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Adverse Events Associated with Endoscopic Retrograde Cholangiopancreatography: Protocol for a Systematic Review and Meta-analysis

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Adverse Events Associated with Endoscopic Retrograde Cholangiopancreatography: Protocol for a Systematic Review and Meta-analysis

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- drafting of the article: NF
- critical revision of the article for important intellectual content: all authors
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1 ABSTRACT

3 *Introduction*

4 Endoscopic retrograde cholangiopancreatography (ERCP) is performed to diagnose
5 and manage conditions of the biliary and pancreatic ducts. Though effective, it is associated
6 with common adverse events (AEs). The purpose of this study is to systematically review
7 ERCP AE rates and report up-to-date pooled estimates.

9 *Methods and Analysis*

10 A comprehensive electronic search will be conducted. A study team of eight data
11 abstracters will independently determine study eligibility, assess quality, and abstract data
12 in parallel, with any two concordant entries constituting agreement and with discrepancies
13 resolved by consensus. The primary outcome will be the pooled incidence of post-ERCP
14 pancreatitis (PEP), with secondary outcomes including post-ERCP bleeding, cholangitis,
15 perforation, cholecystitis, sedation-related cardio-pulmonary events, and unplanned
16 healthcare encounters (UHE). Secondary outcomes will also include rates of specific and
17 overall adverse events within clinically relevant subgroups determined *a priori*.
18 DerSimonian and Laird random effects models will be used to perform meta-analyses of
19 these outcomes. Sources of heterogeneity will be explored via meta-regression. Subgroup
20 analyses based on median dates of data collection across studies will be performed to
21 determine whether AE rates have changed over time.

23 *Conclusion*

24 Given that ERCP is widely performed around the world, endoscopists and patients
25 should have access to up-to-date estimates of procedural risk. Our meta-analysis will bridge
26 these important knowledge gaps so that all relevant stakeholders are well-informed.

28 *PROSPERO Registration Number*

29 CRD42020220221.

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3 1 **Keywords**
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5 2 ERCP; endoscopic retrograde cholangiopancreatography; adverse event;
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7 3 pancreatitis; hemorrhage; cholangitis.
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1 ARTICLE SUMMARY

3 *Strengths and Limitations of the Proposed Study*

- 4 • Our meta-analysis will provide to up-to-date estimates of procedural risks
5 associated with the performance of ERCP.
- 6 • A comprehensive search strategy will be employed to capture all relevant studies
7 and answer our study question.
- 8 • The strength of the body of evidence will be assessed using the Grading of
9 Recommendations, Assessment, Development and Evaluation (GRADE) framework.
- 10 • A limitation of our approach is the likelihood of pooling outcome estimates using
11 variable definitions of outcomes across studies, which we will partially mitigate by
12 performing sensitivity analyses based on outcome definitions.
- 13 • We have also made the decision to exclude conference abstracts from our study.
14 Though this potentially disposes to publication bias, we feel that the unclear or
15 ambiguous methodology often available from conference abstracts would add to
16 potential study heterogeneity.

1 INTRODUCTION

2 Endoscopic retrograde cholangiopancreatography (ERCP) is an essential and
3 commonly performed advanced endoscopic procedure used in the diagnosis and treatment
4 of several categories of biliary and pancreatic pathology.^[1-4] Although the role of standard
5 ERCP has transitioned to that of a primarily therapeutic procedure, ERCP volumes have
6 nevertheless risen over the past 10-15 years in the United States (US).^[5, 6] ERCP is performed
7 across high- and low-volume centers, and by endoscopists of variable experience and
8 specialties.^[7] A steep learning curve during a specialized period of training results in an
9 advanced skill set required to perform safe and effective ERCP.^[8, 9]

10 While very effective overall,^[10] ERCP is widely known to have the highest adverse
11 event (AE) profile among all commonly performed endoscopic procedures, with a collective
12 AE rate of >10%.^[11] Common AEs include post-ERCP pancreatitis (PEP), bleeding, infection,
13 cholecystitis, perforation, and cardiopulmonary events.^[11, 12] PEP is the most common, with
14 estimated rates of 5-10% in all-comers, approaching or exceeding 20% in higher-risk
15 cases.^[11-13] Despite an emphasis on training and quality, both the incidence of PEP and its
16 associated mortality are rising in the US.^[14] Rates of post-ERCP bleeding range between 0.3%
17 and 2%.^[15-17] Symptomatic post-ERCP infection (cholangitis with or without sepsis) is also a
18 common AE following ERCP, with a reported range between 0.5% and 3%,^[11] and is of
19 particular interest in recent years given the rise of duodenoscope-related infections.^[18-21]

20 ERCP AEs are commonly reported in studies of varying designs; however, few
21 systematic reviews have synthesized available incidence rates of specific or overall AEs
22 following ERCPs. A 2015 study synthesized the rates of PEP from randomized trials,^[13] but
23 their search is now nearly 8 years out of date. Furthermore, other adverse event rates were
24 not considered, and observational studies were not included. Observational studies are a
25 required element of understanding true population rates of AEs,^[22, 23] given that the patient
26 mixes therein are more representative of the actual patient population in clinical practice
27 compared to the highly selected participants in randomized trials. Given the frequency with
28 which these events occur and their significant burden on the healthcare system,^[24, 25] it is
29 crucial to obtain accurate, up-to-date data on which to base estimates of incidence.
30 Furthermore, AE rates differ depending on clinically relevant patient- and procedure-related
31 parameters, but pooled estimates of incidences within these subgroups are unavailable.

1 These estimates could be important so that patients and endoscopists are aware of specific
2 risks associated with each procedure. Therefore, we propose a systematic review and meta-
3 analysis to determine the incidence of adverse events following ERCP, both overall and
4 within clinically relevant patient- and procedure-related subgroups.

5 6 **METHODS**

7 ***Overview and Objectives***

8 Our meta-analysis will be conducted according to the Preferred Reporting Items for
9 Systematic Reviews and Meta-Analyses (PRISMA) and Meta-analysis Of Observational
10 Studies in Epidemiology (MOOSE) recommendations.^[26, 27] Our protocol has been registered
11 on PROSPERO (CRD42020220221).

12 The primary objective will be to determine the pooled overall incidence of PEP in
13 adult patients undergoing ERCP. The secondary objectives will be to determine the pooled
14 incidences of post-ERCP bleeding, cholangitis, perforation, cholecystitis, sedation-related
15 cardio-pulmonary events, unplanned healthcare encounters, and death, in addition to
16 determining the rates of specific and overall adverse events within clinically relevant
17 subgroups determined *a priori* and described below. No research ethics approval is required
18 for this study given the lack of patient-specific data being collected.

19 20 ***Eligibility Criteria***

21 Given the comprehensive nature of the study question and outcomes of interest, two
22 separate electronic searches will be conducted, with studies captured within either search
23 being eligible for inclusion in the overall systematic review. The first search will focus on
24 randomized trials only, while the second search will also include observational studies. For
25 the first search, a study will be included in the final review if it meets ALL of the following
26 criteria: (1) it presents original data in the form of a randomized clinical trial (with any
27 primary research question), (2) the interventional arm or control arm represents adult
28 patients receiving ERCP, (3) it makes reference to the determination of overall or specific
29 ERCP-related adverse event(s) as a primary or secondary outcome; (4) it reports the
30 incidence of at least one post-ERCP adverse event (including any of PEP, bleeding,
31 symptomatic infection or cholangitis, perforation, cholecystitis, sedation-related cardio-

1 pulmonary events, death, or unplanned presentation to a healthcare facility within any
2 follow-up period up to 30 days after the index procedure); (5) it is published in English; and
3 (6) at least 75% of study patients received their ERCP in the year 2000 or later. The year
4 2000 was chosen as a cut-off so that only studies representative of the current 'era' of ERCP
5 are included. For the first search, a study will be excluded from the review if (1) it is a
6 conference abstract; or (2) if it reports data that overlaps with another study's patient
7 population in part or in whole for the same outcome of interest. In the latter case, the study
8 that includes the largest number of patients that had their ERCP conducted in the year 2000
9 or later will be included while any others are excluded.

10 For the second search, a study will be included in the final review if it meets ALL of
11 the following criteria: (1) it is an observational study of any design; (2) its primary or
12 secondary objective is to assess post-ERCP adverse event rates or outcomes in adults; (3) it
13 reports the incidence of a specific post-ERCP adverse event, including any of the following:
14 PEP, bleeding, symptomatic infection or cholangitis, perforation, cholecystitis, sedation-
15 related cardio-pulmonary events, and unplanned presentation to a healthcare facility within
16 30 days of the index procedure; (4) it is published in English; and (5) at least 75% of study
17 patients received their ERCP in the year 2000 or later. For the second search, a study will be
18 excluded from the review if it meets ANY of the following criteria: (1) it is a case report; (2)
19 it is a smaller study (fewer than 500 total study patients, with this threshold set to mitigate
20 small study effects due to random error and to reduce the likelihood of including zero-event
21 studies, which are problematic to meta-analyze); (3) it represents the experience of a single
22 endoscopist; (4) it is a conference abstract; or (5) it reports data that overlaps with another
23 study's patient population in part or in whole for the same outcome. In the latter case, the
24 study that includes the largest number of patients that had their ERCP conducted in the year
25 2000 or later will be included while any others are excluded. Eligibility criteria for both
26 aspects of the overall search strategy are summarized in **Table 1**.

