

Supplementary file 3 Interview Guide for Patient Focus Groups

<p>Introduction</p> <ul style="list-style-type: none"> • Thank you for your willingness to participate in this focus-group interview. The aim of this interview is to explore how you experience <ul style="list-style-type: none"> ○ The content and quality of the follow-up before and after bariatric surgery ○ The usefulness of the clinical feedback system as applied in your care • Ethics <ul style="list-style-type: none"> ○ What you share in this focus group is considered and treated with confidentiality by us ○ The information/stories that are shared with you by the other participants and the other participants' identity must not be shared with other people.
<p>Experiences of follow-up</p> <ul style="list-style-type: none"> • Would you please describe the follow-up you have received before and after bariatric surgery? <ul style="list-style-type: none"> ○ Organisation of the follow up at the outpatient clinics and content of it ○ How did you experience the quality of the follow-up? ○ Your needs in the follow-up consultations ○ Can you share with us if your needs were met? I.e. nutritional guidance, specific advice for physical activity adapted to you, get the opportunity to discuss mental health concerns. ○ Other important aspects you want to discuss?
<p>Experiences with the clinical feedback system</p> <p>As a tool to make the consultations more patient-centred and adapted to your situation, we have implemented a clinical feedback system. The CFS is the questionnaires you reported on prior to your consultation, and the summary report of your shared information that you and your healthcare professional is intended to discuss during the consultation.</p> <ul style="list-style-type: none"> • What are your experiences with use of the clinical feedback system in the clinical consultations and (both positive and negative experiences)? <ul style="list-style-type: none"> Guiding questions <ul style="list-style-type: none"> ○ How has using the CFS been like for you? ○ Can you describe how the summary report of the CFS was used during the consultation? ○ What in your experience was the purpose of the CFS? ○ How did you experience the preparedness of the healthcare professional when you met for the consultation? That means how prepared was the healthcare professional at your situation? ○ How did you experience the engagement of the healthcare professional in your specific situation? Especially your concerns ○ How did you experience your possibility to engage in and influence your treatment? ○ How did you experience the conversation during the consultation regarding your health and situation? ○ Can you describe any actions as a consequence of the clinical feedback? I.e. were your concerns taken seriously/did you receive support for your concerns?

<ul style="list-style-type: none"> ○ Were other healthcare professionals involved in your follow-up (i.e. general practitioner) as a consequence of the feedback? ○ Have you experienced the clinical feedback system as useful, and is it easier for you to discuss what is important to you? ○ What are your views on the potential or disadvantages of this way of organising the follow-up with a CFS? ○ How did you experience the information about how to use the CFS, and the purpose of the CFS? ○ How did you experience the relevance of the questions? ○ How did you experience the practical utility when responding to the questionnaires? ○ How did you experience the visual feedback report and the feedback from the healthcare professional? ○ How did you experience the time spent when responding to the feedback system? And further time spent in the clinical consultation? ○ Is there anything you would like to add about your experience using the clinical feedback system?
<p>Follow-up after bariatric surgery</p> <ul style="list-style-type: none"> ● Can you give a description of what you have experienced as helpful and less helpful in the follow-up consultations? <p>Guiding questions</p> <ul style="list-style-type: none"> ○ What have you experienced as helpful in the follow-up consultations? ○ What have you experienced as less helpful in the follow-up consultations? ○ Are there topics that you have found difficult to address or to get help with from the outpatient clinic? ○ Do you have other important aspects of the follow-up care that you want to discuss?
<p>Debrief</p> <ul style="list-style-type: none"> ● Now I will summarize my immediate perception of the information you have given during the interview. ● If you have any questions or concerns after the interview, please do not hesitate to contact me. <ul style="list-style-type: none"> ○ As I stated in the beginning of the interview, your confidentiality will be protected by us, and I remind you that you also keep what have been shared here today as confidential