

Supplementary file: Definitions of the TDF domains taken from Cane

et al.(11)

<b>Domain</b>	<b>Definition</b>
<b>1. Knowledge</b>	An awareness of the existence of something
<b>2. Skills</b>	An ability or proficiency acquired through practice
<b>3. Social/Professional Role and Identity</b>	A coherent set of behaviours and displayed personal qualities of an individual in a social or work setting
<b>4. Beliefs about Capabilities</b>	Acceptance of the truth, reality, or validity about an ability, talent, or facility that a person can put to constructive use
<b>5. Optimism</b>	The confidence that things will happen for the best or that desired goals will be attained
<b>6. Beliefs about Consequences</b>	Acceptance of the truth, reality, or validity about outcomes of a behaviour in a given situation
<b>7. Reinforcement</b>	Increasing the probability of a response by arranging a dependent relationship, or contingency, between the response and a given stimulus
<b>8. Intentions</b>	A conscious decision to perform a behaviour or a resolve to act in a certain way
<b>9. Goals</b>	Mental representations of outcomes or end states that an individual wants to achieve
<b>10. Memory, Attention and Decision Processes</b>	The ability to retain information, focus selectively on aspects of the environment and choose between two or more alternatives
<b>11. Environmental Context and Resources</b>	Any circumstance of a person's situation or environment that discourages or encourages the development of skills and abilities, independence, social competence, and adaptive behaviour)
<b>12. Social influences</b>	Those interpersonal processes that can cause individuals to change their thoughts, feelings, or behaviours

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**13. Emotion** A complex reaction pattern, involving experiential, behavioural, and physiological elements, by which the individual attempts to deal with a personally significant matter or event

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**14. Behavioural Regulation** Anything aimed at managing or changing objectively observed or measured actions

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All definitions are based on definitions from the American Psychological Associations' Dictionary of Psychology (23)