27 28 ***Search Strategy and Terms***

29 A comprehensive electronic search will be designed by a health research librarian and
30 carried out in the electronic databases MEDLINE (Ovid), PubMed, CINAHL, EMBASE, Scopus,
31 Web of Science, and Evidence Based Medicine (EBM) Reviews based on the eligibility criteria

1 detailed above, from inception of each data source to the search date. English language
2 citations from 2000 or later will be included. A combination of Medical Subject Heading
3 (MeSH) and free-text terms will be used along with spelling variations and synonyms to
4 create the two search strategies outlined above. A detailed list of search terms is provided in
5 **Table 2**, with a full search planning document provided in the **Supplementary Materials**.

7 ***Study Selection and Data Abstraction***

8 All citations will be imported into DistillerSR (Evidence Partners, Ottawa, Canada)
9 and any duplicate entries will be removed. Given the large volume of anticipated citations
10 identified in the initial searches, 7 reviewers (KB, ZWM, JCD, JI, DEO, BM, AP) will be
11 randomly assigned roughly equal numbers of citations and will independently screen titles
12 and abstracts to identify citations for full-text review. A vote of 'both include' or 'both
13 exclude' by any 2 of the 8 reviewers will be considered definitive. Discrepancies will be
14 resolved by consensus of an *a priori* committee of study investigators (NF, YR, DRB). All
15 included citations will then undergo independent duplicate full-text inclusion or exclusion
16 by 2 reviewers (of the same pool of 8), with discrepancies again being resolved by consensus.
17 Data will then be extracted into standardized abstraction forms in duplicate, with separate
18 forms for each aspect of the search strategy. Forms will include authors, year of publication,
19 study design, country(ies) in which the research was carried out, study setting, recruitment
20 period, sample sizes, patient sex, age, and comorbidity, procedural indication(s), description
21 of intervention(s), rates of adverse events (in absolute numbers and proportions), outcome
22 definitions and follow-up periods. Data will be abstracted both on the patient level as well as
23 the procedure level, as available. Relevant subgroups (**Table 3**) will also be abstracted.

25 ***Outcome Definitions***

26 A particular challenge with pooling rates of ERCP AEs is that non-universal definitions
27 of outcomes are employed across studies. Detailed study-specific outcome definitions will
28 be abstracted to help address this issue. Outcome definitions will be compared against those
29 described in the American Society for Gastrointestinal Endoscopy (ASGE) Lexicon.^[28] Studies
30 not reporting clear outcomes definitions or those employing non-lexicon definitions will be

1 flagged for sensitivity analyses. Study-specific mechanisms of outcome capture will also be
2 abstracted so that these can be considered separately.^[29]

4 ***Risk of Bias***

5 Two authors will independently conduct risk of bias assessments for all included
6 studies. Assessment of included randomized studies will be performed using the Cochrane
7 Risk of Bias tool, version 2 (RoB 2),^[29] while the quality of observational studies will be
8 assessed using the ROBINS-I tool.^[30] Discrepancies will be resolved by consensus.

10 ***Statistical Analysis, Subgroup and Sensitivity Analyses***

11 We will perform DerSimonian and Laird random effects meta-analyses to report the
12 pooled incidence rates of individual post-ERCP AEs along with 95% confidence intervals
13 (CIs). Incidence rates from observational studies and randomized trials will be pooled
14 separately (at no point being combined). Subgroup analyses will be performed using
15 relevant study-, procedure- and patient-related characteristics selected *a priori*. These are
16 summarized in **Table 3**. Sources of heterogeneity will also be tested by performing meta-
17 regression. To determine whether adverse event rates have changed over time, we will
18 perform subgroup analyses based on the median dates of data collection in individual studies
19 for each type of adverse event. Median data collection will be assigned a single value per
20 study and studies will be separated into three periods: a) 2000-2009, b) 2010-2014, and c)
21 2015-present. Meta-regression will be performed to determine whether there are any
22 significant differences in specific or overall AE rates between periods. Periods were chosen
23 based on the 2012 publication of the seminal manuscript on rectal non-steroidal anti-
24 inflammatory agents to prevent PEP^[31] and a 3-year lag period between study dissemination
25 and clinical practice adoption.

26 We will also conduct a series of sensitivity analyses whereby studies of varying
27 quality as per ROBINS-I and RoB 2 are considered separately and whereby studies
28 employing non-ASGE-lexicon AE definitions will be considered separately. Inter-study
29 heterogeneity will be assessed using the Cochrane I^2 statistic. Publication bias will be
30 assessed by visual inspection of funnel plots in addition to performing Egger's and Begg's
31 tests.^[32, 33] The statistical packages Revman 5.1 (Cochrane Collaboration) and Stata 14.0

1 (StataCorp) will be used for all analyses. The strength of the body of evidence will then be
2 assessed using the Grading of Recommendations, Assessment, Development and Evaluation
3 (GRADE) framework.^[34]
4

5 ***Patient and Public Involvement***

6 No patients or public involved.
7

8 **DISCUSSION**

9 This systematic review and meta-analysis will provide up-to-date estimates of
10 incidences of the most common adverse events associated with the performance of ERCP.
11 Though ERCP in 2020 is primarily a therapeutic procedure, with minimal diagnostic
12 indications, it remains one of the most commonly performed endoscopic procedures in the
13 US and world-wide, with volumes having increased over time.^[5, 6] Even though ERCP is a
14 relatively safe procedure overall, AEs are more prevalent with its performance than any
15 other endoscopic procedure. Thus, it behooves endoscopists performing ERCP to be acutely
16 aware of the most precise and up-to-date estimates of risk possible. If possible, patient- and
17 procedure-specific estimates of risk should also be ascertained, which is also a goal of the
18 proposed study. Obtaining these estimates could help set up appropriate patient
19 expectations of risk and could also serve to optimize the peri-procedural management of
20 ERCP patients.

21 Specific knowledge gaps are particularly important to bridge regarding ERCP AEs. In
22 particular, accurate estimates of the rate of post-ERCP symptomatic infections (cholangitis
23 or sepsis) are particularly important given the growing concerns around duodenoscopy-
24 related infections.^[18-21] Obtaining accurate estimates of the overall burden of post-ERCP
25 infection is the first step toward describing the relatively smaller infection risk attributable
26 directly to duodenoscopy contamination and transmission. Similarly, estimates of post-
27 sphincterotomy and/or post-sphincteroplasty bleeding are variable,^[15-17] and no pooled
28 estimates to date are available. With regards to rarer AEs such as cholecystitis and
29 perforation, evidence is even more scarce. Thus, an urgent but unmet need is present to
30 accurately define the overall and specific AE profile associated with ERCP.

1 Though this protocol was designed to limit sources of bias through rigorous
2 methodology, there are nevertheless potential limitations that require acknowledgment. As
3 with any meta-analysis, the certainty of pooled estimates is limited by the quality of input
4 studies. With this topic in particular, it is anticipated that study cohorts will be described
5 using variable levels of detail regarding demographics, comorbidities, procedural
6 indications, and procedural interventions. To mitigate this, we divided our study into two
7 main analyses; the first, inclusive of randomized controlled trials, is expected to be more
8 granular in terms of these details and is thus expected to yield more robust patient- and
9 procedure-specific estimates of risk. The second, inclusive of only large observational
10 studies, is expected to yield more pragmatic 'real-world' estimates of risk. For this analysis,
11 a pre-set cutoff point of 500 patients was chosen to mitigate small study effects.

12 Another limitation of our approach is the possibility of pooling outcome estimates
13 using variable definitions of outcomes across studies. To mitigate this, we will abstract
14 study-specific outcome definitions and perform sensitivity analyses whereby studies with
15 unclear or absent definitions are separately analyzed. Even with this approach, we expect
16 there to be some degree of (acceptable) variability between study definitions, but we will
17 compare study-specific definitions against the ASGE Lexicon's AE definitions^[28] to ensure
18 that we only pool studies adhering to minimal thresholds for attribution of AEs. For instance,
19 for post-ERCP bleeding, we will ensure that at minimum, studies require a hemoglobin drop
20 of > 2 g as part of their definition, in order to prevent inclusion of patients with
21 intraprocedural or non-clinically-significant post-procedural bleeding, which has been
22 demonstrated to be of limited consequence.^[12] Another limitation includes missing studies
23 due to our decision to restrict our inclusions to English studies with the majority of data
24 collected after the year 2000. While this is a valid concern, we felt it was more important to
25 capture evidence most representative of current practices, techniques and technologies.
26 Therefore, studies with a significant volume of study procedures performed prior to the year
27 2000 were deemed to be at risk of not representing current ERCP practice. Finally, we have
28 made the decision to exclude conference abstracts from our study. Though this potentially
29 disposes to publication bias, we feel that the unclear or ambiguous methodology often
30 available from conference abstracts would add to potential study heterogeneity.

