The effect of leadership on public service motivation: a multiple embedded case study in Morocco

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ABSTRACT

Objectives We aimed at exploring the underlying mechanisms and contextual conditions by which leadership may influence 'public service motivation' of health providers in Moroccan hospitals.

Design We used the realist evaluation (RE) approach in the following steps: eliciting the initial programme theory, designing the study, carrying out the data collection, doing the data analysis and synthesis. In practice, we adopted a multiple embedded case study design.

Settings We used purposive sampling to select hospitals representing extreme cases displaying contrasting leadership practices and organisational performance scores using data from the Ministry of Health quality assurance programmes from 2011 to 2016.

Participants We carried out, on average, 17 individual in-depth interviews in 4 hospitals as well as 7 focus group discussions and 8 group discussions with different cadres (administrators, nurses and doctors). We collected relevant documents (eg, performance audit, human resource availability) and carried out observations.

Results Comparing the Intervention-Context-Actor-Mechanism-Outcome configurations across the hospitals allowed us to confirm and refine our following programme theory: "Complex leaders, applying an appropriate mix of transactional, transformational and distributed leadership styles that fit organisational and individuals characteristics [I] can increase public service motivation, organisational commitment and extra role behaviours [O] by increasing perceived supervisor support and perceived organizational support and satisfying staff basic psychological needs [M], if the organisational culture is conducive and in the absence of perceived organisational politics [C]."

Conclusions In hospitals, the archetype of complex professional bureaucracies, leaders need to be able to balance between different leadership styles according to the staff's profile, the nature of tasks and the organisational culture if they want to enhance public service motivation, intrinsic motivation and organisational commitment.

INTRODUCTION

Health workers’ performance has received increased attention from policy makers, scholars and global health organisations,1-3 and is recognised as an essential driver for the achievement of the sustainable development goals,4 the implementation and the scale up of effective public health sectors reforms.5-9

Motivation in the public sector

In low-income and middle-income countries (LMICs), poor performance of health workers is a critical barrier to quality of care and to the implementation of health policies in general.10 This often stems from a lack of motivation and to negative attitudes of health workers in the provision of care.11-15

The motivation of health workers is recognised as a critical determinant of the performance of health workers in public performance.2 5 6 16 While staff availability, knowledge and skills are essential in health service delivery, they are not sufficient to ensure good health worker performance. This critically depends on staff motivation, and in public services specifically on their willingness to pursue public service values and work in line with the best interest of patients.16-19

This notion is encompassed by the concept of public service motivation (PSM), understood as the altruistic desire of health workers to serve the common interest and to help patients and their families regardless of
financial or external rewards. PSM has been shown to be key to the performance of public servants in public administration and in the health sector.

Since 1990, public management scholars have been developing the concept of ‘public service motivation’ (PSM), defined as “an individual’s predisposition to respond to motives grounded primarily or uniquely in public institutions and organizations”. PSM involves a set of “beliefs, values and attitudes that go beyond self-interest and organizational interest, that concern the interest of a larger political entity, and that motivate individuals to act accordingly whenever appropriate”. From this perspective, health workers can be driven by an altruistic desire to serve the public interest and the population. Research in public sector settings and in healthcare produced evidence on the positive effect of PSM on job satisfaction, reduced turnover and individual performance. Within the field of PSM, research has focused on how managers and leaders can enhance PSM among public servants.

This perspective on the motivation offers an alternative perspective to the recent trends in health system performance management reforms inspired from new public management, including pay for performance and contracting out, which focuses on extrinsic motivation of health providers, and risks to crowd out intrinsic motivation. Such strategies may also generate negative self-interested behaviours, goal displacement and mistrust.

Leadership in the health sector

In Morocco, research evidence points to how a lack of motivation and poor leadership of health managers may have hampered the performance of health workers, the quality of care and the scaling up of proven effective health policies and quality assurance programmes.

In LMIC, health managers often display poor leadership practices either by avoiding getting involved, delaying decisions (laissez-faire leadership) or by overemphasising top-down controlling behaviours perceived as inefficient in the motivation of health workers.

‘Traditional’ leadership theories emphasise the importance of individual leadership and leader–employee exchange relationships. They comprise transactional leadership (where leaders focus on top down contingent rewards and sanctions) and transformational leadership (where leaders focus on inspiring staff, infusing jobs with meaning and acting as a role model). Recent leadership theories emphasise the need for more complex approaches that allow for better adaptation to the complex social nature of healthcare organisations. Complex leadership scholars highlight the multilayered nature of effective leadership, which includes information sharing, distributed leadership and support for lower level cadres. They define complex leadership as the ability of leaders in complex unpredictable situations to balance between transactional, transformational and distributed leadership so as to fit the nature of task, type of staff and organisational characteristics.

The relationship between leadership and PSM

Complex processes underlie the effect of leadership on PSM, and they are conditioned by contextual factors (professionalism, religion and family education) and organisational factors (organisational culture and job characteristics). Most PSM research in the field of public administration relies on quantitative measures of the effect of leadership on PSM. Little attention has been paid to the mechanisms underlying this relationship in healthcare and public service settings, and the existing studies often display methodological challenges. Understanding these mechanisms is valuable in the sense that it can guide health managers in developing appropriate leadership and managerial practices that reinforce organisational value systems, and foster health workers’ PSM and intrinsic motivation, and consequently their performance.

In response, we set out to explore the causal processes through which leadership, context and organisational attributes influence public service motivation of health workers in Moroccan hospitals. The research questions we address are as follows: (1) How does leadership influence public service motivation of health workers? and (2) Which organisational or contextual conditions underlie the effect of leadership on PSM? This study is part of a larger study on the nature and effects of leadership practices on health workers in four Moroccan hospitals.

METHODS

We adopted the RE approach. RE aims at identifying causal mechanisms that explain how, why and under which conditions an intervention or a social phenomenon (leadership in our study) generates a particular outcome (in casu PSM). Realists posit that causal mechanisms are generative in nature and embedded in a stratified social reality; they reside in the interplay between individuals, institutional and structural factors.

We applied the steps of the realist research cycle to structure our study: (1) eliciting the initial programme theory, (2) designing the study, (3) carrying out the data collection, (4) analysing the data and (5) synthesis. We refer to our paper reporting on a case study of leadership for more details on the realist approach.

