Towards HCV elimination among people who inject drugs in Hai Phong, Vietnam: study protocol for an effectiveness-implementation trial evaluating an integrated model of HCV care (DRIVE-C: DRug use & Infections in ViETnam–hepatitis C)

Delphine Rapoud, Catherine Quillet, Khue Pham Minh, Vinh Vu Hai, Binh Nguyen Thanh, Thanh Nham Thi Tuyet, Hong Tran Thi, Jean-Pierre Molès, Roselyne Vallo, Laurent Michel, Jonathan Feelemyer, Laurence Weiss, Maud Lemoine, Peter Vickerman, Hannah Fraser, Huong Duong Thi, Oanh Khuat Thi Hai, Don Des Jarlais, Nicolas Nagot, Didier Laureillard.

ABSTRACT

Introduction In Vietnam, people who inject drugs (PWID), who are the major population infected by hepatitis C virus (HCV), remain largely undiagnosed and unlinked to HCV prevention and care despite recommended universal hepatitis C treatment. The data on the outcomes of HCV treatment among PWID also remain limited in resource-limited settings. The DRug use & Infections in ViETnam–hepatitis C (DRIVE-C) study examines the effectiveness of a model of hepatitis C screening and integrated care targeting PWID that largely uses community-based organisations (CBO) in Hai Phong, Vietnam. In a wider perspective, this model may have the potential to eliminate HCV among PWID in this city.

Methods and analysis The model of care comprises large community-based mass screening, simplified treatment with direct-acting antivirals (DAAs) and major involvement of CBO for PWID reaching out, linkage to care, treatment adherence and prevention of reinfection. The effectiveness of DAA care strategy among PWID, the potential obstacles to widespread implementation and its impact at population level will be assessed. A cost-effectiveness analysis is planned to further inform policy-makers. The enrolment target is 1050 PWID, recruited from the DRIVE study in Hai Phong. After initiation of pan-genotypic treatment consisting of sofosbuvir and daclatasvir administered for 12 weeks, with ribavirin added in cases of cirrhosis, participants are followed-up for 48 weeks. The primary outcome is the proportion of patients with sustained virological response at week 48, that will be compared with a theoretical expected rate of 70%.

Strengths and limitations of this study

► This is the first research evaluating the efficacy of a simplified hepatitis C virus (HCV) care model targeting people who inject drugs (PWID) in Vietnam.
► This study relies on a strong involvement of community-based organisations at all stages of the care process.
► Patient care is carried out within public hospitals.
► Study results will provide policy-makers with key data for scaling-up HCV care to eliminate HCV transmission among PWID.
► The current high price of direct-acting antivirals in Vietnam could jeopardise widespread access to treatment.

INTRODUCTION

Treatment of hepatitis C was recently revolutionised with the development of direct-acting antivirals (DAAs). Cure rate over 90%
can be achieved with shortened treatment duration (8–12 weeks) for almost all individuals with hepatitis C. This progress opens a new era in which virtually all infected individuals can be cured if they are widely screened and have access to therapy. Hepatitis C elimination has been incorporated in the 2030 agenda of the WHO, which has set up ambitious targets as reducing new hepatitis C virus (HCV) infections by 80%, the number of HCV-related deaths by 65%, increasing hepatitis C diagnoses from 20% to 90% and eligible people receiving HCV treatment from <5% to 80%.3

However, more than 80% of the hepatitis C burden worldwide is in low-income and middle-income countries (LMIC), where access to diagnosis and treatment is limited.4 Furthermore, people who inject drugs (PWID) are a major population affected by HCV with an estimated prevalence of approximately 60%–80%.WHO's objectives will not be achieved without implementing simplified and cost-effective strategies targeting key populations, in particular PWID in LMIC. While high coverage of medication-assisted treatment (MAT) and needle/syringe exchange programmes alone cannot markedly reduce HCV transmission to low levels (unlike for HIV), new DAAs achieving high cure rate have such a potential impact.6

In Vietnam, around 1 million individuals are infected with HCV, and genotypes 1 and 6 represent almost 95% of hepatitis C infections.7–9 For the last few years, the strong mobilisation of civil society has been crucial to recognising hepatitis C as a major public health issue, and to advocating for access to treatment. Although diagnosis, treatment, including DAAs since 2018, and monitoring costs are covered partially by the national social health insurance, the remaining cost is still too high for the most vulnerable patients, including PWID. In addition, limited access to HCV genotyping represents a major obstacle for scaling-up HCV treatment.

