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Cervical lymph node metastasis in papillary thyroid cancer: a meta-analysis of ultrasound and CT for diagnosis and management

Jian Yang^{1,†}, Fengyan Zhang^{2,†}, Ying Qiao^{2,*}

¹Department of Radiology, Xishan Coal Electricity Group Workers General Hospital,

Taiyuan, 030053, Shanxi Province, China

²Department of Radiology, First Clinical Medical College, Shanxi Medical University,

Taiyuan, 030001, Shanxi Province, China

†These authors contributed equally to this work.

*Correspondence:

Ying Qiao

Department of Radiology, First Clinical Medical College, Shanxi Medical University,

Taiyuan, 030001, Shanxi Province, China

Tel: +86-15103462912

E-mail: qiaoying910723@163.com

Running Head: US and CT for CLNM for PTC

Abstract

Objectives: To determine the diagnostic accuracy of ultrasound (US), computed tomography (CT) and their combination in detecting cervical lymph node metastasis (CLNM) in patients with papillary thyroid cancer (PTC).

Design: This is a meta analysis study.

Setting: Not applicable.

Participants: Patients with PTC level-by-level.

Interventions: Not applicable.

Primary and secondary outcome: Studies that reported the absolute numbers of true-positive (TP), true-negative (TN), false-positive (FP), and false-negative (FN) results directly.

Measures: Medline (via PubMed), Web of Science and Embase were searched to identify studies that used both US and CT to detect CLNM in patients with PTC. Primary outcomes were sensitivity, specificity, and diagnostic odds ratios (DORs) in level-by-level or patient-based analysis. Secondary outcomes were sensitivity, specificity and DORs in central and lateral compartments.

Results: Fourteen studies involving 6167 patients with 11601 neck lymph nodes met the inclusion criteria. Based on level-by-level analysis, the pooled sensitivity, specificity, DORs for US were 0.35(95% confidence interval [(CI) 0.34-0.37], 0.95(95% CI 0.94-0.95), 13.94(95% CI 9.34-20.82), for CT were 0.46(95% CI 0.44-0.47), 0.88(95% CI 0.87-0.89), 7.24(95% CI 5.46-9.62), for the combination of US and CT were 0.51(95% CI 0.49-0.52), 0.85(95% CI 0.84-0.86), 6.01(95% CI 3.84-9.40), respectively. The pooled estimates of sensitivity, specificity, and diagnostic OR of US were 0.41(95% CI 0.36-

0.46), 0.92(95% CI 0.89-0.94), 7.56(95% CI 4.08-14.01), of CT were 0.49(0.44-0.54), 0.91(0.89-0.94), 9.40(5.79-15.27), of combination of US and CT were 0.64(95% CI 0.57-0.71), 0.83(95% CI 0.77-0.88), 8.59(95% CI 5.37-13.76) on patient-based analysis, respectively.

Conclusions: These findings suggest that US, with a DOR of almost twice that for CT on level-by-level analysis, was superior for CT in detecting CLNM in patients with PTC, especially at lateral compartment, and the combination of US and CT increased sensitivity by 30-50% on patient-based analysis.

Strengths and limitations of this study

- 1. Fourteen studies involving 6167 patients with 11601 neck lymph nodes met the inclusion criteria.
- 2. Based on level-by-level analysis, the pooled sensitivity, specificity, DORs for US were 0.35, 0.95, 13.94, for CT were 0.46, 0.88, 7.24, for the combination of US and CT were 0.51, 0.85, 6.01, respectively
- 3. The literature included is limited due to the study design and timing of imaging

Keywords: ultrasound; computed tomography; cervical lymph node metastasis; papillary thyroid cancer; meta-analysis

Introduction

Papillary thyroid carcinoma (PTC) is an endocrine neoplasia with high incidence of lymphatic metastasis and is associated with regional recurrence¹⁻³. The incidence of cervical lymph node metastasis (CLNM) in patients with thyroid cancer has been reported to be 20–90%⁴. The presence of CLNM might increase the risk of locoregional recurrence after surgery ^{5, 6}, decreasing the survival rate in patients⁷. Therefore, it is of great clinical importance to accurately evaluate CLNM and determine appropriate extent of neck dissection⁸. Although prophylactic central compartment neck dissection (ipsilateral or bilateral) is recommended by American Thyroid Association (ATA) guidelines in patients with clinically involved central nodes, especially for those with advanced primary tumors, the information regarding the prophylactic lateral compartment neck dissection has not been clearly stated⁸. Thus, the indications for neck dissection, especially the lateral compartment, should be carefully assessed as it might lead to severe postoperative complications⁹.

Preoperative staging with ultrasound (US) for cervical lymph nodes, including both central and lateral neck compartments, is the most widely accepted first imaging technique for patients with thyroid or suspicious malignancies cytologic or molecular findings, while preoperative use of computed tomography (CT) with intravenous (IV) contrast is complementary to US in patients with advanced disease^{8, 10, 11}. Although several studies have failed to prove the benefit of CT over US in detecting lateral lymph node metastasis¹²⁻¹⁴, few studies have suggested superior diagnostic performance of preoperative combination of US with CT over US alone^{13, 15-18}.

Meta-analyses examining the diagnostic accuracy of US and CT in detecting cervical

CLNM in patients with PTC have been previously conducted¹⁹⁻²³. However, these metaanalyses studies have integrated the findings of US and CT from different studies and populations.

To our knowledge, no previous meta-analysis included studies that evaluated cervical CLNM in patients with PTC using both US and CT, which could minimize the confounding effect of operator in interpreting the diagnostic accuracy of preoperative imaging. This meta-analysis aimed to evaluate the sensitivity, specificity, and diagnostic odds ratios of US, CT, and the combination of both in assessing cervical CLNM in patients with PTC based on the central and lateral neck levels and by using level-by-level and patient-based analyses.

Methods

Institutional Review Board approval was not required because this article is a metaanalysis. The data comes from published articles and does not require ethical approval.

Systematic Literature Research

This meta-analysis was conducted according to the Preferred Reporting Items for Systematic reviews and Meta-Analysis guidelines²⁴. Ethical approval was waived off due to secondary data acquisition from previously published papers that are available in the public domain. A systematic search of the Medline (via PubMed), Web of Science and Embase till June 1, 2020 was conducted to identify studies that assessed the accuracy of US and CT in detecting CLNM in patients with PTC. The search strategy was developed in collaboration with a hospital librarian and included subject headings and text words, which were as follows: ("thyroid cancer" OR "thyroid cancinoma" OR "thyroid tumor"

OR "papillary thyroid cancer" OR "thyroid neoplasm") AND ("cervical lymph node" OR "neck lymph node") AND ("metastasis" or "metastatic") AND ("ultrasonography" or "ultrasound" or "US") AND (computed tomography" or "CT"). The studies were initially screened by examining their titles and abstracts, and the full-texts of potentially eligible studies were retrieved for further review. No language restriction was applied. A manual search of additional records and reference lists was also performed to include more relevant studies.

Study selection

The inclusion criteria of the studies were as follows: (a) prospective or retrospective studies that evaluated the diagnostic accuracy of both US and CT for detecting CLNM in patients with PTC level-by-level or patient-based analysis; (b) studies with population >10 patients; (c) studies with reference standard of histopathology or cytology (the diagnostic gold standard was the pathological diagnosis of the resected lymph nodes); (d) studies that reported the absolute numbers of true-positive (TP), true-negative (TN), false-positive (FP), and false-negative (FN) results directly or derived from the reported data or communicated by authors in response to our request; and (e) studies published in English.

Exclusion criteria were as follows: (i) case reports, case series, review articles, pictorial essays, letters to editors, unpublished data, conference abstracts, and proceedings on the topic of interest; (ii) studies that used only US or only CT; (iii) insufficient data regarding TP, FP, FN, and TN; (iv) duplicate publications in different databases and studies; (v) if the patient population of one article is overlapping with the patient population of other or multiple articles, then the article with larger sample size

was included; and (vi) studies with less than 10 cases as confirmed by reference standard. One reader reviewed the full-texts of candidate articles and selected those that met the inclusion criteria. A second reader reviewed the process of inclusion of articles in the meta-analysis. No inter-reader disagreements were observed.

Primary and secondary outcomes

Primary outcomes were sensitivity, specificity, and diagnostic odds ratios (DORs) in level-by-level or patient-based analysis. Secondary outcomes were sensitivity, specificity and DORs in central and lateral compartments in level-by-level or patient-based analysis.

Data Extraction and quality assessment

Two reviewers independently performed data extraction. Data such as study characteristics, clinical and patient characteristics, reference standard or standards, cervical lymph node compartment, technical characteristics of CT and US and contrast enhancement, the definition of CLNM according to CT and US image findings; and the diagnostic performance of CT and US, such as TP, FP, FN, TN were obtained from each study.

Two reviewers who were not blinded to the journal names, author names, and year of publication assessed the methodologic and reporting quality of each study by using the Quality Assessment of Diagnostic Accuracy Studies 2 (QUADAS-2) ²⁵. Each study was independently assessed by two reviewers after a tutorial meeting on the guidelines for interpreting the items. Any disagreements were resolved by discussion with an experienced third reviewer.

Statistical analysis

The pooled sensitivity, specificity, diagnostic odds ratio (OR), positive likelihood ratio (LR+) and negative likelihood ratio (LR-) were calculated for US and CT in level-by-level analysis (at neck level, central neck level and lateral neck level) and patient-based analysis (patient level, central patient level and lateral level). The heterogeneity of pooled sensitivity, specificity, diagnostic OR, LR+ and LR- was measured by the inconsistency (I^2). Heterogeneity in the included articles was defined as small I^2 <25%, moderate I^2 25–50%, and obvious I^2 > 50%. If heterogeneity was detected (I^2 -value < 0.10 or I^2 >50%), then a random-effects model was applied; otherwise, a fixed-effects model was used. Bivariate logistic regression model was used for meta-analysis of diagnostic test accuracy²⁶ and forest plots were created. Pooling of sensitivity, specificity, diagnostic OR, LR+ and LR-, was performed with Meta-Disc software (version 1.4, Madrid, Spain). Foreplot, and summary receiver operating characteristic (SROC) curve were produced using RevMan 5.3. A I^2 value of less than 0.05 was used as the threshold to indicate statistical significance.

Results

Characteristics of included studies

Initial literature search yielded 1135 potential studies for this meta-analysis. A total of 449 articles were screened after removing duplications. Of these, 372 studies were excluded by reviewing the titles and abstracts, and 63 articles were excluded after reviewing the full-texts (Figure 1). Fourteen studies were ultimately selected for inclusion^{12, 13, 15-18, 27-34}: 10 studies based on level-by-level analysis, 2 articles based on

patient-based analysis, and 2 articles based on both level-by-level and patient-based analyses. Five studies have reported diagnostic performance by combining both US and CT^{13, 15-18}. A total of 6167 patients with 11601 neck lymph nodes were included, and all patients were diagnosed with PTC except one who was diagnosed with medullary thyroid cancer. The earliest study was started in 1997, whereas the latest one was started in 2012. The median number of patients per study was 171 (range 20–3668), while the median number of lymph nodes per study was 331 (range 107–6557). Eleven were retrospective studies and 3 were prospective studies, 13 studies were performed preoperatively and 1 study was performed postoperatively. Twelve, one and one were conducted in Korea, the United states and Japan, respectively (Table 1). The studies included in this meta-analysis was of moderate quality (supplementary Figure 1[sFigure 1], sFigure 2).

The diagnostic accuracy of US and CT in level-by-level analysis

There were 11 studies that included both CT and US for detecting CLNM in patients with PTC and 5 of them assessed the diagnostic accuracy of the combination of CT and US. The pooled sensitivity, specificity, diagnostic OR, LR+ and LR- for US were 0.35(95% CI 0.34-0.37), 0.95(95% CI 0.94-0.95), 13.94(95% CI 9.34-20.82), 6.79(95% CI 4.79-9.63), 0.50(95% CI 0.41-0.60), for CT were 0.46(95% CI 0.44-0.47), 0.88(95% CI 0.87-0.89), 7.24(95% CI 5.46-9.62), 3.77(95% CI 2.08-6.84), 0.52(95% CI 0.45-0.61), and for the combination of US and CT were 0.51(95% CI 0.49-0.52), 0.85(95% CI 0.84-0.86), 6.01(95% CI 3.84-9.40), 3.04(95% CI 1.93-4.80), 0.52(95% CI 0.45-0.60) with marked heterogeneity (Table 2, Figure 2, Figure 3).

Subgroup analysis of central and lateral neck level were performed to investigate the effects of cervical lymph node compartment based on the diagnostic accuracy of US and

CT. Subgroup analysis of central neck level revealed that the pooled sensitivity, specificity, and diagnostic OR of US were 0.28(95% CI 0.24-0.32), 0.97(95% CI 0.96-0.98), 14.07(95% CI 6.66-29.71) from 4 studies, of CT were 0.32(95% CI 0.28-0.36), 0.89(95% CI 0.86-0.91), 5.48(95% CI 2.15-13.98) from 4 studies, and of the combination of US and CT were 0.40(95% CI 0.35-0.45), 0.85(95% CI 0.82-0.88), 4.32(95% CI 2.09-8.92) from 3 studies, respectively (Table 2, sFigure 3, sFigure 4).

In contrast, subgroup analysis of lateral neck level revealed that the pooled sensitivity, specificity, and diagnostic OR of US were 0.74(95% CI 0.69-0.78), 0.92(95% CI 0.90-0.94), 24.41(95% CI 11.16 -53.42) from 6 studies, of CT were 0.73(95% CI 0.68-0.77), 0.89(95% CI 0.87-0.91), 15.55(95% CI 7.98 -30.32) from 6 studies, and of the combination of US and CT were 0.88(95% CI 0.83-0.91), 0.79(95% CI 0.73-0.84), 22.59(95% CI 11.29 -45.19) from 4 studies, respectively (Table 2, sFigure 5, sFigure 6).

The diagnostic accuracy of US and CT in patient-based analysis

There were 4 studies that included both US and CT in detecting CLNM in patients with PTC and 2 of them assessed the diagnostic accuracy by combining both CT and US. The pooled estimates of sensitivity, specificity, and diagnostic OR of US were 0.41(95% CI 0.36-0.46), 0.92(95% CI 0.89-0.94), 7.56(95% CI 4.08-14.01), of CT were 0.49(0.44-0.54), 0.91(0.89-0.94), 9.40(5.79-15.27), and of the combination of US and CT were 0.64(95% CI 0.57-0.71), 0.83(95% CI 0.77-0.88), 8.59(95% CI 5.37-13.76), respectively (Table 2, Figure 4, Figure 5).

There are only two studies that assessed the diagnostic accuracy of US, CT, and the combination of both on patient-based analysis. On central patient level, the pooled estimates of sensitivity, specificity, and diagnostic OR of US were 0.21(95% CI 0.16-

0.28), 0.95(95% CI 0.91-0.97), 4.53(95% CI 2.34-8.77), of CT were 0.38(95% CI 0.32-0.46), 0.90(95% CI 0.85-0.93), 5.02(95% CI 0.46-54.54), and of the combination of CT and US were 0.47(95% CI 0.39-0.54), 0.85(95% CI 0.80-0.89), 4.88(95% CI 2.58-9.23), respectively (Table 2, sFigure 7, sFigure 8).

In contrast, the pooled estimates of sensitivity, specificity, and diagnostic OR of US were 0.87(95% CI 0.74-0.95), 0.89(95% CI 0.83-0.93), 20.11(95% CI 6.77-59.70), of CT were 0.92(95% CI 0.81-0.98), 0.88(95% CI 0.83-0.93), 36.88(95% CI 11.40 -119.35), and of the combination of US and CT were 0.98(95% CI 0.89-0.99), 0.92(95% CI 0.87-0.96), 78.10(95% CI 2.82 -2160.4) from central patient level (Table 2, sFigure 9, sFigure 10).

Discussion

The main findings of this meta-analysis demonstrated that the DORs of US by level-by-level analysis was higher than CT or the combination of both on central, lateral and neck levels. Differentiated thyroid carcinoma, particularly PTC, involves CLNM in 20%–50% of patients ³⁵⁻³⁸, which could prevent small and intrathyroidal primary tumors³⁹. However, the clinical implications of macro-metastases (≥2mm) are more significant when compared to micro-metastases, in which 90% of patients might reach according to the sensitivity of the imaging methods^{40, 41}. The combination of US features might increase the likelihood for detecting CLNM as several US features are suggestive of metastatic lymph nodes, including enlargement, loss of fatty hilum, a rounded rather than oval shape, hyperechogenicity, cystic change, peripheral vascularity, calcifications, etc⁴². Preoperative US identifies lymph node or soft-tissue metastases in up to 39% of patients

who had no physical examination⁴³, and changed the operative management in 23% patients⁴⁴.

Our data found that the DORs of CT was higher than US and the combination and the DORs of the combination remained higher than US and CT by patient-based analysis. This was reasonable because the sensitivity of CT on patient-based analysis was higher than that of the US on central, lateral and patient level analysis, respectively. This result might still need further investigation because of the inclusion of small number of studies in the subgroup analysis. The operator independent CT could be used as an adjunct in imaging deep anatomic structures, including the mediastinum, infraclavicular, retropharyngeal, and parapharyngeal regions and those structures that are acoustically shadowed by bone or air. In addition, preoperative knowledge on the extent of laryngeal, tracheal, esophageal involvement, as well as bulky nodal disease from neck CT with contrast significantly influences the surgical plan by indicating the need for sternotomy, tracheal or laryngeal resection and reconstruction⁴⁵.

Our results suggested that the sensitivity on the lateral compartment tend to be higher than that on the central compartment regardless of the use of US, CT or the combination of both by level-by-level and patient-based analysis, respectively. The location of the lymph nodes helps in decision-making as most of the metastatic nodes situated in the lower third of the neck and reactive enlarged lymph nodes occurred in the upper part of the neck⁴⁶. Besides, the lateral compartment should be carefully evaluated for skip metastases that are located in the upper pole, or ≤1cm in diameter⁴⁷. For patients who had preoperative CT and US and subsequently underwent total thyroidectomy and neck dissection, the sensitivity of CT was shown to be much better than US for evaluating

CLNM on neck level, but the sensitivity, specificity, and DORs for lateral neck level tended to be higher than those of the central neck level for both CT and US¹². Dual-energy computed tomography (DECT) for assessing CLNM in patients with PTC was not included in this meta-analysis as it can generate iodine-based material decomposition (MD) images and spectral HU curve⁴⁸⁻⁵⁰. In accordance with the findings from CT, combined gemstone spectral image (GSI) parameters from DECT also demonstrated better diagnostic accuracy of CLNM in patients with PTC when compared to those that are obtained by combining the US morphological parameters, especially in the lateral compartment⁵⁰.

Our findings revealed that compared to US or CT alone, the combination of both US and CT demonstrated higher sensitivity, i.e., a meta-analytic summary sensitivity of 0.51(0.49-0.52) and 0.64(0.57-0.71), and a lower specificity, i.e., a meta-analytic summary specificity of 0.85(0.84-0.86) and 0.83(0.77-0.88) for evaluating CLNM in patients with PTC by level-by-level and patient-based analysis, respectively. In patients undergoing primary and revision surgical treatment for PTC, combined preoperative mapping with US and CT yielded significantly higher sensitivity for detecting macroscopic lymph-nodes in both lateral and central neck, especially in the central neck³².

It should be noted that the study has strengths. Firstly, Boolean operatives of AND rather than OR were used for combined datasets for all studies. Namely, only studies of direct head-to-head comparison by US, CT, and combination of both in the same patient population were included in this meta-analysis, avoiding bias due to differences in patient and institutional factors. Secondly, meta-analysis of the included studies was performed by using level-by-level and patient-based analyses and on all, central and lateral neck

levels. Lastly, our data suggested that future follow-up study should be performed to determine the comparative role of US and CT in identifying false negative nodes which are not biopsied or excised.