Step 1: eliciting the initial programme theory

Our scoping review of complex leadership allowed us to elicit an initial programme theory (PT) on the relationship between leadership and motivation. It was further developed through a first exploratory case study (coded NHMH) (see Belrhiti et al), and this led to the initial PT that is the starting point of this study:

Complex leaders adopt an appropriate mix of transactional, transformational and distributed leadership
styles that fit the mission, goals, organisational culture, nature of the tasks of the organisation and the individual characteristics of the personnel. This adaptation of leadership style enhances staff perceived supervisor support and perceived organisational support, and contributes to the satisfaction of basic psychological needs of the staff (figure 1).

As we described before, the underlying theories used to build our above-mentioned programme theory rely on two mechanisms that have shown to be important in explaining the complex relationship between leadership and motivation: (1) the satisfaction of basic psychological needs, based on self-determination theory (see box 1), and (2) perceived supervisor support and perceived organisational support (see box 2).

In this study, we adopted a dynamic perspective of leadership which we considered as a multilevel process embedded in a multilayered social and organisational context. From this perspective, leadership is shaped by the organisational culture and by how staff interpret their organisational context (organisational climate).

Figure 1 Programme theories. PSM, public service motivation.
We mean by the organisational culture “the shared values, underlying assumptions and expectations that characterise organisational membership.” Different types of organisational culture are presented in Box 3. The visible aspect of the organisational culture is represented by the organisational climate (‘the tip of the iceberg’) and is “the visible behaviour of group members.”

We adopt the definition of organisational climate of Bock et al: the “contextual situation at a point in time and its link to the thoughts, feelings, and behaviours of organizational members. Thus, it is temporal, subjective, and often subject to direct manipulation by people with power and influence”. It is a multidimensional concept that includes role conflict and ambiguity, professional and organisational esprit, job challenges, workgroup cooperation and mutual trust.

Figure 1 shows our programme theory (PT) and the complex relationship between leadership, individual motivation and organisational characteristics (organisational culture and climate, mission and goals, and degree of responsiveness to basic psychological needs). The quality and type of staff motivation (extrinsic vs autonomous motivation, including PSM and intrinsic motivation) depends on the degree of autonomy support by leaders, and consequently their perceived supervisor support (which in itself is increased by transformational and distributed leadership and reduced by laissez-faire and transactional leadership). Autonomous motivation is enhanced when staff have positive levels of perceived organisational support, which depends on the degree of responsiveness of top management teams to staff’s basic psychological needs and the congruence between the organisational culture and the individual values.

More specifically, we identified four causal configurations (figure 1):

- **Configuration 1**
  - Laissez-faire leadership decreases the levels of perceived organisational support and staff motivation by being less responsive to their basic psychological needs of autonomy, competence and relatedness. Lack of vision and goal setting contributes to a climate of ambiguity and role conflict. The inadequate enforcement of the hierarchical structure and high job pressure can contribute to mistrust between administration and staff.

- **Configuration 2**
  - Transactional leaders can improve extrinsic motivation of staff if they offer the necessary support and ensure adequate working conditions. By improving the latter, transactional leaders reduce job pressure, and by implementing a clear hierarchical line, they reduce role conflicts.

- **Configuration 3**
  - By showing individual consideration and communicating clearly about mission valence, transformational leaders enhance self-esteem of staff, perceived supervisor support and satisfaction of their autonomy needs. This in turn contributes to staff commitment, mutual trust and respect between the management team and staff.

- **Configuration 4**
  - Distributed leadership can contribute to improved communication and interaction between staff from different units, to problem solving and a reinforced clan culture. Distributing leadership roles and embedding them throughout the organisation, combined with engaging staff in decision making, contributes to staff’s perceived autonomy and organisational commitment, which in turn leads to extra role activities.

In this study, we zoom in on the role of public service motivation. We assume that leaders who stimulate staff’s awareness of the value of their work to society and its contribution to the public good may enhance PSM and intrinsic motivation. Leaders who are responsive to the
basic psychological needs of their staff are likely to stimulate the internalisation of public values and may shift the locus of individual motivation from extrinsic to more autonomous forms of motivation.\textsuperscript{106} This requires a conducive organisational culture and absence of conflicts between individual and organisational values. We hypothesise that the specific attributes of the Moroccan health system, and specifically its hierarchical organisational culture, may impede the emergence of PSM.

**Step 2: study design—a multiple embedded case study design**

We adopted a multiple case study design\textsuperscript{107} because it fits the exploration of multifaceted complex phenomena, such as PSM, in real-world settings (in our case in four hospitals). We defined the case as the relationship between leadership and ‘public service motivation’. We took a hospital as the unit of analysis. Purposive sampling allowed us to select hospitals that would allow us to test the PT. We selected hospitals representing extreme cases, displaying contrasting organisational performance and leadership practices.\textsuperscript{108, 109} To select hospitals, we used data from the Ministry of Health’s quality assurance programme called ‘concours qualité’ from 2011 to 2016.\textsuperscript{110, 111} More specifically, we used the leadership scores and the overall organisational quality performance scores (table 1). We refer to Sahel et al.\textsuperscript{54} for a discussion of the ‘concours qualité’.

We purposefully selected two well-performing hospitals with high leadership scores (NHMH and EJMH) and two poor-performing hospitals with low leadership scores (RKMH and SMBA) (table 1). This selection was informed by independence of cases, variation in hospital size (seeking to have one large and one small sized hospital in each category), variation in location (urban, periurban, rural) and accessibility to the first author.

RE seeks to refine PTs through a process of specification: the PT is gradually refined by testing it in different settings or in different cases. For this study, we started the data collection in NHMH and developed a first refined PT. This was then tested in EJMH and the poor-performing hospitals RKMH and SMBA. The analysis of each site led to successive refinement, confirmation or disconfirmation of the elements of the initial PT.

**Step 3: data collection**

We based the choice of the data collection methods on our PT (figure 1) to ensure that data would allow us to test the initial PT. We used interviews, focus group discussions and document review (see figure 2). We collected data during the period January–June 2018.

**Interviews**

In each hospital, we interviewed health professionals, and senior, middle and operational managers. We explored the antecedents of PSM, its expression and the relationship with leadership and management practices, organisational structure and cultural context. We used open-ended interview guides tailored to each category of respondents (online supplementary file 1). We

![First refined program theories](image1)

**Figure 2** Case studies and data collection, Morocco, January–June 2018.
Table 2  Respondent characteristics

<table>
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Respondents for the IDIs and the FGDs were identified through qualitative purposive sampling. All FGD and IDI were audio recorded with the exception of one interview. In this specific case, we took notes and transcribed the unrecorded interview using memory recall. Following guidance provided by Miles and Huberman, and Krueger and Casey, we wrote a brief contact summary at the end of any contact with research participants. It included major themes and ideas arising after each interaction. All recordings were transcribed verbatim. Two researchers (ZB and BM) checked the transcripts for accuracy.

