

Supplementary File 1.**Worker Role Interview (WRI) assessed at start of intervention**

Content area	WRI items	Person						
		1	2	3	4	5	6	7
MOTIVATIONAL FACTORS	1. Assesses abilities and limitations	3	3	3	3	2	3	4
	2. Expectation of job success	4	2	4	4	4	3	2
Personal causation item 1-3	3. Takes responsibility	4	4	4	4	3	3	2
Values item 4-5	4. Commitment to work	3	4	4	3	4	4	4
Interests item 6-7	5. Work-related goals	4	3	4	4	3	3	3
	6. Enjoys work	3	3	4	3	4	4	4
LIFESTYLE FACTORS	7. Pursues interests	2	2	2	3	2	2	1
	8. Appraises work expectations	4	4	4	4	3	4	4
Roles item 8-9	9. Influence of other roles	4	4	2	2	4	4	4
	10. Work habits ¹	NA	NA	NA	NA	NA	NA	NA
Habits item 10-12	11. Daily routines	2	2	2	2	2	2	2
	12. Adapts routine to minimize difficulties	2	3	2	3	3	3	3
ENVIRONMENTAL FACTORS	13. Perception of work setting	4	2	3	4	3	3	1
	14. Perception of family and peers	4	4	4	3	4	2	3
Workplace related items 13, 15, 16	15. Perception of boss	3	2	4	4	4	NA	2
	16. Perception of co-workers	4	3	4	3	3	NA	3

¹ Item 10 work habits was assessed as not applicable (NA) at this stage due to the substantial change in everyday life and that the person had not yet returned to work.