

**Supplement 1:** Search strategy on MEDLINE

((("Temporomandibular Joint Disorders"[Mesh]) OR (((temporomandibular) OR temporomandibular) OR "Temporomandibular Joint"[Mesh])) AND (((disorder\*) OR dysfunction) OR osteoarthritis) OR "Osteoarthritis"[Mesh]) OR (((derangement) OR displacement) AND disc)))) AND (((((((((((("Glucocorticoids"[Mesh]) OR Glucocorticoids) OR corticosteroid\*) OR "Triamcinolone"[Mesh]) OR betamethasone) OR "Betamethasone"[Mesh]) OR dexamethasone) OR "Dexamethasone"[Mesh]) OR hydrocortisone) OR "Hydrocortisone"[Mesh]) OR methylprednisolone) OR "Methylprednisolone"[Mesh]) OR steroid) OR "Steroids"[Mesh]) OR triamcinolone)