APPENDIX 1 – STUDY OVERVIEW

Eligible patients identified in secondary care by clinical team 9-24 months post diagnosis, stable disease. Invite approx. 600, aim to recruit 300 men to Phase 1

Invitation from consultant to participate in Quality of Life and Follow-up Care survey (phase 1) Send questionnaire, covering letter and information booklet

Phase 1 questionnaire returned to trial manager, results analysed and collated. Suitable patients selected for phase 2 if they have expressed interest, and if they have reported problems with urinary, bowel, sexual or hormonal functioning in their questionnaire

Yes

Trial manager sends information on phase 2

After one week, follow up written information with telephone call. seek consent for randomisation

Consent obtained?

Yes

Letter to GP to ask for patient eligibility check. Continue if no objection raised after two weeks

ARM A
Usual care + intervention

Inform patient of randomisation group, cc GP. Organise appointment with surgery. If applicable, co-ordinator sends urine diary.

First nurse appointment with PCRM research nurse Written consent obtained

Interim appointment(s) as applicable. Send Health service use diaries

Routine 6 month nurse telephone follow-up

ARM B
Usual care only

Inform patient of randomisation group, cc GP. Send health service use diaries.

Randomize

All phase 2 men: 7 month follow-up questionnaire

Patient participation ends

Sample of 20 men from arm A: telephone interview to register views on the intervention

PHASE 1

PHASE 2