How to complete Delphi Round 1:
This first round of the Delphi will ask you one question to define dementia, and five questions that compare the use of medicine in older Australians living with dementia to i) cognitively-intact people of a similar age; and ii) to the general population. In this survey, dementia may refer to any type of dementia, or to a specified dementia (e.g. Alzheimer’s, vascular, Lewy body, frontotemporal, or Parkinson’s dementia).

Dementia is a life limiting disease with an average survival time of less than five years from diagnosis. Comorbidities and polypharmacy are common in people living with dementia, though data are scarce for medicine safety, tolerability and efficacy in this population. The appropriateness of using medicines to treat dementia and behavioural and psychological symptoms of dementia in people living with this life-limiting condition is poorly understood. Even less understood is the appropriateness of using medicines to treat comorbidities in people living with dementia, despite the frequency of medicine use. We are particularly interested in the appropriate treatment of comorbidities.

Please answer the following questions. You can list as many answers as you wish, and they do not have to be in any particular order. Please be as detailed in your response as possible (e.g. if it is applicable, describe the condition or scenario where the medicine should/should not be used). You may choose not to answer a question for any reason.

We need an agreed definition of dementia for these criteria. The suggested definition is:
Dementia is an umbrella term describing a collection of diseases characterised by progressive neurological decline affecting language, memory, perception, personality and cognitive skills. The term dementia refers to over 100 illnesses and conditions, of which the most common are Alzheimer’s, vascular, Lewy body, and frontotemporal dementia. The aetiology, progression and manifestation of dementia may vary depending on the dementia type.

<table>
<thead>
<tr>
<th></th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Neither Agree nor Disagree</th>
<th>Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>This defines dementia well.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>
Do you have any suggested modifications of the definition?

Dementia Stages
Treatment goals could vary according to the dementia phase. How do you take dementia severity into account when prescribing or reviewing medication use? Can you describe the approach you take?

Medicine Issues
Please share the important medicine related issues you encounter or observe when prescribing/reviewing medicines for people with dementia. What guidance would be helpful to prescribers/pharmacists when caring for people with dementia?
**Drug-Dementia Interactions**
Please share any drug-disease interactions that you observe being overlooked in the care of people with dementia.

**Symptom relief**
Whether to initiate, continue, and/or cease medicines for symptomatic treatment for people with dementia is an uncertain area. How do you approach this issue? What guidance would you offer to other prescribers/reviewers approaching this challenge?

**Preventative medicines**
Whether to initiate, continue, and/or cease medicines intended to prevent a future serious event for people with dementia is an uncertain issue. How do you approach this issue? What guidance would you offer to other prescribers/reviewers approaching this challenge?
Medicines that pose a risk
There are several lists of medicines that are relatively contraindicated in older people generally or older people in residential aged care but these are not specific for people with dementia. Please list drug classes or medicines you think should not be used for people with dementia.

Suitable medicines
There are some medicines that are indicated for people with dementia. Please list any drug classes or medicines you think should be trialled or considered for people with dementia.
Are there any other medicine related issues for people living with dementia that you encounter or would like to share?