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# Short course antibiotic treatment of Gram-negative bacteremia (GNB5): A study protocol for a randomized controlled trial

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Complete List of Authors:	Tingsgård, Sandra; Copenhagen University Hospital, Department of Infectious Diseases, Amager and Hvidovre Hospital Israelsen, Simone Bastrup; Copenhagen University Hospital, Department of Infectious Diseases, Amager and Hvidovre Hospital Thorlacius-Ussing, Louise; Copenhagen University Hospital, Department of Infectious Diseases, Amager and Hvidovre Hospital Frahm Kirk, Karina; Aalborg University Hospital, Department of Infectious Diseases Lindegaard, Birgitte; Copenhagen University Hospital, Department of Pulmonary Medicine and Infectious Diseases, North Zealand Hospital Johansen, Isik; Odense Universiteshospital, Department of Infectious Diseases Knudsen, Andreas; Copenhagen University Hospital, Department of Respiratory Medicine and Infectious Diseases, Bispebjerg and Frederiksberg Lunding, Suzanne; Copenhagen University Hospital, Department of Internal Medicine, Section for Infectious Diseases, Herlev and Gentofte Hospital Ravn, Pernille; Copenhagen University Hospital, Department of Internal Medicine, Section for Infectious Diseases, Herlev and Gentofte Hospital Ravn, Pernille; Copenhagen University Hospital, Department of Internal Medicine, Section for Infectious Diseases, Herlev and Gentofte Hospital Medicine, Section for Infectious Diseases, Herlev and Gentofte Hospital Benfield, Thomas ; Copenhagen University Hospital, Department of Internal Medicine, Section for Infectious Diseases, Herlev and Gentofte Hospital Østergaard Andersen, Christian; Copenhagen University Hospital, Department of Infectious Diseases, Amager and Hvidovre Hospital
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	1



# Short course antibiotic treatment of Gram-negative bacteremia (GNB5): A study protocol for a randomized controlled trial Sandra Tingsgård<sup>1</sup>, Simone Bastrup Israelsen<sup>1</sup>, Louise Thorlacius-Ussing<sup>1</sup>, Karina Frahm Kirk<sup>2</sup>, Birgitte Lindegaard<sup>3</sup>, Isik Somuncu Johansen<sup>4</sup>, Andreas Knudsen<sup>5</sup>, Suzanne Lunding<sup>6</sup>, Pernille Ravn<sup>6</sup>, Christian Østergaard<sup>7</sup> and Thomas Benfield<sup>1</sup> <sup>1</sup>Department of Infectious Diseases, Copenhagen University Hospital – Amager and Hvidovre, Kettegaard Allé 30, DK-2650 Hvidovre, Denmark <sup>2</sup>Department of Infectious Diseases, Aalborg University Hospital <sup>3</sup>Department of Infectious Diseases, Copenhagen University Hospital – North Zealand, Hilleroed, Denmark <sup>4</sup>Department of Infectious Diseases, Odense University Hospital, Odense, Denmark <sup>5</sup>Department of Respiratory Medicine and Infectious Diseases, Copenhagen University Hospital - Bispebjerg and Frederiksberg Hospital, Copenhagen, Denmark <sup>6</sup>Department of Internal Medicine, Section for Infectious Diseases, Copenhagen University Hospital – Herlev and Gentofte, Hellerup, Denmark <sup>7</sup>Department of Clinical Microbiology, Copenhagen University Hospital – Amager and Hvidovre, Hvidovre, Denmark Author information Corresponding author: Sandra Tingsgård, phone: (+45) 21853058, e-mail: sandra.tingsgaard@regionh.dk Simone Elisabeth Bastrup Israelsen, e-mail: simone.elisabeth.bastrup.israelsen.02@regionh.dk Louise Thorlacius-Ussing, e-mail: louise.thorlacius-ussing@regionh.dk Karina Frahm Kirk, e-mail: kfk@rn.dk

- Birgitte Lindegaard, e-mail: birgitte.lindegaard.madsen@regionh.dk
- Isik Somuncu Johansen, e-mail: isik.somuncu.johansen@rsyd.dk
- Andreas Knudsen, e-mail: jesper.andreas.knudsen.01@regionh.dk

Suzanne Lunding, e-mail: suzanne.lunding.01@regionh.dk

Pernille Ravn, e-mail: pernille.ravn.02@regionh.dk

Christian Østergaard, e-mail: christian.oestergaard.andersen@regionh.dk

Thomas Benfield, e-mail: thomas.lars.benfield@regionh.dk

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Blackwoizset thertaplydUnieb@taiplaytebStaplsyacceostcaatereusiaa8teoelsticeam infection, Treatment duration, Word count: 3816

#### ABSTRACT

Introduction: Prolonged use of antibiotics is closely related to antibiotic-associated infections, antimicrobial resistance, and adverse drug events. The optimal duration of antibiotic treatment for Gram-negative bacteremia (GNB) with a urinary tract source of infection is poorly defined.

**Methods and analysis:** Investigator initiated multicenter, non-blinded, non-inferiority randomized controlled trial with two parallel treatment arms. One arm will receive shortened antibiotic treatment of five days and the other arm will receive antibiotic treatment of seven days or longer. Randomization will occur in equal proportion (1:1) no later than day five of effective antibiotic treatment as determined by antibiogram. Immunosuppressed patients and those with GNB due to non-fermenting bacilli (Acinetobacter spp., Pseudomonas spp.), Brucella spp., Fusobacterium spp. or polymicrobial growth are ineligible.

The primary endpoint is 90-day survival without clinical or microbiological failure to treatment. Secondary endpoints include all-cause mortality, total duration of antibiotic treatment, hospital

readmission, and *Clostrioides difficile* infection. Interim safety analysis will be performed after the recruitment of every 100 patients. Given an event rate of 12%, a non-inferiority margin of 10%, and 90% power, the required sample size to determine non-inferiority is 380 patients. Analyses will be performed on both intention-to-treat and per-protocol populations.

**Ethics and dissemination**: The study is approved by the Danish Regional Committee on Health Research (H-19085920) and the Danish Medicines Agency (2019-003282-17). The results of the main trial and each of the secondary endpoints will be submitted for publication in a peer-reviewed journal.

Trial registration: ClinicalTrials.Gov: NCT04291768. Registered on the 24<sup>th</sup> of February 2020.

# STRENGTHS AND LIMITATIONS

- The trial design this is a multicenter, randomized, non-inferiority study which will reduce the risk of confounding bias
- The design of the study strives to be as close to standard clinical practice as possible, which enables the findings of this study to be applicable in a routine clinical setting.
- The strict eligibility criteria will possibly limit the generalizability of the results to all patient groups, as only patients with uncomplicated disease are included.

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# INTRODUCTION

#### Background

The incidence of Gram-negative bacteremia continues to increase and remains a major cause of morbidity and mortality in both hospitalized and community-dwelling patients.[1] From 1997-2002 the proportion of bacteremia caused by Gram-negative bacteria was 43% in Europe,[2] and a study from the European Antimicrobial Resistance Surveillance System reported an increase in bacteremia due to *Escherichia coli* by 8.1 percent per year from 2002 to 2008.[3] Overall, Gram-negative bacteria account for half of all cases of bacteremia.[4] In Denmark, in 2017 there were > 6000 cases of bacteremia due to the two most common Gram-negative bacteria, *Escherichia coli* and *Klebsiella pneumoniae*.[5]

Prolonged use of antibiotics is closely related to antibiotic-associated infections, antimicrobial resistance, and adverse drug events.[6–9] The latter is particularly concerning for patient safety as it may result in sequelae and prolonged hospital stay. It has been shown that the risk of acute renal failure and the risk of *Clostrioides difficile* infection increase with each day of prophylactic antibiotic treatment prior to surgery,[10] and that for every 10 days of additional antibiotic treatment, the risk of adverse drug events increases by 3%.[9] Antibiotic stewardship and rationale use of antibiotics to treat infections are important strategies that may reduce the duration of antibiotic therapy and thereby reduce adverse events, reduce selective pressure on the bacterial microbiota and prevent the emergence of resistance.[11,12]

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The optimal duration of therapy for bloodstream infections due to Gram-negative bacteremia has been poorly defined. International and Danish national recommendations suggest 7-14 days of antibiotic therapy for Gram-negative bacteremia and pyelonephritis according to disease severity.[13–15] However, in the absence of guidelines, wide variability exists, and recommendations are based on individual expert opinions[16] An observational study found that patients receiving short-course (6–10 days) compared to prolonged-course (11–16 days) antibiotic therapy for Gram-negative bacteremia had similar outcomes.[17] Interestingly, there was a trend toward a protective effect of short-course antibiotic therapy on the subsequent emergence of multi-drug resistant Gram-negative bacteremia (odds ratio 0.59; 95% confidence interval 0.32–1.09; P-value 0.09). A recent randomized controlled trial found that an antibiotic course of seven days was non-inferior to 14 days in patients hospitalized with Gram-negative bacteremia achieving clinical stability before day 7.[18] Investigators in Switzerland found that seven days of treatment were non-inferior to 14 days of treatment and that five days of treatment was safe and efficient in the group receiving an individualized duration of treatment determined by clinical response and 75% reduction in peak C-reactive protein values.[19]

Other studies on the duration of treatment in Gram-negative bacteremia also support the safety of shorter antibiotic treatment, but many of these studies have important limitations including small sample sizes, lack of comparator arms, or confounding by indication.[20–24] Randomized controlled trials evaluating the use of procalcitonin in the management of sepsis including those caused by Gram-negative bacteria also demonstrated the safety of shorter antibiotic courses.[20,21]

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Given the high stakes of antibiotic overconsumption in an aging population and that only a very few randomized controlled trials have investigated the optimal treatment length of Gram-negative bacteremia, formal evaluation of the safety and efficacy of shortened antibiotic treatment is of immense clinical and public health importance. This study will be designed as a randomized controlled multicenter trial, that will determine whether five days of antibiotic therapy is non-inferior to seven days or longer of therapy for Gram-negative bacteremia. The inclusion of multiple centers, the study design, and inclusion criteria allowing a representative cohort of eligible patients, make it highly likely that the outcomes of this trial will have a significant impact on clinical practice.

#### Objective

This study aims to assess the efficacy and safety of shortened antibiotic duration (five days) in the treatment of Gram-negative bacteremia with a urinary tract source of infection in hospitalized immunocompetent adults compared to seven days or more of antibiotic treatment.

#### METHODS

#### Trial design and randomization

An investigator-initiated multicenter, non-blinded, non-inferiority randomized controlled trial with two parallel treatment arms. One arm will receive shortened antibiotic treatment guided by clinical stability criteria (intervention group) and the other arm will receive standard antibiotic treatment (control group). As the treatment duration relies on continuous evaluation of clinical stability criteria of the participants, blinding of study personnel and participants is not practicable. The design of the study also strives to be as close to standard clinical practice as possible. Therefore, study investigators, trial participants, or treating physicians will not be blinded to treatment allocation.

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Confirmation of study eligibility will be performed by entering key variables into a secure web-based program (REDCap) with subsequent automatic patient randomization in the two parallel arms (ratio 1:1) no later than day five after initiation of microbiologically effective empiric antibiotic treatment. The randomization list will be generated centrally in random blocs and stratified according to hospital and etiology. The randomization key will be stored in a locked and secure environment at Copenhagen University Hospital – Hvidovre Hospital.

#### Study setting

The following twelve hospitals, representing all five regions of Denmark, will participate in the study: Copenhagen University Hospital – Amager and Hvidovre, Copenhagen University Hospital – Rigshospitalet, Copenhagen University Hospital – Bispebjerg and Frederiksberg, Copenhagen University Hospital – Herlev and Gentofte, Copenhagen University Hospital – North Zealand, Zealand University Hospital – Roskilde, Odense University Hospital, Kolding Hospital, Silkeborg Hospital, Herning Hospital, Aarhus University Hospital, and Aalborg University Hospital.

#### Eligibility criteria

Inclusion and exclusion criteria are listed in Table 1.

 Table 1. Inclusion and exclusion criteria

Inclusion criteria	Exclusion criteria		
Age ≥18 years	Antibiotic treatment (>2 days) with		
Blood culture positive for Gram-negative	antimicrobial activity to Gram-negative		
bacteria	bacteria within 14 days of inclusion		

٠	Evidence of urinary tract source of infection	•	Gra	am-negative bacteremia within 30 days o
	(positive urine culture with the same bacteria		blo	od culture
	as in the blood culture or at least one clinical	•	Imr	nunosuppression
	symptom compatible with urinary tract		0	Untreated HIV-infection
	infection)		0	Neutropenia (absolute neutrophil count
•	Antibiotic treatment with antimicrobial activity			1.0 x 10 <sup>9</sup> /l
	to Gram-negative bacteria administrated within		0	Untreated terminal cancer
	12 hours of first blood culture		0	Receiving immunosuppressive agents
•	Temperature <37.8°C at randomization			(ATC-code L04A)
•	Clinically stabile at randomization (systolic		0	Corticosteroid treatment (≥20 mg/day
	blood pressure > 90 mm Hg, heart rate <100			prednisone or the equivalent for >14
	beats/min., respiratory rate <24/minute,			days) within the last 30 days
	peripheral oxygen saturation > 90 %)	<b>b</b> .	0	Chemotherapy within the last 30 days
•	Oral and written informed consent	Z	0	Immunosuppressed after solid organ
				transplantation
			0	Asplenia
		•	Pol	lymicrobial growth in blood culture
		•	Ba	cteremia with non-fermenting Gram-
			neg	gative bacteria ( <i>Acinetobacter</i> spp,
			Bu	<i>rkholderia</i> spp, <i>Pseudomonas</i> spp),
			Bru	<i>ucella</i> spp, or <i>Fusobacterium</i> spp
		•	Fai	lure to remove the source of infection
			witl	hin 72 hours of first blood culture (e.g.
			cha	ange of catheter à demeure)
		•	Pre	egnancy or breastfeeding

Gram-negative bacteremia is defined as the growth of a single Gram-negative microorganism in one or more blood cultures associated with evidence of infection. Both community and hospital-acquired Gram-negative bacteremia will be included.

Evidence of a urinary tract source of infection is defined as growth of the same species of Gramnegative microorganism in blood and urine or at least one clinical symptom compatible with urinary tract infection (dysuria, polyuria, hematuria, pelvic pain, cloudy or strong-smelling urine).

Eligible participants must fulfill all the inclusion and none of the exclusion criteria.

#### Interventions

Intervention group: will receive antibiotic treatment for five days if clinically stable, i.e. discontinuation of antibiotics at day five if the participant has a temperature of 37.8° C or less and fulfills all criteria of clinical stability at time of randomization. Criteria of clinical stability are systolic blood pressure >90 mm Hg, heart rate <100 beats/min., respiratory rate <24/minute, and peripheral oxygen saturation >90 % without supplemental oxygen.

<u>Control group</u>: will receive antibiotic treatment for a minimum of seven days at the discretion of their treating physician.

#### Treatment

Participants will receive antibiotic treatment according to local and national guidelines as well as to antimicrobial susceptibility of the identified Gram-negative bacteria. Participation in the study will

only affect treatment duration and will not influence the choice of treatment concerning the type, dose, or route of administration of antibiotic treatment.

Antibiotics considered appropriate for empiric treatment of Gram-negative bacteremia are listed in Table 2.

