

Classification of responses in Barthel index as ‘dependent’ and ‘independent’

| Item | Response options | Dependent/Independent |
|--|---|------------------------------|
| FEEDING | unable | Dependent |
| | needs help cutting, spreading butter, etc., or requires modified diet | Dependent |
| | independent | Independent |
| BATHING | dependent | Dependent |
| | independent (or in shower) | Independent |
| GROOMING | needs to help with personal care | Dependent |
| | independent face/hair/teeth/shaving (implements provided) | Independent |
| DRESSING | dependent | Dependent |
| | needs help but can do about half unaided | Dependent |
| | independent (including buttons, zips, laces, etc.) | Independent |
| BOWELS | incontinent (or needs to be given enemas) | Dependent |
| | occasional accident | Independent |
| | continent | Independent |
| BLADDER | incontinent, or catheterized and unable to manage alone | Dependent |
| | occasional accident | Independent |
| | continent | Independent |
| TOILET USE | dependent | Dependent |
| | needs some help, but can do something alone | Dependent |
| | independent (on and off, dressing, wiping) | Independent |
| TRANSFERS (BED TO CHAIR AND BACK) | unable, no sitting balance | Dependent |
| | major help (one or two people, physical), can sit | Dependent |
| | minor help (verbal or physical) | Dependent |
| | independent | Independent |
| MOBILITY (ON LEVEL SURFACES) | immobile or < 50 yards | Dependent |
| | wheelchair independent, including corners, > 50 yards | Dependent |
| | walks with help of one person (verbal or physical) > 50 yards | Dependent |
| | independent (but may use any aid; for example, stick) > 50 yards | Independent |
| STAIRS | unable | Dependent |
| | needs help (verbal, physical, carrying aid) | Independent |
| | independent | Independent |