## PEER REVIEW HISTORY

BMJ Open publishes all reviews undertaken for accepted manuscripts. Reviewers are asked to complete a checklist review form (http://bmjopen.bmj.com/site/about/resources/checklist.pdf) and are provided with free text boxes to elaborate on their assessment. These free text comments are reproduced below.

### **ARTICLE DETAILS**

TITLE (PROVISIONAL)	How do doctors in the Netherlands perceive the impact of
	disciplinary procedures and disclosure of disciplinary measures on
	their professional practice, health, and career opportunities? A questionnaire among medical doctors who received a disciplinary
	measure
AUTHORS	Laarman, Berber; Bouwman, Renée; de Veer, Anke J. E.; Hendriks, Michelle; Friele, Roland

### **VERSION 1 – REVIEW**

REVIEWER	Cynthia Krom
	Franklin & Marshall College USA
REVIEW RETURNED	24-Jul-2018

GENERAL COMMENTS	I found	this	paper	to	be	interest	ina.	and	the
		researc		questio		to	be	intriguir	-
		1	am	impress		that	you	were	.3.
		able	to	gain	the	full	coopera		of
		the	disciplin	-	board,	particul	-	to	
		send	out .	the	letters,	•	that	they	
		seemed	dinterest	ed	in	the	results.	1	
		think study.	this	is	an	importa	nt	area	to
	Your	literatur is	e very	review helpful.	is	fine,	and	Box	1
	I	do sugges the number	paper.	to	minor, enhanc will er		several the to e.	major, quality line	of
	Minor	change	es:						
	Abstrac	t, thing very	line the importa	25: reader nt	Since sees, that	this I you	is think clarify	the it that	first is

			<b>" 11</b>					
	doctors disciplin licensed disciplin	ands whateve the not world, in led, d les about.	measure Medica er organize all as the since elsewhee that [note	the ation). the implied, Netherla some ere you	from Disciplicorrect I disciplin	wording assume led even who those received	Board would it doctors all were may d even	be
Abstrac	at agree think not anything surprise of was	with most agree g d those correct.	remarka the convicte with is that warned	judges' ed the remarka thought think		doctors nts. s nt. I judgmel	I also If am	it not do
Abstract  Method:	was attempt (worth more	not	large, study iing). ntly,	True, but 100% was	the you of Your not	study made that study large.	populati an populati sample, envelop	on
"Dooulto	cannot word you	"confide mean	ential" a	blank printed plain	white	it. envelop		
"Results	interesti respond whole. know populati people your populati Also, warning	dents It how on disciplin sample on how	would the that ed is you	the be group was are truly are the	43: of Dutch more compar disciplin 78.7% represe trying breakdo compar	es ned. male, ntative to	to to If then of study. between	a the the the
Page	people	line absent unusual ison.	from	is work We seems	having in need to	a a	quarter 12-mon point that	

about everyone know misses at least а day work each for health or year personal reasons. Major changes: actually did Abstract, lines 49 51: You what did. not do you say you Really, your about professional questions functioning only ones that are the addressthe impact of the disciplinary action. The other ask do questions you explain later. This not, as ı will re-written. section needs to be Introduction, lines 30-31: Same issue as #1 above. Aim research questions, 21: and line You did do You did this. not not test You asked individuals this. to think back to something that happened and describe in the past how they outcome felt then. Surely, the actual disciplinary of the action would influence how someone feels retrospect, which could fully explain your results in percentages Table 2. The total (warned interesting, and published together) are cannot do but you simply statistical comparison of the two groups because have serious threats to validity. you Aim and research questions, lines 22 25: didn't really some Again, you test of have what you are claiming to tested. Your measurement the change in disciplinary the doctors' health due to the action (self-report) is even presented. not cannot make assumption so vou anv change in health for better а or worse. Therefore. vou did not measure impact of disciplinary action the the on health. This true for the mental health questions well. is as lt entirely possible were that doctors who depressed, burned out, etc., made the

mistakes

made

action, and

harsher punishment.

indicate otherwise.