1 Overall, despite these limitations, we anticipate that our study will bridge important
2 knowledge gaps pertaining to ERCP-associated adverse events. Our results could potentially
3 improve patient care and satisfaction by providing more detailed and up-to-date estimates
4 of ERCP-related risk. Accurate AE estimates will also facilitate the design of future
5 prospective ERCP studies including randomized trials and could potentially have meaningful
6 implications on training and practice standards.

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Table 1. Eligibility criteria for both aspects of the overall search strategy.

	Inclusion criteria	Exclusion criteria
Search Aspect 1	<ul style="list-style-type: none"> • original data • randomized controlled trial (with any research question) • interventional OR control arm of RCT represents adult patients receiving ERCP • an adverse event is a primary and/or secondary outcome 	<ul style="list-style-type: none"> • non-English publication • data overlaps with data from another study (in part or in whole) • over 25% of study procedures performed prior to 2000 • conference abstract
Search Aspect 2	<ul style="list-style-type: none"> • original data • observational study (prospective or retrospective) • reports on adult patients receiving ERCP • primary or secondary objective of study is determination of ERCP adverse event(s) 	<ul style="list-style-type: none"> • small cohort of patients (fewer than 500) • represents the experience of a single endoscopist • non-English publication • data overlaps with data from another study (in part or in whole) • over 25% of study procedures performed prior to 2000 • conference abstract

1 RCT, randomized controlled trial; ERCP, endoscopic retrograde cholangiopancreatography.

Table 2. Summary of electronic database search terms.*

Search Aspect 1: Randomized Controlled Trials
<p>(ERCP OR “endoscopic retrograde cholangiopancreatography”)→limit to RCTs</p> <p>(ERCP OR “endoscopic retrograde cholangiopancreatography”) AND (“adverse event*” OR “adverse effect*” OR “adverse reaction*” OR “post-ERCP pancreatitis” OR “post-endoscopic retrograde cholangiopancreatography pancreatitis” OR pancreatitis OR hemorrhage OR haemorrhage OR cholangitis OR bleeding OR infection* OR cholecystitis OR perforation OR cardiopulmonary OR sepsis OR complication* OR unplanned OR event* OR sedation OR cholecystectomy OR choledocholithiasis OR “risk factor*” OR “postoperative complication*” OR “treatment outcome*” OR inflammation OR rupture)→limit to RCTs</p>
Search Aspect 2: Observational Studies
<p>(ERCP OR “endoscopic retrograde cholangiopancreatography”)→limit to cohort/observational studies</p> <p>(ERCP OR “endoscopic retrograde cholangiopancreatography”) AND (“adverse event*” OR “adverse effect*” OR “adverse reaction*” OR “post-ERCP pancreatitis” OR “post-endoscopic retrograde cholangiopancreatography pancreatitis” OR pancreatitis OR hemorrhage OR haemorrhage OR cholangitis OR bleeding OR infection* OR cholecystitis OR perforation OR cardiopulmonary OR sepsis OR complication* OR unplanned OR event* OR sedation OR cholecystectomy OR choledocholithiasis OR “risk factor*” OR “postoperative complication*” OR “treatment outcome*” OR inflammation OR rupture)→limit to cohort/observational studies</p>

*Full electronic search strategy provided in **Supplementary Materials**.

Table 3. Planned subgroup analyses.

Category	Subgroups
Patient demographics and characteristics	<ul style="list-style-type: none"> • Female versus male sex • Age < 50 versus ≥ 50 • Inpatient versus outpatient status • Degree of comorbidity (Charlson Comorbidity Index or other, TBD) • Underlying primary sclerosing cholangitis • Liver transplant status • Presence of antiplatelet or anticoagulant medications • Presence versus absence of PEP prophylaxis
Practice settings	<ul style="list-style-type: none"> • Academic institutions versus community practices • Low-volume versus high-volume centers and/or endoscopists (cutoff points TBD)
Procedural indications	<ul style="list-style-type: none"> • Pancreatic versus biliary indications • Choledocholithiasis (suspected or confirmed) • Malignant obstruction • Benign obstruction
Intra-procedural techniques	<ul style="list-style-type: none"> • Sphincterotomy • Sphincteroplasty • Pre-cut sphincterotomy • Needle knife papillotomy • Biliary stent placement • Mechanical lithotripsy • Cholangioscopy and/or pancreatoscopy • Pancreatic versus common bile duct cannulation
Study methodology	<ul style="list-style-type: none"> • North American versus European versus Asian-Pacific • Study publication date • Median data collection date (2000-2009, 2010-2014, 2015-present) • Study design (retrospective versus prospective observational versus randomized controlled trial) • ASGE Lexicon versus non-lexicon definition(s) of outcomes

PEP, post-ERCP pancreatitis; TBD, to be determined; ASGE, American Society for Gastrointestinal Endoscopy.

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Supplementary Materials – Search Planning Document

Keywords

Concept	Synonym
ERCP	ERCP [Keyword]; “endoscopic retrograde cholangiopancreatography” [Keyword]; cholangiopancreatography, endoscopic retrograde [MeSH]
Adverse Events	“adverse event*” [Keyword]; “adverse effect*” [Keyword]; “adverse reaction*” [Keyword]; long term adverse effects [MeSH]; “post-ERCP pancreatitis” [Keyword]; “post-endoscopic retrograde cholangiopancreatography pancreatitis” [Keyword]; pancreatitis [Keyword, MeSH]; hemorrhage [Keyword, MeSH]; haemorrhage [Keyword]; cholangitis [Keyword, MeSH]; bleeding [Keyword]; infection* [Keyword]; infections [MeSH]; cholecystitis [Keyword, MeSH]; perforation [Keyword]; cardiopulmonary [Keyword]; sepsis [Keyword, MeSH]; complication* [Keyword]; unplanned [Keyword]; event* [Keyword]; sedation [Keyword]; cholecystectomy [Keyword, MeSH]; choledocholithiasis [Keyword, MeSH]; “risk factor*” [Keyword]; risk factors [MeSH]; “postoperative complication*” [Keyword]; postoperative complications [MeSH]; “treatment outcome*” [Keyword]; treatment outcome [MeSH]; inflammation [Keyword, MeSH]; rupture [Keyword, MeSH];
RCTs*	RCT [Keyword]; “randomized controlled trial*” [Keyword]; randomized controlled trial [MeSH]; randomized controlled trials as topic [MeSH]; “clinical trial*” [Keyword]; clinical trial [MeSH]; clinical trials as topic [MeSH]
Cohort/Observational Studies*	“observational study” [Keyword, MeSH]; “cohort study” [Keyword]; cohort studies [MeSH]

*a combination of MeSH headings, publication types, and methodological search filters, <https://guides.library.ualberta.ca/health-sciences-search-filters/study-type-filters> will be used

Suggested Search Strings

Search Aspect #1: RCTs

(ERCP OR “endoscopic retrograde cholangiopancreatography”)→limit to RCTs

(ERCP OR “endoscopic retrograde cholangiopancreatography”) AND (“adverse event*” OR “adverse effect*” OR “adverse reaction*” OR “post-ERCP pancreatitis” OR “post-endoscopic retrograde cholangiopancreatography pancreatitis” OR pancreatitis OR hemorrhage OR haemorrhage OR cholangitis OR bleeding OR infection* OR cholecystitis OR perforation OR cardiopulmonary OR sepsis OR complication* OR unplanned OR event* OR sedation OR cholecystectomy OR choledocholithiasis OR “risk factor*” OR “postoperative complication*” OR “treatment outcome*” OR inflammation OR rupture)→limit to RCTs

Search Aspect #2: Cohort/Observational Studies

(ERCP OR “endoscopic retrograde cholangiopancreatography”)→limit to cohort/observational studies

(ERCP OR “endoscopic retrograde cholangiopancreatography”) AND (“adverse event*” OR “adverse effect*” OR “adverse reaction*” OR “post-ERCP pancreatitis” OR “post-endoscopic retrograde cholangiopancreatography pancreatitis” OR pancreatitis OR hemorrhage OR haemorrhage OR cholangitis OR bleeding OR infection* OR cholecystitis OR perforation OR cardiopulmonary OR sepsis OR complication* OR unplanned OR event* OR sedation OR cholecystectomy OR choledocholithiasis OR “risk factor*” OR “postoperative complication*” OR “treatment outcome*” OR inflammation OR rupture)→limit to cohort/observational studies

MEDLINE (Ovid) Search Strategy

1. ERCP.ab,ti.
2. "endoscopic retrograde cholangiopancreatography".ab,ti.
3. exp Cholangiopancreatography, Endoscopic Retrograde/
4. 1 or 2 or 3
5. "adverse event* ".ab,ti.
6. "adverse effect* ".ab,ti.
7. "adverse reaction* ".ab,ti.
8. exp Long Term Adverse Effects/
9. "post-ERCP pancreatitis".ab,ti.
10. "post-endoscopic retrograde cholangiopancreatography pancreatitis".ab,ti.
11. pancreatitis.ab,ti.
12. exp Pancreatitis/
13. exp Hemorrhage/
14. hemorrhage.ab,ti.
15. haemorrhage.ab,ti.
16. cholangitis.ab,ti.

