Appendix 1a Information sheet for patients (SLaM C4C model)
Appendix 1b Information sheet for parents and guardians (SLaM C4C model)
Appendix 1c Information sheet for people responsible for another adult (SLaM C4C model)
Participating in Research: Information for patients

Biomedical Research Centre
Clinical Record Interactive Search

We are looking for people who wish to participate in research. In order to contact you about research projects for which you might be suitable, we would like to ask your permission to review your health records at a future date.

This research is conducted within the Biomedical Research Centre, which is a partnership between South London and Maudsley NHS Foundation Trust (SLaM) and the Institute of Psychiatry at King’s College London.

Our aim is to convert research findings into clear improvements in health for people with mental health and related problems. You can help us to do this. Volunteers who take part in research play a crucial role in improving the lives of thousands of people. We are creating a list of people who might be interested in taking part in current or future research projects.

If you agree to be part of this list, our researchers will be able to look at your SLaM records to see if you might be suitable for a research project (for example because of the symptoms you are experiencing or the medication you are taking). If you are potentially suitable for a project, a researcher will contact you to discuss whether you might like to participate.

We are only asking for access to your full clinical record with SLaM. We will not need to see other records.
What type of research is carried out at the Biomedical Research Centre for Mental Health?

We carry out a large amount of research into the causes and consequences of mental health problems, from symptoms occurring in children to those occurring at the end of life. The Biomedical Research Centre particularly focuses on finding better ways to treat mental health problems and improve the lives of those affected. Our research projects have examined common mental health disorders (like anxiety and depression), dementia, psychosis, substance use disorders, and much more. The research you might take part in could involve brain scans, puzzles, blood tests, questionnaires, interviews, computer games, or completion of a week-long diary.

For more information about our research, visit the SLaM website and search for 'BRC': http://www.slam.nhs.uk. Research is the only way to develop better treatments. Nearly all research at some point needs the help of those affected by particular health conditions in order to develop these treatments.

What will happen if I agree to be on the list?

If you agree to be on the list, this simply means that you are allowing our researchers to contact you if they think you might be suitable for a particular research project. It is possible that you may not be contacted at all, and it is possible that you will be contacted about a study which is not directly relevant to the symptoms you have been experiencing. If you agree for your name to be on this list, there is no commitment to take part in any future project.

Our researcher would approach you with information about each individual project, and would give you time to think about participating. You would then be free to agree or disagree without giving a reason for this. All we are asking for now is your permission to review your SLaM health records in the future so that our researchers can contact you about research projects for which you might be suitable.

There may not be a project suitable for you to take part in straightaway, but we will keep people who are on the list updated about the research being done through an annual newsletter.
Can I choose the research projects I would like to be involved in?

Yes. You can specify any types of research project you would be interested in or would prefer not to be contacted about. You can let your care coordinator know about your preferences and these can be recorded on your electronic record.

If you wish to limit the number of times in a year we approach you about research studies, your care coordinator can also include this on your record, as well as any other concerns you might have.

If you are discharged from SLaM in the future, we will ask you again about whether you wish to remain on this list, but otherwise your name will be removed automatically. A decision to withdraw at any time, or a decision not to be put on the list in the first place, will not in any way affect the standard of care you receive.

Does I have to be on the list?

No. It is up to you to decide whether you want to be on the list. This is an ‘opt in’ (rather than an ‘opt out’) system. You do not have to give a reason for not being on the list. If you decide to be on the list, your permission will be recorded on your electronic health record (i.e. on the computer system). We will give you a copy of this information for you to keep.

You are free to withdraw this agreement at any time without giving a reason. If you want to withdraw, you can ask your care coordinator to alter the health record, or contact the list administrator (contact details below).

Will my personal details be kept confidential?

