Supplementary file: questionnaires used directly after training and at six months follow-up

**Questionnaire directly after training**

Have you previously practiced

<table>
<thead>
<tr>
<th>chest compressions?</th>
<th>Yes □</th>
<th>No □</th>
</tr>
</thead>
<tbody>
<tr>
<td>ventilations?</td>
<td>Yes □</td>
<td>No □</td>
</tr>
</tbody>
</table>

Do you think that your skills are sufficient to perform

<table>
<thead>
<tr>
<th>chest compressions?</th>
<th>Yes □</th>
<th>No □</th>
<th>Do not know □</th>
</tr>
</thead>
<tbody>
<tr>
<td>ventilations?</td>
<td>Yes □</td>
<td>No □</td>
<td>Do not know □</td>
</tr>
</tbody>
</table>

Are you more confident now than before the training to act and start CPR?

| Yes □ | No □ | Do not know □ |

You are at home. How would you act if a friend or relative suffered a sudden cardiac arrest? Tick one answer:

<table>
<thead>
<tr>
<th>I would not dare or want to intervene □</th>
</tr>
</thead>
<tbody>
<tr>
<td>I would give chest compressions only □</td>
</tr>
<tr>
<td>I would give ventilations only □</td>
</tr>
<tr>
<td>I would give both compressions and ventilations □</td>
</tr>
</tbody>
</table>

Enter the reason that you do not dare or want to do chest compressions?

<table>
<thead>
<tr>
<th>Lack of knowledge □</th>
</tr>
</thead>
<tbody>
<tr>
<td>Afraid to hurt the person □</td>
</tr>
<tr>
<td>Afraid of transmitted disease □</td>
</tr>
<tr>
<td>Other reasons □</td>
</tr>
<tr>
<td>Do not know □</td>
</tr>
</tbody>
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Enter the reason that you do not dare or want to do ventilations?

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<tr>
<td>Other reasons □</td>
</tr>
<tr>
<td>Do not know □</td>
</tr>
</tbody>
</table>

You are standing at a bus stop. How would you act if an unknown person suffered a sudden cardiac arrest? Tick one answer:

<table>
<thead>
<tr>
<th>I would not dare or want to intervene □</th>
</tr>
</thead>
<tbody>
<tr>
<td>I would give chest compressions only □</td>
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<td>I would give ventilations only □</td>
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<tr>
<td>I would give both compressions and ventilations □</td>
</tr>
</tbody>
</table>
Enter the reason that you do not dare or want to do chest compressions?

- Lack of knowledge
- Afraid to hurt the person
- I do not want to touch a stranger
- Afraid of transmitted disease
- Other reasons
- Do not know

Enter the reason that you do not dare or want to do ventilations?

- Lack of knowledge
- Afraid to hurt the person
- I do not want to touch a stranger
- Afraid of transmitted disease
- Other reasons
- Do not know

**Questionnaire at six months follow-up**

Have you done a lifesaving intervention in real life after the CPR training?  
- Yes
- No

If yes, please describe your lifesaving intervention and the situation:

Do you think it is important to learn cardiopulmonary resuscitation in school?  
- Yes
- No
- Do not know

Do you think that your skills are sufficient to perform chest compressions?  
- Yes
- No
- Do not know

Do you think that your skills are sufficient to perform ventilations?  
- Yes
- No
- Do not know

Are you more confident now than before the training to act and start CPR?  
- Yes
- No
- Do not know

You are at home. How would you act if a friend or relative suffered a sudden cardiac arrest? Tick one answer:

- I would not dare or want to intervene
- I would give chest compressions only
- I would give ventilations only
- I would give both compressions and ventilations

Enter the reason that you do not dare or want to do chest compressions?

- Lack of knowledge
- Afraid to hurt the person
- Afraid of transmitted disease
- Other reasons
- Do not know
Enter the reason that you do not dare or want to do ventilations?

- Lack of knowledge
- Afraid to hurt the person
- Afraid of transmitted disease
- Other reasons
- Do not know

You are standing at a bus stop. How would you act if an unknown person suffered a sudden cardiac arrest? Tick one answer:

- I would not dare or want to intervene
- I would give chest compressions only
- I would only give ventilations
- I would give both compressions and ventilations

Enter the reason that you do not dare or want to do chest compressions?

- Lack of knowledge
- Afraid to hurt the person
- I do not want to touch a stranger
- Afraid of transmitted disease
- Other reasons
- Do not know

Enter the reason that you do not dare or want to do ventilations?

- Lack of knowledge
- Afraid to hurt the person
- I do not want to touch a stranger
- Afraid of transmitted disease
- Other reasons
- Do not know