Document review
We collected documents at the study sites (760 pages) and at the Ministry of Health (460 pages). We focused on human resources availability and skill mix, the strategic plans of the hospitals, audit documents and quality assurance reports.

Observations
The first author carried out opportunistic observations (between appointments with interviewee), following the guidance described by Spradley. Close attention was paid to the interaction between supervisors and staff. We recorded our observations about feelings and goals expressed during informal interaction with hospital staff and external actors and the physical spaces.

Step 4: analysis
We carried out the data analysis following the ‘traditional’ analytical phases of compiling data, interpreting, discussion and drawing conclusions. Guided but not restricted by the initial PT, we coded all data sources (transcripts, contact summaries and field notes) using different coding techniques (concept, hypothesis and ‘in vivo’ coding) (see online supplementary file 3). We used the ICAMO (Intervention-Context-Actor-Mechanism-Outcome) heuristic to identify causal configurations. We revisited the data to test conjectural ICAMO configurations. We adopted a retroductive approach to contrast patterns of leadership effectiveness between different types of actors (doctors, nurses and administrators). We compared these patterns with the chronology of the Chief Executive Officer (CEO) succession periods. Guided by our research question, we focused on leadership effects on ‘public service motivation’ that emerged as a natural motivational driver of Moroccan public health workers.

NVivo V.10 software was used to manage the data. Milestones in the coding process were discussed during research team meetings.

Step 5: synthesis
When the data from all sites were analysed, we compared the ICAMO configurations with the initial PT and modified it accordingly. We followed the RAMESES II reporting standards in writing the research report and this paper.
Ethical considerations
We informed all interviewees before the start of data collection about the study objectives, topics, type of questions and their right to refuse being interviewed and to interrupt the interview at any time. This information was also provided in an information sheet and reiterated before the start of interview when the written consent procedure was explained. The respondents were asked to sign the informed consent form if they agreed to participate in the study. The forms were cosigned by the researcher and a copy was given to research participants.

Patient and public involvement statement
There was no direct patient involvement in this study.

RESULTS
In this section, we first present for each hospital the main leadership and management practices, the perspective of staff, their views on public service motivation and a summary. Then we present a summary of the cross case analysis and the resulting refined programme theory.

EJM Hospital
Main leadership and management practices
In EJMH, there were two successive leadership periods. Between 2012 and 2015, CEO 1 had a transactional leadership style, relying on administrative procedures, assertion of power and compliance with rules and procedures. He was perceived by his staff as being distant and not responsive to their needs for professional autonomy. Conflicts and tensions with unions and doctors were high. He left in 2015.

CEO 1 was too strict in the application of the new hospital procedures. We could not discuss the rules with him. The hospital cannot be managed by strictly following the rules. For instance, in compliance with the new procedures, CEO 1 decided to implement night shifts for administrative staff and stopped the night shifts for nursing supervisors. The administrators did not accept to carry out this task because the new procedures did not mention who should do this and how this ‘overtime’ job would be reimbursed. (EJM 3 administrator)

In mid-2015, CEO 1 was replaced by CEO 2. He was up to then the chief medical officer of the hospital and had quite some management experience. For instance, he was the director of EJMH between 2002 and 2006. In 2016, EJMH won the first price at the quality contest. CEO 2 had an explicit vision on leadership:

I had the chance to manage the hospital in 2002. This allowed me to really know the personal and vice versa. Now, we work as a team in that sense that staff are involved in decision making. This is very important. In a real world setting, participative decision making is very important, because you avoid many problems. When you involve them, you avoid resistance. If staff is involved from the beginning, they will adopt the solution and will not feel that it was imposed on them. This will be totally different if the solution was imposed on the staff. (…) When you involve staff in decision making, you build trust relationships. Trust relationships are very important in our context, where the hospital director has little power over his staff. […] When we explain to staff well defined objectives. They know which organisational objectives to pursue. Achieving these goals at the operational level bring legitimacy to the hospital direction. It is important that health workers know that you are thriving to achieve these objectives. This is what I call credibility. (EJM 7, CEO 2)

CEO 1, with whom I worked, was authoritative. This was not congruent with my values. I value participative decision making. I try to share with others, I need to be treated the same way by my superior. CEO 1 was just commanding: ‘Do this, give this to this person’. I would have accepted and engaged with him if he would have involved me in participative decision making with other members of the hospital committee, if he would have used polite inquiries, like “Would it be possible to do this?, rather than giving orders without listening to team members or involving them in decision making. (EJM 25, pharmacist)

The perspective of staff
Leadership style
Our analysis shows that the staff found that the transactional leadership style of CEO 1 was incongruent with their professional values and their need for autonomy. This contributed to mistrust in the management team, low organisational commitment and a high level of tension with unions.

The participative decision-making style of CEO 2 and his consideration for individuals restored trust in the management team and reduced the tensions with the unions.

Now everything works smoothly. He does things that are right. He reacts to wrong doings. He is sympathetic with all staff. CEO 2 has a long experience. He knows everyone, he knows their personal characters, motivation and personal needs…. He is very successful in doing that! He knows how to reduce tensions between his close collaborators. He takes decisions smoothly. As a physician, he is able to reduce tensions between medical union representatives and internal coalitions within the medical departments. His door is open to everyone. He listens to staff. He does not rush decisions. He maintains a low level of tension within the hospital. He does not complicate things. The former CEO took rapid decisions and was facing much resistance […]. CEO 2 involves his close collaborators and chiefs of departments in decision making. This way, they adhere to his decisions. He
listened to them. He has a participative leadership. (EJMH 25, pharmacist)

Public service motivation
Frontline providers said that compassion and self-sacrifice are important components of their public service motivation.

While recording electrocardiographs on patients, I was constantly communicating with them. Sometimes, women shared with me their feelings, their worries about their siblings, their fear of death, their personal life and stories about their deceased or ill husbands. They were often crying. I feel their sufferings as if I were living with them. (EJMH 17, nurse)

We found that the intrinsic motivation of health providers is sustained by their feelings of competence and their ability to adequately apply their professional skills and competencies.