Despite great clinical significance, there are several limitations in the current metaanalysis that are mostly associated with the available data and heterogeneity of design, interpretation of results, and reporting of data in primary studies. Firstly, the sources of heterogeneity among primary studies in meta-analysis studies have been reported by several previous studies, which included contrast amount, scan phase, and reconstruction slice thickness for CT²⁰, and the criteria of lymph node diameter and vascular flow for US²³. Secondly, the literature included is limited due to the study design and timing of imaging. Eleven of 14 studies (78.6%) were retrospective and 1 of the 14 studies was imaging postoperative study. Large proportion of retrospective studies might increase the sensitivity of CT and US. Twelve of the 14 studies were conducted in Korea, and so ethnic factor might affect the results of this meta-analysis. Thus, the complementary use CT may be routine in Korea but not necessarily applicable to other parts of the world, especially in lesser developed countries. Thirdly, modern high resolution US transducers have a lateral resolution of 2mm which is not feasible for CT, allowing for the detection of small nodes and the presence of microcalcification. The included CT studies may not be comparable from one study to another, particularly over the decade as it depends on the equipment, slice thickness, amount of contrast injected etc. Fourthly, 4 of the included 14 studies were with patient-based results and 12 of 14 studies were of suboptimal quality, and no definite recommendation could be drawn from the present study. Finally, MRI, US-guided FNA and PET-CT were not included in the meta-analysis

in order to directly compare CT and US although they are also paly complementary role in the management of cervical lymph node metastasis in papillary thyroid cancer.

Despite these potential drawbacks, this meta-analysis demonstrated the unique complementary value of CT secondary to US in detecting CLNM in patients with PTC by patient-based analysis. More importantly, the choice of diagnostic test should be tailored to have feasible access to these imaging modalities at individual healthcare centers.

Conclusion

These findings suggest that US, with a DOR of almost twice that for CT on level-by-level analysis, was superior for CT in detecting CLNM in patients with PTC, especially at lateral compartment, and the combination of US and CT increased sensitivity by 30-50% on patient-based analysis. The CT might be valid as candidate imaging techniques secondary to US in the management of CLNM in patients with PTC.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Authorship

- 1. guarantor of integrity of the entire study: Jian Yang
- 2. study concepts and design: Ying Qiao
- 3. literature research: Jian Yang
- 4. clinical studies: Ying Qiao
- 5. experimental studies / data analysis: Jian Yang
- 6. statistical analysis: Fengyan Zhang
- 7. manuscript preparation: Ying Qiao
- 8. manuscript editing: Fengyan Zhang

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Data Sharing Statement

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

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Figure legend

- Figure 1. Flowchart of literature search process
- **Figure 2**. Forest plots for the sensitivities and specificities of US, CT, and combination in level-by-level analysis
- **Figure 3**. SROC of US, CT, and combination in detecting CLNM in patients with PTC in level-by-level analysis

SROC, summary receiver operating characteristic; CLNM, cervical lymph node metastasis; PTC, papillary thyroid cancer.

- **Figure 4**. Forest plots for the sensitivities and specificities of US, CT, and combination in patient-based analysis
- **Figure 5**. SROC of US, CT, and combination in detecting CLNM in patients with PTC in patient-based analysis

SROC, summary receiver operating characteristic; CLNM, cervical lymph node metastasis; PTC, papillary thyroid cancer

Table 1. C	Characterist	cics of included s	tudies				2021-051 5 68		
Study	Country	Study design	Timing of	Duration of	Sample (n)	Age	No gf	Diagnosis	Analysis
			imaging	patient	(Male/Female)	(range)	lymp		methods
				recruitment			node node222.		
Jeong HS	Korea	Retrospective	Preoperative	July 2004-	26(7/19)	44 (17-	312 💆	All PTC	L
2006^{27}				March 2005		73)	312 Downloaded from		
Kim E 2008 ¹⁵	Korea	Retrospective	Preoperative	April 2006–	165 (25/140)	48 (16-	277 om	All PTC	L+P
				October 2006		78)	http://b		
Ahn JE 2008 ¹²	Korea	Retrospective	Preoperative	January 2005–	37(7/30)	47(20-68)	181 🙀	All PTC	L
				December 2005			http://bmjopen.bmj.com/ on		
Choi JS 2009 ¹³	Korea	Retrospective	Preoperative	February 2006–	299 (44/255)	45 (20-	352 9	All PTC	L
				April 2007		74)			
Choi YJ	Korea	Retrospective	Preoperative	January 2007–	589(121/468)	46	589 28	All PTC	P
2010^{28}				December 2008			April 9, 2024 by guest. Protected 589 349		
Morita S	Japan	Prospective	Preoperative	January 2007–	74 (12/62)	66 (16-	349 P	All PTC	L
2010 ²⁹				December 2009		84)	tected		

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Ŋ	Yoon	JH	Korea	Retrospective	Preoperative	February	2007-	113(16/97)	46	(15-	0.1136/bmjopen-2021-051568 22 1	All PTC	L
2	2011^{30}					Decembe	er 2007		83))51568		
S	Seo YL 2	012^{31}	Korea	Retrospective	Postoperative	August	2008–	20(4:16)	49.8		107 4	19 PTC, 1	L
						August 2	011				uly 202	MTC	
Ι	Lee	DW	Korea	Retrospective	Preoperative	January	2007–	252(45/207)	49	(15-	107 4 July 2022. Downloaded from 196	All PTC	L+P
2	201316					May 201	0		82)		vnloade		
Ι	Lesnik	D	USA	Prospective	Preoperative	2003–200	08	95(NA)	NA		196 from	All PTC	L
2	2014 ³²										http://l		
1	Na DK 20	01518	Korea	Retrospective	Preoperative	March	2011-	176 (44/132)	43	(23-	http://bmjoper	All PTC	P
						February	2012		74)		n.bmj.c		
ŀ	Kim	SK	Korea	Retrospective	Preoperative	January	1997–	3668(NA)	NA		6557g	All PTC	L
2	2017^{33}					June 201	5				April 9		
F	Eun	NL	Korea	Retrospective	Preoperative	January	2013-	302(76:226)	44		308 208	All PTC	L
2	2018[34]					Decembe	er 2015				by gue		
Ι	Lee Y 20	18 ¹⁷	Korea	Prospective	Preoperative	Novembe	er	351(78:273)	47.1		801 Pro	All PTC	L
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NA not available; PTC papillary thyroid carcinoma; MTC medullary thyroid carcinoma; L, Level-by-Level analysis; P, Patient-based A Corbon Secretary of the Corb

analysis

Table 2. Pooled estimates of sensitivity, specificity, diagnostic OR, LR+, LR-

		,	, 1	,	1-05	
	Studies,	Sensitivity (95%	Specificity (95%	Diagnostic OR (95%	LR+ (95% CI) 4	
	n	CI)	CI)	CI)		LR- (95% CI)
Diagno	stic accura	acy of CT or US on	neck level		July 2022	
All nec	k level		<u> </u>		2, Downloa	
HG	11	0.35(0.34-0.37,	0.95(0.94-0.95,	13.94(9.34-20.82,	6.79(4.79-9.63, 84.\$)	0.50(0.41.0.(0.05.2)
US	11	97.5)	90.8)	81.0)	6./9(4./9-9.63, 84. 4) from	0.50(0.41-0.60, 95.2)
CT	NT 11	0.46(0.44-0.47,	0.88(0.87-0.89,	7.24(5.46-9.62, 72.2)	3.77(2.08-6.84, 98.5) ope	0.52(0.45.0.(1.00.7)
СТ	11	97.6)	97.9)			0.52(0.45-0.61,89.7)
LIG/GT	<u>-</u>	0.51(0.49-0.52,	0.85(0.84-0.86,	6.01(3.84-9.40, 89.2)	3.04(1.93-4.80, 96.8) 9	0.50(0.45.0.60.70.0)
US/CT	5	92.8)	97.8)			0.52(0.45-0.60, 78.8)
Central	neck level				on April 9, 2024 by guest. P	
HG	4	0.28(0.24-0.32,	0.97(0.96-0.98,	14.07(6.66-29.71,	14.07(6.66-29.71,	14.07(6.66-
US	4	94.3)	53.0)	53.1)	53.1) gu	29.71,53.1)
CT	4	0.32(0.28-0.36,	0.89(0.86-0.91,	5 49/2 15 12 00 04 2)	7	0.74(0.62.0.00.06.7)
СТ	4	88.2)	84.6)	5.48(2.15-13.98, 84.3)	3.71(1.79-7.66, 83.6)	0.74(0.62-0.89, 86.7)
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				BMJ Open	0.1136	
US/CT	3 neck level	0.40(0.35-0.45, 82.3)	0.85(0.82-0.88, 37.0)	4.32(2.09-8.92, 81.0)	0.1136/bmjopen-2021 65, 1568 on 4 J 2.85(1.75-4.65, 77	0.67(0.52-0.86, 83.9)
US	6	0.74(0.69-0.78,	0.92(0.90-0.94,	24.41(11.16 -53.42,	6.67(2.91-15.30, 2022)	0.35(0.28-0.43, 30.1)
		78.1)	89.6)	71.9)	00.5	
СТ	6	0.73(0.68-0.77,	0.89(0.87-0.91,	15.55(7.98 -30.32,	90.5) Downloaded from 82.9)	0.35(0.21 -0.59,
CI	0	90.7)	91.8)	64.6)	82.9) and from	91.4)
HG/CT	4	0.88(0.83-0.91,	0.79(0.73-0.84,	22.59(11.29 -45.19,	http://\$	0.10/0.14.0.25.0
US/CT	4	64.1)	89.6)	46.6)	3.31(1.53-7.17, 91.)	0.19(0.14-0.25, 0)
Diagno	stic accura	acv of CT or US on n	atient level			

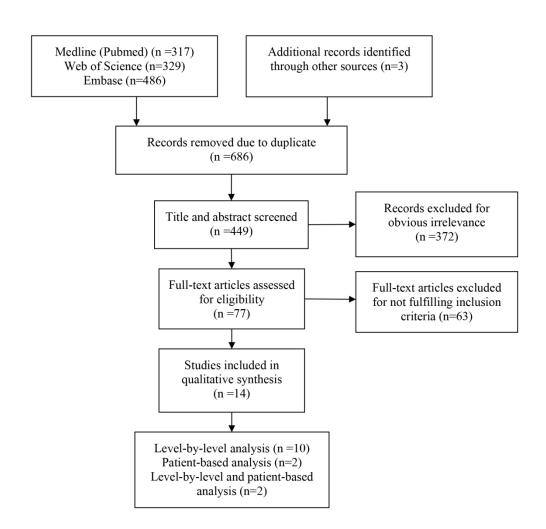
Diagnostic accuracy of CT or US on patient level

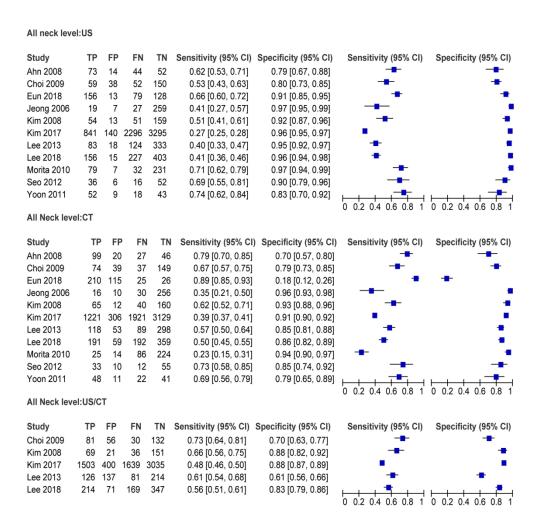
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All pati	ent level				n/ 01	
US	4	0.41(0.36-0.46, 95.5)	0.92(0.89-0.94, 0)	7.56(4.08-14.01, 51.3)	4.48(3.31 -6.05, 0) ⁹ , 2024	0.65(0.53-0.80, 75.5)
		0.49(0.44-0.54,	0.91(0.89-0.94,		у дие	
СТ	4	95.9)	66.8)	9.40(5.79-15.27, 34.4)	4.84(3.66-6.39, 0) %. Pro	0.53(0.37-0.75, 85.6)
US/CT	2	0.64(0.57-0.71, 0)	0.83(0.77-0.88, 0)	8.59(5.37-13.76, 0)	3.71(2.72 -5.08, 0)	0.43(0.36-0.53, 0)
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US $0.21(0.16-0.28, \\ 0.95(0.91-0.97, 0) & 4.53(2.34-8.77, 0) & 3.78(2.08-6.86, 0) \\ 2 & 24.8) & 0.38(0.32-0.46, & 0.90(0.85-0.93, \\ 2 & 92.6) & 87.2) & 5.02(0.46-54.54, 94.4) \\ 3 & 5.02(0.46-54.54, 94.4) & 93.8) & 0.71(0.41) \\ 9 & 9 & 9 & 9 & 9 & 9 \\ 9 & 9 & 9 & 9$	
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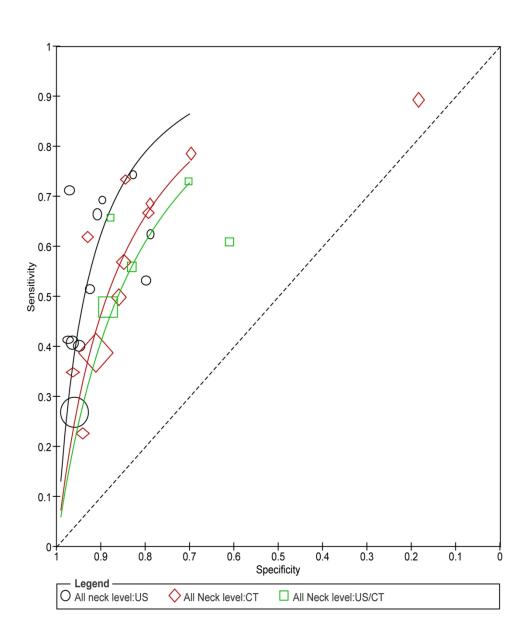
Supplementary materials

- sFigure 1. Summary of risk of bias and applicability concerns
- sFigure 2. Risk of bias and applicability concerns graph
- sFigure 3. Forest plots for the sensitivities and specificities of US, CT, and combination in central neck level analysis
- sFigure 4. SROC of US, CT, and combination in detecting CLNM in patients with PTC in central neck level analysis
- sFigure 5. Forest plots for the sensitivities and specificities of US, CT, and combination in lateral neck level analysis
- sFigure 6. SROC of US, CT, and combination in detecting CLNM in patients with PTC in lateral neck level analysis
- sFigure 7. Forest plots for the sensitivities and specificities of US, CT, and combination in central patient level analysis
- sFigure 8. SROC of US, CT, and combination in detecting CLNM in patients with PTC in central patient level analysis
- sFigure 9. Forest plots for the sensitivities and specificities of US, CT, and combination in lateral patient level analysis
- sFigure 10. SROC of US, CT, and combination in detecting CLNM in patients with PTC in lateral patient level analysis





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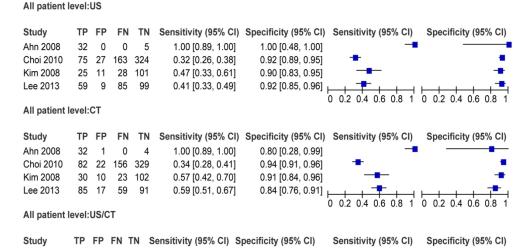
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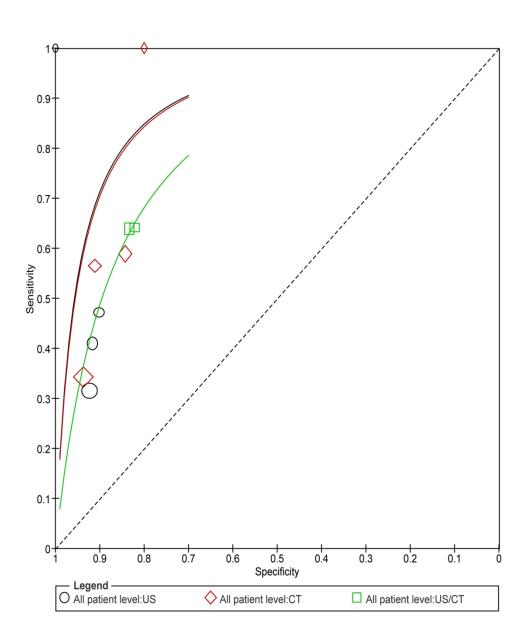
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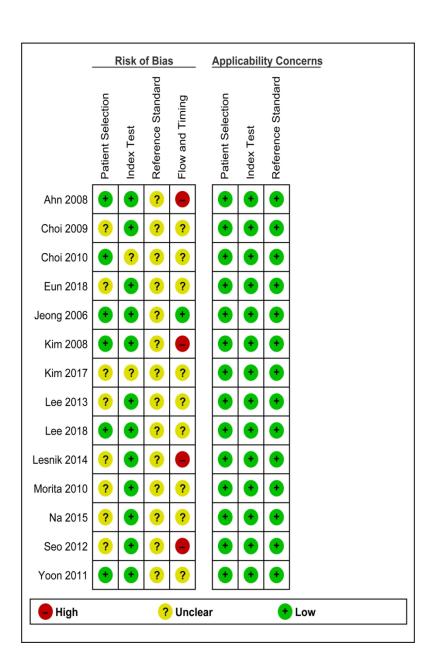
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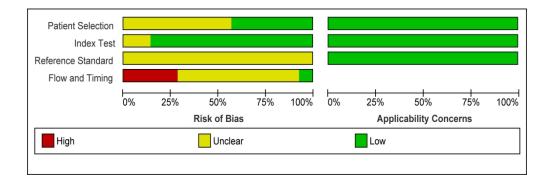
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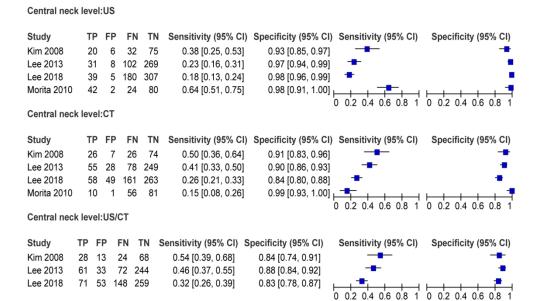
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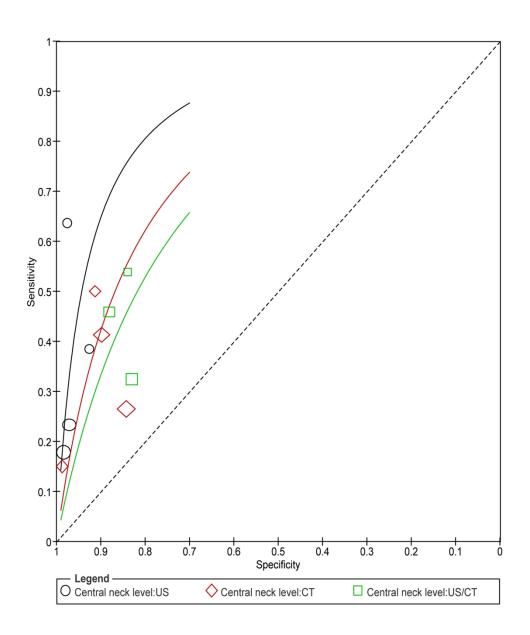
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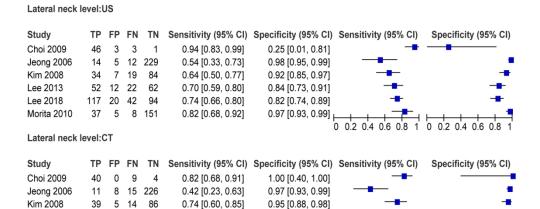
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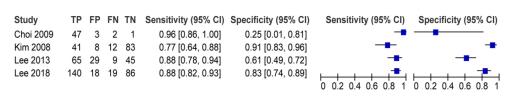
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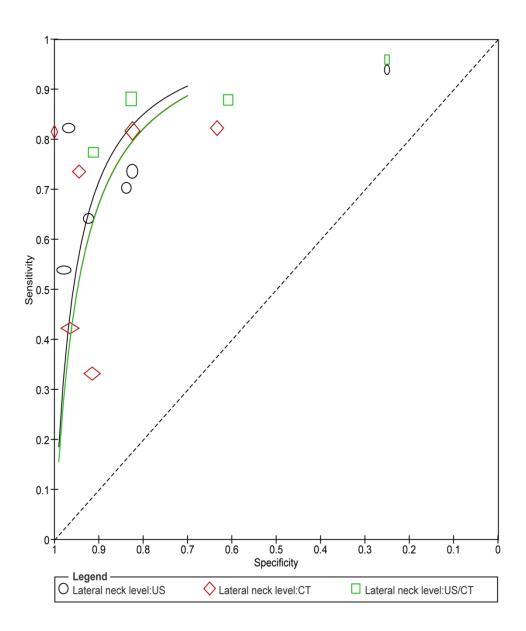
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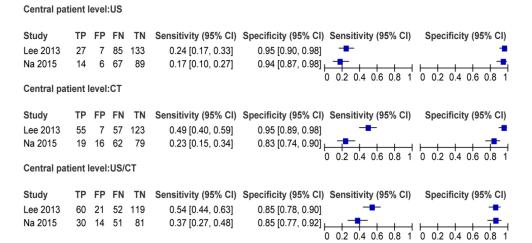
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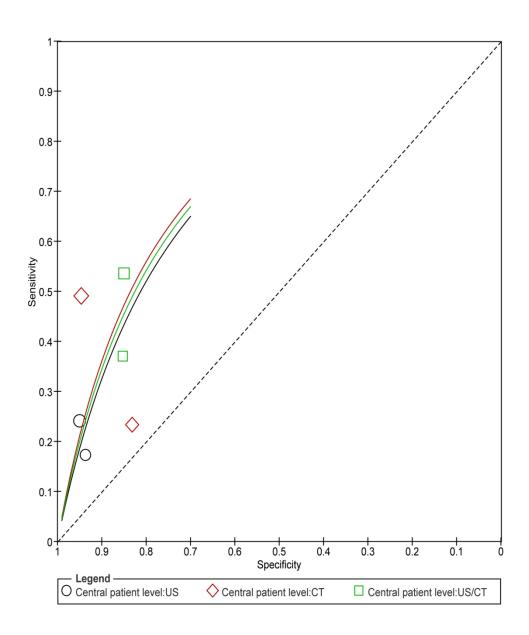
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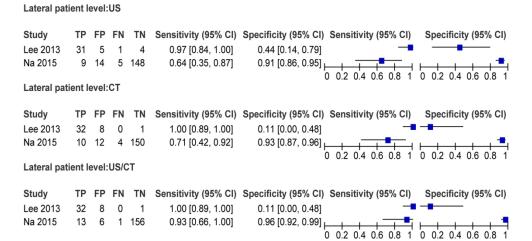
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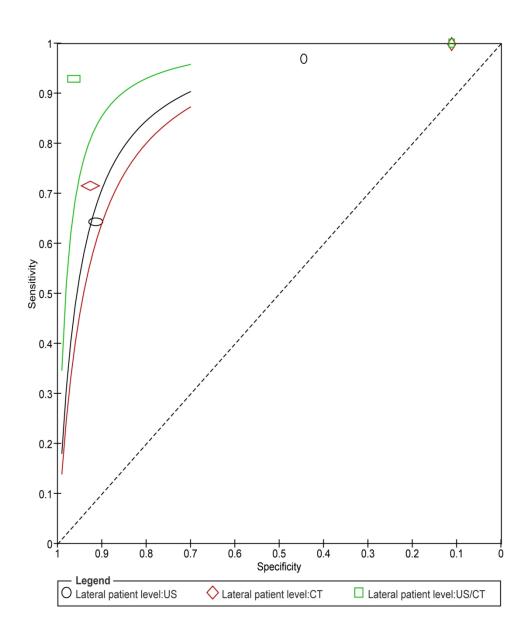
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PRISMA 2009 Checklist