17. exp Cholangitis/
18. bleeding.ab,ti.
19. "infection*".ab,ti.
20. exp Infections/
21. exp Cholecystitis/
22. cholecystitis.ab,ti.
23. perforation.ab,ti.
24. cardiopulmonary.ab,ti.
25. sepsis.ab,ti.
26. exp Sepsis/
27. "complication*".ab,ti.
28. unplanned.ab,ti.
29. "event*".ab,ti.
30. sedation.ab,ti.
31. cholecystectomy.ab,ti.
32. exp Cholecystectomy/
33. exp Choledocholithiasis/
34. choledocholithiasis.ab,ti.
35. "risk factor* ".ab,ti.
36. exp Risk Factors/
37. "postoperative complication* ".ab,ti.
38. exp Postoperative Complications/
39. exp Treatment Outcome/
40. "treatment outcome* ".ab,ti.
41. inflammation.ab,ti.
42. rupture.ab,ti.
43. exp Inflammation/
44. exp Rupture/
45. 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37 or 38 or 39 or 40 or 41 or 42 or 43 or 44
46. randomized controlled trial.pt.
47. clinical trial.pt.
48. randomi?ed.ti,ab.
49. placebo.ti,ab.
50. dt.fs.
51. randomly.ti,ab.
52. trial.ti,ab.
53. groups.ti,ab.
54. or/46-53
55. animals/
56. humans/
57. 55 not (55 and 56)
58. 54 not 57
59. RCT.ab,ti.
60. "randomized controlled trial* ".ab,ti.

61. "clinical trial* ".ab,ti.
62. exp Randomized Controlled Trial/
63. exp Randomized Controlled Trials as Topic/
64. exp Clinical Trial/
65. exp Clinical Trials as Topic/
66. 59 or 60 or 61 or 62 or 63 or 64 or 65
67. "observational study".ab,ti.
68. "cohort study".ab,ti.
69. exp Observational Study/
70. exp Cohort Studies/
71. 67 or 68 or 69 or 70
72. 4 and 45
73. limit 72 to (clinical trial, all or clinical trial, phase i or clinical trial, phase ii or clinical trial, phase iii or clinical trial, phase iv or clinical trial protocol or clinical trial protocols as topic or clinical trial or controlled clinical trial or randomized controlled trial)
74. limit 72 to observational study
75. limit 4 to (clinical trial, all or clinical trial, phase i or clinical trial, phase ii or clinical trial, phase iii or clinical trial, phase iv or clinical trial protocol or clinical trial protocols as topic or clinical trial or controlled clinical trial or randomized controlled trial)
76. limit 4 to observational study
77. 58 or 66
78. 4 and 77
79. 4 and 71
80. 75 or 78
81. 76 or 79
82. limit 80 to (english language and yr="2000 -Current")
83. limit 81 to (english language and yr="2000 -Current")
84. 72 and 77
85. 71 and 72
86. 73 or 84
87. 74 or 85
88. limit 86 to (english language and yr="2000 -Current")
89. limit 87 to (english language and yr="2000 -Current")
90. 82 or 83 or 88 or 89
91. remove duplicates from 90

Databases

MEDLINE (Ovid); PubMed; CINAHL; EMBASE; Scopus; Web of Science; Evidence-Based Medicine (EBM) Reviews

Limits

Language: English
Publication Date: 2000 – present

PRISMA-P (Preferred Reporting Items for Systematic review and Meta-Analysis Protocols) 2015 checklist: recommended items to address in a systematic review protocol*

Section and topic	Item No	Checklist item	Page
ADMINISTRATIVE INFORMATION			
Title:			
Identification	1a	Identify the report as a protocol of a systematic review	1
Update	1b	If the protocol is for an update of a previous systematic review, identify as such	N/A
Registration	2	If registered, provide the name of the registry (such as PROSPERO) and registration number	2, 5
Authors:			
Contact	3a	Provide name, institutional affiliation, e-mail address of all protocol authors; provide physical mailing address of corresponding author	1
Contributions	3b	Describe contributions of protocol authors and identify the guarantor of the review	1
Amendments	4	If the protocol represents an amendment of a previously completed or published protocol, identify as such and list changes; otherwise, state plan for documenting important protocol amendments	N/A
Support:			
Sources	5a	Indicate sources of financial or other support for the review	1
Sponsor	5b	Provide name for the review funder and/or sponsor	1
Role of sponsor or funder	5c	Describe roles of funder(s), sponsor(s), and/or institution(s), if any, in developing the protocol	N/A
INTRODUCTION			
Rationale	6	Describe the rationale for the review in the context of what is already known	4-5
Objectives	7	Provide an explicit statement of the question(s) the review will address with reference to participants, interventions, comparators, and outcomes (PICO)	5

METHODS			
Eligibility criteria	8	Specify the study characteristics (such as PICO, study design, setting, time frame) and report characteristics (such as years considered, language, publication status) to be used as criteria for eligibility for the review	5-6
Information sources	9	Describe all intended information sources (such as electronic databases, contact with study authors, trial registers or other grey literature sources) with planned dates of coverage	6-7
Search strategy	10	Present draft of search strategy to be used for at least one electronic database, including planned limits, such that it could be repeated	Tables 1, 2
Study records:			
Data management	11a	Describe the mechanism(s) that will be used to manage records and data throughout the review	7
Selection process	11b	State the process that will be used for selecting studies (such as two independent reviewers) through each phase of the review (that is, screening, eligibility and inclusion in meta-analysis)	7
Data collection process	11c	Describe planned method of extracting data from reports (such as piloting forms, done independently, in duplicate), any processes for obtaining and confirming data from investigators	7
Data items	12	List and define all variables for which data will be sought (such as PICO items, funding sources), any pre-planned data assumptions and simplifications	7
Outcomes and prioritization	13	List and define all outcomes for which data will be sought, including prioritization of main and additional outcomes, with rationale	7-8
Risk of bias in individual studies	14	Describe anticipated methods for assessing risk of bias of individual studies, including whether this will be done at the outcome or study level, or both; state how this information will be used in data synthesis	8
Data synthesis	15a	Describe criteria under which study data will be quantitatively synthesised	8-9
	15b	If data are appropriate for quantitative synthesis, describe planned summary measures, methods of handling data and methods of combining data from studies, including any planned exploration of consistency (such as I^2 , Kendall's τ)	8-9
	15c	Describe any proposed additional analyses (such as sensitivity or subgroup analyses, meta-regression)	8-9

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	15d	If quantitative synthesis is not appropriate, describe the type of summary planned	N/A
Meta-bias(es)	16	Specify any planned assessment of meta-bias(es) (such as publication bias across studies, selective reporting within studies)	8-9
Confidence in cumulative evidence	17	Describe how the strength of the body of evidence will be assessed (such as GRADE)	9

*** It is strongly recommended that this checklist be read in conjunction with the PRISMA-P Explanation and Elaboration (cite when available) for important clarification on the items. Amendments to a review protocol should be tracked and dated. The copyright for PRISMA-P (including checklist) is held by the PRISMA-P Group and is distributed under a Creative Commons Attribution Licence 4.0.**

From: Shamseer L, Moher D, Clarke M, Ghersi D, Liberati A, Petticrew M, Shekelle P, Stewart L, PRISMA-P Group. Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015: elaboration and explanation. BMJ. 2015 Jan 2;349(jan02 1):g7647.

BMJ Open

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Secondary Subject Heading:	Evidence based practice
Keywords:	Endoscopy < GASTROENTEROLOGY, Hepatobiliary disease < GASTROENTEROLOGY, Pancreatic disease < GASTROENTEROLOGY

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Adverse Events Associated with Endoscopic Retrograde Cholangiopancreatography: Protocol for a Systematic Review and Meta-analysis

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AUTHOR CONTRIBUTIONS

- conception and design: NF, GIL
- analysis plan: NF, GIL, MV, YY, DEO, BJE, DRB
- drafting of the article: NF
- critical revision of the article for important intellectual content: NF, GIL, MV, BJE, YY, KB, ZWM, JI, DEO, BM, ACRP, AMH, AQ, RNK, SW, RJB, SJH, RJH, YR, DRB.
- final approval of the article: NF, GIL, MV, BJE, YY, KB, ZWM, JI, DEO, BM, ACRP, AMH, AQ, RNK, SW, RJB, SJH, RJH, YR, DRB.

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KEYWORDS

ERCP; endoscopic retrograde cholangiopancreatography; adverse event; pancreatitis; hemorrhage; cholangitis.