I love my job. I chose deliberately to work at the emergency unit. I love working at the emergency unit. I am totally engaged. Handling serious medical emergencies is a motivation in itself. (EJMH 38, doctor)

Participative decision-making was perceived by staff as congruent with their professional identity and their public service values. It enhanced their self-esteem and satisfied their needs for autonomy and relatedness and increased their public service motivation. It also increased their perceived autonomy support.

Leaders need to be fair, listen to our needs and resolve our organizational issues. Most importantly, they need to understand my professional needs, take into consideration my suggestions and contributions to work. This make me feel satisfied. In contrast, with the former leader, I was not feeling secured. He was exerting excessive control. I suffered the martyr! I was constantly under constant threats. I even sent an administrative correspondence to the ministry of health against the unjust treatment. I was just trying to do my job correctly!. (EJMH 17, nurse)

Summary
Our analysis showed that the transactional leadership of CEO 1 did not address the basic psychological needs of the staff and specifically the need for autonomy. This not only contributed to low organisational commitment and reduced public service motivation but also to tensions with the unions.

In contrast, CEO 2 had a transformational leadership style: he effectively understood how people are motivated, listened to them and clearly communicated his vision and objectives to the health workers. He showed genuine concern for the needs of his staff, effectively resolving problems through a constructive dialogue with informal leaders and union representatives. He also involved his close collaborators and heads of department in decision-making.

CEO 2 also stimulated the emergence of distributed leadership to lower levels of the organisation, which increased trust between the staff and the CEO, and reduced resistance to change. This was considered by mid-level managers as crucial in maintaining the ‘public service motivation’ of staff, in particular given the perceived limited decision spaces they have over their personal work. We saw that not only senior managers but also mid-level managers engaged in distributing leadership. For the latter, participating in decision-making increased their perceived leader support and satisfaction of their autonomy needs. This has enhanced their autonomous motivation (intrinsic and public service motivation).

RKM Hospital
Main leadership and management practices
This hospital has known two leadership periods since 2010. From 2010 to 2012, CEO 1 displayed transactional leadership: he assiduously monitored staff attendance, planned their shifts and dealt with his staff through administrative correspondence. He was confronted with staff resistance.

Because of shortage of intensive care anaesthetists, nurse anaesthetists often take over their tasks, like sedating patients in the operating theatre without medical supervision. When they were confronted with excessive control by the director, they stopped carrying out this ‘medical’ task. This has negatively impacted the continuity of surgical activities. In this case, nurses used their professional expertise as a source for discretionary power (eg, ability to intubate and sedate patients in the operating theatre).

(CEO 1) was suspicious and was strictly applying the regulations to correct the staff absenteeism. When the cat’s away, the mice will play. There were many conflicts, especially with nurse anaesthetists who did not comply with the control of attendance. As a result, they stopped sedating patients and argued that they are not allowed to sedate patients without an intensive medical care anaesthetist. (RKMHS, close collaborator)

CEO 2 managed the hospital between 2012 and 2018. He favoured a distant laissez-faire leadership approach and was often absent. He would then be replaced by the chief nursing officer who adopted the same leadership style. The latter seemed overwhelmed by day-to-day operational management responsibilities. During our field work, we noted that the management of the hospital was poor. No organisational action plans were available, and there were no meetings. Strikingly, our FGD with nurses was the only meeting they attended in 3 years. We observed high level of absenteeism among hospital staff.
The perspective of staff

Leadership style

Our analysis shows that the close collaborators, administrators and technical staff appreciated the leadership of CEO 1 because he reduced role ambiguity and job pressure. However, nurses and doctors were unhappy with his overcontrolling behaviour and engaged in resistance. Also CEO 2 was appreciated by his close collaborators, now because of his gentle wording and good interpersonal management. However, doctors and nurses perceived his laissez-faire leadership as non-responsive to their needs in terms of resources and working conditions. This had led to reduce their public service motivation by reducing their willingness to improve service delivery and to work for the common good. Some have expressed that laissez-faire leadership has catalysed their intention to quit the public sector for good.

Nowadays the strength and pace of my motivation to improve the service quality has decreased. This is essentially due to the lack of responsiveness of the hierarchy to my needs. There is no response. Even though we are engaged to improve our working conditions and the panel of services, the lack of feedback from the management teams has stopped our willingness to improve health service delivery. I found myself complaining alone. This has reduced my attraction to improve public service. This has negatively impacted my psychological well-being. In all cases, I get my salary at the end of the month, however, from my personal point of view, I could not contend my self to work without striving to improve the quality of public service at the pediatric unit. My husband is telling me that improving service delivery in the public sector is not my mission and that I am not a sort of social reformer!! I am always told that these poor working conditions are common in the public sector and I need to stop trying to work for the common good. My motivation has decreased for while now. But I hope later to try again with the new chief provincial hospital that has recently been appointed. Maybe, he will be more responsive to our needs than the former. If in the coming three years this does not change, I will quit the public sector and start my own private practice. (RKMH 16, paediatrician)

Respondents complained management engaging in clientelism and nepotism, which they found to conflict with their public service values.

The chief of the admission office is carrying out tasks that are not his. He manages the personnel! Staff who come from the town of CEO2 are privileged compared with others. Decisions are guided by his close interpersonal relationship with them. (RKMH 11, nurse)

For instance, when I take necessary administrative measures to correct staff absenteeism, the provincial district officer takes no actions to sanction these deviant behaviours. My authority is weakened. Either you accept staff’s deviant behaviours and thus participate in this “crime”, or you are intransigent and staff will build an alliance against you and you will be demonised. As you may know, unions and political parties are corrupt, they seek only the interest of their members and not the general interest. (RKMH 15, administrator)

Staff perceived that they were unable to treat adequately patients because of lack of material and resources (eg, laboratory tests, mobile radiology) and the inadequate organisational support to their supply needs. They did not feel self-efficacious. Some felt that they were doing more harm than good for patients. This reduced their PSM and negatively impacted their psychological well-being.

We suffer because we transfer patients for simple technical procedures that we could have handled locally. (RKMH 10, nurse)

We often ask relatives to help us carry patients with a fractured femur to the fixed X Ray table. By doing this, we may worsen the fracture. I feel sorry when I had to ask sick patients to go themselves to the fixed X-Ray table. No organisational support is given, despite our relentless asking the administration to provide us with a mobile X Ray system. (RKMH 14, radiology technician)

Poor management and bad working conditions led to low levels of perceived organisational support among nurses. Staff felt inadequately supported by their supervisors and were left to face problems in the execution of their daily tasks. This created a stressful job pressure they were unable to deal with.