		100 20	
Section/topic	#	Checklist item	Reported on page #
TITLE		9 9	
Title	1	Identify the report as a systematic review, meta-analysis, or both.	1
ABSTRACT			
Structured summary	2	Provide a structured summary including, as applicable: background; objectives; data sources study eligibility criteria, participants, and interventions; study appraisal and synthesis methods; results; limitations; conclusions and implications of key findings; systematic review registration number.	2-3
INTRODUCTION		oa de	
Rationale	3	Describe the rationale for the review in the context of what is already known.	4
8 Objectives	4	Provide an explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS).	5
METHODS		mj.	
Protocol and registration	5	Indicate if a review protocol exists, if and where it can be accessed (e.g., Web address), and if available, provide registration information including registration number.	5-8
Eligibility criteria	6	Specify study characteristics (e.g., PICOS, length of follow-up) and report characteristics (e.g., years considered, language, publication status) used as criteria for eligibility, giving rationale.	5-8
7 Information sources 8	7	Describe all information sources (e.g., databases with dates of coverage, contact with study authors to identify additional studies) in the search and date last searched.	5-8
Search	8	Present full electronic search strategy for at least one database, including any limits used, sweh that it could be repeated.	5-8
2 Study selection	9	State the process for selecting studies (i.e., screening, eligibility, included in systematic review, and, if applicable, included in the meta-analysis).	5-8
Data collection process	10	Describe method of data extraction from reports (e.g., piloted forms, independently, in duplicate) and any processes for obtaining and confirming data from investigators.	5-8
Data items	11	List and define all variables for which data were sought (e.g., PICOS, funding sources) and any assumptions and simplifications made.	5-8
Risk of bias in individual studies	12	Describe methods used for assessing risk of bias of individual studies (including specification of whether this was done at the study or outcome level), and how this information is to be used in any data synthesis.	5-8
2 Summary measures	13	State the principal summary measures (e.g., risk ratio, difference in means).	5-8
Synthesis of results	14	Describe the methods of handling data and combining results of studies, if done, including measures of consistency (e.g., I²) for each meta-analysis. For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	5-8



PRISMA 2009 Checklist

4Page 1 of 2				
Section/topic	#	Checklist item 56	Reported on page #	
Risk of bias across studies	15	Specify any assessment of risk of bias that may affect the cumulative evidence (e.g., publication bias, selective reporting within studies).	5-8	
Additional analyses	16	Describe methods of additional analyses (e.g., sensitivity or subgroup analyses, meta-regression), if done, indicating which were pre-specified.	5-8	
RESULTS	•	Do		
Study selection	17	Give numbers of studies screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally with a flow diagram.	8-11	
Study characteristics	18	For each study, present characteristics for which data were extracted (e.g., study size, PICOS, follow-up period) and provide the citations.	8-11	
Risk of bias within studies	19	Present data on risk of bias of each study and, if available, any outcome level assessment (see item 12).	8-11	
Results of individual studies	20	For all outcomes considered (benefits or harms), present, for each study: (a) simple summare data for each intervention group (b) effect estimates and confidence intervals, ideally with a forest plot.	8-11	
Synthesis of results	21	Present results of each meta-analysis done, including confidence intervals and measures of consistency.	8-11	
Risk of bias across studies	22	Present results of any assessment of risk of bias across studies (see Item 15).	8-11	
Additional analysis	23	Give results of additional analyses, if done (e.g., sensitivity or subgroup analyses, meta-regression [see Item 16]).	8-11	
DISCUSSION	<u>'</u>	Ap.		
Summary of evidence	24	Summarize the main findings including the strength of evidence for each main outcome; consider their relevance to key groups (e.g., healthcare providers, users, and policy makers).	11-13	
2 Limitations 33	25	Discuss limitations at study and outcome level (e.g., risk of bias), and at review-level (e.g., incomplete retrieval of identified research, reporting bias).	14	
Conclusions	26	Provide a general interpretation of the results in the context of other evidence, and implications for future research.	15	
FUNDING	1	P roft		
Funding	27	Describe sources of funding for the systematic review and other support (e.g., supply of data); role of funders for the systematic review.	None	

41 From: Moher D, Liberati A, Tetzlaff J, Altman DG, The PRISMA Group (2009). Preferred Reporting Items for Systematic Reviews and Meta-Analyses: The RISMA Statement. PLoS Med 6(6): e1000097. 42 doi:10.1371/journal.pmed1000097

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Diagnostic accuracy of ultrasound, computed tomography, and their combination in detecting cervical lymph node metastasis in patients with papillary thyroid cancer: a systematic review and meta-analysis

Jian Yang^{1,†}, Fengyan Zhang^{2,†}, Ying Qiao^{2,*}

¹Department of Radiology, Xishan Coal Electricity Group Workers General Hospital, Taiyuan, 030053, Shanxi Province, China

²Department of Radiology, First Clinical Medical College, Shanxi Medical University,

Taiyuan, 030001, Shanxi Province, China

[†]These authors contributed equally to this work.

*Correspondence:

Ying Qiao

Department of Radiology, First Clinical Medical College, Shanxi Medical University, Taiyuan, 030001, Shanxi Province, China

Tel: +86-15103462912

E-mail: qiaoying910723@163.com

Running Head: US and CT for CLNM for PTC

Abstract

Objectives: To determine the diagnostic accuracy of ultrasound (US), computed tomography (CT) and their combination in detecting cervical lymph node metastasis (CLNM) in patients with papillary thyroid cancer (PTC).

Methods: Medline (via PubMed), Web of Science, Embase were searched to identify studies published till December 5, 2021, that used US and CT to detect CLNM in patients with PTC. The primary outcomes were sensitivity, specificity, and diagnostic odds ratios (DORs) in neck level-based (lymph nodes are analyzed by neck level) or patient-based (lymph nodes are analyzed by patient) analysis. Secondary outcomes were sensitivity, specificity, and DORs in the central and lateral compartments.

Results: Fourteen studies (6167 patients with 11,601 neck lymph nodes) met the inclusion criteria. Based on the neck level-based analysis, the pooled sensitivity, specificity and DORs were 0.35 (95% confidence interval [(CI) 0.34-0.37], 0.95 (95% CI 0.94-0.95), and 13.94 (95% CI 9.34-20.82) for US, were 0.46 (95% CI 0.44-0.47), 0.88 (95% CI 0.87-0.89), and 7.24 (95% CI 5.46-9.62) for CT, were 0.51 (95% CI 0.49-0.52), 0.85 (95% CI 0.84-0.86), 6.01 (95% CI 3.84-9.40) for the combination of US and CT. In the patient-based analysis, the pooled estimates of sensitivity, specificity, and DOR were 0.41 (95% CI 0.36-0.46), 0.92 (95% CI 0.89-0.94), and 7.56 (95% CI 4.08-14.01) for US, were 0.49 (0.44-0.54), 0.91 (0.89-0.94), 9.40 (5.79-15.27) for CT, and were 0.64 (95% CI 0.57-0.71), 0.83 (95% CI 0.77-0.88), 8.59 (95% CI 5.37-13.76) for the combination of US and CT.

Discussion: These findings suggest US, with a DOR almost twice that of CT in the neck level-based analysis, was superior to CT in detecting CLNM in patients with PTC, especially in the lateral compartment. The combination of US and CT increased the

sensitivity from 41%-49% for the individual modalities to 64% for combined modalities in the patient-based analysis.

Keywords: ultrasound; computed tomography; cervical lymph node metastasis; papillary thyroid cancer; meta-analysis.

Strengths and limitations

- Only studies that analyzed CT and US were included.
- The analyses were performed based on the neck level and the patient level.
- Heterogeneity was observed due to study design and timing of the examinations.

- The use of CT for CLNM screening is not recognized everywhere globally.

Introduction

Papillary thyroid carcinoma (PTC) is an endocrine neoplasia with a high incidence of lymphatic metastasis and is associated with regional recurrence [1-3]. The incidence of cervical lymph node metastasis (CLNM) in patients with thyroid cancer has been reported to be 20%-90% [4]. The presence of CLNM might increase the risk of locoregional recurrence after surgery [5 6], worsening prognosis and survival [7]. Therefore, it is of great clinical importance to accurately evaluate CLNM and determine the extent of neck dissection [8]. Although prophylactic central compartment neck (groups VI and VII) dissection (ipsilateral or bilateral) is recommended by the American Thyroid Association (ATA) guidelines in patients with clinically positive central nodes, especially for those with advanced primary tumors, the information regarding prophylactic lateral compartment (groups I-V) neck dissection has not been clearly stated [8]. Thus, the indications for neck dissection, especially the lateral compartment, should be carefully assessed as it might lead to severe postoperative complications [9].

Preoperative staging with ultrasound (US) for cervical lymph nodes, including both central and lateral neck compartments, is the most widely accepted first imaging technique for patients with thyroid or suspicious malignancies cytologic or molecular findings. It can observe node enlargement, loss of fatty hilum, a rounded rather than oval shape, hyperechogenicity, cystic change, peripheral vascularity, and calcifications, which are all indicators of malignant invasion [10]. In addition, US is inexpensive, widely available, can be carried out bedside, and provide real-time imaging. Still, US is operator-dependent, and the images will vary depending on the angle and pressure of the probe on the neck. Computed tomography (CT) provides three-dimensional neck images that avoid operator-

dependency issues. On the other hand, the analysis of each layer takes time, and the use of contrast carries a risk of kidney injury. The preoperative use of computed tomography (CT) with intravenous (IV) contrast is complementary to US in patients with advanced disease [8 11 12]. A suspicious node on US can be confirmed by CT, and CT can detect nodes that were not visible because they were behind solid or air-containing structures or were not considered suspicious for various reasons. Although several studies have failed to prove the benefit of CT over US in detecting lateral lymph node metastasis [13-15], some studies suggested a superior diagnostic performance of the combination of preoperative US with CT over US alone [14 16-19].

Some meta-analyses examining the diagnostic accuracy of US and CT in detecting CLNM in patients with PTC have been previously conducted [20-24]. However, these meta-analyses studies integrated the findings of US and CT from different studies and populations.

To the best of our knowledge, no previous meta-analysis included studies that evaluated CLNM in patients with PTC using both US and CT, which could minimize the confounding effect of an operator in interpreting the diagnostic accuracy of preoperative imaging. This meta-analysis aimed to evaluate the sensitivity, specificity, and diagnostic odds ratios (DORs) of US, CT, and their combination in detecting positive CLNM in patients with PTC based on the central and lateral neck levels and by using neck level-based (lymph nodes are analyzed by neck level) and patient-based (lymph nodes are analyzed by patient, irrespective of the level) analyses.

Methods

Systematic literature research

This meta-analysis was reported according to the Preferred Reporting Items for Systematic reviews and Meta-Analysis guidelines [25]. Ethical approval was waived due to the secondary data acquisition from previously published papers available in the public domain. A systematic search of Medline (via PubMed), Web of Science, and Embase was conducted to identify studies published up to December 5, 2021, that assessed the accuracy of US and CT in detecting CLNM in patients with PTC. The search strategy was developed in collaboration with a hospital librarian and included subject headings and text words: ("thyroid cancer" OR "thyroid carcinoma" OR "thyroid tumor" OR "papillary thyroid cancer" OR "thyroid neoplasm") AND ("cervical lymph node" OR "neck lymph node") AND ("metastasis" or "metastatic") AND ("ultrasonography" or "ultrasound" or "US") AND (computed tomography" or "CT") (Supplementary Table S1). The studies were initially screened by examining their titles and abstracts, and the full texts of potentially eligible studies were retrieved for further review. No language restriction was applied. A manual search of additional records and reference lists was also performed to include more relevant studies.

Study selection

The inclusion criteria of the studies were (a) prospective or retrospective studies that evaluated the diagnostic accuracy of both US and CT for detecting CLNM in patients with PTC, using neck level-based or patient-based analysis; (b) studies with >10 patients; (c) studies with a reference standard of histopathology or cytology (the diagnostic gold

standard was the pathological diagnosis of the resected lymph nodes); (d) studies that reported the absolute numbers of true-positive (TP), true-negative (TN), false-positive (FP), and false-negative (FN) results directly or derived from the reported data or communicated by the authors in response to our request; (e) studies published in English.

The exclusion criteria were (i) case reports, case series, review articles, pictorial essays, letters to editors, unpublished data, conference abstracts, and proceedings on the topic of interest; (ii) studies that used only US or only CT; (iii) insufficient data regarding TP, FP, FN, and TN; (iv) duplicate publications using the same databases and studies; (v) if the patient population of one article is overlapping with the patient population of other or multiple articles, then the article with the largest sample size was included; (vi) studies with less than 10 cases confirmed by the reference standard. One reader reviewed the full texts of the candidate articles and selected those that met the inclusion criteria. A second reader reviewed the process of the inclusion of articles in the meta-analysis. No inter-reader disagreements were observed.

Primary and secondary outcomes

The primary outcomes were sensitivity, specificity, and DORs in a neck level-based or patient-based analysis. Secondary outcomes were sensitivity, specificity, and DORs in central and lateral compartments in neck level-based or patient-based analysis.

Data extraction and quality assessment

Two reviewers independently performed the data extraction. Data such as study characteristics, clinical and patient characteristics, reference standard or standards, cervical lymph node compartment, technical characteristics of CT and US and contrast enhancement, the definition of CLNM according to CT and US image findings, and the

diagnostic performance of CT and US, such as TP, FP, FN, TN were obtained from each study.

Two reviewers who were not blinded to the journal names, author names, and year of publication assessed the methodologic and reporting quality of each study by using the Quality Assessment of Diagnostic Accuracy Studies 2 (QUADAS-2) [26]. Each study was independently assessed by two reviewers after a tutorial meeting on the guidelines for interpreting the items. Any disagreements were resolved by discussion with an experienced third reviewer.

Statistical analysis

The pooled sensitivity, specificity, diagnostic odds ratio (OR), positive likelihood ratio (LR+), and negative likelihood ratio (LR-) were calculated for US and CT in a neck level-based analysis (at neck level, central neck level, and lateral neck level) and a patient-based analysis (patient level, central patient level, and lateral level). The heterogeneity of pooled sensitivity, specificity, diagnostic OR, LR+, and LR- was measured by the inconsistency (I^2). Heterogeneity in the included articles was defined as small I^2 <25%, moderate I^2 25%-50%, and obvious I^2 >50%. If heterogeneity was detected (I^2 -value <0.10 or I^2 >50%), a random-effects model was applied; otherwise, a fixed-effects model was used. A bivariate logistic regression model was used for meta-analysis of diagnostic test accuracy [27], and forest plots were created. The pooling of sensitivity, specificity, diagnostic OR, LR+, and LR-was performed using the Meta-Disc software (version 1.4, Madrid, Spain). Forest plots and summary receiver operating characteristic (SROC) curves were obtained using RevMan 5.3. A I^2 -value of <0.05 was considered statistically significant.

Patient and public involvement

The patients and the public were not involved in this study.

Results

Characteristics of included studies

The initial literature search yielded 1135 potential studies for this meta-analysis. A total of 449 articles were screened after removing the duplicates. Of these, 372 studies were excluded after reviewing the titles and abstracts, and 63 articles were excluded after reviewing the full texts (Figure 1). Fourteen studies were ultimately selected for inclusion [13 14 16-19 28-35]: 10 studies used a neck level-based analysis, two studies used a patientbased analysis, and two studies used both. Five studies reported the diagnostic performance by combining both US and CT [14 16-19]. A total of 6167 patients with 11,601 neck lymph nodes were included, and all patients were diagnosed with PTC except one who was diagnosed with medullary thyroid cancer. The earliest study was started in 1997, whereas the latest one was started in 2012. The median number of patients per study was 171 (range 20-3668), while the median number of lymph nodes per study was 331 (range 107-6557). Eleven were retrospective studies, and three were prospective studies; 13 studies were performed preoperatively, and 1 study was performed postoperatively. Twelve, one, and one were conducted in Korea, the United States, and Japan, respectively (Table 1). The studies included in this meta-analysis were of moderate quality (supplementary Figure 1[sFigure 1], sFigure 2).

Neck level-based diagnostic accuracy of US and CT

Eleven studies used both CT and US for detecting CLNM in patients with PTC, and five of them assessed the diagnostic accuracy of the combination of CT and US. The pooled

sensitivity, specificity, diagnostic OR, LR+, and LR- were 0.35 (95% CI 0.34-0.37), 0.95 (95% CI 0.94-0.95), 13.94 (95% CI 9.34-20.82), 6.79 (95% CI 4.79-9.63), and 0.50 (95% CI 0.41-0.60) for US, were 0.46 (95% CI 0.44-0.47), 0.88 (95% CI 0.87-0.89), 7.24 (95% CI 5.46-9.62), 3.77 (95% CI 2.08-6.84), and 0.52 (95% CI 0.45-0.61) for CT, and were 0.51 (95% CI 0.49-0.52), 0.85 (95% CI 0.84-0.86), 6.01 (95% CI 3.84-9.40), 3.04 (95% CI 1.93-4.80), and 0.52 (95% CI 0.45-0.60) for the combination of US and CT, with marked heterogeneity (Table 2, Figure 2, Figure 3).

Subgroup analyses of central and lateral neck levels were performed to investigate the effects of cervical lymph node compartment based on the diagnostic accuracy of US and CT. The subgroup analysis of the central neck level revealed that the pooled sensitivity, specificity, and DOR of US were 0.28 (95% CI 0.24-0.32), 0.97 (95% CI 0.96-0.98), and 14.07 (95% CI 6.66-29.71) from four studies. For CT, the pooled sensitivity, specificity, and DOR were 0.32 (95% CI 0.28-0.36), 0.89 (95% CI 0.86-0.91), and 5.48 (95% CI 2.15-13.98) from four studies. The pooled sensitivity, specificity, and DOR of the combination of US and CT were 0.40 (95% CI 0.35-0.45), 0.85 (95% CI 0.82-0.88), and 4.32 (95% CI 2.09-8.92) from three studies (Table 2, sFigure 3, sFigure 4).