HCV prevalence ranges from 46% to 87% among PWID in Vietnam.10–14 In 2008, local authorities piloted a new strategy policy for PWID based on access to MAT, universal antiretroviral treatment (ART) for HIV-infected PWID and a network of community-based organisations (CBO) to deliver harm reduction and distribute free syringes. Unlike HIV prevalence that has been reduced to 30% among PWID, the HCV epidemic is still very dynamic. In the DRIVE-IN (DRug use and Infections in ViEtnam - INitial phase) study (NCT02573948) conducted in 2014–2015 among PWID in Hai Phong,15 16 HCV seroprevalence was 66%, 91% of HIV-infected participants were coinfected with HCV and HCV incidence was 18.8/100 person-years (95% CI: 11.2 to 29.8).17

Drive program in Hai Phong

The city of Hai Phong, with about 9000 PWID out of a population of 2 million inhabitants, has a past HCV epidemic driven by heroin injection. HCV prevalence among PWID there peaked at 60% in 2006.18 Our research group has been working in the field of drug use and HIV/HCV infection for the past 6 years in Hai Phong. After the successful implementation of the feasibility study DRIVE-IN, the DRIVE consortium designed an innovative strategy, aiming at ‘ending the HIV epidemic among PWID’. In the DRIVE study (NCT03526939), the intervention strategy includes (1) a mass screening tool (3 repeated large-scale respondent-driven sampling (RDS) surveys over 2 years) to identify HIV-infected PWID in the community, (2) linkage to HIV care (to achieve viral suppression) by strong peer support and (3) improvement of harm reduction coverage by assisting actively injecting PWID to access MAT at existing centres and to reduce unsafe injection practices. In addition to the 3 RDS surveys, 2 cohorts were implemented, with follow-up (FU) visits at study sites every 6 months: (1) among HIV positive to monitor the intervention implementation and identify potential issues in the cascade of care and (2) among HIV negative to monitor HIV incidence and risk factors. The third RDS survey (DRIVE RDS3) was launched in October 2018.

Research hypothesis

The DRIVE study offers a unique opportunity to extend interventions to hepatitis C. We hypothesise that a simplified model addressing all the following challenges could lead, if scaled up, to the elimination of HCV among PWID in Hai Phong:

► Identification of PWID with hepatitis C: to date only HIV-infected PWID registered in HIV outpatient clinics or PWID registered in methadone treatment centres have access to HCV screening with serology testing. HCV RNA is not routinely available.

► Improving health-seeking behaviours and referral to HCV care: PWID often have poor linkage with healthcare system, including fear or experience of stigmatisation, lack of self-esteem, limited access to health insurance and marginalisation.

► Setting-up a model of HCV care integrated in the local healthcare system: authorities will not launch specific HCV infection programmes but rather will integrate HCV care and treatment within existing infectious diseases or hepatology departments of health facilities.

► Optimised and tailored support for treatment adherence: some PWID present characteristics that may hamper medicine adherence (psychiatric disorders and marginalisation).

► Prevention of HCV reinfection after cure, which is crucial in a context of high HCV incidence: specific harm reduction and counselling activities, other than those for HIV, need to be elaborated.

METHODS AND ANALYSIS

Objectives

The primary objective of DRug use & Infections in ViEtnam–hepatitis C (DRIVE-C) is to assess the effectiveness of the proposed model of hepatitis C community-based screening and integrated care targeting PWID in Hai Phong, Vietnam.
Secondary objectives include: to assess all steps of the hepatitis C cascade of care; to assess the occurrence of adverse events and drug-related side effects; to evaluate adherence to HCV treatment; to determine factors associated with treatment failure; to estimate the reinfection rate at the end of the study; to identify risk factors for HCV reinfection and to project the impact and cost effectiveness of the implemented HCV treatment intervention.

