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## The FENETRE Study - Quality-Assured Follow-Up of quiescent neovascular age- related maculaR dEgeneration by non-medical practitioners: study protocol and statistical analysis plan for a randomised controlled trial

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## **The FENETRE Study - Quality-Assured Follow-Up of quiescent neovascular age-related macular degeneration by non-medical practitioners: study protocol and statistical analysis plan for a randomised controlled trial**

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58 Word count: 5459  
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## ABSTRACT

### Objective

Management of age-related Macular Degeneration (AMD) places a high demand on already constrained hospital-based eye services. This study aims to assess the safety and quality of follow-up within the community led by suitably trained non-medical practitioners for the management of Quiescent neovascular AMD (QnAMD).

### Methods/design

This is a prospective, multi-site, randomised clinical trial. 742 participants with QnAMD will be recruited and randomised to either continue hospital-based secondary care or to receive follow-up within a community setting. Participants in both groups will be monitored for disease reactivation over the course of 12 months and referred for treatment as necessary. Outcomes measures will assess the non-inferiority of primary care follow-up accounting for accuracy of the identification of disease reactivation, patient loss to follow-up and accrued costs, and the budget impact to the NHS.

### Ethics and Dissemination

Research ethics approval was obtained from the London Bloomsbury Ethics committee. The results of this study will be disseminated through academic peer-reviewed publications, conferences, and collaborations with Eye Charities to insure the findings reach the appropriate patient populations.

### Trial registration

ClinicalTrials.gov Identifier: NCT03893474. Registered 28<sup>th</sup> March 2019.

## STRENGTHS AND LIMITATIONS OF THIS STUDY

- This study assesses the non-inferiority of a health ‘technology’ which aims to meet an immediate need of reducing the burden on hospital-based ophthalmology services.
- Clinical, patient-derived, and economic outcomes are all investigated to ensure this care pathway is both non-inferior and cost-effective.
- As part of the study, a bespoke training package for primary care optometrists has been developed in collaboration with the College of Optometrists, to enable immediate uptake by the NHS.

## BACKGROUND

Neovascular age-related Macular Degeneration (nAMD) is the most frequent cause of blindness and accounts for 50% of all certifications of visual impairment in the UK.[1,2] Current treatment involves intravitreal injections of drugs to inhibit vascular endothelial growth factor(anti-VEGF) to ameliorate the pathology behind nAMD, improving the morphological appearance of the retina and stabilising/improving visual acuity. This treatment process means that the disease becomes quiescent and standard clinical practice includes long-term follow-up of patients with Quiescent nAMD (QnAMD) to monitor for the return of active disease and the need for further treatment.

While regular clinical review is an effective management strategy, this method is stressful for patients with frequent hospital visits and long waits in crowded clinics, and burdensome for the National Health Service (NHS) - requiring ophthalmologist availability on a regular basis within a service that is already severely constrained. Demand for these services are predicted to increase further due to an aging population. As a result, reviews to optimise the current care pathways and improve patient management have been published outlining possible options, including virtual or combined clinics, faster referral processes, and the use of trained non-medical healthcare professionals within the hospital setting.[3–5]

Following these calls for improved clinical services, in 2016 the Effectiveness of Community versus Hospital Eye Service follow-up for patients with neovascular age-related macular

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3 degeneration with quiescent disease (ECHOES) trial was undertaken to examine the  
4 possibility of primary care optometrists managing patient follow-up, with the aim of  
5 developing a shared care pathway for monitoring QnAMD. This study showed that the  
6 ability of optometrists to detect reactivated nAMD is non inferior to that of  
7 ophthalmologists,[6] did not incur significantly higher costs,[7] and could reduce demands  
8 on hospital resources.[6,7]  
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15 This study continues investigating the potential of a community-based, non-medical  
16 practitioner led pathway for the management of QnAMD. We believe this is an important  
17 development in AMD care. If safe, integrated and quality assured community care can be  
18 developed, this should provide opportunities to make services more accessible and  
19 convenient for patients while also easing pressure on hospital eye departments and  
20 potentially lowering costs. Assessing the clinical- and cost-effectiveness of community-based  
21 primary care QnAMD follow-up, we will examine:  
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- 28 1. The safety of non-medical practitioner follow-up of QnAMD in the primary care  
29 setting compared to secondary care eye-clinics in correctly classifying re-activation  
30 due to nAMD (primary objective).  
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- 33 2. The efficiency (rate of over-referral) of primary care and secondary care QnAMD  
34 pathways against an enhanced reference standard.  
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- 37 3. The non-inferiority of non-medical practitioner follow-up of QnAMD in the primary  
38 care versus secondary care eye-clinics in correctly classifying re-activation due to  
39 nAMD.  
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- 42 4. The cost-effectiveness and budget impact of community-based primary care  
43 optometry QnAMD pathways against secondary care pathways.  
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## METHODS

### Study design

This is a prospective, randomised, multi-site clinical trial testing the non-inferiority of primary care optometry follow-up of participants with QnAMD over 12 months. Participants with QnAMD will be randomised to continue secondary care within a hospital setting (control arm) or be monitored for disease reactivation in a community setting by non-medical healthcare practitioners (primary care optometrists; intervention arm).

In both trial groups, participants will be reviewed at 4-weekly intervals to monitor for disease reactivation, as per routine clinical practice in QnAMD clinics (Figure 1). Participants in the intervention arm who are determined to have 'active' or 'suspicious' (where the assessing optometrist cannot determine with certainty whether the disease is active or inactive) disease classification will be referred to the hospital eye service for a confirmatory review of their disease and will discontinue participation in the study. Any participants with reactivated disease from either trial group will be referred for treatment and will discontinue participation in the study.

### Trial phases

The study will involve three phases: 1) a development phase consisting of training for primary care optometrists using an in-house bespoke training package developed by City, University of London in collaboration with the College of Optometrists, 2) an internal pilot phase assessing the feasibility of the recruitment plan, performing quality assurance of the training package and a process evaluation with criteria for progression to the full trial and 3) the full trial. This pilot will only involve recruitment at a selection of the available locations (the first wave sites). The full trial will involve recruitment up to the final determined sample size, include an assessment of economic outcomes, and incorporate a sub study undertaking a process evaluation of the community-based optometry follow-up (intervention arm).



## Setting

This study will take place at a number of locations across the UK, including London (Moorfields Eye Hospital), Manchester, Bristol, Bradford, Leeds, and York [first wave sites] with further locations joining part way through the study.

Recruitment will take place at hospital-based eye units within each city which will also deliver the secondary care (control) arm of the study. 35 primary care optometry practices of a range of sizes and types (independent, small group, multiples) and geographical locations will be recruited to deliver the community-based primary care for the intervention arm of the study. This number of optometry sites has been selected within an expectation that each site will perform an average of 1-3 appointments per week (up to 144 per year) and the distribution of practice sizes/types/locations has been selected to allow judgements to be made about applicability of findings to the wider UK population.

## Participants

Participants considered for recruitment will be those with nAMD currently undergoing treatment with anti-Vascular Endothelium Growth Factor injections whom have reached disease quiescence. For the purposes of this study, disease quiescence for nAMD will be defined as:

- For participants on monthly Pro Renata regimens a period of at least 3 months during which treatment has not been required.
- For participants on Treat and Extend regimens, successful extension of re-treatment interval to 12 weeks and maintenance of this interval for one or more consecutive occasions.

Patients with bilateral nAMD will be considered for the study if both eyes have reached disease quiescence. For each follow-up visit in either trial group, a classification will be made separately for each eye. 'Active' and 'suspicious' classification in either of the participant's eyes will trigger a referral to secondary care for review/treatment and corresponding participants will discontinue study visits.

## Eligibility criteria

The inclusion criteria for this study are the achievement of disease quiescence, aged 55 years or older, have provided informed consent, and have the ability to perform study specific procedures.

Participants will be excluded if they have the following:

- Significant media opacities (cataract, vitreous opacities) that would not allow good quality fundus imaging.
- Diabetic retinopathy of severity worse than mild non-proliferative stage and with any degree of diabetic maculopathy;
- Or a history of other causes of Choroidal Neovascularisation (myopic, angioid streaks, inflammatory, retinal dystrophies, secondary to Central Serous Chorioretinopathy, idiopathic).

## Randomisation and blinding

Randomisation will be performed by site staff using the web based randomisation tool: Sealed Envelope, ([www.sealedenvelope.com](http://www.sealedenvelope.com)). Sealed Envelope provides a proven reliable and centralized randomisation system. The system will be custom designed to the trial requirements. The method of randomisation will be minimisation with a ratio of 1:1. The minimisation algorithm will stratify (minimise) by centre and number of eyes eligible at baseline (unilateral or bilateral). This is performed with an 80% probability of allocating to the trial arm that reduces the imbalance.

Patients will be randomised into the control arm or the intervention arm.

The only masking in this study will be the statisticians and health economists so that the analyses can be performed masked to treatment.

## Outcome measures

### Primary outcome

The primary outcome measure for this study is the proportion of participants who reactivate within 12 months of randomisation (determined by the reference standard) but who are not identified as having re-activated in each trial arm (termed false negatives)

### Secondary outcomes

The following secondary outcome measures will also be examined:

1. The proportion of participants who do not reactivate within 12 months of randomisation (determined by the reference standard) but are incorrectly identified as having re-activated in each trial arm (termed false positives).
2. The proportion of over-referrals in the intervention arm (community-based primary care) in comparison to the reference standard, i.e. when classification is 'reactivated' or 'suspicious' but disease is classified at the hospital visit to be 'inactive'.
3. The proportion of participants in the intervention arm who are correctly classified as re-activations at the confirmation visit (termed true positives).
4. The mean change in visual acuity (measured with habitual correction and pinhole) between baseline and 12 months post randomisation in each trial group.
5. The proportion of 'suspicious' lesion classifications in the intervention arm.
6. The proportion of patient non-attendance and loss to follow-up in each trial group.

### Economic outcomes

The principal economic outcome measure for this study is to examine the incremental cost per quality adjusted life year (QALY) gained over the estimated patient lifetime estimated from an economic model informed by trial data. Additional economic outcomes include:

1. The use of health services and patient costs collected via study case report forms and participant completed questionnaires
2. The costs of interventions and subsequent care to the NHS modelled over the estimated lifetime.

3. The budget impact to the NHS
4. The modelled estimates of visual impairment and QALYs based on responses to the EQ-5D-5L

### **Sub study: Process evaluation of the intervention arm**

The process evaluation in the internal pilot will determine how the implementation of the community-based QnAMD clinics can be improved and identify corresponding contextual factors that underpin how and why the clinics work. Six optometry practices operating the QnAMD clinics and 6 hospitals in the control arm will be recruited. A triad of data collection will be undertaken again at each practice/hospital: patient and staff interviews, and observation of care delivery.

Qualitative interviews will be employed to learn whether the community-based QnAMD clinics are acceptable to participants. A total sample of 27-36 participants (3-4 per clinic) will be selected from across the study and control arms depending on how quickly data saturation is reached. The sample will not be stratified per se; instead a purposive maximum variation sample will be selected to generate a broad range of views on whether and how the clinic is acceptable to participants. In other words, we will seek to recruit participants from a diverse range of backgrounds, ethnic groups, employment, housing, income, and geographical area.

Questions will be oriented to perceptions of what it meant in terms of time, travel, parking and quality of care to visit a community clinic or hospital for routine follow-up.

An independent researcher will also seek interviews with doctors and optometrists (12-18, 2-3 per clinic) involved with the study and the control arm. This approach will again aid differentiation between what is a common issue and that specific to the new clinic pathway. Open-ended questions will also focus on whether the right type of patient attends, issues concerning the practicalities in the organisation and management of the clinic, and resourcing including IT and digital equipment.

