

Appendix 3- Relevant TDF Domains

TDF Domain	Definition
Knowledge	An awareness of the existence of something.
Beliefs about consequences	Acceptance of the truth, reality, or validity about outcomes of a behaviour in a given situation
Beliefs about capabilities	Acceptance of the truth, reality about an ability, talent, or facility that a person can put to constructive use
Behavioural regulation	Anything aimed at managing or changing objectively observed or measured actions
Professional role & identity	A coherent set of behaviours and displayed personal qualities of an individual in a social or work setting
Intentions	A conscious decision to perform a behaviour or a resolve to act in a certain way.
Social Influences	Those interpersonal processes that can cause individuals to change their thoughts, feelings, or behaviours.
Reinforcement	Increasing the probability of a response by arranging a dependent relationship, or contingency, between the response and a given stimulus.
Environmental context & resources	Any circumstance of a person's situation or environment that discourages or encourages the development of skills and abilities, independence, social competence, and adaptive behaviour
Emotion	A complex reaction pattern, involving experiential, behavioural, and physiological elements, by which the individual attempts to deal with a personally significant matter or event
Memory, Attention and Decision Making	The ability to retain information, focus selectively on aspects of the environment and choose between two or more alternatives.