Addendum 2

**Topic list: Group leaders**

1. In general, how did you experience the intervention?
2. How did your participants do during the intervention (discussion of each participant)?
   a. Experiences
   b. Goals they worked on
   c. Changes in participants during the intervention
   d. Social interactions between participants
   e. Which participants did/did not benefit from the intervention and why
3. What was your role in creating the group feeling (adequately promoted? how?)
4. Did you feel that you had sufficient knowledge (e.g. own experience, training, and support from AMC) to carry out the intervention?
5. Experience with the manual (understandable? adequate/not adequate? what could be improved?)
6. Experience with the organization by AMC (availability of material, location, facilities)
7. Facilitators and barriers during implementation? How did you handle these? Do you think sufficient action was taken?
8. What were successful/ unsuccessful elements of the interventions? Why?