that

bigger mistakes

those

lead

who

You

to

were

that

have

the

no

more

resultedin

disciplinary

depressed

to

data

Similarly, you have some confounding in the constructs of "colleagues who don't want to collaborate..." since this was not determined prior to the disciplinary action. Maybe the doctors are just not respected, good with to work or and one ever wanted to work no with them. And "consequences for career opportunities" is vague I don't so have idea what it do any means thev improved damaged have or opportunity? lf tell can't from the question, how could the people being surveyed? Page totally clueless about 8, am what you mean by negative impact on professional functioning. Do mean you competent they are no longer as as they functioning physicians, and are less well in that position? don't think SO, since your Table indicates that they are taking better notes, more working according doing research, protocol, etc., of which to all functioning. sound like professional better What professional functioning was negatively You impacted? really need to clarify what you mean.

Table 5: Whv would respondents able be to choose multiple options? lf question а can be answered with Yes, No. don't seems to know, or N/A, it me exclusive those are mutually answers. Could someone really answer both Yes find whole and No? this thing very confusing.

Other: In light of the above major suggestions, think you need to simply re-write the through the lens paper of with consideration accuracy and of what and you really tested are trying to determine. Your whole discussion section would need then reflect those changes. to

I intrigued the idea that the am by Dutch system aims improvequality of to care rather than incompetent removing doctors.I think having a reference to the mission statement something like (or

that)	of	the	Dutch	medical	review	board
would	be	very	useful	to :	support	this
and	help	non-Du	ıtch	understa	and	the
position	٦.					

REVIEWER	Lynley Anderson
	University of Otago New Zealand
REVIEW RETURNED	12-Aug-2018

GENERAL COMMENTS	This is an interesting manuscript.  I did wonder whether those doctors who had received a complaint might be more likely to be suffering from burnout, be somehow unwell, or perhaps lacking in insight thereby making errors more likely leading to complaints. This issue wasn't raised in the discussion or the limitations section - could this have been an issue? This does need to be addresssed.
	I wondered about the value of reporting whether the participants thought the judge had got it right - I felt that most people would think that the judge had made a mistake, especially if they are going to experience disciplinary action and negative consequences.
	I agree that the gender split was interesting - and deserves more attention.
	Future study might include getting the perspectives of patients. What do they want from a complaints structure? What do they think about the outcomes of their complaint?

## **VERSION 1 – AUTHOR RESPONSE**

#### Reviewer 1: Cynthia Krom

## Minor changes:

1) Abstract, line 25: Since this is the first thing the reader sees, I think it is very important that you clarify thatthese are "all doctors who received a disciplinary measure from the Netherlands Medical Disciplinary Board…"

(or whatever the correct wording would be for the organization). I assume it was not all the disciplined doctors in the world, as implied, or even all the doctors in the Netherlands who were disciplined, since some of those may be licensed elsewhere and received disciplines that you wouldn't even know about. [note that this should also be clarified on page 4 line 32]

We've added the sentence 'from the Dutch disciplinary board' to specify our study sample.

2) Abstract, line 33: I do not find it at all remarkable that doctors did not agree with the judges' judgments. I think most convicted criminals also do not agree with the judgment. If anything is remarkable, I am surprised that 22.6% of those warned thought the judgment was correct. I think you need to clarify what you find remarkable, and why.

We agree with both reviewers that it might not be a remarkable result, but it is relevant, as doctors are supposed to learn from complaints. If healthcare professionals don't agree with the measure, they can hardly be expected to learn from it. We added the sentence (p.7): This might not be surprising, but it is relevant as disciplinary procedures are supposed to be a learning experience.

3) Abstract, line 53: True, the study population was not large, but you made an attempt to study 100% of that population (worth mentioning). Your study sample, more importantly, was not large.

We altered 'population' into 'sample'.

4) Methods, p 4, line 48: The envelope cannot both be blank and have the word "confidential" printed on it. Perhaps you mean a plain white envelope?

We changed 'blank' into 'plain white envelope without sender address'.

5) "Results" lines 39 – 43: you present an interesting comparison of the respondents to the Dutch doctors as a whole. It would be more useful to know how the group compares to the population that was disciplined. If the

people disciplined are 78.7% male, then your sample is truly representative of the population you are trying to study. Also, how does the breakdown between warning and reprimand compare to the study group?