# Table 2. Acceptable empirical antibiotic treatment of Gram-negative bacteria if susceptible by

antibiogram

Antibiotic	Administratio	Standard dose <sup>1</sup>	Frequency <sup>1</sup>	Dose adjustment <sup>1</sup>
	n <sup>1</sup>			
Penicillins				
Piperacillin/Tazobactam	IV	4 g/0.5 g	Every 6 or 8 hours	Renal impairment and weight
Ampicillin <sup>2</sup>	IV	1-2 g	Every 6 or 8 hours	Renal impairment and weight
Mecillinam	IV	0.8-1 g	Every 8 hours	Renal impairment and weight
Cephalosporins		C	L	
Cefuroxime <sup>3</sup>	IV	1.5 g	Every 6 hours	Renal impairment and weight
Cefotaxime <sup>3</sup>	IV	1 g	Every 12 hours	Renal impairment and weight
Ceftazidime	IV	1 g	Every 8 or 12	Renal impairment and weight
Ceftriaxone	IV	2 g	hours	Renal and hepatic impairment and
			Every 24 hours	weight
Carbapenems				
Meropenem	IV	1 g	Every 8 hours	Renal impairment and weight
Ertapenem	IV	1 g	Every 24 hours	-
Aminoglycosides				
Gentamicin <sup>2,3</sup> /	IV	5-7 mg/kg	Every 24 hours	Renal impairment and weight
tobramycin				

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Fluoroquinolone				
Ciprofloxacin	IV	400 mg	Every 12 hours	Renal impairment and weight
<sup>1</sup> Standard recommendations,	<sup>2</sup> Combination	therapy of ampicillin	and gentamicin,	<sup>3</sup> Monotherapy of cefuroxime/cefotaxime or
combination therapy of cefuro	xime/cefotaxim	e and gentamicin		

Antibiotics considered appropriate for targeted treatment of Gram-negative bacteremia are listed in

Table 3.

 Table 3. Acceptable targeted antibiotic treatment of Gram-negative bacteria if susceptible by antibiogram

		Standard		
Antibiotic	Administration <sup>1</sup>		Frequency <sup>1</sup>	Dose adjustment <sup>1</sup>
		dose <sup>1</sup>		
Penicillin		5.		
Mecillinam	IV	800-1000 mg	Every 8 hours	-
Pivmecillinam	PO	800 mg	Every 8 hours	-
		1000 mg/250		
Amoxicillin/Clavulanate	PO	mg	Every 6 hours	Renal impairment and weig
Pipercillin/Tazobactam	IV	4 g/0.5 g	Every 6 or 8 hours	Renal impairment and weigl
Ampicillin	IV	2 g	Every 6 or 8 hours	Renal impairment and weigh
Pivampicillin	PO	500 mg	Every 6 or 8 hours	Renal impairment and weigh
Amoxicillin	PO	1 g	Every 6 or 8 hours	Renal impairment and weig

Cephalosporin

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Control Nume       PO       500 mg       Every 12 hours       Renal impairment a         Cefotaxime       IV       1 g       Every 8 hours       Renal impairment a         Cefotaxime       IV       1 g       Every 8 or 12       Renal impairment a         Ceftazidime       IV       1 g       Every 8 or 12       Renal impairment a         Ceftazidime       IV       1 g       Every 24 hours       Renal and hepatic i         Ceftriaxone       IV       2 g       Every 8 hours       Renal and hepatic i         Carbapenem       IV       1 g       Every 8 hours       Renal impairment a         Meropenem       IV       1 g       Every 24 hours       -         Arninoglycoacide       IV       1 g       Every 24 hours       -         Gentamicin/tobramycin       IV       5-7 mg/kg       Every 12 hours       Renal impairment a         Fluoroquinolone       IV       400 mg       Every 12 hours       Renal impairment a         Ciprofloxacin       IV       400 mg       Every 12 hours       Renal impairment a         Sulfamethizole       PO       1 g       Every 12 hours       Renal impairment a         Sulfamethizole       PO       1 g       Every 6 hours       Renal impa				Every 8 hours	
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Antibiotics will be administered to participants by clinical staff as in usual clinical care during hospitalization. Practical procedures related to antibiotic treatment, including labeling of applied drugs, will follow normal local instructions while the participant is hospitalized. If participants are discharged before the end of therapy, the exact amount of remaining antibiotics will be delivered from the hospital in the original packaging supplied with the additional label. Trained personnel will perform the additional labeling.

Treatment adherence is evaluated by checking medicine administration records of inpatients or by thoroughly interviewing outpatients about their consumption at the planned telephone interview on day 14. Outpatients will be instructed to document self-administrated antibiotic treatment at home to ensure a more accurate measurement of adherence following hospital discharge. Protocol violations will be reported if patients are assessed to be non-compliant (received <80% of scheduled doses).

#### Outcomes

#### Primary outcome

90-day survival without clinical or microbiological failure to treatment as defined:

- 1. All-cause mortality from the day of randomization until day 90
- 2. Microbiological failure: Recurrent bacteremia due to the same microorganism as verified by sequence analysis occurring after day 5 of antibiotic treatment and until day 90
- 3. Clinical failure: Re-initiation of therapy against Gram-negative bacteremia for more than 48 hours due to clinical worsening suspected to be due to the initial infecting organism and for which there is no alternate diagnosis/pathogen suspected from the day of randomization and until day 90

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- Distant complications of initial infection, defined by the growth of the same bacteria as in the initial bacteremia (e.g. endocarditis, meningitis)
- b. Local suppurative complication that was not present at infection onset (e.g. renal abscess

in pyelonephritis)

# Secondary outcomes

- All-cause mortality on days 14, 30 and 90
- Total duration of antibiotic treatment
- Duration and type of antibiotic treatment
- Total length of hospital stay
- Hospital re-admission within 30 and 90 days
- Antibiotic adverse events
- Use of any type of antimicrobials after discharge
- Severe adverse events grade <a>2</a> as described elsewhere

(https://ctep.cancer.gov/protocoldevelopment/electronic\_applications/ctc.htm)

- Acute kidney injury
- Clostrioides difficile infection
- Multidrug-resistance organism

# Participant timeline

After an initial observation and information period, the participants will be included in the study and randomized no later than day five after the initiation of appropriate empiric antibiotic treatment. Participants will be followed for 90 days. On day 14 (12-16) of follow-up, participants will be

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scheduled for blood sample collection and standardized telephone interview. On day 90 (83-97) of follow-up, participants will be scheduled for a final standardized telephone interview. The study flowchart depicts the inclusion, randomization, allocation, follow up and analysis of participants throughout the study, see Figure 1 '*Flow chart on study level*'. The participant timeline is illustrated in Figure 2 '*Flow chart on participant level*'.

#### Sample size

Based on a similar previous study, short-term mortality is expected to be approximately 12% in both treatment arms. Failure is expected to be 8% in both study arms[18]. Because individuals who are not stable by day five, who have complicated infections, who have a polymicrobial infection or infection with Pseudomonas spp., Brucella spp., and Fusobacterium spp. are not eligible, we anticipate these rates to be lower at 8% and 4%, respectively. This corresponds to an estimated event rate for the primary outcome of approximately 12%, equivalent to a 90-day survival without clinical or microbiological failure to treatment or relapse of 88 % in both treatment arms.

Non-inferiority is defined as an absolute risk difference or margin in the primary endpoint of up to 10%, as recommended by the European Medicines Agency.[25] Given an  $\alpha$  of 5% and a  $\beta$  of 90% then 362 randomized individuals are required to be sure that the lower limit of a one-sided 95% confidence interval will exclude a difference in favor of the longer course of antibiotics of more than 10%. Allowing for a dropout rate of 5%, 380 individuals will be included.

A sample size re-estimation (SSR) will be considered at the first planned interim analysis. If the overall event rate falls outside the expected event rate of 12%, an SSR based upon a blinded review of overall data (i.e. without knowledge of the group-specific event rates) will be performed. If the

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overall event rate is lower than expected, then the final sample size will be reduced, using the original sample size formula, and replacing the initial estimate with the observed rate. The non-inferiority margin may be reduced to ensure an appropriate margin relative to the event rate. If the overall event rate is higher than expected, the sample size will be increased correspondingly. Any sample size adjustment will be reported to the regulatory authorities as a protocol amendment.

# Recruitment

Investigators and treating physicians at participating sites will identify patients eligible for the trial during days one through four after initiation of empiric antibiotic treatment. Cases are identified by participating Departments of Clinical Microbiology and Infectious Diseases at each center. All participants are hospitalized at enrollment.

The principal investigator will handle questions concerning the recruitment or enrolment of participants, while the study is running.

#### Patient and Public Involvement

No patient involved.

## DATA COLLECTION, MANAGEMENT, AND ANALYSIS

# Data collection

At inclusion, data will be obtained from the initial observation period, including baseline diagnostic values, daily vital signs, treatment adherence, and microbiology test results. Furthermore, demographic characteristics will be obtained. Subsequently, participants are scheduled for

standardized telephone consultation on days 12-16 after initiation of empiric antibiotic treatment. A follow-up on days 83-97 will include final standardized telephone consultation, registration of additional antibiotics, readmissions, and vital status. Data collection during the observation and study period is specified in separate sections below and an overview is presented in Table 4.

Table 4. Data collection

			STUDY PERIOD <sup>2</sup>		
	Day 1 🗸	Day 2-5	Day 14 (12-16)	Day 90 (83-97)	
Informed consent		×			
Inclusion		x			
Randomization		x	6		
Demographics <sup>3</sup>		x	Ľ.		
Comorbidity <sup>4</sup>		x	0		
Vital signs⁵	х	x	1	2	
Urine culture	х			0	
Blood test <sup>6</sup>	х	(X)	х	5	
Microbiology	х			х	
CCI-score <sup>7</sup>	х				
qSOFA-score <sup>8</sup>	х	x			
PBS <sup>9</sup>	х	x			
Treatment					
adherence		X	Х		
Adverse events			х	x	

Additional	I					
antibiotics			X	Х		
Readmission				x		
Vital status				х		
<sup>1</sup> From day 1 of efficacion	ous empiric an	tibiotic treatm	nent to inclusion			
<sup>2</sup> From inclusion to the	end of the trial	on day 90				
<sup>3</sup> Age, gender, tobacco		-	, medication, medic	al history, nursing		
home residency, and a						
<sup>4</sup> Liver disease, heart o						
disease, chronic obstr		-		•		
disease, hematologic o	lisease, periph	eral vascular	<sup>r</sup> disease, dementia	, connective tissue		
disease, and ulcer			wy wata wa windowal a			
<sup>5</sup> Blood pressure, heart <sup>6</sup> Haemoglobin, leukoc	•	•				
potassium, bilirubin, ala		•		ie, urea, souium,		
<sup>7</sup> Charlson's Comorbidi				concestive heart		
failure, peripheral vaso	-		-	-		
disease, hemiplegia, re			-			
immunodeficiency synd						
<sup>8</sup> qSOFA score: Glasgo			tory rate >22, Systo	lic BP ≤100		
<sup>9</sup> Pitt bacteremia score:						
cardiac status	, i ,					
Data management						
All data on particip	ants, includ	ing demog	graphics, medica	al history, labora	tory and investigat	tional
esults, will be regis	stered and	kept in an	electronic case	report form (eCl	RF). The eCRFs w	ill be
stored in a secure v	veb applicat	ion for ma	naging online da	atabases (REDCa	ap (Research Elect	ronic
Data Capture)) des	igned for no	on-commer	cial clinical rese	arch. There will	exist one CRF for	each
participant for the co	ollection of t	rial data. C	btained data wil	l be entered mar	nually by investigate	ors or
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appointed research nurses/assistants into the CRFs. Only personnel associated with the research

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project (sponsor, investigators, sub-investigators, and research nurses/assistants) will have encoded access to the CRFs via personal user ID and password.

Sponsor and investigators are obliged to handle all data on trial participants confidentially by the Act on Processing of Personal Data. The primary investigator is responsible for completed CFRs for all trial participants. At the end of the study, the primary investigator will extract data from the electronic database to perform the planned analyses on primary and secondary outcomes. Study data will subsequently be published only in pseudonymous form.

#### Statistical methods

Descriptive statistics will be presented as frequency tables, means with standard deviations, or medians with interquartile ranges.

Both intention-to-treat (ITT) and per-protocol (PP) analyses will be performed. Intention-to-treat analysis will comprise all participants including dropouts. Categorical variables will be analyzed with  $\chi^2$ -test or Fisher's exact test. Continuous variables will be subject to Student's t-test or Wilcoxon rank sum test.

Subgroup-analyses are planned for disease severity, antibiotic group, resistant pathogens, and investigating center. Resistant pathogens are defined as extended-spectrum beta-lactamase (ESBL) producing or carbapenemase-producing Enterobacteriaceae, or pathogens with lack of susceptibility to minimum one agent in three or more classes of antibiotic.

Non-inferiority plots will be performed on the primary outcome for both ITT and PP analyses.

For all statistical analyses except for the non-inferiority analysis, a two-sided p-value <0.05 is considered statistically significant.

The Statistical Analysis Plan is available in Supplemental Material.

# Data monitoring

External monitoring will be performed according to International Conference on Harmonisation-Good Clinical Practice (ICH-GCP). Following a monitoring plan and written standard operating procedures (SOP), monitors will verify that the clinical trial is conducted and generated, documented, and reported in compliance with the protocol, GCP, and applicable regulatory requirements.

The investigating team will provide direct access to all trial-related source data, documents, and reports for monitoring and auditing by the sponsor and inspection by local and regulatory authorities.

The primary endpoint will be evaluated and determined by an independent committee blinded to randomization.

#### Interim analysis

We will perform interim analyses after the recruitment of every 100 participants. This serves to evaluate primary endpoints and potential adverse events by an independent data and safety monitoring board (DSMB).

The Haybittle-Peto method is applied to demonstrate overwhelming differences between the two

treatment groups that necessitate premature termination of the trial. A significant p-value of 0.001 in the interim analyses will correspond to a p-value of 0.05 in the final analysis.

#### Harms

Investigators and sponsor are obliged to follow the study protocol including reporting all adverse events, serious adverse events, and suspected unexpected serious adverse reactions to the relevant authorities as outlined by the Danish Health and Medicine Authority and the European Commission.[26,27]

Participants will be thoroughly asked if they have experienced any adverse event at inclusion and the planned follow-up by phone on days 14 and 90. Adverse events will be registered in predefined CRFs. All adverse events will be followed until they have abated, or until a stable situation has been reached.

All adverse events must be evaluated by investigators and sponsor to determine possible causal association with the antibiotic treatment. At study termination, a final report of registered events in the CRFs will be sent to the Danish Medicines Agency and the Health Research Ethics Committee of the Capital Region of Denmark. Serious adverse reactions, suspected unexpected serious adverse reactions, and information on the general safety of the participants will be listed in an annual safety report to the Danish Medicines Agency and the regional Health Research Ethics Committee.

#### DISCUSSION

The results of this study may have major implications on antibiotic use in Gram-negative bacteremia.

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Regardless of the results, the study will provide valuable information about current treatment practices by either validating or revising them in light of the scientific evidence. To the best of our knowledge, this is the first study to assess the safety and efficacy of five days of treatment in Gram-negative bacteremia guided by clinical stability criteria. We chose 90-day survival without microbiological and clinical failure as the primary endpoint, as we consider failure and mortality to be the most important measures for clinical safety.

As a potential disadvantage related to shortened antibiotic duration would be the risk of treatment failure, it is therefore crucial to carefully select study participants when considering both efficacy and safety. Accordingly, the inclusion and exclusion criteria of the study were thoroughly based on available data on risk factors related to clinical outcomes. Relying on clinical stability criteria in shortening antibiotic treatment is partly based on a large randomized controlled trial showing that shortened antibiotic treatment against Gram-negative bacteremia is non-inferior to longer antibiotic treatment in patients that reached clinical stability within seven days of treatment.[18] Treatment failure in patients hospitalized with Gram-negative bacteremia has been shown to correlate with initial disease severity, e.g. by Pitt bacteremia score, end-stage liver disease, and immunosuppression.[17] According to protocol, all participants are scheduled for a blood test on day 14 and a standardized telephone interview on day 14, and the last day of follow-up, on day 90, which will ensure early detection of potential treatment failure.

If shortened antibiotic duration in patients hospitalized with Gram-negative bacteremia can be proven to be non-inferior to standard antibiotic treatment, it would likely relieve antibiotic selective pressure and thereby lower the development of bacterial resistance.[3,6,11,12] From the perspective of the

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participants, one might expect fewer side effects and better treatment adherence, as prolonged antibiotic use has been associated with an increased risk of side effects.[9] On a community level, this change would lead to a reduction in overall health care costs, as shortened antibiotic duration would result in a decrease in total antibiotic consumption and thereby length of hospital stay.[28–30] As Gram-negative bacteria are accountable for great proportions of bacteremia and thereby antibiotic prescription, this decrease could be quite significant from a national perspective.