To supplement the data on the patient and staff interviews, we will also carry out semi-structured qualitative observation in practice by shadowing participants through their

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3 'journey' there. We will use framework analysis (FA) with the purpose of mapping  
4 connections or relationships between different themes and interpret the data charts to  
5 identify the acceptability of community-based QnAMD clinics.  
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### 11 12 **Sample size calculation**

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15 The ECHOES study has shown that the rate of false negatives per lesion assessment when  
16 conducted by an ophthalmologist was 62/994 i.e. 6.2% ( confidence interval of 4.8% to  
17 7.9%).[6] Over the course of one year, a patient will typically have lesions assessed on  
18 twelve occasions. The overall chance of being a false negative at any point during the 12  
19 months of follow-up is estimated at 20% (determined by the summation of the probability  
20 of reactivating and the probability of being a false negative and deducting the chance of  
21 being a false negative on repeat occasions, with figures estimated from Madhusudhana et  
22 al[8]). This estimate requires adjustment for the fact that ECHOES figures were based upon  
23 scenarios and vignettes and did not factor in additional patient information that may be  
24 available to the clinician, thus the false negative rate is expected to be lower than 20% in  
25 reality. The test of non-inferiority will be one-sided at the 2.5% level. This approach is the  
26 conservative approach which is the standard for regulatory approval of new  
27 pharmaceuticals and many devices.[9] Whilst approval has been made on the basis of a non-  
28 inferiority design with a 1-sided alpha of 5% this is generally frowned upon and thus we  
29 have adopted the more conservative approach. One of the major challenges in the design of  
30 a non-inferiority trial is the determination of the non-inferiority margin. This margin is the  
31 smallest difference between patient management approaches which, if true, would mean  
32 that management by non-medical professionals is declared inferior. We adopted a non-  
33 inferiority margin of 10%, the same as margin adopted by the ECHOES study and appraised  
34 by five peer reviewers, none of whom suggested it was too large. It has subsequently been  
35 published within the BMJ-Open paper[6] and attracted no criticism or referee comment  
36 about it being too high.  
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56 With an overall sample size in each group of 337, a two-group large-sample normal  
57 approximation test of proportions with a one-sided 0.025 significance level will have 90%  
58 power to reject the null hypothesis that the test and the standard are not equivalent (the  
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3 difference in proportions,  $\pi_1 - \pi_0$ , is 0.1 or farther from zero in the same direction) in favour  
4 of the alternative hypothesis that the proportions in the two groups are equivalent,  
5 assuming that the expected difference in proportions is 0 and the proportion in the  
6 standard group is 0.2.  
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11 Thus, data of the primary outcome would be required from 674 participants in total. 7% loss  
12 to follow-up was observed in the 1st year of the IVAN study[10] on a patient population  
13 with nAMD. We adopted a more conservative estimate of 10% loss to follow-up, leading to  
14 an overall sample size of 742 Participants. Of these 72 are expected to be recruited in the  
15 pilot trial, with the remainder recruited from the full trial. Sample size calculation was  
16 conducted using nQuery Advanced software version 8.1.2.0.  
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### 25 **Data management and monitoring**

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27 Data (images and case report forms) from all participants will be sent via secure tele-  
28 ophthalmology link on an electronic database hosted in the Reading Centre at  
29 Moorfields/UCL Institute of Ophthalmology Biomedical Research Centre.  
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34 Classification as active or inactive nAMD by the Reading Centre on the basis of optical  
35 coherence tomography and clinical vignettes (standardised pro-forma with visual acuity,  
36 systemic and ocular history and patient symptoms completed for each case) will be  
37 performed to provide the enhanced reference standard used to assess the study outcome  
38 measures. Quality-assured processes of grading will be used in the Reading Centre based on  
39 double reading with adjudication by the Reading Centre lead. Grading by the Reading Centre  
40 will be masked to patient identifiers and the site of origin.  
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48 Missing data queries, range checks, logic checks and data quality checks of the electronic  
49 database will be performed on a monthly basis by the IT applications team at Moorfields.

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51 Data queries found will be sent to trial co-ordinators for clarification and confirmation. Data  
52 entries within the electronic database will compared for completion and accuracy with  
53 discrepancies checked against paper data forms.  
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57 No formal interim data analysis has been planned.  
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### Quality assurance/Safety control

A random sample of 20% pseudo-anonymised cases for each community optometrist will be reviewed every month at the Moorfields Reading Centre with feedback sent to the respective clinical teams. Patterns in rates of vision threatening errors will be evaluated by a Quality Assurance Panel (consisting of the CI, two clinician co-applicants and a professor of optometry) whom will introduce remedial measures if required (e.g. enhanced training, pausing recruitment).

### Trial oversight

The overall management structure of this study will consist of a Trial Management Group (TMG), Trial Steering Committee (TSC), Data Monitoring Committee (DMC) and a Quality Assurance Panel (QAP). The TMG will be responsible for the day-to-day running and management of the trial, meeting regularly to discuss trial progression and examine mitigating strategies in case of issues arising.

The TSC will ensure the overall integrity of the study; safeguarding the rights and well-being of the participants and ensuring that this trial is conducted to the rigorous standards set out as Good Clinical Practice. This role includes ensuring appropriate ethical approvals are obtained, monitoring trial progress, investigating any serious adverse events, reviewing proposals for project amendments, and recommendations made by the DMC.

The DMC will monitor the trial data to ensure that the trial is being implemented in accordance with the highest standards of patient's safety and ethical conduct. Through the trial, the DMC will monitor recruitment, protocol compliance, emerging external evidence, sample characteristics and primary outcome measures, as well as make recommendations to the TSC, such as whether interim analysis is required.

Patterns in rates of vision threatening errors identified during the monthly quality assurance process performed at the Reading Centre will be evaluated by the QAP (consisting of the chief investigator, two clinician co-applicants and a professor of Optometry) to introduce remedial measures if required (e.g. enhanced training, pausing recruitment).

## Statistical analysis

The primary analysis will be conducted following an intention to treat principle where all randomised participants are analysed in their allocated group whether, or not, they receive their randomised management plan. All tests will be two sided and will be assessed at the 5% significance level unless otherwise specified. All confidence intervals will be 95% and two sided. All statistical analysis will be performed using R (The R Foundation for Statistical Computing Platform).

### Analysis of primary outcome

The primary outcome is whether, or not, a patient has a lesion classified as a false negative within 12 months. This classification rate will be compared between management groups using logistic regression adjusting for randomisation stratifiers (minimisation factors: treatment centre and laterality). This analysis will allow information from each time point to be utilised up to the point at which a patient reactivates. Outcomes will be reported as adjusted odds ratios. Whilst our primary analyses will group suspicious and quiescent, a sensitivity analysis will be conducted where suspicious will be grouped with reactivated.

Survival analysis will then be used (in a secondary analysis) to test whether the time to false negative classification differs between the two trial arms.

### Analysis of secondary outcome

The secondary outcome of the proportion of false positives in each trial arm within 12 months will be compared using logistic regression, adjusting for randomisation stratifiers (minimisation factors: treatment centre and laterality) as described for the primary outcome.

The proportion of over-referrals in the intervention arm (in comparison to the reference standard), as well as the proportion of participants correctly classified as having 're-activated' QnAMD at the confirmation hospital visit, will be reported with 95% confidence intervals computed by the exact binomial method.



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3 Mean change in visual acuity (between baseline and 12 months) in each trial arm will be  
4 compared using logistic regression adjusting for randomisation stratifiers (minimisation  
5 factors: treatment centre and laterality) as described for the primary outcome.  
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9 The proportion of 'suspicious' lesion classifications in the intervention arm will be reported  
10 with 95% confidence intervals computed by the exact binomial method.  
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13 The proportion of patient non-attendance in each trial arm will be compared using logistic  
14 regression adjusting for randomisation stratifiers (minimisation factors: treatment centre  
15 and laterality) as described for the primary outcome. The percentage of participants  
16 experiencing adverse events in the two groups will be reported with 95% confidence  
17 intervals in the same way. Loss to follow-up will be examined by study arm. Reasons for  
18 missingness may be important and these will be investigated using logistic regression of  
19 covariates based on an indicator of missingness. An available case analysis will be reported  
20 along with an analysis using imputed data based on different possible scenarios.  
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### 31 Economic analysis

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33 Costs and outcomes associated with either trial group will be collected over the 12 month  
34 follow-up period. The costs for this within trial evaluation will be derived from published  
35 reference costs and micro-costing for the intervention pathways. The use of secondary care  
36 and primary care optometry services will be collected from the study's case report forms.  
37 Any additional costs will be measured using a bespoke resource allocation questionnaire,  
38 which will measure NHS costs, Personal and Social Services costs and patient out of pocket  
39 costs. This questionnaire will be administered at baseline, 6 months and 12 month time  
40 points. Cost estimates will be derived from published NHS resources costs.[11,12] The  
41 number of appointments or treatments will be multiplied by the unit costs. The cost of the  
42 intervention itself will be subject to a micro-costing exercise, which include staff,  
43 equipment, administration and any other relevant costs for delivering the intervention. The  
44 costs of participant time and travel when accessing care will be informed by the results of a  
45 bespoke time and travel questionnaire completed at month 13. This data will be used to  
46 calculate an average journey cost for each different kind of care (e.g. hospital appointment,  
47 optometry appointment) which will be multiplied by the number of each journeys taken.  
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3 Health related quality of life will be measured by use of the EQ-5D-5L questionnaire. The  
4 EQ-5D-5L will be collected from participants at baseline, 6 and 12 months. The response to  
5 the EQ-5D-5L will be converted into scores using population tariffs.[13] The results from the  
6 EQ-5D-5L will be used to produce utility values at baseline, 6 and 12 months for each  
7 participant. This approach will be used to estimate the QALYs produced for each arm of the  
8 trial using the under the curve approach. The within trial analysis will focus on analysing the  
9 trial data such that it can be used to parametrise an economic evaluation model. Thus, we  
10 will explore how costs and health state utilities vary according to events that might occur  
11 e.g. referral, changes in treatments, cost to optometry practices etc. We will also explore  
12 how these outcomes might vary by location of care, clustering by care provider and  
13 practitioner experience.  
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17 An economic model will assess the cost-effectiveness of the alternative management  
18 options. Costs and health consequences, measured in terms of QALYs, associated with a  
19 policy of initial community-based primary care or initial care in secondary care over the  
20 patient lifetime will be compared. The results of the model will be presented in terms of  
21 costs, QALYs and incremental cost per QALY gained. The model will be developed in  
22 accordance with the NICE reference case[14] and we will characterise participants  
23 treatment pathways and the impact of alternative strategies. At this stage, we anticipate  
24 that the model will take the form of either a microsimulation or a discrete event simulation.  
25 These types of model would be most appropriate model type for this decision problem as  
26 they allow the representation of a clinical situation where participants can move between  
27 care settings and experience deterioration in health over time, which would be appropriate  
28 given the nature of nAMD. The precise structure of the model will be developed during the  
29 project and will reflect the clinical decision question and the course of the condition. The  
30 data from the trial will be the main source of data for the economic model, but further data  
31 with which to model outcomes beyond the 12 month follow-up will be derived from the  
32 literature and other existing data sources following guidance for best practice.[15] These  
33 data will include information on factors such as adverse events of missed deterioration of  
34 symptoms. The base case economic evaluation will be carried out from a UK NHS and  
35 Personal and Social Services perspective, to take into account health care costs and longer-  
36 term social care costs. Both costs and QALYs will be discounted in the base case at 3.5%.[14]  
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3 A wider cost perspective will be taken in sensitivity analysis. Other deterministic sensitivity  
4 analyses will include the impact of different unit costs and changes in discount rates. In  
5 order to characterize the uncertainty in the data used to populate the model, probabilistic  
6 sensitivity analysis will also be conducted. The results of this latter analysis will be  
7 presented as cost/QALY plots and cost effectiveness acceptability curves.  
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11  
12 A budget impact model will also be produced. This model will estimate the health service  
13 costs to the NHS of adopting the community-based primary care service and will follow best  
14 practice methods. The approach will model costs for hypothetical cohort representative of  
15 the coverage of standard secondary care provided for up to a 10-year time horizon. It will  
16 present net budget impact and impact by sector (primary care or secondary care). Following  
17 best practice methods[16] all costs will be presented in a base year, but no discounting will  
18 be performed. Both deterministic and probabilistic sensitivity analysis will be presented.  
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### 29 **Patient and public involvement**

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31 An AMD-specific Patient and Public Involvement (PPI) group based at the Manchester Royal  
32 Eye Hospital have been involved in the study since it's development. This group consists of  
33 contributors who have previously or are currently receiving care for AMD. Contributors  
34 meet at least once a year with provision for additional face-to-face or 'virtual' meetings  
35 when input is required for potential protocol amendments or issues arising during the  
36 course of the study. An end of study debrief is planned with all PPI contributors which will  
37 include discussions of the prioritization and dissemination of study results both to the public  
38 as well as relevant healthcare professionals.  
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### 50 **Adjustments Made Because of COVID-19**