We will comply with UK confidentiality laws to make sure that confidentiality is protected. Only our researchers who have gone through the necessary checks required by law can see personal information. However, when considering this, it is important that you realise that any piece of information recorded in your case record might potentially be used as a basis for contacting you in the future. If you wish to participate but do not wish a particular part of your record to be used in this way then please let your care coordinator know and they can record this preference. If you are interested in finding out more about the list or participating in any of our research you can contact the list administrator by phoning 020 3228 8553 or emailing cris.administrator@kcl.ac.uk
Contact SLaM
SLaM switchboard: 020 3228 6000
SLaM website: www.slam.nhs.uk

Patient Advice and Liaison Service (PALS)
PALS is here to listen and support you in whatever way we can. We want your experience at SLaM to be positive. If you are not happy about something at SLaM, we will try to help you. If you decide you want to make a complaint, we can advise you how to do this.

PALS 24hr information line: 0800 731 2864
PALS website: www.slam.nhs.uk/pals
PALS email: pals@slam.nhs.uk

Travel
For the quickest way to plan your journey to a SLaM service try Transport for London’s online journey planner - www.tfl.gov.uk/journeyplanner or call 020 7222 1234 for 24hr travel information.

If you would like a large print, audio, Braille or a translated version of this leaflet then please ask us.
Participating in Research: Information for parents and guardians

Biomedical Research Centre
Clinical Record Interactive Search

We are looking for people who wish to participate in research. In order to contact you about research projects for which your son or daughter might be suitable, we would like to ask your permission to review their health records at a future date.

This research is conducted within the Biomedical Research Centre, which is a partnership between South London and Maudsley NHS Foundation Trust (SLaM) and the Institute of Psychiatry at King’s College London.

Our aim is to convert research findings into clear improvements in health for people with mental health and related problems. You can help us to do this. Volunteers who take part in research play a crucial role in improving the lives of thousands of people. We are creating a list of people who might be interested in taking part in current or future research projects.

This includes people receiving SLaM services and we are asking you as the parent (or adult with parental responsibility) whether you agree to the inclusion of your son or daughter on this list.

If you agree for your son or daughter to be part of this list, our researchers will be able to look at their SLaM records to see if they might be suitable for a research project (for example because of the symptoms they are experiencing or the medication they are taking). If they are potentially suitable for a project, a researcher will contact you and your son or daughter to discuss whether they might like to participate.

We are only asking for access to their full clinical record at SLaM. We will not need to see other records.
What type of research is carried out at the Biomedical Research Centre for Mental Health?

We carry out a large amount of research into the causes and consequences of mental health problems, from symptoms occurring in children to those occurring at the end of life. The Biomedical Research Centre particularly focuses on finding better ways to treat mental health problems and improve the lives of those affected. Our research projects have examined common mental health disorders (like anxiety and depression), dementia, psychosis, substance use disorders, and much more. The research your son or daughter might take part in could involve brain scans, puzzles, blood tests, questionnaires, interviews, computer games, or completion of a week-long diary.

For more information about our research, visit the SLaM website and search for 'BRC': [http://www.slam.nhs.uk](http://www.slam.nhs.uk). Research is the only way to develop better treatments. Nearly all research at some point needs the help of those affected by particular health conditions in order to develop these treatments.

What will happen if my son or daughter is on the list?

If you agree to your son or daughter being on the list, and if they do not object themselves, this simply means that you are both allowing our researchers to get in contact if they think your son or daughter might be suitable for a particular research project. It is possible that you may not be contacted at all, and it is possible that you will be contacted about a study which is not directly relevant to the symptoms your son or daughter has been experiencing.

If you agree to your son’s or daughter’s name being on this list, there is no commitment to take part in any future project. Our researcher would approach you both with information about each individual project, and would give you both time to think about participating. Both of you would then be free to agree or disagree without giving a reason for this.

All we are asking for now is your permission to review this person's SLaM health records in the future so that our researchers can make contact about research projects for which your son or daughter might be suitable.