Outcome measures
The primary endpoint is the proportion of all patients in success of the model of care, defined by HCV RNA <10 IU/mL at the end of the study (week 48 visit).

What will be considered as failures: (1) detectable HCV RNA at “sustained virological response at post-treatment week 12” (SVR12) visit or at the end of study visit (HCV RNA ≥10 IU/mL), (2) missing HCV RNA result at the end of study visit, (3) HCV treatment not initiated within 1 year of HCV screening, (4) permanent discontinuation of DAAs, (5) death and (6) discontinuation of the study due to loss to FU or transfer out.

Secondary endpoints include the following:
- Evaluation of the HCV cascade of care, among all those with hepatitis C infection.
- Reinfection rate defined by HCV RNA ≥10 IU/mL at the end of the study among cured participants (HCV RNA <10 IU/mL at the SVR12 visit).
- Mortality rate among all participants.
- Frequency, type and time to grade 3 or 4, adverse clinical or biological events.
- Frequency, type and time to drug-related clinical or biological adverse reactions of grade 3 or 4 leading to treatment interruption.
- Adherence assessed by self-questionnaire on DAA drug intake and drug accountability for DAAs.
- Factors associated with HCV treatment failure or HCV reinfection.
- Effect of the HCV treatment intervention on HCV infections and disability-adjusted life years (DALYs) averted, quality-adjusted life years (QALYs) saved, HCV incidence and prevalence as projected by the model under various scenarios.
- Incremental cost-effectiveness ratio (ICER).

Study design
Because the aim of this research is to demonstrate how known effective treatment can be used in the Vietnamese context, we will conduct an effectiveness-implementation hybrid study type 1. In addition, a modelling exercise to assess the impact of the intervention at the population level and a cost-effectiveness analysis to further inform policy-makers are included in the study.

The strategy of the model includes:
- Mass detection of hepatitis C infection among PWID, through a large community-based RDS survey.
- Community-based support to improve referral to specific care for those identified with hepatitis C infection.
- HCV care delivery integrated within the existing health system, with a simplified treatment protocol based on a combination of DAAs and considering PWID factors, such as frequent HIV co-infection and methadone treatment.
- Optimised treatment adherence through a combination of healthcare therapeutic education and CBO support.
- Increase in harm reduction activities to encompass HCV transmission risk and to prevent HCV reinfection.

Patients will be followed for 48 weeks after initiating HCV treatment.

Study population
Participants enrolled are PWID who (1) either participated in the DRIVE RDS3 survey or have been enrolled in the DRIVE HIV-positive or HIV-negative cohort and performed an FU visit after RDS3, (2) have a hepatitis C infection defined by a positive HCV RNA at the time of screening and (3) sign the informed consent form.

All DRIVE participants were enrolled through RDS surveys and were active PWID, defined by a positive urine test result for heroin and recent injection marks, at the time of enrolment in DRIVE. At the time of enrolment in DRIVE-C, some of them may no longer inject drugs.

Non-inclusion criteria include: severe associated diseases requiring specific treatment; any condition which might compromise the safety of the patient by participating in the study; previous history of DAA use; contraindication to sofosbuvir or daclatasvir; for women of childbearing potential: pregnancy, breastfeeding or refusal to use a contraceptive method; renal failure with creatinine clearance ≤30 mL/min; being deprived of freedom by a judicial or administrative decision; planning to move out of Hai Phong in the next 12 months and being unable to understand the study.

Study schedule
The total duration of the study will be 3 years, including 6 months of preparation, 1 year for enrolling and starting HCV treatment for all participants, 1 year of FU for each participant, and 6 months of data analysis.

Study settings
Hepatitis C screening takes place in two DRIVE study sites by CBO. Enrolment into DRIVE-C and FU are conducted in hepatitis clinics integrated within the departments of infectious and tropical diseases of three geographically distributed hospitals throughout the city (Viet Tiep Hospital, Kien An Hospital and Thuy Nguyen Hospital), representing both district and provincial level care settings.