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52 Due to the coronavirus disease-2019 (Covid-19) pandemic, participant recruitment was  
53 suspended for 102 days between 26th March 2020 and 6th July 2020. This suspension  
54 period affected 67 patients and caused 10 to withdraw from the trial.  
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3 As a result of the pandemic, two adjustments have been made to the trial protocol and  
4 formally approved via HRA.  
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7 Firstly, the patient review period was reassessed by surveying 1st wave NHS sites and  
8 community-based primary care practices. It was recommended that the 4-weekly intervals  
9 are changed to 8-weekly intervals as per routine clinical practice in QnAMD clinics post  
10 Covid-19 lockdown (March-May 2020).  
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15 Secondly, to minimise the number of hospital visits and aid patient recruitment during the  
16 Covid-19 pandemic the protocol was amended to allow for verbal consent over the phone,  
17 as well as written consent provided in person at hospital appointments.  
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## 23 24 **DISCUSSION**

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27 This study aims to assess the clinical- and cost-effectiveness of a community-based, non-  
28 medical practitioner led pathway for the management of QnAMD. Recommendations for  
29 the development of community-based eye-care services have been proposed in the Royal  
30 College of Ophthalmologists 'Way Forward' report as one possible way of reducing demand  
31 for overstretched hospital-based services.[5] In addition, the recent revision of NICE  
32 guidance on the management of AMD makes specific reference to the need for further  
33 research on service delivery models, with emphasis on allied-health professional extended  
34 roles and community-based care.[17] These recommendations mean that this study is a  
35 timely and much needed investigation which will offer a possible integrated care pathway  
36 for the management of QnAMD.  
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46 The FENETRE trial is funded through a National Institute for Health Research (NIHR) Health  
47 Technology Assessment (HTA) programme supporting research which is immediately useful  
48 to patients, clinical practice and policy/decision makers, comparing proposed 'technologies'  
49 with the current best alternative while examining the clinical and cost-effectiveness of the  
50 new intervention. As a result of this funding this trial is structured to meet the criteria in a  
51 number of ways:  
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57 1. It compares community-based primary care to the current best alternative:  
58 secondary care within a hospital setting.  
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2. It examines clinical, patient-derived, and economic outcomes, demonstrating whether community-based primary care is both non-inferior to current practices and cost-effective.
  3. It includes a sub-study evaluating the community-based primary care pathway and how it impacts patients' quality of life.
  4. It includes a development of a bespoke training package, developed in collaboration with the College of Optometrists.

If this study shows the non-inferior and cost-benefits of community optometry follow-up of participants with QnAMD, we believe that the included aspects of this study design will allow immediate response to be implemented including further development of this care pathways across the NHS. Not only would this implementation lead to a reduction in the clinical burden on hospital services, but it can also help to standardise AMD treatment across the UK. Recent work has highlighted inequalities in the access to AMD treatment within the NHS with a 9-fold difference in procedure rates between areas of high treatment use and low treatment use.[18] This difference can lead to wide variation in the number of injections patients receive to treat their nAMD and addressing the high demand on AMD services may go some way to correct this inequality.

Measures such as moving to community-based primary care can also improve the patient experience. Patient involvement work in preparation for this study highlighted that people with QnAMD place great importance on receiving care closer to home, in a timely and convenient way, and are also keen on a community service which allows a closer relationship to develop between the treating optometrist and the patient. This feedback was reminiscent of the perspectives of health professionals and patients interviewed as part of the ECHoES trial,[19] which emphasised that the current services does not fit the needs and preferences of patients with nAMD who could be better served by an integrated care pathway. Alongside this work, a recent systematic review assessing adherence to nAMD treatment has shown that distance to treatment centre and poor experiences within treatment centres are contributing factors to non-adherence,[20] suggesting that changes to the current service would not only improve the patient experience, but also improve treatment outcomes.

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3 In conclusion, this study aims to show the non-inferiority of community-based, non-medical  
4 practitioner led care for patients with QnAMD, allowing a new clinical pathway to be  
5 adopted by ophthalmology services which will reduce demand on hospital appointments,  
6  
7 reduce the cost to the NHS, and improve the patient experience.  
8  
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## 10 11 12 13 14 **ACKNOWLEDGEMENTS**

15  
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31  
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37 London.  
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47  
48 The project is funded by an NIHR HTA grant (Project: 17/85/05).  
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## 54 **COMPETING INTERESTS**

55  
56 The authors declare that they have no competing interests.  
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## ETHICS AND DISSEMINATION

This study will adhere to the UK Framework for Health and Social Care research. Prior to participations, all subjects provide informed consent and are informed in advance that they can withdraw from the study at any time without penalty. The study was approved by the London Bloomsbury Ethics committee.

Once the study is completed, data will be accessible by the FENETRE study groups for analysis and dissemination. Results of any analyses will be presented at national and international conferences and published in peer-reviewed scientific journals. We will also engage with Eye Charities such as the Macular Society, that is already involved with the TSC for this project and Fight for Sight in order to ensure all channels of communication to the wider patient population are utilized to disseminate the results of this research and ensure they are acknowledged, selected and introduced for use in the health and care service.

## AUTHOR CONTRIBUTIONS

KB is the chief investigator of this study. AT, CB, PAK, AK, ER, AJ, SS, RAH, JGL, LV, HW and KB made significant contributions to the protocol development. AEL and AD are responsible for the planning of the statistical analysis. AEL, RAH, AD, and KB drafted and edited the manuscript. All authors have approved the final manuscript.

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## FIGURE LEGEND

*Figure 1 - Flow chart of study design and participant follow-up*

Numbers of patients assessed, excluded, and lost to follow are estimated samples based on previous studies. \* due to the COVID-19 pandemic the 4-weekly follow-up interval was changed to 8-weekly.

For peer review only

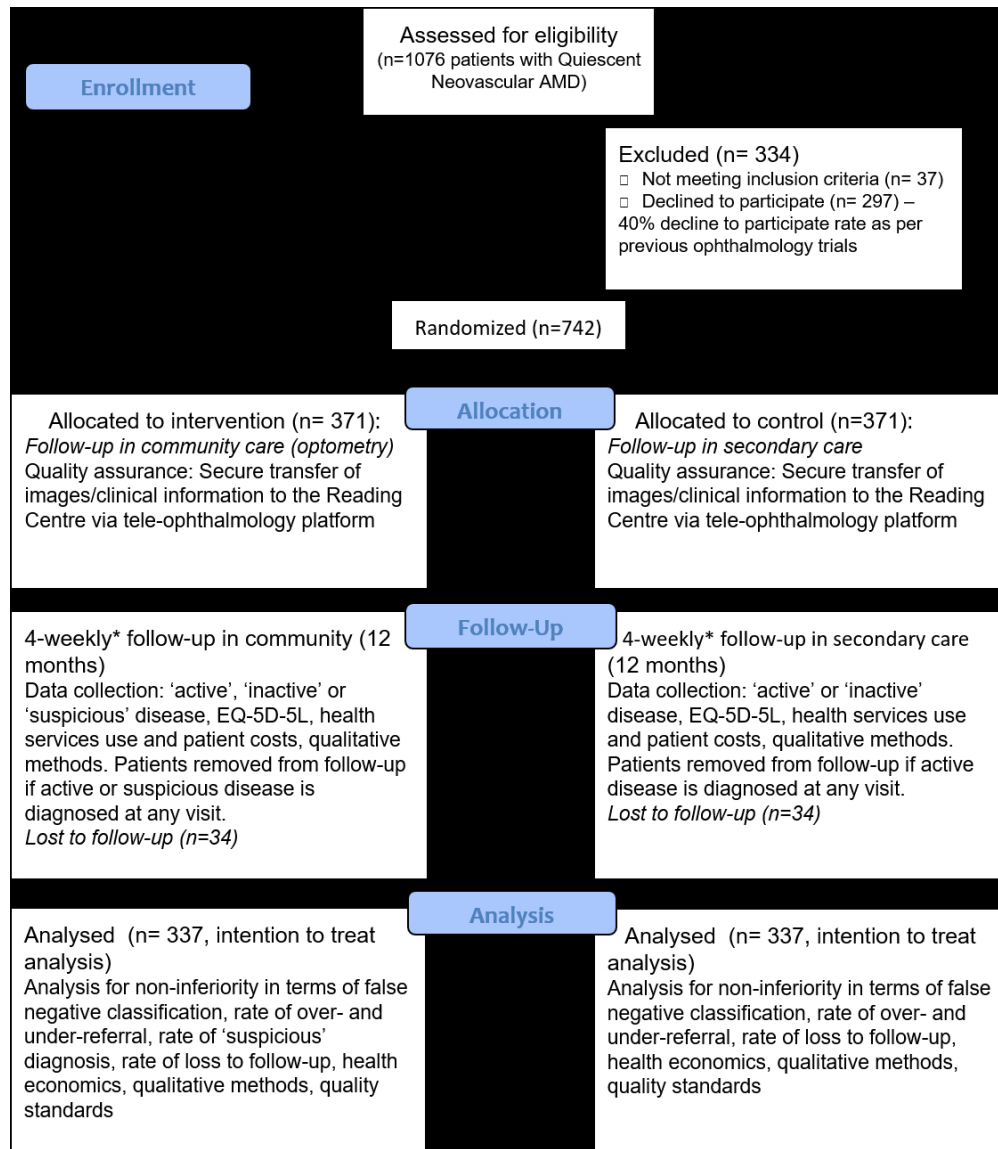


Figure 1 - Flow chart of study design and participant follow-up

Numbers of patients assessed, excluded, and lost to follow are estimated samples based on previous studies. \* due to the COVID-19 pandemic the 4-weekly follow-up interval was changed to 8-weekly.

95x108mm (300 x 300 DPI)

# Reporting checklist for protocol of a clinical trial.

Based on the SPIRIT guidelines.

## Instructions to authors

Complete this checklist by entering the page numbers from your manuscript where readers will find each of the items listed below.

Your article may not currently address all the items on the checklist. Please modify your text to include the missing information. If you are certain that an item does not apply, please write "n/a" and provide a short explanation.

Upload your completed checklist as an extra file when you submit to a journal.

In your methods section, say that you used the SPIRIT reporting guidelines, and cite them as:

Chan A-W, Tetzlaff JM, Gøtzsche PC, Altman DG, Mann H, Berlin J, Dickersin K, Hróbjartsson A, Schulz KF, Parulekar WR, Krleža-Jerić K, Laupacis A, Moher D. SPIRIT 2013 Explanation and Elaboration: Guidance for protocols of clinical trials. *BMJ*. 2013;346:e7586

	Reporting Item	Page Number
<b>Administrative information</b>		
Title	<a href="#">#1</a> Descriptive title identifying the study design, population, interventions, and, if applicable, trial acronym	1
Trial registration	<a href="#">#2a</a> Trial identifier and registry name. If not yet	2

1		registered, name of intended registry	
2			
3			
4	Trial registration:	<a href="#">#2b</a> All items from the World Health Organization Trial	N/A -Data not
5			
6	data set	Registration Data Set	released yet
7			
8			
9	Protocol version	<a href="#">#3</a> Date and version identifier	v2 Oct 2019
10			
11			
12	Funding	<a href="#">#4</a> Sources and types of financial, material, and	19
13		other support	
14			
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16			
17	Roles and	<a href="#">#5a</a> Names, affiliations, and roles of protocol	1&20
18			
19	responsibilities:	contributors	
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21	contributorship		
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24			
25	Roles and	<a href="#">#5b</a> Name and contact information for the trial	19
26			
27	responsibilities:	sponsor	
28			
29	sponsor contact		
30			
31	information		
32			
33			
34			
35	Roles and	<a href="#">#5c</a> Role of study sponsor and funders, if any, in	17-18
36			
37	responsibilities:	study design; collection, management, analysis,	
38			
39	sponsor and funder	and interpretation of data; writing of the report;	
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49	Roles and	<a href="#">#5d</a> Composition, roles, and responsibilities of the	12-13
50			
51	responsibilities:	coordinating centre, steering committee, endpoint	
52			
53	committees	adjudication committee, data management team,	
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trial, if applicable (see Item 21a for data  
monitoring committee)

