Interview guide – Health promotion in psychiatry

What does a “health promotion initiative” mean to you, as a mental health nurse?

Can you give a concrete example of a health promotion initiative?

What kind of health promotion initiatives are you working with in your department?

What information exists about the health promotion tasks that you do, and where can you find that information?

With regard to the health promotion activities on your ward, can you explain which tasks you can choose to do, and which tasks you must do?

When you are working with health promotion, what do you find are the most significant challenges?

Can you give a concrete example from nursing practice?

How do you, as a nurse, experience those challenges?

Do any paradoxes arise when you work with health promotion as a mental health nurse? Can you describe them?

When is it meaningful to work with health promotion and psychiatric patients?

From your perspective, what is the impact of health promotion initiatives on psychiatric patients?

Can you explain what makes a health promotion initiative a success? And can you give an example of such a success?