1 ABSTRACT

2 3 **Introduction**

4 Endoscopic retrograde cholangiopancreatography (ERCP) is performed to diagnose and
5 manage conditions of the biliary and pancreatic ducts. Though effective, it is associated with
6 common adverse events (AEs). The purpose of this study is to systematically review ERCP AE
7 rates and report up-to-date pooled estimates.

8 9 **Methods and Analysis**

10 A comprehensive electronic search will be conducted of relevant medical databases
11 through November 10, 2020. A study team of eight data abstracters will independently determine
12 study eligibility, assess quality, and abstract data in parallel, with any two concordant entries
13 constituting agreement and with discrepancies resolved by consensus. The primary outcome will
14 be the pooled incidence of post-ERCP pancreatitis (PEP), with secondary outcomes including
15 post-ERCP bleeding, cholangitis, perforation, cholecystitis, death, and unplanned healthcare
16 encounters (UHE). Secondary outcomes will also include rates of specific and overall adverse
17 events within clinically relevant subgroups determined *a priori*. DerSimonian and Laird random
18 effects models will be used to perform meta-analyses of these outcomes. Sources of
19 heterogeneity will be explored via meta-regression. Subgroup analyses based on median dates
20 of data collection across studies will be performed to determine whether AE rates have changed
21 over time.

22 23 **Ethics and Dissemination**

24 Our protocol was registered on PROSPERO (CRD42020220221). Ethics approval is not
25 required for this study as it is a planned meta-analysis of previously published data. Participant
26 consent is similarly not required. Dissemination is planned via presentation at relevant
27 conferences in addition to publication in peer-reviewed journals.

ARTICLE SUMMARY

Strengths and Limitations of the Proposed Study

- Our meta-analysis will provide to up-to-date estimates of procedural risks associated with the performance of ERCP.
- A comprehensive search strategy will be employed to capture all relevant studies and answer our study question.
- The strength of the body of evidence will be assessed using the Grading of Recommendations, Assessment, Development and Evaluation (GRADE) framework.
- A limitation of our approach is the likelihood of pooling outcome estimates using variable definitions of outcomes across studies, which we will partially mitigate by performing sensitivity analyses based on outcome definitions.
- Though the decision to exclude conference abstracts potentially disposes to publication bias, we feel that the unclear or ambiguous methodology often available from conference abstracts would add to potential study heterogeneity.

1 INTRODUCTION

2 Endoscopic retrograde cholangiopancreatography (ERCP) is an essential and commonly
3 performed advanced endoscopic procedure used in the diagnosis and treatment of several
4 categories of biliary and pancreatic pathology.¹⁻⁴ Although the role of standard ERCP has
5 transitioned to that of a primarily therapeutic procedure, ERCP volumes have nevertheless risen
6 over the past 10-15 years in the United States (US).^{5,6} ERCP is performed across high- and low-
7 volume centers, and by endoscopists of variable experience and specialties.⁷ A steep learning
8 curve during a specialized period of training results in an advanced skill set required to perform
9 safe and effective ERCP.^{8,9}

10 While very effective overall,¹⁰ ERCP is widely known to have the highest adverse event
11 (AE) profile among all commonly performed endoscopic procedures, with a collective AE rate of
12 >10%.¹¹ Common AEs include post-ERCP pancreatitis (PEP), bleeding, infection, cholecystitis,
13 perforation, and cardiopulmonary events.^{11, 12} PEP is the most common, with estimated rates of
14 5-10% in all-comers, approaching or exceeding 20% in higher-risk cases.¹¹⁻¹³ Despite an
15 emphasis on training and quality, both the incidence of PEP and its associated mortality are rising
16 in the US.¹⁴ Rates of post-ERCP bleeding range between 0.3% and 2%.¹⁵⁻¹⁷ Symptomatic post-
17 ERCP infection (cholangitis with or without sepsis) is also a common AE following ERCP, with a
18 reported range between 0.5% and 3%,¹¹ and is of particular interest in recent years given the rise
19 of duodenoscope-related infections.¹⁸⁻²¹

20 ERCP AEs are commonly reported in studies of varying designs; however, few systematic
21 reviews have synthesized available incidence rates of specific or overall AEs following ERCPs. A
22 2015 study synthesized the rates of PEP from randomized trials,¹³ but their search is now nearly
23 8 years out of date. Furthermore, other adverse event rates were not considered, and
24 observational studies were not included. Observational studies are a required element of
25 understanding true population rates of AEs,^{22, 23} given that the patient mixes therein are more
26 representative of the actual patient population in clinical practice compared to the highly selected

1 participants in randomized trials. Given the frequency with which these events occur and their
2 significant burden on the healthcare system,^{24, 25} it is crucial to obtain accurate, up-to-date data
3 on which to base estimates of incidence. Furthermore, AE rates differ depending on clinically
4 relevant patient- and procedure-related parameters, but pooled estimates of incidences within
5 these subgroups are largely unavailable. These estimates could be important so that patients and
6 endoscopists are aware of specific risks associated with each procedure.

7 Prior meta-analyses on this topic have focused only on pediatric patients²⁶ or instead on
8 specific AEs or specific patient subgroups.^{13, 27, 28} Therefore, we propose an up-to-date,
9 comprehensive, and methodologically rigorous systematic review and meta-analysis to determine
10 the incidence of adverse events following ERCP in adult patients, both overall and within clinically
11 relevant patient- and procedure-related subgroups.

13 **METHODS**

14 ***Overview and Objectives***

15 Our meta-analysis will be conducted according to the Preferred Reporting Items for
16 Systematic Reviews and Meta-Analyses (PRISMA) and Meta-analysis Of Observational Studies
17 in Epidemiology (MOOSE) recommendations.^{29, 30}

18 The primary objective will be to determine the pooled overall incidence of PEP (the primary
19 outcome) in adult patients undergoing ERCP. The secondary objectives will be to determine the
20 pooled incidences of post-ERCP bleeding, cholangitis, perforation, cholecystitis, death, and
21 unplanned healthcare encounters, in addition to determining the rates of specific and overall
22 adverse events within clinically relevant subgroups determined *a priori* and described below.

24 ***Eligibility Criteria***

25 Given the comprehensive nature of the study question and outcomes of interest, two
26 separate electronic searches will be conducted, with studies captured within either search being

1 eligible for inclusion in the overall systematic review. The first search will focus on randomized
2 trials only, while the second search will also include observational studies. For the first search, a
3 study will be included in the final review if it meets *all* of the following criteria: (1) it presents original
4 data in the form of a randomized clinical trial (with any primary research question), (2) the
5 interventional arm or control arm represents adult patients receiving ERCP, (3) it makes reference
6 to the determination of overall or specific ERCP-related adverse event(s) as a primary or
7 secondary outcome; (4) it reports the incidence of at least one post-ERCP adverse event
8 (including any of PEP, bleeding, symptomatic infection or cholangitis, perforation, cholecystitis,
9 death, or unplanned presentation to a healthcare facility within any follow-up period up to 30 days
10 after the index procedure); (5) it is published in English; and (6) at least 75% of study patients
11 received their ERCP in the year 2000 or later. The year 2000 was chosen as a cut-off so that only
12 studies representative of the current 'era' of ERCP are included. For the first search, a study will
13 be excluded from the review if (1) it is a conference abstract; or (2) if it reports data that overlaps
14 with another study's patient population in part or in whole for the same outcome of interest. In the
15 latter case, the study that includes the largest number of patients that had their ERCP conducted
16 in the year 2000 or later will be included while any others are excluded.

17 For the second search, a study will be included in the final review if it meets *all* of the
18 following criteria: (1) it is an observational study of any design; (2) its primary or secondary
19 objective is to assess post-ERCP adverse event rates or outcomes in adults; (3) it reports the
20 incidence of a specific post-ERCP adverse event, including any of the following: PEP, bleeding,
21 symptomatic infection or cholangitis, perforation, cholecystitis, death, or unplanned presentation
22 to a healthcare facility within 30 days of the index procedure; (4) it is published in English; and (5)
23 at least 75% of study patients received their ERCP in the year 2000 or later. For the second
24 search, a study will be excluded from the review if it meets *any* of the following criteria: (1) it is a
25 case report; (2) it is a smaller study (fewer than 500 total study patients, with this threshold set to
26 mitigate small study effects due to random error and to reduce the likelihood of including zero-

1 event studies, which are problematic to meta-analyze); (3) it represents the experience of a single
2 endoscopist; (4) it is a conference abstract; or (5) it reports data that overlaps with another study's
3 patient population in part or in whole for the same outcome. In the latter case, the study that
4 includes the largest number of patients that had their ERCP conducted in the year 2000 or later
5 will be included while any others are excluded. Eligibility criteria for both aspects of the overall
6 search strategy are summarized in **Table 1**.