## Introduction

Background and rationale	<a href="#">#6a</a>	Description of research question and justification for undertaking the trial, including summary of relevant studies (published and unpublished) examining benefits and harms for each intervention	3-4
Background and rationale: choice of comparators	<a href="#">#6b</a>	Explanation for choice of comparators	4
Objectives	<a href="#">#7</a>	Specific objectives or hypotheses	4
Trial design	<a href="#">#8</a>	Description of trial design including type of trial (eg, parallel group, crossover, factorial, single group), allocation ratio, and framework (eg, superiority, equivalence, non-inferiority, exploratory)	5
<b>Methods:</b>			
<b>Participants, interventions, and outcomes</b>			
Study setting	<a href="#">#9</a>	Description of study settings (eg, community clinic, academic hospital) and list of countries	6

1		where data will be collected. Reference to where	
2			
3		list of study sites can be obtained	
4			
5			
6	Eligibility criteria	<a href="#">#10</a> Inclusion and exclusion criteria for participants. If	7
7			
8		applicable, eligibility criteria for study centres and	
9			
10		individuals who will perform the interventions (eg,	
11			
12		surgeons, psychotherapists)	
13			
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15			
16	Interventions:	<a href="#">#11a</a> Interventions for each group with sufficient detail	5
17			
18	description	to allow replication, including how and when they	
19			
20		will be administered	
21			
22			
23	Interventions:	<a href="#">#11b</a> Criteria for discontinuing or modifying allocated	12
24			
25	modifications	interventions for a given trial participant (eg, drug	
26			
27		dose change in response to harms, participant	
28		request, or improving / worsening disease)	
29			
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33	Interventions:	<a href="#">#11c</a> Strategies to improve adherence to intervention	12
34			
35	adherence	protocols, and any procedures for monitoring	
36			
37		adherence (eg, drug tablet return; laboratory	
38		tests)	
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43	Interventions:	<a href="#">#11d</a> Relevant concomitant care and interventions that	N/A
44			
45	concomitant care	are permitted or prohibited during the trial	
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47			
48	Outcomes	<a href="#">#12</a> Primary, secondary, and other outcomes,	8-9
49			
50		including the specific measurement variable (eg,	
51			
52		systolic blood pressure), analysis metric (eg,	
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54		change from baseline, final value, time to event),	
55			
56		method of aggregation (eg, median, proportion),	
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1		and time point for each outcome. Explanation of	
2		the clinical relevance of chosen efficacy and	
3		harm outcomes is strongly recommended	
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8	Participant timeline	<a href="#">#13</a> Time schedule of enrolment, interventions	Figure 1
9		(including any run-ins and washouts),	
10		assessments, and visits for participants. A	
11		schematic diagram is highly recommended (see	
12		Figure)	
13			
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20	Sample size	<a href="#">#14</a> Estimated number of participants needed to	10-11
21		achieve study objectives and how it was	
22		determined, including clinical and statistical	
23		assumptions supporting any sample size	
24		calculations	
25			
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31			
32	Recruitment	<a href="#">#15</a> Strategies for achieving adequate participant	6&16-17
33		enrolment to reach target sample size	
34			
35			
36			
37			
38	<b>Methods:</b>		
39			
40	<b>Assignment of</b>		
41	<b>interventions (for</b>		
42	<b>controlled trials)</b>		
43			
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47	Allocation:	<a href="#">#16a</a> Method of generating the allocation sequence	7
48	sequence	(eg, computer-generated random numbers), and	
49	generation	list of any factors for stratification. To reduce	
50		predictability of a random sequence, details of	
51		any planned restriction (eg, blocking) should be	
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1		provided in a separate document that is	
2		unavailable to those who enrol participants or	
3		assign interventions	
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8	Allocation	<a href="#">#16b</a> Mechanism of implementing the allocation	7
9			
10	concealment	sequence (eg, central telephone; sequentially	
11		numbered, opaque, sealed envelopes),	
12	mechanism	describing any steps to conceal the sequence	
13		until interventions are assigned	
14			
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20	Allocation:	<a href="#">#16c</a> Who will generate the allocation sequence, who	7
21		will enrol participants, and who will assign	
22	implementation	participants to interventions	
23			
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27			
28	Blinding (masking)	<a href="#">#17a</a> Who will be blinded after assignment to	7
29		interventions (eg, trial participants, care	
30		providers, outcome assessors, data analysts),	
31		and how	
32			
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38	Blinding (masking):	<a href="#">#17b</a> If blinded, circumstances under which unblinding	N/A - Only data
39		is permissible, and procedure for revealing a	analysts blinded
40	emergency	participant's allocated intervention during the trial	and data only
41			
42	unblinding		analysed after study
43			completion.
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50	<b>Methods: Data</b>		
51			
52	<b>collection,</b>		
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54	<b>management, and</b>		
55			
56	<b>analysis</b>		
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1	Data collection plan	<a href="#">#18a</a>	Plans for assessment and collection of outcome,	11
2			baseline, and other trial data, including any	
3			related processes to promote data quality (eg,	
4			duplicate measurements, training of assessors)	
5			and a description of study instruments (eg,	
6			questionnaires, laboratory tests) along with their	
7			reliability and validity, if known. Reference to	
8			where data collection forms can be found, if not	
9			in the protocol	
10				
11	Data collection plan:	<a href="#">#18b</a>	Plans to promote participant retention and	8
12	retention		complete follow-up, including list of any outcome	
13			data to be collected for participants who	
14			discontinue or deviate from intervention protocols	
15				
16	Data management	<a href="#">#19</a>	Plans for data entry, coding, security, and	11
17			storage, including any related processes to	
18			promote data quality (eg, double data entry;	
19			range checks for data values). Reference to	
20			where details of data management procedures	
21			can be found, if not in the protocol	
22				
23	Statistics: outcomes	<a href="#">#20a</a>	Statistical methods for analysing primary and	13-14
24			secondary outcomes. Reference to where other	
25			details of the statistical analysis plan can be	
26			found, if not in the protocol	
27				
28	Statistics: additional	<a href="#">#20b</a>	Methods for any additional analyses (eg,	14-16
29				

1	analyses	subgroup and adjusted analyses)	
2			
3			
4	Statistics: analysis	<a href="#">#20c</a> Definition of analysis population relating to	13-14
5			
6	population and	protocol non-adherence (eg, as randomised	
7			
8	missing data	analysis), and any statistical methods to handle	
9			
10		missing data (eg, multiple imputation)	
11			
12			
13	<b>Methods:</b>		
14			
15	<b>Monitoring</b>		
16			
17			
18			
19	Data monitoring:	<a href="#">#21a</a> Composition of data monitoring committee	12
20			
21	formal committee	(DMC); summary of its role and reporting	
22			
23		structure; statement of whether it is independent	
24			
25		from the sponsor and competing interests; and	
26			
27		reference to where further details about its	
28			
29		charter can be found, if not in the protocol.	
30			
31		Alternatively, an explanation of why a DMC is not	
32			
33		needed	
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37			
38	Data monitoring:	<a href="#">#21b</a> Description of any interim analyses and stopping	11
39			
40	interim analysis	guidelines, including who will have access to	
41			
42		these interim results and make the final decision	
43			
44		to terminate the trial	
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47			
48	Harms	<a href="#">#22</a> Plans for collecting, assessing, reporting, and	11-12
49			
50		managing solicited and spontaneously reported	
51			
52		adverse events and other unintended effects of	
53			
54		trial interventions or trial conduct	
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57			
58	Auditing	<a href="#">#23</a> Frequency and procedures for auditing trial	12
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1		conduct, if any, and whether the process will be	
2		independent from investigators and the sponsor	
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6	<b>Ethics and</b>		
7			
8	<b>dissemination</b>		
9			
10			
11	Research ethics	<a href="#">#24</a> Plans for seeking research ethics committee /	20
12			
13	approval	institutional review board (REC / IRB) approval	
14			
15			
16	Protocol	<a href="#">#25</a> Plans for communicating important protocol	12
17			
18	amendments	modifications (eg, changes to eligibility criteria,	
19		outcomes, analyses) to relevant parties (eg,	
20		investigators, REC / IRBs, trial participants, trial	
21		registries, journals, regulators)	
22			
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28	Consent or assent	<a href="#">#26a</a> Who will obtain informed consent or assent from	16-17&20
29		potential trial participants or authorised	
30		surrogates, and how (see Item 32)	
31			
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35			
36	Consent or assent:	<a href="#">#26b</a> Additional consent provisions for collection and	9-10
37			
38	ancillary studies	use of participant data and biological specimens	
39		in ancillary studies, if applicable	
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43			
44	Confidentiality	<a href="#">#27</a> How personal information about potential and	N/A - Not included
45		enrolled participants will be collected, shared,	
46		and maintained in order to protect confidentiality	
47		before, during, and after the trial	
48			
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54	Declaration of	<a href="#">#28</a> Financial and other competing interests for	19
55			
56	interests	principal investigators for the overall trial and	
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1		each study site	
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4	Data access	<a href="#">#29</a> Statement of who will have access to the final	20
5		trial dataset, and disclosure of contractual	
6		agreements that limit such access for	
7		investigators	
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13	Ancillary and post	<a href="#">#30</a> Provisions, if any, for ancillary and post-trial care,	5
14	trial care	and for compensation to those who suffer harm	
15		from trial participation	
16			
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20			
21	Dissemination	<a href="#">#31a</a> Plans for investigators and sponsor to	20
22	policy: trial results	communicate trial results to participants,	
23		healthcare professionals, the public, and other	
24		relevant groups (eg, via publication, reporting in	
25		results databases, or other data sharing	
26		arrangements), including any publication	
27		restrictions	
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38	Dissemination	<a href="#">#31b</a> Authorship eligibility guidelines and any intended	N/A - Not included
39	policy: authorship	use of professional writers	in protocol
40			documents but in
41			collaboration
42			agreement
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44			
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50	Dissemination	<a href="#">#31c</a> Plans, if any, for granting public access to the full	20
51	policy: reproducible	protocol, participant-level dataset, and statistical	
52	research	code	
53			
54			
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58	<b>Appendices</b>		
59			
60			

1 Informed consent [#32](#) Model consent form and other related N/A - Not included  
 2 materials documentation given to participants and in protocol  
 3 authorised surrogates documents

8 Biological [#33](#) Plans for collection, laboratory evaluation, and N/A  
 9 specimens storage of biological specimens for genetic or  
 10 molecular analysis in the current trial and for  
 11 future use in ancillary studies, if applicable

18 Notes:

- 22 • 2b: N/A -Data not released yet
- 25 • 3: v2 Oct 2019
- 28 • 17b: N/A - Only data analysts blinded and data only analysed after study completion.
- 31 • 27: N/A - Not included
- 34 • 31b: N/A - Not included in protocol documents but in collaboration agreement
- 37 • 32: N/A - Not included in protocol documents The SPIRIT checklist is distributed under the terms  
 40 of the Creative Commons Attribution License CC-BY-ND 3.0. This checklist was completed on  
 42 23. January 2021 using <https://www.goodreports.org/>, a tool made by the [EQUATOR Network](#) in  
 44 collaboration with [Penelope.ai](#)

# BMJ Open

## The FENETRE Study - Quality-Assured Follow-Up of quiescent neovascular age-related macular degeneration by non-medical practitioners: study protocol and statistical analysis plan for a randomised controlled trial

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## The FENETRE Study - Quality-Assured Follow-Up of quiescent neovascular age-related macular degeneration by non-medical practitioners: study protocol and statistical analysis plan for a randomised controlled trial

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Word count: 5459

## ABSTRACT

### Objective

Management of age-related Macular Degeneration (AMD) places a high demand on already constrained hospital-based eye services. This study aims to assess the safety and quality of follow-up within the community led by suitably trained non-medical practitioners for the management of Quiescent neovascular AMD (QnAMD).

### Methods/design

This is a prospective, multi-site, randomised clinical trial. 742 participants with QnAMD will be recruited and randomised to either continue hospital-based secondary care or to receive follow-up within a community setting. Participants in both groups will be monitored for disease reactivation over the course of 12 months and referred for treatment as necessary. Outcomes measures will assess the non-inferiority of primary care follow-up accounting for accuracy of the identification of disease reactivation, patient loss to follow-up and accrued costs, and the budget impact to the NHS.

### Ethics and Dissemination

Research ethics approval was obtained from the London Bloomsbury Ethics committee. The results of this study will be disseminated through academic peer-reviewed publications, conferences, and collaborations with Eye Charities to insure the findings reach the appropriate patient populations.

### Trial registration

ClinicalTrials.gov Identifier: NCT03893474. Registered 28<sup>th</sup> March 2019.