In contrast, the subgroup analysis of the lateral neck level revealed that the pooled sensitivity, specificity, and DOR of US were 0.74 (95% CI 0.69-0.78), 0.92 (95% CI 0.90-0.94), and 24.41 (95% CI 11.16 -53.42) from six studies; the values for CT were 0.73 (95% CI 0.68-0.77), 0.89 (95% CI 0.87-0.91), and 15.55 (95% CI 7.98-30.32) from six studies; the values for the combination of US and CT were 0.88 (95% CI 0.83-0.91), 0.79 (95% CI 0.73-0.84), and 22.59 (95% CI 11.29-45.19) from four studies (Table 2, sFigure 5, sFigure 6).

Patient-based diagnostic accuracy of US and CT

Four studies included both US and CT in detecting CLNM in patients with PTC, and two of them assessed the diagnostic accuracy by combining both CT and US. The pooled estimates of sensitivity, specificity, and DOR of US were 0.41 (95% CI 0.36-0.46), 0.92 (95% CI 0.89-0.94), and 7.56 (95% CI 4.08-14.01); the values for CT were 0.49 (0.44-0.54), 0.91 (0.89-0.94), and 9.40 (5.79-15.27); the values for the combination of US and CT were 0.64 (95% CI 0.57-0.71), 0.83 (95% CI 0.77-0.88), and 8.59 (95% CI 5.37-13.76) (Table 2, Figure 4, Figure 5).

Only two studies assessed the diagnostic accuracy of US, CT, and their combination on a patient basis. On the patient level, the pooled estimates of sensitivity, specificity, and DOR were 0.21 (95% CI 0.16-0.28), 0.95 (95% CI 0.91-0.97), and 4.53 (95% CI 2.34-8.77) for US, were 0.38 (95% CI 0.32-0.46), 0.90 (95% CI 0.85-0.93), and 5.02 (95% CI 0.46-54.54) for CT, and were 0.47 (95% CI 0.39-0.54), 0.85 (95% CI 0.80-0.89), and 4.88 (95% CI 2.58-9.23) for the combination of CT and US (Table 2, sFigure 7, sFigure 8).

In contrast, the pooled estimates of sensitivity, specificity, and DOR of US were 0.87 (95% CI 0.74-0.95), 0.89 (95% CI 0.83-0.93), and 20.11 (95% CI 6.77-59.70); the values for CT were 0.92 (95% CI 0.81-0.98), 0.88 (95% CI 0.83-0.93), and 36.88 (95% CI 11.40-119.35); the values for the combination of US and CT were 0.98 (95% CI 0.89-0.99), 0.92 (95% CI 0.87-0.96), and 78.10 (95% CI 2.82-2160.4) (Table 2, sFigure 9, sFigure 10).

Discussion

This meta-analysis revealed that the DORs of US in the neck level-based analysis was higher than for CT or their combination on the central, lateral, and neck levels.

Differentiated thyroid carcinoma, particularly PTC, involves CLNMs in 20%-50% of the patients [36-39], which could prevent small and intrathyroidal primary tumors[40]. Still, the clinical implications of macrometastases (≥2 mm) are more significant than micrometastases, in which 90% of patients might reach the criteria according to the sensitivity of the imaging methods [41 42]. The combination of US features might increase the likelihood of detecting CLNM as several US features are suggestive of metastatic lymph nodes, including enlargement, loss of fatty hilum, a rounded rather than oval shape, hyperechogenicity, cystic change, peripheral vascularity, and calcifications [10]. The preoperative US identifies lymph node or soft-tissue metastases in up to 39% of patients who had no physical examination [43] and changed the operative management in 23% of patients [44].

Previous meta-analyses examined CT and US. Suh et al. [20] and Cho et al. [21] demonstrated the value of CT for CNLM but did not include US. Raijmakers et al. [22] only examined the detection of the sentinel lymph node. Wu et al. [23] and Zhao et al. [24] examined the value of US for CLNMs but did not include CT. Therefore, these studies did not examine CT and US simultaneously. Our data found that the DORs of CT were higher than US and the combination, and the DORs of the combination remained higher than US and CT by patient-based analysis. This was reasonable because the sensitivity of CT in the patient-based analysis was higher than that of US in the central, lateral, and patient analyses. This result might still need further investigation because of the inclusion of a small number of studies in the subgroup analysis. The operator-independent CT could be used as an adjunct in imaging deep anatomic structures, including the mediastinum, infraclavicular, retropharyngeal, and parapharyngeal regions and the structures that are acoustically

shadowed by bone or air. In addition, preoperative knowledge on the extent of laryngeal, tracheal, and esophageal involvement, as well as bulky nodal disease from neck CT with contrast, significantly influences the surgical plan by indicating the need for sternotomy, tracheal or laryngeal resection, and reconstruction [45].

The results suggested that the sensitivity on the lateral compartment tended to be higher than for the central compartment regardless of the use of US, CT, or their combination in the neck level-based and patient-based analyses. The location of the lymph nodes helps in decision-making as most of the metastatic nodes are found in the lower third of the neck, and reactive enlarged lymph nodes are found in the upper part of the neck [46]. Besides, the lateral compartment should be carefully evaluated for skip metastases located in the upper pole or are ≤1 cm in diameter [47]. For patients who had preoperative CT and US and subsequently underwent total thyroidectomy and neck dissection, the sensitivity of CT was much better than US for evaluating CLNM on the neck level, but the sensitivity, specificity, and DORs for the lateral neck level tended to be higher than those of the central neck level for both CT and US[13]. Dual-energy CT (DECT) for assessing CLNM in patients with PTC was not included in this meta-analysis as it can generate iodine-based material decomposition (MD) images and spectral HU curve [48-50]. In accordance with the findings from CT, combined gemstone spectral image (GSI) parameters from DECT also demonstrated better diagnostic accuracy of CLNM in patients with PTC when compared to those that are obtained by combining the US morphological parameters especially in the lateral compartment [50].

Our findings revealed that compared to US or CT alone, the combination of both US and CT demonstrated higher sensitivity, i.e., a meta-analytic summary sensitivity of 0.51

(0.49-0.52) and 0.64 (0.57-0.71), and a lower specificity, i.e., a meta-analytic summary specificity of 0.85 (0.84-0.86) and 0.83 (0.77-0.88) for evaluating CLNM in patients with PTC using neck level-based and patient-based analyses, respectively. In patients undergoing primary and revision surgical treatment for PTC, combined preoperative mapping with US and CT yielded significantly higher sensitivity for detecting macroscopic lymph nodes in both lateral and central neck, especially in the central neck [33].

It should be noted that the study has strengths. Firstly, Boolean operatives of "AND" rather than "OR" were used for combined datasets for all studies. Namely, only studies of direct head-to-head comparison by US, CT, and combination of both in the same patient population were included in this meta-analysis, avoiding bias due to differences in patient and institutional factors. Secondly, a meta-analysis of the included studies was performed by using neck level-based and patient-based analyses and on all, central, and lateral neck levels. Lastly, our data suggested that future follow-up studies should be performed to determine the comparative role of US and CT in identifying false-negative nodes that are not biopsied or excised.

Despite great clinical significance, there are several limitations in the current metaanalysis that are mostly associated with the available data and heterogeneity of design,
interpretation of results, and reporting of data in primary studies. Firstly, the sources of
heterogeneity among primary studies in meta-analyses have been reported by several
previous studies, which included contrast amount, scan phase, and reconstruction slice
thickness for CT [21], and the criteria of lymph node diameter and vascular flow for US
[24]. Secondly, the literature included is limited due to the study design and timing of
imaging. Eleven of the 14 studies (78.6%) were retrospective, and one of the 14 studies

was a postoperative imaging study. A large proportion of retrospective studies might increase the sensitivity of CT and US. Twelve of the 14 studies were conducted in Korea, and so ethnic factors might affect the results of this meta-analysis. Thus, the complementary use of CT might be routine in Korea but not necessarily applicable to other parts of the world, especially in developing countries. Thirdly, modern high-resolution US transducers have a lateral resolution of 2 mm, which is not feasible for CT, allowing for the detection of small nodes and the presence of microcalcification. The included CT studies might not be comparable from one study to another, particularly over the decade, depending on the equipment, slice thickness, amount of contrast injected, etc. Fourthly, four of the 14 included studies were with patient-based results, and 12 of 14 studies were of suboptimal quality, and no definite recommendation could be drawn from the present study. Finally, MRI, US-guided FNA, and PET-CT were not included in the meta-analysis to directly compare CT and US, although they also play complementary roles in managing CLNMs in PTC.

Despite these potential drawbacks, this meta-analysis demonstrated the unique complementary value of CT secondary to US in detecting CLNMs in patients with PTC in the patient-based analysis. More importantly, the choice of a diagnostic test should be tailored to have feasible access to these imaging modalities at individual healthcare centers.

Conclusion

These findings suggest that US, with a DOR of almost twice that for CT in the neck level-based analysis, was superior to CT in detecting CLNM in patients with PTC, especially in the lateral compartment. The combination of US and CT increased the

sensitivity from 41%-49% for the individual modalities to 64% for combined modalities in the patient-based analysis. CT might be valid a candidate imaging technique secondary to US in the management of CLNM in patients with PTC.



Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Authorship

Jian Yang is the guarantor of the integrity of the entire study. Ying Qiao designed and conceptualized the study concepts and design, Jian Yang performed the literature search. Ying Qiao analyzed the literature. Jian Yang analyzed the data. Gengyan Zhang performed the statistical analyses, Ying Qiao prepared the manuscript. Fengyan Zhang edited the manuscript.

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Data Sharing Statement

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

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Figure legend

- Figure 1. Flowchart of the literature search process
- **Figure 2**. Forest plots for the sensitivities and specificities of US, CT, and combination in neck level-based analysis
- **Figure 3**. SROC of US, CT, and combination in detecting CLNM in patients with PTC in neck level-based analysis
- SROC, summary receiver operating characteristic; CLNM, cervical lymph node metastasis; PTC, papillary thyroid cancer.
- **Figure 4**. Forest plots for the sensitivities and specificities of US, CT, and combination in patient-based analysis
- **Figure 5**. SROC of US, CT, and combination in detecting CLNM in patients with PTC in patient-based analysis
- SROC, summary receiver operating characteristic; CLNM, cervical lymph node metastasis; PTC, papillary thyroid cancer

Study		Country	Study design	Timing of	Duration	of	Sample (n)	Age		No gof	Diagnosis	Analysis
				imaging	patient		(males/	(ran	ge)	lymph		methods
					recruitme	ent	females)			node node		
Jeong	HS	Korea	Retrospective	Preoperative	July	2004-	26 (7/19)	44	(17-	3120	All PTC	L
2006[28]					March 20	005		73)		312Downloaded		
Kim	Е	Korea	Retrospective	Preoperative	April	2006–	165 (25/140)	48	(16-	27 <i>7</i> g	All PTC	L+P
2008[16]					October 2	2006		78)		http://bmjope		
Ahn	JE	Korea	Retrospective	Preoperative	January	2005-	37 (7/30)	47(2	0-68)	181 8	All PTC	L
2008[13]					Decembe	er 2005				n.bmj.co		
Choi	JS	Korea	Retrospective	Preoperative	February	2006–	299 (44/255)	45	(20-	352g	All PTC	L
2009[14]					April 200)7		74)		April 9,		
Choi	YJ	Korea	Retrospective	Preoperative	January	2007–	589 (121/468)	46		589 589 589	All PTC	P
2010[29]					Decembe	er 2008				by guest		
Morita	S	Japan	Prospective	Preoperative	January	2007–	74 (12/62)	66	(16-	ı <u>s</u> 349₽	All PTC	L
2010[30]					Decembe	er 2009		84)		349 Protected by co		

					BN	/IJ Open				0.1136/bmjopen-2021 122 127		
										mjopen-		
Yoon	JH	Korea	Retrospective	Preoperative	February	2007-	113 (16/97)	46	(15-	12222	All PTC	L
2011[31]					Decembe	er 2007		83))51568		
Seo	YL	Korea	Retrospective	Postoperative	August	2008-	20 (4:16)	49.8		107 <mark>5</mark>	19 PTC, 1	L
2012[32]					August 2	011				uly 202	MTC	
Lee	DW	Korea	Retrospective	Preoperative	January	2007–	252 (45/207)	49	(15-	1-051568 on 4 July 2022. Downloaded	All PTC	L+P
2013[17]					May 201	0		82)		vnloade		
Lesnik	D	USA	Prospective	Preoperative	2003–20	08	95 (NA)	NA		196 5	All PTC	L
2014[33]										http://l		
Na	DK	Korea	Retrospective	Preoperative	March	2011-	176 (44/132)	43	(23-	352	All PTC	P
2015[19]					February	2012		74)		n.bmj.		
Kim	SK	Korea	Retrospective	Preoperative	January	1997–	3668 (NA)	NA		655	All PTC	L
2017[34]					June 201	5				n April (
Eun	NL	Korea	Retrospective	Preoperative	January	2013-	302 (76:226)	44		3082	All PTC	L
2018[34]					Decembe	er 2015				· by gue		
Lee	Y	Korea	Prospective	Preoperative	Novembe	er	351 (78:273)	47.1		»st. 801 Pr	All PTC	L
2018[18]					2011–De	ecember				http://bmjopen.bmj.com/yon April 9, 2024 by guest. Protected by 55 80 80		

 atoma; MTC medullary tn.,

m http://bmlopen.bml.com/ on April on 4 July 2022. Downloaded from http://bmjopen.bmj.com/ on April 9, 2024 by guest. Protected by copyright

NA not available; PTC papillary thyroid carcinoma; MTC medullary thyroid carcinoma; L, neck level-based analysis; P, Patient-based

analysis

Table 2. Pooled estimates of sensitivity, specificity, diagnostic OR, LR+, LR-

					S _C	
	Studies,n	Sensitivity (95% CI)	Specificity (95% CI)	Diagnostic OR (95% CI)	LR+ (95% CI) 65 68	LR- (95% CI)
Diagnos	tic accuracy	of CT or US on neck le	evel		o n 4	
All neck	level	_			uly 20	
US	11	0.35 (0.34-0.37, 97.5)	0.95 (0.94-0.95, 90.8)	13.94 (9.34-20.82, 81.0)	6.79 (4.79-9.63, 84.1)	0.50 (0.41-0.60, 95.2)
СТ	11	0.46 (0.44-0.47, 97.6)	0.88 (0.87-0.89, 97.9)	7.24 (5.46-9.62, 72.2)	3.77 (2.08-6.84, 98.5)	0.52 (0.45-0.61,89.7)
US/CT	5	0.51 (0.49-0.52, 92.8)	0.85 (0.84-0.86, 97.8)	6.01 (3.84-9.40, 89.2)	3.04 (1.93-4.80, 96.38	0.52 (0.45-0.60, 78.8)
Central r	neck level				om ht	
				<u> </u>	tp://bp	14.07 (6.66-29.71,
US	4	0.28 (0.24-0.32, 94.3)	0.97 (0.96-0.98, 53.0)	14.07 (6.66-29.71, 53.1)	14.07 (6.66-29.71, 531)	53.1)
CT	4	0.32 (0.28-0.36, 88.2)	0.89 (0.86-0.91, 84.6)	5.48 (2.15-13.98, 84.3)	3.71 (1.79-7.66, 83.0)	0.74 (0.62-0.89, 86.7)
US/CT	3	0.40 (0.35-0.45, 82.3)	0.85 (0.82-0.88, 37.0)	4.32 (2.09-8.92, 81.0)	2.85 (1.75-4.65, 77.5)	0.67 (0.52-0.86, 83.9)
Lateral n	neck level				n April	
US	6	0.74 (0.69-0.78, 78.1)	0.92 (0.90-0.94, 89.6)	24.41 (11.16 -53.42, 71.9)	6.67 (2.91-15.30, 90 5)	0.35 (0.28-0.43, 30.1)
CT	6	0.73 (0.68-0.77, 90.7)	0.89 (0.87-0.91, 91.8)	15.55 (7.98 -30.32, 64.6)	5.54 (2.95-10.39, 82.2)	0.35 (0.21 -0.59, 91.4)
US/CT	4	0.88 (0.83-0.91, 64.1)	0.79 (0.73-0.84, 89.6)	22.59 (11.29 -45.19, 46.6)	3.31 (1.53-7.17, 91.19)	0.19 (0.14-0.25, 0)
Diagnos	tic accuracy	of CT or US on patient	t level		Prote	
All patie	nt level				rotected t	
					оу сор	
					by copyright.	
				21		

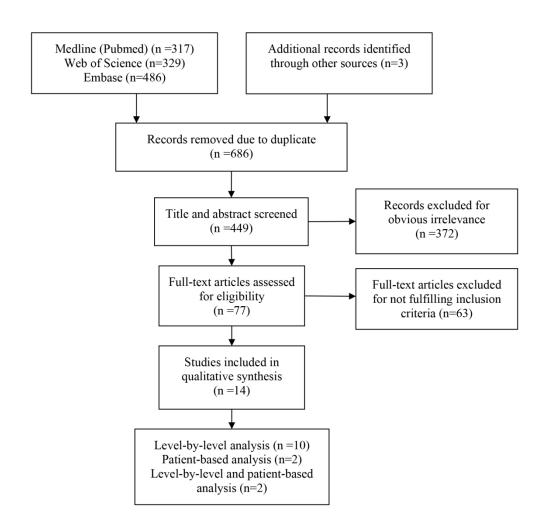
					ven-	
US	4	0.41 (0.36-0.46, 95.5)	0.92 (0.89-0.94, 0)	7.56 (4.08-14.01, 51.3)	4.48 (3.31 -6.05, 0)	0.65 (0.53-0.80, 75.5)
CT	4	0.49 (0.44-0.54, 95.9)	0.91 (0.89-0.94, 66.8)	9.40 (5.79-15.27, 34.4)	4.84 (3.66-6.39, 0) $\frac{05}{56}$	0.53 (0.37-0.75, 85.6)
US/CT	2	0.64 (0.57-0.71, 0)	0.83 (0.77-0.88, 0)	8.59 (5.37-13.76, 0)	3.71 (2.72 -5.08, 0) 9	0.43 (0.36-0.53, 0)
Central p	patient level				1 July	
US	2	0.21 (0.16-0.28, 24.8)	0.95 (0.91-0.97, 0)	4.53 (2.34-8.77, 0)	3.78 (2.08-6.86, 0)	0.84 (0.76 -0.93, 36.4)
CT	2	0.38 (0.32-0.46, 92.6)	0.90 (0.85-0.93, 87.2)	5.02 (0.46-54.54, 94.4)	3.52 (0.52-23.84, 93 🔊)	0.71 (0.41-1.22, 95.3)
US/CT	2	0.47 (0.39-0.54, 80.8)	0.85 (0.80-0.89, 0)	4.88 (2.58-9.23, 46.4)	3.14 (2.23-4.41, 0)	0.64 (0.47-0.86, 78.4)
Lateral p	natient level				d from	
US	2	0.87 (0.74-0.95, 88.2)	0.89 (0.83-0.93, 91.4)	20.11 (6.77-59.70, 0)	3.58 (0.85-15.16, 91)	0.22 (0.05-1.08, 58.0)
CT	2	0.92 (0.81-0.98, 88.6)	0.88 (0.83-0.93, 96.8)	36.88 (11.40 -119.35, 0)	3.44 (0.29-40.77, 98)	0.23 (0.10-0.52, 0)
US/CT	2	0.98 (0.89-0.99, 58.9)	0.92 (0.87-0.96, 97.5)	78.10 (2.82 -2160.4, 65.2)	5.30 (0.15-186.11, 9 36)	0.08 (0.02-0.41, 0)

Results are presented as n (95% CI; I2, %); OR, odds ratio; LR+, positive likelihood ratio; LR-, negative likelihood ratio.

