EVIDENCE-BASED NURSING IN THE WOUND BED

Mahdieh Esmaeilnezhad,1 Alehe Seyyed Rasooli,1 Saba Sedghivash,2 Parisa Vatani1. 1Department of Medical-Surgical Nursing, Faculty of Nursing and Midwifery, Tabriz University of Medical Sciences, Tabriz, Iran; 2Operating room students, Maragheh Faculty of Medical Sciences, Tabriz University of Medical Sciences, Tabriz, Iran.

Background and aims: Pressure sores are areas of tissue in the elderly or patients who can no independently change their situation happening pressure sores significant financial burden on health care systems impose a negative impact on quality of life and their frequency. Change the status of patients in hospitals or long-term care for the prevention of pressure ulcers is a common strategy.

Methods: We searched the data base in COCHRANE, MEDLINE, GOOGLE SCHOLAR, PUBMED, and UP TO DATE with keywords evidence base and nursing bed sore following evidence obtained:

Results: The study Qinzhongzhang et al. (2015) called massage therapy to prevent bed sores showed that currently there is no credible study that shows that massage therapy can help to prevent bed sores. Study Brigidgillespie et al. (2014) “The movement to prevent pressure sores showed that the movement of the patient from position 30 degrees every 3 hours instead of the standard 90 degrees every 6 hours to waste energy and time nurses a significant impact on the evolution of the treatment of patients. Chichfengchen study et al. (2014) as phototherapy for the treatment of pressure ulcers showed that the group treated with ultraviolet radiation completing the treatment period shorter than the control group (p=0.003).

Conclusion: According to findings from the EBN seen, non-drug, non-invasive nursing interventions can have a preventive effect on pressure sores.
60: EVIDENCE-BASED NURSING IN THE WOUND BED

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