## STRENGTHS AND LIMITATIONS OF THIS STUDY

- The main strength of this study is its potential to demonstrate the safety and cost-effectiveness of a community-based model of care for patients with stable Age-related Macular Degeneration.
- The assessed care pathway promotes decentralisation of care out of the hospital environment and enables shared care with non-medical healthcare practitioners.
- The study involves a comprehensive economic and process evaluation and a training package allowing this care pathway to be quickly implemented within healthcare systems.
- This care pathway is designed for the UK health setting and may not be immediately generalisable for world-wide health systems.
- However, interventions such as this are timely and relevant to the global trend towards decentralisation of health care.

## BACKGROUND

Neovascular age-related Macular Degeneration (nAMD) is the most frequent cause of blindness and accounts for 50% of all certifications of visual impairment in the UK.[1,2] Current treatment involves intravitreal injections of drugs to inhibit vascular endothelial growth factor(anti-VEGF) to ameliorate the pathology behind nAMD, improving the morphological appearance of the retina and stabilising/improving visual acuity. This treatment process means that the disease becomes quiescent and standard clinical practice includes long-term follow-up of patients with Quiescent nAMD (QnAMD) to monitor for the return of active disease and the need for further treatment.

While regular clinical review is an effective management strategy, this method is stressful for patients with frequent hospital visits and long waits in crowded clinics, and burdensome for the National Health Service (NHS) - requiring ophthalmologist availability on a regular basis within a service that is already severely constrained. Demand for these services are predicted to increase further due to an aging population. As a result, reviews to optimise the current care pathways and improve patient management have been published outlining possible options, including virtual or combined clinics, faster referral processes, and the use of trained non-medical healthcare professionals within the hospital setting.[3–5]

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3 Following these calls for improved clinical services, in 2016 the Effectiveness of Community  
4 versus Hospital Eye Service follow-up for patients with neovascular age-related macular  
5 degeneration with quiescent disease (ECHOES) trial was undertaken to examine the  
6 possibility of primary care optometrists managing patient follow-up, with the aim of  
7 developing a shared care pathway for monitoring QnAMD. This study showed that the  
8 ability of optometrists to detect reactivated nAMD is non inferior to that of  
9 ophthalmologists,[6] did not incur significantly higher costs,[7] and could reduce demands  
10 on hospital resources.[6,7]  
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18 This study continues investigating the potential of a community-based, non-medical  
19 practitioner led pathway for the management of QnAMD. We believe this is an important  
20 development in AMD care. If safe, integrated and quality assured community care can be  
21 developed, this should provide opportunities to make services more accessible and  
22 convenient for patients while also easing pressure on hospital eye departments and  
23 potentially lowering costs. Assessing the clinical- and cost-effectiveness of community-based  
24 primary care QnAMD follow-up, we will examine:  
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- 32 1. The safety of non-medical practitioner follow-up of QnAMD in the primary care  
33 setting compared to secondary care eye-clinics in correctly classifying re-activation  
34 due to nAMD (primary objective).  
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- 37 2. The efficiency (rate of over-referral) of primary care and secondary care QnAMD  
38 pathways against an enhanced reference standard.  
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- 41 3. The non-inferiority of non-medical practitioner follow-up of QnAMD in the primary  
42 care versus secondary care eye-clinics in correctly classifying re-activation due to  
43 nAMD.  
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- 46 4. The cost-effectiveness and budget impact of community-based primary care  
47 optometry QnAMD pathways against secondary care pathways.  
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## METHODS

### Study design

This is a prospective, randomised, multi-site clinical trial testing the non-inferiority of primary care optometry follow-up of participants with QnAMD over 12 months. Participants with QnAMD will be randomised to continue secondary care within a hospital setting (control arm) or be monitored for disease reactivation in a community setting by non-medical healthcare practitioners (primary care optometrists; intervention arm).

In both trial groups, participants will be reviewed at 4-weekly intervals to monitor for disease reactivation, as per routine clinical practice in QnAMD clinics (Figure 1). Participants in the intervention arm who are determined to have 'active' or 'suspicious' (where the assessing optometrist cannot determine with certainty whether the disease is active or inactive) disease classification will be referred to the hospital eye service for a confirmatory review of their disease and will discontinue participation in the study. Any participants with reactivated disease from either trial group will be referred for treatment and will discontinue participation in the study.

### Trial phases

The study will involve three phases: 1) a development phase consisting of training for primary care optometrists using an in-house bespoke training package developed by City, University of London in collaboration with the College of Optometrists, 2) an internal pilot phase assessing the feasibility of the recruitment plan, performing quality assurance of the training package and a process evaluation with criteria for progression to the full trial and 3) the full trial. This pilot will only involve recruitment at a selection of the available locations (the first wave sites). The full trial will involve recruitment up to the final determined sample size, include an assessment of economic outcomes, and incorporate a sub study undertaking a process evaluation of the community-based optometry follow-up (intervention arm).

## Setting

This study will take place at a number of locations across the UK, including London (Moorfields Eye Hospital), Manchester, Bristol, Bradford, Leeds, and York [first wave sites] with further locations joining part way through the study.

Recruitment will take place at hospital-based eye units within each city which will also deliver the secondary care (control) arm of the study. 35 primary care optometry practices of a range of sizes and types (independent, small group, multiples) and geographical locations will be recruited to deliver the community-based primary care for the intervention arm of the study. This number of optometry sites has been selected within an expectation that each site will perform an average of 1-3 appointments per week (up to 144 per year) and the distribution of practice sizes/types/locations has been selected to allow judgements to be made about applicability of findings to the wider UK population.

## Participants

Participants considered for recruitment will be those with nAMD currently undergoing treatment with anti-Vascular Endothelium Growth Factor injections whom have reached disease quiescence. For the purposes of this study, disease quiescence for nAMD will be defined as:

- For participants on monthly Pro Renata regimens a period of at least 3 months during which treatment has not been required.
- For participants on Treat and Extend regimens, successful extension of re-treatment interval to 12 weeks and maintenance of this interval for one or more consecutive occasions.

Patients with bilateral nAMD will be considered for the study if both eyes have reached disease quiescence. For each follow-up visit in either trial group, a classification will be made separately for each eye. 'Active' and 'suspicious' classification in either of the participant's eyes will trigger a referral to secondary care for review/treatment and corresponding participants will discontinue study visits.

## Eligibility criteria

The inclusion criteria for this study are the achievement of disease quiescence, aged 55 years or older, have provided informed consent, and have the ability to perform study specific procedures.

Participants will be excluded if they have the following:

- Significant media opacities (cataract, vitreous opacities) that would not allow good quality fundus imaging.
- Diabetic retinopathy of severity worse than mild non-proliferative stage and with any degree of diabetic maculopathy;
- Or a history of other causes of Choroidal Neovascularisation (myopic, angioid streaks, inflammatory, retinal dystrophies, secondary to Central Serous Chorioretinopathy, idiopathic).

## Randomisation and blinding

Randomisation will be performed by site staff using the web based randomisation tool: Sealed Envelope, ([www.sealedenvelope.com](http://www.sealedenvelope.com)). Sealed Envelope provides a proven reliable and centralized randomisation system. The system will be custom designed to the trial requirements. The method of randomisation will be minimisation with a ratio of 1:1. The minimisation algorithm will stratify (minimise) by centre and number of eyes eligible at baseline (unilateral or bilateral). This is performed with an 80% probability of allocating to the trial arm that reduces the imbalance.

Patients will be randomised into the control arm or the intervention arm.

The only masking in this study will be the statisticians and health economists so that the analyses can be performed masked to treatment.

## Outcome measures

### Primary outcome

The primary outcome measure for this study is the proportion of participants who reactivate within 12 months of randomisation (determined by the reference standard) but who are not identified as having re-activated in each trial arm (termed false negatives)

### Secondary outcomes

The following secondary outcome measures will also be examined:

1. The proportion of participants who do not reactivate within 12 months of randomisation (determined by the reference standard) but are incorrectly identified as having re-activated in each trial arm (termed false positives).
2. The proportion of over-referrals in the intervention arm (community-based primary care) in comparison to the reference standard, i.e. when classification is 'reactivated' or 'suspicious' but disease is classified at the hospital visit to be 'inactive'.
3. The proportion of participants in the intervention arm who are correctly classified as re-activations at the confirmation visit (termed true positives).
4. The mean change in visual acuity (measured with habitual correction and pinhole) between baseline and 12 months post randomisation in each trial group.
5. The proportion of 'suspicious' lesion classifications in the intervention arm.
6. The proportion of patient non-attendance and loss to follow-up in each trial group.

### Economic outcomes

The principal economic outcome measure for this study is to examine the incremental cost per quality adjusted life year (QALY) gained over the estimated patient lifetime estimated from an economic model informed by trial data. Additional economic outcomes include:

1. The use of health services and patient costs collected via study case report forms and participant completed questionnaires
2. The costs of interventions and subsequent care to the NHS modelled over the estimated lifetime.



3. The budget impact to the NHS
4. The modelled estimates of visual impairment and QALYs based on responses to the EQ-5D-5L

### **Sub study: Process evaluation of the intervention arm**

The process evaluation in the internal pilot will determine how the implementation of the community-based QnAMD clinics can be improved and identify corresponding contextual factors that underpin how and why the clinics work. Six optometry practices operating the QnAMD clinics and 6 hospitals in the control arm will be recruited. A triad of data collection will be undertaken again at each practice/hospital: patient and staff interviews, and observation of care delivery.

Qualitative interviews will be employed to learn whether the community-based QnAMD clinics are acceptable to participants. A total sample of 27-36 participants (3-4 per clinic) will be selected from across the study and control arms depending on how quickly data saturation is reached. The sample will not be stratified per se; instead a purposive maximum variation sample will be selected to generate a broad range of views on whether and how the clinic is acceptable to participants. In other words, we will seek to recruit participants from a diverse range of backgrounds, ethnic groups, employment, housing, income, and geographical area.

Questions will be oriented to perceptions of what it meant in terms of time, travel, parking and quality of care to visit a community clinic or hospital for routine follow-up.

An independent researcher will also seek interviews with doctors and optometrists (12-18, 2-3 per clinic) involved with the study and the control arm. This approach will again aid differentiation between what is a common issue and that specific to the new clinic pathway. Open-ended questions will also focus on whether the right type of patient attends, issues concerning the practicalities in the organisation and management of the clinic, and resourcing including IT and digital equipment.

To supplement the data on the patient and staff interviews, we will also carry out semi-structured qualitative observation in practice by shadowing participants through their

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3 'journey' there. We will use framework analysis (FA) with the purpose of mapping  
4 connections or relationships between different themes and interpret the data charts to  
5 identify the acceptability of community-based QnAMD clinics.  
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### 11 12 **Sample size calculation**

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15 The ECHOES study has shown that the rate of false negatives per lesion assessment when  
16 conducted by an ophthalmologist was 62/994 i.e. 6.2% ( confidence interval of 4.8% to  
17 7.9%).[6] Over the course of one year, a patient will typically have lesions assessed on  
18 twelve occasions. The overall chance of being a false negative at any point during the 12  
19 months of follow-up is estimated at 20% (determined by the summation of the probability  
20 of reactivating and the probability of being a false negative and deducting the chance of  
21 being a false negative on repeat occasions, with figures estimated from Madhusudhana et  
22 al[8]). This estimate requires adjustment for the fact that ECHOES figures were based upon  
23 scenarios and vignettes and did not factor in additional patient information that may be  
24 available to the clinician, thus the false negative rate is expected to be lower than 20% in  
25 reality. The test of non-inferiority will be one-sided at the 2.5% level. This approach is the  
26 conservative approach which is the standard for regulatory approval of new  
27 pharmaceuticals and many devices.[9] Whilst approval has been made on the basis of a non-  
28 inferiority design with a 1-sided alpha of 5% this is generally frowned upon and thus we  
29 have adopted the more conservative approach. One of the major challenges in the design of  
30 a non-inferiority trial is the determination of the non-inferiority margin. This margin is the  
31 smallest difference between patient management approaches which, if true, would mean  
32 that management by non-medical professionals is declared inferior. We adopted a non-  
33 inferiority margin of 10%, the same as margin adopted by the ECHOES study and appraised  
34 by five peer reviewers, none of whom suggested it was too large. It has subsequently been  
35 published within the BMJ-Open paper[6] and attracted no criticism or referee comment  
36 about it being too high.  
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56 With an overall sample size in each group of 337, a two-group large-sample normal  
57 approximation test of proportions with a one-sided 0.025 significance level will have 90%  
58 power to reject the null hypothesis that the test and the standard are not equivalent (the  
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3 difference in proportions,  $\pi_1 - \pi_0$ , is 0.1 or farther from zero in the same direction) in favour  
4 of the alternative hypothesis that the proportions in the two groups are equivalent,  
5 assuming that the expected difference in proportions is 0 and the proportion in the  
6 standard group is 0.2.  
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11 Thus, data of the primary outcome would be required from 674 participants in total. 7% loss  
12 to follow-up was observed in the 1st year of the IVAN study[10] on a patient population  
13 with nAMD. We adopted a more conservative estimate of 10% loss to follow-up, leading to  
14 an overall sample size of 742 Participants. Of these 72 are expected to be recruited in the  
15 pilot trial, with the remainder recruited from the full trial. Sample size calculation was  
16 conducted using nQuery Advanced software version 8.1.2.0.  
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### 25 **Data confidentiality**

