

**Supplementary Table 3. Relationships between husbands undergoing therapy for hypertension, diabetes, dyslipidemia, or any of these diseases, and their wives undergoing therapy for the same disease**

Disease	Odds ratio	95%CI	
Hypertension	1.82	1.75	1.89
Diabetes	1.44	1.32	1.56
Dyslipidemia	2.49	2.33	2.66
Any of 3 diseases	1.86	1.79	1.92

\*Adjusted for the location of residence; household expenditure; and the husbands' s age, educational background, smoking history, alcohol drinking habits, the presence or absence of having undergone therapy for another disease, and its interaction with age group.