Unfortunately, due to the privacy considerations as explained before concerning the non-response analysis, we have no information about the study population as a whole (i.e., all disciplined healthcare professionals). Similarly, as we lack information about non-responders, we can't compare the break down between warning and reprimand in our study sample to the study group.

6) Page 7, line 52: is having a quarter of people absent from work in a 12-month period unusual? We need a point of comparison. It seems to me that just about everyone I know misses at least a day of work each year for health or personal reasons.

In the original manuscript, we compared our results to The National Survey of Working Conditions (NEA) of 2015. In the NEA benchmark, 50% of respondents working in healthcare indicated that they had been absent from work at least once in the past 12 months. In our study, this was only a quarter. However, as absenteeism was low in our study we decided to leave this out of the revised manuscript.

#### Major changes:

- 1) Abstract, lines 49 51: You actually did not do what you say you did. Really, your questions about professional functioning are the only ones that address the impact of the disciplinary action. The other questions you ask do not, as I will explain later. This section needs to be re-written.
- 2) Introduction, lines 30-31: Same issue as #1 above.

Introduction (p.3): We realize that differences between the groups can be both resultant of the outcome (heavier measure) as of the disclosure of the measure, or can be mutually reinforcing as a reprimand is experienced as a heavier measure precisely because it was disclosed. Throughout the manuscript, we made a nuance by emphasizing it is about the *perceived* impact of doctors, and the *perceived* health, professional practice, etc.

3) Aim and research questions, line 21: You did not do this. You did not test this. You asked individuals to think back to something that happened in the past and describe how they felt then. Surely, the actual outcome of the disciplinary action would influence how someone feels in retrospect, which could fully explain your results in Table 2. The total percentages (warned and published together) are interesting, but you simply cannot do statistical comparison of the two groups because you have serious threats to validity.

As the reviewer rightly states, comparison of doctors with warnings and reprimands is difficult. However, as we wanted to gain insight in the experiences of doctors whose disciplinary measure was disclosed, this was the best feasible study design, as the alternative was choosing doctors receiving a reprimand before July 2012 as a comparison group. Besides, it could also be said that doctors experience a reprimand as a heavier sentence – and thus more impact – *because* it is disclosed. Our study design does, however, present some limitations which we included as follows:

Limitations (p.12) [...] two groups of professionals with disciplinary measures (warning and reprimand) may not be comparable because of the context and nature of the complaint and the related culpability and judgement of the disciplinary court. Reported (mental) health issues could have been a result, or an underlying cause of complaints. The bigger the health issues, the heavier the measure and hence

the disclosure of the measure, one might reason. Respondents also might experience the measure as heavier precisely because it is publicly disclosed. Furthermore, the relationship between the measure and the outcome variables has not been analysed, but the results are self-reported by the respondents. This may be rather subjective. Therefore, a causal relationship between the disciplinary procedure and the outcome variables, or publication of the measure and the outcome variables cannot be proven.