There may not be a project suitable for your son or daughter to take part in straightaway, but we will keep people who are on the list updated about the research being done through an annual newsletter.
Can we choose the research projects we would like to be involved in?

Yes. Either you can specify any types of research project you will be interested in or would prefer not to be contacted about. You can let the person’s care coordinator know about your preferences and these can be recorded on their electronic record.

If either of you wish to limit the number of times in a year we approach you about research studies, their care coordinator can also include this on their record, as well as any other concerns you might have.

If your son or daughter is discharged from SLaM in the future, we will ask you again about whether you wish them to remain on this list, but otherwise their name will be removed automatically. A decision to withdraw at any time, or a decision not to be put on the list in the first place, will not in any way affect the standard of care they receive.

Does my son or daughter have to be on the list?

No. It is up to both of you to decide whether you want to be on the list. This is an ‘opt in’ (rather than an ‘opt out’) system. You do not have to give a reason for not being on the list. If both of you decide to be on the list, your permission will be recorded on the person’s electronic health record (i.e. on the computer system). We will give you a copy of this information for you to keep.

Either of you are free to withdraw this agreement at any time without giving a reason. If either of you want to withdraw, you can ask your son’s or daughter’s care coordinator to alter the health record, or contact the list administrator (contact details below).

Will personal details be kept confidential?

We will comply with UK confidentiality laws to make sure that confidentiality is protected. Only our researchers who have gone through the necessary checks required by law can see personal information. However, when considering this, it is important that you realise that any piece of information recorded in you son’s or daughter’s case record might potentially be used as a basis for making contact in the future. If you wish to participate but do not wish a particular part of their record to be used in this way then please let their care coordinator know and they can record this preference. If you are interested in finding out more about the list or participating in any of our research you can contact the list administrator by phoning 020 3228 8553 or emailing cris.administrator@kcl.ac.uk
Contact SLaM
SLaM switchboard: 020 3228 6000
SLaM website: www.slam.nhs.uk

Patient Advice and Liaison Service (PALS)
PALS is here to listen and support you in whatever way we can. We want your experience at SLaM to be positive. If you are not happy about something at SLaM, we will try to help you. If you decide you want to make a complaint, we can advise you how to do this.

PALS 24hr information line: 0800 731 2864
PALS website: www.slam.nhs.uk/pals
PALS email: pals@slam.nhs.uk

Travel
For the quickest way to plan your journey to a SLaM service try Transport for London’s online journey planner - www.tfl.gov.uk/journeyplanner or call 020 7222 1234 for 24hr travel information.

If you would like a large print, audio, Braille or a translated version of this leaflet then please ask us.
Participating in Research: Information for people responsible for another adult

Biomedical Research Centre
Clinical Record Interactive Search

We are looking for people who wish to participate in research. In order to contact you about research projects for which the person you are responsible for might be suitable, we would like to ask your permission to review their health records at a future date.

This research is conducted within the Biomedical Research Centre, which is a partnership between South London and Maudsley NHS Foundation Trust (SLaM) and the Institute of Psychiatry at King's College London.

Our aim is to convert research findings into clear improvements in health for people with mental health and related problems. You can help us to do this. Volunteers who take part in research play a crucial role in improving the lives of thousands of people. We are creating a list of people who might be interested in taking part in current or future research projects.

This includes people receiving SLaM services and we are asking you as someone with appropriate responsibility whether you agree with the inclusion of the person you are responsible for on this list because it is felt that they are unable to make the decision themselves.

If you agree for this person to be part of this list, our researchers will be able to look at their SLaM records to see if they might be suitable for a research project (for example because of the symptoms they are experiencing or the medication they are taking). If they are potentially suitable for a project, a researcher will contact you and the person to discuss whether they might like to participate.

We are only asking for access to their full clinical record at SLaM. We will not need to see other records.
What type of research is carried out at the Biomedical Research Centre for Mental Health?