Implementation
Screening
During DRIVE RDS surveys and cohort FU visits, participants are tested for HCV antibodies using rapid diagnostic test (SD Bioline) at the study community sites. At
the time of DRIVE RDS3 survey or a DRIVE cohort FU visit, participants (1) known to have an HCV seropositive result from a previous DRIVE visit or (2) newly screened HCV seropositive at that visit are informed of the nested research programme on hepatitis C infection (DRIVE-C). On participant’s agreement, a blood sample is sent to a centralised laboratory, where the diagnosis of chronic hepatitis C is done using the GeneXpert System (Xpert HCV Viral Load test from Cepheid). Result is provided within 10 days.

Participants with hepatitis C infection proven by positive HCV RNA (≥10 IU/mL) are proposed to enrol in DRIVE-C. If interested, they will be contacted by CBO members to schedule an appointment at one of the three hepatitis clinics.

Enrolment and FU
At the pre-inclusion visit, the physician checks that the participant fulfils the inclusion criteria and does not meet any of the non-inclusion criteria, then proceeds to the informed consent process. After consent obtention, clinical, laboratory and imaging assessments are performed. Liver assessment is based on the calculation of aspartate transaminase (AST) to Platelet Ratio Index score, abdominal ultrasound and fasting liver stiffness measurement with Fibroscan (Echosens). ART initiation and/or hepatitis B virus (HBV) treatment initiation are prescribed first when necessary. For those who are not already receiving methadone maintenance treatment (MMT), MMT initiation is strongly recommended.

The patient is successfully enrolled if all criteria are confirmed at the inclusion visit, planned as far as possible not later than 2 weeks after the pre-inclusion visit. After DAA initiation at inclusion visit, participants will undergo seven FU visits until the end of study (table 1 and figure 1). They shall include clinical examination, biological testing, drug dispensation, therapeutic education, assessment of adherence, referral to appropriate care in case of an ongoing adverse event, HCV-related counselling session focusing on reinfection after the end of treatment, administration of questionnaires and blood collection for sample repository.

End of treatment visit is performed 12 weeks or 24 weeks after treatment initiation according to its duration. SVR12 visit and end of study visit are performed 12 weeks after the end of treatment and 48 weeks after treatment initiation, respectively, and include both HCV RNA testing and HCV genotyping in case of detectable HCV RNA.

In the interval between two scheduled visits, patients have access to medical personnel whenever they become ill.

Drugs
In accordance with WHO and Vietnamese guidelines, the standard HCV treatment in DRIVE-C is sofosbuvir 400 mg/day and daclatasvir 60 mg/day for 12 weeks. The choice of DAA regimen was based on our willingness to have a pan-genotypic regimen and to use drugs already registered in Vietnam, to allow quick scale up of the model if effective, while taking into account the potential interactions with ART for co-infected patients.

For HIV-infected participants receiving efavirenz or nevirapine, daclatasvir dose is increased to 90 mg/day. In case of cirrhosis, ribavirin is added to sofosbuvir/daclatasvir during the 12 weeks of treatment. Cirrhosis is defined by a Fibroscan value >12.5 kPa. In case of ribavirin contraindication or side effects leading to ribavirin discontinuation, sofosbuvir/daclatasvir combination is prescribed for 24 weeks. Sofosbuvir and daclatasvir are purchased from Hetero Drugs, a generic manufacturer granted by Gilead and BMS companies. Drugs are prescribed by study doctors and delivered by hospital pharmacists.

Patients receiving ART and/or MMT will start HCV treatment after at least 3 months of ART and 2 weeks of MMT. All participants are tested for hepatitis B surface antigen (HBsAg) and hepatitis B surface antibody (HBsAb) at preinclusion visit. Participants with positive HBsAg already treated initiate HCV treatment without delay. Participants with positive HBsAg not yet treated will be first treated for HBV. An appointment for HCV treatment initiation is provided within 1 month after HBV treatment initiation. Participants with negative HBsAg and HBsAb at preinclusion visit and who experience an elevation of ALT >5 times upper normal limit during HCV treatment FU will be retested for HBsAg and, if negative, tested for hepatitis B core antibody (HBcAb). In case of HBsAg or HBcAb positive, HBV DNA is measured to detect possible HBV flare-ups or reactivation as recommended by the WHO. Tenofovir will be introduced in case of detectable HBV DNA. HBV immunisation is recommended to participants with negative HBsAg and negative HBsAb.