- 4) Aim and research questions, lines 22– 25: Again, you didn't really test some of what you are claiming to have tested. Your measurement of the change in the doctors' health due to the disciplinary action (self-report) is not even presented, so you cannot make any assumption of a change in health for better or worse. Therefore, you did not measure the impact of the disciplinary action on health. This is true for the mental health questions as well. It is entirely possible that doctors who were depressed, burned out, etc., made the mistakes that lead to the disciplinary action, and those who were more depressed made bigger mistakes that resulted in harsher punishment. You have no data to indicate otherwise. Similarly, you have some confounding in the constructs of "colleagues who don't want to collaborate..." since this was not determined prior to the disciplinary action. Maybe the doctors are just not good to work with or respected, and no one ever wanted to work with them. And "consequences for career opportunities" is so vague I don't have any idea what it means do they have improved or damaged opportunity? If I can't tell from the question, how could the people being surveyed?
  - Concerning health: We understand the reviewers comment as follows that we did not *measure* the impact on health, but we did gain insight in the *perceived* impact as *experienced* by doctors *themselves*. We agree with the reviewer we cannot draw conclusions on causality, but we did gain insight in the experience of doctors concerning their health after the procedure. We revised as follows:
    - Results (p. 7): As time passed, the perceived effect of the procedure on health diminished (a mean of 1.7 for the whole group at moment of filling out the questionnaire). The difference between the doctors receiving reprimands (2.1) and warnings (1.6) continued to exist. Differences in the impact between respondents whose judgement was issued up to one year ago and more than one year ago were not significant (not in table). As we have no information on the health of professionals prior to the procedure, the perceived change in health directly after the procedure and after the passing of time can be due to other circumstances.
  - Concerning the causal connection between the procedure and (mental) health: The
    reviewer is right to state it is difficult to ascribe (mental) health problems to disciplinary
    procedures/complaints, since it is indeed entirely possible these problems led to the complaint
    in the first place. As Balch et al state quite simply: it is difficult to determine the direction of
    effect. We revised our manuscript to include this nuance:
    - Discussion (p. 11): We are careful to jump to conclusions regarding the impact of disciplinary procedures on (mental) health, as Balch et al state in a study regarding the consequences of malpractice lawsuits, it is difficult to determine the 'direction of effect'. I.e., our data can also be explained such that mental issues led to suboptimal healthcare, leading to a complaint to a disciplinary board, with more severe mental issues resulting in a reprimand instead of a warning.
    - Limitations (p.13): Reported (mental) health issues could have been a result, or an underlying cause of complaints. The bigger the health issues, the heavier the measure and hence the disclosure of the measure, one might reason. Respondents also might experience the measure as heavier precisely because it is publicly disclosed.
  - Concerning the confounding of 'colleagues who don't want to collaborate': We agree with
    the reviewer there is some confounding in this question, which is emphasized by the manner
    of formulation in our manuscript. In our questionnaire, we specifically asked if doctors
    experienced colleagues unwilling to collaborate with them or refer to them anymore since the
    disciplinary procedure. We expressed this nuance as follows:
    - p. 9: These differences were significant for loss of patients (p=0.000), fewer new patients (p=0.002), colleagues who no longer want to work with them or refer patients to them (p=0.036), and consequences for career opportunities (p=0.000) since the disciplinary procedure.

- p. 11: Public disclosure also clearly led to consequences for practice, such as losing patients, getting fewer new patients and obstruction of career opportunities since the disciplinary procedure.
- Concerning career opportunities: We agree with the reviewer this question seems vague. Because 'career opportunities' can refer to an array of things we asked respondents who confirmed with 'yes' to explain their answer. In the manuscript, we added a sentence on p.11: For the latter category, examples given were not being able to get a new job or getting questioned about the reprimand by the health insurer.
- 5) Page 8, I am totally clueless about what you mean by negative impact on professional functioning. Do you mean they are no longer as competent as physicians, and they are functioning less well in that position? I don't think so, since your Table 4 indicates that they are taking better notes, doing more research, working according to protocol, etc., all of which sound like better professional functioning. What professional functioning was negatively impacted? You really need to clarify what you mean.

We've revised 'functioning' to 'practice', hoping this is a better translation. We asked doctors whether they made changes in the way they perform their tasks as medical doctors, giving multiple options that can be perceived as both positive and negative. We've made a clearer distinction between positive and negative as follows:

Impact on professional practice (p.8): The majority of doctors reported the disciplinary process had a negative impact on their professional practice. 71.1% of doctors given a reprimand indicated that the procedure only had a negative impact. Among doctors receiving warnings, this was significantly less, at 40.8% (p=0.004, chi2=13.19). 4.4% of doctors given a reprimand and 8.5% of doctors given a warning indicated that the procedure only had a positive impact (not in table).

Respondents reported various changes in their professional practice that are obviously negative (see Table 4): avoiding high-risk patients (47.5% with a reprimand versus 38.2% with a warning), seeing each patient as a new complainant (41.4% vs. 35.2%) and avoiding similar patients as the complainant (41.4% vs. 29%). Some changes can be perceived as positive, such as making more accurate notes in patients' files (64.2%) and discussing improvement measures with their colleagues and/or supervisor (60.8%) more often since the disciplinary process. Some reported changes can be either positive or negative according to context, but are commonly associated with defensive medicine, such as complying to patients wishes more and doing more supplementary research.

