

PEER REVIEW HISTORY

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ARTICLE DETAILS

TITLE (PROVISIONAL)	Description and preliminary results from a structured specialist behavioural weight management group intervention: Specialist Lifestyle Management (SLiM) Programme
AUTHORS	Taheri, Shahrada; Brown, Adrian; Gouldstone, Amy; Fox, Emily; Field, Annmarie; Todd, Wendy; Shakher, Jayadave; Bellary, Srikanth; The, Ming Ming; Azam, Muhammad; John, Reggie; Jagielski, Alison; Arora, Teresa; Thomas, G Neil

VERSION 1 - REVIEW

REVIEWER	Jennifer Logue Institute of Cardiovascular and Medical Sciences, University of Glasgow, UK
REVIEW RETURNED	18-Nov-2014

GENERAL COMMENTS	<p>I have two further queries - apologies, it was not clear from the first draft that this intervention was "prescribed" via a medically-led clinic, so these questions have only come up now:</p> <ol style="list-style-type: none"> 1. What percentage of the patients required the enhanced clinic based follow-up? 2. You mention psychology if any of the MDT felt it was required - was there any formal (face to face or paper questionnaire) assessment of psychological status? <p>These could be added without the need for my further review.</p>
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REVIEWER	Dr Barbara McGowan Guy's & St Thomas' NHS Foundation Trust
REVIEW RETURNED	27-Nov-2014

GENERAL COMMENTS	I am happy with the changes made to the manuscript.
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VERSION 1 – AUTHOR RESPONSE

Reviewer 1:

have two further queries - apologies, it was not clear from the first draft that this intervention was "prescribed" via a medically-led clinic, so these questions have only come up now:

1. What percentage of the patients required the enhanced clinic based follow-up?
2. You mention psychology if any of the MDT felt it was required - was there any formal (face to face or paper questionnaire) assessment of psychological status?

This has now been added as follows:

Only a minority of patients (<10%) with specialist requirements were referred for individual dietetic aftercare....

Following their initial clinical assessment (supported by the use of the Hospital Anxiety and Depression Scale questionnaire) any patient identified clinically to have underlying psychiatric or psychological issues requiring mental health support, was discussed by the multidisciplinary team and referred to local mental health services or a psychologist within the clinic, respectively.