Supplementary Table 1. Summary of medications that respondents report taking during self-isolation

Medication	n=236 (%)
Paracetamol	195 (82.6%)
NSAIDs	33 (14.0%)
Herbal	20 (8.5%)
Phenylephrine	19 (8.1%)
Inhaler	17 (7.2%)
Antibiotics	15 (6.4%)
Codeine	10 (4.2%)
Steroid	7 (3.0%)
Other	20 (8.5%)