8 ***Search Strategy and Terms***

9 A comprehensive electronic search will be designed by a health research librarian and
10 carried out in the electronic databases MEDLINE (Ovid), PubMed, CINAHL, EMBASE, Scopus,
11 Web of Science, and Evidence Based Medicine (EBM) Reviews based on the eligibility criteria
12 detailed above, from inception of each data source to the search date of November 10, 2020.
13 English language citations from 2000 or later will be included. A combination of Medical Subject
14 Heading (MeSH) and free-text terms will be used along with spelling variations and synonyms to
15 create the two search strategies outlined above. A detailed list of search terms is provided in
16 **Table 2**, with a full search planning document provided in the **Supplementary Materials**.

18 ***Study Selection and Data Abstraction***

19 All citations will be imported into DistillerSR (Evidence Partners, Ottawa, Canada) and any
20 duplicate entries will be removed. Given the large volume of anticipated citations identified in the
21 initial searches, 8 reviewers (KB, ZWM, JI, DEO, BM, ACRP, AMH, AQ) will be randomly assigned
22 roughly equal numbers of citations. Assessments by the first 2 reviewers will be used for titles
23 and abstracts to identify citations for potential full-text review. A vote of 'both include' or 'both
24 exclude' by any 2 of the 8 reviewers will be considered definitive. Discrepancies will be resolved
25 by consensus of an *a priori* committee of study investigators (NF, YR, DRB). All included citations
26 will then undergo independent duplicate full-text abstraction by 2 reviewers (of the same pool of

1 8), with discrepancies again being resolved by consensus. Data will then be extracted into
2 standardized abstraction forms in duplicate, with separate forms for each aspect of the search
3 strategy. Forms will include authors, year of publication, study design, country(ies) in which the
4 research was carried out, study setting, recruitment period, sample sizes, patient sex, age, and
5 comorbidity, procedural indication(s), relevant pre-procedural parameters (including imaging
6 studies and bilirubin levels) description of intervention(s), rates of adverse events (in absolute
7 numbers and proportions), outcome definitions and follow-up periods. Where possible, the
8 severity of AEs will also be captured, including as an example mild, moderate, and severe
9 pancreatitis according to the Atlanta classification,³¹ so that pooled data can also be reported
10 according to severity. Data will be abstracted both on the patient level as well as the procedure
11 level, as available. Relevant subgroups (**Table 3**) will also be abstracted.

12

13 **Outcome Definitions**

14 A challenge with pooling rates of ERCP AEs is that non-universal definitions of outcomes
15 are employed across studies. Detailed study-specific outcome definitions will be abstracted to
16 help address this issue. Outcome definitions will be compared against those described in the
17 American Society for Gastrointestinal Endoscopy (ASGE) Lexicon³² and the European Society
18 for Gastrointestinal Endoscopy (ESGE) Guideline.³³ Studies not reporting clear outcomes
19 definitions or those employing non-guideline/lexicon definitions will be flagged for sensitivity
20 analyses. Study-specific mechanisms of outcome capture will also be abstracted so that these
21 can be considered separately.³⁴ For the primary outcome (PEP), the ASGE Lexicon definition
22 requires typical pain with amylase or lipase greater than 3 times the upper limit of normal.³²

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24 **Risk of Bias**

25 Two authors will independently conduct risk of bias assessments for all included studies.
26 Assessment of included randomized studies will be performed using the Cochrane Risk of Bias

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1 tool, version 2 (RoB 2),³⁴ while the quality of observational studies will be assessed using the
2 ROBINS-I tool.³⁵ Discrepancies will be resolved by consensus.

3 4 **Statistical Analysis, Subgroup and Sensitivity Analyses**

5 We will perform DerSimonian and Laird random effects meta-analyses to report the pooled
6 incidence rates of individual post-ERCP AEs along with 95% confidence intervals (CIs). Study
7 weights will be measured using the inverse variance method. Incidence rates from observational
8 studies and randomized trials will be pooled separately (at no point being combined).
9 Heterogeneity between studies will be assessed with the I^2 and χ^2 statistics. We will consider p
10 values of <0.10 for the χ^2 statistic or an I^2 value $>50\%$ to indicate substantial heterogeneity, which
11 will be further investigated with subgroup analyses. Subgroup analyses will be performed using
12 relevant study-, procedure- and patient-related characteristics selected *a priori*. These are
13 summarized in **Table 3**. In addition, sources of heterogeneity will also be tested by performing
14 meta-regression on these *a priori* selected characteristics. We will examine the I^2 and adjusted
15 R^2 statistics to estimate the fraction of heterogeneity accounted for by these characteristics.

16 To determine whether adverse event rates have changed over time, we will perform
17 subgroup analyses based on the median dates of data collection in individual studies for each
18 type of adverse event. Median data collection will be assigned a single value per study and studies
19 will be separated into three periods: a) 2000-2009, b) 2010-2014, and c) 2015-present. Meta-
20 regression will be performed to determine whether there are any significant differences in specific
21 or overall AE rates between periods. Periods were chosen based on the 2012 publication of the
22 seminal manuscript on rectal non-steroidal anti-inflammatory agents to prevent PEP³⁶ and a 3-
23 year lag period between study dissemination and clinical practice adoption.

24 We will also conduct a series of sensitivity analyses whereby studies of varying quality as
25 per ROBINS-I and RoB 2 are considered separately and whereby studies employing non-ASGE-
26 lexicon AE definitions will be considered separately. Inter-study heterogeneity will be assessed

1 using the Cochrane I^2 statistic. Publication bias will be assessed by visual inspection of funnel
2 plots in addition to performing Egger's and Begg's tests.^{37, 38} The statistical packages Revman 5.1
3 (Cochrane Collaboration) and Stata 14.0 (StataCorp) will be used for all analyses. The strength
4 of the body of evidence will then be assessed using the Grading of Recommendations,
5 Assessment, Development and Evaluation (GRADE) framework.³⁹

7 ***Patient and Public Involvement***

8 No patients or public were involved in study design.

10 **ETHICS AND DISSEMINATION**

11 Our protocol was registered on PROSPERO (CRD42020220221). Ethics approval is not
12 required for this study as it is a planned meta-analysis of previously published data. Participant
13 consent is similarly not required. Dissemination is planned via presentation at relevant
14 conferences in addition to publication in peer-reviewed journals.

16 **DISCUSSION**

17 This systematic review and meta-analysis will provide up-to-date estimates of incidences
18 of the most common adverse events associated with the performance of ERCP. Though ERCP
19 in 2020 is primarily a therapeutic procedure, with minimal diagnostic indications, it remains one
20 of the most commonly performed endoscopic procedures in the US and world-wide, with volumes
21 having increased over time.^{5, 6} Even though ERCP is a relatively safe procedure overall, AEs are
22 more prevalent with its performance than any other endoscopic procedure. Thus, it behooves
23 endoscopists performing ERCP to be acutely aware of the most precise and up-to-date estimates
24 of risk possible. If possible, patient- and procedure-specific estimates of risk should also be
25 ascertained, which is also a goal of the proposed study. Obtaining these estimates could help set

1 up appropriate patient expectations of risk and could also serve to optimize the peri-procedural
2 management of ERCP patients.

3 Specific knowledge gaps are particularly important to bridge regarding ERCP AEs. In
4 particular, accurate estimates of the rate of post-ERCP symptomatic infections (cholangitis or
5 sepsis) are particularly important given the growing concerns around duodenoscope-related
6 infections.¹⁸⁻²¹ Obtaining accurate estimates of the overall burden of post-ERCP infection is the
7 first step toward describing the relatively smaller infection risk attributable directly to
8 duodenoscope contamination and transmission. Similarly, estimates of post-sphincterotomy
9 and/or post-sphincteroplasty bleeding are variable,¹⁵⁻¹⁷ and no pooled estimates to date are
10 available. With regards to rarer AEs such as cholecystitis and perforation, evidence is even more
11 scarce. Thus, an urgent but unmet need is present to accurately define the overall and specific
12 AE profile associated with ERCP.

13 Though this protocol was designed to limit sources of bias through rigorous methodology,
14 there are nevertheless potential limitations that require acknowledgment. As with any meta-
15 analysis, the certainty of pooled estimates is limited by the quality of input studies. With this topic
16 in particular, it is anticipated that study cohorts will be described using variable levels of detail
17 regarding demographics, comorbidities, procedural indications, and procedural interventions. To
18 mitigate this, we divided our study into two main analyses; the first, inclusive of randomized
19 controlled trials, is expected to be more granular in terms of these details and is thus expected to
20 yield more robust patient- and procedure-specific estimates of risk. The second, inclusive of only
21 large observational studies, is expected to yield more pragmatic 'real-world' estimates of risk. For
22 this analysis, a pre-set cutoff point of 500 patients was chosen to mitigate small study effects. The
23 'delta', or gap between these two types of estimates, will also be a crucial aspect of our findings
24 that we plan on discussing as it relates to implications on evidence interpretation and on clinical
25 practice.