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Supplementary materials

- sFigure 1. Summary of risk of bias and applicability concerns
- sFigure 2. Risk of bias and applicability concerns graph
- sFigure 3. Forest plots for the sensitivities and specificities of US, CT, and combination in central neck level analysis
- sFigure 4. SROC of US, CT, and combination in detecting CLNM in patients with PTC in central neck level analysis
- sFigure 5. Forest plots for the sensitivities and specificities of US, CT, and combination in lateral neck level analysis
- sFigure 6. SROC of US, CT, and combination in detecting CLNM in patients with PTC in lateral neck level analysis
- sFigure 7. Forest plots for the sensitivities and specificities of US, CT, and combination in central patient level analysis
- sFigure 8. SROC of US, CT, and combination in detecting CLNM in patients with PTC in central patient level analysis
- sFigure 9. Forest plots for the sensitivities and specificities of US, CT, and combination in lateral patient level analysis
- sFigure 10. SROC of US, CT, and combination in detecting CLNM in patients with PTC in lateral patient level analysis





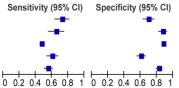
Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Ahn 2008	73	14	44	52	0.62 [0.53, 0.71]	0.79 [0.67, 0.88]	-	-
Choi 2009	59	38	52	150	0.53 [0.43, 0.63]	0.80 [0.73, 0.85]	-	-
Eun 2018	156	13	79	128	0.66 [0.60, 0.72]	0.91 [0.85, 0.95]	-	-
Jeong 2006	19	7	27	259	0.41 [0.27, 0.57]	0.97 [0.95, 0.99]	-	•
Kim 2008	54	13	51	159	0.51 [0.41, 0.61]	0.92 [0.87, 0.96]	-	-
Kim 2017	841	140	2296	3295	0.27 [0.25, 0.28]	0.96 [0.95, 0.97]	•	•
Lee 2013	83	18	124	333	0.40 [0.33, 0.47]	0.95 [0.92, 0.97]	-	•
Lee 2018	156	15	227	403	0.41 [0.36, 0.46]	0.96 [0.94, 0.98]	•	•
Morita 2010	79	7	32	231	0.71 [0.62, 0.79]	0.97 [0.94, 0.99]	-	•
Seo 2012	36	6	16	52	0.69 [0.55, 0.81]	0.90 [0.79, 0.96]	-	-
Yoon 2011	52	9	18	43	0.74 [0.62, 0.84]	0.83 [0.70, 0.92]		
							0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1

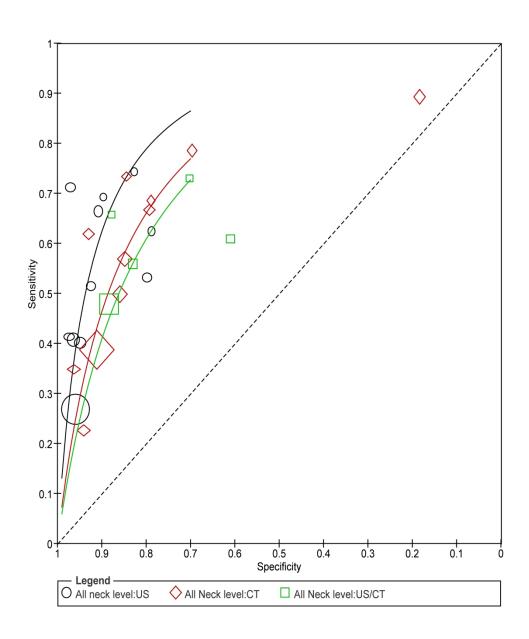
All Neck level:CT

Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Ahn 2008	99	20	27	46	0.79 [0.70, 0.85]	0.70 [0.57, 0.80]		———
Choi 2009	74	39	37	149	0.67 [0.57, 0.75]	0.79 [0.73, 0.85]	_	-
Eun 2018	210	115	25	26	0.89 [0.85, 0.93]	0.18 [0.12, 0.26]	-	-
Jeong 2006	16	10	30	256	0.35 [0.21, 0.50]	0.96 [0.93, 0.98]	_	•
Kim 2008	65	12	40	160	0.62 [0.52, 0.71]	0.93 [0.88, 0.96]	-	-
Kim 2017	1221	306	1921	3129	0.39 [0.37, 0.41]	0.91 [0.90, 0.92]	•	•
Lee 2013	118	53	89	298	0.57 [0.50, 0.64]	0.85 [0.81, 0.88]	-	•
Lee 2018	191	59	192	359	0.50 [0.45, 0.55]	0.86 [0.82, 0.89]	•	•
Morita 2010	25	14	86	224	0.23 [0.15, 0.31]	0.94 [0.90, 0.97]	-	•
Seo 2012	33	10	12	55	0.73 [0.58, 0.85]	0.85 [0.74, 0.92]	-	-
Yoon 2011	48	11	22	41	0.69 [0.56, 0.79]	0.79 [0.65, 0.89]	0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1
All March Land		-					0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1

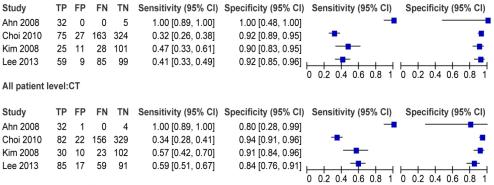
All Neck level:US/CT

Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Ser
Choi 2009	81	56	30	132	0.73 [0.64, 0.81]	0.70 [0.63, 0.77]	
Kim 2008	69	21	36	151	0.66 [0.56, 0.75]	0.88 [0.82, 0.92]	
Kim 2017	1503	400	1639	3035	0.48 [0.46, 0.50]	0.88 [0.87, 0.89]	
Lee 2013	126	137	81	214	0.61 [0.54, 0.68]	0.61 [0.56, 0.66]	
Lee 2018	214	71	169	347	0.56 [0.51, 0.61]	0.83 [0.79, 0.86]	\vdash

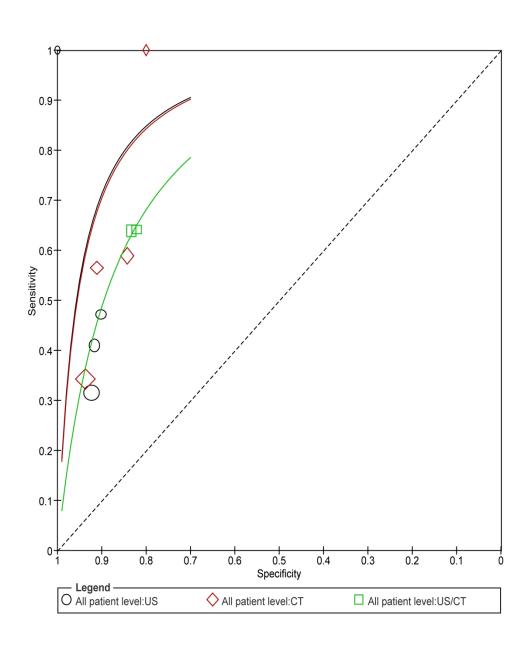


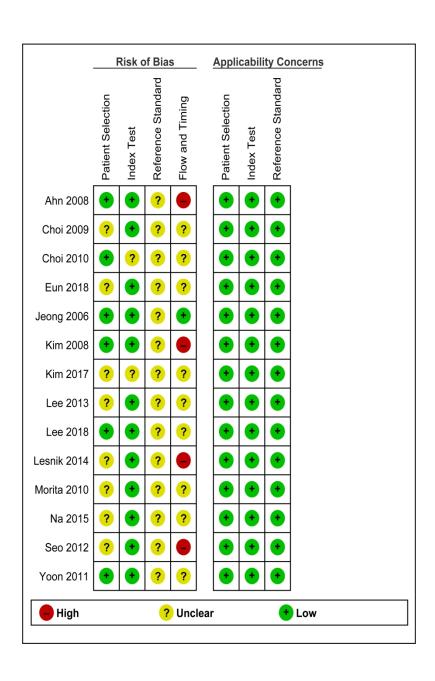


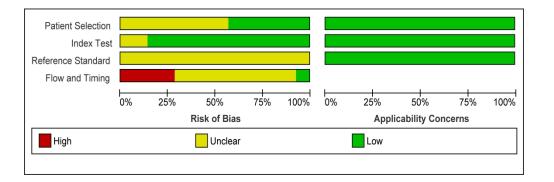




Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Kim 2008	34	20	19	92	0.64 [0.50, 0.77]	0.82 [0.74, 0.89]	-	-
Lee 2013	92	18	52	90	0.64 [0.55, 0.72]	0.83 [0.75, 0.90]	0 0.2 0.4 0.6 0.8 1	









61 33 72 244

71 53 148 259

0.46 [0.37, 0.55]

0.32 [0.26, 0.39]

Lee 2013

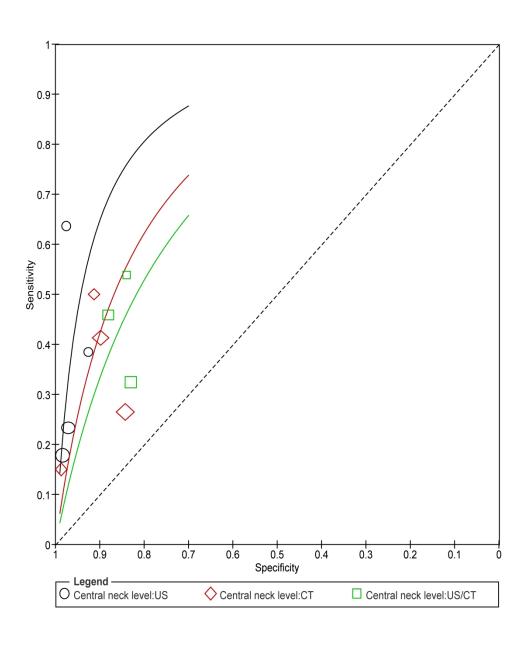
Lee 2018

Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Kim 2008	20	6	32	75	0.38 [0.25, 0.53]	0.93 [0.85, 0.97]	-	-
Lee 2013	31	8	102	269	0.23 [0.16, 0.31]	0.97 [0.94, 0.99]	-	•
Lee 2018	39	5	180	307	0.18 [0.13, 0.24]	0.98 [0.96, 0.99]	•	
Morita 2010	42	2	24	80	0.64 [0.51, 0.75]	0.98 [0.91, 1.00]		
							0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1
Central neck	level:	CT						
Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Kim 2008	26	7	26	74	0.50 [0.36, 0.64]	0.91 [0.83, 0.96]	_	-
Lee 2013	55	28	78	249	0.41 [0.33, 0.50]	0.90 [0.86, 0.93]	-	•
Lee 2018	58	49	161	263	0.26 [0.21, 0.33]	0.84 [0.80, 0.88]	+	•
Morita 2010	10	1	56	81	0.15 [0.08, 0.26]	0.99 [0.93, 1.00]		
							0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1
Central neck	level:	US/	СТ					
Study	ГР Б	P I	FN '	TN :	Sensitivity (95% CI) S	pecificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Kim 2008	28 1	3	24	68	0.54 [0.39, 0.68]	0.84 [0.74, 0.91]	-	-
	-				,	. ,	_	_

0.88 [0.84, 0.92]

0.83 [0.78, 0.87]

0.2 0.4 0.6 0.8 1 0 0.2 0.4 0.6 0.8



Lateral neck level:US

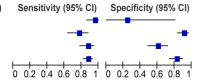
Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Choi 2009	46	3	3	1	0.94 [0.83, 0.99]	0.25 [0.01, 0.81]	-	
Jeong 2006	14	5	12	229	0.54 [0.33, 0.73]	0.98 [0.95, 0.99]		•
Kim 2008	34	7	19	84	0.64 [0.50, 0.77]	0.92 [0.85, 0.97]	-	-
Lee 2013	52	12	22	62	0.70 [0.59, 0.80]	0.84 [0.73, 0.91]	-	-
Lee 2018	117	20	42	94	0.74 [0.66, 0.80]	0.82 [0.74, 0.89]	-	-
Morita 2010	37	5	8	151	0.82 [0.68, 0.92]	0.97 [0.93, 0.99]	 _	
						i	0 02 04 06 08 1	0 02 04 06 08 1

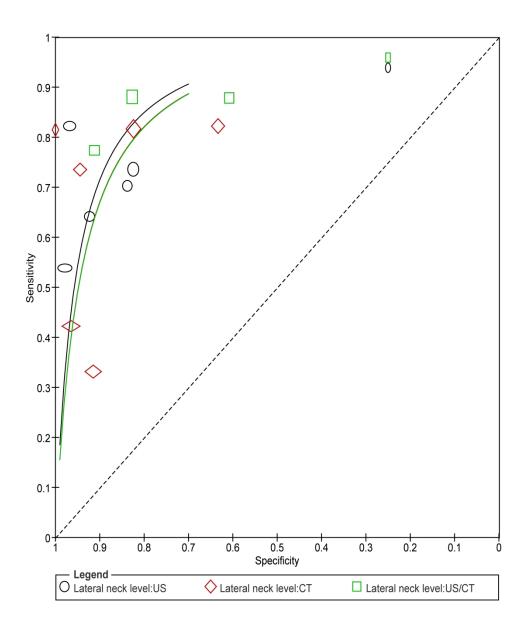
Lateral neck level:CT

Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Choi 2009	40	0	9	4	0.82 [0.68, 0.91]	1.00 [0.40, 1.00]	-	
Jeong 2006	11	8	15	226	0.42 [0.23, 0.63]	0.97 [0.93, 0.99]		•
Kim 2008	39	5	14	86	0.74 [0.60, 0.85]	0.95 [0.88, 0.98]	-	-
Lee 2013	61	27	13	47	0.82 [0.72, 0.90]	0.64 [0.52, 0.74]	-	-
Lee 2018	130	20	29	94	0.82 [0.75, 0.87]	0.82 [0.74, 0.89]	-	-
Morita 2010	15	13	30	143	0.33 [0.20, 0.49]	0.92 [0.86, 0.95]	0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1

Lateral neck level:US/CT

Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)
Choi 2009	47	3	2	1	0.96 [0.86, 1.00]	0.25 [0.01, 0.81]
Kim 2008	41	8	12	83	0.77 [0.64, 0.88]	0.91 [0.83, 0.96]
Lee 2013	65	29	9	45	0.88 [0.78, 0.94]	0.61 [0.49, 0.72]
Lee 2018	140	18	19	86	0.88 [0.82, 0.93]	0.83 [0.74, 0.89]





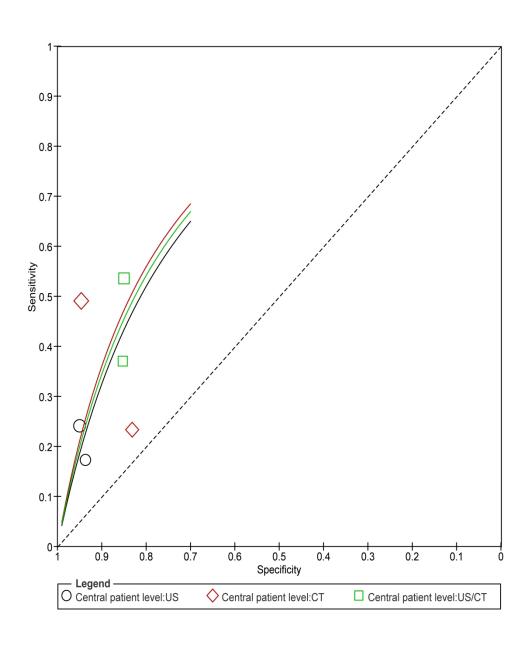


Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI) Sensitivity (95% CI) Specificity (95% CI)	
Lee 2013	27	7	85	133	0.24 [0.17, 0.33]	0.95 [0.90, 0.98]	
Na 2015	14	6	67	89	0.17 [0.10, 0.27]	0.94 [0.87, 0.98]	
						0 0.2 0.4 0.6 0.8 1 0 0.2 0.4 0.6 0.8 1	
Central patient level:CT							

Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Lee 2013	55	7	57	123	0.49 [0.40, 0.59]	0.95 [0.89, 0.98]	-	-
Na 2015	19	16	62	79	0.23 [0.15, 0.34]	0.83 [0.74, 0.90] _h	 +-+	
						(0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1

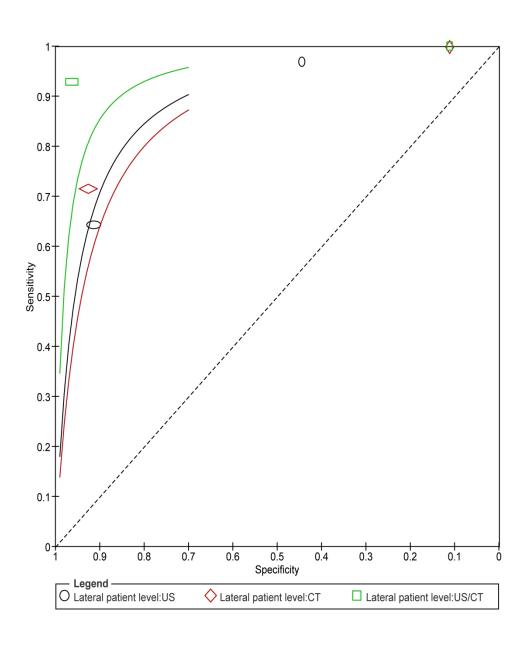
Central patient level:US/CT

Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Lee 2013	60	21	52	119	0.54 [0.44, 0.63]	0.85 [0.78, 0.90]	-	-
Na 2015	30	14	51	81	0.37 [0.27, 0.48]	0.85 [0.77, 0.92]		
							0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1





Study	TD	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI) Sensitivity (95% CI) Specificity (95% CI)
,					, ,	· · · · · · · · · · · · · · · · · · ·
Lee 2013	31	5	1	4	0.97 [0.84, 1.00]	0.44 [0.14, 0.79]
Na 2015	9	14	5	148	0.64 [0.35, 0.87]	0.91 [0.86, 0.95]
						0 0.2 0.4 0.6 0.8 1 0 0.2 0.4 0.6 0.8 1
Lateral pat	iont l	ovol:	СТ			0 0.2 0.4 0.0 0.0 1 0 0.2 0.4 0.0 0.0 1
Lateral pati	ient i	evei.	C1			
Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI) Sensitivity (95% CI) Specificity (95% CI)
Lee 2013	32	8	0	1	1.00 [0.89, 1.00]	0.11 [0.00, 0.48]
Na 2015	10	12	-	150	0.71 [0.42, 0.92]	_
Na 2015	10	12	4	150	0.71 [0.42, 0.92]	0.93 [0.87, 0.96]
						0 0.2 0.4 0.6 0.8 1 0 0.2 0.4 0.6 0.8 1
Lateral pati	ient l	evel:	US/C	CT		
Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI) Sensitivity (95% CI) Specificity (95% CI)
-					• , ,	
Lee 2013	32	8	0	1	1.00 [0.89, 1.00]	0.11 [0.00, 0.48]
Na 2015	13	6	1	156	0.93 [0.66, 1.00]	0.96 [0.92, 0.99]
					-	0 0.2 0.4 0.6 0.8 1 0 0.2 0.4 0.6 0.8 1
						5 5.E 5 5.0 0.0 1 0 0.E 0.1 0.0 0.0 1



Supplementary Table S1. Search strategy

PubMed		Search strategy	Numbers
<u>P</u>	<u>#1</u>	((((thyroid cancer) OR (thyroid carcinoma))	94,066
		OR (thyroid tumor)) OR (papillary thyroid	
		cancer)) OR (thyroid neoplasm)	
	<u>#2</u>	(cervical lymph node) OR (neck lymph node)	<u>38,156</u>
	<u>#3</u>	#1 AND #2	<u>5436</u>
	<u>#4</u>	(metastasis) OR (metastatic)	1,436,116
	<u>#5</u>	<u>#3 AND #4</u>	4005
Intervention	<u>#6</u>	((ultrasonography) OR (ultrasound)) OR (US)	<u>2,49,</u> 7,831
	<u>#7</u>	(computed tomography) OR (CT)	876,390
	<u>#8</u>	#6 AND #7	449,815
<u>P+I</u>	<u>#9</u>	#5 AND #8	<u>317</u>

Embase		Search strategy	Numbers
<u>P</u>	<u>#1</u>	'thyroid cancer' OR 'thyroid carcinoma' OR	88,150
		'thyroid tumor' OR 'papillary thyroid cancer'	
		OR 'thyroid neoplasm'	

	<u>#2</u>	'cervical lymph node' OR 'neck lymph node'	18,642
	<u>#3</u>	#1 AND #2	3260
	<u>#4</u>	'metastasis' OR 'metastatic'	<u>954,603</u>
	<u>#5</u>	#3 AND #4	<u>2772</u>
Ī	<u>#6</u>	'ultrasonography' OR 'ultrasound' OR 'us'	1,451,034
	<u>#7</u>	'computed tomography' OR 'ct'	1,235,000
	<u>#8</u>	#6 AND #7	133,587
<u>P+I</u>	<u>#9</u>	#5 AND #8	<u>486</u>