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27 Patient consent will be completed by the hospital site responsible for patient care. This  
28 includes the completion of a written consent form (blank form provided in the  
29 supplementary material) which will be filed at the relevant hospital site responsible for the  
30 patient and is the only document which has patient identifiable data. Upon patient consent,  
31 each patient is assigned a study ID which is used to complete the case report forms used for  
32 data collection. This is the only way the patient is identified in the study.  
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39 No personal patient data is shared with the central study team, or the practices at point of  
40 consent and randomisation. All OCT's uploaded onto the database are also anonymised  
41 manually to remove patient identifiable data.  
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### 48 **Data management and monitoring**

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50 Data (images and case report forms) will be sent via secure tele-ophthalmology link on an  
51 electronic database hosted in the Reading Centre at Moorfields/UCL Institute of  
52 Ophthalmology Biomedical Research Centre.  
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55  
56 Classification as active or inactive nAMD by the Reading Centre on the basis of optical  
57 coherence tomography and clinical vignettes (standardised pro-forma with visual acuity,  
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3 systemic and ocular history and patient symptoms completed for each case) will be  
4 performed to provide the enhanced reference standard used to assess the study outcome  
5 measures. Quality-assured processes of grading will be used in the Reading Centre based on  
6 double reading with adjudication by the Reading Centre lead. Grading by the Reading Centre  
7 will be masked to patient identifiers and the site of origin.  
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13 Missing data queries, range checks, logic checks and data quality checks of the electronic  
14 database will be performed on a monthly basis by the IT applications team at Moorfields.  
15 Data queries found will be sent to trial co-ordinators for clarification and confirmation. Data  
16 entries within the electronic database will be compared for completion and accuracy with  
17 discrepancies checked against paper data forms.  
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23 No formal interim data analysis has been planned.  
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#### 26 27 28 Quality assurance/Safety control

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30 A random sample of 20% pseudo-anonymised cases for each community optometrist will be  
31 reviewed every month at the Moorfields Reading Centre with feedback sent to the  
32 respective clinical teams. Patterns in rates of vision threatening errors will be evaluated by a  
33 Quality Assurance Panel (consisting of the CI, two clinician co-applicants and a professor of  
34 optometry) whom will introduce remedial measures if required (e.g. enhanced training,  
35 pausing recruitment).  
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#### 44 45 46 Trial oversight

47  
48 The overall management structure of this study will consist of a Trial Management Group  
49 (TMG), Trial Steering Committee (TSC), Data Monitoring Committee (DMC) and a Quality  
50 Assurance Panel (QAP). The TMG will be responsible for the day-to-day running and  
51 management of the trial, meeting regularly to discuss trial progression and examine  
52 mitigating strategies in case of issues arising.  
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56 The TSC will ensure the overall integrity of the study; safeguarding the rights and well-being  
57 of the participants and ensuring that this trial is conducted to the rigorous standards set out  
58 as Good Clinical Practice. This role includes ensuring appropriate ethical approvals are  
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3 obtained, monitoring trial progress, investigating any serious adverse events, reviewing  
4 proposals for project amendments, and recommendations made by the DMC.  
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7 The DMC will monitor the trial data to ensure that the trial is being implemented in  
8 accordance with the highest standards of patient's safety and ethical conduct. Through the  
9 trial, the DMC will monitor recruitment, protocol compliance, emerging external evidence,  
10 sample characteristics and primary outcome measures, as well as make recommendations  
11 to the TSC, such as whether interim analysis is required.  
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17 Patterns in rates of vision threatening errors identified during the monthly quality assurance  
18 process performed at the Reading Centre will be evaluated by the QAP (consisting of the  
19 chief investigator, two clinician co-applicants and a professor of Optometry) to introduce  
20 remedial measures if required (e.g. enhanced training, pausing recruitment).  
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### 28 **Statistical analysis**

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30 The primary analysis will be conducted following an intention to treat principle where all  
31 randomised participants are analysed in their allocated group whether, or not, they receive  
32 their randomised management plan. All tests will be two sided and will be assessed at the  
33 5% significance level unless otherwise specified. All confidence intervals will be 95% and  
34 two sided. All statistical analysis will be performed using R (The R Foundation for Statistical  
35 Computing Platform).  
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### 46 **Analysis of primary outcome**

47 The primary outcome is whether, or not, a patient has a lesion classified as a false negative  
48 within 12 months. This classification rate will be compared between management groups  
49 using logistic regression adjusting for randomisation stratifiers (minimisation factors:  
50 treatment centre and laterality). This analysis will allow information from each time point to  
51 be utilised up to the point at which a patient reactivates. Outcomes will be reported as  
52 adjusted odds ratios. Whilst our primary analyses will group suspicious and quiescent, a  
53 sensitivity analysis will be conducted where suspicious will be grouped with reactivated.  
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3 Survival analysis will then be used (in a secondary analysis) to test whether the time to false  
4 negative classification differs between the two trial arms.  
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#### 10 Analysis of secondary outcome

11  
12 The secondary outcome of the proportion of false positives in each trial arm within 12  
13 months will be compared using logistic regression, adjusting for randomisation stratifiers  
14 (minimisation factors: treatment centre and laterality) as described for the primary  
15 outcome.  
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20 The proportion of over-referrals in the intervention arm (in comparison to the reference  
21 standard), as well as the proportion of participants correctly classified as having 're-  
22 activated' QnAMD at the confirmation hospital visit, will be reported with 95% confidence  
23 intervals computed by the exact binomial method.  
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27  
28 Mean change in visual acuity (between baseline and 12 months) in each trial arm will be  
29 compared using logistic regression adjusting for randomisation stratifiers (minimisation  
30 factors: treatment centre and laterality) as described for the primary outcome.  
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34 The proportion of 'suspicious' lesion classifications in the intervention arm will be reported  
35 with 95% confidence intervals computed by the exact binomial method.  
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39 The proportion of patient non-attendance in each trial arm will be compared using logistic  
40 regression adjusting for randomisation stratifiers (minimisation factors: treatment centre  
41 and laterality) as described for the primary outcome. The percentage of participants  
42 experiencing adverse events in the two groups will be reported with 95% confidence  
43 intervals in the same way. Loss to follow-up will be examined by study arm. Reasons for  
44 missingness may be important and these will be investigated using logistic regression of  
45 covariates based on an indicator of missingness. An available case analysis will be reported  
46 along with an analysis using imputed data based on different possible scenarios.  
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## Economic analysis

Costs and outcomes associated with either trial group will be collected over the 12 month follow-up period. The costs for this within trial evaluation will be derived from published reference costs and micro-costing for the intervention pathways. The use of secondary care and primary care optometry services will be collected from the study's case report forms. Any additional costs will be measured using a bespoke resource allocation questionnaire, which will measure NHS costs, Personal and Social Services costs and patient out of pocket costs. This questionnaire will be administered at baseline, 6 months and 12 month time points. Cost estimates will be derived from published NHS resources costs.[11,12] The number of appointments or treatments will be multiplied by the unit costs. The cost of the intervention itself will be subject to a micro-costing exercise, which include staff, equipment, administration and any other relevant costs for delivering the intervention. The costs of participant time and travel when accessing care will be informed by the results of a bespoke time and travel questionnaire completed at month 13. This data will be used to calculate an average journey cost for each different kind of care (e.g. hospital appointment, optometry appointment) which will be multiplied by the number of each journeys taken.

Health related quality of life will be measured by use of the EQ-5D-5L questionnaire. The EQ-5D-5L will be collected from participants at baseline, 6 and 12 months. The response to the EQ-5D-5L will be converted into scores using population tariffs.[13] The results from the EQ-5D-5L will be used to produce utility values at baseline, 6 and 12 months for each participant. This approach will be used to estimate the QALYs produced for each arm of the trial using the under the curve approach. The within trial analysis will focus on analysing the trial data such that it can be used to parametrise an economic evaluation model. Thus, we will explore how costs and health state utilities vary according to events that might occur e.g. referral, changes in treatments, cost to optometry practices etc. We will also explore how these outcomes might vary by location of care, clustering by care provider and practitioner experience.

An economic model will assess the cost-effectiveness of the alternative management options. Costs and health consequences, measured in terms of QALYs, associated with a policy of initial community-based primary care or initial care in secondary care over the patient lifetime will be compared. The results of the model will be presented in terms of

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3 costs, QALYs and incremental cost per QALY gained. The model will be developed in  
4 accordance with the NICE reference case[14] and we will characterise participants  
5 treatment pathways and the impact of alternative strategies. At this stage, we anticipate  
6 that the model will take the form of either a microsimulation or a discrete event simulation.  
7 These types of model would be most appropriate model type for this decision problem as  
8 they allow the representation of a clinical situation where participants can move between  
9 care settings and experience deterioration in health over time, which would be appropriate  
10 given the nature of nAMD. The precise structure of the model will be developed during the  
11 project and will reflect the clinical decision question and the course of the condition. The  
12 data from the trial will be the main source of data for the economic model, but further data  
13 with which to model outcomes beyond the 12 month follow-up will be derived from the  
14 literature and other existing data sources following guidance for best practice.[15] These  
15 data will include information on factors such as adverse events of missed deterioration of  
16 symptoms. The base case economic evaluation will be carried out from a UK NHS and  
17 Personal and Social Services perspective, to take into account health care costs and longer-  
18 term social care costs. Both costs and QALYs will be discounted in the base case at 3.5%.[14]  
19 A wider cost perspective will be taken in sensitivity analysis. Other deterministic sensitivity  
20 analyses will include the impact of different unit costs and changes in discount rates. In  
21 order to characterize the uncertainty in the data used to populate the model, probabilistic  
22 sensitivity analysis will also be conducted. The results of this latter analysis will be  
23 presented as cost/QALY plots and cost effectiveness acceptability curves.

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42 A budget impact model will also be produced. This model will estimate the health service  
43 costs to the NHS of adopting the community-based primary care service and will follow best  
44 practice methods. The approach will model costs for hypothetical cohort representative of  
45 the coverage of standard secondary care provided for up to a 10-year time horizon. It will  
46 present net budget impact and impact by sector (primary care or secondary care). Following  
47 best practice methods[16] all costs will be presented in a base year, but no discounting will  
48 be performed. Both deterministic and probabilistic sensitivity analysis will be presented.  
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## Patient and public involvement

An AMD-specific Patient and Public Involvement (PPI) group based at the Manchester Royal Eye Hospital have been involved in the study since its development. This group consists of contributors who have previously or are currently receiving care for AMD. Contributors meet at least once a year with provision for additional face-to-face or 'virtual' meetings when input is required for potential protocol amendments or issues arising during the course of the study. An end of study debrief is planned with all PPI contributors which will include discussions of the prioritization and dissemination of study results both to the public as well as relevant healthcare professionals.

## Adjustments Made Because of COVID-19

Due to the coronavirus disease-2019 (Covid-19) pandemic, participant recruitment was suspended for 102 days between 26th March 2020 and 6th July 2020. This suspension period affected 67 patients and caused 10 to withdraw from the trial.

As a result of the pandemic, two adjustments have been made to the trial protocol and formally approved via HRA.

Firstly, the patient review period was reassessed by surveying 1st wave NHS sites and community-based primary care practices. It was recommended that the 4-weekly intervals are changed to 8-weekly intervals as per routine clinical practice in QnAMD clinics post Covid-19 lockdown (March-May 2020).