Role of peer educators
Seven CBO, coordinated by the Vietnamese non-governmental organisation Supporting Community Development Initiatives, are involved in DRIVE-C. CBO members both intervene (1) in the three hepatitis clinics, where they provide counselling and conduct questionnaires, and (2) in the field where each CBO member is assigned participants to follow and support on a regular basis to overcome potential obstacles regarding: access to MMT and/or ART, adherence to HCV treatment, administrative tasks and access to harm reduction materials. They are also in charge of counselling and tracing participants for missed study visits.

Data collection and data management
The data collected are recorded in an electronic case report form (CRF), using the Ennov Clinical software accredited by the US Food and Drug Administration (FDA). They include: sociodemographic information, medical history, clinical evaluation, laboratory test and imaging results, drug uptake, adverse events, social events,
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<th>Week 12 End of treatment</th>
<th>Week 24 Treatment evaluation (SVR12)</th>
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*If more than 3 months between preinclusion and inclusion, or if patient started ART or MMT since preinclusion visit.
†If treatment regimen contains ribavirin.
§For women of childbearing age.
‖For patients with cirrhosis.
‡‡For patients with cirrhosis but only bilirubin.
††For patients followed in Viet Tien Hospital and for patients followed in Kien An Hospital and in Thuy Nguyen Hospital with APRI score >1.

ALP, alkaline phosphatase; ALT, alanine transaminase; APRI, AST to Platelet Ratio Index; AUDIT, Alcohol Use Disorder Identification Test; FU, follow-up; GGt, gamma-glutamyltransferase; HBsAg, hepatitis B surface antibody; HBsAb, hepatitis B surface antigen; HCV, hepatitis C virus; SVR12, sustained virological response at post-treatment week 12; VL, viral load.
Analysis strategies

For the intention to treat analysis, the model of HCV care will be assessed separately for the DRIVE RDS3 and for cohort FU visits participants. The latter will reflect the ability to treat and cure all the HCV-infected patients who are already in HIV and addiction care. For each analysis, all participants will be included in the analysis, whatever their FU (including patients who died, were lost to FU, or withdrew from the study). For the on-treatment analysis, we will consider only patients who started HCV treatment.

Statistical methods

A detailed plan of analysis will be elaborated and validated by the Scientific Advisory Board (SAB) before the end of enrolment.

The proportion of patients who have met the primary outcome (ie, plasma HCV RNA below 10 IU/mL at week 48) will be calculated with its 95% CI. The primary outcome will be compared with a theoretical value of 70% (rounded from 73%) using a classic one-sided test based on an approximation by the normal distribution. This value represents the expected rate of patients with chronic HCV infection who will be cured. The primary outcome will then be calculated in subgroups, such as gender or type of drug use.

All secondary outcomes will be described with their 95% CI. We will then investigate the treatment-response heterogeneity, whereby some PWID may adhere or respond differently to the treatment because of measurable characteristics. For this purpose, we will use a logistic regression model to identify the factors associated with failure to cure, as well as subgroup analyses (including gender and HIV infection) to assess the cure rate variations across the population characteristics.

The approaches to deal with missing data will be described in the detailed plan of analysis. In brief, the primary and secondary outcomes will be evaluated according to a complete case analysis. In order to assess the factors associated with outcomes failures, we will use a multiple imputation approach to replace missing data when they represent more than 1% of all data for a given variable.