During the transfer (of a patient to the referral hospital), we do not focus on what care to give to the patient, but we are stressed by the poor conditions of the ambulance. It is not an ambulance, it is a wreck! (RKMH 12, nurse anaesthesiologist)

Reluctance of the managers to start up legal procedures against patients or families who assaulted nurses or doctors further reduced the latter’s trust in the management.

Many times, staff were assaulted. The management just forgave the assaulter, because the CEO knows him. Leaders should support staff, … support them in a sense that if someone of us is assaulted one day, I mean a nurse staff in his shift or a doctor, staff should be protected. This assault should not be considered as an assault on an individual person, it is an assault on all of us, on all health care providers cadres in general. (RKMH 24, nurse, ED)

Public service motivation

In this hospital, we found that front-line providers value the importance of adequately serving patients and
improving health outcomes. They derive satisfaction from relieving suffering and saving lives, or at least preventing them from developing complications. Health workers mentioned that compassion, self-sacrifice, serving the underprivileged and caring for the poor are crucial drivers of their public service motivation.

We often sacrifice our own time for the sake of patients and for the sake of God to avoid unnecessary delays and prevent parturients from getting complications, for example, severe neurological and cardiac complications of post partum haemorrhage. We even help patient’s families to pay for ambulance fees in order to avoid delays. (RKH M 14, midwife)

Here, I work a lot with vulnerable citizens. It is a reward in itself to serve poor patients. It is my source of motivation. (RKH M 3, doctor)

We noted that the *laissez-faire* and transactional leadership had a negative effect on staff with high levels of public service motivation. It led to psychological distress, low organisational commitment and self-interested behaviour. This was compounded by the perceived organisational politics (see clientelism and nepotism).

**Summary**

Our analysis showed that the *laissez-faire* and transactional leadership in this hospital did not respond to the basic psychological needs of health workers. This led to reduced public service motivation with negative consequences on their psychological well-being because of the lack of opportunities of experiencing valued patient outcomes (eg, saving lives).

The leadership styles also contributed to low perceived organisational support, which in a context of perceived organisational politics, in turn lowered organisational commitment, and increased self-interested behaviour and mistrust between administration and staff.

**SMBA Hospital**

**Main leadership and management practices**

In SMBA Hospital, one of the low-performing hospitals, there were three leadership periods. CEO 1 (2007–2010) displayed strong transactional leadership, emphasising conformity with rules and procedures and insisting on top-down hierarchical management. He carried out many performance audits and clinical supervisions, and organised training to staff. He showed high moral standards and was both respected and feared by staff. He was replaced in 2010 by CEO 2, who retired in 2013. He had some experience in management, displayed transactional leadership and stressed the conformity with rules similar to his predecessor. In 2014, CEO 2 was replaced by CEO 3, who adopted a *laissez-faire* leadership. The hierarchical line was no longer respected. He managed the hospital poorly: no organisational action plans were available, and he did not carry any audit nor supervision. No inter-unit meetings were held and the departmentalisation process was halted. During our field work, we observed a strike of the clerical officers in charge of hospital admission and of the private company in charge of security in reaction to bad working conditions and perceived low responsiveness of management to their needs.

**The perspective of staff**

**Leadership style**

CEO 1 and 2 were highly appreciated by the administrators and their close collaborators. The health professionals (nurses and doctors) pointed to reduced perceived organisational support and to lack of participative decision-making. Under the leadership of CEO 3, staff felt less supported by their supervisors. They said they were left to deal with problems alone. Lack of clarity of goals led health workers to perceive role ambiguity and job pressure.

Poor management and low responsiveness of leaders to staff needs in terms of improving working conditions decreased their public service motivation.

Leaders do not play a role in our motivation. [...] We came to work despite constraints and poor working conditions. If we were only motivated by working conditions, we wouldn’t come to work. The management team was even unable to timely replace a broken window of our reception desk counter! (SMBA 29, reception desk officer)

Our respondents also mentioned the clientelism and nepotism of CEO 3, who privileged some staff and patients over others. This led to perceived organisational politics and mistrust, and contributed to low organisational commitment, demotivation and crowding out of public service motivation.

In this hospital, there are some external actors who pretend to do social work, and pretend to act as benefactors. These external actors, often members of associations, intervene illegimitely in hospital activities. They are like parasites. They definitely impact on our productivity. They are like stockbrokers. They do not care about citizens. They frequently mediate between citizens and services providers. The CEO responds quickly to patients needs when these actors are involved. This what I call clientelism. This is not fair! All citizens are equal. (SMBA 21, support staff, reception desk)

**Public service motivation**

Physicians and nurses perceived compassion with patients’ conditions and self-sacrifice as major components of their public service motivation.

Patients are important for me because I got sick myself. So, I sense what the patients are feeling. My family members, my daughter and my grandmother got sick. I feel the pain patients are suffering from. I can feel their suffering. (SMBA 35, nurse)
Public service motivation is also driven by religious cultural beliefs including elements of fear of God and divine rewards.

We work because of our sense of humanity, our own consciousness and our fear of God. One day, we will be asked about the quality of work we have done in the past. We feel sorry for patients. (S MBA 29, reception desk officer)

Staff said they were suffering from psychological distress due to poor working conditions, and experienced feelings of guilt because of their inability to perform their job adequately and to ease their patients’ suffering. Lack of opportunities to experience positive patients outcomes reduced their public service motivation.

When you do not have necessary material you are in trouble! It is not only a constraint but a source of suffering. Instead of relieving patients’ distress, it is us who get stressed. (S MBA 45, doctor)

Here, resources are limited compared to the teaching hospital where we were trained. Real world practices are really different. When we first were assigned to this hospital we could not change things around. This is really depressing. We have the ability to provide specialised care but we do not have the necessary resources to do it! (S MBA 42, doctor)

This impacted negatively on their perceived organisational support. This led to crowding out of their public service motivation and lowered their organisational commitment and their well-being.