Secondly, to minimise the number of hospital visits and aid patient recruitment during the Covid-19 pandemic the protocol was amended to allow for verbal consent over the phone, as well as written consent provided in person at hospital appointments.

## DISCUSSION

This study aims to assess the clinical- and cost-effectiveness of a community-based, non-medical practitioner led pathway for the management of QnAMD. Recommendations for

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3 the development of community-based eye-care services have been proposed in the Royal  
4 College of Ophthalmologists 'Way Forward' report as one possible way of reducing demand  
5 for overstretched hospital-based services.[5] In addition, the recent revision of NICE  
6 guidance on the management of AMD makes specific reference to the need for further  
7 research on service delivery models, with emphasis on allied-health professional extended  
8 roles and community-based care.[17] These recommendations mean that this study is a  
9 timely and much needed investigation which will offer a possible integrated care pathway  
10 for the management of QnAMD.  
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14 The FENETRE trial is funded through a National Institute for Health Research (NIHR) Health  
15 Technology Assessment (HTA) programme supporting research which is immediately useful  
16 to patients, clinical practice and policy/decision makers, comparing proposed 'technologies'  
17 with the current best alternative while examining the clinical and cost-effectiveness of the  
18 new intervention. As a result of this funding this trial is structured to meet the criteria in a  
19 number of ways:  
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- 22 1. It compares community-based primary care to the current best alternative:  
23 secondary care within a hospital setting.
- 24 2. It examines clinical, patient-derived, and economic outcomes, demonstrating  
25 whether community-based primary care is both non-inferior to current practices and  
26 cost-effective.
- 27 3. It includes a sub-study evaluating the community-based primary care pathway and  
28 how it impacts patients' quality of life.
- 29 4. It includes a development of a bespoke training package, developed in collaboration  
30 with the College of Optometrists.  
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47 If this study shows the non-inferior and cost-benefits of community optometry follow-up of  
48 participants with QnAMD, we believe that the included aspects of this study design will  
49 allow immediate response to be implemented including further development of this care  
50 pathways across the NHS. Not only would this implementation lead to a reduction in the  
51 clinical burden on hospital services, but it can also help to standardise AMD treatment  
52 across the UK. Recent work has highlighted inequalities in the access to AMD treatment  
53 within the NHS with a 9-fold difference in procedure rates between areas of high treatment  
54 use and low treatment use.[18] This difference can lead to wide variation in the number of  
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3 injections patients receive to treat their nAMD and addressing the high demand on AMD  
4 services may go some way to correct this inequality.  
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7 Measures such as moving to community-based primary care can also improve the patient  
8 experience. Patient involvement work in preparation for this study highlighted that people  
9 with QnAMD place great importance on receiving care closer to home, in a timely and  
10 convenient way, and are also keen on a community service which allows a closer  
11 relationship to develop between the treating optometrist and the patient. This feedback  
12 was reminiscent of the perspectives of health professionals and patients interviewed as part  
13 of the ECHoES trial,[19] which emphasised that the current services does not fit the needs  
14 and preferences of patients with nAMD who could be better served by an integrated care  
15 pathway. Alongside this work, a recent systematic review assessing adherence to nAMD  
16 treatment has shown that distance to treatment centre and poor experiences within  
17 treatment centres are contributing factors to non-adherence,[20] suggesting that changes  
18 to the current service would not only improve the patient experience, but also improve  
19 treatment outcomes.  
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32 In conclusion, this study aims to show the non-inferiority of community-based, non-medical  
33 practitioner led care for patients with QnAMD, allowing a new clinical pathway to be  
34 adopted by ophthalmology services which will reduce demand on hospital appointments,  
35 reduce the cost to the NHS, and improve the patient experience.  
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44  
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51 this study. Finally, thank you to the participants and clinicians across all sites for the time  
52 and effort which they have contributed to this study.  
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6 and the Royal College of Physicians, as well as the support from the NIHR Biomedical  
7 Research Centre based at Guy's and St Thomas' NHS Foundation Trust and King's College  
8 London.  
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## 17 **FUNDING**

18  
19  
20 The project is funded by an NIHR HTA grant (Project: 17/85/05).  
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## 25 **COMPETING INTERESTS**

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28 The authors declare that they have no competing interests.  
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## 34 **ETHICS AND DISSEMINATION**

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36 This study will adhere to the UK Framework for Health and Social Care research. Prior to  
37 participations, all subjects provide informed consent and are informed in advance that they  
38 can withdraw from the study at any time without penalty. The study was approved by the  
39 London Bloomsbury Ethics committee.  
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45 Once the study is completed, data will be accessible by the FENETRE study groups for  
46 analysis and dissemination. Results of any analyses will be presented at national and  
47 international conferences and published in peer-reviewed scientific journals. We will also  
48 engage with Eye Charities such as the Macular Society, that is already involved with the TSC  
49 for this project and Fight for Sight in order to ensure all channels of communication to the  
50 wider patient population are utilized to disseminate the results of this research and ensure  
51 they are acknowledged, selected and introduced for use in the health and care service.  
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## AUTHOR CONTRIBUTIONS

KB is the chief investigator of this study. AT, CB, PAK, AK, ER, AJ, SS, RAH, JGL, LV, HW and KB made significant contributions to the protocol development. AEL and AD are responsible for the planning of the statistical analysis. AEL, RAH, AD, and KB drafted and edited the manuscript. All authors have approved the final manuscript.

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## FIGURE LEGEND

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*Figure 1 - Flow chart of study design and participant follow-up*

Numbers of patients assessed, excluded, and lost to follow are estimated samples based on previous studies. \* due to the COVID-19 pandemic the 4-weekly follow-up interval was changed to 8-weekly.

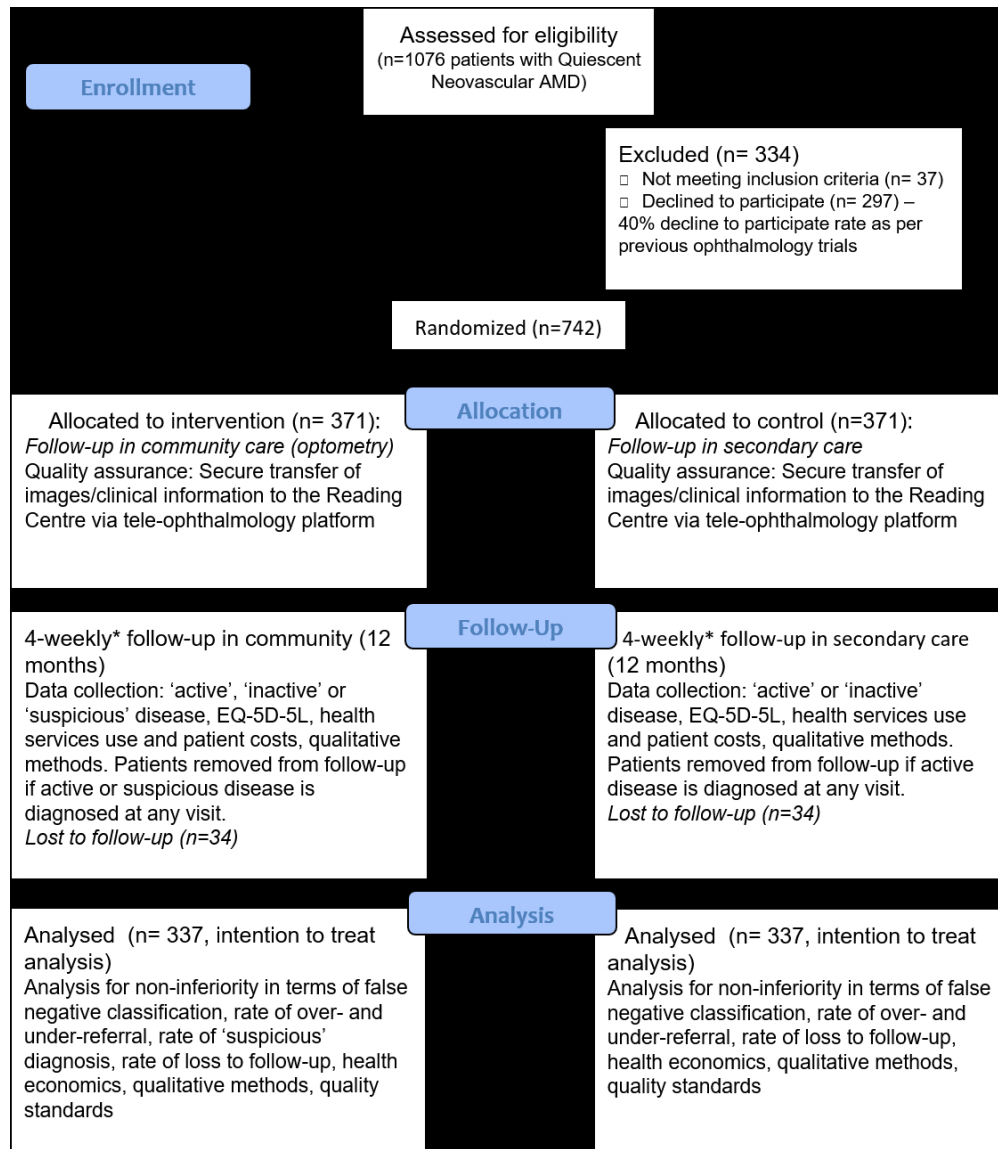


Figure 1 - Flow chart of study design and participant follow-up

Numbers of patients assessed, excluded, and lost to follow are estimated samples based on previous studies. \* due to the COVID-19 pandemic the 4-weekly follow-up interval was changed to 8-weekly.

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## **The FENETRE Study - Quality-Assured Follow-Up of quiescent neovascular age-related macular degeneration by non-medical practitioners: study protocol and statistical analysis plan for a randomised controlled trial**

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Annastazia E Learoyd, Adnan Tufail, Catey Bunce, Pearse A Keane, Ashleigh Kernohan, Emily Robinson, Alijazy Jaber, Saqlain Sadip, Robert A Harper, John G Lawrenson, Luke Vale, Heather Waterman, Abdel Douiri, Konstantinos Balaskas on behalf of the FENTERE study group

### **Supplementary material**

## To be inserted onto the header

Study Number: \_\_\_\_\_ Centre Number (*if appropriate*): \_\_\_\_\_  
 Participant identification Number for this trial: \_\_\_\_\_  
 Version: 3.0  
 IRAS number: 254025  
 Date: 23/04/2019

**CONSENT FORM**

**Title of Project** (Quality-Assured Follow up of quiEscent Neovascular agE-relaTed maculaR dEgeneration by non-medical practitioners: a randomised controlled trial The FENETRE study):

**Name of Researcher:** \_\_\_\_\_

*Please initial box*

1. I confirm that I have read and understand the information sheet dated..... (version.....) for the above study. I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily.
2. I understand that my participation is voluntary and that I am free to withdraw at any time without giving any reason, without my medical care or legal rights being affected.
3. I understand that relevant sections of my medical notes and data collected during the study, may be looked at by individuals from the sponsor of the trial, responsible persons authorised by the sponsor, from regulatory authorities or from the NHS Trust, where it is relevant to my taking part in this research. I give permission for these individuals to have access to my records. I understand that anonymised data collected during the study, including eye scans (Optical Coherence Tomography) and clinical data may be used for future research projects.
4. I agree to take part in the Artificial Intelligence sub-study.
5. I agree to my GP being informed of my participation in the study.
6. I agree to take part in the above study.

\_\_\_\_\_  
Name of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Name of Person  
taking consent

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

When completed: 1 for participant; 1 (original) for researcher site file; 1 to be kept in medical notes.

# Reporting checklist for protocol of a clinical trial.

Based on the SPIRIT guidelines.

## Instructions to authors

Complete this checklist by entering the page numbers from your manuscript where readers will find each of the items listed below.

Your article may not currently address all the items on the checklist. Please modify your text to include the missing information. If you are certain that an item does not apply, please write "n/a" and provide a short explanation.

Upload your completed checklist as an extra file when you submit to a journal.

