

**Supplementary file 6****IPCAS trial process evaluation checklist****MLAS facilitator delivery - DESMOND Observation Tool Record Sheet****Group Session 1**

Instructions: DOT at 10s (i.e. at the second bleep)

**Session A: Welcome/Introduction (30 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		

**Session B: Stroke story (20 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		

**IPCAS trial process evaluation checklist****Session C: What is stroke? (25 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score = $A \div (A+B+C) * 100 =$		

**Session D: Stroke passenger (35 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score = $A \div (A+B+C) * 100 =$		

**Session E: What will I do now? (10 min)**

Facilitator

Start time:

End time:

Facilitator talk	Participant talk	Other

**IPCAS trial process evaluation checklist**

Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		

**IPCAS trial process evaluation checklist**  
**MLAS facilitator delivery - DESMOND Observation Tool Record Sheet**  
**Group Session 2/3 (circle as appropriate): Managing Health and Wellbeing**

Instructions: DOT at 10s (i.e. at the second bleep)

**Session A: Welcome back, recap, and introduction (20 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		

**Session B: Managing health and wellbeing (40 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		

**IPCAS trial process evaluation checklist****Session C: Making changes (15 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		

**Session D: Making a plan (35 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		

**Session E: What will I do now? (10 min)**

Facilitator

Start time:

End time:

Facilitator talk	Participant talk	Other

**IPCAS trial process evaluation checklist**

Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		

**IPCAS trial process evaluation checklist**  
**MLAS facilitator delivery - DESMOND Observation Tool Record Sheet**  
**Group Session 2/3 (circle as appropriate): Roadblocks**

Instructions: DOT at 10s (i.e. at the second bleep)

**Session A: Welcome back and introduction (20 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		

**Session B: Roadblocks on my journey (45 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		

**IPCAS trial process evaluation checklist****Session C: Working it out (45 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		

**Session D: What will I do now? (10 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		



**IPCAS trial process evaluation checklist**  
**MLAS facilitator delivery - DESMOND Observation Tool Record Sheet**  
**Group Session 4: Moving Forward on my Journey**

Instructions: DOT at 10s (i.e. at the second bleep)

**Session A: Welcome back, recap, and introduction (20 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		

**Session B: Your relationships (45 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		

**IPCAS trial process evaluation checklist****Session C: Revisiting your stroke journey (10 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score = $A \div (A+B+C) * 100 =$		

**Session D: How will you move forward? (30 min)**

Facilitator's name:

Assessor's name:

Start time:

End time:

Facilitator talk	Participant talk	Other
Total A:	Total B:	Total C:
Total score = $A \div (A+B+C) * 100 =$		

**Session E: What will I do now? (10 min)**

Facilitator

Start time:

End time:

Facilitator talk	Participant talk	Other

**IPCAS trial process evaluation checklist**

Total A:	Total B:	Total C:
Total score= $A \div (A+B+C) * 100 =$		