# ETHICS AND DISSEMINATION

#### Research ethics approval

The study has been approved by Danish National Committee on Health Research (H-19085920), the Danish Medicines Agency (2019-003282-17), and The Danish Data Protection Registry (P-2020-42). The study will be conducted according to ICH-GCP and monitored by GCP units in Denmark.

## Consent or assent

Eligible participants will be scheduled for consultation no later than on day five after initiation of appropriate empiric antibiotic treatment. They will receive both verbal and written information about the study, and subsequently, be offered participation.

Participants will need to sign the informed consent form to be randomized. Participants are asked regardless of initiating empirical treatment at inclusion. The informed consent process for women of childbearing age will include questions on possible pregnancy and will be registered in the eCRF. If there is a possibility of pregnancy, a pregnancy test will be performed with informed consent. As the

intervention period is short (5-14 days) and occurs during hospital admission, it is not anticipated that contraceptive advice is relevant.

The consent form is available in Supplemental Material.

# Post-trial care

All areas of the Danish health care system and all authorized healthcare professionals are covered by a publicly funded compensation scheme. The scheme covers if the participants are injured in connection with treatment at a public hospital. The scheme also covers medicinal product injuries. At inclusion, the participants will be informed by the investigator of the compensation and complaint avenues in case a drug injury arises with the participant, according to 'Lov om klage- og erstatningsadgang inden for sundhedsvæsenet.[31]

# Protocol amendments

All protocol amendments have been approved by Danish Regional Committee on Health Research and the Danish Medicines Agency. An overview of protocol changes is shown in Table 5.

Table 5. Summary of protocol changes	Table	5.	Summary	of	protocol	changes
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Table 5. Summary of protocol changes	
Protocol version	Protocol changes
Version 3,	Approved for study start
18/02/2020	
Version 4,	Exclusion criteria are added:
22/09/2020	<ul> <li>Gram-negative bacteremia within the past 30 days.</li> </ul>
	<ul> <li>Antibiotic treatment &gt;1 day with antimicrobial activity to Gram-</li> </ul>
	negative bacteria within past 14 days.

	<ul> <li>Untreated terminal cancer.</li> </ul>
	Exclusion criteria regarding chemotherapy and immunosuppression are
	further specified.
	• Temperature limit for afebrile is changed from 38.0°C to 37.8°C.
	Change of site investigator at Copenhagen University Hospital – Gentofte.
Version 5,	Study period is extended with two years.
12/11/2021	Copenhagen University Hospital – Bispebjerg and Frederiksberg is included
	as study site.
	Exclusion criterium regarding antibiotic treatment prior to inclusion is
	changed from >1 day to >2 days.

# Access to data

The study is registered at www.clinicaltrials.gov before initiation (ClinicalTrials.Gov: NCT04291768, registered on the 24<sup>th</sup> of February 2020).

Anonymized trial data will be made available through relevant public databases when the trial ends. On request, anonymized patient-level data, the statistical code, and other relevant supporting information will be made available by contact to the corresponding author.

# **Dissemination policy**

The data obtained from all participating sites will be pooled and analyzed together as soon as possible after trial completion. Individual researchers will not publish data from the trial until the main study publication has been released. A manuscript with the results of the primary study will be published in a peer-reviewed journal with the primary investigator as the first author, the sponsor as the senior author, and the participating investigators as co-authors according to their work and

involvement in the study.

#### **Declaration of interests**

TB reports grants from Novo Nordisk Foundation, Lundbeck Foundation, Simonsen Foundation, GSK, Pfizer, Gilead, Kai Hansen Foundation and Erik and Susanna Olesen's Charitable Fund; personal fees from GSK, Pfizer, Boehringer Ingelheim, Gilead, MSD, Pentabase ApS, Becton Dickinson, Janssen and Astra Zeneca; outside the submitted work. The remaining authors have no conflicts of interest to declare.

#### Author contributions

TB is the sponsor of the study. ST is the coordinating principal investigator. TB conceived the research question of the study. TB and ST obtained the funding for the study. TB, ST, SBI, LTU and CØ participated in the design of the study. ST drafted the study protocol. TB, ST, SBI, LTU, BM, IJ, SL, CØ, PR, KK, and AK contributed to the implementation of the study and revised the protocol critically for important intellectual content. All authors read and approved the final manuscript.

#### Acknowledgments

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Research Fund, grant number A6688. Additional federal funding will be sought. Study participants and the Research Ethics Committee of the Capital Region of Denmark will be informed if additional funding has been granted. Sponsor and investigators are independent of economic or competing interests. Participants will not be financially reimbursed. Results from the study are only for scientific and public use and have no commercial interest.

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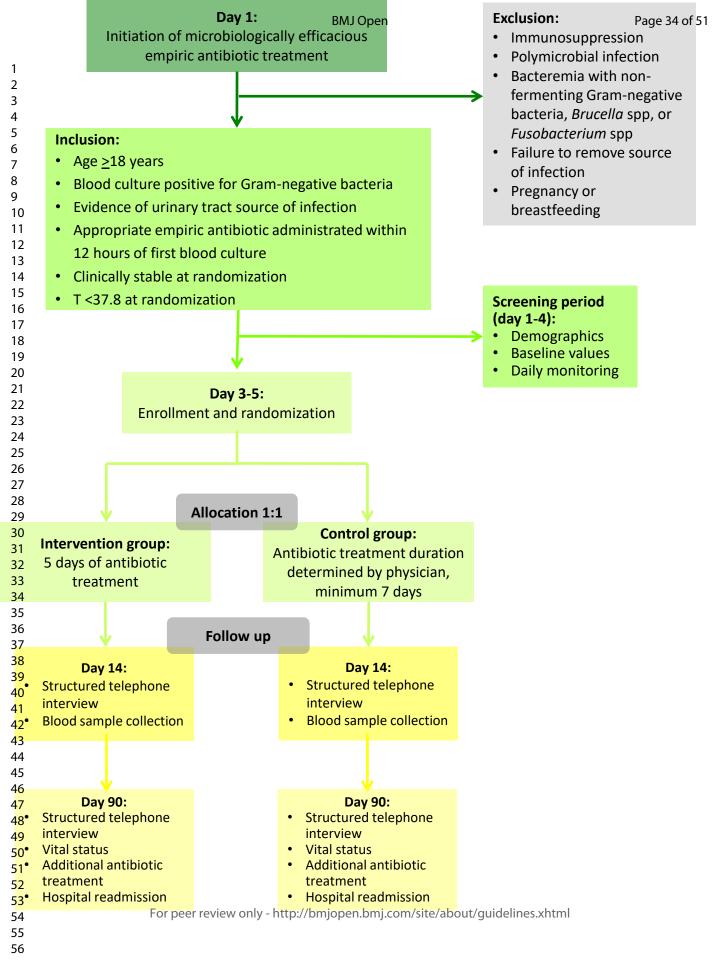
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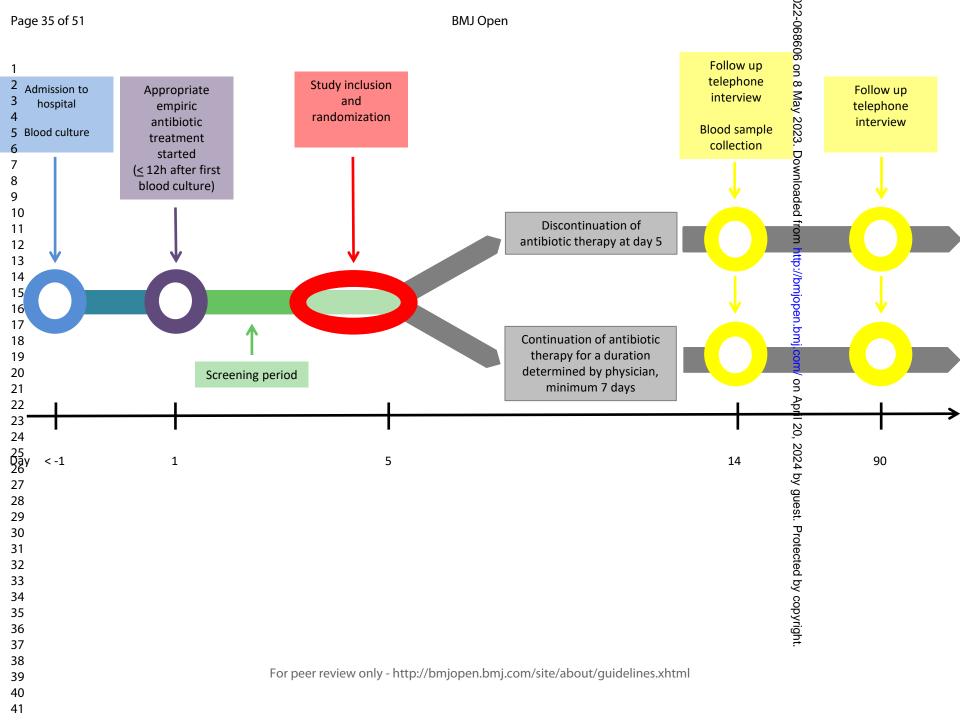
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Figure 1. Flow chart on study level

Figure 2. Flowchart on participant level





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# STATISTICAL ANALYSIS PLAN (SAP)

# Short course antibiotic treatment in Gram-negative bacteremia:

# A multicenter, randomized, non-blinded, non-inferiority interventional study

Eudra-CT no.: 2019-003282-17 Study protocol version 2, 07-01-2020 SAP version 1, 06-02-2020

#### SPONSOR:

Thomas Benfield, MD, DMSc Professor Department of Infectious Diseases Hvidovre Hospital / University of Copenhagen Kettegaard Allé 30 DK-2650 Hvidovre, Denmark

# PRINCIPAL INVESTIGATOR:

Sandra Skrumsager Hansen, MD Department of Infectious Diseases Hvidovre Hospital / University of Copenhagen Kettegaard Allé 30 DK-2650 Hvidovre, Denmark

STATISTICIAN:

Haakon Sandholdt Clinical Research Center Hvidovre Hospital / University of Copenhagen Kettegaard Allé 30 DK-2650 Hvidovre, Denmark

Date and signature

11-2-2020

Statistician

6/2-20

Principal investigator

Kans Befilled 42-22

Sponsor

GNB5

#### Eudra-CT no.: 2019-003282-17

## **1 INTRODUCTION**

This document describes the Statistical Analysis Plan (SAP) for GNB5 trial, a multicenter, randomized, non-blinded clinical trial comparing shortened antibiotic treatment (5 days) with 7 days or longer antibiotic treatment in patients hospitalized with Gram-negative bacteremia with a urinary tract source of infection. It details the statistical method to be used and outlines the planned analyses for the main study.

#### **2 ANALYSIS OBJECTIVES**

These analyses will assess the efficacy and safety of shortened antibiotic treatment (5 days) in treatment of Gram-negative bacteremia with a urinary tract source of infection in hospitalized immunocompetent adults compared to  $\geq$ 7 days of antibiotic treatment and will be included in the clinical study report (CSR).

#### **3 STUDY METHOD**

#### 3.1 Trial design

Investigator initiated multicenter, non-blinded, non-inferiority randomized controlled trial with two parallel treatment arms. Randomization will occur in equal proportion (1:1) no later than day 5 of efficacious antibiotic treatment as determined by antibiogram. Participants are stratified by center and etiology.

Intervention group will receive antibiotic treatment for 5 days. The control group will receive antibiotic treatment for a minimum of 7 days at the discretion of their treating physician.

#### 3.2 Sample size

We anticipate short-term mortality to be 8% and failure to be 4%. This corresponds to an estimated event rate for the primary outcome of approximately 12%, equivalent to a 90-day survival without clinical or microbiological failure to treatment or relapse of 88 % in both treatment arms.

Non-inferiority is defined as a difference or margin in the primary endpoint of up to 10%. Given an  $\alpha$  of 5% and a  $\beta$  of 90% then 362 randomized individuals are required to be sure that the lower limit of a one-sided 95% confidence interval will exclude a difference in favor of the longer course of antibiotics of more than 10%. Allowing for a dropout rate of 5%, 380 individuals will be included.

A sample size re-estimation (SSR) will be considered at the first planned interim analysis. If the overall event rate falls outside the expected event rate of 12%, an SSR based upon blinded review of overall

GNB5

#### Eudra-CT no.: 2019-003282-17

data (i.e. without knowledge of the group-specific event rates) will be performed. If the overall event rate is lower than expected, then the final sample size will be reduced, using the original sample size formula and replacing the initial estimate with the observed rate. The non-inferiority margin may be reduced to ensure an appropriate margin relative to the event rate. If the overall event rate is higher than expected, the sample size will be increased correspondingly. Any sample size adjustment will be reported to the regulatory authorities as a protocol amendment.

# 3.3 Interim analysis

We will perform interim analyses after the recruitment of every 100 participants. This serves to evaluate primary endpoints and potential adverse events by an independent data and safety monitoring board (DSMB).

The Haybittle-Peto method is applied to demonstrate overwhelming differences between the two treatment groups that necessitate premature termination of the trial. A significant p-value of 0.001 in the interim analyses will correspond to a p-value of 0.05 in the final analysis.

#### 3.4 Framework

The primary outcome will be tested for non-inferiority. The secondary outcomes will be tested for superiority.

# 4 ANALYSIS SETS

Analyses will be conducted on the following data sets:

#### 4.1 Intention-to-treat (ITT) Analysis Data Set

The ITT data set will include all randomized study participants who received at least one dose of study drug regardless of their compliance with the rules of the study. The ITT data set will be used for the analysis of all primary and secondary end points, and all safety-related analysis will be based on the ITT population.

# 4.2 Per protocol (PP) Analysis Data Set

The PP data set will include all randomized participants who received the full duration of study medication according to protocol. Participants with significant variations from the study protocol (e.g. ceasing study drugs early or withdrawal from study for any other reason) will be excluded from the PP

 population. Minor procedural variations (e.g. failure to collect additional blood samples at inclusion) will not prelude patients from the PP analysis.

# 4.3 Protocol violations

All protocol violation occurring after randomization will be listed in the Clinical Study Report, tabulated by study ID and investigating center. Dropouts will be included in the ITT population.

# **5 ENDPOINTS**

Definitions of study endpoints:

# 5.1 Primary Study Outcome

90-day survival without clinical or microbiological failure to treatment as defined:

- 1. All-cause mortality from day of randomization and until day 90, with day 1 defined as the date of the initiation of appropriate empiric antibiotic treatment.
- 2. Microbiological failure: Recurrent bacteremia due to the same microorganism as verified by sequence analysis occurring from after day 5 and until day 90
- 3. Clinical failure: Re-initiation of therapy against Gram-negative bacteremia for more than 48 hours due to clinical worsening suspected to be due to the initial infecting organism and for which there is no alternate diagnosis/pathogen suspected from the day of randomization and until day 90
  - a. Distant complications of initial infection, defined by growth of the same bacteria as in the initial bacteremia (e.g. endocarditis, meningitis)
  - b. Local suppurative complication that was not present at infection onset (e.g. renal abscess in pyelonephritis)

# 5.2 Secondary Study Outcomes

To compare shortened antibiotic treatment with longer antibiotic treatment on:

- All-cause mortality at days 14, 30 and 90
- Total duration of antibiotic treatment
- Duration and type of antibiotic treatment
- Total length of hospital stay
- Hospital re-admission within 30 and 90 days
- Antibiotic adverse events
- Use of and type of antimicrobials after discharge

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- Severe adverse events grade >3
- Acute kidney injury
- Clostridum difficile infection
- Multidrug-resistance organism

# **6 STATISTICAL METHODOLOGY**

# 6.1 Data validation

Data will be examined for missing values and outliers. Measures of central tendency and dispersion for continuous study parameters will be portrayed. Extreme or unexpected values will be examined individually for authenticity and data discrepancies addressed where appropriate. Additional audit and statistical checks will be performed as necessary.

# 6.2 Missing data

No imputation of missing data will be conducted. Only observed data will be included in the analyses.

