Cardiac Rehabilitation for People with Heart Failure

1. Do you routinely offer Phase III cardiac rehabilitation to people with heart failure? [ ] Yes [ ] No
   Go to Q2

2. Please tick which Phases you provide for HF: [ ] I [ ] II [ ] III [ ] IV
   Go to Q14

3. Which of these best describes the HF pathway into CR in your area? [ ] Yes [ ] No
   Usually only if they have been referred for Acute MI or revascularisation
   Offered to people with other conditions e.g. cardiomyopathy and/or valve disease
   We offer CR to all people with HF regardless of the cause
   We don’t usually take people with diastolic HF

4. Do you provide a separate programme for the HF patients? [ ] Yes [ ] No
   Go to Q10

5. If yes, are spouses/partners invited to participate in CR? [ ] Yes [ ] No
   Go to Q14

6. Do you provide a home based CR programme for HF? [ ] Yes [ ] No
   Go to Q12

7. If yes, which programme do you offer? [ ] The Heart Manual [ ] The BHF Heart Failure Plan
   Other (please specify)

8. Do you provide a hospital/centre (group) based programme for HF patients? [ ] Yes [ ] No

9. Do you offer HF patients a choice of home or centre based CR? [ ] Yes [ ] No

10. Do you have inclusion or exclusion criteria for HF? [ ] Yes [ ] No
    Go to Q14

11. If yes to Q9, are these based on the NYHA Classification? [ ] Yes [ ] No
    Go to Q14

12. Please answer the following questions on inclusion/exclusion criteria (tick all that apply)
    Which NYHA Class do you include? [ ] I [ ] II [ ] III [ ] IV
    Which NYHA Class do you exclude? [ ] I [ ] II [ ] III [ ] IV

13. Is inclusion based on LV ejection fraction? [ ] Yes [ ] No
    If yes, please give %: ________________________

14. Do you have any other exclusion criteria? [ ] Yes [ ] No
    If yes, please describe __________________________
    __________________________
    __________________________
    __________________________

15. Do any of the following factors influence you in offering / not offering CR to people with HF? [ ] Yes [ ] No
    HF patients go to another CR programme in our area
    Not enough resources (e.g. time, number of staff, accommodation, transport, equipment) to open programme to this group
    HF patients are not included in our contract with the commissioners
    We are not confident we have right skill mix / knowledge to manage these patients
    CR was not included in the locally agreed clinical guideline/pathway for people with HF
    Lack of interest / referrals from local HF service clinician(s)
    The Specialist Heart Failure Nurse services already meets the patients rehab needs
    Lack of evidence / guidance on safety
    Lack of evidence of clinical benefit
    __________________________
    __________________________
    __________________________
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16. If you would like to provide more information or comments about CR for HF, either in your area or in general, please add below and continue on reverse if needed.

17. We may wish to contact you again for more information. If you are willing to help with a further short survey please give us your contact email and/or telephone numbers.