

## Human research written informed consent

Dear patient,

We invite you to participate in a clinical study on the effect of wCST-LL-based rehabilitation nursing program on motor dysfunction in acute stroke. Before you decide whether to participate in this study, please read it carefully. It can help you understand the study about why it is conducted, the procedure and duration of the study, the benefits, risks and inconveniences that may be brought to you after participating in the study.

Stroke patients will leave varying degrees of neurological impairment, or even disability, will affect the living ability of patients, and personal, family and social burden will be increased. Effective rehabilitation in acute stage can promote the recovery of neurological function and reduce the functional disability of patients. Due to the limited number of professional rehabilitation staff, it is difficult to meet the needs of patients for motor function rehabilitation. Therefore, we propose to carry out a rehabilitation nursing program based on wCST-LL, to carry out early rehabilitation nursing for patients by making full use of limited resources. This study integrates rehabilitation technology into daily nursing work, and establishes an rehabilitation nursing program based on wCST-LL, which is safe and feasible, can improve your motor function, promote your nerve repair, reduce physical disability, improve your prognosis, and reduce medical expenses in general.

This study will not increase your cost. If you participate in our study, please cooperate with us to collect clinical data, provide objective and accurate information, cooperate with motor function rehabilitation exercise and evaluation, and have two follow-up visits. In the process of rehabilitation, your vital signs may change, such as increased blood pressure and heart rate, but we systematically evaluate your vital signs and condition before each rehabilitation to ensure that your condition is stable and then carry out motor function exercise. If the disease is complicated during the period, we will terminate the study in time and take corresponding medical and nursing measures to ensure your safety. Whether or not to participate in this study is entirely up to you. You can refuse to participate in this study or withdraw from the study at any time in the course of the study, which will not affect your follow-up treatment. The data of this study will only be used for clinical research and will not disclose your personal identity. we will make every effort to protect the privacy of your personal medical data as far as possible.

This study has been reported to the Human body Research Ethics Committee of the second affiliated Hospital of Medical College of Zhejiang University, and has been approved by the committee, including the risk assessment of the subjects. In the course of the study, for ethics and rights matters, please contact the Human Research Ethics Committee of the second affiliated Hospital of Medical College of Zhejiang University, Tel: 0571 ~ 87783759 during the day; email address: [HREC2013@126.com](mailto:HREC2013@126.com)

I confirm that I have read and understood the informed consent form of this study, volunteered to accept the treatment methods in this study, and agreed to use my medical data for the publication of this study.

Subject signature: \_\_\_\_\_ Phone number: \_\_\_\_\_ date: \_\_\_\_\_

Or agent signature(relationship): \_\_\_\_\_ Phone number: \_\_\_\_\_ date \_\_\_\_\_

I confirm that I have explained to the patient the details of this study, including their rights and possible benefits and risks. and give him a copy of the signed informed consent form.

Researcher Signature: \_\_\_\_\_ Phone number: \_\_\_\_\_ date: \_\_\_\_\_