# 6.3 Analyses on continuous variables

For continuous variables (e.g. age, duration of antibiotic therapy and hospital stay) results within the treatment arm will be summarized with the number of observations, medians and interquartile ranges or means and standard deviations, depending on distribution. Differences between the control group and interventional group will be calculated using the Wilcoxon Rank-sum test for nonparametric distribution or student's t test for parametric distribution.

# 6.4 Analyses on categorical variables

For categorical variables (e.g. gender, readmissions, mortality) results within the treatment group will be summarized with subject counts and percentages. For endpoints, risk ratios (RR) and the absolute risk difference will be calculated (with 95% confidence intervals). The control group, receiving longer antibiotic treatment, will be used as the reference group. P-values will be based on either Pearson's Chi-square tests or Fischer's exact test. Results may also be represented using forest plots in comparison to the non-inferiority margin, using the Miettinen-Nurminen method.

# 6.5 Endpoint analyses

Both ITT and PP population will be used for both primary and secondary efficacy analyses.

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Non-inferiority must be met for the primary analysis of the ITT population for the shortened antibiotic treatment to be regarded as non-inferior to the longer antibiotic treatment. The findings in the PP population must be seen to be consistent in terms of direction and effect size estimates. The secondary efficacy analyses will be adjusted for multiple testing.

# 6.6 Subgroup analyses

An analysis of the primary and secondary efficacy endpoints is proposed in the following subgroups:

- 1. Disease severity (given by qSOFA-score and Pitt bacteremia score)
- 2. Antibiotic group
- Day of achieved clinical stability (defined as systolic blood pressure ≥ 90 mm Hg, heart rate <100 beats/min., respiratory rate ≤24/minute, peripheral oxygen saturation ≥ 90 %)</li>
- 4. Resistant pathogens
- 5. Investigating center

# 7 STATISTICAL SOFTWARE

Statistical analyses will be performed using R Studio.

# Reporting checklist for protocol of a clinical trial.

Based on the SPIRIT guidelines.

# Instructions to authors

Complete this checklist by entering the page numbers from your manuscript where readers will find each of the items listed below.

Your article may not currently address all the items on the checklist. Please modify your text to include the missing information. If you are certain that an item does not apply, please write "n/a" and

provide a short explanation.

Upload your completed checklist as an extra file when you submit to a journal.

In your methods section, say that you used the SPIRITreporting guidelines, and cite them as:

Chan A-W, Tetzlaff JM, Gøtzsche PC, Altman DG, Mann H, Berlin J, Dickersin K, Hróbjartsson A,

Schulz KF, Parulekar WR, Krleža-Jerić K, Laupacis A, Moher D. SPIRIT 2013 Explanation and

Elaboration: Guidance for protocols of clinical trials. BMJ. 2013;346:e7586

Reporting Item

Page

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Number

# Administrative

information

Title

<u>#1</u> Descriptive title identifying the study design, population, 1
 interventions, and, if applicable, trial acronym

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1 2 3 4	Trial registration	<u>#2a</u>	Trial identifier and registry name. If not yet registered, name of intended registry	1
5 6 7 8 9 10	Trial registration: data set	<u>#2b</u>	All items from the World Health Organization Trial Registration Data Set	N/A
11 12 13	Protocol version	<u>#3</u>	Date and version identifier	1
14 15 16 17 18	Funding	<u>#4</u>	Sources and types of financial, material, and other support	13
19 20 21 22 23 24 25 26	Roles and responsibilities: contributorship	<u>#5a</u>	Names, affiliations, and roles of protocol contributors	1+14
26 27 28 29 30 31	Roles and responsibilities:	<u>#5b</u>	Name and contact information for the trial sponsor	1+14
32 33 34 35 36	sponsor contact information			
<ol> <li>37</li> <li>38</li> <li>39</li> <li>40</li> <li>41</li> <li>42</li> <li>43</li> <li>44</li> <li>45</li> <li>46</li> <li>47</li> <li>48</li> <li>49</li> <li>50</li> </ol>	Roles and responsibilities: sponsor and funder	<u>#5c</u>	Role of study sponsor and funders, if any, in study design; collection, management, analysis, and interpretation of data; writing of the report; and the decision to submit the report for publication, including whether they will have ultimate authority over any of these activities	14
51 52 53 54 55 56 57 58 59 60	Roles and responsibilities: committees	#5d	Composition, roles, and responsibilities of the coordinating centre, steering committee, endpoint adjudication committee, data management team, and iew only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	14

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1			other individuals or groups overseeing the trial, if	
2 3 4			applicable (see Item 21a for data monitoring committee)	
5 6 7	Introduction			
8 9 10	Background and	<u>#6a</u>	Description of research question and justification for	4
11 12	rationale		undertaking the trial, including summary of relevant	
13 14			studies (published and unpublished) examining benefits	
15 16 17			and harms for each intervention	
18 19 20	Background and	<u>#6b</u>	Explanation for choice of comparators	5
21 22	rationale: choice of			
23 24	comparators			
25 26 27	Objectives	<u>#7</u>	Specific objectives or hypotheses	5
28 29 30	Trial design	<u>#8</u>	Description of trial design including type of trial (eg,	5
31 32			parallel group, crossover, factorial, single group),	
33 34 35			allocation ratio, and framework (eg, superiority,	
36 37			equivalence, non-inferiority, exploratory)	
38 39 40	Methods:			
41 42	Participants,			
43 44	interventions, and			
45 46 47	outcomes			
48 49 50	Study setting	<u>#9</u>	Description of study settings (eg, community clinic,	6
51 52 53			academic hospital) and list of countries where data will	
55 55			be collected. Reference to where list of study sites can	
56 57			be obtained	
58 59 60	Fc	or peer rev	view only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

1 2	Eligibility criteria	<u>#10</u>	Inclusion and exclusion criteria for participants. If	6 + Table
3 4			applicable, eligibility criteria for study centres and	1
5 6			individuals who will perform the interventions (eg,	
7 8			surgeons, psychotherapists)	
9 10				
11 12 12	Interventions:	<u>#11a</u>	Interventions for each group with sufficient detail to allow	6
13 14 15	description		replication, including how and when they will be	
16 17			administered	
18 19 20	Interventions:	<u>#11b</u>	Criteria for discontinuing or modifying allocated	7
20 21 22	modifications		interventions for a given trial participant (eg, drug dose	
23 24			change in response to harms, participant request, or	
25 26			improving / worsening disease)	
27 28				
29 30	Interventions:	<u>#11c</u>	Strategies to improve adherence to intervention	7
31 32	adherance		protocols, and any procedures for monitoring adherence	
33 34 35			(eg, drug tablet return; laboratory tests)	
36 37	Interventions:	<u>#11d</u>	Relevant concomitant care and interventions that are	N/A
38 39 40	concomitant care		permitted or prohibited during the trial	
41 42	Outcomes	<u>#12</u>	Primary, secondary, and other outcomes, including the	7
43 44 45			specific measurement variable (eg, systolic blood	
46 47			pressure), analysis metric (eg, change from baseline,	
48 49			final value, time to event), method of aggregation (eg,	
50 51			median, proportion), and time point for each outcome.	
52 53 54			Explanation of the clinical relevance of chosen efficacy	
55 56			and harm outcomes is strongly recommended	
57 58				
59 60	Fo	or peer rev	view only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

1 2	Participant timeline	<u>#13</u>	Time schedule of enrolment, interventions (including any	8
3 4			run-ins and washouts), assessments, and visits for	
5 6			participants. A schematic diagram is highly	
7 8 9 10			recommended (see Figure)	
11 12	Sample size	<u>#14</u>	Estimated number of participants needed to achieve	8
13 14			study objectives and how it was determined, including	
15 16 17			clinical and statistical assumptions supporting any	
17 18 19 20			sample size calculations	
20 21 22	Recruitment	<u>#15</u>	Strategies for achieving adequate participant enrolment	9
23 24 25			to reach target sample size	
26 27	Methods:			
28 29 30	Assignment of			
31 32	interventions (for			
33 34 35	controlled trials)			
36	Allocation: coguonoo	#40-		
37	Allocation: sequence	<u>#16a</u>	Method of generating the allocation sequence (eg,	6
38 39	generation	<u>#10a</u>	Method of generating the allocation sequence (eg, computer-generated random numbers), and list of any	6
38 39 40 41		<u>#16a</u>		6
38 39 40 41 42 43		<u>#10a</u>	computer-generated random numbers), and list of any	6
38 39 40 41 42		<u>#10a</u>	computer-generated random numbers), and list of any factors for stratification. To reduce predictability of a	6
38 39 40 41 42 43 44 45 46 47 48		<u>#10a</u>	computer-generated random numbers), and list of any factors for stratification. To reduce predictability of a random sequence, details of any planned restriction (eg,	6
38 39 40 41 42 43 44 45 46 47 48 49 50		<u>#10a</u>	computer-generated random numbers), and list of any factors for stratification. To reduce predictability of a random sequence, details of any planned restriction (eg, blocking) should be provided in a separate document	6
38 39 40 41 42 43 44 45 46 47 48 49 50 51 52	generation		computer-generated random numbers), and list of any factors for stratification. To reduce predictability of a random sequence, details of any planned restriction (eg, blocking) should be provided in a separate document that is unavailable to those who enrol participants or assign interventions	
38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54	generation	<u>#16a</u>	computer-generated random numbers), and list of any factors for stratification. To reduce predictability of a random sequence, details of any planned restriction (eg, blocking) should be provided in a separate document that is unavailable to those who enrol participants or assign interventions Mechanism of implementing the allocation sequence	6 N/A
38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56	generation Allocation concealment		computer-generated random numbers), and list of any factors for stratification. To reduce predictability of a random sequence, details of any planned restriction (eg, blocking) should be provided in a separate document that is unavailable to those who enrol participants or assign interventions	
38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55	generation Allocation concealment mechanism	<u>#16b</u>	computer-generated random numbers), and list of any factors for stratification. To reduce predictability of a random sequence, details of any planned restriction (eg, blocking) should be provided in a separate document that is unavailable to those who enrol participants or assign interventions Mechanism of implementing the allocation sequence	

1				
2			sealed envelopes), describing any steps to conceal the	
2 3 4			sequence until interventions are assigned	
5 6	Allocation:	#16c	Who will generate the allocation sequence, who will	6+9
7 8		<u>#100</u>		0+9
9 10	implementation		enrol participants, and who will assign participants to	
10 11 12			interventions	
12 13 14	Blinding (masking)	<u>#17a</u>	Who will be blinded after assignment to interventions	6
15 16			(eg, trial participants, care providers, outcome	
17 18			assessors, data analysts), and how	
19 20				
21 22	Blinding (masking):	<u>#17b</u>	If blinded, circumstances under which unblinding is	N/A
23 24	emergency		permissible, and procedure for revealing a participant's	
25 26	unblinding		allocated intervention during the trial	
27 28				
29 30	Methods: Data			
31 32	collection,			
33 34	management, and			
35 36	analysis			
37 38 39	Data collection plan			
52		#18a	Plans for assessment and collection of outcome.	9
40	Data collection plan	<u>#18a</u>	Plans for assessment and collection of outcome, baseline, and other trial data, including any related	9
40 41 42	Data collection plan	<u>#18a</u>	baseline, and other trial data, including any related	9
40 41 42 43 44		<u>#18a</u>	baseline, and other trial data, including any related processes to promote data quality (eg, duplicate	9
40 41 42 43 44 45 46		<u>#18a</u>	baseline, and other trial data, including any related	9
40 41 42 43 44 45 46 47 48		<u>#18a</u>	baseline, and other trial data, including any related processes to promote data quality (eg, duplicate	9
40 41 42 43 44 45 46 47	Data collection plan	<u>#18a</u>	baseline, and other trial data, including any related processes to promote data quality (eg, duplicate measurements, training of assessors) and a description	9
40 41 42 43 44 45 46 47 48 49 50		<u>#18a</u>	baseline, and other trial data, including any related processes to promote data quality (eg, duplicate measurements, training of assessors) and a description of study instruments (eg, questionnaires, laboratory	9
40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55	Data collection plan	<u>#18a</u>	baseline, and other trial data, including any related processes to promote data quality (eg, duplicate measurements, training of assessors) and a description of study instruments (eg, questionnaires, laboratory tests) along with their reliability and validity, if known.	9
40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57	Data collection plan	<u>#18a</u>	baseline, and other trial data, including any related processes to promote data quality (eg, duplicate measurements, training of assessors) and a description of study instruments (eg, questionnaires, laboratory tests) along with their reliability and validity, if known. Reference to where data collection forms can be found,	9
40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56			baseline, and other trial data, including any related processes to promote data quality (eg, duplicate measurements, training of assessors) and a description of study instruments (eg, questionnaires, laboratory tests) along with their reliability and validity, if known. Reference to where data collection forms can be found,	9

1 2	Data collection plan:	<u>#18b</u>	Plans to promote participant retention and complete	N/A
3 4 5	retention		follow-up, including list of any outcome data to be	
5 6 7			collected for participants who discontinue or deviate from	
8 9			intervention protocols	
10 11 12	Data management	<u>#19</u>	Plans for data entry, coding, security, and storage,	10
13 14			including any related processes to promote data quality	
15 16 17			(eg, double data entry; range checks for data values).	
17 18 19			Reference to where details of data management	
20 21			procedures can be found, if not in the protocol	
22 23 24	Statistics: outcomes	<u>#20a</u>	Statistical methods for analysing primary and secondary	10
25 26 27			outcomes. Reference to where other details of the	
27 28 29			statistical analysis plan can be found, if not in the	
30 31 32			protocol	
33 34	Statistics: additional	<u>#20b</u>	Methods for any additional analyses (eg, subgroup and	10
35 36	analyses		adjusted analyses)	
37 38 39	Statistics: analysis	#20c	Definition of analysis population relating to protocol non-	N/A
40 41	population and		adherence (eg, as randomised analysis), and any	
42 43	missing data		statistical methods to handle missing data (eg, multiple	
44 45	<u> </u>		imputation)	
46 47 48				
49 50	Methods: Monitoring			
51 52	Data monitoring:	<u>#21a</u>	Composition of data monitoring committee (DMC);	11
53 54 55	formal committee		summary of its role and reporting structure; statement of	
56 57			whether it is independent from the sponsor and	
58 59 60	Fo	r peer rev	iew only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

1 2 3 4 5 6 7 8 9			competing interests; and reference to where further details about its charter can be found, if not in the protocol. Alternatively, an explanation of why a DMC is not needed	
10 11	Data monitoring:	<u>#21b</u>	Description of any interim analyses and stopping	11
12 13	interim analysis		guidelines, including who will have access to these	
14 15 16			interim results and make the final decision to terminate	
17 18 19			the trial	
20 21	Harms	<u>#22</u>	Plans for collecting, assessing, reporting, and managing	11
22 23			solicited and spontaneously reported adverse events	
24 25 26			and other unintended effects of trial interventions or trial	
20 27 28			conduct	
29 30 31	Auditing	<u>#23</u>	Frequency and procedures for auditing trial conduct, if	11
32 33			any, and whether the process will be independent from	
34 35 36			investigators and the sponsor	
37 38 39	Ethics and			
40 41 42	dissemination			
43 44	Research ethics	<u>#24</u>	Plans for seeking research ethics committee /	13
45 46 47	approval		institutional review board (REC / IRB) approval	
48 49	Protocol	<u>#25</u>	Plans for communicating important protocol	14
50 51 52	amendments		modifications (eg, changes to eligibility criteria,	
53 54			outcomes, analyses) to relevant parties (eg,	
55 56			investigators, REC / IRBs, trial participants, trial	
57 58			registries, journals, regulators)	
59 60	Fo	r peer rev	iew only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