It is really depressing. I do not want to work anymore because I do not have the necessary resources. [...] I often cry when I watch newborns suffering from intramuscular injections because nurses are not skilled to administrate intravenous infusions to newborns and often use instead intramuscular injection for 10 days. I am not only frustrated, I hate entering neonatology service!!!. I only grudgingly go see my patients where- as in the past I loved providing neonatology care. I cannot stand seeing newborn almost dying of hypoglycaemia 0.3 g/L because they are not adequately fed. This is due to the acute shortage of nurses (one nurse per shift) who are unable to reconcile between administering antibiotics and treating infections and baby feeding. I am not anymore motivated to cure newborns infections but I am terribly stressed avoiding newborns to die from hypoglycaemia. If babies are left alone with the feeding bottles they may die by suffocation. How can we come motivated to work in the next morning? of course not!!! (S MBA 42, paediatrician)

Shortage of material reduced their ability to properly care for patients, which reduced their PSM and contributed to a reduced sense of competency, self-efficacy and autonomy.

During my pediatric residency, I practiced neonatology and neonatal reanimation for two years, I developed many skills that I am not using now because I do not have the necessary equipments. I have only few neonatal resuscitation tables and two sources of oxygen for 21 patients. I do not have a respirator. During my training I learned to intubate and manage cardio-respiratory distress. Now, in neonatology service instead of using unavailable syringe pumps, we manage pediatric diabetes by intravenous perfusion. I never been thought to do this!!!(S MBA 42, paediatrician)

I am very proud to serve my population, however I am truly unsatisfied. We have strong faith and we work eagerly to serve people. But our faith is not sufficient. We need more resources. For example, I am often called for patients with cranial trauma. We do what is possible depending on available resources. Cerebral trauma patients need an emergency cerebral CT-scan and the golden hour must be respected. When they arrive at the hospital, often with a delay, the CT Scan is unavailable. It is often out of order. What could we do? In this case, we help teams transfer the patient to the nearby hospital in Marrakech. We often collect money to pay ambulance fuel and to avoid extrade- lays. I feel that my contribution to patient health is useless, despite being present for about 5 or 6 six hours at night. I feel that our contribution is hampered by organisational problems that are beyond our control. (S MBA 43, intensive care anaesthetist)

Summary
In this hospital, we found that leaders (like CEO 1) who are perceived as showing a high sense of moral and ethical standards, and who stimulate the awareness of staff of public service values and their contribution to society, were positively considered by some cadres. For the administrative staff, the transactional leadership displayed by CEO 1 led to higher clarity of goals, reduced job pressure and increased extrinsic motivation. However, it was negatively perceived by frontline workers because they felt it did not respond to their needs for autonomy.

Laissez-faire leadership crowded out public service motivation by reducing frontline healthworkers’ opportunities to help. Such management did not respond to the basic psychological needs of staff and led to low organisational commitment.

In table 3, we present a summary of the perspectives of staff on the leadership and management practices. We present in the first column the key summary data derived from the initial exploratory case study (NHMH Hospital) and detailed in Belrhiti et al.^

Cross case analysis and refined causal configurations
Comparing the initial PT with the results of the analysis of the data from the hospitals EJMH, RKMH and SMB A allowed us to refine it (table 4). We used the ICAMO configuration to structure the analysis.^

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### Table 3  The perspectives of staff on the leadership and management practices

<table>
<thead>
<tr>
<th>NHMH</th>
<th>EJMH</th>
<th>RKMH</th>
<th>SMBA</th>
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</table>
| **CEO 1 (2007–2013)**  
*Transaction leadership*  
Conformity to rules and procedures, role model.  
Improved staff working conditions.  
**Staff perspective**  
Strong perceived leader support, which catalysed the quality culture. | **CEO 1 (2012–2015)**  
*Transaction leadership*  
Power-assertive attitude.  
Overemphasis on compliance with rules and procedures.  
**Staff perspective**  
*Transaction leadership*  
Strict application of administrative procedures.  
**Staff perspective**  
Appreciated by administrators and close collaborators.  
Increased extrinsic motivation of staff. Nurses and doctors resisting to his overcontrolling behaviour engaging in conflicts and strikes. | **CEO 1 (2007–2010)**  
*Transaction leadership*  
**Staff perspective**  
Highly appreciated by close collaborators and administrative staff.  
Nurses and doctors perceived a lack of participative decision-making and reduced perceived autonomy support. |
| **CEO 2 (2014–2016)**  
*Transformational leadership*  
Clear communication of his vision. Genuine concern for staff needs. Enhanced staff mission valence.  
**Distributed leadership**  
Stimulated network formation, ‘kind heart actions’  
**Staff perspective**  
Responsiveness to their basic psychological needs. Reinforced existing clan culture. Positive organisational climate (mutual trust and team work). This led to increased organisational commitment and extra role performance. In 2016, the hospital won the second price in the national quality contest. | **CEO 2 (2015–2018)**  
*Transformational leadership*  
Good communication of vision and objectives. Genuine concern for the needs of staff.  
**Distributed leadership**  
Constructive dialogue to resolve professional issues. Catalysing role of mid-level managers. Participative decision-making. In 2016, the hospital won the first price of the quality contest.  
**Staff perspective**  
High perceived autonomy support. Good congruence with professional and public service motives. Trust relationship between staff and management team. Reduced tensions with unions. | **CEO 2 (2012–2018)**  
*Laissez-faire leadership*  
Often absent. Chief nursing officer overwhelmed by day-to-day operational management duties.  
**Staff perspective**  
Appreciated by administrators and close collaborators. Nurses and doctors unhappy about lack of responsiveness to their needs and the poor working conditions. Conflictual organisational climate, characterised by high job pressure and role ambiguity. Perceived organisational politics (nepotism and clientelism), contributing to perceived unfairness. | **CEO 2 (2010–2013)**  
*Transaction leadership*  
Enforcing conformity with rules and regulations. Close supervision, administrative sanctions.  
**Staff perspective**  
Well appreciated by administrators and close collaborators. Clinical unresponsiveness to nurses’ needs. |
| **CEO 3 (July 2016–Sep 2017): Laissez-faire leadership**  
Passive attitude. Reliance on administrative correspondence. Poor communication with staff. Hierarchical line not enforced.  
**Staff perspective**  
*Laissez-faire leadership*  
Hierarchical line not respected. No meetings, no clinical supervision. No inter-unit interaction.  
**Staff perspective**  
Decreased organisational commitment  
Inadequate working conditions and supply of consumables. Low perceive organisational support. High role ambiguity and job pressure. High level of perceived organisational politics. | **CEO 3 (2010–2018)**  
*Transformational leadership*  
Emphasis on conformity with rules and procedures. Audit and clinical supervision. High moral standards.  
**Staff perspective**  
Highly appreciated by close collaborators and administrative staff.  
Nurses and doctors perceived a lack of participative decision-making and reduced perceived autonomy support. | **CEO 3 (2007–2010)**  
*Transaction leadership*  
**Staff perspective**  
Highly appreciated by close collaborators and administrative staff.  
Nurses and doctors perceived a lack of participative decision-making and reduced perceived autonomy support. |

**ICAMO configuration 1: Laissez-faire leadership and PSM**

This configuration was confirmed in the RKMH (CEO 1) and SMBA (CEO 3) hospitals (see table 4 and figure 3).