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3 1 Another limitation of our approach is the possibility of pooling outcome estimates using
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5 2 variable definitions of outcomes across studies. To mitigate this, we will abstract study-specific
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7 3 outcome definitions and perform sensitivity analyses whereby studies with unclear or absent
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9 4 definitions are separately analyzed. Even with this approach, we expect there to be some degree
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11 5 of (acceptable) variability between study definitions, but we will compare study-specific definitions
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13 6 against the ASGE Lexicon's AE definitions³² to ensure that we only pool studies adhering to
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15 7 minimal thresholds for attribution of AEs. For instance, for post-ERCP bleeding, we will ensure
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17 8 that at minimum, studies require a hemoglobin drop of > 2 g as part of their definition, in order to
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19 9 prevent inclusion of patients with intraprocedural or non-clinically-significant post-procedural
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21 10 bleeding, which has been demonstrated to be of limited consequence.¹² Another limitation
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23 11 includes missing studies due to our decision to restrict our inclusions to English studies with the
24
25 12 majority of data collected after the year 2000. While this is a valid concern, we felt it was more
26
27 13 important to capture evidence most representative of current practices, techniques and
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29 14 technologies. Therefore, studies with a significant volume of study procedures performed prior to
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31 15 the year 2000 were deemed to be at risk of not representing current ERCP practice. Finally, we
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33 16 have made the decision to exclude conference abstracts from our study. Though this potentially
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35 17 disposes to publication bias, we feel that the unclear or ambiguous methodology often available
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37 18 from conference abstracts would add to potential study heterogeneity.

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41 19 Overall, despite these limitations, we anticipate that our study will bridge important
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43 20 knowledge gaps pertaining to ERCP-associated adverse events. Our results could potentially
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45 21 improve patient care and satisfaction by providing more detailed and up-to-date estimates of
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47 22 ERCP-related risk. Accurate AE estimates will also facilitate the design of future prospective
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49 23 ERCP studies including randomized trials and could potentially have meaningful implications on
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51 24 training and practice standards.

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Table 1. Eligibility criteria for both aspects of the overall search strategy.

	Inclusion criteria	Exclusion criteria
Search Aspect 1	<ul style="list-style-type: none"> • original data • randomized controlled trial (with any research question) • interventional OR control arm of RCT represents adult patients receiving ERCP • an adverse event is a primary and/or secondary outcome 	<ul style="list-style-type: none"> • non-English publication • data overlaps with data from another study (in part or in whole) • over 25% of study procedures performed prior to 2000 • conference abstract
Search Aspect 2	<ul style="list-style-type: none"> • original data • observational study (prospective or retrospective) • reports on adult patients receiving ERCP • primary or secondary objective of study is determination of ERCP adverse event(s) 	<ul style="list-style-type: none"> • small cohort of patients (fewer than 500) • represents the experience of a single endoscopist • non-English publication • data overlaps with data from another study (in part or in whole) • over 25% of study procedures performed prior to 2000 • conference abstract

RCT, randomized controlled trial; ERCP, endoscopic retrograde cholangiopancreatography.

Table 2. Summary of electronic database search terms.*

Search Aspect 1: Randomized Controlled Trials
<p>(ERCP OR “endoscopic retrograde cholangiopancreatography”)→limit to RCTs</p> <p>(ERCP OR “endoscopic retrograde cholangiopancreatography”) AND (“adverse event*” OR “adverse effect*” OR “adverse reaction*” OR “post-ERCP pancreatitis” OR “post-endoscopic retrograde cholangiopancreatography pancreatitis” OR pancreatitis OR haemorrhage OR haemorrhage OR cholangitis OR bleeding OR infection* OR cholecystitis OR perforation OR cardiopulmonary OR sepsis OR complication* OR unplanned OR event* OR sedation OR cholecystectomy OR choledocholithiasis OR “risk factor*” OR “postoperative complication*” OR “treatment outcome*” OR inflammation OR rupture)→limit to RCTs</p>
Search Aspect 2: Observational Studies
<p>(ERCP OR “endoscopic retrograde cholangiopancreatography”)→limit to cohort/observational studies</p> <p>(ERCP OR “endoscopic retrograde cholangiopancreatography”) AND (“adverse event*” OR “adverse effect*” OR “adverse reaction*” OR “post-ERCP pancreatitis” OR “post-endoscopic retrograde cholangiopancreatography pancreatitis” OR pancreatitis OR haemorrhage OR haemorrhage OR cholangitis OR bleeding OR infection* OR cholecystitis OR perforation OR cardiopulmonary OR sepsis OR complication* OR unplanned OR event* OR sedation OR cholecystectomy OR choledocholithiasis OR “risk factor*” OR “postoperative complication*” OR “treatment outcome*” OR inflammation OR rupture)→limit to cohort/observational studies</p>

*Full electronic search strategy provided in **Supplementary Materials**.

Table 3. Planned subgroup analyses.

Category	Subgroups
Patient demographics and characteristics	<ul style="list-style-type: none"> • Female versus male sex • Age < 50 versus ≥ 50 • Inpatient versus outpatient status • Degree of comorbidity (Charlson Comorbidity Index or other, TBD) • Underlying primary sclerosing cholangitis • Liver transplant status • Presence of antiplatelet or anticoagulant medications • Presence versus absence of PEP prophylaxis
Practice settings	<ul style="list-style-type: none"> • Academic institutions versus community practices • Low-volume versus high-volume centers and/or endoscopists (cutoff points TBD)
Procedural indications	<ul style="list-style-type: none"> • Pancreatic versus biliary indications • Choledocholithiasis (suspected or confirmed) • Malignant obstruction • Benign obstruction
Intra-procedural techniques	<ul style="list-style-type: none"> • Sphincterotomy • Sphincteroplasty • Pre-cut sphincterotomy • Needle knife papillotomy • Biliary stent placement • Mechanical lithotripsy • Cholangioscopy and/or pancreatoscopy • Pancreatic versus common bile duct cannulation
Study methodology	<ul style="list-style-type: none"> • North American versus European versus Asian-Pacific • Study publication date • Median data collection date (2000-2009, 2010-2014, 2015-present) • Study design (retrospective versus prospective observational versus randomized controlled trial) • ASGE Lexicon versus non-lexicon definition(s) of outcomes

PEP, post-ERCP pancreatitis; TBD, to be determined; ASGE, American Society for

Gastrointestinal Endoscopy.

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Supplementary Materials – Search Planning Document

Keywords

Concept	Synonym
ERCP	ERCP [Keyword]; “endoscopic retrograde cholangiopancreatography” [Keyword]; cholangiopancreatography, endoscopic retrograde [MeSH]
Adverse Events	“adverse event*” [Keyword]; “adverse effect*” [Keyword]; “adverse reaction*” [Keyword]; long term adverse effects [MeSH]; “post-ERCP pancreatitis” [Keyword]; “post-endoscopic retrograde cholangiopancreatography pancreatitis” [Keyword]; pancreatitis [Keyword, MeSH]; hemorrhage [Keyword, MeSH]; haemorrhage [Keyword]; cholangitis [Keyword, MeSH]; bleeding [Keyword]; infection* [Keyword]; infections [MeSH]; cholecystitis [Keyword, MeSH]; perforation [Keyword]; cardiopulmonary [Keyword]; sepsis [Keyword, MeSH]; complication* [Keyword]; unplanned [Keyword]; event* [Keyword]; sedation [Keyword]; cholecystectomy [Keyword, MeSH]; choledocholithiasis [Keyword, MeSH]; “risk factor*” [Keyword]; risk factors [MeSH]; “postoperative complication*” [Keyword]; postoperative complications [MeSH]; “treatment outcome*” [Keyword]; treatment outcome [MeSH]; inflammation [Keyword, MeSH]; rupture [Keyword, MeSH];
RCTs*	RCT [Keyword]; “randomized controlled trial*” [Keyword]; randomized controlled trial [MeSH]; randomized controlled trials as topic [MeSH]; “clinical trial*” [Keyword]; clinical trial [MeSH]; clinical trials as topic [MeSH]
Cohort/Observational Studies*	“observational study” [Keyword, MeSH]; “cohort study” [Keyword]; cohort studies [MeSH]

*a combination of MeSH headings, publication types, and methodological search filters, <https://guides.library.ualberta.ca/health-sciences-search-filters/study-type-filters> will be used

Suggested Search Strings

Search Aspect #1: RCTs

(ERCP OR “endoscopic retrograde cholangiopancreatography”)→limit to RCTs

(ERCP OR “endoscopic retrograde cholangiopancreatography”) AND (“adverse event*” OR “adverse effect*” OR “adverse reaction*” OR “post-ERCP pancreatitis” OR “post-endoscopic retrograde cholangiopancreatography pancreatitis” OR pancreatitis OR hemorrhage OR haemorrhage OR cholangitis OR bleeding OR infection* OR cholecystitis OR perforation OR cardiopulmonary OR sepsis OR complication* OR unplanned OR event* OR sedation OR cholecystectomy OR choledocholithiasis OR “risk factor*” OR “postoperative complication*” OR “treatment outcome*” OR inflammation OR rupture)→limit to RCTs

Search Aspect #2: Cohort/Observational Studies

(ERCP OR “endoscopic retrograde cholangiopancreatography”)→limit to cohort/observational studies