1 2 3	Consent or assent	<u>#26a</u>	Who will obtain informed consent or assent from	13
4 5			potential trial participants or authorised surrogates, and	
6 7			how (see Item 32)	
8 9 10	Consent or assent:	<u>#26b</u>	Additional consent provisions for collection and use of	N/A
11 12	ancillary studies		participant data and biological specimens in ancillary	
13 14 15			studies, if applicable	
16 17 18	Confidentiality	<u>#27</u>	How personal information about potential and enrolled	10
19 20			participants will be collected, shared, and maintained in	
20 21 22			order to protect confidentiality before, during, and after	
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26 27	Declaration of	<u>#28</u>	Financial and other competing interests for principal	14
28 29 30	interests		investigators for the overall trial and each study site	
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48 49	trial results	<u>// / / / / / / / / / / / / / / / / / /</u>	results to participants, healthcare professionals, the	
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52 53			public, and other relevant groups (eg, via publication,	
54 55			reporting in results databases, or other data sharing	
56 57 58			arrangements), including any publication restrictions	
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1 2	Dissemination policy:	<u>#31b</u>	Authorship eligibility guidelines and any intended use of	14
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19 20 21	materials		given to participants and authorised surrogates	
22 23 24	Biological specimens	<u>#33</u>	Plans for collection, laboratory evaluation, and storage of	N/A
24 25 26			biological specimens for genetic or molecular analysis in	
27 28			the current trial and for future use in ancillary studies, if	
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# **BMJ Open**

# Short course antibiotic treatment of Gram-negative bacteremia (GNB5): A study protocol for a randomized controlled trial

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# Short course antibiotic treatment of Gram-negative bacteremia (GNB5): A study protocol for a randomized controlled trial

Sandra Tingsgård<sup>1</sup>, Simone Bastrup Israelsen<sup>1</sup>, Louise Thorlacius-Ussing<sup>1</sup>, Karina Frahm Kirk<sup>2</sup>, Birgitte Lindegaard<sup>3</sup>, Isik Somuncu Johansen<sup>4</sup>, Andreas Knudsen<sup>5</sup>, Suzanne Lunding<sup>6</sup>, Pernille Ravn<sup>6</sup>, Christian Østergaard<sup>7</sup> and Thomas Benfield<sup>1</sup>

<sup>1</sup>Department of Infectious Diseases, Copenhagen University Hospital – Amager and Hvidovre, Kettegaard Allé 30, DK-2650 Hvidovre, Denmark <sup>2</sup>Department of Infectious Diseases, Aalborg University Hospital <sup>3</sup>Department of Infectious Diseases, Copenhagen University Hospital – North Zealand, Hilleroed, Denmark

<sup>4</sup>Department of Infectious Diseases, Odense University Hospital, Odense, Denmark

<sup>5</sup>Department of Respiratory Medicine and Infectious Diseases, Copenhagen University Hospital – Bispebjerg and

Frederiksberg Hospital, Copenhagen, Denmark

<sup>6</sup>Department of Internal Medicine, Section for Infectious Diseases, Copenhagen University Hospital – Herlev and

Gentofte, Hellerup, Denmark

<sup>7</sup>Department of Clinical Microbiology, Copenhagen University Hospital – Amager and Hvidovre, Hvidovre, Denmark

# Author information

Corresponding author: Sandra Tingsgård, phone: (+45) 21853058, e-mail: sandra.tingsgaard@regionh.dk

Simone Elisabeth Bastrup Israelsen, e-mail: simone.elisabeth.bastrup.israelsen.02@regionh.dk

Louise Thorlacius-Ussing, e-mail: louise.thorlacius-ussing@regionh.dk

Karina Frahm Kirk, e-mail: kfk@rn.dk

Birgitte Lindegaard, e-mail: birgitte.lindegaard.madsen@regionh.dk

Isik Somuncu Johansen, e-mail: isik.somuncu.johansen@rsyd.dk

Andreas Knudsen, e-mail: jesper.andreas.knudsen.01@regionh.dk

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Suzanne Lunding, e-mail: suzanne.lunding.01@regionh.dk

Pernille Ravn, e-mail: pernille.ravn.02@regionh.dk

Christian Østergaard, e-mail: christian.oestergaard.andersen@regionh.dk

Thomas Benfield, e-mail: thomas.lars.benfield@regionh.dk

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# ABSTRACT

Introduction: Prolonged use of antibiotics is closely related to antibiotic-associated infections, antimicrobial resistance, and adverse drug events. The optimal duration of antibiotic treatment for Gram-negative bacteremia (GNB) with a urinary tract source of infection is poorly defined.

**Methods and analysis:** Investigator initiated multicenter, non-blinded, non-inferiority randomized controlled trial with two parallel treatment arms. One arm will receive shortened antibiotic treatment of five days and the other arm will receive antibiotic treatment of seven days or longer. Randomization will occur in equal proportion (1:1) no later than day five of effective antibiotic treatment as determined by antibiogram. Immunosuppressed patients and those with GNB due to non-fermenting bacilli (*Acinetobacter* spp., *Pseudomonas* spp.), *Brucella* spp., *Fusobacterium* spp. or polymicrobial growth are ineligible.

The primary endpoint is 90-day survival without clinical or microbiological failure to treatment. Secondary endpoints include all-cause mortality, total duration of antibiotic treatment, hospital

readmission, and *Clostridioides difficile* infection. Interim safety analysis will be performed after the recruitment of every 100 patients. Given an event rate of 12%, a non-inferiority margin of 10%, and 90% power, the required sample size to determine non-inferiority is 380 patients. Analyses will be performed on both intention-to-treat and per-protocol populations.

**Ethics and dissemination**: The study is approved by the Danish Regional Committee on Health Research (H-19085920) and the Danish Medicines Agency (2019-003282-17). The results of the main trial and each of the secondary endpoints will be submitted for publication in a peer-reviewed journal.

Trial registration: ClinicalTrials.Gov: NCT04291768. Registered on the 24<sup>th</sup> of February 2020.

# STRENGTHS AND LIMITATIONS OF THIS STUDY

- The trial design this is a multicenter, randomized, non-inferiority study which will reduce the risk of confounding bias
- The design of the study strives to be as close to standard clinical practice as possible, which enables the findings of this study to be applicable in a routine clinical setting.
- The strict eligibility criteria will possibly limit the generalizability of the results to all patient groups, as only patients with uncomplicated disease are included.

# INTRODUCTION

#### Background

The incidence of Gram-negative bacteremia continues to increase and remains a major cause of morbidity and mortality in both hospitalized and community-dwelling patients.[1] From 1997-2002 the proportion of bacteremia caused by Gram-negative bacteria was 43% in Europe,[2] and a study from the European Antimicrobial Resistance Surveillance System reported an increase in bacteremia due to *Escherichia coli* by 8.1 percent per year from 2002 to 2008.[3] Overall, Gram-negative bacteria account for half of all cases of bacteremia.[4] In Denmark, in 2017 there were > 6000 cases of bacteremia due to the two most common Gram-negative bacteria, *Escherichia coli* and *Klebsiella pneumoniae*.[5]

Prolonged use of antibiotics is closely related to antibiotic-associated infections, antimicrobial resistance, and adverse drug events.[6–9] The latter is particularly concerning for patient safety as it may result in sequelae and prolonged hospital stay. It has been shown that the risk of acute renal failure and the risk of *Clostridioides difficile* infection increase with each day of prophylactic antibiotic treatment prior to surgery,[10] and that for every 10 days of additional antibiotic treatment, the risk of adverse drug events increases by 3%.[9] Antibiotic stewardship and rationale use of antibiotics to treat infections are important strategies that may reduce the duration of antibiotic therapy and thereby reduce adverse events, reduce selective pressure on the bacterial microbiota and prevent the emergence of resistance.[11,12]

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The optimal duration of therapy for bloodstream infections due to Gram-negative bacteremia has been poorly defined. International and Danish national recommendations suggest 7-14 days of antibiotic therapy for Gram-negative bacteremia and pyelonephritis according to disease severity.[13–15] However, in the absence of guidelines, wide variability exists, and recommendations are based on individual expert opinions.[16] An observational study found that patients receiving short-course (6–10 days) compared to prolonged-course (11–16 days) antibiotic therapy for Gramnegative bacteremia had similar outcomes.[17] Interestingly, there was a trend toward a protective effect of short-course antibiotic therapy on the subsequent emergence of multi-drug resistant Gramnegative bacteremia (odds ratio 0.59; 95% confidence interval 0.32-1.09; P-value 0.09). A recent randomized non-inferiority trial found that a seven-day course of antibiotics was the preferential treatment for Gram-negative bacteremia if the source was properly controlled.[18] Another randomized controlled trial found that an antibiotic course of seven days was non-inferior to 14 days in patients hospitalized with Gram-negative bacteremia achieving clinical stability before day seven.[19] Investigators in Switzerland found that seven days of treatment were non-inferior to 14 days of treatment and that five days of treatment was safe and efficient in the group receiving an individualized duration of treatment determined by clinical response and 75% reduction in peak Creactive protein values.[20]

Other studies on the duration of treatment in Gram-negative bacteremia also support the safety of shorter antibiotic treatment, but many of these studies have important limitations including small sample sizes, lack of comparator arms, or confounding by indication.[21–25] Randomized controlled trials evaluating the use of procalcitonin in the management of sepsis including those caused by Gram-negative bacteria also demonstrated the safety of shorter antibiotic courses.[21,22]

Given the high stakes of antibiotic overconsumption in an aging population and that only a very few randomized controlled trials have investigated the optimal treatment length of Gram-negative bacteremia, formal evaluation of the safety and efficacy of shortened antibiotic treatment is of immense clinical and public health importance. This study will be designed as a randomized controlled multicenter trial, that will determine whether five days of antibiotic therapy is non-inferior to seven days or longer of therapy for Gram-negative bacteremia. The inclusion of multiple centers, the study design, and inclusion criteria allowing a representative cohort of eligible patients, make it highly likely that the outcomes of this trial will have a significant impact on clinical practice.

#### Objective

This study aims to assess the efficacy and safety of shortened antibiotic duration (five days) in the treatment of Gram-negative bacteremia with a urinary tract source of infection in hospitalized immunocompetent adults compared to seven days or more of antibiotic treatment.

# METHODS

# Trial design and randomization

An investigator-initiated multicenter, non-blinded, non-inferiority randomized controlled trial with two parallel treatment arms. One arm will receive shortened antibiotic treatment guided by clinical stability criteria (intervention group) and the other arm will receive standard antibiotic treatment (control group). As the treatment duration relies on continuous evaluation of clinical stability criteria of the participants, blinding of study personnel and participants is not practicable. The design of the

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study also strives to be as close to standard clinical practice as possible. Therefore, study investigators, trial participants, or treating physicians will not be blinded to treatment allocation.

Confirmation of study eligibility will be performed by entering key variables into a secure web-based program (REDCap) with subsequent automatic patient randomization in the two parallel arms (ratio 1:1) no later than day five after initiation of microbiologically effective empiric antibiotic treatment. The randomization list will be generated centrally in random blocs and stratified according to hospital and etiology. The randomization key will be stored in a locked and secure environment at Copenhagen University Hospital – Hvidovre Hospital.

# Study setting

The following twelve hospitals, representing all five regions of Denmark, will participate in the study: Copenhagen University Hospital – Amager and Hvidovre, Copenhagen University Hospital – Rigshospitalet, Copenhagen University Hospital – Bispebjerg and Frederiksberg, Copenhagen University Hospital – Herlev and Gentofte, Copenhagen University Hospital – North Zealand, Zealand University Hospital – Roskilde, Odense University Hospital, Kolding Hospital, Silkeborg Hospital, Herning Hospital, Aarhus University Hospital, and Aalborg University Hospital.

# Eligibility criteria

Inclusion and exclusion criteria are listed in Table 1.

Table 1.	Inclusion and	exclusion	criteria
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Inclusion criteria	Exclusion criteria

60

- Age >18 years
- Blood culture positive for Gram-negative bacteria
- Evidence of urinary tract source of infection (positive urine culture with the same bacteria as in the blood culture <u>or</u> at least one clinical symptom compatible with urinary tract infection)
- Antibiotic treatment with antimicrobial activity to Gram-negative bacteria administrated within 12 hours of first blood culture
- Temperature <37.8°C at randomization
- Clinically stabile at randomization (systolic blood pressure > 90 mm Hg, heart rate <100 beats/min., respiratory rate <24/minute, peripheral oxygen saturation > 90 %)
- Oral and written informed consent

- Antibiotic treatment (>2 days) with antimicrobial activity to Gram-negative bacteria within 14 days of inclusion
- Gram-negative bacteremia within 30 days of blood culture
- Immunosuppression
  - $\circ$  Untreated HIV-infection
  - Neutropenia (absolute neutrophil count <</li>
     1.0 x 10<sup>9</sup>/l
  - Untreated terminal cancer
  - Receiving immunosuppressive agents (ATC-code L04A)
  - Orticosteroid treatment (≥20 mg/day
    - prednisone or the equivalent for >14
      - days) within the last 30 days
    - Chemotherapy within the last 30 days
  - Immunosuppressed after solid organ transplantation
  - Asplenia
- Polymicrobial growth in blood culture
- Bacteremia with non-fermenting Gramnegative bacteria (*Acinetobacter* spp, *Burkholderia* spp, *Pseudomonas* spp),
   *Brucella* spp, or *Fusobacterium* spp

- Failure to remove the source of infection within 72 hours of first blood culture (e.g. change of indwelling catheter)
- Pregnancy or breastfeeding

Gram-negative bacteremia is defined as the growth of a single Gram-negative microorganism in one or more blood cultures associated with evidence of infection. Both community and hospital-acquired Gram-negative bacteremia will be included.

Evidence of a urinary tract source of infection is defined as growth of the same species of Gramnegative microorganism in blood and urine or at least one clinical symptom compatible with urinary tract infection (dysuria, polyuria, hematuria, pelvic pain, cloudy or strong-smelling urine).

Eligible participants must fulfill all the inclusion and none of the exclusion criteria.

# Interventions

Intervention group: will receive antibiotic treatment for five days if clinically stable, i.e. discontinuation of antibiotics at day five if the participant has a temperature of 37.8° C or less and fulfills all criteria of clinical stability at time of randomization. Criteria of clinical stability are systolic blood pressure >90 mm Hg, heart rate <100 beats/min., respiratory rate <24/minute, and peripheral oxygen saturation >90 % without supplemental oxygen.

<u>Control group</u>: will receive antibiotic treatment for a minimum of seven days at the discretion of their treating physician.

# Treatment

Participants will receive antibiotic treatment according to local and national guidelines as well as to antimicrobial susceptibility of the identified Gram-negative bacteria. Participation in the study will only affect treatment duration and will not influence the choice of treatment concerning the type, dose, or route of administration of antibiotic treatment.

Antibiotics considered appropriate for empiric treatment of Gram-negative bacteremia are listed in

Table 2.