*Laissez-faire leadership* [I] decreases intrinsic motivation and public service motivation [O] of health providers [A] by being less responsive to the basic psychological needs of autonomy, competence and relatedness [M] and by reducing perceived organisational support [M] in situations of reduced opportunities to experience positive patient outcomes [C].

*Laissez-faire leadership* [I] contributes to mistrust between administration and staff, resistance to change...
<table>
<thead>
<tr>
<th>Programme theories based on literature review and the study of NHMH Hospital</th>
<th>EJMH Hospital</th>
<th>RKMH Hospital</th>
<th>SMBA Hospital</th>
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<tr>
<td><strong>Laissez-faire leadership</strong> decreases the levels of perceived organisational support and staff motivation by being less responsive to their basic psychological needs of autonomy, competence and relatedness. Lack of vision and goal setting contributes to a climate of ambiguity and role conflict. The inadequate enforcement of the hierarchical structure and high job pressure can contribute to mistrust between administration and staff.</td>
<td>Not confirmed not refuted.</td>
<td>Confirmed and refined: Laissez-faire leadership decreases the levels of (...) contributes to general malaise, mistrust between administration and staff and decreases public service motivation and psychosocial well being. This mechanism is triggered by the lack of opportunities for experiencing positive patient outcomes and the perceived organisational politics.</td>
<td>Confirmed.</td>
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<tr>
<td><strong>Transactional leaders</strong> can improve extrinsic motivation of staff if they offer the necessary support and ensure adequate working conditions. By improving the latter, transactional leaders reduce job pressure and by implementing a clear hierarchical line they reduce role conflicts.</td>
<td>Confirmed and refined. Transactional leaders are effective on staff extrinsic motivation ... leading in turn to reduced motivation and low organisational commitment and tension with unions.</td>
<td>Confirmed</td>
<td>Confirmed</td>
</tr>
<tr>
<td><strong>By showing individual consideration and communicating clearly about mission valence, transformational leaders</strong> enhance self-esteem of staff, perceived supervisor support, and satisfaction of their autonomy needs. This, in turn, contributes to staff commitment, mutual trust and respect between the management team and staff.</td>
<td>Confirmed</td>
<td>Not confirmed nor refuted, because no transformational leadership was enacted in this hospital.</td>
<td>Not confirmed nor refuted because no transformational leadership was enacted in this hospital</td>
</tr>
<tr>
<td><strong>Distributed leadership</strong> can contribute to improved communication and interaction between staff from different units, to problem solving and a reinforced clan culture. Distributing leadership roles and embedding them throughout the organisation, combined with engaging staff in decision-making, contributes to staff’s perceived autonomy and organisational commitment, which, in turn, leads to extra role activities.</td>
<td>Confirmed</td>
<td>Not confirmed nor refuted, because no distributed leadership was enacted in RKMH.</td>
<td>Not confirmed nor refuted because no distributed leadership was enacted in SMBA.</td>
</tr>
</tbody>
</table>

and tensions with unions [O] by inducing perceived job pressure and role ambiguity [M] for health providers [A].

*Laissez-faire* leadership [I] reduces public service motivation [O] in a context of perceived organisational politics (clientelism and nepotism) [C] by being incongruent with individual public service values [M] of all cadres [A].

**ICAMO configuration 2: transactional leadership and PSM**

This configuration is confirmed by empirical data from the three hospitals (EJMH (CEO 1), RKMH (CEO 1), SMBA (CEO 1 and 2)). As a result, we retain ICAMO 2 as follows (see figure 4):

If transactional leadership ensures adequate support and working conditions of administrative staff [I] or if it enforces a clear hierarchical line [I], it can reduce job pressure [M] and reduce role conflict [M] and thus increase the extrinsic motivation of administrative staff [O] and the level of organisational commitment [O]. If transactional leaders [I] are felt by health professionals [A] to be distant, this can reduce perceived autonomy support and reduce the satisfaction of the need for mutual respect (relatedness) [M], leading in turn to reduced motivation [O] and low organisational commitment [O].

**ICAMO configuration 3: transformational leadership and PSM**

Configuration 3 is confirmed only in EJMH Hospital (CEO 2) (figure 5, table 4).

Transformational leadership understood as inspiring staff (walking the talk), infusing jobs with public service values and showing individual consideration to staff [I] increases public service motivation [O] by responding to basic psychological needs of autonomy and relatedness [M] of all staff [A] and contributes to higher
organisational commitment and expressed mutual trust between staff with administration [O].

**ICAMO configuration 4: distributed leadership and PSM**

Distributed leadership was observed only in the high performing hospitals EJMH and NHMH (see figure 6). Distributed leadership in the sense of creating a supportive and open climate and good relations between staff [I] increased staff public service motivation [O] and organisational commitment [O] and led to extra role behaviours by satisfying staff basic psychological needs [M] and increasing trust in management teams [M].

As described in tables 3 and 4, we noticed that only CEO 2 in NHMH and CEO 2 in EJMH displayed complex leadership understood as the balancing between transactional, transformational and distributed leadership that fits best the diversity of professional profiles, the nature of the tasks and the organisational culture. Transactional leadership fits the administrators who value role clarity and reduced job ambiguity, whereas transformational and distributed leadership addresses the basic psychological needs of health providers. The other CEOs either adopted a transactional leadership style or laissez-faire leadership, which was not well received by a majority of staff.

The four ICAMOs presented above allowed us to refine our initial programme theory:

Complex leaders, applying an appropriate mix of transactional, transformational and distributed leadership styles that fit organisational and individual’s characteristics [I] can increase public service motivation, organisational commitment and extra role behaviours [O] by increasing perceived supervisor support and perceived organisational support and satisfying staff basic psychological needs [M], if the organisational culture is conducive and in the absence of perceived organisational politics [C].
In this study, we explored mechanisms and contextual conditions by and in which leadership influences ‘public service motivation’ of health workers.