Modelling and cost-effectiveness analysis

Mathematical modelling, developed by a team from Department of Population Health Sciences at the University of Bristol, the United Kingdom, will be used to estimate the impact and cost effectiveness of scaling up the HCV care model, compared with the baseline level of prevention and treatment. The model will be adapted from an existing open dynamic, deterministic model.
of HCV transmission, progression and HCV treatment among PWID and ex-PWID communities. The model will be fit within a Bayesian framework to epidemiological, behavioural and intervention related data from the DRIVE and DRIVE-C study. Crucially, the model will be able to account for the ‘prevention benefit’ of treatment as well as reduction in HCV-related morbidity. The impact modelling will consider if the intervention could reduce HCV transmission to low levels (90% reduction in HCV incidence and mortality) among PWID in the next 5–15 years, as set out by the recent WHO elimination targets. Expenditure data will be collected from the DRIVE-C intervention with direct and indirect costs allocated to activities, such as diagnosis, baseline assessment, treatment initiation and FU visits. Staff costs will be assigned to activities based on average length of visits using time sheets completed by patient-facing personnel. Unit costs for laboratory tests and medicines will be taken from invoices or price lists where relevant. The cost per patient will be calculated using resource use data from the study for each patient tested or treated for HCV. Quality patient will be calculated using resource use data from the study. Crucially, the model will estimate the mean ICER in terms of cost per QALY saved, which will be compared against standard thresholds for interventions being cost effective in LMIC.

**Patient and public involvement**

CBO members, as peer educators and, for those infected with HCV, as patients’ representatives, have been involved since the very beginning in the process of study design and implementation through brainstorming sessions, including identifying the research questions. They provided an insight into patients’ needs and the currently existing gaps in the health system regarding the specific population of PWID. They took part in elaborating the study to estimate changes in utility due to treatment. The cost-effectiveness analysis will estimate the mean ICER in terms of cost per QALY saved, which will be compared against standard thresholds for interventions being cost effective in LMIC.

**DISCUSSION**

Although DAA drugs allow achieving very high rates of HCV cure among patients (at the individual level), we still do not know how to integrate DAA in the health system in LMIC, and whether HCV elimination can be achieved at the population level among high-risk groups, such as PWID. Our research could demonstrate that an integrated model of care, including a simplified treatment protocol accounting for comorbidities (addiction and HIV), and important support from CBO for linkage to care after screening, DAA adherence and prevention of reinfection after cure could lead to achieve high rate of HCV cure among PWID screened with chronic hepatitis C. The modelling and cost-effectiveness analyses will show to what extent this model of care, if scaled up through repeated RDS, could lead rapidly to HCV elimination and is worth the initial investment. The reinfection rate issue will not be fully addressed in this project because of the limited FU after SVR12. However, recent information suggest that this rate is the highest shortly after cure and then decreases with time. The DRIVE-C results, first research on assessing the efficacy of a model of HCV care among PWID in Vietnam, will inform decision-makers and will support replication and adaptation of the intervention to other contexts.

**Ethics and dissemination**

**Study approval**

The protocol was approved by Haiphong University of Medicine and Pharmacy’s Ethics Review Board and the Vietnamese Ministry of Health.

**Consenting participant**

Potential participants are informed by the investigator verbally and via the information sheet of the objectives, duration, potential risks and benefits of the study, of any discomfort it may entail, and that they are free, without justification, to withdraw at any time. The investigator ensures the participant understanding and adequate answers to all his/her questions before the signature of the consent form (online supplemental file 1). The study is free of charge for participants who receive financial compensation only for the transportation costs.

**Confidentiality**

All data recorded in the framework of this study, including subject medical information, are strictly confidential and coded, using a unique study subject identification code. Access to participant data is restricted to investigators and appropriate study staff. Published results will not contain any personal identifying data. In case of consent withdrawal, no new information will further be collected and recorded in the database. The data collected prior to the withdrawal will be used for the analysis, unless the participant expresses the will that his/her data be removed from the database.

**Care of peer educators**

All CBO members involved in the DRIVE-C study and their partners are proposed to be tested for HCV. When
diagnosed with a chronic hepatitis C, they receive therapeu- tic education and free HCV treatment.

