Appendix A

Active Monitoring: a survey of the experiences of nurse-led follow up within the context of the ProtecT study:

Urologist views and comments:

1. How many years have you been involved in the ProtecT Study?

   [ ]

2. In your centre, do you have nurse-led follow up for participants on Active Monitoring?

   Yes [ ] No [ ]

3. Are you involved in the Active Monitoring follow-up of participants in the ProtecT Study?

   Yes [ ] No [ ]

3a. If “yes” please indicate which ‘type’ of appointments you see the participants at

   [ ] Clinical follow up [ ] Annual review [ ] Cancer review

4. Nurse-led clinical follow up – benefits to the study participants?

   Do you think the Active Monitoring appointments provide?

4a. Psychological support

   Strongly agree [ ] Agree [ ] Neutral [ ] Disagree [ ] Strongly disagree [ ]

4b. Continuity of care
4c. Flexibility of appointments e.g. Telephone and/or outreach. NB: “outreach” – some centres run clinics away from the main hospital or within primary care in order to maximise attendance rates.

5. Nurse led clinical follow up – benefits to the Urologists?

5a. Reduced burden of appointments in standard NHS clinics

5b. The clinics are cost effective?

5c. Provide reliable and timely appointments for the men

5d. Provide freedom for nurses to initiate diagnostic tests

5e. Allow nurses to initiate direct referrals e.g Andrology
5f. Do you feel your ProtecT nurses have sufficient specialist skills?

Strongly agree          Agree          Neutral          Disagree          Strongly disagree

5g. Are there any other skills/tasks you would encourage the nurses in your centre to take on?

6a. Do you carry out or arrange any of these tests or examinations routinely rather than having nurses initiate them? i.e. tests/examinations that are not part of a ‘cancer review’.

Yes ☐  No ☐

6b. If “yes” please indicate which tests

DRE’s ☐  Biopsy ☐  TRUS ☐  ☐

7. Are there any other tests or examinations you feel should be done routinely?

If ‘yes’ what are the barriers that stop you from allowing the nurses to carry out these tasks?
8. Do you feel the men are receiving a good quality of care from the nurses?

Strongly agree  Agree  Neutral  Disagree  Strongly disagree
○                     ○                     ○                     ○                     ○

9. What do you feel are the disadvantages of nurse-led follow up?

10. Optional: Please use the space below for any further comments about nurse-led follow up.

Thank you for taking the time to complete this survey