Resilience interventions for reducing adolescent tobacco, alcohol and illicit drug use

Date: ........................................... Reviewer: ..........................................................

Study Title: ..................................................................................................................

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<td>First Author:</td>
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Study eligibility & inclusion criteria

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<td>Yes</td>
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Participants
- Children aged 5 to 18 years

Outcome
- tobacco use (including proportion ever smoked, frequency of smoking, number of cigarettes smoked, tobacco use in last week, current smoking status or established tobacco use)
- alcohol consumption (including proportion ever consumed an alcoholic drink, alcohol use in last week, frequency of alcohol consumption, binge drinking or established alcohol use)
- illicit drug use (including ever use or frequency of use of any illicit drug or a specific drug for example cannabis, amphetamines, or cocaine)

Comparator
- no intervention, usual practice, attention only or an alternate intervention

Study design
- Randomised controlled trial, cluster randomised controlled trial;
- Non-randomised trials (including staggered enrolment trials, stepped wedged trials; quasi-randomised trials where group allocation is not purely random; quasi experimental trials including, non-randomised pre-post, time series/interrupted time-series trials including multiple baseline trials with independent control groups, preference trials and regression discontinuity trials; natural experiment studies )

Intervention
universal intervention targeting at least one internal and one external resilience factor
- included internal resilience factors: cooperation and communication, self-efficacy, self-esteem, empathy, problem solving, decision-making skills, autonomy, self-awareness, goals and aspirations, social and emotional skills or competence, and self-control or self-regulation
- included external resilience factors: meaningful participation, high adult expectations, caring relationships and support within home, school and community environments; peer caring relationships and pro-social peers

☐ Include  ☐ Exclude  ☐ Obtain full text of article