Dissemination plan

Final results are expected by mid-2021. Relevant results will be shared with participants, investigators and national authorities, disseminated through peer-review interna- tional journals and presented at national and interna- tional conferences, as well as community-based events organised in Vietnam.

Trial status

PWID eligible for DRIVE-C were identified from October 2018 to May 2019, and enrolment in the study started in November 2018. Among 1201 eligible participants, 1022 were referred to hepatitis clinics. HCV treatment initiation and FU are ongoing.

Author affiliations

1. Pathogenesis and Control of Chronic Infections, Inserm, Etablissement Français du Sang, University of Montpellier, Montpellier, France
2. Faculty of Public Health, Haiphong University of Medicine and Pharmacy, Hai Phong, Vietnam
3. Department of Infectious and Tropical Diseases, Viet Tien Hospital, Hai Phong, Vietnam
4. Center for Supporting Community Development Initiatives, Hanoi, Vietnam
5. CESP Inserm UMRS 1018, Paris Saclay University, Pierre Nicole Center, French Red Cross, Paris, France
6. College of Global Public Health, New York University, New York, New York, USA
7. Department of Clinical Immunology, Hôtel Dieu Hospital, Paris, France
8. College of Public Health, National University of Hanoi, Hanoi, Vietnam
9. Population Health Sciences, Bristol Medical School, University of Bristol, Bristol, UK
10. Department of Infectious and Tropical Diseases, Nîmes University Hospital, Nîmes, France

Acknowledgements

The DRug use & Infections in VIETnam–hepatitis C (DRIVE-C) study group acknowledges people who inject drugs for their participation in the study. We are indebted to members of the seven community-based organisations (Friendship Arms, Lighthouse, Lotus, White Sand, Virgin Flowers, Sunrise and An Duong Sun), to the Molecular Biology Laboratory of Haiphong University of Medicine and Pharmacy (Dr Bach Thi Nhu Quyen) and to health professionals of the three hepatitis clinics in Kien An hospital, Thuy Nguyen hospital and Viet Tien hospital, for their involvement to make this study possible. We are grateful to ANRS for funding. We thank Claire Raczkiewicz, Isabelle Fournier, Maria-Camila Calvo Cortes and Josephine Balasa for their active support at ANRS headquarters. We thank Hai Phong’s health authorities, Haiphong University of Medicine and Pharmacy leaders and the three hospital directors for their strong support since the beginning of the collaboration. We thank the DRIVE-C’s Scientific Advisory Board chaired by Karine Lacombe and Duong Thi Huong for significant contribution to the study (members: Philip Bruggemann, Le Minh Giang, Nguyen Hoang Long, Pham Thi Minh, Phan Thi Hu Thuong and Vu Van Cuong), and the DRIVE-C’s Data and Safety Monitoring Board chaired by Stanislas Pol for careful analysis of the trial progress and helpful advice (members: Delphine Rapoud and Isabelle Andreux-Meyer). We thank Françoise Berré-Sinoussi and Jean-François Delfraissy for continuous support and helpful advice.

Contributors

KPM and DL: coordinating investigators of DRIVE-C. KPM, DL, NN, DDJ, J-FM, LM, PV, HF, LW, ML, OKTH and HDT: study conception, planning and design. KPM, DL, NN, J-FM, LM, PV, HF, OKTH, WH, RV, CQ and DR: protocol development. CQ, BNT, TNIT and HTT: study management. DR and CQ: drafting of the manuscript. PV, DDJ, JF, J-FM and DL: editing the manuscript. All authors significantly contributed to the manuscript and approved the final version of the manuscript.

Funding

DRug use & Infections in VIETnam–hepatitis C (DRIVE-C) is funded and sponsored by French National Institute for Health and Medical Research–Franc Recherche Nord & sud Sids-hiv Hépatites (Inserm-ANRS), 101 rue de Tolbiac, 75013 Paris, France (ANRS 12380 DRIVE-C).

Competing interests

None declared.

Patient consent for publication

Not required.

Provenance and peer review

Not commissioned; externally peer reviewed.

Supplemental material

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ORCID iD

Delphine Rapoud http://orcid.org/0000-0001-6677-2714

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