Discussion (p.12): Besides negative effects, the responding doctors also reported positive changes, such as making more accurate notes in patient records and discussing improvement measures with colleagues.

6) Table 5: Why would respondents be able to choose multiple options? If a question can be answered with Yes, No, I don't know, or N/A, it seems to me those are mutually exclusive answers. Could someone really answer both Yes and No? I find this whole thing very confusing.

This was a mistake, the answers were indeed mutually exclusive, we corrected it in the manuscript.

# Other:

In light of the above major suggestions, I think you need to simply re-write the paper through the lens of accuracy and with consideration of what you really tested and are trying to determine. Your whole discussion section would need to then reflect those changes. I am intrigued by the idea that the Dutch system aims to improve quality of care rather than removing incompetent doctors. I think having a reference to the mission

statement (or something like that) of the Dutch medical review board would be very useful to support this and help non-Dutch understand the position.

The Dutch Disciplinary Board does not have a missionary statement, but aims to fulfill the two disciplinary norms as set out in Box 1. We hope this is a clear enough description of what disciplinary law in the Netherlands seeks to achieve.

## Reviewer 2: Lynley Anderson

Institution and Country: University of Otago, New Zealand

Please state any competing interests or state 'None declared': None declared

Please leave your comments for the authors below This is an interesting manuscript. I did wonder whether those doctors who had received a complaint might be more likely to be suffering from burnout, be somehow unwell, or perhaps lacking in insight thereby making errors more likely leading to complaints. This issue wasn't raised in the discussion or the limitations section - could this have been an issue? This does need to be addressed.

We agree with the reviewer it is difficult to determine, as the Dutch say, 'which was there first: the chicken or the egg', in this case: the reported mental issues or the complaint and following procedure, including measure? We hope to have explained this satisfactorily by answering reviewer 1 on p. 4.

I wondered about the value of reporting whether the participants thought the judge had got it right - I felt that most people would think that the judge had made a mistake, especially if they are going to experience disciplinary action and negative consequences.

We agree with both reviewer 1 and 2 and left this out of our revised manuscript.

I agree that the gender split was interesting - and deserves more attention.

Future study might include getting the perspectives of patients. What do they want from a complaints structure? What do they think about the outcomes of their complaint?

We agree with the reviewer the perspective of patients is needed to evaluate the functioning of complaints procedures. In the Netherlands, disciplinary law is explicitly aimed at quality improvement, *not* patients satisfaction, reparation or compensation. However, disclosure of disciplinary measures is supposed to be helping patients by providing them with quality information. Part of our research concerned the perspective of patients on disclosure of disciplinary measures. For the sake of the focus of the manuscript and the limited space we have, we didn't include these results, but we are happy to inform you through this letter.

We studied the patient perspective by sending a questionnaire to a patient panel. The questionnaire concerned whether 1) patients visited a healthcare professional for the first time that year; 2) patients searched for information about this healthcare professional online; 3) patients think it is important that information about disciplinary measures can be found online; 4) if, and how, they would act when they heard about their family physician got a disciplinary measure and if 5) they were a healthcare professional themselves. A majority of patients attached importance to online transparency about disciplinary measures (42%). A minority of patients that visited a new healthcare professional searched for information online (14.7%). Most patients state they would do nothing when they found out about a disciplinary measure (29%). Those who would act, indicated they would talk about the disciplinary measure with their family physician (26.8%), look up more information online (23.9%) or watch their physicians behavior more closely (22.5%). In short: if asked, patients do think it is important to be able to look up the information online, but only few of them actually search for the information online, and when they do, most patients state they don't act on it.

Also, we do have data on the opinions of patients on disclosure of disciplinary measures and on the satisfaction of patients with the disciplinary procedure. We added this in the discussion on p. 12.

#### **VERSION 2 - REVIEW**

REVIEWER	Lynley Anderson University of Otago, New Zealand
REVIEW RETURNED	27-Oct-2018

GENERAL COMMENTS	This article has benefitted from the review process. The authors
	have improved the article and made it much clearer for the reader.

My ony comment is that in the discussion, the authors have said 'jump to conclusions' when they should say 'not jump to...'