PRISMA 2009 Checklist

3		20,	
Section/topic	#	Checklist item	Reported on page #
7 TITLE		89 91	
8 Title	1	Identify the report as a systematic review, meta-analysis, or both.	1
10 ABSTRACT		20 20	
13 14	2	Provide a structured summary including, as applicable: background; objectives; data sources study eligibility criteria, participants, and interventions; study appraisal and synthesis methods; results; limitations; conclusions and implications of key findings; systematic review registration number.	2-3
15 INTRODUCTION		oade	
Rationale	3	Describe the rationale for the review in the context of what is already known.	4
18 Objectives	4	Provide an explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS).	5
METHODS		mi	
22 Protocol and registration 23	5	Indicate if a review protocol exists, if and where it can be accessed (e.g., Web address), and if available, provide registration information including registration number.	5-8
25 Eligibility criteria	6	Specify study characteristics (e.g., PICOS, length of follow-up) and report characteristics (e.g., years considered, language, publication status) used as criteria for eligibility, giving rationale.	5-8
27 Information sources 28	7	Describe all information sources (e.g., databases with dates of coverage, contact with study authors to identify additional studies) in the search and date last searched.	5-8
29 Search 30 31	8	Present full electronic search strategy for at least one database, including any limits used, such that it could be repeated.	5-8
32 Study selection 33	9	State the process for selecting studies (i.e., screening, eligibility, included in systematic review, and, if applicable, included in the meta-analysis).	5-8
34 Data collection process 35	10	Describe method of data extraction from reports (e.g., piloted forms, independently, in duplicate) and any processes for obtaining and confirming data from investigators.	5-8
37 Data items 38	11	List and define all variables for which data were sought (e.g., PICOS, funding sources) and structure and simplifications made.	5-8
Risk of bias in individual 40 studies	12	Describe methods used for assessing risk of bias of individual studies (including specification of whether this was done at the study or outcome level), and how this information is to be used in any data synthesis.	5-8
Summary measures	13	State the principal summary measures (e.g., risk ratio, difference in means).	5-8
43 Synthesis of results 44 45	14	Describe the methods of handling data and combining results of studies, if done, including measures of consistency (e.g., I²) for each meta-analysis. For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	5-8



PRISMA 2009 Checklist

1		Page 1 of 2	
Section/topic	#	Checklist item	Reported on page #
Risk of bias across studies	15	Specify any assessment of risk of bias that may affect the cumulative evidence (e.g., publication bias, selective reporting within studies).	5-8
Additional analyses	16	Describe methods of additional analyses (e.g., sensitivity or subgroup analyses, meta-regression), if done, indicating which were pre-specified.	5-8
RESULTS	•	Doy	
Study selection	17	Give numbers of studies screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally with a flow diagram.	8-11
Study characteristics	18	For each study, present characteristics for which data were extracted (e.g., study size, PICOS, follow-up period) and provide the citations.	8-11
Risk of bias within studies	19	Present data on risk of bias of each study and, if available, any outcome level assessment (see item 12).	8-11
Results of individual studies	20	For all outcomes considered (benefits or harms), present, for each study: (a) simple summare data for each intervention group (b) effect estimates and confidence intervals, ideally with a forest plot.	8-11
Synthesis of results	21	Present results of each meta-analysis done, including confidence intervals and measures of consistency.	8-11
Risk of bias across studies	22	Present results of any assessment of risk of bias across studies (see Item 15).	8-11
Additional analysis	23	Give results of additional analyses, if done (e.g., sensitivity or subgroup analyses, meta-regression [see Item 16]).	8-11
DISCUSSION	<u>'</u>	Ap	
Summary of evidence	24	Summarize the main findings including the strength of evidence for each main outcome; consider their relevance to key groups (e.g., healthcare providers, users, and policy makers).	11-13
22 Limitations	25	Discuss limitations at study and outcome level (e.g., risk of bias), and at review-level (e.g., incomplete retrieval of identified research, reporting bias).	14
Conclusions	26	Provide a general interpretation of the results in the context of other evidence, and implications for future research.	15
FUNDING	1	<u>P</u> rot	
Funding	27	Describe sources of funding for the systematic review and other support (e.g., supply of data); role of funders for the systematic review.	None

41 From: Moher D, Liberati A, Tetzlaff J, Altman DG, The PRISMA Group (2009). Preferred Reporting Items for Systematic Reviews and Meta-Analyses: The RISMA Statement. PLoS Med 6(6): e1000097. 42 doi:10.1371/journal.pmed1000097

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BMJ Open

Diagnostic accuracy of ultrasound, computed tomography, and their combination in detecting cervical lymph node metastasis in patients with papillary thyroid cancer: a systematic review and meta-analysis

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Primary Subject Heading :	Oncology
Secondary Subject Heading:	Radiology and imaging
Keywords:	Ultrasound < RADIOLOGY & IMAGING, Computed tomography < RADIOLOGY & IMAGING, Computed tomography < RADIOTHERAPY

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Diagnostic accuracy of ultrasound, computed tomography, and their combination in detecting cervical lymph node metastasis in patients with papillary thyroid cancer: a systematic review and meta-analysis

Jian Yang^{1,†}, Fengyan Zhang^{2,†}, Ying Qiao^{2,*}

¹Department of Radiology, Xishan Coal Electricity Group Workers General Hospital, Taiyuan, 030053, Shanxi Province, China

²Department of Radiology, First Clinical Medical College, Shanxi Medical University,

Taiyuan, 030001, Shanxi Province, China

†These authors contributed equally to this work.

*Correspondence:

Ying Qiao

Department of Radiology, First Clinical Medical College, Shanxi Medical University, Taiyuan, 030001, Shanxi Province, China

Tel: +86-15103462912

E-mail: qiaoying910723@163.com

Running Head: US and CT for CLNM for PTC

Abstract

Objectives: To determine the diagnostic accuracy of ultrasound (US), computed tomography (CT) and their combination in detecting cervical lymph node metastasis (CLNM) in patients with papillary thyroid cancer (PTC).

Methods: Medline (via PubMed), Web of Science, Embase were searched to identify studies published till December 5, 2021, that used US and CT to detect CLNM in patients with PTC. The primary outcomes were sensitivity, specificity, and diagnostic odds ratios (DORs) in neck level-based (lymph nodes are analyzed by neck level) or patient-based (lymph nodes are analyzed by patient) analysis. Secondary outcomes were sensitivity, specificity, and DORs in the central and lateral compartments.

Results: Fourteen studies (6167 patients with 11,601 neck lymph nodes) met the inclusion criteria. Based on the neck level-based analysis, the pooled sensitivity, specificity and DORs were 0.35 (95% confidence interval [(CI) 0.34-0.37], 0.95 (95% CI 0.94-0.95), and 13.94 (95% CI 9.34-20.82) for US, were 0.46 (95% CI 0.44-0.47), 0.88 (95% CI 0.87-0.89), and 7.24 (95% CI 5.46-9.62) for CT, were 0.51 (95% CI 0.49-0.52), 0.85 (95% CI 0.84-0.86), 6.01 (95% CI 3.84-9.40) for the combination of US and CT. In the patient-based analysis, the pooled estimates of sensitivity, specificity, and DOR were 0.41 (95% CI 0.36-0.46), 0.92 (95% CI 0.89-0.94), and 7.56 (95% CI 4.08-14.01) for US, were 0.49 (0.44-0.54), 0.91 (0.89-0.94), 9.40 (5.79-15.27) for CT, and were 0.64 (95% CI 0.57-0.71), 0.83 (95% CI 0.77-0.88), 8.59 (95% CI 5.37-13.76) for the combination of US and CT.

Discussion: These findings suggest US, with a DOR almost twice that of CT in the neck level-based analysis, was superior to CT in detecting CLNM in patients with PTC,

especially in the lateral compartment. The combination of US and CT increased the sensitivity from 41%-49% for the individual modalities to 64% for combined modalities in the patient-based analysis.

Keywords: ultrasound; computed tomography; cervical lymph node metastasis; papillary thyroid cancer; meta-analysis.

Strengths and limitations

- Only studies that analyzed CT and US were included.
- The analyses were performed based on the neck level and the patient level.
- Heterogeneity was observed due to study design and timing of the examinations.
- The use of CT for CLNM screening is not recognized everywhere globally.

Introduction

Papillary thyroid carcinoma (PTC) is an endocrine neoplasia with a high incidence of lymphatic metastasis and is associated with regional recurrence [1-3]. The incidence of cervical lymph node metastasis (CLNM) in patients with thyroid cancer has been reported to be 20%-90% [4]. The presence of CLNM might increase the risk of locoregional recurrence after surgery [5 6], worsening prognosis and survival [7]. Therefore, it is of great clinical importance to accurately evaluate CLNM and determine the extent of neck dissection [8]. Although prophylactic central compartment neck (groups VI and VII) dissection (ipsilateral or bilateral) is recommended by the American Thyroid Association (ATA) guidelines in patients with clinically positive central nodes, especially for those with advanced primary tumors, the information regarding prophylactic lateral compartment (groups I-V) neck dissection has not been clearly stated [8]. Thus, the indications for neck dissection, especially the lateral compartment, should be carefully assessed as it might lead to severe postoperative complications [9].

Preoperative staging with ultrasound (US) for cervical lymph nodes, including both central and lateral neck compartments, is the most widely accepted first imaging technique for patients with thyroid or suspicious malignancies cytologic or molecular findings. It can observe node enlargement, loss of fatty hilum, a rounded rather than oval shape, hyperechogenicity, cystic change, peripheral vascularity, and calcifications, which are all indicators of malignant invasion [10]. In addition, US is inexpensive, widely available, can be carried out bedside, and provide real-time imaging. Still, US is operator-dependent, and the images will vary depending on the angle and pressure of the probe on

the neck. Computed tomography (CT) provides three-dimensional neck images that avoid operator-dependency issues. On the other hand, the analysis of each layer takes time, and the use of contrast carries a risk of kidney injury. The preoperative use of computed tomography (CT) with intravenous (IV) contrast is complementary to US in patients with advanced disease [8 11 12]. A suspicious node on US can be confirmed by CT, and CT can detect nodes that were not visible because they were behind solid or air-containing structures or were not considered suspicious for various reasons. Although several studies have failed to prove the benefit of CT over US in detecting lateral lymph node metastasis [13-15], some studies suggested a superior diagnostic performance of the combination of preoperative US with CT over US alone [14 16-19].

Some meta-analyses examining the diagnostic accuracy of US and CT in detecting CLNM in patients with PTC have been previously conducted [20-24]. However, these meta-analyses studies integrated the findings of US and CT from different studies and populations.

To the best of our knowledge, no previous meta-analysis included studies that evaluated CLNM in patients with PTC using both US and CT, which could minimize the confounding effect of an operator in interpreting the diagnostic accuracy of preoperative imaging. This meta-analysis aimed to evaluate the sensitivity, specificity, and diagnostic odds ratios (DORs) of US, CT, and their combination in detecting positive CLNM in patients with PTC based on the central and lateral neck levels and by using neck level-based (lymph nodes are analyzed by neck level) and patient-based (lymph nodes are analyzed by patient, irrespective of the level) analyses.

Methods

Systematic literature research

This meta-analysis was reported according to the Preferred Reporting Items for Systematic reviews and Meta-Analysis guidelines [25]. Ethical approval was waived due to the secondary data acquisition from previously published papers available in the public domain. A systematic search of Medline (via PubMed), Web of Science, and Embase was conducted to identify studies published up to December 5, 2021, that assessed the accuracy of US and CT in detecting CLNM in patients with PTC. The search strategy was developed in collaboration with a hospital librarian and included subject headings and text words: ("thyroid cancer" OR "thyroid carcinoma" OR "thyroid tumor" OR "papillary thyroid cancer" OR "thyroid neoplasm") AND ("cervical lymph node" OR "neck lymph node") AND ("metastasis" or "metastatic") AND ("ultrasonography" or "ultrasound" or "US") AND (computed tomography" or "CT") (Supplementary Table S1). The studies were initially screened by examining their titles and abstracts, and the full texts of potentially eligible studies were retrieved for further review. No language restriction was applied. A manual search of additional records and reference lists was also performed to include more relevant studies.

Study selection

The inclusion criteria of the studies were (a) prospective or retrospective studies that evaluated the diagnostic accuracy of both US and CT for detecting CLNM in patients with PTC, using neck level-based or patient-based analysis; (b) studies with >10 patients; (c) studies with a reference standard of histopathology or cytology (the diagnostic gold

standard was the pathological diagnosis of the resected lymph nodes); (d) studies that reported the absolute numbers of true-positive (TP), true-negative (TN), false-positive (FP), and false-negative (FN) results directly or derived from the reported data or communicated by the authors in response to our request; (e) studies published in English.

The exclusion criteria were (i) case reports, case series, review articles, pictorial essays, letters to editors, unpublished data, conference abstracts, and proceedings on the topic of interest; (ii) studies that used only US or only CT; (iii) insufficient data regarding TP, FP, FN, and TN; (iv) duplicate publications using the same databases and studies; (v) if the patient population of one article is overlapping with the patient population of other or multiple articles, then the article with the largest sample size was included; (vi) studies with less than 10 cases confirmed by the reference standard. One reader reviewed the full texts of the candidate articles and selected those that met the inclusion criteria. A second reader reviewed the process of the inclusion of articles in the meta-analysis. No interreader disagreements were observed.

Primary and secondary outcomes

The primary outcomes were sensitivity, specificity, and DORs in a neck level-based or patient-based analysis. Secondary outcomes were sensitivity, specificity, and DORs in central and lateral compartments in neck level-based or patient-based analysis.

Data extraction and quality assessment

Two reviewers independently performed the data extraction. Data such as study characteristics, clinical and patient characteristics, reference standard or standards, cervical lymph node compartment, technical characteristics of CT and US and contrast enhancement, the definition of CLNM according to CT and US image findings, and the

diagnostic performance of CT and US, such as TP, FP, FN, TN were obtained from each study.

Two reviewers who were not blinded to the journal names, author names, and year of publication assessed the methodologic and reporting quality of each study by using the Quality Assessment of Diagnostic Accuracy Studies 2 (QUADAS-2) [26]. Each study was independently assessed by two reviewers after a tutorial meeting on the guidelines for interpreting the items. Any disagreements were resolved by discussion with an experienced third reviewer.

Statistical analysis

The pooled sensitivity, specificity, diagnostic odds ratio (OR), positive likelihood ratio (LR+), and negative likelihood ratio (LR-) were calculated for US and CT in a neck level-based analysis (at neck level, central neck level, and lateral neck level) and a patient-based analysis (patient level, central patient level, and lateral level). The heterogeneity of pooled sensitivity, specificity, diagnostic OR, LR+, and LR- was measured by the inconsistency (I^2). Heterogeneity in the included articles was defined as small $I^2 < 25\%$, moderate I^2 25%-50%, and obvious $I^2 > 50\%$. If heterogeneity was detected (I^2 -value $I^2 = 10\%$), a random-effects model was applied; otherwise, a fixed-effects model was used. A bivariate logistic regression model was used for meta-analysis of diagnostic test accuracy [27], and forest plots were created. The pooling of sensitivity, specificity, diagnostic OR, LR+, and LR- was performed using the Meta-Disc software (version 1.4, Madrid, Spain). Forest plots and summary receiver operating characteristic (SROC) curves were obtained using RevMan 5.3. A I^2 -value of $I^2 = 10\%$ 0.05 was considered statistically significant.

Patient and public involvement

The patients and the public were not involved in this study.

Results

Characteristics of included studies

The initial literature search yielded 1135 potential studies for this meta-analysis. A total of 449 articles were screened after removing the duplicates. Of these, 372 studies were excluded after reviewing the titles and abstracts, and 63 articles were excluded after reviewing the full texts (Figure 1). Fourteen studies were ultimately selected for inclusion [13 14 16-19 28-35]: 10 studies used a neck level-based analysis, two studies used a patient-based analysis, and two studies used both. Five studies reported the diagnostic performance by combining both US and CT [14 16-19]. A total of 6167 patients with 11,601 neck lymph nodes were included, and all patients were diagnosed with PTC except one who was diagnosed with medullary thyroid cancer. The earliest study was started in 1997, whereas the latest one was started in 2012. The median number of patients per study was 171 (range 20-3668), while the median number of lymph nodes per study was 331 (range 107-6557). Eleven were retrospective studies, and three were prospective studies; 13 studies were performed preoperatively, and 1 study was performed postoperatively. Twelve, one, and one were conducted in Korea, the United States, and Japan, respectively (Table 1). The studies included in this meta-analysis were of moderate quality (supplementary Figure 1[sFigure 1], sFigure 2).

Neck level-based diagnostic accuracy of US and CT

Eleven studies used both CT and US for detecting CLNM in patients with PTC, and five of them assessed the diagnostic accuracy of the combination of CT and US. The pooled sensitivity, specificity, diagnostic OR, LR+, and LR- were 0.35 (95% CI 0.34-0.37), 0.95 (95% CI 0.94-0.95), 13.94 (95% CI 9.34-20.82), 6.79 (95% CI 4.79-9.63), and 0.50 (95% CI 0.41-0.60) for US, were 0.46 (95% CI 0.44-0.47), 0.88 (95% CI 0.87-0.89), 7.24 (95% CI 5.46-9.62), 3.77 (95% CI 2.08-6.84), and 0.52 (95% CI 0.45-0.61) for CT, and were 0.51 (95% CI 0.49-0.52), 0.85 (95% CI 0.84-0.86), 6.01 (95% CI 3.84-9.40), 3.04 (95% CI 1.93-4.80), and 0.52 (95% CI 0.45-0.60) for the combination of US and CT, with marked heterogeneity (Table 2, Figure 2, Figure 3).

Subgroup analyses of central and lateral neck levels were performed to investigate the effects of cervical lymph node compartment based on the diagnostic accuracy of US and CT. The subgroup analysis of the central neck level revealed that the pooled sensitivity, specificity, and DOR of US were 0.28 (95% CI 0.24-0.32), 0.97 (95% CI 0.96-0.98), and 14.07 (95% CI 6.66-29.71) from four studies. For CT, the pooled sensitivity, specificity, and DOR were 0.32 (95% CI 0.28-0.36), 0.89 (95% CI 0.86-0.91), and 5.48 (95% CI 2.15-13.98) from four studies. The pooled sensitivity, specificity, and DOR of the combination of US and CT were 0.40 (95% CI 0.35-0.45), 0.85 (95% CI 0.82-0.88), and 4.32 (95% CI 2.09-8.92) from three studies (Table 2, sFigure 3, sFigure 4).

In contrast, the subgroup analysis of the lateral neck level revealed that the pooled sensitivity, specificity, and DOR of US were 0.74 (95% CI 0.69-0.78), 0.92 (95% CI 0.90-0.94), and 24.41 (95% CI 11.16 -53.42) from six studies; the values for CT were 0.73 (95% CI 0.68-0.77), 0.89 (95% CI 0.87-0.91), and 15.55 (95% CI 7.98-30.32) from

six studies; the values for the combination of US and CT were 0.88 (95% CI 0.83-0.91), 0.79 (95% CI 0.73-0.84), and 22.59 (95% CI 11.29-45.19) from four studies (Table 2, sFigure 5, sFigure 6).

Patient-based diagnostic accuracy of US and CT

Four studies included both US and CT in detecting CLNM in patients with PTC, and two of them assessed the diagnostic accuracy by combining both CT and US. The pooled estimates of sensitivity, specificity, and DOR of US were 0.41 (95% CI 0.36-0.46), 0.92 (95% CI 0.89-0.94), and 7.56 (95% CI 4.08-14.01); the values for CT were 0.49 (0.44-0.54), 0.91 (0.89-0.94), and 9.40 (5.79-15.27); the values for the combination of US and CT were 0.64 (95% CI 0.57-0.71), 0.83 (95% CI 0.77-0.88), and 8.59 (95% CI 5.37-13.76) (Table 2, Figure 4, Figure 5).

Only two studies assessed the diagnostic accuracy of US, CT, and their combination on a patient basis. On the patient level, the pooled estimates of sensitivity, specificity, and DOR were 0.21 (95% CI 0.16-0.28), 0.95 (95% CI 0.91-0.97), and 4.53 (95% CI 2.34-8.77) for US, were 0.38 (95% CI 0.32-0.46), 0.90 (95% CI 0.85-0.93), and 5.02 (95% CI 0.46-54.54) for CT, and were 0.47 (95% CI 0.39-0.54), 0.85 (95% CI 0.80-0.89), and 4.88 (95% CI 2.58-9.23) for the combination of CT and US (Table 2, sFigure 7, sFigure 8).

