

Appendix – Interview Topic Guide extended follow-up

I am a researcher working at the University of Nottingham. I am carrying out some research to look at how bathing adaptations – by which we mean ‘walk-in showers’ – might affect people and their carers. You have previously taken part in the BATH-OUT study and were interviewed by myself / Phillip Whitehead about your experiences soon after the level access shower had been installed. This time, we would like to ask about your experiences since the previous interview in relation to using the shower and whether or how this has affected you (and your relative, if appropriate).

Are there some things that you would like to ask me before we begin?

I would like to audio record the interview, would that be ok?

I will now turn on the recorder [Turn on recorder]

1. Can you tell me about how things have been for you since you (or your relative) had the level access shower installed?
 - Health
 - ADLs
 - Support
 - Bathing/showering
 - Still using it (if not, why not?)
2. I would like to ask you to think back to before you had the shower installed and the difficulties you were having at the time. What (if anything) has changed for you (and your relative, if appropriate) since the shower was installed?
 - Health
 - ADLs
 - Support
3. Are you (or have you had) any difficulties with bathing or showering since the level access shower was installed?
 - Explore
4. Are you receiving any help with bathing or showering? What type of help?
 - Friends or family
 - Homecare
 - How long for/currently receiving
5. Can you tell me some of the things that have been most helpful about having the shower fitted?
 - Explore
6. Can you tell me some of the things that have been least helpful about having had the shower fitted?
 - Explore
7. Since having had the shower installed, have things been as you expected they would be?

- Explore
8. [Older adults only] Do you think the shower has made any difference to your friends or family (carers)?
 9. How do you think having the shower fitted will affect you in the future?
 - Explore
 10. [Older adults only] In our previous study, people told us that “feeling clean” was an important outcome for them. Is this something you feel applies to your situation after the shower has been installed?
 11. [Older adults only] In our previous study, people told us that having increased “independence, choice and control” was an important outcome for them. Is this something you feel applies to your situation after the shower has been installed?
 12. [Older adults only] In our previous study, people told us that “feeling safe” was an important outcome for them. Is this something you feel applies to your situation after the shower has been installed?
 13. Are there some other things that you would like to tell me about your experience of using the walk-in shower or having it installed?
 14. Are there some other things that you would like to ask me about?

[Thanks and end]