Records identified through database searching (n = 284)

Records after duplicates removed (n = 47)

Records screened (n = 237)

Records excluded (n = 229)

Full-text articles assessed for eligibility (n = 8)

Full-text articles excluded, with reasons (n = 5)
- 2 methodology descriptions
- 1 no medical therapy arm
- 2 prospective cohort studies

Studies included in qualitative synthesis (n = 3)

Studies included in quantitative synthesis (meta-analysis) (n = 3)