(ERCP OR “endoscopic retrograde cholangiopancreatography”) AND (“adverse event*” OR “adverse effect*” OR “adverse reaction*” OR “post-ERCP pancreatitis” OR “post-endoscopic retrograde cholangiopancreatography pancreatitis” OR pancreatitis OR hemorrhage OR haemorrhage OR cholangitis OR bleeding OR infection* OR cholecystitis OR perforation OR cardiopulmonary OR sepsis OR complication* OR unplanned OR event* OR sedation OR cholecystectomy OR choledocholithiasis OR “risk factor*” OR “postoperative complication*” OR “treatment outcome*” OR inflammation OR rupture)→limit to cohort/observational studies

MEDLINE (Ovid) Search Strategy

1. ERCP.ab,ti.
2. "endoscopic retrograde cholangiopancreatography".ab,ti.
3. exp Cholangiopancreatography, Endoscopic Retrograde/
4. 1 or 2 or 3
5. "adverse event* ".ab,ti.
6. "adverse effect* ".ab,ti.
7. "adverse reaction* ".ab,ti.
8. exp Long Term Adverse Effects/
9. "post-ERCP pancreatitis".ab,ti.
10. "post-endoscopic retrograde cholangiopancreatography pancreatitis".ab,ti.
11. pancreatitis.ab,ti.
12. exp Pancreatitis/
13. exp Hemorrhage/
14. hemorrhage.ab,ti.
15. haemorrhage.ab,ti.
16. cholangitis.ab,ti.

17. exp Cholangitis/
18. bleeding.ab,ti.
19. "infection*".ab,ti.
20. exp Infections/
21. exp Cholecystitis/
22. cholecystitis.ab,ti.
23. perforation.ab,ti.
24. cardiopulmonary.ab,ti.
25. sepsis.ab,ti.
26. exp Sepsis/
27. "complication*".ab,ti.
28. unplanned.ab,ti.
29. "event*".ab,ti.
30. sedation.ab,ti.
31. cholecystectomy.ab,ti.
32. exp Cholecystectomy/
33. exp Choledocholithiasis/
34. choledocholithiasis.ab,ti.
35. "risk factor* ".ab,ti.
36. exp Risk Factors/
37. "postoperative complication* ".ab,ti.
38. exp Postoperative Complications/
39. exp Treatment Outcome/
40. "treatment outcome* ".ab,ti.
41. inflammation.ab,ti.
42. rupture.ab,ti.
43. exp Inflammation/
44. exp Rupture/
45. 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37 or 38 or 39 or 40 or 41 or 42 or 43 or 44
46. randomized controlled trial.pt.
47. clinical trial.pt.
48. randomi?ed.ti,ab.
49. placebo.ti,ab.
50. dt.fs.
51. randomly.ti,ab.
52. trial.ti,ab.
53. groups.ti,ab.
54. or/46-53
55. animals/
56. humans/
57. 55 not (55 and 56)
58. 54 not 57
59. RCT.ab,ti.
60. "randomized controlled trial* ".ab,ti.

- 1
- 2
- 3
- 4 61. "clinical trial* ".ab,ti.
- 5 62. exp Randomized Controlled Trial/
- 6 63. exp Randomized Controlled Trials as Topic/
- 7 64. exp Clinical Trial/
- 8 65. exp Clinical Trials as Topic/
- 9 66. 59 or 60 or 61 or 62 or 63 or 64 or 65
- 10 67. "observational study".ab,ti.
- 11 68. "cohort study".ab,ti.
- 12 69. exp Observational Study/
- 13 70. exp Cohort Studies/
- 14 71. 67 or 68 or 69 or 70
- 15 72. 4 and 45
- 16 73. limit 72 to (clinical trial, all or clinical trial, phase i or clinical trial, phase ii or clinical
- 17 trial, phase iii or clinical trial, phase iv or clinical trial protocol or clinical trial protocols as
- 18 topic or clinical trial or controlled clinical trial or randomized controlled trial)
- 19 74. limit 72 to observational study
- 20 75. limit 4 to (clinical trial, all or clinical trial, phase i or clinical trial, phase ii or clinical
- 21 trial, phase iii or clinical trial, phase iv or clinical trial protocol or clinical trial protocols as
- 22 topic or clinical trial or controlled clinical trial or randomized controlled trial)
- 23 76. limit 4 to observational study
- 24 77. 58 or 66
- 25 78. 4 and 77
- 26 79. 4 and 71
- 27 80. 75 or 78
- 28 81. 76 or 79
- 29 82. limit 80 to (english language and yr="2000 -Current")
- 30 83. limit 81 to (english language and yr="2000 -Current")
- 31 84. 72 and 77
- 32 85. 71 and 72
- 33 86. 73 or 84
- 34 87. 74 or 85
- 35 88. limit 86 to (english language and yr="2000 -Current")
- 36 89. limit 87 to (english language and yr="2000 -Current")
- 37 90. 82 or 83 or 88 or 89
- 38 91. remove duplicates from 90
- 39
- 40
- 41
- 42
- 43
- 44

Databases

MEDLINE (Ovid); PubMed; CINAHL; EMBASE; Scopus; Web of Science; Evidence-Based
Medicine (EBM) Reviews

Limits

Language: English
Publication Date: 2000 – present

PRISMA-P (Preferred Reporting Items for Systematic review and Meta-Analysis Protocols) 2015 checklist: recommended items to address in a systematic review protocol*

Section and topic	Item No	Checklist item	Page
ADMINISTRATIVE INFORMATION			
Title:			
Identification	1a	Identify the report as a protocol of a systematic review	1
Update	1b	If the protocol is for an update of a previous systematic review, identify as such	N/A
Registration	2	If registered, provide the name of the registry (such as PROSPERO) and registration number	2, 5
Authors:			
Contact	3a	Provide name, institutional affiliation, e-mail address of all protocol authors; provide physical mailing address of corresponding author	1
Contributions	3b	Describe contributions of protocol authors and identify the guarantor of the review	1
Amendments	4	If the protocol represents an amendment of a previously completed or published protocol, identify as such and list changes; otherwise, state plan for documenting important protocol amendments	N/A
Support:			
Sources	5a	Indicate sources of financial or other support for the review	1
Sponsor	5b	Provide name for the review funder and/or sponsor	1
Role of sponsor or funder	5c	Describe roles of funder(s), sponsor(s), and/or institution(s), if any, in developing the protocol	N/A
INTRODUCTION			
Rationale	6	Describe the rationale for the review in the context of what is already known	4-5
Objectives	7	Provide an explicit statement of the question(s) the review will address with reference to participants, interventions, comparators, and outcomes (PICO)	5

METHODS			
Eligibility criteria	8	Specify the study characteristics (such as PICO, study design, setting, time frame) and report characteristics (such as years considered, language, publication status) to be used as criteria for eligibility for the review	5-6
Information sources	9	Describe all intended information sources (such as electronic databases, contact with study authors, trial registers or other grey literature sources) with planned dates of coverage	6-7
Search strategy	10	Present draft of search strategy to be used for at least one electronic database, including planned limits, such that it could be repeated	Tables 1, 2
Study records:			
Data management	11a	Describe the mechanism(s) that will be used to manage records and data throughout the review	7
Selection process	11b	State the process that will be used for selecting studies (such as two independent reviewers) through each phase of the review (that is, screening, eligibility and inclusion in meta-analysis)	7
Data collection process	11c	Describe planned method of extracting data from reports (such as piloting forms, done independently, in duplicate), any processes for obtaining and confirming data from investigators	7
Data items	12	List and define all variables for which data will be sought (such as PICO items, funding sources), any pre-planned data assumptions and simplifications	7
Outcomes and prioritization	13	List and define all outcomes for which data will be sought, including prioritization of main and additional outcomes, with rationale	7-8
Risk of bias in individual studies	14	Describe anticipated methods for assessing risk of bias of individual studies, including whether this will be done at the outcome or study level, or both; state how this information will be used in data synthesis	8
Data synthesis	15a	Describe criteria under which study data will be quantitatively synthesised	8-9
	15b	If data are appropriate for quantitative synthesis, describe planned summary measures, methods of handling data and methods of combining data from studies, including any planned exploration of consistency (such as I^2 , Kendall's τ)	8-9
	15c	Describe any proposed additional analyses (such as sensitivity or subgroup analyses, meta-regression)	8-9

	15d	If quantitative synthesis is not appropriate, describe the type of summary planned	N/A
Meta-bias(es)	16	Specify any planned assessment of meta-bias(es) (such as publication bias across studies, selective reporting within studies)	8-9
Confidence in cumulative evidence	17	Describe how the strength of the body of evidence will be assessed (such as GRADE)	9

*** It is strongly recommended that this checklist be read in conjunction with the PRISMA-P Explanation and Elaboration (cite when available) for important clarification on the items. Amendments to a review protocol should be tracked and dated. The copyright for PRISMA-P (including checklist) is held by the PRISMA-P Group and is distributed under a Creative Commons Attribution Licence 4.0.**

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