 Table 2. Acceptable empirical antibiotic treatment of Gram-negative bacteria if susceptible by

antibiogram

Antibiotic	Administratio	Standard dose <sup>1</sup>	Frequency <sup>1</sup>	Dose adjustment <sup>1</sup>
	n¹			
Penicillins		(		
Piperacillin/Tazobactam	IV	4 g/0.5 g	Every 6 or 8 hours	Renal impairment and weight
Ampicillin <sup>2</sup>	IV	1-2 g	Every 6 or 8 hours	Renal impairment and weight
Mecillinam	IV	0.8-1 g	Every 8 hours	Renal impairment and weight
Cephalosporins				
Cefuroxime <sup>3</sup>	IV	1.5 g	Every 6 hours	Renal impairment and weight
Cefotaxime <sup>3</sup>	IV	1 g	Every 12 hours	Renal impairment and weight
Ceftazidime	IV	1 g	Every 8 or 12	Renal impairment and weight
Ceftriaxone	IV	2 g	hours	Renal and hepatic impairment and
			Every 24 hours	weight
Carbapenems				
Meropenem	IV	1 g	Every 8 hours	Renal impairment and weight

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Ertapenem	IV	1 g	Every 24 hours	-
Aminoglycosides				
Gentamicin <sup>2,3</sup> /	IV	5-7 mg/kg	Every 24 hours	Renal impairment and weight
tobramycin				
Fluoroquinolone				
Ciprofloxacin	IV	400 mg	Every 12 hours	Renal impairment and weight
<sup>1</sup> Standard recommend	ations, <sup>2</sup> Combination thera	py of ampicillir	1 and gentamicin, <sup>3</sup> Mc	onotherapy of cefuroxime/cefotaxime
combination therapy of	cefuroxime/cefotaxime and	gentamicin		
Antibiotics considere	ed appropriate for targe	eted treatmer	nt of Gram-negativ	e bacteremia are listed in
			a se e com nogutiv	
Table 3.				
Table 3. Acceptabl	le targeted antibiotic tre	eatment of G	ram-negative bacte	eria if susceptible bv
antibiogram	0			
		Standard		
Antibiotic	Administration <sup>1</sup>		Frequency <sup>1</sup>	Dose adjustment <sup>1</sup>
		dose <sup>1</sup>		
Penicillin				
Mecillinam	IV	800-1000 r	ng Every 8 hours	·

Pivmecillinam

Amoxicillin/Clavulanate

Pipercillin/Tazobactam

Ampicillin

800 mg

1000 mg/250

mg

4 g/0.5 g

2 g

Every 8 hours

Every 6 hours

Every 6 or 8 hours

Every 6 or 8 hours

\_

PO

PO

IV

IV

Renal impairment and weight

Renal impairment and weight

Renal impairment and weight

Pivampicillin	PO	500 mg	Every 6 or 8 hours	Renal impairment and weight
Amoxicillin	PO	1 g	Every 6 or 8 hours	Renal impairment and weight
Cephalosporin				
Cefuroxime	IV PO	1.5 g 500 mg	Every 8 hours Every 12 hours	Renal impairment and weight Renal impairment and weight
Cefuroxime Cefotaxime	IV	1 g	Every 8 hours	Renal impairment and weight
Ceftazidime	IV	1 g	Every 8 or 12 hours	Renal impairment and weight
Ceftriaxone	IV	2 g	Every 24 hours	Renal and hepatic impairment and weight
Carbapenem	¥	6		
Meropenem	IV	1 g	Every 8 hours	Renal impairment and weight
Ertapenem	IV	1 g	Every 24 hours	-
Aminoglycoside			0	
Gentamicin/tobramycin	IV	5-7 mg/kg	Every 24 hours	Renal impairment and weight
Fluoroquinolone			L	
Ciprofloxacin	IV	400 mg	Every 12 hours	Renal impairment and weight
Ciprofloxacin	PO	500-750 mg	Every 12 hours	Renal impairment and weight
Sulfamethizole	PO	1 g	Every 12 hours	Renal impairment and weight
Nitrofurantoin	РО	100 mg	Every 6 hours	Renal impairment and weight
Trimethoprim	PO	200 mg	Every 12 hours	Renal impairment and weight

Sulfamethoxazole/Trimethopr
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	PO	800 mg/160 mg	Every 12 hours	Renal impairment and weight
im				

<sup>1</sup>Standard recommendation

Antibiotics will be administered to participants by clinical staff as in usual clinical care during hospitalization. Practical procedures related to antibiotic treatment, including labeling of applied drugs, will follow normal local instructions while the participant is hospitalized. If participants are discharged before the end of therapy, the exact amount of remaining antibiotics will be delivered from the hospital in the original packaging supplied with the additional label. Trained personnel will perform the additional labeling.

Treatment adherence is evaluated by checking medicine administration records of inpatients or by thoroughly interviewing outpatients about their consumption at the planned telephone interview on day 14. Outpatients will be instructed to document self-administrated antibiotic treatment at home to ensure a more accurate measurement of adherence following hospital discharge. Protocol violations will be reported if patients are assessed to be non-compliant (received <80% of scheduled doses).

# Outcomes

# Primary outcome

90-day survival without clinical or microbiological failure to treatment as defined:

- 1. All-cause mortality from the day of randomization until day 90
- 2. Microbiological failure: Recurrent bacteremia due to the same microorganism as verified by sequence analysis occurring after day 5 of antibiotic treatment and until day 90

- 3. Clinical failure: Re-initiation of therapy against Gram-negative bacteremia for more than 48 hours due to clinical worsening suspected to be due to the initial infecting organism and for which there is no alternate diagnosis/pathogen suspected from the day of randomization and until day 90
  - a. Distant complications of initial infection, defined by the growth of the same bacteria as in the initial bacteremia (e.g. endocarditis, meningitis)
  - b. Local suppurative complication that was not present at infection onset (e.g. renal abscess in pyelonephritis)

# Secondary outcomes

- All-cause mortality on days 14, 30 and 90
- Total duration of antibiotic treatment
- Duration and type of antibiotic treatment
- Total length of hospital stay
- Hospital re-admission within 30 and 90 days
- Antibiotic adverse events
- Use of any type of antimicrobials after discharge
- Severe adverse events grade  $\geq 3$  as described elsewhere

(https://ctep.cancer.gov/protocoldevelopment/electronic\_applications/ctc.htm)

- Acute kidney injury
- Clostridioides s difficile infection
- Infection with multidrug-resistance organism

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A single bacteremic episode was defined as including all positive blood cultures with the same organism within a five-day period, therefor recurrence was defined as occurring after five days of antibiotic treatment and until day 90.

# Participant timeline

After an initial observation and information period, the participants will be included in the study and randomized no later than day five after the initiation of appropriate empiric antibiotic treatment. Participants will be followed for 90 days. On day 14 (12-16) of follow-up, participants will be scheduled for blood sample collection and standardized telephone interview. On day 90 (83-97) of follow-up, participants will be scheduled for a final standardized telephone interview. The study flowchart depicts the inclusion, randomization, allocation, follow up and analysis of participants throughout the study, see Figure 1 '*Flow chart on study level*'. The participant timeline is illustrated in Figure 2 '*Flow chart on participant level*'.

# Sample size

Based on a similar previous study, short-term mortality is expected to be approximately 12% in both treatment arms. Failure is expected to be 8% in both study arms[19]. Because individuals who are not stable by day five, who have complicated infections, who have a polymicrobial infection or infection with Pseudomonas spp., Brucella spp., and Fusobacterium spp. are not eligible, we anticipate these rates to be lower at 8% and 4%, respectively. This corresponds to an estimated event rate for the primary outcome of approximately 12%, equivalent to a 90-day survival without clinical or microbiological failure to treatment or relapse of 88 % in both treatment arms.

Non-inferiority is defined as an absolute risk difference or margin in the primary endpoint of up to 10%, as recommended by the European Medicines Agency.[26] Given an  $\alpha$  of 5% and a  $\beta$  of 90% then 362 randomized individuals are required to be sure that the lower limit of a one-sided 95% confidence interval will exclude a difference in favor of the longer course of antibiotics of more than 10%. Allowing for a dropout rate of 5%, 380 individuals will be included.

A sample size re-estimation (SSR) will be considered at the first planned interim analysis. If the overall event rate falls outside the expected event rate of 12%, an SSR based upon a blinded review of overall data (i.e. without knowledge of the group-specific event rates) will be performed. If the overall event rate is lower than expected, then the final sample size will be reduced, using the original sample size formula, and replacing the initial estimate with the observed rate. The non-inferiority margin may be reduced to ensure an appropriate margin relative to the event rate. If the overall event rate is higher than expected, the sample size will be increased correspondingly. Any sample size adjustment will be reported to the regulatory authorities as a protocol amendment.

# Recruitment

Investigators and treating physicians at participating sites will identify patients eligible for the trial during days one through four after initiation of empiric antibiotic treatment. Cases are identified by participating Departments of Clinical Microbiology and Infectious Diseases at each center. All participants are hospitalized at enrollment.

The principal investigator will handle questions concerning the recruitment or enrolment of participants, while the study is running.

## Patient and Public Involvement

No patient involved.

## Trial status

The first trial participant was enrolled in March 2020. Recruitment is expected to be completed in February 2026.

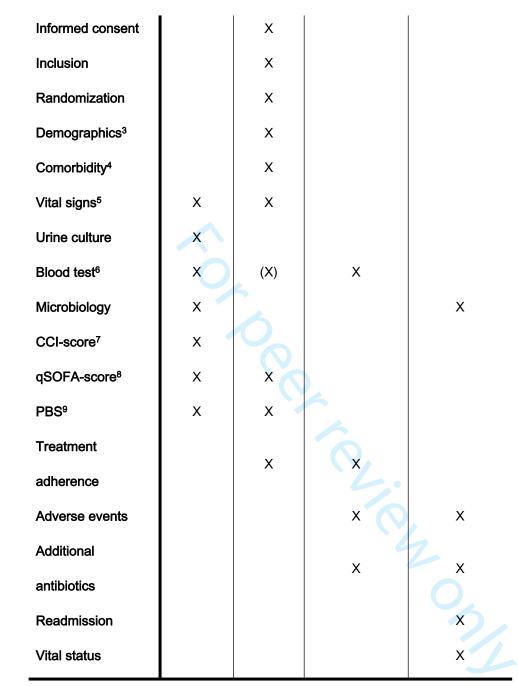
## DATA COLLECTION, MANAGEMENT, AND ANALYSIS

## Data collection

At inclusion, data will be obtained from the initial observation period, including baseline diagnostic values, daily vital signs, treatment adherence, and microbiology test results. Furthermore, demographic characteristics will be obtained. Subsequently, participants are scheduled for standardized telephone consultation on days 12-16 after initiation of empiric antibiotic treatment. A follow-up on days 83-97 will include final standardized telephone consultation, registration of additional antibiotics, readmissions, and vital status. Data collection during the observation and study period is specified in separate sections below and an overview is presented in Table 4.

## Table 4. Data collection

OBSER	VATION	STUDY PERIOD <sup>2</sup>		
PER	IOD <sup>1</sup>			
Day 1	Day 2-5	Day 14 (12-16)	Day 90 (83-97)	



<sup>1</sup>From day 1 of efficacious empiric antibiotic treatment to inclusion

<sup>2</sup>From inclusion to the end of the trial on day 90

<sup>3</sup>Age, gender, tobacco use, alcohol consumption, medication, medical history, nursing home residency, and activities of daily living

<sup>4</sup>Liver disease, heart disease, congestive heart failure, cerebrovascular disease, renal disease, chronic obstructive pulmonary disorder (COPD), diabetes mellitus, neoplastic disease, hematologic disease, peripheral vascular disease, dementia, connective tissue disease, and ulcer

<sup>5</sup>Blood pressure, heart rate, temperature, respiratory rate, peripheral oxygen saturation <sup>6</sup>Haemoglobin, leukocytes (WBCs), platelet count, CRP, creatinine, urea, sodium, potassium, bilirubin, alanine aminotransferase, glucose

<sup>7</sup>Charlson's Comorbidity Index: Diabetes with diabetic complications, congestive heart failure, peripheral vascular disease, chronic pulmonary disease, mild and severe liver disease, hemiplegia, renal disease, leukemia, lymphoma, metastatic tumor, and acquired immunodeficiency syndrome (AIDS)<sup>31</sup> <sup>8</sup>qSOFA score: Glasgow Coma score <15, respiratory rate >22, Systolic BP ≤100

<sup>9</sup>Pitt bacteremia score: Temperature, blood pressure, mental status, respiratory status, cardiac status

#### Data management

All data on participants, including demographics, medical history, laboratory and investigational results, will be registered and kept in an electronic case report form (eCRF). The eCRFs will be stored in a secure web application for managing online databases (REDCap (Research Electronic Data Capture)) designed for non-commercial clinical research. There will exist one CRF for each participant for the collection of trial data. Obtained data will be entered manually by investigators or appointed research nurses/assistants into the CRFs. Only personnel associated with the research project (sponsor, investigators, sub-investigators, and research nurses/assistants) will have encoded access to the CRFs via personal user ID and password.

Sponsor and investigators are obliged to handle all data on trial participants confidentially by the Act on Processing of Personal Data. The primary investigator is responsible for completed CFRs for all trial participants. At the end of the study, the primary investigator will extract data from the electronic database to perform the planned analyses on primary and secondary outcomes. Study data will subsequently be published only in pseudonymous form.

#### Statistical methods

Descriptive statistics will be presented as frequency tables, means with standard deviations, or medians with interquartile ranges.

Both intention-to-treat (ITT) and per-protocol (PP) analyses will be performed. Intention-to-treat analysis will comprise all participants including dropouts. Categorical variables will be analyzed with  $\chi^2$ -test or Fisher's exact test. Continuous variables will be subject to Student's t-test or Wilcoxon rank sum test.

Subgroup-analyses are planned for disease severity, antibiotic group, resistant pathogens, and investigating center. Resistant pathogens are defined as extended-spectrum beta-lactamase (ESBL) producing or carbapenemase-producing Enterobacteriaceae, or pathogens with lack of susceptibility to minimum one agent in three or more classes of antibiotic.

Non-inferiority plots will be performed on the primary outcome for both ITT and PP analyses.

For all statistical analyses except for the non-inferiority analysis, a two-sided p-value <0.05 is considered statistically significant.

The Statistical Analysis Plan is available in Supplemental Material.

## Data monitoring

External monitoring will be performed according to International Conference on Harmonisation-Good Clinical Practice (ICH-GCP). Following a monitoring plan and written standard operating procedures

(SOP), monitors will verify that the clinical trial is conducted and generated, documented, and reported in compliance with the protocol, GCP, and applicable regulatory requirements.

The investigating team will provide direct access to all trial-related source data, documents, and reports for monitoring and auditing by the sponsor and inspection by local and regulatory authorities.

The primary endpoint will be evaluated and determined by an independent committee blinded to randomization.

#### Interim analysis

We will perform interim analyses after the recruitment of every 100 participants. This serves to evaluate primary endpoints and potential adverse events by an independent data and safety monitoring board (DSMB).

The Haybittle-Peto method is applied to demonstrate overwhelming differences between the two treatment groups that necessitate premature termination of the trial. A significant p-value of 0.001 in the interim analyses will correspond to a p-value of 0.05 in the final analysis.

#### Harms

Investigators and sponsor are obliged to follow the study protocol including reporting all adverse events, serious adverse events, and suspected unexpected serious adverse reactions to the relevant authorities as outlined by the Danish Health and Medicine Authority and the European Commission.[27,28]

Participants will be thoroughly asked if they have experienced any adverse event at inclusion and the planned follow-up by phone on days 14 and 90. Adverse events will be registered in predefined CRFs. All adverse events will be followed until they have abated, or until a stable situation has been reached.

All adverse events must be evaluated by investigators and sponsor to determine possible causal association with the antibiotic treatment. At study termination, a final report of registered events in the CRFs will be sent to the Danish Medicines Agency and the Health Research Ethics Committee of the Capital Region of Denmark. Serious adverse reactions, suspected unexpected serious adverse reactions, and information on the general safety of the participants will be listed in an annual safety report to the Danish Medicines Agency and the regional Health Research Ethics Committee.

#### DISCUSSION

The results of this study may have major implications on antibiotic use in Gram-negative bacteremia with urinary tract infection as source of infection. Regardless of the results, the study will provide valuable information about current treatment practices by either validating or revising them in light of the scientific evidence. To the best of our knowledge, this is the first study to assess the safety and efficacy of five days of treatment in Gram-negative bacteremia guided by clinical stability criteria. We chose 90-day survival without microbiological and clinical failure as the primary endpoint, as we consider failure and mortality to be the most important measures for clinical safety.

As a potential disadvantage related to shortened antibiotic duration would be the risk of treatment failure, it is, therefore, crucial to carefully select study participants when considering both efficacy

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and safety. Accordingly, the inclusion and exclusion criteria of the study were thoroughly based on available data on risk factors related to clinical outcomes. Relying on clinical stability criteria in shortening antibiotic treatment is partly based on a large randomized controlled trial showing that shortened antibiotic treatment against Gram-negative bacteremia is non-inferior to longer antibiotic treatment in patients that reached clinical stability within seven days of treatment.[19] Treatment failure in patients hospitalized with Gram-negative bacteremia has been shown to correlate with initial disease severity, e.g. by Pitt bacteremia score, end-stage liver disease, and immunosuppression.[17] According to protocol, all participants are scheduled for a blood test on day 14 and a standardized telephone interview on day 14, and the last day of follow-up, on day 90, which will ensure early detection of potential treatment failure.