We carry out a large amount of research into the causes and consequences of mental health problems, from symptoms occurring in children to those occurring at the end of life. The Biomedical Research Centre particularly focuses on finding better ways to treat mental health problems and improve the lives of those affected. Our research projects have examined common mental health disorders (like anxiety and depression), dementia, psychosis, substance use disorders, and much more. The research the person might take part in could involve brain scans, puzzles, blood tests, questionnaires, interviews, computer games, or completion of a week-long diary.

For more information about our research, visit the SLaM website and search for 'BRC': [http://www.slam.nhs.uk](http://www.slam.nhs.uk). Research is the only way to develop better treatments. Nearly all research at some point needs the help of those affected by particular health conditions in order to develop these treatments.

What will happen if I agree for this person to be on the list?

If you agree to this person being on the list, and if they do not object themselves, this simply means that you are both allowing our researchers to get in contact if they think this person might be suitable for a particular research project. It is possible that you may not be contacted at all, and it is possible that you will be contacted about a study which is not directly relevant to the symptoms they have been experiencing.

If you agree to the person's name being on this list, there is no commitment to take part in any future project. Our researcher would approach you both with information about each individual project, and would give you both time to think about participating. Both of you would then be free to agree or disagree without giving a reason for this.

All we are asking for now is your permission to review this person's SLaM health records in the future so that our researchers can make contact about research projects for which this person might be suitable.

There may not be a project suitable for this person to take part in straightaway, but we will keep people who are on the list updated about the research being done through an annual newsletter.
Can we choose the research projects we would like to be involved in?

Yes. Either you can specify any types of research project you will be interested in or would prefer not to be contacted about. You can let the person’s care coordinator know about your preferences and these can be recorded on their electronic record.

If either of you wish to limit the number of times in a year we approach you about research studies, their care coordinator can also include this on their record, as well as any other concerns you might have.

If this person is discharged from SLaM in the future, we will ask you again about whether you wish them to remain on this list, but otherwise their name will be removed automatically. A decision to withdraw at any time, or a decision not to be put on the list in the first place, will not in any way affect the standard of care they receive.

Does this person have to be on the list?

No. It is up to both of you to decide whether you want to be on the list. This is an ‘opt in’ (rather than an ‘opt out’) system. You do not have to give a reason for not being on the list. If both of you decide to be on the list, your permission will be recorded on the person’s electronic health record (i.e. on the computer system). We will give you a copy of this information for you to keep.

Either of you are free to withdraw this agreement at any time without giving a reason. If either of you want to withdraw, you can ask the person's care coordinator to alter the health record, or contact the list administrator (contact details below).

Will personal details be kept confidential?

We will comply with UK confidentiality laws to make sure that confidentiality is protected. Only our researchers who have gone through the necessary checks required by law can see personal information. However, when considering this, it is important that you realise that any piece of information recorded in the person's case record might potentially be used as a basis for making contact in the future. If you wish to participate but do not wish a particular part of their record to be used in this way then please let their care coordinator know and they can record this preference. If you are interested in finding out more about the list or participating in any of our research you can contact the list administrator by phoning 020 3228 8553 or emailing cris.administrator@kcl.ac.uk
Contact SLaM
SLaM switchboard: 020 3228 6000
SLaM website: www.slam.nhs.uk

Patient Advice and Liaison Service (PALS)
PALS is here to listen and support you in whatever way we can. We want your experience at SLaM to be positive. If you are not happy about something at SLaM, we will try to help you. If you decide you want to make a complaint, we can advise you how to do this.

PALS 24hr information line: 0800 731 2864
PALS website: www.slam.nhs.uk/pals
PALS email: pals@slam.nhs.uk

Travel
For the quickest way to plan your journey to a SLaM service try Transport for London’s online journey planner - www.tfl.gov.uk/journeyplanner or call 020 7222 1234 for 24hr travel information.

If you would like a large print, audio, Braille or a translated version of this leaflet then please ask us.