In contrast, the pooled estimates of sensitivity, specificity, and DOR of US were 0.87 (95% CI 0.74-0.95), 0.89 (95% CI 0.83-0.93), and 20.11 (95% CI 6.77-59.70); the values for CT were 0.92 (95% CI 0.81-0.98), 0.88 (95% CI 0.83-0.93), and 36.88 (95% CI 11.40-119.35); the values for the combination of US and CT were 0.98 (95% CI 0.89-

0.99), 0.92 (95% CI 0.87-0.96), and 78.10 (95% CI 2.82-2160.4) (Table 2, sFigure 9, sFigure 10).

Discussion

This meta-analysis revealed that the DORs of US in the neck level-based analysis was higher than for CT or their combination on the central, lateral, and neck levels. Differentiated thyroid carcinoma, particularly PTC, involves CLNMs in 20%-50% of the patients [36-39], which could prevent small and intrathyroidal primary tumors[40]. Still, the clinical implications of macrometastases (≥2 mm) are more significant than micrometastases, in which 90% of patients might reach the criteria according to the sensitivity of the imaging methods [41 42]. The combination of US features might increase the likelihood of detecting CLNM as several US features are suggestive of metastatic lymph nodes, including enlargement, loss of fatty hilum, a rounded rather than oval shape, hyperechogenicity, cystic change, peripheral vascularity, and calcifications [10]. The preoperative US identifies lymph node or soft-tissue metastases in up to 39% of patients who had no physical examination [43] and changed the operative management in 23% of patients [44].

Previous meta-analyses examined CT and US. Suh et al. [20] and Cho et al. [21] demonstrated the value of CT for CNLM but did not include US. Raijmakers et al. [22] only examined the detection of the sentinel lymph node. Wu et al. [23] and Zhao et al. [24] examined the value of US for CLNMs but did not include CT. Therefore, these studies did not examine CT and US simultaneously. Our data found that the DORs of CT were higher than US and the combination, and the DORs of the combination remained

higher than US and CT by patient-based analysis. This was reasonable because the sensitivity of CT in the patient-based analysis was higher than that of US in the central, lateral, and patient analyses. This result might still need further investigation because of the inclusion of a small number of studies in the subgroup analysis. The operator-independent CT could be used as an adjunct in imaging deep anatomic structures, including the mediastinum, infraclavicular, retropharyngeal, and parapharyngeal regions and the structures that are acoustically shadowed by bone or air. In addition, preoperative knowledge on the extent of laryngeal, tracheal, and esophageal involvement, as well as bulky nodal disease from neck CT with contrast, significantly influences the surgical plan by indicating the need for sternotomy, tracheal or laryngeal resection, and reconstruction [45].

The results suggested that the sensitivity on the lateral compartment tended to be higher than for the central compartment regardless of the use of US, CT, or their combination in the neck level-based and patient-based analyses. The location of the lymph nodes helps in decision-making as most of the metastatic nodes are found in the lower third of the neck, and reactive enlarged lymph nodes are found in the upper part of the neck [46]. Besides, the lateral compartment should be carefully evaluated for skip metastases located in the upper pole or are ≤1 cm in diameter [47]. For patients who had preoperative CT and US and subsequently underwent total thyroidectomy and neck dissection, the sensitivity of CT was much better than US for evaluating CLNM on the neck level, but the sensitivity, specificity, and DORs for the lateral neck level tended to be higher than those of the central neck level for both CT and US[13]. Dual-energy CT (DECT) for assessing CLNM in patients with PTC was not included in this meta-analysis

as it can generate iodine-based material decomposition (MD) images and spectral HU curve [48-50]. In accordance with the findings from CT, combined gemstone spectral image (GSI) parameters from DECT also demonstrated better diagnostic accuracy of CLNM in patients with PTC when compared to those that are obtained by combining the US morphological parameters especially in the lateral compartment [50].

Our findings revealed that compared to US or CT alone, the combination of both US and CT demonstrated higher sensitivity, i.e., a meta-analytic summary sensitivity of 0.51 (0.49-0.52) and 0.64 (0.57-0.71), and a lower specificity, i.e., a meta-analytic summary specificity of 0.85 (0.84-0.86) and 0.83 (0.77-0.88) for evaluating CLNM in patients with PTC using neck level-based and patient-based analyses, respectively. In patients undergoing primary and revision surgical treatment for PTC, combined preoperative mapping with US and CT yielded significantly higher sensitivity for detecting macroscopic lymph nodes in both lateral and central neck, especially in the central neck [33].

It should be noted that the study has strengths. Firstly, Boolean operatives of "AND" rather than "OR" were used for combined datasets for all studies. Namely, only studies of direct head-to-head comparison by US, CT, and combination of both in the same patient population were included in this meta-analysis, avoiding bias due to differences in patient and institutional factors. Secondly, a meta-analysis of the included studies was performed by using neck level-based and patient-based analyses and on all, central, and lateral neck levels. Lastly, our data suggested that future follow-up studies should be performed to determine the comparative role of US and CT in identifying false-negative nodes that are not biopsied or excised.

Despite great clinical significance, there are several limitations in the current metaanalysis that are mostly associated with the available data and heterogeneity of design, interpretation of results, and reporting of data in primary studies. Firstly, the sources of heterogeneity among primary studies in meta-analyses have been reported by several previous studies, which included contrast amount, scan phase, and reconstruction slice thickness for CT [21], and the criteria of lymph node diameter and vascular flow for US [24]. Secondly, the literature included is limited due to the study design and timing of imaging. Eleven of the 14 studies (78.6%) were retrospective, and one of the 14 studies was a postoperative imaging study. A large proportion of retrospective studies might increase the sensitivity of CT and US. Twelve of the 14 studies were conducted in Korea, and so ethnic factors might affect the results of this meta-analysis. Thus, the complementary use of CT might be routine in Korea but not necessarily applicable to other parts of the world, especially in developing countries. Thirdly, modern highresolution US transducers have a lateral resolution of 2 mm, which is not feasible for CT, allowing for the detection of small nodes and the presence of microcalcification. The included CT studies might not be comparable from one study to another, particularly over the decade, depending on the equipment, slice thickness, amount of contrast injected, etc. Fourthly, four of the 14 included studies were with patient-based results, and 12 of 14 studies were of suboptimal quality, and no definite recommendation could be drawn from the present study. Finally, MRI, US-guided FNA, and PET-CT were not included in the meta-analysis to directly compare CT and US, although they also play complementary roles in managing CLNMs in PTC.

Despite these potential drawbacks, this meta-analysis demonstrated the unique complementary value of CT secondary to US in detecting CLNMs in patients with PTC in the patient-based analysis. More importantly, the choice of a diagnostic test should be tailored to have feasible access to these imaging modalities at individual healthcare centers.

Conclusion

These findings suggest that US, with a DOR of almost twice that for CT in the neck level-based analysis, was superior to CT in detecting CLNM in patients with PTC, especially in the lateral compartment. The combination of US and CT increased the sensitivity from 41%-49% for the individual modalities to 64% for combined modalities in the patient-based analysis. CT might be valid a candidate imaging technique secondary to US in the management of CLNM in patients with PTC.

Ethics approval statement

Not applicable

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Authorship

Jian Yang is the guarantor of the integrity of the entire study. Ying Qiao designed and conceptualized the study concepts and design, Jian Yang performed the literature search. Ying Qiao analyzed the literature. Jian Yang analyzed the data. Gengyan Zhang performed the statistical analyses, Ying Qiao prepared the manuscript. Fengyan Zhang edited the manuscript.

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Data Sharing Statement

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

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Figure legend

- Figure 1. Flowchart of the literature search process
- **Figure 2**. Forest plots for the sensitivities and specificities of US, CT, and combination in neck level-based analysis
- **Figure 3**. SROC of US, CT, and combination in detecting CLNM in patients with PTC in neck level-based analysis

SROC, summary receiver operating characteristic; CLNM, cervical lymph node metastasis; PTC, papillary thyroid cancer.

- **Figure 4**. Forest plots for the sensitivities and specificities of US, CT, and combination in patient-based analysis
- **Figure 5**. SROC of US, CT, and combination in detecting CLNM in patients with PTC in patient-based analysis

SROC, summary receiver operating characteristic; CLNM, cervical lymph node metastasis; PTC, papillary thyroid cancer

Table 1.	Characteristics	of includ	led studies

						BMJ Oper	1				0.1136/bmjopen-2021-05	
Tal	ole 1.	Characteris	stics of included	studies							pen-2021-0	
Study		Country	Study design	Timing of	Duration	of	Sample (n)	Age		No	Diagnosis	Analysis
				imaging	patient		(males/	(rang	ge)	lymp	_	methods
					recruitme	ent	females)			node	uly 202	
Jeong	HS	Korea	Retrospective	Preoperative	July	2004-	26 (7/19)	44	(17-	312	All PTC	L
2006[28]					March 20	005		73)			/nloaded	
Kim	Е	Korea	Retrospective	Preoperative	April	2006–	165 (25/140)	48	(16-	277	Market All PTC	L+P
2008[16]					October 2	2006		78)			http://b	
Ahn	JE	Korea	Retrospective	Preoperative	January	2005-	37 (7/30)	47(2	0-68)	181	nttp://bmjopen	L
2008[13]					Decembe	er 2005					•	
Choi	JS	Korea	Retrospective	Preoperative	February	2006–	299 (44/255)	45	(20-	352	All PTC	L
2009[14]					April 200)7		74)			April 9,	
Choi	YJ	Korea	Retrospective	Preoperative	January	2007–	589 (121/468)	46		589	All PTC	P
2010[29]					Decembe	er 2008					by guest.	
Morita	S	Japan	Prospective	Preoperative	January	2007–	74 (12/62)	66	(16-	349		L
2010[30]					Decembe	er 2009		84)			tected	
											All PTC Protected by copyright.	
						29					/right.	

										() () -	All PTC	
Yoon	JH	Korea	Retrospective	Preoperative	February	2007-	113 (16/97)	46	(15-	122	All PTC	L
2011[31]					Decembe	r 2007		83)				
Seo	YL	Korea	Retrospective	Postoperative	August	2008–	20 (4:16)	49.8			3 19 PTC, 1	L
2012[32]					August 20	011				1	MTC	
Lee	DW	Korea	Retrospective	Preoperative	January	2007–	252 (45/207)	49	(15-	558	All PTC	L+P
2013[17]					May 2010	0		82)			MTC All PTC for All PTC	
Lesnik	D	USA	Prospective	Preoperative	2003–200)8	95 (NA)	NA		196	All PTC	L
2014[33]											P++0://F	
Na	DK	Korea	Retrospective	Preoperative	March	2011-	176 (44/132)	43	(23-	352 6557	All PTC	P
2015[19]					February	2012		74)			3 3.	
Kim	SK	Korea	Retrospective	Preoperative	January	1997–	3668 (NA)	NA		6557	All PTC	L
2017[34]					June 2013	5				· ·	D	
Eun	NL	Korea	Retrospective	Preoperative	January	2013-	302 (76:226)	44				L
2018[34]					Decembe	r 2015				9		
Lee	Y	Korea	Prospective	Preoperative	Novembe	er	351 (78:273)	47.1		801	All PTC All PTC	L
2018[18]					2011–Dec	cember						
										000		

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anyroid carc. NA not available; PTC papillary thyroid carcinoma; MTC medullary thyroid carcinoma; L, neck level-based analysis; P, Patient-based

analysis

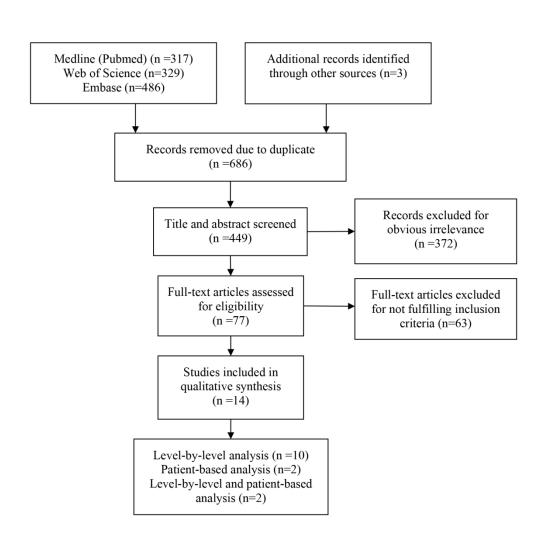
Table 2. Pooled estimates of sensitivity, specificity, diagnostic OR, LR+, LR-

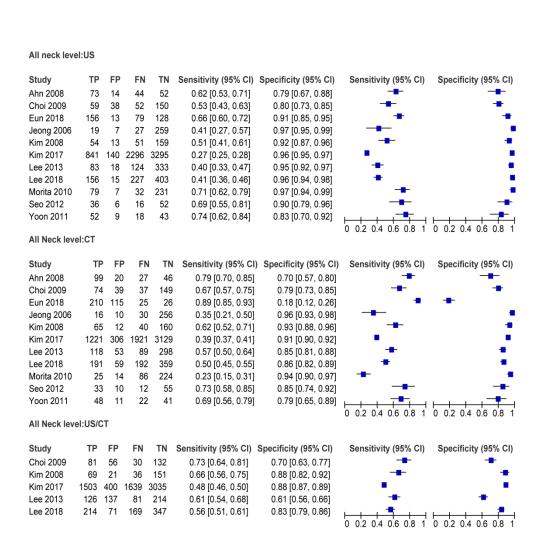
					O _G	
	Studies,n	Sensitivity (95% CI)	Specificity (95% CI)	Diagnostic OR (95% CI)	LR+ (95% CI) 55	LR- (95% CI)
Diagnos	tic accuracy	of CT or US on neck le	evel		0 7 4 2	
All neck	level	_			uly 20	
US	11	0.35 (0.34-0.37, 97.5)	0.95 (0.94-0.95, 90.8)	13.94 (9.34-20.82, 81.0)	6.79 (4.79-9.63, 84.1)	0.50 (0.41-0.60, 95.2)
CT	11	0.46 (0.44-0.47, 97.6)	0.88 (0.87-0.89, 97.9)	7.24 (5.46-9.62, 72.2)	3.77 (2.08-6.84, 98.5)	0.52 (0.45-0.61,89.7)
US/CT	5	0.51 (0.49-0.52, 92.8)	0.85 (0.84-0.86, 97.8)	6.01 (3.84-9.40, 89.2)	3.04 (1.93-4.80, 96.3)	0.52 (0.45-0.60, 78.8)
Central 1	neck level				om http:	
US	4	0.28 (0.24 0.22 04.2)	0.97 (0.96-0.98, 53.0)	14.07 (6.66-29.71, 53.1)	14.07 (6.66-29.71, 53.13)	
US	4	0.28 (0.24-0.32, 94.3)	0.97 (0.96-0.98, 53.0)	14.07 (0.00-29.71, 33.1)	14.07 (0.00-29.71, 33.13)	53.1)
CT	4	0.32 (0.28-0.36, 88.2)	0.89 (0.86-0.91, 84.6)	5.48 (2.15-13.98, 84.3)	3.71 (1.79-7.66, 83.0)	0.74 (0.62-0.89, 86.7)
US/CT	3	0.40 (0.35-0.45, 82.3)	0.85 (0.82-0.88, 37.0)	4.32 (2.09-8.92, 81.0)	2.85 (1.75-4.65, 77.5)	0.67 (0.52-0.86, 83.9)
Lateral r	neck level				n April	
US	6	0.74 (0.69-0.78, 78.1)	0.92 (0.90-0.94, 89.6)	24.41 (11.16 -53.42, 71.9)	6.67 (2.91-15.30, 90.5)	0.35 (0.28-0.43, 30.1)
CT	6	0.73 (0.68-0.77, 90.7)	0.89 (0.87-0.91, 91.8)	15.55 (7.98 -30.32, 64.6)	5.54 (2.95-10.39, 82.9)	0.35 (0.21 -0.59, 91.4)
US/CT	4	0.88 (0.83-0.91, 64.1)	0.79 (0.73-0.84, 89.6)	22.59 (11.29 -45.19, 46.6)	3.31 (1.53-7.17, 91.1)	0.19 (0.14-0.25, 0)
Diagnos	tic accuracy	of CT or US on patient	level		Prote	
All patie	ent level				Cted b	
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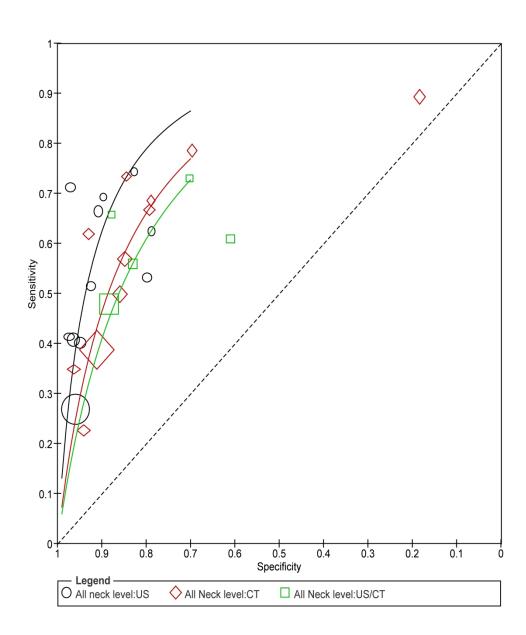
					i	\neg	
US	4	0.41 (0.36-0.46, 95.5)	0.92 (0.89-0.94, 0)	7.56 (4.08-14.01, 51.3)	4.48 (3.31 -6.05, 0)	2021-	.65 (0.53-0.80, 75.5)
CT	4	0.49 (0.44-0.54, 95.9)	0.91 (0.89-0.94, 66.8)	9.40 (5.79-15.27, 34.4)	4.84 (3.66-6.39, 0)	05156	.53 (0.37-0.75, 85.6)
US/CT	2	0.64 (0.57-0.71, 0)	0.83 (0.77-0.88, 0)	8.59 (5.37-13.76, 0)	3.71 (2.72 -5.08, 0)	86 94 0	.43 (0.36-0.53, 0)
Central p	patient level					0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	
US	2	0.21 (0.16-0.28, 24.8)	0.95 (0.91-0.97, 0)	4.53 (2.34-8.77, 0)	3.78 (2.08-6.86, 0)	2022.	.84 (0.76 -0.93, 36.4)
CT	2	0.38 (0.32-0.46, 92.6)	0.90 (0.85-0.93, 87.2)	5.02 (0.46-54.54, 94.4)	3.52 (0.52-23.84, 93.8)	Down 0	.71 (0.41-1.22, 95.3)
US/CT	2	0.47 (0.39-0.54, 80.8)	0.85 (0.80-0.89, 0)	4.88 (2.58-9.23, 46.4)	3.14 (2.23-4.41, 0)	oaded 0	.64 (0.47-0.86, 78.4)
Lateral p	atient level					from	
US	2	0.87 (0.74-0.95, 88.2)	0.89 (0.83-0.93, 91.4)	20.11 (6.77-59.70, 0)	3.58 (0.85-15.16, 91.0)	http://	.22 (0.05-1.08, 58.0)
CT	2	0.92 (0.81-0.98, 88.6)	0.88 (0.83-0.93, 96.8)	36.88 (11.40 -119.35, 0)	3.44 (0.29-40.77, 98.3)	omjop 0	.23 (0.10-0.52, 0)
US/CT	2	0.98 (0.89-0.99, 58.9)	0.92 (0.87-0.96, 97.5)	78.10 (2.82 -2160.4, 65.2)	5.30 (0.15-186.11, 98.6		.08 (0.02-0.41, 0)
Results	are presente	ed as n (95% CI, I2 %); O	R, odds ratio; LR+, posit	ive likelihood ratio; LR-, neg	ative likelihood ratio.	.com/	
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Supplementary materials

- sFigure 1. Summary of risk of bias and applicability concerns
- sFigure 2. Risk of bias and applicability concerns graph
- sFigure 3. Forest plots for the sensitivities and specificities of US, CT, and combination in central neck level analysis
- sFigure 4. SROC of US, CT, and combination in detecting CLNM in patients with PTC in central neck level analysis
- sFigure 5. Forest plots for the sensitivities and specificities of US, CT, and combination in lateral neck level analysis
- sFigure 6. SROC of US, CT, and combination in detecting CLNM in patients with PTC in lateral neck level analysis
- sFigure 7. Forest plots for the sensitivities and specificities of US, CT, and combination in central patient level analysis
- sFigure 8. SROC of US, CT, and combination in detecting CLNM in patients with PTC in central patient level analysis
- sFigure 9. Forest plots for the sensitivities and specificities of US, CT, and combination in lateral patient level analysis
- sFigure 10. SROC of US, CT, and combination in detecting CLNM in patients with PTC in lateral patient level analysis