In your methods section, say that you used the SPIRIT reporting guidelines, and cite them as:

Chan A-W, Tetzlaff JM, Gøtzsche PC, Altman DG, Mann H, Berlin J, Dickersin K, Hróbjartsson A, Schulz KF, Parulekar WR, Krleža-Jerić K, Laupacis A, Moher D. SPIRIT 2013 Explanation and Elaboration: Guidance for protocols of clinical trials. *BMJ*. 2013;346:e7586

	Reporting Item	Page Number
<b>Administrative information</b>		
Title	<a href="#">#1</a> Descriptive title identifying the study design, population, interventions, and, if applicable, trial acronym	1
Trial registration	<a href="#">#2a</a> Trial identifier and registry name. If not yet	2

1		registered, name of intended registry	
2			
3			
4	Trial registration:	<a href="#">#2b</a> All items from the World Health Organization	Available in the trial
5			
6	data set	Trial Registration Data Set	registry
7			
8			
9	Protocol version	<a href="#">#3</a> Date and version identifier	v2 Oct 2019
10			
11			
12	Funding	<a href="#">#4</a> Sources and types of financial, material, and	20
13		other support	
14			
15			
16			
17	Roles and	<a href="#">#5a</a> Names, affiliations, and roles of protocol	1&21
18		contributors	
19	responsibilities:		
20			
21	contributorship		
22			
23			
24			
25	Roles and	<a href="#">#5b</a> Name and contact information for the trial	20
26		sponsor	
27	responsibilities:		
28			
29	sponsor contact		
30			
31	information		
32			
33			
34			
35	Roles and	<a href="#">#5c</a> Role of study sponsor and funders, if any, in	18-19
36		study design; collection, management, analysis,	
37	responsibilities:	and interpretation of data; writing of the report;	
38		and the decision to submit the report for	
39	sponsor and funder	publication, including whether they will have	
40		ultimate authority over any of these activities	
41			
42			
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48			
49	Roles and	<a href="#">#5d</a> Composition, roles, and responsibilities of the	12-13
50		coordinating centre, steering committee,	
51	responsibilities:	endpoint adjudication committee, data	
52		management team, and other individuals or	
53	committees		
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groups overseeing the trial, if applicable (see  
Item 21a for data monitoring committee)

## Introduction

Background and rationale	<a href="#">#6a</a>	Description of research question and justification for undertaking the trial, including summary of relevant studies (published and unpublished) examining benefits and harms for each intervention	3-4
Background and rationale: choice of comparators	<a href="#">#6b</a>	Explanation for choice of comparators	4
Objectives	<a href="#">#7</a>	Specific objectives or hypotheses	4
Trial design	<a href="#">#8</a>	Description of trial design including type of trial (eg, parallel group, crossover, factorial, single group), allocation ratio, and framework (eg, superiority, equivalence, non-inferiority, exploratory)	5
<b>Methods:</b>			
<b>Participants, interventions, and outcomes</b>			
Study setting	<a href="#">#9</a>	Description of study settings (eg, community clinic, academic hospital) and list of countries	6

1		where data will be collected. Reference to where	
2			
3		list of study sites can be obtained	
4			
5			
6	Eligibility criteria	<a href="#">#10</a> Inclusion and exclusion criteria for participants. If	7
7			
8		applicable, eligibility criteria for study centres	
9			
10		and individuals who will perform the	
11			
12		interventions (eg, surgeons, psychotherapists)	
13			
14			
15			
16	Interventions:	<a href="#">#11a</a> Interventions for each group with sufficient detail	5
17			
18	description	to allow replication, including how and when they	
19			
20		will be administered	
21			
22			
23	Interventions:	<a href="#">#11b</a> Criteria for discontinuing or modifying allocated	13
24			
25	modifications	interventions for a given trial participant (eg, drug	
26			
27		dose change in response to harms, participant	
28		request, or improving / worsening disease)	
29			
30			
31			
32			
33	Interventions:	<a href="#">#11c</a> Strategies to improve adherence to intervention	13
34			
35	adherence	protocols, and any procedures for monitoring	
36			
37		adherence (eg, drug tablet return; laboratory	
38		tests)	
39			
40			
41			
42			
43	Interventions:	<a href="#">#11d</a> Relevant concomitant care and interventions that	N/A
44			
45	concomitant care	are permitted or prohibited during the trial	
46			
47			
48	Outcomes	<a href="#">#12</a> Primary, secondary, and other outcomes,	8-9
49			
50		including the specific measurement variable (eg,	
51			
52		systolic blood pressure), analysis metric (eg,	
53			
54		change from baseline, final value, time to event),	
55			
56		method of aggregation (eg, median, proportion),	
57			
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1		and time point for each outcome. Explanation of	
2		the clinical relevance of chosen efficacy and	
3		harm outcomes is strongly recommended	
4			
5			
6			
7			
8	Participant timeline	<a href="#">#13</a> Time schedule of enrolment, interventions	Figure 1
9		(including any run-ins and washouts),	
10		assessments, and visits for participants. A	
11		schematic diagram is highly recommended (see	
12		Figure)	
13			
14			
15			
16			
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19			
20	Sample size	<a href="#">#14</a> Estimated number of participants needed to	10-11
21		achieve study objectives and how it was	
22		determined, including clinical and statistical	
23		assumptions supporting any sample size	
24		calculations	
25			
26			
27			
28			
29			
30			
31			
32	Recruitment	<a href="#">#15</a> Strategies for achieving adequate participant	6&17
33		enrolment to reach target sample size	
34			
35			
36			
37			
38	<b>Methods:</b>		
39			
40	<b>Assignment of</b>		
41	<b>interventions (for</b>		
42	<b>controlled trials)</b>		
43			
44			
45			
46			
47	Allocation:	<a href="#">#16a</a> Method of generating the allocation sequence	7
48	sequence	(eg, computer-generated random numbers), and	
49	generation	list of any factors for stratification. To reduce	
50		predictability of a random sequence, details of	
51		any planned restriction (eg, blocking) should be	
52			
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1		provided in a separate document that is	
2		unavailable to those who enrol participants or	
3		assign interventions	
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5			
6			
7			
8	Allocation	<a href="#">#16b</a> Mechanism of implementing the allocation	7
9			
10	concealment	sequence (eg, central telephone; sequentially	
11		numbered, opaque, sealed envelopes),	
12	mechanism	describing any steps to conceal the sequence	
13		until interventions are assigned	
14			
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19			
20	Allocation:	<a href="#">#16c</a> Who will generate the allocation sequence, who	7
21		will enrol participants, and who will assign	
22	implementation	participants to interventions	
23			
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28	Blinding (masking)	<a href="#">#17a</a> Who will be blinded after assignment to	7
29		interventions (eg, trial participants, care	
30		providers, outcome assessors, data analysts),	
31		and how	
32			
33			
34			
35			
36			
37			
38	Blinding (masking):	<a href="#">#17b</a> If blinded, circumstances under which unblinding	N/A - Only data
39	emergency	is permissible, and procedure for revealing a	analysts blinded
40		participant's allocated intervention during the trial	
41	unblinding		
42			
43			
44			
45	<b>Methods: Data</b>		
46			
47	<b>collection,</b>		
48			
49	<b>management, and</b>		
50			
51	<b>analysis</b>		
52			
53			
54			
55	Data collection plan	<a href="#">#18a</a> Plans for assessment and collection of outcome,	11-12
56		baseline, and other trial data, including any	
57			
58			
59			
60			



1		related processes to promote data quality (eg,	
2		duplicate measurements, training of assessors)	
3			
4		and a description of study instruments (eg,	
5		questionnaires, laboratory tests) along with their	
6		reliability and validity, if known. Reference to	
7		where data collection forms can be found, if not	
8		in the protocol	
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16			
17	Data collection	<a href="#">#18b</a> Plans to promote participant retention and	8
18			
19	plan: retention	complete follow-up, including list of any outcome	
20		data to be collected for participants who	
21		discontinue or deviate from intervention	
22		protocols	
23			
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29	Data management	<a href="#">#19</a> Plans for data entry, coding, security, and	11-12
30		storage, including any related processes to	
31		promote data quality (eg, double data entry;	
32		range checks for data values). Reference to	
33		where details of data management procedures	
34		can be found, if not in the protocol	
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44	Statistics: outcomes	<a href="#">#20a</a> Statistical methods for analysing primary and	13-14
45		secondary outcomes. Reference to where other	
46		details of the statistical analysis plan can be	
47		found, if not in the protocol	
48			
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54	Statistics: additional	<a href="#">#20b</a> Methods for any additional analyses (eg,	15-16
55		subgroup and adjusted analyses)	
56	analyses		
57			
58			
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1	Statistics: analysis	<a href="#">#20c</a>	Definition of analysis population relating to	13-14
2				
3	population and		protocol non-adherence (eg, as randomised	
4			analysis), and any statistical methods to handle	
5	missing data		missing data (eg, multiple imputation)	
6				
7				
8				
9				
10				
11	<b>Methods:</b>			
12				
13	<b>Monitoring</b>			
14				
15				
16	Data monitoring:	<a href="#">#21a</a>	Composition of data monitoring committee	12-13
17				
18	formal committee		(DMC); summary of its role and reporting	
19			structure; statement of whether it is independent	
20			from the sponsor and competing interests; and	
21			reference to where further details about its	
22			charter can be found, if not in the protocol.	
23			Alternatively, an explanation of why a DMC is	
24			not needed	
25				
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35	Data monitoring:	<a href="#">#21b</a>	Description of any interim analyses and stopping	12
36			guidelines, including who will have access to	
37	interim analysis		these interim results and make the final decision	
38			to terminate the trial	
39				
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45	Harms	<a href="#">#22</a>	Plans for collecting, assessing, reporting, and	12-13
46			managing solicited and spontaneously reported	
47			adverse events and other unintended effects of	
48			trial interventions or trial conduct	
49				
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55	Auditing	<a href="#">#23</a>	Frequency and procedures for auditing trial	12-13
56			conduct, if any, and whether the process will be	
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		independent from investigators and the sponsor	
<b>Ethics and dissemination</b>			
Research ethics approval	<a href="#">#24</a>	Plans for seeking research ethics committee / institutional review board (REC / IRB) approval	20
Protocol amendments	<a href="#">#25</a>	Plans for communicating important protocol modifications (eg, changes to eligibility criteria, outcomes, analyses) to relevant parties (eg, investigators, REC / IRBs, trial participants, trial registries, journals, regulators)	12-13
Consent or assent	<a href="#">#26a</a>	Who will obtain informed consent or assent from potential trial participants or authorised surrogates, and how (see Item 32)	11&17
Consent or assent: ancillary studies	<a href="#">#26b</a>	Additional consent provisions for collection and use of participant data and biological specimens in ancillary studies, if applicable	9-10
Confidentiality	<a href="#">#27</a>	How personal information about potential and enrolled participants will be collected, shared, and maintained in order to protect confidentiality before, during, and after the trial	11
Declaration of interests	<a href="#">#28</a>	Financial and other competing interests for principal investigators for the overall trial and each study site	20

1	Data access	<a href="#">#29</a>	Statement of who will have access to the final	20
2			trial dataset, and disclosure of contractual	
3			agreements that limit such access for	
4			investigators	
5				
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11	Ancillary and post	<a href="#">#30</a>	Provisions, if any, for ancillary and post-trial	5
12	trial care		care, and for compensation to those who suffer	
13			harm from trial participation	
14				
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19	Dissemination	<a href="#">#31a</a>	Plans for investigators and sponsor to	20
20	policy: trial results		communicate trial results to participants,	
21			healthcare professionals, the public, and other	
22			relevant groups (eg, via publication, reporting in	
23			results databases, or other data sharing	
24			arrangements), including any publication	
25			restrictions	
26				
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35	Dissemination	<a href="#">#31b</a>	Authorship eligibility guidelines and any intended	N/A - Not included in
36	policy: authorship		use of professional writers	protocol documents
37				but in collaboration
38				agreement
39				
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45	Dissemination	<a href="#">#31c</a>	Plans, if any, for granting public access to the full	20
46	policy: reproducible		protocol, participant-level dataset, and statistical	
47	research		code	
48				
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53	<b>Appendices</b>			
54				
55				
56	Informed consent	<a href="#">#32</a>	Model consent form and other related	Included as
57				
58				
59				
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1	materials		documentation given to participants and	supplementary
2			authorised surrogates	material
3				
4				
5				
6	Biological	<a href="#">#33</a>	Plans for collection, laboratory evaluation, and	N/A
7				
8	specimens		storage of biological specimens for genetic or	
9				
10				
11			molecular analysis in the current trial and for	
12				
13			future use in ancillary studies, if applicable	
14				

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 17 BY-ND 3.0. This checklist was completed on 5 February 2021