A limitation to this study is that our strict eligibility criteria will possibly limit the generalizability of the results to all patient groups, as only patients with uncomplicated disease are included.

If shortened antibiotic duration in patients hospitalized with Gram-negative bacteremia can be proven to be non-inferior to standard antibiotic treatment, it would likely relieve antibiotic selective pressure and thereby lower the development of bacterial resistance.[3,6,11,12] From the perspective of the participants, one might expect fewer side effects and better treatment adherence, as prolonged antibiotic use has been associated with an increased risk of side effects.[9] On a community level, this change would lead to a reduction in overall health care costs, as shortened antibiotic duration would result in a decrease in total antibiotic consumption and thereby length of hospital stay.[29–31] As Gram-negative bacteria are accountable for great proportions of bacteremia and thereby antibiotic prescription, this decrease could be quite significant from a national perspective.

## ETHICS AND DISSEMINATION

## Research ethics approval

The study has been approved by Danish National Committee on Health Research (H-19085920), the Danish Medicines Agency (2019-003282-17), and The Danish Data Protection Registry (P-2020-42). The study will be conducted according to ICH-GCP and monitored by GCP units in Denmark.

#### Consent or assent

Eligible participants will be scheduled for consultation no later than on day five after initiation of appropriate empiric antibiotic treatment. They will receive both verbal and written information about the study, and subsequently, be offered participation.

Participants will need to sign the informed consent form to be randomized. Participants are asked regardless of initiating empirical treatment at inclusion. The informed consent process for women of childbearing age will include questions on possible pregnancy and will be registered in the eCRF. If there is a possibility of pregnancy, a pregnancy test will be performed with informed consent. As the intervention period is short (5-14 days) and occurs during hospital admission, it is not anticipated that contraceptive advice is relevant.

The consent form is available in Supplemental Material.

## Post-trial care

All areas of the Danish health care system and all authorized healthcare professionals are covered by a publicly funded compensation scheme. The scheme covers if the participants are injured in

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connection with treatment at a public hospital. The scheme also covers medicinal product injuries. At inclusion, the participants will be informed by the investigator of the compensation and complaint avenues in case a drug injury arises with the participant, according to '*Lov om klage- og erstatningsadgang inden for sundhedsvæsenet*.[32]

## **Protocol amendments**

All protocol amendments have been approved by Danish Regional Committee on Health Research and the Danish Medicines Agency. An overview of protocol changes is shown in Table 5.

## Table 5. Summary of protocol changes

Protocol version	Protocol changes
Version 3,	Approved for study start
18/02/2020	
Version 4,	Exclusion criteria are added:
22/09/2020	<ul> <li>Gram-negative bacteremia within the past 30 days.</li> </ul>
	<ul> <li>Antibiotic treatment &gt;1 day with antimicrobial activity to Gram-</li> </ul>
	negative bacteria within past 14 days.
	<ul> <li>Untreated terminal cancer.</li> </ul>
	Exclusion criteria regarding chemotherapy and immunosuppression are
	further specified.
	• Temperature limit for afebrile is changed from 38.0°C to 37.8°C.
	Change of site investigator at Copenhagen University Hospital – Gentofte.
Version 5,	Study period is extended with two years.
12/11/2021	

•	Copenhagen University Hospital – Bispebjerg and Frederiksberg is included
	as study site.
•	Exclusion criterium regarding antibiotic treatment prior to inclusion is
	changed from >1 day to >2 days.

#### Access to data

The study is registered at www.clinicaltrials.gov before initiation (ClinicalTrials.Gov: NCT04291768, registered on the 24<sup>th</sup> of February 2020).

Anonymized trial data will be made available through relevant public databases when the trial ends. On request, anonymized patient-level data, the statistical code, and other relevant supporting information will be made available by contact to the corresponding author.

## **Dissemination policy**

The data obtained from all participating sites will be pooled and analyzed together as soon as possible after trial completion. Individual researchers will not publish data from the trial until the main study publication has been released. A manuscript with the results of the primary study will be published in a peer-reviewed journal with the primary investigator as the first author, the sponsor as the senior author, and the participating investigators as co-authors according to their work and involvement in the study.

#### **Declaration of interests**

TB reports grants from Novo Nordisk Foundation, Lundbeck Foundation, Simonsen Foundation, GSK, Pfizer, Gilead, Kai Hansen Foundation and Erik and Susanna Olesen's Charitable Fund; personal fees from GSK, Pfizer, Boehringer Ingelheim, Gilead, MSD, Pentabase ApS, Becton

Dickinson, Janssen and Astra Zeneca; outside the submitted work. The remaining authors have no conflicts of interest to declare.

#### Author contributions

TB is the sponsor of the study. ST is the coordinating principal investigator. TB conceived the research question of the study. TB and ST obtained the funding for the study. TB, ST, SBI, LTU and CØ participated in the design of the study. ST drafted the study protocol. TB, ST, SBI, LTU, BL, IJ, SL, CØ, PR, KK, and AK contributed to the implementation of the study and revised the protocol critically for important intellectual content. All authors read and approved the final manuscript.

#### Acknowledgments

Haakon Sandholt for statistical support.

### **Funding Statement**

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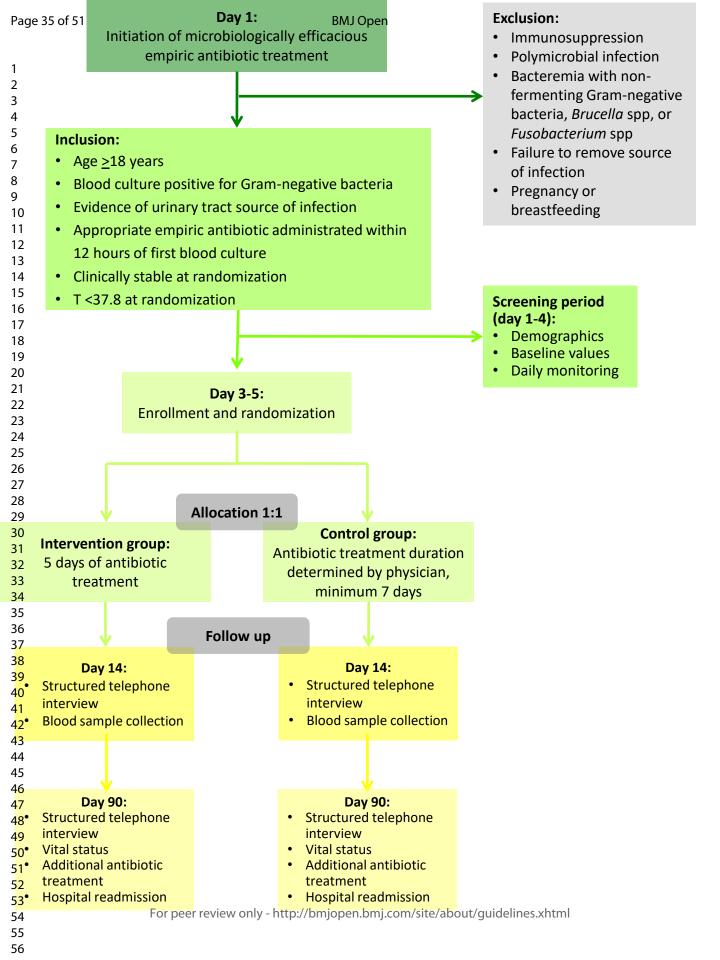
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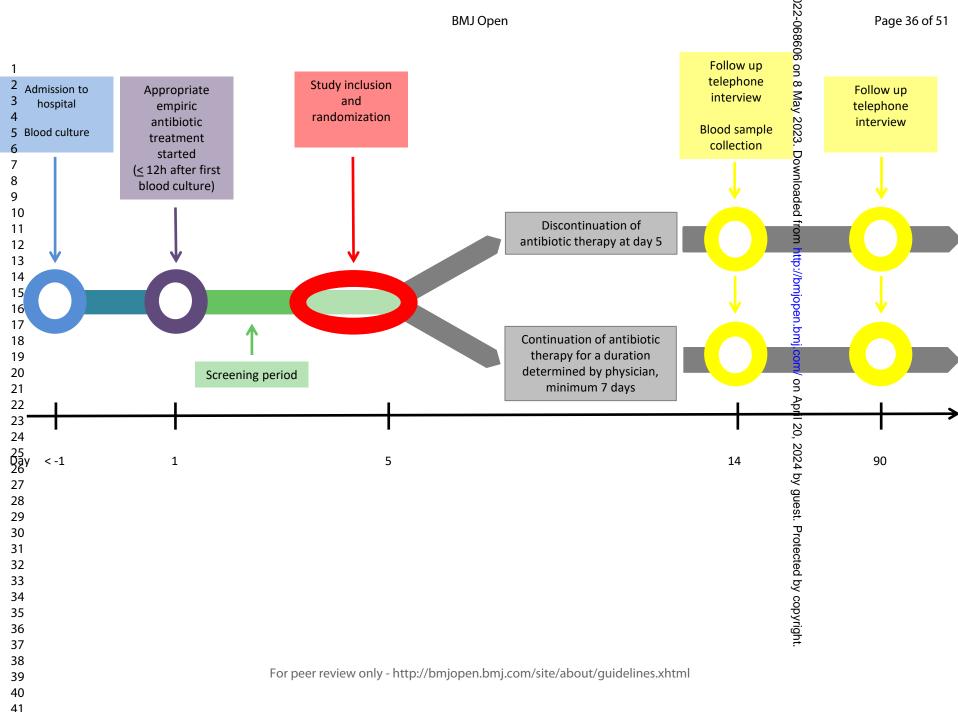
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Figure 2. Flowchart on participant level





## STATISTICAL ANALYSIS PLAN (SAP)

## Short course antibiotic treatment in Gram-negative bacteremia:

## A multicenter, randomized, non-blinded, non-inferiority interventional study

Eudra-CT no.: 2019-003282-17 Study protocol version 2, 07-01-2020 SAP version 1, 06-02-2020

#### SPONSOR:

Thomas Benfield, MD, DMSc Professor Department of Infectious Diseases Hvidovre Hospital / University of Copenhagen Kettegaard Allé 30 DK-2650 Hvidovre, Denmark

#### PRINCIPAL INVESTIGATOR:

Sandra Skrumsager Hansen, MD Department of Infectious Diseases Hvidovre Hospital / University of Copenhagen Kettegaard Allé 30 DK-2650 Hvidovre, Denmark

STATISTICIAN:

Haakon Sandholdt Clinical Research Center Hvidovre Hospital / University of Copenhagen Kettegaard Allé 30 DK-2650 Hvidovre, Denmark

Date and signature

11-2-2020

Statistician

6/2-20

Principal investigator

Kans Befilled 42-22

Sponsor

GNB5

Eudra-CT no.: 2019-003282-17

## **1 INTRODUCTION**

This document describes the Statistical Analysis Plan (SAP) for GNB5 trial, a multicenter, randomized, non-blinded clinical trial comparing shortened antibiotic treatment (5 days) with 7 days or longer antibiotic treatment in patients hospitalized with Gram-negative bacteremia with a urinary tract source of infection. It details the statistical method to be used and outlines the planned analyses for the main study.

## 2 ANALYSIS OBJECTIVES

These analyses will assess the efficacy and safety of shortened antibiotic treatment (5 days) in treatment of Gram-negative bacteremia with a urinary tract source of infection in hospitalized immunocompetent adults compared to  $\geq$ 7 days of antibiotic treatment and will be included in the clinical study report (CSR).

## **3 STUDY METHOD**

## 3.1 Trial design

Investigator initiated multicenter, non-blinded, non-inferiority randomized controlled trial with two parallel treatment arms. Randomization will occur in equal proportion (1:1) no later than day 5 of efficacious antibiotic treatment as determined by antibiogram. Participants are stratified by center and etiology.

Intervention group will receive antibiotic treatment for 5 days. The control group will receive antibiotic treatment for a minimum of 7 days at the discretion of their treating physician.

## 3.2 Sample size

We anticipate short-term mortality to be 8% and failure to be 4%. This corresponds to an estimated event rate for the primary outcome of approximately 12%, equivalent to a 90-day survival without clinical or microbiological failure to treatment or relapse of 88 % in both treatment arms.

Non-inferiority is defined as a difference or margin in the primary endpoint of up to 10%. Given an  $\alpha$  of 5% and a  $\beta$  of 90% then 362 randomized individuals are required to be sure that the lower limit of a one-sided 95% confidence interval will exclude a difference in favor of the longer course of antibiotics of more than 10%. Allowing for a dropout rate of 5%, 380 individuals will be included.

A sample size re-estimation (SSR) will be considered at the first planned interim analysis. If the overall event rate falls outside the expected event rate of 12%, an SSR based upon blinded review of overall

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data (i.e. without knowledge of the group-specific event rates) will be performed. If the overall event rate is lower than expected, then the final sample size will be reduced, using the original sample size formula and replacing the initial estimate with the observed rate. The non-inferiority margin may be reduced to ensure an appropriate margin relative to the event rate. If the overall event rate is higher than expected, the sample size will be increased correspondingly. Any sample size adjustment will be reported to the regulatory authorities as a protocol amendment.

#### 3.3 Interim analysis

We will perform interim analyses after the recruitment of every 100 participants. This serves to evaluate primary endpoints and potential adverse events by an independent data and safety monitoring board (DSMB).

The Haybittle-Peto method is applied to demonstrate overwhelming differences between the two treatment groups that necessitate premature termination of the trial. A significant p-value of 0.001 in the interim analyses will correspond to a p-value of 0.05 in the final analysis.

#### 3.4 Framework

The primary outcome will be tested for non-inferiority. The secondary outcomes will be tested for superiority.

### 4 ANALYSIS SETS

Analyses will be conducted on the following data sets:

#### 4.1 Intention-to-treat (ITT) Analysis Data Set

The ITT data set will include all randomized study participants who received at least one dose of study drug regardless of their compliance with the rules of the study. The ITT data set will be used for the analysis of all primary and secondary end points, and all safety-related analysis will be based on the ITT population.

#### 4.2 Per protocol (PP) Analysis Data Set

The PP data set will include all randomized participants who received the full duration of study medication according to protocol. Participants with significant variations from the study protocol (e.g. ceasing study drugs early or withdrawal from study for any other reason) will be excluded from the PP

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#### Eudra-CT no.: 2019-003282-17

population. Minor procedural variations (e.g. failure to collect additional blood samples at inclusion) will not prelude patients from the PP analysis.

## 4.3 Protocol violations

All protocol violation occurring after randomization will be listed in the Clinical Study Report, tabulated by study ID and investigating center. Dropouts will be included in the ITT population.

## **5 ENDPOINTS**

Definitions of study endpoints:

## 5.1 Primary Study Outcome

90-day survival without clinical or microbiological failure to treatment as defined:

- 1. All-cause mortality from day of randomization and until day 90, with day 1 defined as the date of the initiation of appropriate empiric antibiotic treatment.
- 2. Microbiological failure: Recurrent bacteremia due to the same microorganism as verified by sequence analysis occurring from after day 5 and until day 90
- 3. Clinical failure: Re-initiation of therapy against Gram-negative bacteremia for more than 48 hours due to clinical worsening suspected to be due to the initial infecting organism and for which there is no alternate diagnosis/pathogen suspected from the day of randomization and until day 90
  - a. Distant complications of initial infection, defined by growth of the same bacteria as in the initial bacteremia (e.g. endocarditis, meningitis)
  - b. Local suppurative complication that was not present at infection onset (e.g. renal abscess in pyelonephritis)

## 5.2 Secondary Study Outcomes

To compare shortened antibiotic treatment with longer antibiotic treatment on:

- All-cause mortality at days 14, 30 and 90
- Total duration of antibiotic treatment
- Duration and type of antibiotic treatment
- Total length of hospital stay
- Hospital re-admission within 30 and 90 days
- Antibiotic adverse events
- Use of and type of antimicrobials after discharge

- Severe adverse events grade ≥3
- Acute kidney injury
- Clostridum difficile infection
- Multidrug-resistance organism

#### **6 STATISTICAL METHODOLOGY**

#### 6.1 Data validation

Data will be examined for missing values and outliers. Measures of central tendency and dispersion for continuous study parameters will be portrayed. Extreme or unexpected values will be examined individually for authenticity and data discrepancies addressed where appropriate. Additional audit and statistical checks will be performed as necessary.