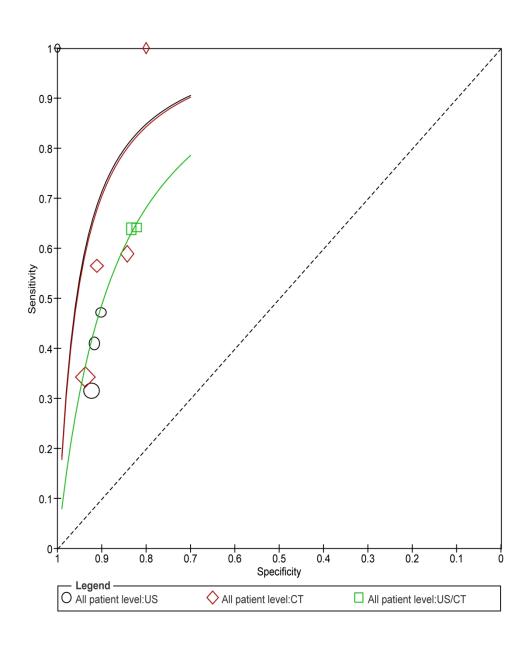


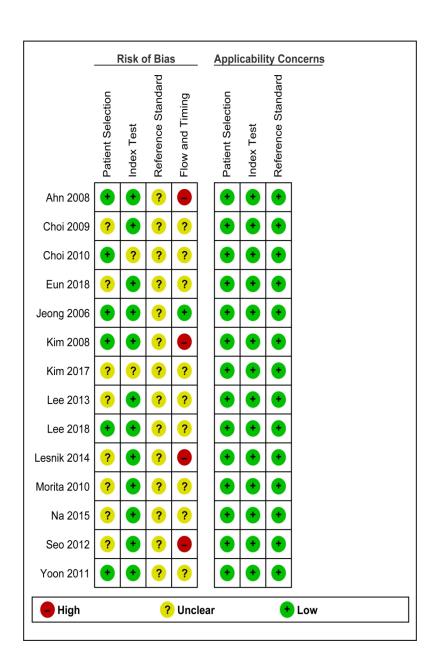


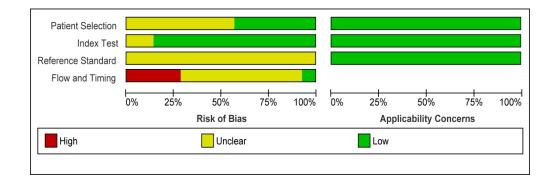




Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)		
Ahn 2008	32	0	0	5	1.00 [0.89, 1.00]	1.00 [0.48, 1.00]	-			
Choi 2010	75	27	163	324	0.32 [0.26, 0.38]	0.92 [0.89, 0.95]	-	•		
Kim 2008	25	11	28	101	0.47 [0.33, 0.61]	0.90 [0.83, 0.95]	-	-		
Lee 2013	59	9	85	99	0.41 [0.33, 0.49]	0.92 [0.85, 0.96]				
							0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1		
All patient level:CT										
								0 10 11 10 10 00		
Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)		
Ahn 2008	32	1	0	4	1.00 [0.89, 1.00]	0.80 [0.28, 0.99]	-			
Choi 2010	82	22	156	329	0.34 [0.28, 0.41]	0.94 [0.91, 0.96]	-	•		
Kim 2008	30	10	23	102	0.57 [0.42, 0.70]	0.91 [0.84, 0.96]	-	-		
Lee 2013	85	17	59	91	0.59 [0.51, 0.67]	0.84 [0.76, 0.91]				
							0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1		
All patient I	evel:	US/C	T							
								0 15 11 10 50 00		
Study	TP	FP	FN	IN S	Sensitivity (95% CI) S	specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)		
Kim 2008	34	20	19	92	0.64 [0.50, 0.77]	0.82 [0.74, 0.89]	-	-		
Lee 2013	92	18	52	90	0.64 [0.55, 0.72]	0.83 [0.75, 0.90]				
							0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1		





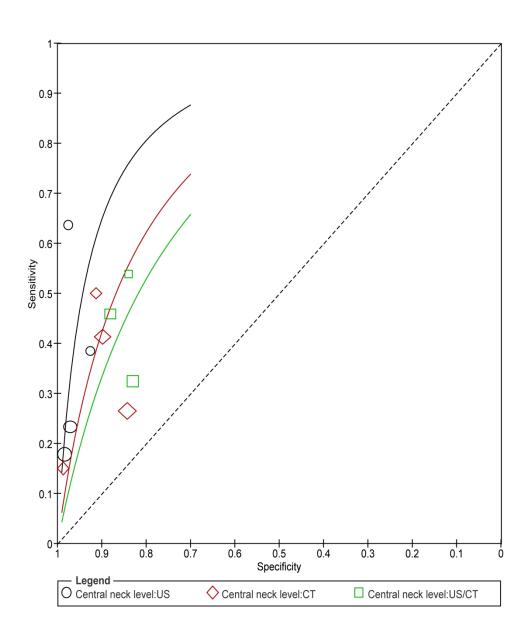




Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)		
Kim 2008	20	6	32	75	0.38 [0.25, 0.53]	0.93 [0.85, 0.97]	-	-		
Lee 2013	31	8	102	269	0.23 [0.16, 0.31]	0.97 [0.94, 0.99]	-	•		
Lee 2018	39	5	180	307	0.18 [0.13, 0.24]	0.98 [0.96, 0.99]	•	•		
Morita 2010	42	2	24	80	0.64 [0.51, 0.75]	0.98 [0.91, 1.00] _F				
Central neck	0 0.2 0.4 0.6 0.8 1 0 0.2 0.4 0.6 0.8 1 Central neck level:CT									
Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)		
Kim 2008	26	7	26	74	0.50 [0.36, 0.64]	0.91 [0.83, 0.96]	-	-		
Lee 2013	55	28	78	249	0.41 [0.33, 0.50]	0.90 [0.86, 0.93]	-	•		
Lee 2018	58	49	161	263	0.26 [0.21, 0.33]	0.84 [0.80, 0.88]	•	•		
Morita 2010	10	1	56	81	0.15 [0.08, 0.26]	0.99 [0.93, 1.00]	0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1		

Central neck level:US/C	Centra	neck	level:	:US/C
-------------------------	--------	------	--------	-------

Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Kim 2008	28	13	24	68	0.54 [0.39, 0.68]	0.84 [0.74, 0.91]	-	-
Lee 2013	61	33	72	244	0.46 [0.37, 0.55]	0.88 [0.84, 0.92]	-	•
Lee 2018	71	53	148	259	0.32 [0.26, 0.39]	0.83 [0.78, 0.87]	0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1





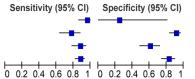
Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Choi 2009	46	3	3	1	0.94 [0.83, 0.99]	0.25 [0.01, 0.81]	-	
Jeong 2006	14	5	12	229	0.54 [0.33, 0.73]	0.98 [0.95, 0.99]		•
Kim 2008	34	7	19	84	0.64 [0.50, 0.77]	0.92 [0.85, 0.97]	-	-
Lee 2013	52	12	22	62	0.70 [0.59, 0.80]	0.84 [0.73, 0.91]	-	-
Lee 2018	117	20	42	94	0.74 [0.66, 0.80]	0.82 [0.74, 0.89]	-	-
Morita 2010	37	5	8	151	0.82 [0.68, 0.92]	0.97 [0.93, 0.99]	0 02 04 06 08 1	0 02 04 06 08 1

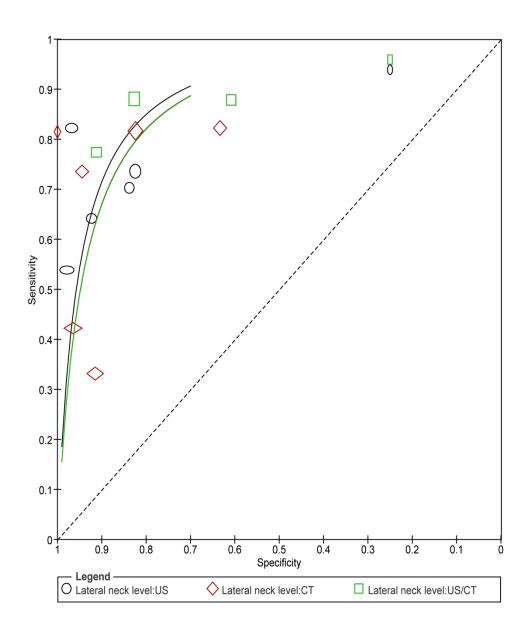
Lateral neck level:CT

Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)
Choi 2009	40	0	9	4	0.82 [0.68, 0.91]	1.00 [0.40, 1.00]	-	
Jeong 2006	11	8	15	226	0.42 [0.23, 0.63]	0.97 [0.93, 0.99]		•
Kim 2008	39	5	14	86	0.74 [0.60, 0.85]	0.95 [0.88, 0.98]	-	-
Lee 2013	61	27	13	47	0.82 [0.72, 0.90]	0.64 [0.52, 0.74]	-	-
Lee 2018	130	20	29	94	0.82 [0.75, 0.87]	0.82 [0.74, 0.89]	-	-
Morita 2010	15	13	30	143	0.33 [0.20, 0.49]	0.92 [0.86, 0.95]	0 02 04 06 08 1	0 02 04 06 08 1

Lateral neck level:US/CT

Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)	Sensitivity (95% CI)
Choi 2009	47	3	2	1	0.96 [0.86, 1.00]	0.25 [0.01, 0.81]	-
Kim 2008	41	8	12	83	0.77 [0.64, 0.88]	0.91 [0.83, 0.96]	-
Lee 2013	65	29	9	45	0.88 [0.78, 0.94]	0.61 [0.49, 0.72]	-
Lee 2018	140	18	19	86	0.88 [0.82, 0.93]	0.83 [0.74, 0.89]	
							0 02 04 06 08 1







Lee 2013

Na 2015

60 21 52 119

30 14 51 81

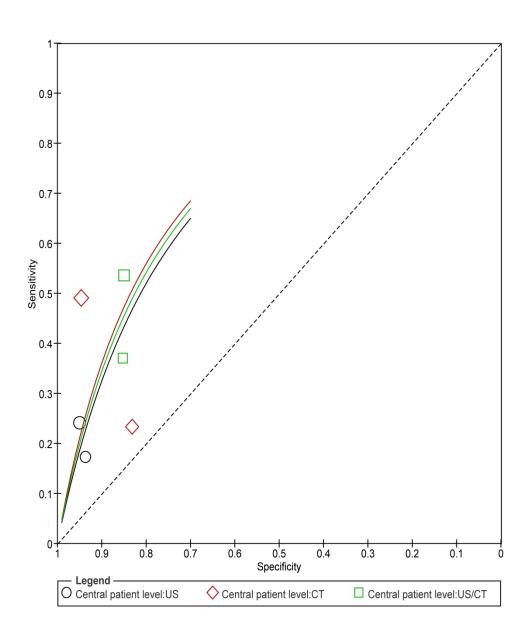
Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI) Sensitivity (95% CI) Specificity (95%	CI)			
Lee 2013	27	7	85	133	0.24 [0.17, 0.33]	0.95 [0.90, 0.98]	•			
Na 2015	14	6	67	89	0.17 [0.10, 0.27]	0.94 [0.87, 0.98]	-			
						0 0.2 0.4 0.6 0.8 1 0 0.2 0.4 0.6 0.8	3 1			
Central patient level:CT										
•										
Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI) Sensitivity (95% CI) Specificity (95%	CI)			
Study Lee 2013	TP 55		FN 57	TN 123	Sensitivity (95% CI) 0.49 [0.40, 0.59]	0.95 [0.89, 0.98]	•			
•			57		,	0.95 [0.89, 0.98]	•			
Lee 2013	55	7	57	123	0.49 [0.40, 0.59]	0.95 [0.89, 0.98]	•			
Lee 2013	55 19	7 16	57 62	123 79	0.49 [0.40, 0.59]		•			
Lee 2013 Na 2015	55 19	7 16	57 62	123 79	0.49 [0.40, 0.59]	0.95 [0.89, 0.98]	•			

0.85 [0.78, 0.90]

0.85 [0.77, 0.92] _H

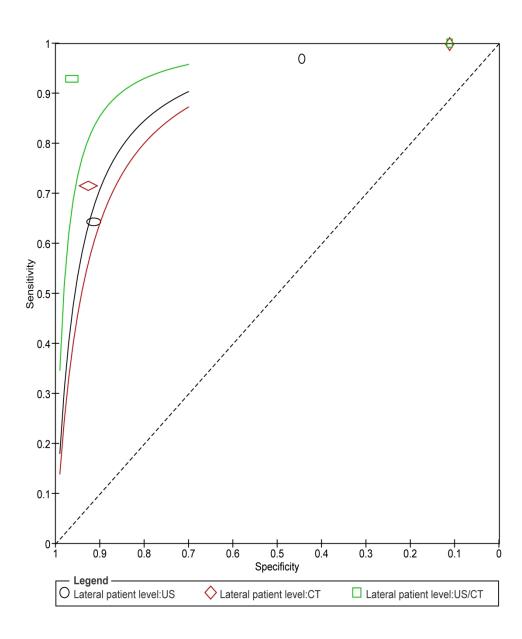
0.54 [0.44, 0.63]

0.37 [0.27, 0.48]





Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI) Sensitivity (95% CI) Specificity (95% CI)					
Lee 2013	31	5	1	4	0.97 [0.84, 1.00]	0.44 [0.14, 0.79]					
Na 2015	9	14	5	148	0.64 [0.35, 0.87]	0.91 [0.86, 0.95]					
I atawal wat	:41		СТ			0 0.2 0.4 0.6 0.8 1 0 0.2 0.4 0.6 0.8 1					
Lateral pat	Lateral patient level:CT										
Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI) Sensitivity (95% CI) Specificity (95% CI)					
Lee 2013	32	8	0	1	1.00 [0.89, 1.00]	0.11 [0.00, 0.48]					
Na 2015	10	12	4	150	0.71 [0.42, 0.92]	0.93 [0.87, 0.96]					
						0 0.2 0.4 0.6 0.8 1 0 0.2 0.4 0.6 0.8 1					
Lateral pat	ient l	evel:	US/C	T							
Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI) Sensitivity (95% CI) Specificity (95% CI)					
Lee 2013	32	8	0	1	1.00 [0.89, 1.00]	0.11 [0.00, 0.48]					
Na 2015	13	6	1	156	0.93 [0.66, 1.00]	0.96 [0.92, 0.99]					
						0 0.2 0.4 0.6 0.8 1 0 0.2 0.4 0.6 0.8 1					



Supplementary Table S1. Search strategy

PubMed		Search strategy	Numbers
P	#1	((((thyroid cancer) OR (thyroid carcinoma))	94,066
		OR (thyroid tumor)) OR (papillary thyroid	
		cancer)) OR (thyroid neoplasm)	
	#2	(cervical lymph node) OR (neck lymph node)	38,156
	#3	#1 AND #2	5436
	#4	(metastasis) OR (metastatic)	1,436,116
	#5	#3 AND #4	4005
Intervention	#6	((ultrasonography) OR (ultrasound)) OR (US)	2,497,831
	# 7	(computed tomography) OR (CT)	876,390
	#8	#6 AND #7	449,815
P+I	#9	#5 AND #8	317

Embase		Search strategy	Numbers
P	#1	'thyroid cancer' OR 'thyroid carcinoma' OR	88,150
		'thyroid tumor' OR 'papillary thyroid cancer'	
		OR 'thyroid neoplasm'	

	#2	'cervical lymph node' OR 'neck lymph node'	18,642
	#3	#1 AND #2	3260
	# 4	'metastasis' OR 'metastatic'	954,603
	#5	#3 AND #4	2772
I	#6	'ultrasonography' OR 'ultrasound' OR 'us'	1,451,034
	#7	'computed tomography' OR 'ct'	1,235,000
	#8	#6 AND #7	133,587
P+I	#9	#5 AND #8	486



PRISMA 2009 Checklist

Section/topic	#	Checklist item 9	Reported
TITLE		50 80	on page a
Title	1	Identify the report as a systematic review, meta-analysis, or both.	1
ABSTRACT		<u> </u>	
Structured summary	2	Provide a structured summary including, as applicable: background; objectives; data sources study eligibility criteria, participants, and interventions; study appraisal and synthesis methods; results; limitations; conclusions and implications of key findings; systematic review registration number.	2-3
INTRODUCTION		oa de	
Rationale	3	Describe the rationale for the review in the context of what is already known.	4
Objectives	4	Provide an explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS).	5
METHODS	'	bm	
Protocol and registration	5	Indicate if a review protocol exists, if and where it can be accessed (e.g., Web address), and if available, provide registration information including registration number.	5-8
Eligibility criteria	6	Specify study characteristics (e.g., PICOS, length of follow-up) and report characteristics (e.g., years considered, language, publication status) used as criteria for eligibility, giving rationale.	5-8
Information sources	7	Describe all information sources (e.g., databases with dates of coverage, contact with study additional studies) in the search and date last searched.	5-8
Search	8	Present full electronic search strategy for at least one database, including any limits used, such that it could be repeated.	5-8
Study selection	9	State the process for selecting studies (i.e., screening, eligibility, included in systematic review, and, if applicable, included in the meta-analysis).	5-8
Data collection process	10	Describe method of data extraction from reports (e.g., piloted forms, independently, in duplicate) and any processes for obtaining and confirming data from investigators.	5-8
Data items	11	List and define all variables for which data were sought (e.g., PICOS, funding sources) and any assumptions and simplifications made.	5-8
Risk of bias in individual studies	12	Describe methods used for assessing risk of bias of individual studies (including specification of whether this was done at the study or outcome level), and how this information is to be used in any data synthesis.	5-8
Summary measures	13	State the principal summary measures (e.g., risk ratio, difference in means).	5-8
Synthesis of results	14	Describe the methods of handling data and combining results of studies, if done, including measures of consistency (e.g., I²) for each meta-analysis. For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	5-8



PRISMA 2009 Checklist

		Page 1 of 2	
Section/topic	#	Checklist item 051568	Reported on page #
Risk of bias across studies	15	Specify any assessment of risk of bias that may affect the cumulative evidence (e.g., publication bias, selective reporting within studies).	5-8
Additional analyses	16	Describe methods of additional analyses (e.g., sensitivity or subgroup analyses, meta-regression), if done, indicating which were pre-specified.	5-8
RESULTS		D O	
Study selection	17	Give numbers of studies screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally with a flow diagram.	8-11
Study characteristics	18	For each study, present characteristics for which data were extracted (e.g., study size, PICOS, follow-up period) and provide the citations.	8-11
Risk of bias within studies	19	Present data on risk of bias of each study and, if available, any outcome level assessment (see item 12).	8-11
Results of individual studies	20	For all outcomes considered (benefits or harms), present, for each study: (a) simple summare data for each intervention group (b) effect estimates and confidence intervals, ideally with a forest plot.	8-11
3 Synthesis of results	21	Present results of each meta-analysis done, including confidence intervals and measures of consistency.	8-11
Risk of bias across studies	22	Present results of any assessment of risk of bias across studies (see Item 15).	8-11
Additional analysis	23	Give results of additional analyses, if done (e.g., sensitivity or subgroup analyses, meta-regression [see Item 16]).	8-11
DISCUSSION	•	App	
Summary of evidence	24	Summarize the main findings including the strength of evidence for each main outcome; consider their relevance to key groups (e.g., healthcare providers, users, and policy makers).	11-13
2 Limitations 3	25	Discuss limitations at study and outcome level (e.g., risk of bias), and at review-level (e.g., incomplete retrieval of identified research, reporting bias).	14
Conclusions	26	Provide a general interpretation of the results in the context of other evidence, and implications for future research.	15
FUNDING	1	Prote	
8 Funding	27	Describe sources of funding for the systematic review and other support (e.g., supply of data; role of funders for the systematic review.	None

41 From: Moher D, Liberati A, Tetzlaff J, Altman DG, The PRISMA Group (2009). Preferred Reporting Items for Systematic Reviews and Meta-Analyses: The RISMA Statement. PLoS Med 6(6): e1000097.
42 doi:10.1371/journal.pmed1000097

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