

Supplementary Material: Table 1. Visit schedule

Study Plan	Initial Contact (<12 weeks gestation)		M1	M2-M9	M10	At Birth	I1	I2-I6	I7
	Screening	Recruitment							
Schedule			Antenatal Follow-up	Antenatal Follow-up (monthly until second trimester, fortnightly in the third trimester)	Antenatal Follow-up (weekly after 36 weeks until delivery)		Infant 7-14 day	Infant follow-up: At months-1 (\pm 1 wk), 2 (\pm 2 wks), 3 (\pm 2 wks), 4 (\pm 2 wks) & 6 (\pm 2 wks)	Infant follow-up Age 9 months \pm 14 days;
First Screening Visit	X								
Maternal Inclusion/Exclusion criteria	X	X							
Informed consent of the participant		X							
Questionnaire Administration		X							
Randomization		X							
Supplementation		X	X	X	X	X	X	X	
Blood Sampling (1 st trimester)		X							
Home Visit (if required)			X	X	X	X	X	X	X
Monitoring of the Compliance			X	X	X	X	X	X	X
Adverse events			X	X	X	X	X	X	X
Blood Sampling (3 rd trimester, >26 weeks gestation)				X					
Mother Food Frequency Questionnaire (>26 weeks gestation)				X					
Infant Anthropometry (Weight/length/Head Circumference)						X	X	X	X
Monitoring for neonatal morbidity*						X	X	X	X
Application of Exit Criteria (specified earlier)			X	X	X	X	X	X	X
Metabolic Screening of infant							X		
Infant morbidity							X	X	X
Infant blood sampling									X
Complementary feeding 72 hr. Dietary Recall									X
DASII Scale									X

HOME Inventory									x
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