#### 6.2 Missing data

No imputation of missing data will be conducted. Only observed data will be included in the analyses.

#### 6.3 Analyses on continuous variables

For continuous variables (e.g. age, duration of antibiotic therapy and hospital stay) results within the treatment arm will be summarized with the number of observations, medians and interquartile ranges or means and standard deviations, depending on distribution. Differences between the control group and interventional group will be calculated using the Wilcoxon Rank-sum test for nonparametric distribution or student's t test for parametric distribution.

#### 6.4 Analyses on categorical variables

For categorical variables (e.g. gender, readmissions, mortality) results within the treatment group will be summarized with subject counts and percentages. For endpoints, risk ratios (RR) and the absolute risk difference will be calculated (with 95% confidence intervals). The control group, receiving longer antibiotic treatment, will be used as the reference group. P-values will be based on either Pearson's Chi-square tests or Fischer's exact test. Results may also be represented using forest plots in comparison to the non-inferiority margin, using the Miettinen-Nurminen method.

## 6.5 Endpoint analyses

Both ITT and PP population will be used for both primary and secondary efficacy analyses.

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Non-inferiority must be met for the primary analysis of the ITT population for the shortened antibiotic treatment to be regarded as non-inferior to the longer antibiotic treatment. The findings in the PP population must be seen to be consistent in terms of direction and effect size estimates. The secondary efficacy analyses will be adjusted for multiple testing.

## 6.6 Subgroup analyses

An analysis of the primary and secondary efficacy endpoints is proposed in the following subgroups:

- 1. Disease severity (given by qSOFA-score and Pitt bacteremia score)
- 2. Antibiotic group
- Day of achieved clinical stability (defined as systolic blood pressure ≥ 90 mm Hg, heart rate <100 beats/min., respiratory rate ≤24/minute, peripheral oxygen saturation ≥ 90 %)</li>
- 4. Resistant pathogens
- 5. Investigating center

## 7 STATISTICAL SOFTWARE

Statistical analyses will be performed using R Studio.

# Reporting checklist for protocol of a clinical trial.

Based on the SPIRIT guidelines.

## Instructions to authors

provide a short explanation.

Complete this checklist by entering the page numbers from your manuscript where readers will find each of the items listed below.

Your article may not currently address all the items on the checklist. Please modify your text to

include the missing information. If you are certain that an item does not apply, please write "n/a" and

Upload your completed checklist as an extra file when you submit to a journal.

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Chan A-W, Tetzlaff JM, Gøtzsche PC, Altman DG, Mann H, Berlin J, Dickersin K, Hróbjartsson A,

Schulz KF, Parulekar WR, Krleža-Jerić K, Laupacis A, Moher D. SPIRIT 2013 Explanation and

Elaboration: Guidance for protocols of clinical trials. BMJ. 2013;346:e7586

Reporting Item

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## Administrative

information

Title

<u>#1</u> Descriptive title identifying the study design, population, 1
 interventions, and, if applicable, trial acronym

1 2 3 4 5 6 7	Trial registration	<u>#2a</u>	Trial identifier and registry name. If not yet registered, name of intended registry	1
	Trial registration:	<u>#2b</u>	All items from the World Health Organization Trial	N/A
8 9 10	data set		Registration Data Set	
11 12 13	Protocol version	<u>#3</u>	Date and version identifier	1
14 15 16 17 18	Funding	<u>#4</u>	Sources and types of financial, material, and other support	13
19 20 21	Roles and	#5a	Names, affiliations, and roles of protocol contributors	1+14
22 23	responsibilities:			
24 25 26	contributorship			
27 28 29 30 31	Roles and	<u>#5b</u>	Name and contact information for the trial sponsor	1+14
	responsibilities:			
32 33	sponsor contact			
34 35 36	information			
37 38 39	Roles and	<u>#5c</u>	Role of study sponsor and funders, if any, in study	14
40 41	responsibilities:		design; collection, management, analysis, and	
42 43	sponsor and funder		interpretation of data; writing of the report; and the	
44 45			decision to submit the report for publication, including	
46 47 48			whether they will have ultimate authority over any of	
48 49 50			these activities	
51 52				
53 54	Roles and	<u>#5d</u>	Composition, roles, and responsibilities of the	14
55 56	responsibilities:		coordinating centre, steering committee, endpoint	
57 58	committees		adjudication committee, data management team, and	
59 60	Fo	r peer rev	iew only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

			other individuals or groups sucressing the trial if	
1 2			other individuals or groups overseeing the trial, if	
3 4			applicable (see Item 21a for data monitoring committee)	
5	Introduction			
6 7 8 9 10	Introduction			
	Background and	<u>#6a</u>	Description of research question and justification for	4
11 12	rationale		undertaking the trial, including summary of relevant	
13 14			studies (published and unpublished) examining benefits	
15 16			and harms for each intervention	
17 18				
19 20	Background and	<u>#6b</u>	Explanation for choice of comparators	5
21 22	rationale: choice of			
23 24	comparators			
25 26				
27 28	Objectives	<u>#7</u>	Specific objectives or hypotheses	5
29 30	Trial design	<u>#8</u>	Description of trial design including type of trial (eg,	5
31 32			parallel group, crossover, factorial, single group),	
33 34			allocation ratio, and framework (eg, superiority,	
35 36			equivalence, non-inferiority, exploratory)	
37 38				
39 40	Methods:			
41 42	Participants,			
43 44	interventions, and			
45 46	outcomes			
47 48	outcomes			
49 50	Study setting	<u>#9</u>	Description of study settings (eg, community clinic,	6
51 52			academic hospital) and list of countries where data will	
53 54			be collected. Reference to where list of study sites can	
55 56			be obtained	
57 58				
59 60	F	or peer re	view only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

1 2	Eligibility criteria	<u>#10</u>	Inclusion and exclusion criteria for participants. If	6 + Table
3 4			applicable, eligibility criteria for study centres and	1
5 6			individuals who will perform the interventions (eg,	
7 8 9			surgeons, psychotherapists)	
10 11	Interventions:	#110	Interventions for each group with sufficient detail to allow	6
12 13		<u>#11a</u>		0
14 15	description		replication, including how and when they will be	
16 17			administered	
18 19 20	Interventions:	<u>#11b</u>	Criteria for discontinuing or modifying allocated	7
21 22	modifications		interventions for a given trial participant (eg, drug dose	
23 24			change in response to harms, participant request, or	
25 26			improving / worsening disease)	
27 28				
29 30	Interventions:	<u>#11c</u>	Strategies to improve adherence to intervention	7
31 32	adherance		protocols, and any procedures for monitoring adherence	
33 34			(eg, drug tablet return; laboratory tests)	
35 36	Interventions:	#11d	Relevant concomitant care and interventions that are	N/A
37 38	concomitant care	<u></u>	permitted or prohibited during the trial	
39 40	conconnitant care		permitted of promoted during the that	
41 42 43	Outcomes	<u>#12</u>	Primary, secondary, and other outcomes, including the	7
43 44 45			specific measurement variable (eg, systolic blood	
46 47			pressure), analysis metric (eg, change from baseline,	
48 49			final value, time to event), method of aggregation (eg,	
50 51			median, proportion), and time point for each outcome.	
52 53 54			Explanation of the clinical relevance of chosen efficacy	
55 56			and harm outcomes is strongly recommended	
57 58				
59 60	F	or peer rev	iew only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

1 2	Participant timeline	<u>#13</u>	Time schedule of enrolment, interventions (including any	8
3 4			run-ins and washouts), assessments, and visits for	
5 6 7			participants. A schematic diagram is highly	
7 8 9 10			recommended (see Figure)	
11 12	Sample size	<u>#14</u>	Estimated number of participants needed to achieve	8
13 14			study objectives and how it was determined, including	
15 16			clinical and statistical assumptions supporting any	
17 18 19			sample size calculations	
20 21 22	Recruitment	<u>#15</u>	Strategies for achieving adequate participant enrolment	9
23 24 25			to reach target sample size	
26 27	Methods:			
28 29 30	Assignment of			
31 32	interventions (for			
33 34 35	controlled trials)			
36 37	Allocation: sequence	<u>#16a</u>	Method of generating the allocation sequence (eg,	6
38 39	generation		computer-generated random numbers), and list of any	
40 41 42			factors for stratification. To reduce predictability of a	
43 44			random sequence, details of any planned restriction (eg,	
45 46			blocking) should be provided in a separate document	
47 48			that is unavailable to those who enrol participants or	
49 50 51			assign interventions	
52 53 54	Allocation	<u>#16b</u>	Mechanism of implementing the allocation sequence	N/A
55 56	concealment		(eg, central telephone; sequentially numbered, opaque,	
57 58	mechanism			
59				

1			sealed envelopes), describing any steps to conceal the	
2 3 4			sequence until interventions are assigned	
5 6	Allocation:	#16c	Who will generate the allocation sequence, who will	6+9
7 8	implementation	<u></u>	enrol participants, and who will assign participants to	0 0
9 10	Implementation			
11 12			interventions	
13 14	Blinding (masking)	<u>#17a</u>	Who will be blinded after assignment to interventions	6
15 16			eg, trial participants, care providers, outcome	
17 18 19			assessors, data analysts), and how	
20 21				
21 22 23	Blinding (masking):	<u>#17b</u>	If blinded, circumstances under which unblinding is	N/A
24 25	emergency		permissible, and procedure for revealing a participant's	
26 27	unblinding		allocated intervention during the trial	
28 29	Methods: Data			
30 31	collection,			
32 33	management, and			
34 35	analysis			
36 37 38				
39 40	Data collection plan	<u>#18a</u>	Plans for assessment and collection of outcome,	9
40 41 42			baseline, and other trial data, including any related	
43 44			processes to promote data quality (eg, duplicate	
45 46			measurements, training of assessors) and a description	
47				
48			of study instruments (eg, questionnaires, laboratory	
48 49 50			of study instruments (eg, questionnaires, laboratory tests) along with their reliability and validity, if known.	
48 49 50 51 52				
48 49 50 51 52 53 54			tests) along with their reliability and validity, if known. Reference to where data collection forms can be found,	
48 49 50 51 52 53 54 55 56			tests) along with their reliability and validity, if known.	
48 49 50 51 52 53 54 55			tests) along with their reliability and validity, if known. Reference to where data collection forms can be found,	

1 2	Data collection plan:	<u>#18b</u>	Plans to promote participant retention and complete	N/A
3 4 5 6 7	retention		follow-up, including list of any outcome data to be	
			collected for participants who discontinue or deviate from	
7 8 9			intervention protocols	
10 11 12	Data management	<u>#19</u>	Plans for data entry, coding, security, and storage,	10
13 14			including any related processes to promote data quality	
15 16 17			(eg, double data entry; range checks for data values).	
17 18 19			Reference to where details of data management	
20 21 22			procedures can be found, if not in the protocol	
23 24	Statistics: outcomes	<u>#20a</u>	Statistical methods for analysing primary and secondary	10
25 26			outcomes. Reference to where other details of the	
27 28 20			statistical analysis plan can be found, if not in the	
29 30 31			protocol	
32 33 34	Statistics: additional	<u>#20b</u>	Methods for any additional analyses (eg, subgroup and	10
35 36	analyses		adjusted analyses)	
37 38 39	Statistics: analysis	<u>#20c</u>	Definition of analysis population relating to protocol non-	N/A
40 41 42	population and		adherence (eg, as randomised analysis), and any	
42 43 44	missing data		statistical methods to handle missing data (eg, multiple	
45 46			imputation)	
47 48 49 50	Methods: Monitoring			
51 52	Data monitoring:	<u>#21a</u>	Composition of data monitoring committee (DMC);	11
53 54	formal committee		summary of its role and reporting structure; statement of	
55 56 57			whether it is independent from the sponsor and	
58 59 60	For	r peer rev	iew only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

1 2			competing interests; and reference to where further	
- 3 4			details about its charter can be found, if not in the	
5 6			protocol. Alternatively, an explanation of why a DMC is	
7 8			not needed	
9 10				
10 11 12	Data monitoring:	<u>#21b</u>	Description of any interim analyses and stopping	11
12 13 14	interim analysis		guidelines, including who will have access to these	
15			interim results and make the final decision to terminate	
16 17			the trial	
18 19				
20 21	Harms	<u>#22</u>	Plans for collecting, assessing, reporting, and managing	11
22 23			solicited and spontaneously reported adverse events	
24 25			and other unintended effects of trial interventions or trial	
26 27			conduct	
28 29				
30 31	Auditing	<u>#23</u>	Frequency and procedures for auditing trial conduct, if	11
32 33			any, and whether the process will be independent from	
34 35			investigators and the sponsor	
36 37				
38 39	Ethics and			
40 41	dissemination			
42 43	Research ethics	#24	Plans for seeking research ethics committee /	13
44 45		<u> <del>7</del></u> 24		15
46 47	approval		institutional review board (REC / IRB) approval	
48 49	Protocol	<u>#25</u>	Plans for communicating important protocol	14
50 51	amendments		modifications (eg, changes to eligibility criteria,	
52 53			outcomes, analyses) to relevant parties (eg,	
54 55				
56 57			investigators, REC / IRBs, trial participants, trial	
58 59			registries, journals, regulators)	
60		For peer rev	iew only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

1 2 2	Consent or assent	<u>#26a</u>	Who will obtain informed consent or assent from	13	
3 4 5			potential trial participants or authorised surrogates, and		
5 6 7			how (see Item 32)		
8 9 10	Consent or assent:	<u>#26b</u>	Additional consent provisions for collection and use of	N/A	
11 12	ancillary studies		participant data and biological specimens in ancillary		
13 14 15			studies, if applicable		
16 17 18	Confidentiality	<u>#27</u>	How personal information about potential and enrolled	10	
19 20			participants will be collected, shared, and maintained in		
21 22			order to protect confidentiality before, during, and after		
23 24 25			the trial		
26 27	Declaration of	<u>#28</u>	Financial and other competing interests for principal	14	
28 29 30	interests		investigators for the overall trial and each study site		
31 32 33	Data access	<u>#29</u>	Statement of who will have access to the final trial	14	
34 35			dataset, and disclosure of contractual agreements that		
36 37 38			limit such access for investigators		
39 40	Ancillary and post	<u>#30</u>	Provisions, if any, for ancillary and post-trial care, and for	13	
41 42	trial care		compensation to those who suffer harm from trial		
43 44 45 46			participation		
40 47 48	Dissemination policy:	<u>#31a</u>	Plans for investigators and sponsor to communicate trial	14	
49 50	trial results		results to participants, healthcare professionals, the		
51 52			public, and other relevant groups (eg, via publication,		
53 54			reporting in results databases, or other data sharing		
55 56 57			arrangements), including any publication restrictions		
58 59 60	For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml				
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1 2	Dissemination policy:	<u>#31b</u>	Authorship eligibility guidelines and any intended use of	14		
3 4 5	authorship		professional writers			
6 7 8	Dissemination policy:	<u>#31c</u>	Plans, if any, for granting public access to the full	14		
9 10	reproducible		protocol, participant-level dataset, and statistical code			
11 12 13	research					
14 15 16	Appendices					
17 18	Informed consent	<u>#32</u>	Model consent form and other related documentation	Appendix		
19 20 21	materials		given to participants and authorised surrogates			
22 23 24	Biological specimens	<u>#33</u>	Plans for collection, laboratory evaluation, and storage of	N/A		
24 25 26			biological specimens for genetic or molecular analysis in			
27 28			the current trial and for future use in ancillary studies, if			
29 30 31			applicable			
32 33 34	None The SPIRIT Explanation and Elaboration paper is distributed under the terms of the Creativ					
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37 38	https://www.goodreport	<u>s.org/</u> , a	a tool made by the <u>EQUATOR Network</u> in collaboration with			
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