt or United Arab Republic or El Salvador or Eritrea or Estonia or Ethiopia or Fiji or Gabon or Gabonese Republic or Gambia or Gaza or Georgia Republic or Georgian Republic or Ghana or Gold Coast or Greece or Grenada or Guatemala or Guinea or Guam or Guiana or Guyana or Haiti or Honduras or Hungary or India or Maldives or Indonesia or Iran or Iraq or Isle of Man or Jamaica or Jordan or Kazakhstan or Kazakh or Kenya or Kiribati or Korea or Kosovo or Kyrgyzstan or Kirghizia or Kyrgyz Republic or Kirghiz or Kirgizstan or	3612694

	Lao PDR or Laos or Latvia or Lebanon or Lesotho or Basutoland or Liberia or Libya or Lithuania or Macedonia or Madagascar or Malagasy Republic or Malaysia or Malaya or Malay or Sabah or Sarawak or Malawi or Nyasaland or Mali or Malta or Marshall Islands or Mauritania or Mauritius or Agalega Islands or Mexico or Micronesia or Middle East or Moldova or Moldavia or Moldovan or Mongolia or Montenegro or Morocco or Ifni or Mozambique or Myanmar or Myanma or Burma or Namibia or Nepal or Netherlands Antilles or New Caledonia or Nicaragua or Niger or Nigeria or Northern Mariana Islands or Oman or Muscat or Pakistan or Palau or Palestine or Panama or Paraguay or Peru or Philippines or Philipines or Phillipines or Poland or Portugal or Puerto Rico or Romania or Rumania or Roumania or Russia or Russian or Rwanda or Ruanda or Saint Kitts or St Kitts or Nevis or Saint Lucia or St Lucia or Saint Vincent or St Vincent or Grenadines or Samoa or Samoan Islands or Navigator Island or Navigator Islands or Sao Tome or Saudi Arabia or Senegal or Serbia or Montenegro or Seychelles or Sierra Leone or Slovenia or Sri Lanka or Ceylon or Solomon Islands or Somalia or South Africa or Sudan or Suriname or Surinam or Swaziland or Syria or Tajikistan or Tadjhikistan or Tadjikistan or Tadjhik or Tanzania or Thailand or Togo or Togolese Republic or Tonga or Trinidad or Tobago or Tunisia or Turkey or Turkmenistan or Turkmen or Uganda or Ukraine or Uruguay or USSR or Soviet Union or Union of Soviet Socialist Republics or Uzbekistan or Uzbek or Vanuatu or New Hebrides or Venezuela or Vietnam or Viet Nam or West Bank or Yemen or Yugoslavia or Zambia or Zimbabwe or Rhodesia).hw,kf,ti,ab,cp.	
25	(low-income or middle-income or lowincome or middleincome or LMIC* or resource-poor or limited-resource* or resource-constrain*).mp.	65592
26	((less* developed or least-developed or less-economically developed or least-economically developed or less-affluent or least-affluent or developing or underdeveloped or under-developed or emerging or middle income or low* income or underserved or under served or deprived or poor) adj (nation? or region or regions or economy or economies or countr* or population? or world)).mp.	156355
27	(africa* or asia* or west indies or caribbean or central america* or latin america* or south america* or melanesia* or micronesia* or polynesia*).mp.	551652
28	(low* adj (gdp or gnp or gross domestic or gross national)).ti,ab.	237
29	(low adj3 middle adj3 countr*).ti,ab.	14870
30	(lmic or lmics or third world or lami countr*).ti,ab.	7038
31	transitional countr*.ti,ab.	157
32	or/23-31	3984303
33	10 and 22 and 32	49