

Interview Guide

Instructions for use: This is to be used as a guide only. We wish to obtain information under 7 broad headings, outlined here. Questions may be asked in any order or not at all if the answer has already been obtained by another question. Questions do not need to be asked verbatim and may be tailored to the individual and their previous responses.

For Patients

Basic Info

demographics - Age, gender ?educational level ?employment status

Length of time since diagnosis:

Current management:

1. General

I would like to talk to you today about treating T2DM in primary care. Do you know what I mean by primary care or general practice? (Explanation to be provided if uncertain)

Please describe what support you receive from your primary healthcare doctor regarding your type 2 diabetes.

How frequently do you see a doctor about your T2DM or a related issue?

If you had a new issue related to your diabetes, how would you try to address it?

How do you decide who to go to for help about T2DM related issues?

Tell me about the last time you had a medical problem and what you did at the time?

Can you give me some examples of the sort of problems you would be likely to ask your primary care doctor about?

2 . Diagnosis

Can you tell me how you found out you had T2DM?

Did you see your primary care doctor when you were diagnosed? What other healthcare professionals were involved?

Why did you choose to see/not to see your primary care doctor?

When you were diagnosed, what help did you want or expect from you primary care doctor?

Were these hopes and expectations met?

3. Medication

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Do you take medicine for your diabetes?

If you take medications for your diabetes...

Who prescribed this medication?

If you had a question or concern about your medication, who would you ask?

4. Lifestyle

Have you made any lifestyle adjustments since being diagnosed with T2DM eg. changing your diet or pattern of exercise?

Why did you decide to / who encouraged you to make these adjustments?

Did you receive any support from your primary care doctor in making these adjustments?

What about the rest of your family?

5. Monitoring

Who monitors the diabetes to see how you are getting on for example with respect to complications? (this may include kidney function monitoring, foot checks or eye checks)

If you take medication, who monitors the medication (eg. with blood tests, re: side effects)

6. Benefits of and Challenges to T2DM management in primary care

What has been good about your experience of primary care for type 2 diabetes?

In your opinion what have been the main problems with your diabetes care?

What are the main barriers to accessing care from your primary care doctor?

Why do you/don't you like to speak to a primary care doctor about your problems?

7. Developing the role

How could your experience of care for T2DM be improved?

What additional help would you like from your primary care doctor?

Would you like your primary care doctor to have additional training or hold additional qualifications?

Thank you very much for taking the time to participate in this interview

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For GPs

Basic Info:

Age

Gender

Role

Experience of general practice (eg. Working as GP or within GP setting, working with GP colleagues):

1. General

Do you understand what is meant by a primary care doctor? (explanation to be provided if not)

How do you see the role of the primary care doctor in care of T2DM?

Who do patients with T2DM consult when they have new questions or problems about their condition?

What sort of problems might they bring to a primary care doctor?

2. Diagnosis

How are patients usually diagnosed with diabetes? Who may make this diagnosis?

At the time of diagnosis, what roles or responsibilities does the primary care doctor currently have?

What is your approach to screening for T2DM? Is this done within primary or secondary care?

3. Medication

Do primary care doctors routinely initiate or make changes to the medications of patients with T2DM?

If no - why no?

4. Lifestyle change

What support do patients with T2DM receive regarding changing their lifestyle?

Who usually provides this?

What role is there/could you see for primary care in helping patients with lifestyle change?

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5. Monitoring

How are patients with T2DM monitored?

- With respect to progression and need for additional treatment
- With respect to development of complications (kidneys, eyes, feet)

Which health care professional(s) is/are responsible for monitoring?

What role is there/could you see for the primary care doctor in diabetes monitoring?

6. Benefits of and challenges to the role

What are the current difficulties/barriers to managing patients with T2DM in primary care?

Why do these problems occur in your opinion?

7. Developing the role

How may primary care for patients with T2DM be improved?

What additional training would you wish to have provided for primary care doctors treating patients with T2DM?

Thank you very much for taking the time to participate in this interview