Our study shows, in line with leadership literature, that laissez-faire leadership decreases intrinsic motivation and public service motivation of all cadres by being less responsive to the basic psychological needs of autonomy, competence and relatedness of staff and by reducing perceived organisational support. Our findings suggest that transactional leadership, when it ensures adequate managerial support and improvement of working conditions, can enhance the extrinsic motivation of staff by reducing role ambiguity and job pressure, and by increasing perceived organisational support. This is supported by other studies. However, we also found indications that transactional leadership can crowd out intrinsic motivation and public service motivation of health workers by reducing the satisfaction of their needs for autonomy. This is supported by other studies in LMICs.

We found transformational leaders who clearly communicate their vision and walk the talk, infuse jobs with public services meaning, and show individual consideration can enhance PSM by responding to their need for relatedness. This is supported by recent studies. Transactional leadership can lead to higher organisational commitment and extra role behaviours. Distributed leadership facilitated teamwork, information flows and team cohesion. It nurtured feelings of connectedness, enhancing the perception of autonomy support and perceived organisational support. This led to creative problem solving, collective learning and better performance at the quality assurance contest, in ways similar to other study findings.

Our study supports the hypothesis that the effect of leadership on PSM depends on the degree of responsiveness to basic psychological needs (autonomy, competence, and relatedness). This points to the relevance of self-determination theory as a middle range theory that may frame how individual psychological mechanisms underlie the effects of leadership on staff motivation.
(extrinsic motivation, intrinsic motivation and PSM). It also supports the hypothesis that the effect of leadership on PSM is conditioned by the existence of a conducive organisational culture (a clan culture and absence of perceived organisational politics). This is explained by value congruence, understood as the degree of congruence between individual and organisational values, which represents a major mechanism in the integration of public service values in individual behaviours. 20 73 137 138

In summary, in healthcare organisations, leaders able to adapt their leadership practices to the nature of individuals and organisational characteristics (complex leaders) are likely to be more effective. They foster networking and connections between staff by distributing leadership responsibilities and reinforcing the role of middle managers, infusing jobs with meaning and creating constructive dialogues with professional health workers. 12 61 62 64 139 140

Study contributions, validity and limitations
This study contributed to fill the gap in leadership studies in general 16 141 142 and in healthcare specifically 82 143 by unravelling the underlying mechanisms of leadership effects on health workers’ motivation. It contributes to the study of leadership in North African Muslim countries, a neglected field of research. 144

This study contributes to the case that RE can contribute to building a better understanding of complex phenomena in health systems. 85 RE proved an appropriate approach to unravel the relationship between leadership and PSM, and thus responded to calls of PSM scholars for robust research methodologies. 33 35 37 76 77

The RE proved to be a suitable approach for capturing the multilevel dynamic nature that evolved over time and across contexts. RE facilitated the unveiling of causal mechanisms (value congruence and satisfaction of basic psychological needs) and the contingent effect of contextual factors (organisational culture, climate and perceived organisational politics) and the individual reasoning of different social actors (eg, perceived supervisor and organisational support). 85 145 146

By using ICA MO configurational analysis, we were able to provide evidence on the contextual nature and social construction of leadership. Adopting a situational approach on leadership help overcome the inconsistency of findings when studying leadership effectiveness in organisations. 147 149

In addition, the qualitative multiple embedded case study design proved appropriate in providing qualitative design rich, dynamic, contextual data with a focus on mechanisms rather than variables. 150 Qualitative approaches are complex sensitive and allow for more research flexibility in unveiling the mechanisms and conditions underlying complex social phenomena in general and more specifically leadership effectiveness in health. 98 130 133

The validity of our study findings is derived from theoretical guidance in study design, sampling and analysis, and cross-validation 154 156 and theoretical replication across cases. 119 Theoretical replication allows for a retroductive process of knowledge creation 119 by constantly shuttling from theory to empirical data and by continuously refining our programme theories across negative and positive cases.

There are limitations to our study. The causal configurations developed here are the most plausible explanation for the outcomes observed in our study, but may likely not be the unique explanation. Further empirical testing in a larger set of cases would enable to further refine the PTs. A second limitation is that we did not quantitatively measure public service motivation, organisational commitment, perceived organisational support and other variables. The time and resource limits of the PhD study, of which the study presented here is part, precluded testing and validating existing scales for these constructs.

Implications for practice
In Morocco, similar to other LMICs, the hierarchical culture within the Ministry of Health favours transactional leadership styles 49 157 and this may impede the emergence of PSM. 158 160 We raise some concerns in relation to the actual health reforms carried out in Morocco, which are inspired by new public management (eg, performance-based management, contracting out and public–private partnerships) and which may have negative consequences on health workers’ performance by facilitating the practice of transactional leadership, focusing on extrinsic rewards (and sanctions) and crowding out the expression of PSM and self-altruistic behaviours of frontline health workers. Policy makers should stimulate the development of complex leadership competencies (eg, fostering network building, generative sense making, see also Belrhiti et al 82 in their capacity building programme.

CONCLUSION
In the context of healthcare organisations, the motivation of health workers relies on individual, organisational and contextual antecedents. The effectiveness of leaders depends on the degree of responsiveness to the basic psychological needs of health workers and on value congruence between organisational and individual values. Leaders should learn how to adapt their leadership practices to the organisational characteristics (nature of task, mission valence) and to type of motivation of health workers (extrinsic vs intrinsic and PSM). Further research is needed to explore the role of value congruence and to understand how the social institutions (ie, religion, family education, professionalism) may shape the expression of public service motivation of health workers in LMICs.

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Contributors All the four authors (ZB, BM, WVD, AB) contributed to the original design and analysis and writing of the manuscript. ZB carried out the data.
collection. BM crossed the transcripts. Initial coding was done by ZB and discussed between the research team members (BM, WDO, AB). ZB edited the final draft. All authors read and approved the final manuscript.

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**Patient consent for publication** Not required.

**Ethics approval** The research protocol was approved by the Moroccan Institutional Review Board (No. 90/16) of the Faculty of Medicine of Pharmacy, Rabat and the Institutional Review Board of the Institute of Tropical Medicine, Antwerp (No. 1204/17). All participants have been informed prior to the conduct of the research and written consent forms were signed by the respondents and countersigned by the researcher. A signed copy was given to each respondents.

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**Data availability statement** Data sharing not applicable as no datasets generated and/or analysed for this study.

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